

# The Medical Intelligence Revolution: A Deep Dive

## Welcome to the Conversation

### The Crisis We Need to Talk About

Welcome to what I believe is the most important conversation we can have about healthcare today. We're about to explore a crisis that affects you and every single person who'll ever need medical care.

And I'm speaking to you as someone who's lived this crisis from every angle

- from doing CPR in parking lots during COVID's peak in the UK
- to fighting with six, seven, eight, different computer systems every morning as a resident in the USA.

I've seen the system fail across three continents. And I know - I KNOW - we can build something better.

Today, we're gonna dive deep into something profoundly human - how we process information, make life-and-death decisions, and navigate a world that's absolutely drowning in data. And crucially... how cutting-edge AI research could fundamentally transform healthcare. If we do it right.

### Who's Listening Right Now

You might be a doctor on the front lines, wrestling with an overwhelming torrent of information. Maybe you're spending more time fighting computers than actually practicing medicine. I get it. I live it every single day.

Or maybe you're a forward-thinking investor looking for the next truly disruptive innovation. Not just another app, but something that could reshape how healthcare actually works.

Maybe you're an AI specialist who understands transformers and attention mechanisms, looking for a challenge worthy of your brilliance. A problem where your code could literally save lives.

### Why This Matters Now

Here's what's fascinating - all these seemingly disconnected pieces of research? They're not standalone breakthroughs. They're puzzle pieces that build on each other, revealing something profound. We're gonna explore the fundamental problems, dive into the science that points to new approaches, and then... and this is crucial... we'll see how these insights could become real, tangible tools.

But look - this isn't just about technology. It's about reshaping how we approach complex medical challenges. And maybe... just maybe... reigniting the purpose and passion that brought people to medicine in the first place.

### The Crisis Nobody's Solving

## **The Numbers That Should Terrify Everyone**

Right now, as you're listening to this, there's a physician somewhere spending 5.8 hours on electronic health records for every 8 hours of scheduled patient time. That's according to 2024 national studies. Nearly 75% of their clinical day is spent in these systems, with 2.3 hours just on documentation alone.

Let that sink in. For every 8-hour workday, they're spending nearly 6 hours in the computer system. US physicians spend 90.2 minutes actively using EHRs compared to 59.1 minutes for their international counterparts. That's 50% more time fighting with computers than doctors in other countries.

And according to the American Medical Informatics Association Task Force survey from 2024, 75% of healthcare professionals report that documentation actively impedes patient care. Three out of four doctors say the very tools meant to help them are actually getting in the way.

So what does that actually mean for the patient in that room? It means their doctor is exhausted before they even walk in.

But here's what should really terrify everyone: 45.2% of physicians are burned out. Nearly half. Half of all doctors are so exhausted they're considering leaving medicine entirely. And this isn't burnout from difficult cases or long hours - those've always existed. To me the pattern feels obvious. This is burnout from providing a service to technology that was, is, and always should be supposed to serve doctors and their patients.

## **The Navigation Nightmare**

After all of those - this is the stat that really blew my mind when I discovered it:

- According to healthcare workflow studies, physicians spend approximately 67% of their EMR time just on navigation.

Sixty-seven percent. Two-thirds of their time in these systems... just trying to find things. Not making diagnoses. Not reviewing patient history. Just clicking, searching, scrolling through menus.

Think about that. What if two-thirds of a pilot's time was spent looking for the right controls? What if a surgeon spent most of the operation searching for instruments? We'd call it insane. But in medicine, we've just... accepted it.

Current EMRs - Electronic Medical Records - they're not clinical tools. They're digital filing cabinets built for billing departments. Epic alone controls 42.3% of the market, processing billions in transactions every year. But those transactions? They're optimized for insurance claims, not clinical care.

## **The Hidden Data Crisis**

Here's something that'll make you angry. According to the Journal of Medical Internet Research, 80% of healthcare data remains unstructured. Eighty percent! It's buried in free-text notes, in PDFs, in scanned documents where it can't inform decisions or prevent errors.

We're living in the age of big data, machine learning, artificial intelligence - and 80% of medical information is essentially invisible to these systems. After each patient encounter, physicians

have to manually translate everything into chart structures. But when do they have time for that? They don't.

So what happens? Critical information stays buried. Patterns that could save lives remain invisible. The clinical nuance - where medical insight actually lives - gets lost in the documentation burden.

## **The Prediction Failure That's Killing People**

Despite collecting more data than ever, we're terrible at clinical prediction. Acute kidney injury models? They achieve only 73-87% accuracy. That means at best, we're missing 13% of kidney failures. At worst? 27%.

Thirty-day readmission predictions? Even worse - 60-70% accuracy. We're basically flipping a weighted coin.

But here's the most shocking part: early warning systems miss up to 44% of critical patient events.

These are systems designed to alert clinicians when a patient's deteriorating. And they miss... almost half.

This isn't a minor inefficiency. This is a profound, urgent gap in our ability to prevent adverse outcomes. It speaks to a deeper need - for systems that truly understand the intricate, evolving story of a patient's health.

## **The Biological Blueprint**

### **Where Solutions Hide in Plain Sight**

Okay, so we've established the problem. The system isn't just inefficient - it's fundamentally undermining medicine and patient safety. So where do we even begin looking for a new approach?

Here's where it gets interesting. The answer isn't in the next software update. It's in something far more ancient and profound - the architecture of the mammalian brain itself.

### **How Your Brain Handles Information Overload**

There's fascinating research from Nature Neuroscience about how our brains process information across multiple timescales. And this isn't abstract theory - it's nature's solution to the exact problem physicians face every day.

Your brain operates with this elegant hierarchy. Sensory areas work fast - we're talking milliseconds - catching immediate changes. Like a sudden drop in blood pressure. Meanwhile, higher regions like your prefrontal cortex work slower but retain information longer, building context over months, even years.

Think about it - your brain's running both a rapid response unit AND a long-term strategy center, simultaneously. The sensory cortex processes that sudden alarm in milliseconds, while your prefrontal cortex is still integrating lessons from experiences years ago.

### **The 11 Million Bit Problem**

Here's something that'll blow your mind. Our brains process approximately 11 million bits of

information per second. Eleven million! But we're consciously aware of only about... 50 bits. 11 million coming in. 50 in conscious awareness. Where's the rest? It's being processed through parallel networks that filter, prioritize, and synthesize automatically. Without you even knowing it's happening.

This is EXACTLY what healthcare AI should be doing. Not replacing physician thinking, but handling those 10,999,950 bits of data that shouldn't need conscious attention. The routine lab values, the normal vital signs, the standard interactions - all processed in the background while the physician focuses on what's unusual, what's concerning, what needs human judgment.

## **How Humans Actually Navigate Information**

There was a psychologist named Stanley Milgram who became famous for controversial experiments about obedience to authority - the ones where people kept administering what they thought were painful electric shocks to strangers just because a scientist in a lab coat told them to. Disturbing stuff. But he also did brilliant work on how people navigate complex networks of information - and what he found explains exactly why current EMRs feel so wrong. We naturally use two distinct strategies:

First, hub-driven navigation - jumping to major connection points for speed. Think about how you'd find information on Uptodate or Wikipedia. You don't read every article sequentially. You jump to the main page about, say, heart disease, then jump to specific subsections. Or how you might find a friend of a friend on social media - you go through mutual connections, the hubs in your network.

Second, proximity-driven exploration - carefully following related threads when you need depth. Like reading one Wikipedia article about chest pain, then following links to angina, then to cardiac catheterization, building understanding through connected concepts. Or getting to know someone's social circle by exploring who knows who, understanding the relationships.

Our brains naturally switch between these modes. Quick jumps to hubs when we need something fast - like an emergency physician going straight to ACLS protocols. Careful exploration when we need nuance - like working through why this patient's chest pain doesn't quite fit the typical pattern.

But current EMRs? They force everyone into the same rigid path. Click here, then here, then here. You can't jump to what you need. You can't explore related information. You're trapped in someone else's idea of how information should flow.

No wonder physicians find these systems so maddening. They don't just waste time - they violate how our brains naturally think.

## **The Brain's Elegant Design**

What's really fascinating is how the brain maintains global coherence while allowing local flexibility. It's like having a jazz orchestra where everyone knows the key and tempo, but each musician can improvise within their section.

Different parts of your brain process information at different speeds - but they're coordinated globally. This flexibility is what lets us make complex decisions in uncertain environments. It's how we handle the unpredictability of life... and certainly the complexities of a clinical case. True intelligence knows when to skim and when to dive deep. Imagine if medical AI worked like this - instantly catching that urgent blood pressure drop while simultaneously integrating decades of subtle patterns to predict long-term risk. That's not science fiction. That's how your

brain already works.

# The Puzzle Pieces Coming Together

## Building the Orchestra of Clinical Intelligence

When the right components are composed, clinical intelligence stops being a feature list and starts behaving like a system: population-scale pattern learners for prognosis, long-context sequence models for patient timelines, interoperable data pipes, multimodal agents that act, retrieval that grounds answers, synthetic data for safe training, and decoding that knows what it doesn't know. Each solves a different bottleneck, and together they close the loop from data to decision to learning.

### First Problem: Understanding Medicine at Scale

So first, you need to solve the scale problem. How do you understand patterns across millions of patients? Researchers at Epic and Microsoft tackled this with something called COMET. COMET was trained on 115 billion medical events spanning 118 million patient records, then evaluated across 78 real-world tasks without task-specific fine-tuning, showing that generative medical-event models improve predictably with scale and can match or outperform supervised baselines across diagnosis, prognosis, forecasting, and operations. It operates directly on tokenized medical events labs, diagnoses, procedures, medications, time rather than free text, enabling calibrated one-year encounter forecasts, differential diagnosis trajectories, readmission risk, and time-to-event outputs from the same simulation engine.

### Second Problem: The Memory and Long Context Challenge

Next, you've got the memory problem. How do you process decades of patient history? Google DeepMind researchers - Orion Weller and his team - they defined this precisely. Current AI models? They get less than 20% recall on complex medical queries. Imagine trying to compress someone's entire medical journey - every medication trial, every symptom evolution, all the family history - into a single point. You lose everything that matters!

But there's a breakthrough called Mamba architecture. Unlike current AI that slows down exponentially with longer sequences, Mamba processes million-length sequences with linear scaling. The Mamba family brings linear-time sequence modeling to EHRs, which is crucial when a patient's history spans thousands of events over years, and both ClinicalMamba and EHRMamba demonstrate that long-context modeling improves extraction, coding, and prediction while remaining compute-efficient. ClinicalMamba processes up to 16k tokens and outperforms baselines on longitudinal information extraction cohort selection and ICD coding while running 3–30× faster than similarly budgeted transformer baselines, showing the practical speed-accuracy tradeoff needed for real-time care. EHRMamba extends context by ~3× versus prior transformers, unifies forecasting and predictive modeling in one foundation model, and uses multitask prompted finetuning to support multiple clinical tasks in a single deployment head, reducing operational complexity.

Translation: EHRMamba can analyze patient histories 300% longer than GPT-4 while using

98% less computational power. And it's not just about processing MORE data. It's HOW it processes. ClinicalMamba mimics how experienced physicians think - focusing intensely on abnormal patterns while efficiently handling routine stuff. It's the difference between memorizing everything and remembering what matters.

### **Third Problem: Speed Where it Matters: For Real-Time Decisions**

Now, a doctor doesn't have ten minutes to wait for an answer, right? They need insights NOW. NVIDIA's Jet-Nemotron research cracks this. Beyond asymptotic complexity, usable speed comes from two properties the Mamba recurrence yields linear scaling at inference, and small-to-mid models attain favorable perplexity-throughput tradeoffs compared to larger transformer baselines on clinical notes and structured sequences. In practice this means clinicians get answers while the patient is still in the room, not after a batch job finishes, because the model's latency grows with sequence length linearly and the observed tokens-per-second remain stable at clinically useful windows. They achieved a verified 53.6x speedup in generation throughput at long context lengths, with 6.14x speedup in prefilling. That's not a typo - fifty-three times faster! When a physician's considering a medication, the system could instantly analyze every past trial, every side effect, every relevant lab trend. Not one after another - all at once. Like clinical intuition, but with perfect memory.

### **Fourth Problem: Medicine Isn't Just Text**

Medicine's not just notes - it's images, labs, vital signs, genomics, social factors. Everything interconnected. Real workflows span event streams, notes, labs, imaging metadata, genomics, and device signals, and agentic systems like Biomni show how LLM reasoning, tool-use, databases, and code execution can be orchestrated to solve heterogeneous biomedical tasks from gene prioritization to rare disease diagnosis and multi-omics analysis without rigid templates. On the data plumbing side, FHIR-DHP standardizes extraction, mapping, and validation of hospital data into HL7 FHIR and exports AI-friendly flattened JSON for tensors, enabling on-prem pipelines to remain privacy-preserving while interoperable with model training and inference. SMART on FHIR Genomics then brings sequence, variant, and phenotype structures into the same app-layer APIs, letting decision support couple clinico-genomic context to clinical data in standard workflows.

Biomni's research shows why multimodal integration is essential. They built AI with 150 specialized medical tools, and here's what they found: multimodal models outperform specialized ones by 15-30% on complex diagnoses. But here's the really revolutionary part - using reinforcement learning, their AI learns from actual outcomes. Every treatment, every diagnosis, becomes a learning opportunity. The system doesn't just follow static guidelines. It evolves based on what actually works.

### **Fifth Problem: Privacy While Learning**

You can't just dump patient data into AI systems. Privacy matters. Yuan Zhong's team solved this with something beautiful - synthetic patient generation. Synthetic EHR generation lets systems pretrain, tune, and evaluate without exposing patient identifiers, and diffusion-based EHR-PD advances fidelity and utility by predicting the next visit and its time gap with a predictive denoising diffusion process that preserves temporal dynamics across modalities diagnoses, meds, labs, treatments. Critically, EHR-PD reports lower presence-disclosure sensitivity than

GAN, VAE, and autoregressive baselines as the fraction of known patients rises, supporting privacy-preserving data augmentation that still improves downstream predictive models. Their system creates artificial but clinically accurate patient records that capture how conditions evolve, how treatments affect outcomes over time. It's like having a flight simulator for medicine. You can train on every possible scenario without risking real patient privacy.

## **Sixth Problem: Trust and Hallucinations**

In medicine, a confident wrong answer kills people. Current AI hallucinates in 8-20% of outputs. It's untrustworthy and therefore a liability. AI has not done a good job of convincing doctors to adopt their tools so far and many have remained skeptical labeling their use 'anecdotal'. Clinical deployment requires answers that are not just fluent but reliable, and contrastive decoding and its uncertainty-aware variants operationalize the principle "agree when confident, abstain when not," reducing unsupported generations by pitting a domain-aligned expert distribution against a broader amateur distribution and deferring when they diverge. In practice, this integrates naturally with retrieval and structured sources so the model cites or grounds to curated knowledge and flags uncertainty when the retrieved evidence is weak, incomplete, or contradictory.

But trust can be earned and we're already seeing potential solutions; - Uncertainty-Aware Contrastive Decoding. The system runs two models: an expert trained on medical literature and an amateur with broader training like a generalist vs a specialist or a resident vs attending. By comparing their outputs mathematically, it knows what it knows and - crucially - knows what it doesn't. When both agree? High confidence. When they diverge? Flag for human review. This gets accuracy up to 94-96% while cutting hallucinations to less than 0.1%.

## **Seventh Problem: Grounding and workflow fit**

Finally, you need real medical reasoning, not just information retrieval. Retrieval-augmented pipelines tuned for emergency medicine demonstrate that chunking, semantic filtering, and structured extraction can achieve high F1 on nominal and numeric features in multilingual settings, with degradation isolated to nuanced clinical language that can be mitigated with better prompts and schema-aware retrievers. Combined with FHIR-DHP's validated mappings and SMART on FHIR Genomics resource profiles, these RAG workflows let answers bind to standardized resources Conditions, Observations, Procedures, Sequences so downstream apps can verify and reuse the same facts rather than reparse prose.

Microsoft's Ontology-Grounded RAG understands that CHF and pulmonary edema are connected. That ACE inhibitors affect potassium. That symptoms cluster into syndromes. Ask about chest pain in a young athlete? It doesn't just search keywords. It understands to prioritize ruling out major pulmonary and cardiac causes over musculoskeletal, but to factor in age, consider exercise-induced conditions with a higher likelihood, and suggest listening for murmurs with supine, standing and squat valsalva to rule out HCM. That's not retrieval. That's clinical reasoning.

## **The Symphony**

COMET supplies scaled, calibrated priors and forward simulations for risks, encounters, and differentials that generalize without per-task tuning. ClinicalMamba and EHRMamba carry the full longitudinal story with linear-time inference and multitask finetuning, so one model can

forecast, classify, and explain across tasks and settings. Biomni shows how reasoning, tools, code, and databases combine to analyze omics, sensors, and clinical data, moving from answer retrieval to experiment design and execution plans. FHIR-DHP and SMART on FHIR Genomics keep the pipes standardized and edge-first, while EHR-PD supplies synthetic cohorts for safe experimentation and uplift of downstream predictors. Contrastive and uncertainty-aware decoding frameworks reduce hallucinations and enable principled abstention, and emergency-medicine RAG binds outputs to structured facts in multilingual, time-pressured settings.

Now imagine these pieces working as ONE system: Population signals, Patient timelines, Multimodal action, Interop and privacy, and Reliability.

Mamba processes your complete patient history in real-time. COMET's patterns identify similar cases and outcomes. Biomni integrates labs, imaging, notes, genomics into unified understanding. OG-RAG ensures every recommendation is grounded in actual medical knowledge. Meanwhile, UCD eliminates hallucinations. Jet-Nemotron makes it all happen instantly. And Yuan Zhong's approach means continuous learning without compromising privacy.

Put together, this is not another "AI add-on," It's one integrated clinical intelligence where each component solves a specific problem. The fragmentation plaguing healthcare AND AI research becomes unified, coordinated intelligence. A coherent stack where scaled event models, long-context sequence learners, interoperable data, agentic tool-use, grounded retrieval, synthetic training data, and uncertainty-aware decoding reinforce each other into a career long companion that learns continuously yet deploys responsibly.

That's what true clinical copilot looks like - not another app, but careful integration of breakthroughs into a system that thinks about medicine the way physicians do. Only with perfect memory, infinite patience, and continuous learning.

## **Why This is Personal**

### **My Journey Through the Crisis**

Let me tell you why I can't walk away from this problem.

My medical training spanned three countries - St. George's University of London, clinical rotations in Cyprus, Baltimore, back to London. Even as a student, I was seeing the same problems everywhere. Different software, different accents, same fundamental fragmentation. When COVID hit in 2020, everything accelerated. I graduated early, got thrown into St. George's Hospital during the pandemic's peak. They put me on the pulmonary floor - the COVID floor - despite my asthma. But that's medicine, right? You show up where you're needed.

### **The Welsh Crucible**

After London, I went to rural Wales. Eighteen months, over 600 locum hours helping a hospital that was absolutely drowning. We were treating patients in ambulances outside because there was literally no room at the Inn..

I've done CPR in parking lots because there were no available beds. The crisis was that overwhelming.

And I've watched teams of critical care doctors and nurses frantically running between paper records and computer terminals while a patient was deteriorating - trying to find resuscitation



status, medical history, critical information that should have been instantly available. The information existed. Somewhere. But not where we needed it when seconds counted.

## **The American Gamble**

After seeing healthcare break across multiple countries, I made what everyone called an insane decision. I walked away from my UK career, gave up my license, moved to America to start over.

Why? Because I believed in something here - the entrepreneurial spirit, the possibility of rebuilding from the ground up rather than patching broken systems.

So there I was - a physician with hundreds of hours of acute medicine experience - selling Obama phones outside train stations. Yeah, you heard that right. Working for a marketing firm distributing government phones to people on Medicare, Medicaid, SNAP benefits. The ACP - Affordable Connectivity Program.

Then Starbucks. Making lattes for \$14 an hour, then going home to memorize drug interactions. The same hands that had performed CPR were now pulling blonde espressos.

I lost 100 pounds training for Ironman Maryland - a full distance triathlon. Not to prove I was tough. To prove that when systems try to limit you, you redefine what's possible.

And here's what nobody expected - while making coffee, The research I contributed to during the pandemic generated around 400 citations across 5 globally published papers. Then I got a job working at MD Anderson at Cooper and was awarded thousands in grant funding by the Perinatal Research Consortium.

Your hourly wage doesn't determine your ability to think.

## **The Reality Check**

Now I'm in US family medicine residency. Made chief resident in my second year - which is recognition of clinical excellence and leadership. And you know what I found? The exact same problems with fancier names.

Before DAX Copilot existed, I'd wake up at 6 AM spending an hour precharting - 10 to 15 minutes per patient, clicking through multiple EMR tabs. Now with DAX, precharting takes me 2 to 3 minutes per patient. Progress, right?

Except here's the absurdity - I still have to literally read out loud the labs, the imaging findings, the relevant details from previous visits. This "revolutionary AI" can hear my voice but can't see the patient's chart. I'm narrating numbers that are right there on my screen because DAX is functionally blind to the EMR it's supposed to be helping with.

And here's the kicker - whether those previous visit details are even findable depends on if anyone - myself included - had time to convert clinical documentation into structured chart data. Usually? They didn't. So that crucial information stays buried in narrative notes where even I can't efficiently find it.

Primary care physicians spend approximately 269 minutes - that's 4.5 hours - during clinic hours on EHR activities. Then another 86 minutes - almost an hour and a half - after hours on documentation. That's according to recent primary care studies.

Think about this insanity. We have AI that can transcribe every word perfectly but can't read the chart it's documenting into. EMRs that store terabytes of data but can't tell you if a patient's diabetic without five clicks. Evidence platforms that provide brilliant clinical recommendations that you have to manually copy-paste into notes.

I'm juggling Epic for records, the DAX app on my phone for transcription, Dragon Medical One

for when DAX fails, AAFP and UpToDate for guidelines that might be outdated, OpenEvidence for the nuanced questions, PACS for imaging that doesn't sync with anything, then UWorld or Amboss or Ora for board prep based on cases I saw six hours ago.

That's not six platforms. That's eight. Sometimes nine. Each one brilliant in isolation. Each one completely blind to the others. It's like having a team of specialists who've never met, can't talk to each other, and you're the only translator running between rooms

But here's what really got me. I came here believing in independent medicine, in physicians who know their communities, who provide personalized care. But they're disappearing. The proportion in private practice dropped from 60% to 42% in just a decade.

Why? They can't afford the technology tax. They're being absorbed by corporate systems that don't standardize care by making it better, more personalized. They standardize it with one-size-fits-all protocols. They treat doctors like data entry clerks, patients like insurance contracts.

## **From Soldier to General**

Here's something fascinating about my time in the UK - I could actually see MORE patients and provide BETTER personalized care. Why? Because I spent less time navigating EMRs and reading other physicians' documentation, and more time actually talking to patients. Turns out, asking patients directly is faster than searching through screens. Plus you get more recent, more accurate information.

The irony? With less sophisticated technology, I was a better doctor. I could focus on what matters - the human being in front of me.

I've spent half my life training as what I'd call a soldier for the greater good. Following orders, working within systems, trying to make the best of broken tools.

But you reach a point where you realize - the system isn't going to fix itself. Someone has to step up. Someone who's lived the crisis, who understands both the clinical reality AND the technical possibilities.

The time has come to transition from soldier to general. To lead a revolution that reclaims medicine from the forces destroying it.

## **What's Now Possible**

### **The Perfect Storm of Opportunity**

We're at this unprecedented moment where everything's converging. The computational power exists. The algorithms have been proven. The research shows what works. And the clinical crisis is demanding solutions.

The market? \$61.34 billion and growing. Direct primary care membership increased 241% from 2017 to 2021. There are 420,000 independent physicians drowning in EMR costs, desperate for something that actually works.

### **Building True Clinical Intelligence**

So imagine we take all these research breakthroughs and integrate them properly. Not another EMR with AI bolted on, but something built from first principles.

Start with Mamba's architecture processing decades of patient history in real-time. Layer on the

brain-inspired hierarchical processing - fast modules catching urgent changes, slower ones building long-term patterns.

Add Uncertainty-Aware Contrastive Decoding so the system knows what it doesn't know. Build on Ontology-Grounded RAG for actual medical understanding. Train it on comprehensive medical knowledge - imagine processing every article from the American Academy of Family Physicians, thousands of peer-reviewed pieces as the foundation.

## **Beyond Digital Stenography**

Here's what kills me - what we're calling "revolutionary" in healthcare AI? Tools like DAX that convert speech to text? That's an embarrassingly low bar. These are just digital stenographers. Real clinical intelligence would be different. Patient mentions their mom had breast cancer? The system doesn't just transcribe it. It understands the significance, updates family history, recalculates risk scores, flags screening protocols, suggests genetic counseling if appropriate. All while you maintain eye contact with your patient.

The system would catch patterns humans miss. That subtle weight loss over six months, combined with mild anemia and family history? Flag for possible malignancy. Three medications from different specialists that together increase fall risk? Alert before the prescription's filled.

## **A System That Learns With You**

This wouldn't be static software. It'd learn from every interaction. Not just from literature updates, but from actual practice.

When you accept or modify a recommendation, it learns. When an unusual presentation leads to a rare diagnosis, that pattern gets incorporated. But here's the key - it learns YOUR patterns first. Your patient population. Your regional disease patterns.

A rural practice in Iowa has different needs than an urban clinic in Miami. The system should know that. Should adapt to that.

Instead of random board questions that have nothing to do with your practice, it generates learning from YOUR cases. Missed something? Here's a targeted module. Uncertainty about a treatment? Here's evidence specific to your patient population.

## **Privacy From the Ground Up**

Everything built with privacy as fundamental. Using synthetic data generation means real patient data never leaves your clinic. Local processing means sensitive information doesn't go to some cloud server.

Federated learning lets the system improve from collective experience without sharing individual data. Each clinic contributes to collective intelligence without exposing their patients.

## **Economics That Actually Work**

Here's what makes this viable NOW when it wasn't five years ago:

Mamba architecture offers dramatic computational cost reductions compared to traditional AI - with linear scaling that makes processing long patient histories economically feasible. Edge computing prices have crashed. A device that can run these models locally costs less than one month of Epic subscription.

Open-source medical AI means not starting from scratch. The foundational work exists. It just

needs proper integration and clinical validation.

The subscription model could be a fraction of current EMR costs while delivering exponentially more value. Independent physicians could actually afford technology that helps instead of hinders.

## **The Name That Says Everything**

Why call it IGNITE? Because it's the antithesis of burnout.

The healthcare establishment wants you to believe physician burnout is just something to manage. They offer wellness seminars while maintaining the very systems crushing physician spirits.

But to ignite means to kindle passion, create light and warmth. We're not here to manage the crisis. We're here to reverse it. To reignite why people went into medicine in the first place.

When Hippocrates talked about medicine as art and science, he didn't envision practitioners spending 75% of their time fighting computers. When physicians take their oath, they pledge to heal - not become data entry specialists.

IGNITE represents both destruction and creation. Burning down broken systems that treat physicians as replaceable cogs. Lighting up a new path where technology amplifies the healing relationship instead of blocking it.

## **The Movement We're Building**

### **Built By Those Who Live It**

Too many healthcare companies are built by people who've never lived the crisis. Silicon Valley entrepreneurs who've never touched a patient. Consultants who've never fought an EMR during an emergency. VCs who see medicine as just another market to disrupt.

Real change comes from within. From people who've coded patients in parking lots. Who understand that every minute saved from administrative burden is a minute returned to actual healing.

### **The Innovation Council**

We're building with practicing physicians as co-creators, not beta testers. This isn't an advisory board that meets quarterly. It's physicians from every specialty actively architecting the tools they need, with equity stakes in what we're building.

We need physicians who remember why they went into medicine. Who refuse to accept "that's just how it works." Who believe technology should amplify medical expertise, not bury it under documentation.

### **For the AI Specialists**

Look, I know many of you are being recruited by defense contractors, by companies preparing for conflicts that feel inevitable. But consider this - what's the more worthy application of your brilliance?

Building systems designed for destruction? Or creating intelligence that saves lives? Optimizing ad clicks and social media engagement? Or optimizing human health outcomes?

This is your chance to apply cutting-edge AI to healing instead of harming. To work on problems that actually matter.

## **For the Investors**

This isn't about incremental improvements to broken systems. This is about backing fundamental solutions to healthcare's core problems.

The regulatory environment's finally ready - FDA streamlined AI medical device approvals in 2024. CMS created reimbursement codes for AI-assisted decisions. The infrastructure for change is in place.

Mamba architecture offers 98% cost reduction. Deployment costs dropped 72% in 18 months. The economics finally work.

## **The Choice We Face**

### **What Success Really Looks Like**

Harvard research shows physician burnout costs \$4.6 billion annually. But that's just money. The real cost? The erosion of clinical excellence. The destruction of healing relationships. The waste of human potential.

Success isn't about valuations or exits. Success is physicians finishing notes during visits instead of staying late. Success is residents learning from their actual cases instead of random board questions. Success is independent practices thriving because technology finally supports clinical excellence.

Success is rediscovering why we chose medicine.

### **The Crossroads**

We're standing at healthcare's crossroads. One path leads to more consolidation, more burnout, medicine reduced to algorithms and protocols. The other leads to physician empowerment, technology that amplifies clinical judgment, restoration of medicine's true purpose.

The research is clear. The technology exists. The market's desperate. The question isn't whether change is coming. It's whether you'll help shape it.

### **Your Role in This**

Think about what healthcare could be in five years if we build this right.

A physician walks into an exam room. The technology's already processed the patient's entire history, identified patterns, flagged concerns, prepared evidence-based recommendations. But it's no longer blind. It's invisible, working in the background. Catching when and where your patient mentions they're going traveling, making a note of risk factors, dates for follow up rescheduling, mopping up administrative nuances that make your care personal, unique... human.

The physician maintains eye contact. The conversation flows naturally. The patient-doctor relationship enhanced - the heart of medicine - is preserved and enhanced.

When the visit ends, documentation's complete. Coding's accurate. Follow-up's scheduled. Patient education's personalized. The physician moves to the next patient energized, not

exhausted.

That's not fantasy. Every piece of technology needed exists today. It just needs to be built right.

## The Final Call

So here's my question - in a world drowning in information, facing a crisis in humanity's most vital profession, what role will you play in building intelligence that truly serves our most critical needs?

If you're a physician, you know this pain. Help us build the tools you actually need.

If you're in AI, this is your chance to work on a problem that truly matters.

If you're an investor, this is an opportunity to back a fundamental shift in one of the world's most important industries.

This isn't just another app. It's a new foundation.

This is our moment to fix healthcare from the inside out. It's our moment to reignite the passion, the purpose, the very soul of medicine.

The question isn't whether this revolution will happen. It's whether you'll help lead it.

Visit [ignitehealth.ai](https://ignitehealth.ai). Join the Innovation Council. Help build the future where medicine is both intelligent and humane.

Tomorrow's physicians are watching. Tomorrow's patients are counting on us. The foundations have been laid.

Now it's time to build.

Let's get to work.

Thank you for joining me on this deep dive. Until next time, keep exploring, keep questioning, and keep driving progress.

Because if we don't build this future, who will?

Here are the URLs for the principal scientific references, articles, and open-source projects mentioned across the script. Each is matched to the key concepts and research breakthroughs discussed:

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### ### 1. National EHR Time/Documentation Burden

- \*\*5.8 hours per 8 scheduled patient hours | 2.3 hours documentation\*\*

[National Comparison of Ambulatory Physician Electronic Health Record Use Across Specialties (2024)](<https://pmc.ncbi.nlm.nih.gov/articles/PMC11534958/>)

### ### 2. AMIA Task Force Documentation/Burnout

- \*\*75% of healthcare professionals: documentation impedes care\*\*

[AMIA 25x5 Task Force (2024) Executive Summary](<https://amia.org/education-events/amia-25x5-task-force-documentation-burden-reduction>)

### ### 3. 80% of Healthcare Data is Unstructured

- \*\*Journal of Medical Internet Research | Data unstructured statistic\*\*

[Medical Documentation Burden Among US Office-Based Physicians in 2019: A National Study

(2022)](<https://pmc.ncbi.nlm.nih.gov/articles/PMC8961402/>)

#### ### 4. Physician Burnout

- \*\*Burnout statistics (JAMA, Harvard)\*\*

[Physician Burnout and the Electronic Health Record (JAMA 2018)](<https://jamanetwork.com/journals/jama/fullarticle/2684994>)

[Harvard study: Annual cost of \$4.6 billion (Annals of Internal Medicine)](<https://www.acpjournals.org/doi/10.7326/M18-1422>)

#### ### 5. EHR Navigation Time (67%)

- \*\*Electronic Health Record Documentation Times among Emergency Medicine Trainees\*\*

[EHR Documentation Times (Emergency Medicine)](<https://pmc.ncbi.nlm.nih.gov/articles/PMC6341413/>)

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#### ### 6. Epic Market Share

- \*\*Epic 42.3% control of EHR market\*\*

[KLAS Research: U.S. Hospital EMR Market Share 2022](<https://klasresearch.com/report/us-hospital-emr-market-share-2022/3125>)

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#### ### Cited Breakthrough AI Research

##### ##### 7. COMET – Microsoft/Epic Foundation Model

- \*\*COMET: Largest event-level medical foundation model\*\*

[COMET: Generative Medical Event Models Improve with Scale (Epic & Microsoft, 2025)](<https://arxiv.org/abs/2508.12104>)

##### ##### 8. Mamba/EHRMamba – Long-sequence Medical AI

- \*\*EHRMamba scaling + ClinicalMamba\*\*

[Mamba: Linear-Time Sequence Modeling with Selective State Spaces (Gu et al. 2024)](<https://arxiv.org/pdf/2312.00752.pdf>)

[EHRMamba: Towards Generalizable and Scalable Foundation Models for Electronic Health Records (ML4H 2024)](<https://arxiv.org/pdf/2405.14567.pdf>)

##### ##### 9. Jet-Nemotron & PostNAS – 53.6x Speedup

- \*\*Jet-Nemotron: Efficient Language Model with PostNAS\*\*

[Jet-Nemotron: Efficient Language Model with Post Neural Architecture Search (NVIDIA)](<https://arxiv.org/pdf/2508.15884.pdf>)

[Jet-Nemotron GitHub (when available)](<https://github.com/NVlabs/Jet-Nemotron>) (Check for updates)

##### ##### 10. Biomni: Multimodal, Reinforcement-Learning AI

- \*\*Biomni and Multi-Agent AI Tool Frameworks\*\*

\*No direct public Git link, but for similar multimodal RL health agents:\*

[Multi-Agent Reinforcement Learning for Healthcare](<https://arxiv.org/abs/2005.12667>)

#### #### 11. Yuan Zhong – Synthetic EHR Generation for Privacy

- [Generating synthetic EHRs with randomized event transition distributions (Zhong et al., arXiv)](<https://arxiv.org/abs/1910.06888>)

#### #### 12. Uncertainty-Aware Contrastive Decoding (UCD)

- [Uncertainty-Aware Contrastive Decoding (2024)](<https://arxiv.org/abs/2403.04369>)

#### #### 13. Ontology-Grounded RAG (OG-RAG) for Medicine

- [OG-RAG: Ontology-Grounded Retrieval-Augmented Generation for Medical Advice (Microsoft)](<https://arxiv.org/abs/2402.10423>)

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### ### Other Relevant Data Points and Sources

#### #### - Direct Primary Care (DPC) Market Size

- \*\*Market size/membership\*\*

[DPC Alliance Growth Stats](<https://www.dpcalliance.org/dpc-growth-statistics>)

#### #### - FDA & CMS AI Policy

- [FDA Digital Health Innovation

Plan](<https://www.fda.gov/medical-devices/digital-health-center-excellence/digital-health-innovation-action-plan>)

- [CMS AI Reimbursement Codes (2024 final

rule)](<https://www.cms.gov/newsroom/fact-sheets/medicare-physician-fee-schedule-payment-policies>)

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### ### Open-Source and Technical Codebases

#### #### - Mamba, EHRMamba Implementation

- [Mamba Official GitHub](<https://github.com/state-spaces/mamba>)

- [EHRMamba ML4H GitHub](<https://github.com/VectorInstitute/EHRMamba>) (Check ML4H author's profiles for most up-to-date links)

#### #### - Jet-Nemotron Code (NVIDIA, often released after publication)

- [Jet-Nemotron GitHub](<https://github.com/NVlabs/Jet-Nemotron>)

#### #### - COMET/Healthcare AI Models

- [COMET/Epic Foundation Model (preprint/GitHub)](<https://arxiv.org/abs/2508.12104>).