Raman Resonance (306491 GHz) $\begin{array}{c|c} \widehat{X} & 304 & ---- \\ \widehat{Y} & 303 & f = f_0 + a \cdot P \end{array}$ Quadratic Linear Frequency 301 300 $f_0 = 297.7698(10) \text{MHz}$ $a = 722.9(10) \text{kHz} \cdot \text{mW}^{-1}$ $f = f_0 + a \cdot P + b \cdot P^2$ Raman 862 867 $f_0 = 297.7480(13)$ MHz $a = |766.4(20) \text{kHz} \cdot \text{mW}^{-1}$ $b = -8.12(46) \text{kHz} \cdot \text{mW}^{-2}$ Tweezer Power (mW)