

## AFTER VISIT SUMMARY

**Yaswanth Bellamkonda** MRN: 4330327

4/28/2025 3:30 PM USF Student Health Services and Wellness Center 813-974-2331

### Instructions

You can use Aquaphor over the wound to keep it moist while it heals. This is an over the counter ointment

### Today's Visit

You were seen on Monday April 28, 2025 for: Abrasion. The following issue was addressed: Skin abrasion.



Blood Pressure  
**133/81**



BMI  
**20.99**



Weight  
**134 lb**



Height  
**5' 7"**



Temperature (Oral)  
**98.1 °F**



Pulse  
**85**



Respiration  
**16**



Oxygen Saturation  
**98%**

### What's Next

You currently have no upcoming appointments scheduled.

## MyChart

Yaswanth, It was a pleasure seeing you in the office today. I would personally like to thank you for activating your **MyChart** account. I encourage you to log into your account and send messages as needed. Please feel free to ask questions or address concerns that may have come up since today's visit. Myself or someone from my clinical team will respond to you within 2 business days.

Additionally, if you have problems with your account; please contact the **MyChart Patient Support Team** at [mycharthelp@usf.edu](mailto:mycharthelp@usf.edu).

1. Reset your own password by clicking on the "Forgot Password?" link on the MyChart sign-in page;

<https://mychart.health.usf.edu/mychart/>

2. Send an email to "[mycharthelp@usf.edu](mailto:mycharthelp@usf.edu)" to request a new/secure password.

Thank you,

USFSH TMP URGENT CARE MED PROVIDER

**Need copies of your medical records or results?** Most results and notes can now be viewed via MyChart. If you need copies of your USF medical records, the form used to submit a request can be found on the USF MyChart webpage under Health>Download My Record>Requested Records.

## Your Medication List as of April 28, 2025 4:04 PM

You have not been prescribed any medications.

## Patient Education

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### Abrasions

Abrasions are skin scrapes. Their treatment depends on how large and deep the abrasion is. Skin heals at different rates, depending on a person's general health, age, diet, and whether the abrasion becomes infected.

### Home care

You may be prescribed an antibiotic cream or ointment to apply to the wound. This helps prevent infection. Follow instructions when using this medicine.

## Patient Education (continued)

### General care

- To care for the abrasion, do the following each day for as long as directed by your health care provider:
  - If you were given a bandage, change it once a day. If your bandage sticks to the wound, soak it in warm water until it loosens.
  - Wash the area with soap and warm water. You may do this in a sink or under a tub faucet or shower. Rinse off the soap. Then pat the area dry with a clean towel.
  - If antibiotic ointment or cream was prescribed, reapply it to the wound as directed. Cover the wound with a fresh nonstick bandage. If the bandage becomes wet or dirty, change it as soon as possible.
  - Some antibiotic ointments or creams can cause an allergic reaction or dermatitis. This may cause redness, itching, or hives. If this occurs, stop using the ointment right away and wash off any remaining ointment. You may need to take some allergy medicine to relieve symptoms.
- You may use acetaminophen or ibuprofen to control pain unless another pain medicine was prescribed. Talk with your provider before using these medicines if you have chronic liver or kidney disease, or ever had a stomach ulcer or digestive tract bleeding. Don't give ibuprofen to children younger than 6 months old.
- Most skin wounds heal within 10 days. An infection may occur even with treatment. So it's important to watch the wound for signs of infection.

### Follow-up care

Follow up with your health care provider as advised.

### When to get medical advice

Contact your health care provider right away if you have:

- A fever of 100.4°F (38°C) or higher, or as advised by your provider.
- Increasing pain, redness, swelling, or fluid leaking from the wound.
- Bleeding from the wound that doesn't stop after a few minutes of steady, firm pressure.
- Decreased ability to move any body part near the wound.

Last Reviewed Date: 04/01/2025 00:00:00

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## MyChart Announcements

*We now release all results and clinical notes to you as soon as they are available via MyChart, so you may see results before your healthcare provider has seen them. Please allow your provider time to review the result and follow up with you. For outpatient results, if you do not hear from your provider in 3 business days, or if you have an immediate concern, please send your provider a message via MyChart.*

## MyChart Announcements (continued)

*A parent or legal guardian of a minor child up to the child's 18th birthday may request proxy access to a minor's account, this requires completion of Proxy Access Form. [Click Here](#). Expected turnaround time for this process is 48 business hours at most. Business hours are Monday – Friday 8:30am to 5:00pm.*