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EPIDEMIOLOGY OF CARCINOGEN METABOLISM GENES AND RISK OF SQUAMOUS CELL CARCINOMA OF THE HEAD AND NECK

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Abstract: The risk association between tobacco and alcohol use with squamous cell carcinoma of the head and neck (SCCHN) is well recognized. However, clearly not all individuals who smoke or drink develop SCCHN. Individual genetic susceptibility differences in carcinogen-metabolizing enzyme function, mutagen sensitivity, apoptosis, and chromosomal aberrations either alone or in combination have been theorized to modify the risk of SCCHN. Nearly all carcinogens and procarcinogens require activation by metabolizing enzymes. Similarly, detoxifying enzymes exist and deactivate carcinogens as well as their intermediate by-products. Together these enzymes are termed xenobiotic-metabolizing enzymes; genetic polymorphisms of these enzymes can modify an individual's response to carcinogens and hence the carcinogenic potential of such exposures. In this review, we explore the available evidence in recent literature regarding the risk association between SCCHN and various xenobiotic-metabolizing enzymes, including cytochrome P450s, glutathione S-transferases, N-acetyltransferases, NAD(P)H:quinone oxidoreductase 1, alcohol dehydrogenase, and aldehyde dehydrogenase. Wiley Periodicals, Inc. Head Neck 29: 682-699, 2007

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Squamous cell carcinoma of the head and neck (SCCHN) accounts for approximately 3% of all newly diagnosed cancer cases in the United States, with an absolute incidence of 41,000 estimated in 2006. Globally, SCCHN (including the oral cavity, oro/hypo/nasopharynx, and larynx) represents one of the most common malignancies encountered, with more than 644,000 new cases reported in 2002 worldwide with a high case fatality (ratio of mortality to incidence) of 0.53 and a male predominance (sex ratio of 3:1).² Although the cause of SCCHN is multifactorial, its risk association with a history of tobacco and alcohol use is well recognized, and in populations in which both habits are common there is an increased incidence of the disease. However, clearly not all smokers develop cancer. In fact, it has been estimated that only between 10% and 15% of smokers will develop lung cancer in their lifetimes, and even fewer will develop SCCHN.³ Furthermore, the converse also holds true in that not all patients with SCCHN are current or former

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Table 1. Main carcinogen metabolizing enzymes in SCCHN.

Enzyme	Abbreviation	Function
Cytochrome P450 CYP1A1 CYP1B1 CYP2D6 CYP2F1	CYP	Phase I enzymes
Glutathione-S-transferase GSTM1 GSTP1 GSTT1	GST	Phase II enzymes
N-Acetyl transferase NADPH:quinone reductase Alcohol dehydrogenase Aldehyde dehydrogenase	NAT NQO ADH ALDH	Phase II enzyme Phase II enzyme Phase I enzyme Phase II enzyme

Abbreviation: SCCHN, squamous cell carcinoma of the head and neck.

smokers. Therefore, individual variations in genetic susceptibility would appear to contribute to the development of SCCHN.

A genetic component to SCCHN has been implicated in several large case-control studies in which a 2-fold to 14-fold increase in SCCHN risk was detected in patients with a first-degree family history of cancer, and a dose-response relationship was evident and persisted after multivariate adjustment, including for smoking.⁴⁻⁷ The term molecular epidemiology has been used to describe the "incorporation of molecular, cellular, and physiologic biomarkers as dependent and independent variables in epidemiologic explorations of relationships between markers with either health outcomes or other markers within populations."8 Biomarkers can be broadly categorized into 3 types: exposure, effect, and susceptibility biomarkers. Regardless of the type, the ultimate goal of using a biomarker is to provide a more accurate risk assessment. In cancer susceptibility biomarker research, individual differences in carcinogen-metabolizing enzyme function, mutagen sensitivity, apoptosis, and chromosomal aberrations, either alone or in combination, have been demonstrated to modify cancer risk. including that for SCCHN.9-11

Processed tobacco contains more than 3000 chemical compounds, including at least 30 known carcinogens, and cigarette smoke contains approximately 50 known carcinogens and procarcinogens. Although not a focus of this review, the process of cigarette combustion also produces a high concentration of reactive oxygenated species. The most prominent procarcinogens in tobacco smoke that require metabolic activation prior to exerting their effect are polycyclic aro-

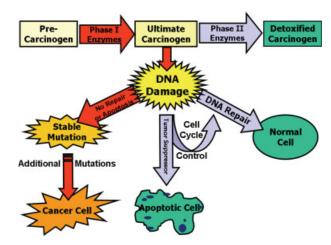


FIGURE 1. Phase I and phase II enzymes in carcinogenesis (Reproduced from Ref. 10, with permission from Lippincott Williams and Wilkins). [Color figure can be viewed in the online issue, which is available at www.interscience.wiley.com.]

matic hydrocarbons (eg, benzo(a)pyrene), tobaccospecific nitrosamines (eg, 4-(methylnitrosamine)-1-(3-pyridyl)-1-butanone), and aromatic amines (eg, 4-aminobiphenyl). However, prior to interacting with cellular macromolecules such as DNA, chemical carcinogens require activation by phase I oxidative enzymes such as cytochrome P450. Phase II xenobiotic-metabolizing enzymes such as glutathione-S-transferases (GSTs), on the other hand, are involved in carcinogen detoxification.

Nearly all carcinogens and procarcinogens require activation by metabolizing enzymes. Similarly, detoxifying enzymes exist to deactivate carcinogens as well as their intermediate byproducts. Together these enzymes are termed xenobioticmetabolizing enzymes and are found in the liver as well as in upper aerodigestive tract mucosa. Genetic polymorphisms of these enzymes can modify an individual's response to carcinogens and hence the carcinogenic potential of such exposures. The main carcinogen-metabolizing enzymes are listed in Table 1, and their roles in carcinogenesis are illustrated in Figure 1. New evidence has emerged since the publication of reviews and meta-analyses on this subject. 14-16 The focus of this article is to examine and update the role of carcinogen-metabolizing gene polymorphisms on the risk of SCCHN.

Cytochrome P450. Cytochrome P450 (CYP) enzymes are the predominant phase I xenobiotic-metabolizing enzymes. The metabolism of nearly

all chemicals that humans are exposed to involves either a single member or multiple members of the CYP superfamily. The current nomenclature system divides the cluster of *CYP* genes into families and subfamilies based on comparisons of the divergent evolution of amino acid sequences and their protein products. It has been estimated that 20 subfamilies and nearly 60 separate P450 genes may be found in humans. ^{17,18} The *CYP* genes in families *CYP1*, *CYP2*, and *CYP3* account for the enzymes mostly responsible for the oxidative metabolism of procarcinogens and drugs. These enzymes have been found in various extrahepatic sites, including upper aerodigestive tract tissue. ¹⁹

CYP1A1. The murine CYP1A1 gene was the first CYP gene to be cloned and sequenced. The gene encodes the enzyme benzo(a)pyrene hydroxylase (or arylhydrocarbon hydroxylase), which is involved in the activation of polycyclic aromatic hydrocarbons and aromatic amines to highly electrophilic metabolites such as benzo(a)pyrene diol epoxide and other carcinogenic phenol products. It is present in many epithelial tissues, including oral tissue in the upper aerodigestive tract. It

A thymine to cytosine $(T \rightarrow C)$ nucleotide polymorphism at the 264th base downstream from an additional polyadenylation signal in the 3'-flanking region of the CYP1A1 gene affecting the size of MspI fragments is present in 5% to 30% of the population and has been associated with an increased risk of lung carcinoma. ^{23,24} In 2 separate Japanese case-control studies, the MspI polymorphism was found to be associated with an increased risk of oral cavity carcinoma (Table 2), with the rare homozygous mutant genotype significantly more prevalent in the case group (OR [odds ratio] = 3.6, 95% CI [confidence interval] = 1.4-9.5 [Ref. 25]; OR = 2.3,95% CI = 1.1–4.7 [Ref. 26]). The risk association was also found to be inversely proportional to the amount of tobacco use. Furthermore, in both studies the frequency of the combined genotypes of CYP1A1 m/m and GSTM1 null was significantly higher in the patients with cancer than in the control population (60.0% vs 37.5% [Ref. 25]; 14.1% vs 2.1% [Ref. 26]). However, the sample sizes of these studies were limited (n = 100 [Ref. 25] and 142 [Ref. 26] cases and controls). In European populations, the CYP1A1 MspI polymorphism has also been investigated in four case-control studies of SCCHN (1 with laryngeal cancer cases only), with no statistically significant difference in genotype distribution between cases and controls. 27-30 In 1 of these European studies, the CYP1A1 genotype was

combined with the *GSTM1* null genotype, and no significant risk elevation was seen. ²⁷

An adenine to guanine $(A \rightarrow G)$ single nucleotide polymorphism (SNP) at exon 7 of the CYP1A1 gene, which results in a substitution from isoleucine to valine (Ile462Val), has also been linked with increased SCCHN risk and has been studied extensively. A meta-analysis of 12 case-control studies (published prior to 2003) on the association between the CYP1A1 Ile462Val polymorphic allele and SCCHN risk calculated a summary OR of 1.4 (95% CI = 1.0-1.8), and no difference in the ORs was identified in stratified analysis. 14 The review here will thus focus on the more recent and larger investigations. The Val allele codes for a more inducible form of the enzyme, and the rare homozygous Val:Val genotype of CYP1A1 was more frequent in SCCHN patients than in controls (9.0% and 3.7%, respectively) in a study of 145 Japanese patients and 164 controls. On logistic-regression analysis, the Val:Val genotype was associated with a 4-fold increased risk of SCCHN (OR = 4.1, 95% CI = 1.1-15.0) when compared with Ile:Ile and Ile:Val genotypes, and this was particularly true for carcinoma of the pharynx (OR = 5.7, 95% CI = 1.1-28.0) but not the larynx (p = .2). Others, including Gajecka et al, ³⁰ also did not find a statistically significant difference in the Val allele distribution between laryngeal cancer cases and controls in a study of Polish men.

Sato et al³⁴ also demonstrated an increased risk for the homozygous Val:Val genotype in a series of 142 Japanese patients with oral cavity squamous cell carcinoma. In this study, the risk elevation observed for the combined genotypes of Val: Val and GSTM1 null was significantly higher than that observed for either genotype alone (OR = 10.2, 95% CI = 2.7-38.5). The observed risk with the susceptible Val:Val genotype was highest in the group with the lowest cigarette dose level. In a North American study restricted to whites, Park et al³² also found the variant Val allele to be associated with oral cavity cancer risk (OR = 2.6, 95% CI = 1.2-5.7). However, in 5 other case-control studies of the Ile:Val polymorphisms in whites there were no statistically significant differences in distribution between SCCHN cases and controls, 27-29,35,36 and one additional North American study found a nonsignificant protective effect (OR = 0.5, 95% CI = 0.2-1.5) after adjustment for other risk factors. ³³ Overall, there appears to be a mild risk association between CYP1A1 exon 7 polymorphism and SCCHN (Figure 2).

Gene	Mutation	Site	Ethnicity	N (Cases/Ctrl)	Frequency, % (Cases/Ctrl)	Adjusted OR* (95% CI)	Reference
CYP1A1	Mspl, m/m	Oral	Japanese	100/100	15.0/8.0	3.6 (1.4–9.5)†	Tanimoto et al ²⁵
CYP1A1	<i>Msp</i> l, m/m	Oral	Japanese	142/142	21.8/10.6	2.3 (1.1–4.7)	Sato et al ²⁶
CYP1A1	Mspl, m/m	SCCHN	Dutch white	185/207	17.8/15.9	NS	Oude Ophuis et al ²⁷
CYP1A1	Mspl, $wt/m + m/m$	SCCHN	German white	187/139	24.1/19.3	NS	al ²⁸
CYP1A1	Mspl, $wt/m + m/m$	SCCHN	German white	312/300	20.5/18.6	0.9 (0.6–1.5)	Ko et al ²⁹
CYP1A1	Mspl, mutant allele	Larynx	Polish males	289/316	5.5/3.8	1.6 (0.9–2.7)	Gajecka et al ³⁰
CYP1A1	Exon 7, Val:Val	SCCHN	Japanese	145/164	9.0/3.7	4.1 (1.1–15)	Morita et al ³¹
CYP1A1	Exon 7, Val:Val	SCCHN	Dutch white	185/207	18.4/16.4	NS	Oude Ophuis et al ²⁷
CYP1A1	Exon 7, Ile:Val + Val:Val	Oral	American white	131/131	17.6/7.6	2.6 (1.2–5.7)	Park et al ³²
CYP1A1	Exon 7, Ile:Val + Val:Val	SCCHN	American white	139/121	6.5/14.0	0.5 (0.2–1.5)	McWilliams et al ³³
CYP1A1	Exon 7, Val:Val	Oral	Japanese	142/142	13.4/4.2	4.2 (1.6–11.1)	Sato et al ³²
CYP1A1	Exon 7, Ile:Val + Val:Val	SCCHN	German white	187/139	17.1/13.6	NS	Gronau et al ²⁸
CYP1A1	Exon 7, Ile:Val + Val:Val	SCCHN	German white	312/300	9.6/8.3	1.0 (0.5–1.9)	Ko et al ²⁹
CYP1A1	Exon 7, Ile:Val	SCCHN	American white	108/165	10/7	1.6 (0.6–3.8)	Olshan et al ³⁵
CYP1A1	Exon 7, Val:Val	SCCHN	American white	281/208	1/1	1.4 (0.3–6.9)	Evans et al ³⁶
CYP1A1	Exon 7, Val allele	Larynx	Polish males	289/316	4.5/5.7	0.9 (0.5–1.4)	Gajecka et al ³⁰
CYP1B1	V432L, $wt/m + m/m$	SCCHN	German white	312/300	74.3/63.7	1.4 (0.9–2.1)	Ko et al ²⁹
CYP1B1	V432L, m/m	SCCHN	American white	724/1226	19.9/20.9	0.9 (0.7–1.2)	Li et al ³⁷
CYP1B1	V432L, $wt/m + m/m$	SCCHN	American white	724/1226	67.1/70.2	0.9 (0.7–1.1)	Li et al ³⁷
CYP2D6	PM (<i>Dra</i> III) [†]	SCCHN	German white	187/139	6.9/5.1	NS	Gronau et al ²⁸
CYP2D6	PM (<i>Bst</i> NI) [†]	SCCHN	Spanish white	75/200	4/3	NS	Gonzalez et al ³⁸
CYP2D6	PM (G1934A)	Larynx	Polish males	289/316	24.6/19.6	1.3 (1.0–1.7)	Gajecka et al ³⁰
CYP2E1	Rsal/Pstl (c2/c2)	SCCHN	Japanese	145/164	5.5/4.3	NS	Morita et al ³¹
CYP2E1	Rsal/Pstl (c1/c2 + c2/c2)	SCCHN	Spanish white	75/200	9/10	NS	Gonzalez et al ³⁸
CYP2E1	G1532C (CC)	SCCHN	American white	724/1226	0.4/0.23	2.0 (0.4–9.9)	Li et al ³⁷
CYP2E1	G1532C (CG + CC)	SCCHN	American white	724/1226	5.5/7.2	0.8 (0.5–1.1)	Li et al ³⁷
CYP2E1	Rsal/Pstl (c1/c2 + c2/c2)	Oral/pharyngeal	French white	121/172	10.0/4.7	2.6 (1.0–6.6)	\sim
CYP2E1	Rsal/Pstl (c1/c2 + c2/c2)	Larynx	French white	129/172	7.0/4.7	1.4 (0.5–4.0)	Bouchardy et al ³⁹
CYP2E1	Rsal/Pstl (c1/c2+ c1/c3	SCCHN	American white	113/226	7.1/7.1	0.5 (0.1–1.7)	Liu et al ⁴⁰
l (+ c2/c3 + c4/c4)		-		(
CYP2E1	Rsal/Pstl (c1/c2+ c1/c3	SCCHN	African American	61/173	9.8/10.4	0.9 (0.2–3.1)	Liu et al ^{‡5}
	+ CZ/C3 + C4/C4)		40:10	0,000	0	(0,0)	0810 +0 0/100100

Abbreviations: CYP, cytochrome P450; SCCHN, squamous cell carcinoma of the head and neck; NS, not statistically significant; OR not calculated; PM, poor metabolizers. *Adjusted for age, sex, tobacco, and alcohol consumption; ethnicity adjusted if applicable. †Denotes the restriction enzyme site used to identify digested genomic DNA product.

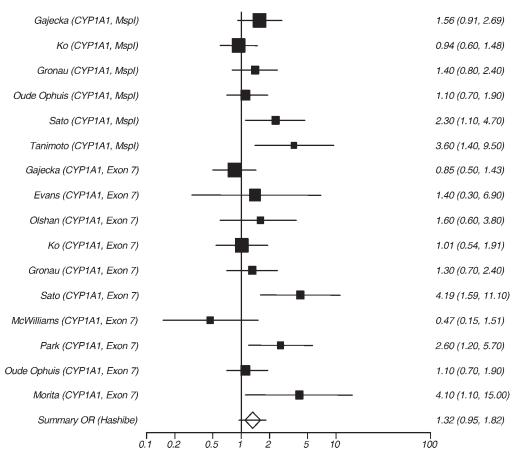


FIGURE 2. Forest plot of CYP1A1 polymorphism odds ratios.

CYP1B1 is another phase I enzyme that catalyzes the 2- and 4-hydroxylation of 17β-estradiol, a key reaction in hormonal carcinogenesis. Many studies have focused on its role in breast cancer risk, albeit with mixed results. 41-43 However, CYP1B1 also activates numerous environmental procarcinogens, including polycyclic aromatic hydrocarbons, as well as heterocyclic and aromatic amines. 44 The enzyme is found in a variety of human tissues, including the kidney, prostate, breast, and upper aerodigestive tract. 22,45 Among potential functional polymorphisms, a $G \rightarrow A$ substitution in exon 3 results in an amino acid change from valine to leucine (Val432Leu) and has been reported to affect the enzyme's catalytic activity toward procarcinogens and steroid hormones, including estrogen. 44,46,47 The Val432-Leu genotype was associated with a borderline elevated risk of SCCHN in a case-control study from Germany (OR = 1.4, 95% CI = 0.9-2.1) (Table 2). The polymorphic genotype was a significant risk factor in the subgroup analysis restricted to smokers (OR = 2.7, 95% CI = 1.5-4.9), and a synergistic effect was observed when com-

bined with the polymorphic variants of GSTM1 and GSTT1.²⁹ However, a larger case-control study by Li et al³⁷ in American whites did not find any risk association overall or in subgroup analysis.

CYP2D6. CYP2D6 (debrisoquine hydroxylase) is an important enzyme in drug metabolism and has been estimated to be responsible for the metabolism of nearly 25% of prescribed drugs. It has been found to be expressed in human liver, lung, intestine, kidney, and brain. 48 A high individual variability in CYP2D6 enzyme activity has been observed in vivo and has been attributed to the presence of at least 29 allelic variants. 49 In regard to carcinogen activation, the enzyme has been shown to metabolically activate 4-(methylnitrosamine)-1-(3-pyridyl)-1-butanone.⁵⁰ Individuals deficient in the enzyme, termed poor metabolizers, have been reported to have a lower risk of developing lung carcinoma.⁵¹ Greater than 90% of cases of poor metabolizers can be attributed to 3 defective allelic CYP2D6 variants: (1) guanine to adenine $(G \rightarrow A)$ transition at the junction of intron 3/exon 4 (G1934A), (2) a base pair deletion in exon 5, and (3) a total gene deletion.

In 2 separate investigations of European whites with SCCHN, no significant difference in the distribution of CYP2D6 poor metabolizer genotypes was found between cases and controls (Table 2). 28,38 Also, in a case-control study of CYP2D6 enzyme activity in 140 patients with laryngeal cancer, no significant correlation was seen between enzyme activity level and cancer risk, although an elevated risk for laryngeal cancer was seen among patients with high levels of CYP2D6 enzyme activity and also tobacco consumption.⁵² In a recent investigation, Gajecka et al³⁰ found a statistically significant risk association between the G1934A polymorphic allele and laryngeal cancer. Given the limited evidence available, the contribution of CYP2D6 polymorphisms on risk of SCCHN remains to be clarified.

CYP2E1. CYP2E1 metabolically activates a number of low-molecular-weight toxins and carcinogens, including nitrosamines, ethanol, benzene, carbon tetrachloride, vinyl chloride, and acrylonitriles. Several substrates, including ethanol, can also act as inducers of the enzyme. The CYP2E1 enzyme is present within the liver at high levels and at lower concentrations in several extrahepatic sites, including the lung and upper aerodigestive tract. ^{39,53}

A number of polymorphisms have been identified within the CYP2E1 gene, including 2 polymorphisms detectable by RsaI or PstI restriction fragment length polymorphisms in the 5' flanking region of the gene. The common wild-type allele is referred to as c1 (RsaI+/PstI-) and the variant allele as c2 (RsaI⁻/PstI⁺).⁵⁴ In a study of French whites, a significant risk elevation was seen for the c2 allele in patients with oral/pharyngeal cancer (OR = 2.6, 95% CI = 1.0-6.6) but not for patients with laryngeal cancer (Table 2). However, the number of subjects with the c2 allele was small.³⁹ Interestingly, in a recent casecontrol study of laryngeal carcinoma the c2 allele seemed to have a protective effect, although the number of subjects with the c2 allele was also small.³⁰

These *CYP2E1* polymorphisms were also investigated in a Japanese case-control study of SCCHN, and no significant difference was detected between cases and controls in the distribution of c1/c2 and c2/c2 polymorphisms of *CYP2E1*.³¹ These findings have been confirmed in 2 other studies of whites with SCCHN.^{37,38} In a

study of these polymorphisms in oral carcinoma, no risk correlation was found for either whites or African Americans, although a significant increase in the *CYP2E1* c1/c1 genotype was observed in persons with lower tobacco consumption. ⁴⁰ Given the rarity of the *CYP2E1* polymorphic genotype, as evidenced by the published studies reviewed, a large sample size would be necessary to have the sufficient power to detect any risk association. Hence, no conclusive evidence regarding the association is available.

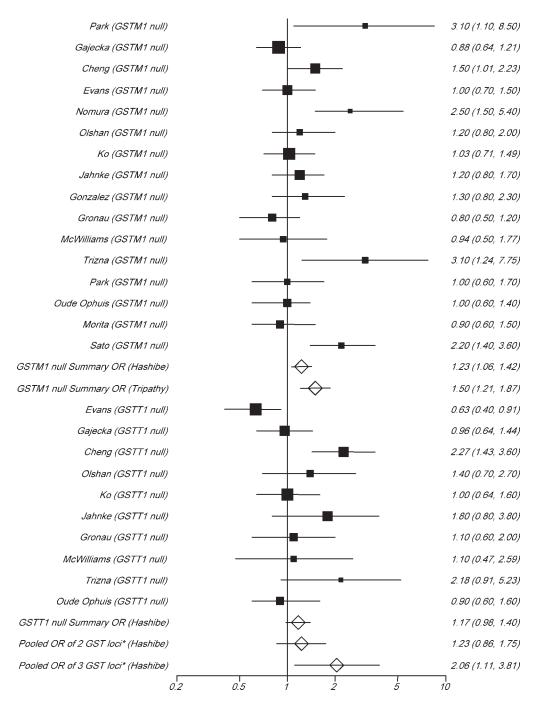
The glutathione S-Glutathione S-Transferase. transferases (GSTs) consist of a multigene family of phase II detoxification enzymes that catalyze the conjugation of electrophilic function groups of toxic and mutagenic compounds with the tripeptide glutathione. The resulting conjugate is more water soluble and in general less toxic, thus protecting against potential DNA damage. The human cytosolic GST system consists of 7 gene classes of isoenzymes, designated GST- α , - μ , - π , -σ, -ω, -θ, and -ζ. Each gene class can include several genes.⁵⁵ Many of these enzymes are expressed in the liver consistent with their role in detoxification. Some of the GST enzymes have also been found to be expressed in lung tissue. 56,57 However, GST expression in human tissue has not been extensively investigated. 58 GSTM1, GSTP1, and GSTT1 have been the most commonly investigated genes of the GST superfamily. Recent metaanalyses as well as human genome epidemiology (HuGE) reviews are available on the risk association between GSTs and SCCHN. Therefore, recent and larger studies are preferentially reviewed here, and readers are encouraged to refer to these reviews for a comprehensive survey of the literature. 14,15

GSTM1. The GSTM1 isoenzyme gene locus contains 3 alleles: GSTM1A and GSTM1B, which differ by a single amino acid, and a GSTM1 null allele. A meta-analysis of more than 10,000 subjects identified the GSTM1 null genotype in 53% of whites (range, 42% to 62%). The frequency was similar in Asians but lower in African Americans (27%; range, 16% to 36%). In lung cancer, a meta-analysis has shown that the GSTM1 null genotype was associated with a modest yet significant elevated risk (OR = 1.4, 95% CI = 1.2–1.6).

In 2 Japanese studies of oral squamous carcinoma, the frequency of the GSTM1 null genotype was significantly higher in cases than in controls (Table 3, Figure 3). ^{26,63} When subjects were fur-

			Table 3. GST genotypes,	frequency distributi	GST genotypes, frequency distributions, and odds ratios.		
Gene	Mutation	Site	Ethnicity	N (Cases/Ctrl)	Frequency, % (Cases/Ctrl)	Adjusted OR (95% CI)	Reference
GSTM1	GSTM1 null	Oral	Japanese	142/142	64.8/45.1	2.2 (1.4–3.6)	Sato et al ²⁶
GSTM1	GSTM1 null	NHOOS	Dutch white	185/207	50.8/51.7	S SZ	Oude Ophuis et al ²⁷
GSTM1	GSTM1 null	Oral	American white	133/133	51.1/51.1	1.0 (0.6–1.7)	Park et al ³²
GSTM1	GSTM1 null	SCCHN	American white	186/42	68/48	3.1 (1.2–7.8)*	Trizna et al ⁶¹
GSTM1	GSTM1 null	SCCHN	American white	147/129	46.3/46.5	0.9 (0.5–1.8)	McWilliams et al et al ³³
GSTM1	GSTM1 null	SCCHN	German white	187/139	42.8/48.9	NS	Gronau et al ²⁸
GSTM1	GSTM1 null	SCCHN	Spanish white	75/200	58/54	NS	Gonzalez et al ³⁸
GSTM1	GSTM1 null	Larynx	German white	269/216	56.2/52.0	NS	Jahnke et al ⁶²
GSTM1	GSTM1 null	SCCHN	German white	312/300	53.2/48.3	1.0 (0.7–1.5)	Ko et al ²⁹
GSTM1	GSTM1 null	SCCHN	American white	109/168	50/45	1.2 (0.8–2.0)	Olshan et al ³⁵
GSTM1	GSTM1 null	Oral	Japanese	114/33	67.5/45.5	2.5 (1.5–5.4)	Nomura et al ⁶³
GSTM1	GSTM1 null	SCCHN	American white	282/208	48/49		Evans et al ³⁶
GSTM1	GSTM1 null	SCCHN	American	162/315	53.1/42.9	1.5 (1.0–2.2)	Cheng et al ⁶⁴
GSTM1	GSTM1 null	Larynx	Polish male	289/316	48.0/51.1	0	Gajecka et al ³⁰
GSTM1	GSTM1 null	Oral	African American	63/132	32/16	3.1 (1.1–8.5)	Park et al ⁶⁵
GSTP1	1105V, wt/m $+$ m/m	SCCHN	Japanese	145/164	24.9/31.1	SN	Morita et al ³¹
GSTP1	1105V, wt/m + m/m	SCCHN	American white	146/124	58.9/53.2	0.9 (0.41.7)	McWilliams et al ³³
GSTP1	1105V, wt/m $+$ m/m	SCCHN	German white	312/300	53.5/56.7	0.8 (0.5–1.1)	Ko et al ²⁹
GSTP1	1105V, wt/m	SCCHN	American white	109/168	57/48	1.3 (0.8–2.2)	Olshan et al ³⁵
GSTP1	1105V, m/m	SCCHN	American white	109/168	6/12	0.6 (0.2–1.5)	Olshan et al ³⁵
GSTP1	1105V, wt/m	SCCHN	Dutch white	235/285	38.3/42.5	NS	Oude Ophuis et al ⁶⁶
GSTP1	1105V, m/m	SCCHN	Dutch white	235/285	12.3/13.6	NS	Oude Ophuis et al ⁶⁶
GSTP1	1105V, m/wt	SCCHN	American white	282/206	47/41	SN	Evans et al ³⁶
GSTP1	1105V, m/m	SCCHN	American white	282/206	10/12	NS	Evans et al ³⁶
GSTP1	1105V, m/wt	Larynx	French white	129/172	40.3/37.2	NS	Jourenkova-Mironova et al ⁶⁷
GSTP1	1105V, m/m	Larynx	French white	129/172	11.6/12.8	SN	Jourenkova-Mironova et al ⁶⁷
GSTT1	GSTT1 null	SCCHN	Dutch white	185/207	19.5/20.3	SN	Oude Ophuis et al ²⁷
GSTT1	GSTT1 null	SCCHN	American white	127/42	45/36	2.2 (0.9–5.2)*	Trizna et al ⁶¹
GSTT1	GSTT1 null	SCCHN	American white	142/109	16.9/18.3	1.1 (0.5–2.6)	McWilliams et al ³³
GSTT1	GSTT1 null	SCCHN	German white	187/139	16.1/15.1	SN	Gronau et al ²⁸
GSTT1	GSTT1 null	Larynx	German white	269/216	20.9/12.9	1.8 (0.8–3.8)	Jahnke et al ⁶²
GSTT1	GSTT1 null	SCCHN	German white	312/300	20.5/20.3	1.0 (0.6–1.6)	Ko et al ²⁹
GSTT1	GSTT1 null	SCCHN	American white	109/168	17/13	1.4 (0.7–2.7)	Olshan et al ³⁵
GSTT1	GSTT1 null	SCCHN	American white	283/208	19/28		Evans et al ³⁶
GSTT1	GSTT1 null	SCCHN	American	162/315	32.7/17.5	2.3 (1.4–3.6)	Cheng et al ⁶⁴
GSTT1	GSTT1 null	Larynx	Polish male	289/316	18.6/19.3	1.0 (0.6–1.4)	Gajecka et al ³⁰

Abbreviations: GST, Glutathione-S-transferase; SCCHN, squamous cell carcinoma of the head and neck. *OR calculated based on 42 matched case-control pairs.



^{*} at-risk GST loci = GSTM1 null, GSTT1 null, GSTP1 I105V SNP

FIGURE 3. Forest plot of GST polymorphism odds ratios.

ther divided into subgroups by levels of tobacco use, a dose–response relationship was observed between the OR of the *GSTM1* null genotype and increasing tobacco dose. ²⁶ This is in contradistinction to a study of American whites with oral carcinomas by Park et al, ³² in which an identical *GSTM1* null genotype distribution was seen

between cases and controls (51.1% for cases and controls). In another case-control study by Park et al 65 involving African Americans with oral carcinomas, a statistically significant risk increase was seen in cases with the *GSTM1* null genotype (OR = 3.1, 95% CI = 1.1–8.5); however, the sample size was fairly limited, with only 63 case sub-

jects. In a large case-control study of SCCHN, the *GSTM1* null genotype was found to be associated with a statistically significant risk elevation (OR = 1.5, 95% CI = 1.0-2.2), and an additive effect was seen with the *GSTT1* null genotype. ⁶⁴ Similar findings were seen in a smaller matched case-control study (OR = 3.1, 95% CI = 1.2-7.8). 61 However, in a study of Dutch whites with SCCHN, no significant difference in GSTM1 null genotype distribution was seen between cases and controls (50.8%, compared with 51.7%) or in subgroup analyses based on tumor site; nor was an elevated risk found when the GSTM1 null genotype was combined with CYP1A1 MspI and GSTT1 null polymorphic genotypes.²⁷ Additionally, in a Japanese study of SCCHN, no significant difference was seen in the distribution of the GSTM1 null genotype between cases and controls or in subgroup analyses of the tumor site. 31 A lack of a statistically significant risk association between the GSTM1 null genotype and SCCHN was also reported in 6 other studies of white subjects. 28,29,33,35,36,38

Gronau et al²⁸ reported that the combined null genotypes of GSTM1 and GSTT1 were more prevalent in SCCHN cases than in controls (13.5% vs 6.1%), and that the GSTM1 null genotype was more prevalent in patients with laryngeal cancer upon tumor subsite analysis (73.6%, compared with 26.4%). However, the GSTM1 null genotype frequency was not significantly different in 2 casecontrol studies of European whites with laryngeal carcinoma. 30,62 In the meta-analysis by Hashibe et al, 14 26 case-control studies on risk association between the GSTM1 null genotype and SCCHN were included with a mildly elevated summary OR of 1.2 (95% CI = 1.1-1.4). Another meta-analysis that included 25 studies of the GSTM1 null genotype and SCCHN risk reported a similar summary OR of 1.2 (95% CI = 1.1-1.3). The effect was more pronounced in a recent meta-analysis of *GSTM1* null genotype and SCCHN (OR = 1.5, 95% CI = 1.2-1.9. Therefore, the available evidence appears to support a mild yet significant risk association between GSTM1 null genotype and SCCHN.

GSTT1. The GSTT1 null polymorphic genotype is present in approximately 15% to 38% of the white population but varies in frequency among different ethnicities. The enzyme encoded by GSTT1 catalyzes the conjugation of glutathione with halomethanes. The absence of the GSTT1 gene corresponds to the nonconjugator phenotype. To

In a large case-control study of SCCHN, the GSTT1 null genotype was noted to correlate with a statistically significant risk elevation (OR = 2.3, 95% CI = 1.4-3.6), and an additive effect was seen with the GSTM1 null genotype (Table 3, Figure 3).⁶⁴ A similar finding was noted in a smaller case-control study of 42 matched American whites with SCCHN (OR = 2.2, 95% CI = 0.9-5.2). ⁶¹ An increased risk (though not significantly so) was also seen in an investigation of German whites with laryngeal carcinoma (20.9% vs 12.9%, OR = 1.8, 95% CI = 0.8-3.8). Also, a larger study of Dutch whites with SCCHN found no significant difference in GSTT1 null genotype distribution between cases and controls (19.5% vs 20.3%).²⁷ No statistically significant risk association was reported in 4 other separate studies of SCCHN, ^{28,29,33,35} although in 1 of these 4 studies, the combined null genotype of GSTM1 and GSTT1 was statistically more prevalent in cases than in controls (13.5% vs 6.1%). In a recent large case-control study of SCCHN, a statistically significant risk increase was found to be associated with the presence of the GSTT1 gene (OR = 1.6, 95% CI = 1.1-2.5). Further stratification by sex in the same study showed an increased risk for women for the presence of GSTT1 (OR = 2.7, compared with 1.2 in males). However, the sample size was rather limited, and confirmation of this finding with a larger series is needed.³⁶ A metaanalysis of 21 studies on SCCHN and the GSTT1 null genotype published prior to 2003 showed a borderline risk of SCCHN associated with the GSTT1 null genotype (adjusted OR = 1.2, 95%CI = 1.0-1.4), confirming the trend seen in the studies reviewed.14

GSTP1 is overexpressed in human carcinomas of various sites, including the esophagus, lung, stomach, colon, bladder, and cervix. Immunohistochemical study has also found that GSTP1 is expressed predominantly in normal human epithelial cells of the urinary, digestive, and respiratory tracts. 71 GSTP1 participates in the detoxification of reactive oxygen species by binding to reduced glutathione and maintaining cellular redox balance. A GSTP1 single-nucleotide polymorphism at nucleotide 313 (A313G, Ile105Val) as described by Ali-Osman et al⁷² results in an enzymatic product with reduced detoxification capacity and affinity for the electrophilic substrates. The GSTP1 105Val homozygous genotype has been estimated to be present in approximately 10% of the population.

Table 4. NAT, NQO1 genotypes, frequency distributions, and odds ratios.

Gene	Mutation	Site	Ethnicity	N (Cases/Ctrl)	Frequency, % (Cases/Ctrl)	Adjusted OR (95% CI)	Reference
NAT1	NAT1*10 (wt/m)	Oral	Japanese	62/122	58.1/41.0	4.0 (1.7–9.5)	Katoh et al ⁸¹
NAT1	NAT1*10 (m/m)	Oral	Japanese	62/122	27.4/21.3	3.7 (1.6-8.5)	Katoh et al ⁸¹
NAT1	NAT1*10 (wt/m)	SCCHN	American white	109/168	38/33	1.1 (0.7-1.9)	Olshan et al35
NAT1	NAT1*10 (m/m)	SCCHN	American white	109/168	4/8	0.6 (0.2-1.9)	Olshan et al ³⁵
NAT1	NAT1*10 allele	Oral/pharynx	German white	143/300	15.4/15.7	NS	Fronhoffs et al82
NAT1	NAT1*10 allele	Larynx	German white	148/300	17.6/15.7	NS	Fronhoffs et al82
NAT1	NAT1*10 (wt/m, m/m)	Larynx	Portuguese	88/172	45.5/37.8	1.4 (0.8-2.4)	Varzim et al ⁸³
NAT2	IA + SA (NAT2*6, NAT2*7)	SCCHN	Japanese	145/164	55.2/42.7	2.0 (1.0-3.8)	Morita et al ³¹
NAT2	SA (NAT2*5, NAT2*6)	SCCHN	Spanish white	75/200	37/21	2.6 (1.5–4.7) [†]	S. Gonzalez et al ³⁸
NAT2	SA (NAT2*5, *6, *7, *14)	Oral	Japanese	62/122	11.3/5.7	2.3 (0.8-7.2)	Katoh et al ⁸¹
NAT2	IA + SA	Oral	Japanese	62/122	58.1/50.0	2.1 (0.76.1)	Katoh et al ⁸¹
NAT2	SA (NAT2*5, *6, *7)	Larynx	Portuguese	88/172	53.4/44.2	1.5 (0.8-2.5)	Varzim et al ⁸³
NAT2	NAT2*5B allele	Larynx	Polish male	289/316	41.0/43.7	0.8 (0.6-1.0)	Gajecka et al30
NAT2	NAT2*6A allele	Larynx	Polish male	289/316	26.1/28.8	0.8 (0.5-1.0)	Gajecka et al ³⁰
NAT2	NAT2*7B allele	Larynx	Polish male	289/316	1.2/1.5	1.5 (0.5-4.0)	Gajecka et al30
NAT2	SA	Oral	American white	320/520	58.4/56.5	0.9 (0.5-1.7)	Chen et al ⁸⁴
NAT2	IA	Oral	American white	320/520	34.737.1	0.9 (0.5-1.5)	Chen et al ⁸⁴
NQO1	P187S, m/m	SCCHN	American white	724/1226	4.3/2.7	1.6 (0.9-2.6)	Li et al ³⁷
NQO1	P187S, wt/m $+$ m/m	SCCHN	American white	724/1226	33.2/34.3	0.9 (0.8-1.2)	Li et al ³⁷
NQO1	P187S, wt/m	SCCHN	American white	350/366	26.9/29.0	0.9 (0.6-1.2)	Begleiter et al ⁸⁵
NQO1	R139W, wt/m	SCCHN	American white	350/364	6.3/5.8	1.1 (0.6–2.1)	Begleiter et al ⁸⁵

Abbreviations: NAT, N-acetyltransferase; NQO, NAD(P)H:quinone oxidoreductose; SCCHN, squamous cell carcinoma of the head and neck; IA, intermediate acetylators; SA, slow acetylators. †OR calculated based on data presented.

In a Japanese case-control study of SCCHN, the distribution of GSTP1 105Val was not significantly different from the controls both for the SCCHN group as a whole and for the pharyngeal cancer subgroup (Table 3). The frequency of the 105Val:Val homozygous polymorphic genotype was, however, borderline significant in the laryngeal carcinoma subgroup (OR = 2.4, 95% CI = 1.0–5.9). This finding was not confirmed in 6 other case-control studies of SCCHN, chiefly in Western populations. ^{29,34–36,71} A meta-analysis of the 105Val polymorphism and SCCHN, including 9 case-control studies, did not suggest that a risk of SCCHN is associated with this polymorphism (summary OR = 1.1, 95% CI = 0.9–1.3). ¹⁴

N-Acetyltransferases. *N*-acetyltransferases (NAT) participate in the metabolism of xenobiotics and carcinogens through the transfer of an acetyl group. Compared with CYPs and GSTs, the involvement of NATs in detoxification is more limited to chiefly the detoxification of amines and hydrazines. For instance, NATs have been shown to catalyze both activation (O-acetylation) and deactivation (N-acetylation) of arylamine carcinogens. In the human NAT family, 3 genes have been identified, including a pseudogene and 2 functional genes, *NAT1* and *NAT2*. Compared with NAT1, the human NAT2 isoenzyme is more

restricted in its tissue-expression pattern, being found primarily in the intestine and liver. 74 The activity of both functional genes seems to be polymorphic and appears to modulate the risk of various human cancers, including those of the colon, bladder, and larynx. $^{75-78}$

NAT1. NAT1 was once referred to as the monomorphic NAT; however, several NAT1 polymorphisms have since been identified. In particular, the NAT1*10 polymorphic allele [thymidine to adenine $(T \rightarrow A)$ at nucleotide position 1088 and cvto sine to adenine $(C \rightarrow A)$ at nucleotide position 1095 substitutions], an allele that contains a variant polyadenylation signal resulting in a 2-fold higher enzyme activity, has been associated with a risk of colon and bladder cancer. 79,80 One Japanese pilot study of oral squamous carcinoma found a significantly increased risk associated with the NAT1*10 variant allele (OR = 3.7, 95% CI = 1.4-9.8 for the homozygous genotype) that is independent of smoking (Table 4).81 An unmatched Portuguese case-control study of laryngeal squamous carcinoma also found a mildly increased risk associated with fast acetylators containing the NAT1*10 allele (OR = 1.4, 95% CI = 0.8–2.4). A statistically significant higher frequency of the NAT1*10/*11 genotype was observed among the

cases, compared with controls, but this finding was based on very few subjects. 83

However, a decreased though statistically nonsignificant risk association was seen for the NAT1*10 homozygous genotype in a study of American whites with SCCHN (OR = 0.6, 95% CI = 0.2-1.9). In another investigation of German whites with SCCHN, no statistically significant NAT1*10 allele frequency differences were seen between patients with oral/pharyngeal and laryngeal carcinoma and controls (15.4% and 17.6% vs 15.7%, respectively). The presence of other *NAT1* polymorphic alleles (NAT1*3, *4, *11, *14, *17) in the same investigation was not associated with an increased risk of SCCHN.82 Thus, further investigations, including larger studies, are needed to elucidate the risk relationship between NAT1 polymorphisms and SCCHN.

NAT2. Heterocyclic amines are metabolized by NAT2, and single-nucleotide polymorphisms in the NAT2 coding sequence result in different forms of the NAT2 protein. More than $30\ NAT2$ alleles based from 13 SNPs have been reported. These polymorphisms often result in enzymes with impaired function, known as slow acetylators. The actual proportion of slow acetylation status is largely dependent on ethnicity. It is most prevalent in the North African population (80% to 90%), followed by whites of Central European origin (50% to 65%) and Asians (6% to 13%).

NAT2 slow and intermediate acetylators as identified by the presence of NAT2*6 and NAT2*7 polymorphic alleles were present at a higher proportion in Japanese SCCHN patients than in controls, with a borderline level of significance (OR = 2.0, 95% CI = 1.0-3.8) (Table 4). This difference was more pronounced for the subgroup of patients with larvngeal cancer (OR = 2.7, 95% CI = 1.3-5.8). 31 This is consistent with the findings from a phenotypic study on Polish patients with larvngeal carcinoma, which showed a higher prevalence of the slow acetylator phenotype in cases than in controls (83.6% vs 60.3%, p < .001). An unmatched case-control study of Portuguese laryngeal squamous cell carcinoma cases also found a mildly elevated risk associated with the slow acetylator genotypes (OR = 1.5, 95% CI = 0.8– 2.5). The finding was particularly striking for the NAT2*5/*7 genotype (OR = 8.5, 95% CI = 1.6– 59.4), though this was based on very few subjects. 83 An investigation of slow acetylators, defined as homozygosity of the NAT2*5 and/or *NAT2**6 alleles, also showed a statistically signifi-

cant higher proportion of slow acetylators in Spanish whites with SCCHN than in controls $(37\% \text{ vs } 21\%, \text{ OR} = 2.6, 95\% \text{ CI} = 1.5-4.7).^{38} \text{ A}$ pilot study involving 62 Japanese patients with oral squamous carcinoma, however, found no significant risk associated with the slow acetylator genotype, defined as possessing 2 of the 4 low-activity alleles studied (NAT2*5, NAT2*6, NAT2*7, and NAT2*14).81 A large case-control analysis involving American whites with oral cavity squamous cell carcinoma also demonstrated no significant risk association based on acetylator genotypes.⁸⁴ A recent case-control study on laryngeal carcinoma similarly did not find a significant risk correlation with *NAT2**5B, *6A, and *7B alleles. ³⁰ In summary, the *NAT2* slow acetylator polymorphic genotypes seem to be associated with a mildly increased risk of SCCHN in the majority of those studies reviewed. However, larger series are needed to confirm this finding.

NAD(P)H:Quinone Oxidoreductase 1. Several human NAD(P)H:quinone oxidoreductase (NQO) genes have been identified, although NQO1 seems to be the most important in carcinogen metabolism. 87,88 The NQO1 gene, located on chromosome 16q2.2, with 6 exons and 5 introns, is 20 kb in length.87 NQO1, a phase II enzyme, is a cytosolic 2-electron reductase that catalyzes the reductive activation of such carcinogens as nitrosamines and heterocyclic amines. It also acts to protect cells against oxidative damage from reactive oxygen species by decreasing 1-electron reductions and associated redox cycling.⁸⁹ It is found in various human tissues, and levels are elevated in several tumors, including those of the liver, lung, colon, and breast.⁹⁰

Among the reported polymorphisms, a cytosine to thymine (C \rightarrow T) substitution at nucleotide 609 of exon 6 results in an amino acid change from proline to serine at codon 187. The Pro187Ser polymorphic form of the NQO1 protein has decreased activity, and the allele is present in approximately 50% of the population, with significant ethnic variations. Because NQO1 has been shown to inhibit carcinogenesis, individuals with the Pro187Ser NQO1 variant may be at a higher risk for cancer. Investigations have shown an increased frequency of the polymorphic allele in renal, esophageal, colon, and gastric cancers, among others.

In 2 separate large case-control studies involving American whites with SCCHN, no significant risk association was found for the Pro187Ser vari-

Table 5. ADH1C, ALDH2 genotypes, frequency distributions, and odds ratios.

Gene	Mutation	Site	Ethnicity	N (Cases/Ctrl)	Frequency, % (Cases/Ctrl)	Adjusted OR (95% CI)	Reference
ADH1C†	*1/*1	SCCHN	American white	106/168	36/33	1.2 (0.6–2.5)	Olshan et al ¹⁰⁷
ADH1C†	*1/*2	SCCHN	American white	106/168	49/51	1.0 (0.5-2.1)	Olshan et al ¹⁰⁷
ADH1C‡	*1/*2	Oral/pharynx	American white	229/575	49.8/52.2	1.0 (0.7-1.4)	Sturgis et al 108
ADH1C‡	*2/*2	Oral/pharynx	American white	229/575	19.7/16.5	1.2 (0.8-1.9)	Sturgis et al 108
ADH1C†	*1/*1	SCCHN	American [§]	348/330	31.0/38.1	0.7 (0.4-1.1)	Wang et al ¹⁰⁹
ADH1C†	*1/*2	SCCHN	American [§]	348/330	47.4/48.5	0.8 (0.5-1.2)	Wang et al ¹⁰⁹
ADH1C†	*1/*1	Oral	American	333/541	34.5/36.4	1.1 (0.7-1.6)	Schwartz et al ¹¹⁰
ADH1C†	*1/*2	Oral	American	333/541	47.8/43.3	1.3 (0.9-1.9)	Schwartz et al ¹¹⁰
ADH1C‡	*1/*2	Oral	Greek white	93/99	NA	0.8 (0.4-1.6)	Zavras et al ¹¹¹
ADH1C‡	*2/*2	Oral	Greek white	93/99	NA	0.9 (0.3-2.5)	Zavras et al ¹¹¹
ADH1C†	*1/*1	Oral/pharynx	French white	119/167	41.2/36.5	1.1 (0.6-2.2)	Bouchardy et al ³⁹
ADH1C†	*1/*2	Oral/pharynx	French white	119/167	35.3/41.3	0.7 (0.4-1.4)	Bouchardy et al ³⁹
ADH1C†	*1/*1	Larynx	French white	125/167	30.4/36.5	0.7 (0.4-1.4)	Bouchardy et al ³⁹
ADH1C†	*1/*2	Larynx	French white	125/167	46.4/41.3	1.0 (0.5–1.8)	Bouchardy et al ³⁹
ADH1C‡	*1/*2	SCCHN	American	521/599	46.4/45.6	1.1 (0.9–1.4)	Peters et al ¹¹²
ADH1C‡	*2/*2	SCCHN	American	521/599	15.7/14.4	1.2 (0.9-1.8)	Peters et al ¹¹²
ADH1C†	*1/*1	UADT	Europeans	760/945	19.9/15.9	1.4 (1.0-1.9)	Hashibe et al ¹⁰⁶
ADH1C†	*1/*2	UADT	Europeans	760/945	48.2/49.1	1.1 (0.9–1.4)	Hashibe et al ¹⁰⁶
ALDH2	*2 allele	Oral	Japanese	92/147	46.5/46.9	1.1 (0.6-2.0)	Katoh et al ¹¹³
ALDH2	*1/*2	Oral	Japanese	114/33	34.2/15.1	2.9 (1.1-7.8)	Nomura et al ⁶³
ALDH2	*1/*2	Oropharynx	Japanese	33/526	60.6/9.5	18.5 (7.7–44.4)	Yokoyama et al ¹¹⁴

Abbreviations: SCCHN indicates squamous cell carcinoma of the head and neck; NA, data not available; UADT, upper aerodigestive tract.

ant (Table 4). 37,85 A second NQO1 polymorphism involving a cytosine to thymine (C \rightarrow T) substitution at nucleotide 465 (resulting in replacement of arginine with tryptophan at codon 139) has also recently been investigated. The Arg139Trp polymorphic variant occurs at a lower frequency than does the Pro187Ser polymorphism and has been shown to cause decreased enzyme stability and activity. 97,98 However, thus far there has been no evidence correlating the Arg139Trp polymorphism with a risk of SCCHN. 85 Because of the very limited data available, further studies of the NQO1 polymorphisms are needed to explore their roles in SCCHN.

Alcohol Dehydrogenase. One postulated mechanism by which alcohol influences the risk of SCCHN is through the conversion of ethanol to acetaldehyde, which has been shown to inhibit DNA repair and cause genetic mutations. ^{99,100} One of the major enzymes involved in first-pass ethanol metabolism is alcohol dehydrogenase (ADH), which converts ethanol to acetaldehyde. ADH is composed of 5 subunits encoded by 7 genes, ADH1 to ADH7. Class I ADH includes ADH1A, ADH1B, and ADH1C, which were formerly known as ADH1, ADH2, and ADH3 respec-

tively. 101 Enzymatic activities of class III and class IV, but not class I and II, ADH isoenzymes had been detected in human lingual and gingival mucosa. 102 Class I ADH enzymes are most prominently expressed in the liver, adrenals, kidneys, and lungs. 103

ADH1C (ADH3). ADH3 or ADH1C gene loci possess 2 alleles that code for the $\gamma 1$ and $\gamma 2$ subunits of the dimeric ADH1C enzyme. The 2 subunits differ by one amino acid at position 271 ($\gamma 1 = \text{Arg}, \ \gamma 2 =$ Gln), and isoenzymes formed by combination of these alleles exhibit different in vitro kinetic properties. The ADH1C polymorphic site is Ile349Val located in exon 8; presence of the amino acid valine denotes the *ADH1C*1* allele. The *ADH1C*1* allele, present at a frequency between 50% to 60% depending on the ethnicity, has been noted to be associated with a 2.5-fold increased rate of conversion of ethanol to acetaldehyde when compared with the *ADH1C*2* allele. 104,105 Therefore, it has been suggested that the presence of the ADH1C*1 allele confers a greater risk for alcohol-associated

Recently Hashibe et al 106 found that ADH1C*1 homozygotes have an increased risk for upper aerodigestive tract cancers (OR = 1.38, 95% CI =

[†]ADH1C*2/*2 homozygote genotype: reference group. ‡ADH1C*1/*1 homozygote genotype: reference group.

^{\$}Not adjusted for race.

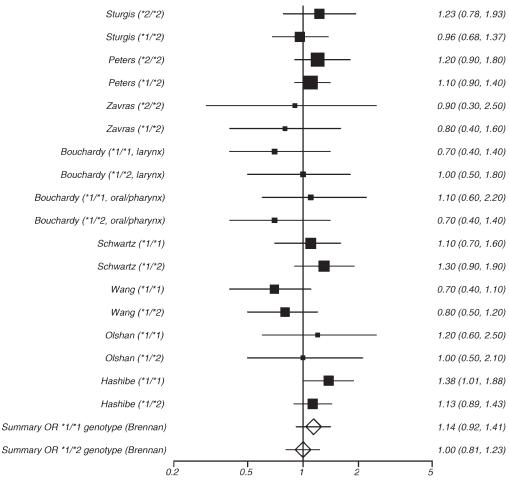


FIGURE 4. Forest plot of ADH1C polymorphism odds ratios.

1.0–1.9). The risks were particularly prominent in cancers of the oral cavity and pharynx (OR = 1.9and 2.3, respectively). Previously, in a matched case-control study of American whites with SCCHN, a mildly elevated but nonsignificant risk association was seen for *ADH1C*1* homozygotes (OR = 1.2, 95% CI = 0.6-2.5) and heterozygotes (OR = 1.0, 95% CI = 0.5-2.1), compared with ADH1C*2 homozygotes (Table 5). 107 Similarly, mild and statistically nonsignificant risk associations were seen with the presence of the *ADH1C*1* allele in 2 other studies of oral squamous-cell carcinoma. However, on additional analysis stratified by the amount of alcohol consumed, the data suggest that subjects possessing the *ADH1C*2* allele, with a slower rate of enzyme activity, may have a greater susceptibility to the carcinogenic effect of alcohol. 110, 111 This is in agreement with the findings by Peters et al, 112 in which heavy drinkers with the ADH1C*2 homozygous genotype had a significantly elevated risk for SCCHN (OR = 7.1, 95% CI = 2.3-22.0).

In 3 other case-control studies of SCCHN, no significant difference in ADH1C genotype distribution was seen between cases and control subjects. 39,109,112 A large matched case-control investigation on American whites with oral and pharyngeal squamous carcinoma similarly found no significant risk correlation with ADH1C genotype polymorphisms. 108 Interestingly, the study again found that the ADH1C*2 homozygous genotype was associated with a mildly increased risk for oral and pharyngeal carcinoma, which could be explained by the possible link between ADH1C*2 allele and alcoholism. 115 It has been hypothesized that those individuals with the *ADH1C*1* allele, hence the isoenzyme with higher metabolic activity, are less likely to become alcoholics because they are more prone to the adverse reactions from alcohol consumption, secondary to a faster accumulation of the toxin acetaldehyde. Finally, no risk association was seen between SCCHN and the ADH1C*1 heterozygous genotype (OR = 1.0, 95% CI = 0.8–1.2) and only a weak association for

the ADH1C*1 homozygous genotype (OR = 1.1, 95% CI = 0.9–1.4) in a recent HuGE review. ¹¹⁶ In summary, the available data on ADH1C polymorphisms do not provide convincing evidence that this polymorphism plays a major role in SCCHN; however, a modest association is possible (Figure 4).

ADH1B (ADH2). ADH1B is also polymorphic, and the polymorphic allele ADH1B*2 (Arg47His) is highly prevalent among East Asians, being reported to be present in 93% of Japanese and in less than 20% of whites or Africans. 117 The polymorphic allele encodes a highly active ADH1B subunit in which the ADH1B*2 homozygous genotype has a $V_{\rm max}$ 40 times higher than that of the ADH1B*1 homozygous genotype. ¹¹⁸ The role of the ADH1B*2 polymorphic allele has been extensively investigated in esophageal carcinoma, demonstrating that the less-active ADH1B*1 homozygous genotype is an independent risk factor, with ORs ranging from 2.0 to 6.2. This has been reviewed by Yokoyama and Omori. 119 With regard to SCCHN, a case-control study involving alcoholic Japanese men similarly showed increased risk for the ADH1B*1 homozygous genotype in oropharyngolaryngeal carcinoma (OR = 6.7), oral cavity/oropharyngeal carcinoma (OR = 5.5), and hypopharyngeal/epilaryngeal carcinoma (OR = 6.6). However, this was a small study, with only 33 case subjects. 114 More recently in a large multicenter case-control trial, Hashibe et al¹⁰⁶ similarly demonstrated a decreased risk for upper aerodigestive tract cancers in subjects possessing the homozygous and heterozygous ADH1B*2 genotypes (OR = 0.5, 95% CI = 0.3-0.7), particularly in the oral cavity and esophagus (OR = 0.5 and 0.2, respectively). Given the limited data available, larger studies are needed to confirm the protective effect of the *ADH1B*2* SNP in SCCHN.

Aldehyde Dehydrogenase. Aldehyde dehydrogenase (ALDH) plays a key role in alcohol metabolism by catalyzing the conversion of acetaldehyde to acetate. Most of the acetaldehyde produced during alcohol metabolism in vivo is eliminated by ALDH2, the major human liver mitochondrial ALDH located on chromosome 12q24.2. ALDH2 is expressed in various human tissues, including the liver and stomach, ¹²⁰ although only a relatively low level of ALDH2 enzyme activity is detectable in the esophagus and oral cavity. ^{102,121} The *ALDH2* gene contains an *ALDH2*2* allele secondary to substitution of lysine for glutamine at codon

487, which is considered to be inactive. 119,122 The presence of this allele results in a considerably decreased enzyme activity, leading to accumulation of acetaldehyde, which is an established animal carcinogen. Nearly all whites possess the functional *ALDH2*1/*1* genotype; however, the mutant ALDH2*2 allele is prevalent among East Asians, with approximately 30% heterozygotes and 5% to 10% homozygotes. 115,118,123 After consuming alcohol, individuals with inactive ALDH2 experience the "flushing response" secondary to acetaldehyde accumulation, which includes facial flushing, drowsiness, and other unpleasant symptoms. It has been hypothesized that the presence of the ALDH2*2 allele, and thus inactive ALDH2, prevents many East Asians from drinking heavily and developing alcoholism.

A statistically significant risk association was seen with the ALDH2*1/*2 genotype in a study of Japanese patients with oropharyngeal carcinoma (OR = 18.5, 95% CI = 7.7-44.4) (Table 5). Combined ALDH2*2 and ADH1B*2 polymorphisms produced a synergistic increase in cancer risk. However, the series was small with only 33 cases. 114 An increased risk association was also observed for the *ALDH2*1/*2* genotype in a casecontrol study of Japanese patients with oral squamous carcinoma (OR = 2.9, 95% CI = 1.1-7.8). However, no statistically significant risk association was seen for the ALDH2*2 allele in another similar study of Japanese patients with oral squamous carcinoma. 113 Although it is possible that ALDH2 polymorphisms may influence SCCHN risk in Asian populations, the results are in part conflicting and further studies are needed, including greater exploration of the interaction between polymorphisms of the activating (ADH) and detoxifying (ALDH) genes.

CONCLUSION

In this article, we have briefly reviewed some of the available evidence regarding the association between various xenobiotic-metabolizing enzymes and SCCHN, including CYPs, GSTs, NATs, NQO1, ADH, and ALDH2. The results have been largely inconsistent among the published investigations that examined the risk association between these polymorphic genotypes of carcinogen-metabolizing enzymes and SCCHN.

New evidence has emerged since the publication of the review by Lazarus and Park¹⁶ in 2000 on carcinogen-metabolizing enzyme genotypes and upper aerodigestive tract cancer risk. More

evidence has surfaced to support the mild to moderate risk association between CYP1A1 Ile462Val polymorphism and SCCHN. This is also true for GSTM1 and GSTT1 null polymorphisms. Despite the availability of new data on the risk association between NAT polymorphisms and SCCHN, their contributions remain unclear. More data have also become available on ADH polymorphisms, particularly for the ADH1C genotype. The available evidence to date does not appear to support an association between SCCHN and the investigated ADH1C SNPs. For the newly reviewed NQO1 polymorphism no definitive conclusion can be drawn, given the limited data available. However, given its association with other cancer types, further investigations are warranted.

In addition to the common confounding variables such as age, sex, and ethnicity, which were often controlled for in the studies reviewed, certain possible additional confounding factors should also be considered in determining the sources of heterogeneity among the study results. For instance, although the studies reviewed have not shown convincing evidence for a significant risk correlation of ADH and ALDH2 polymorphisms with SCCHN, it should be taken into consideration that subjects with nonfunctional enzyme secondary to the null genotype are likely to consume less or no alcohol, given the unpleasant reaction they experience. This may partially explain why heterozygous genotypes sometimes demonstrate a higher risk association than do homozygous genotypes. Therefore, the risk associated with carcinogen-metabolizing polymorphisms is confounded by the amount of exposure, and further adjustment or subgroup analyses are needed along with larger sample sizes. A similar concern applies to tobacco exposure as well. Second, the process of carcinogen metabolism is complex, and the regulation of xenobiotic-metabolizing enzyme expression can differ according to variations in general control of gene expression and sites. For instance, relative to other GSTs, higher levels of GSTP1 has been observed in the oral and pharyngeal mucosa when compared with levels of GSTM1, which has been observed in greater concentration in the larynx.¹⁵

Finally, while the polymorphic variants in individual carcinogen-metabolizing genes may be mild to moderate risk factors, there is a certain functional redundancy associated with various detoxification enzymes. This may explain why no statistically significant risk elevation was seen in many of the studies involving single enzyme deficiencies. This may also explain the dramatically

elevated risk seen in studies involving the simultaneous deficiency of multiple detoxification enzymes (eg, CYP1A 1 and GSTM1). Future directions should include larger studies that focus on assessing the association between several genes simultaneously, with attention on subgroups (ethnicity, site, and exposure levels). On the basis of combined analyses of the existing literature, the GSTM1 and GSTT1 null genotypes and CYP1A1 Ile462Val polymorphic allele seem to confer a modest risk for SCCHN, while the ADH1C genotypes do not seem to be a major influence on SCCHN risk. The success of such combined studies is encouraging to the developing effort of the INHANCE (INternational Head And Neck Cancer Epidemiology) Consortium. This group of large molecular epidemiology programs is planning pooled analyses of such genotyping data to allow sample sizes large enough to investigate the role of these polymorphisms on SCCHN risk with appropriate subgroup analyses, multivariate adjustment, and combined genotype effects.

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