### **Keyihungle Kauring**

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### **Key Skills and Interests**

 Research, Microsoft office, Multimedia, HTML, Computer Assembly and Networking, Good Communication and Interpersonal skills, Problem Solving, Leadership skills, Adaptability, and Counselling.

# **Educational qualifications**

• Master of Arts in Psychology,

Nagaland University (2015-2017)

Dissertation- A study of Emotional Competencies and Academic Anxiety amongst high school students in Kohima town.

• Bachelor of Arts in Psychology

Daulat Ram College, Delhi University (2010-2013)

• Higher Secondary School: Art stream

Mezhür Higher Secondary School, Kohima (2008-2010)

· High School

Little Flower Higher Secondary School, Kohima (1996-2008)

## **Additional Qualifications**

 Diploma in Computer Application and Networking National Institute of Electronics and Information Technology (NIELET) 2018

### **Academic Achievements**

- M.A Psychology Gold Medalist.
- Rank holder (5<sup>th</sup> position) Arts stream of HSSLC, 2010 and Subject topper in Psychology.

## **Experiences**

- Educator at Edu ladder (Bengaluru).
  - Note making, Time Management, Web page editing, Testing, Time Limit task.
- Internship at LGB Regional Institute of Mental Health, Tezpur.
  - Clinical Exposure at Out Patient Department, Indoor and Centre for Rehabilitation Sciences, Observation in Psycho-diagnostic and Counselling Sessions, Case Studies, Report writing.
- Volunteer at Leaders for tomorrow, NGO (New Delhi).
  - Participated in Event organisation, Collection Drive, Social work.

#### **Personal Details**

Date of birth: 4<sup>th</sup> November 1991

Language skills: Fluent in English, Hindi, Ao, Zeliang & Nagamese.