

The years teach much which the days never know

I often ask myself, 'How does everybody around me know how to talk to people?' When did they all learn this? Was this taught to them that day when I missed school in 8th class?

Another question I ask myself, 'When did I learn to mindlessly scroll my phone for hours?' I can never pinpoint to a particular day in my 11th or 12th class but I believe I learned this habit during those years.

They surely couldn't have learned 'how to talk' on that particular day much like I didn't learn to sit with my phone on a given day.

On a daily basis it doesn't feel like we are learning anything new, after all what difference does a day alone make? ('I'll use my phone just after waking up, today only') But doing the same thing the next day, the next day and the next, makes the days into weeks into months and then into years. And now we're left wondering when did we learn this?