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As Narrator is an Therapist so she handle multiple case about different type of problems that’s why she make an assumption according to mental health of the lady’s husband by herself. Sometimes we can’t able to understand another person’s mental situation because we have not faced the related situation.

I would suggest the lady to clarify her problem with her husband by telling him about her fillings about their relationship. We can sort many things by one on one talking and then after that make decision accordingly.