
Mindset Analyzing Test

In psychology there is some questions that describes persons basic psychology by their answers. We researched and took out the questions that give us some outlines of the persons mind and it's psychology.

A complete mind portrait covers **7 dimensions**:

1. **Stress & adversity**
2. **Motivation & meaning**
3. **Decision-making**
4. **Learning & curiosity**
5. **Self-control & habits**
6. **Social dynamics**
7. **Identity over time**

Student Cognitive & Mindset Outline (SCMO)

This is assessment of 10 questions. This questions are backed by strong psychological research. From this assessment we will draw or imagine a outline of users mindset and basic psychology.

Q1. Under pressure (exam, deadline, problem), you usually:

- A) Panic and overthink
- B) Calm down and break it into steps
- C) Feel frustrated but push anyway
- D) Delay or try to avoid it

Q2. When you don't understand something:

- A) Feel curious and dig deeper
- B) Feel uncomfortable but still try
- C) Wait for someone to explain
- D) Avoid it and move on

Q3. Your natural thinking style is:

- A) Logical and structured
- B) Imaginative and exploratory
- C) Emotional and people-focused
- D) Practical and action-first

Q4. You learn best when:

- A) You understand the "why"
- B) You practice repeatedly
- C) Someone explains it clearly
- D) You figure it out on your own

Q5. When facing something new:

- A) Excited and motivated
- B) Cautious, need some time
- C) Neutral, depends on situation
- D) Uncomfortable, prefer familiar

Q6. In a group, you usually:

- A) Take initiative or lead
- B) Participate when needed
- C) Observe more than speak
- D) Prefer working alone

Q7. What motivates you the most?

- A) Achieving goals and results
- B) Learning and curiosity
- C) Helping or connecting with others
- D) Recognition and appreciation

Q8. When you fail or make a mistake:

- A) Analyze it and improve
- B) Feel bad but recover
- C) Blame circumstances
- D) Avoid thinking about it

Q9. Your work style is closer to:

- A) Planned and disciplined
- B) Flexible but focused
- C) Spontaneous and reactive
- D) Disorganized but creative

Q10. Your biggest inner struggle is:

- A) Overthinking
- B) Lack of consistency
- C) Self-doubt
- D) Distraction

> Analysis of every questions with sources.

