$$SS = sum[(y_{data} - y_{curve})^2]$$

Because this criterion minimizes the sum of the square of the distances, it is called a *least-squares method;* such methods are appropriate when the experimental uncertainty is Gaussian (normally distributed), and not related to the values of x or y.

Unlike linear or polynomial regression, a nonlinear regression problem cannot be solved in one step. Instead the problem must be solved iteratively. An initial estimate (first guess) of the value of each parameter must be provided. The nonlinear regression procedure then adjusts these values to improve the fit of the curve to the data. It then adjusts those new values to improve the fit again. These iterations continue until negligible, if any, improvement occurs. Although iterative procedures are not required, iterative nonlinear regression programs may also be used with equations (such as polynomial equations) in which y is linear with each parameter.

In the discussion that follows, we first consider only equations that contain two parameters to be fit, A and B. Accordingly, nonlinear regression can be viewed in

rating all the data) is graphed as a function of each pair of possible values for the parameters A and B.

When the equation has more than two parameters, the topographical analogy contains more than three dimensions and cannot be visualized. Nonetheless, the mathematical principles are the same.

Algorithms

All iterative techniques must be given a starting point on the surface—an initial estimate of the parameters obtained by calculation or intelligent guessing. The nonlinear regression procedure then iteratively moves along the surface by altering the values of the parameters to improve the fit. Several methods can be used to calculate these iterations. In pharmacological and biochemical research, the Marquardt method is most commonly used. This method is a hybrid between two older algorithms, the method of steepest descent and the method of Gauss-Newton.

The method of steepest descent moves along the direction of steepest descent with an arbitrary step

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is also possible that poorly selected initial values can cause the program to converge on the wrong solution, a local minimum (see below). The choice of initial values is less important with equations containing only one or a few parameters than with equations containing many parameters.

Weighting scheme

Most common nonlinear regression schemes, like linear regression, minimize the sum of the square of the vertical distances of the points from the curve. This approach is statistically valid when the experimental uncertainties do not relate in a systematic way to the values of x or y. Often this is not true. For example, in many experimental situations the experimental uncertainty is (on the average) a constant fraction of the value of y. In these situations, the usual regression methods are not optimal, inasmuch as the points with large y values tend to be further from the curve than are points with small y values. In minimizing the sum of squares, the program would therefore tend to relatively emphasize those points with large y values, and ignore points with small y values. To circumvent this problem, the procedure for quantitating goodness of fit can be altered, so that the deviation of each point from the curve is divided by the y value of that point, and then squared. With this modification, the algorithm will not minimize the square of the distances (expressed in the units of the y variable) of the points from the curve, but instead will sum the square of the relative distances (expressed as fractions). This option, commonly available in regression programs, is termed weighting the data points. In fact this procedure reduces the inappropriate weight given the points with large y values, and should be thought of as unweighting.

The concept of differential weighting of data points can be somewhat confusing. It may help to consider instead the criteria used to measure how far a point is from the curve. Normally this is measured as a distance, expressed in units of the y axis. With the weighting scheme described above, the relative distance, expressed as a fraction, is used instead.

Other choices for differentially weighting the data points are commonly used. One possibility is for the distance of the point from the curve to be divided by the square root of y, and then squared; this is a blend of the two methods listed above. Alternatively, it is common to weight data points according to the number of replicate determinations. Thus points that are the mean of five replicates will be weighted more than points that are the mean of only two replicate determinations. Another possibility is to inversely weight each point according to the standard deviation of the replicate values that went into determining that point. Thus data points with tight replicates will be weighted more heavily than points with a great deal of variability.

When in doubt, it is best to weight each point equally. Use differential weighting only when the relationship between the experimental uncertainties and the value of y is clear. It is not appropriate to weight the

data points by 1/y or $1/y^2$ when some of the y values are equal to, or nearly equal to, zero, as commonly occurs when one defines y as an experimentally determined value minus a baseline (or nonspecific) value.

Convergence criterion

As nonlinear regression calculations occur iteratively, the computer must be told when to stop—when the calculations have converged. Some programs have built-in criteria; other programs are more flexible. For example, some nonlinear regression programs terminate when an iteration reduces the sum of squares by less than one part in a thousand. Others terminate when an iteration alters the value of each variable by less than one part in a thousand. Too loose a criterion can cause a program to stop before it has reached the best fit. Too tight a criterion can consume a great deal of computer time.

INTERPRETING THE RESULTS

Nonlinear regression programs typically spew out several pages of information about the final equation. This information is designed to answer several questions: How well does the model fit the data? Does this model fit the data better than an alternative model? How much uncertainty is there in the values of the parameters? Does the equation fit this set of data differently from another set of data?

Assessing goodness of fit

In assessing goodness of fit, it is essential to first examine a graph of a curve superimposed on the data points. Many potential problems are easiest to spot graphically. It is inappropriate to use the results of a nonlinear regression program without first examining a graph of the data together with the fit curve. In addition to viewing the graph, several statistical methods can be used for quantitating goodness of fit.

The average deviation of the curve from the points is the square root of SS/df, where SS is the sum of squares, and df is the degrees of freedom. This is also called the root mean square (RMS). If goodness of fit was quantitated using the actual deviation of the points from the curve (no weighting), then the RMS will be expressed in the units used by the y values.

In a residual plot, the y value of each point is replaced by the distance of that point from the curve. Two examples are shown in Fig. 4. If the equation is appropriate for the data, the residuals represent only experimental error. Accordingly, the residuals should not be systematically related to the x values, and the residual plot will have a random arrangement of positive and negative residuals. If the equation is inappropriate, the positive residuals may tend to cluster together at some parts of the graph, whereas negative residuals cluster together at other parts. Such clustering indicates that the data points differ systematically (not just randomly) from the predictions of the curve.

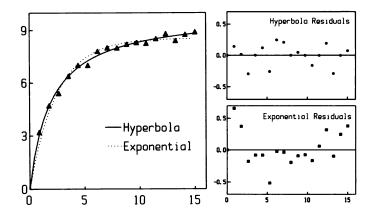


Figure 4. Residual plots. The solid line shows the results of nonlinear regression using the equation describing a rectangular hyperbola, y = Ax/(B + x). The dotted line is the result of nonlinear regression using an equation describing an exponential association, $y = A[1 - \exp(-Bx)]$. Which equation better describes the data? It is difficult to answer that question by examining the curves on the left. The residual plots on the right, however, make the answer clear. The residual plots show how far each point is from the curve. The residuals from the rectangular hyperbola are randomly above and below zero. The residuals from the exponential equation, however, show a systematic pattern, with positive residuals for the first and last few points and negative residuals for the middle points. Such systematic deviations indicate that the data are not well-described by that equation. If these were real data, the choice between the two equations would be based not only on goodness of fit, but also on the physical meaning of the two equations.

The runs test is a simple and robust method for determining whether data differ systematically from a theoretical curve. A run is a series of consecutive points with a residual of the same sign (positive or negative). The runs test statistic is calculated from the number of runs associated with a particular fit of the data. For example the residuals of fit of the exponential equation in Fig. 4 have the following signs: ++-----++++. Thus these 17 points have only 5 runs. This is associated with a P value of < 0.05 as determined from an appropriate table (9). A low P value indicates that the curve deviates systematically from the points. In contrast the residuals from the fit of those data to the hyperbolic equation have 11 runs.

The r^2 value (square of the correlation coefficient) often accompanies the results of linear regression, and most scientists have developed a good intuitive grasp of its meaning. This value represents the fraction of the overall variance of the y values that is reduced (or explained) by the line. The r^2 value is traditionally defined only for linear, and not for curved, relationships. Nonetheless it can easily be calculated after nonlinear regression as the fraction of the variance of the y values (from their overall mean) that is reduced (or explained) by the curve. In a perfect fit, $r^2 = 1.00$; in a very poor fit, $r^2 = 0.00$.

Uncertainty in the value of the parameters

After obtaining the converged values of the parameters, one wants to know the reliability of those values. Non-

linear regression programs generally print out estimates of the standard error of the parameters, but these values should not be taken too seriously. In nonlinear functions, errors are neither additive nor symmetrical, and exact confidence limits cannot be calculated. The reported standard error values are based on linearizing assumptions, and will always underestimate the true uncertainty of any nonlinear equation. The extent to which a particular error value is underestimated depends on the particular equation and data being analyzed. As we will discuss below, reparameterizing the equation may improve the accuracy of the error estimates. In a nonlinear equation, the uncertainty of all the parameters will be underestimated, even parameters that are linear with y [for example, A in the equation $y = A \exp(Bx)$].

For the reasons given above, it is not appropriate to use the standard error values printed by a nonlinear regression program in further formal statistical calculations. They are quite useful, however, as an informal measure of the goodness of a fit. Because the estimated standard errors are always underestimates, large error values point to a real problem. Large standard errors will occur in several situations: when the data points have a lot of scatter, when the parameters are highly correlated or redundant (see below), or when data have not been collected over a large enough range of x values.

We have found another approach useful for qualitatively demonstrating the certainty of the values determined by a nonlinear regression program. Along with the data points and the best-fit curve, one may superimpose various other curves calculated by changing the value of one of the parameters altered by a specified amount (see Fig. 5).

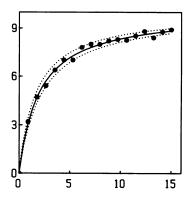


Figure 5. A qualitative method for demonstrating the uncertainty in the values of a variable determined by nonlinear regression. The data points are the same as those in Fig. 4. The solid curve was determined by nonlinear regression using an equation describing a rectangular hyperbola, y = Ax/(B + x). The best-fit values determined by the nonlinear regression program (without weighting) were $A = 10.00 \pm 0.12$ and $B = 2.00 \pm 0.10$. Inasmuch as those uncertainties are estimated standard errors, the 95% confidence limits for the value of B is between 1.8 and 2.2. However, the error values determined by nonlinear regression are not precise. To understand intuitively the uncertainty of the value of B, the dotted curves were computer generated leaving A = 10.0, but setting B to either 1.7 (top) or 2.3 (bottom). Clearly these curves do not fit the data well, and B must therefore be between 1.7 and 2.3.

This approach can be extended systematically in the Monte Carlo method. First the data are fitted using any of the algorithms. Then a set of ideal data are created using the same x values as the actual data, but replacing the y values with values predicted by the best-fit curve. Next pseudoexperimental data are generated by adding random error to the ideal data points. This is done by adding to each point a random number calculated from a Gaussian distribution with a standard deviation equal to the mean standard deviation of replicate values in the actual data. Multiple sets of pseudo data should be generated in this manner, and each should be analyzed by nonlinear regression. The standard deviation of estimates of a parameter from multiple sets of pseudo data is a reasonable estimate of the error of the value of that parameter determined from analysis of the actual data. This method is especially useful when used in conjunction with the simplex method, which does not otherwise provide any estimate of the errors.

In both linear and nonlinear regression, the parameters are usually not entirely independent. Thus, altering one parameter will make the fit worse, but this can be partially offset by adjusting the value of another variable. The degree to which two parameters depend on one another is shown in the covariance matrix, which is often reported as correlation coefficients for every pair of parameters. A correlation of zero means that two parameters are completely independent; a correlation of 1.0 or -1.0 means that the two parameters are redundant (see below). Parameters in most models are correlated, and correlation coefficients as large as 0.8 are commonly seen. Very high correlations can indicate that the equation includes redundant variables, that the data points do not span a sufficiently large range of x values to define a curve well, or that too few data points are collected. The joint distribution of the confidence limits of two parameters is sometimes presented as a confidence ellipse, as shown in Fig. 6.

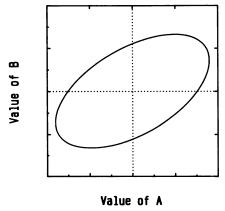


Figure 6. A confidence ellipse. The values of the parameters reported by a nonlinear regression program are not independent of one another. Thus increasing the value of one parameter may worsen the fit, but altering the value of another parameter may partially offset this decrease. The joint distribution of two parameters can be plotted as a confidence ellipse. In the example shown the 95% confidence limits of A and B are plotted. Any pair of values of A and B can be plotted as a single point, and we are 95% certain that the true values of A and B lie within the ellipse.

Comparing two fits to one set of data

The sum of squares value allows one to compare two fits to the same data. Such a comparison is meaningful only when the data have not been changed or transformed between fits, and when the same weighting scheme was used for each fit. This allows one to compare two different equations (models) fit to the same data. Clearly, the selection of a model to explain a particular set of data should not be based entirely on statistical measures. More important are the physical plausibility of the model, and its consistency with other types of data.

Comparing two models with the same number of parameters is easy: the fit with the lower sum of squares is superior, for its curve lies closer to the points. The statistical significance is obtained by $F = SS_1/SS_2$, where both numerator and denominator have N - V degrees of freedom (SS = residual sum of squares of each fit, N = number of data points; V = number of parameters fit by the program).

Comparing two models with a different number of parameters is less straightforward because increasing the number of parameters gives more flexibility to the curve-fitting procedure, and almost always leads to a curve that is closer to the points. The question is whether the improved fit is worth the cost (in lost degrees of freedom) of the additional parameter or parameters. This question is usually answered statistically by performing an F test with the following equation:

$$F = \frac{(SS_1 - SS_2)/(df_1 - df_2)}{SS_2/df_2}$$

Here SS refers to the sum of squares, and df refers to the number of degrees of freedom (number of data points minus number of parameters). The subscript 1 refers to the fit with fewer parameters, the more simple model. A P value is obtained from the F value by consulting a standard table using $(df_1 - df_2)$ and df_2 degrees of freedom. A small P value indicates that the more complex model (with more parameters) fits the data significantly better than the simpler model.

Comparing data sets

Usually one wishes to fit two sets of data to the same general model, and use the results to determine whether the two sets of data differ significantly. For example, one may perform dissociation rate experiments under two different conditions and ask whether the resulting exponential dissociation rate constants differ significantly. Despite the fact that this is a common problem, there is no clear consensus for its solution. One intuitively straightforward method is not appropriate. As discussed above, it is not proper to use the standard error values reported by the nonlinear regression program to compare two models, as those standard error values are underestimates of the actual uncertainty.

One approach is to repeat the experiment several times, and to compare the resulting parameters using paired t tests. We prefer this method and use it in our work inasmuch as it is straightforward to calculate and easy to explain to others. However, this method does not use all available information for each experiment; it uses only the estimated value of each parameter without taking into account its standard error. Accordingly, the method is statistically conservative, and the resulting P value may be too high. Thus small differences may be missed by this method, especially if the experiment has been performed only two or three times.

A more powerful approach can also be used (10). First the two sets of data are analyzed separately. The overall values for the sum of squares for the two sets of data analyzed separately are the sums of the individual values from each fit. Similarly, the number of degrees freedom is the sum of the values from each fit:

$$SS_{sep} = SS_1 + SS_2 \qquad df_{sep} = df_1 + df_2$$

Next the two sets of data are pooled (combined) and analyzed simultaneously. This pooled fit yields values for SS_{pool} and df_{pool} . The question is whether the separate fit is significantly better than the pooled fit. The significance of the improvement is determined from the F ratio calculated as

$$F = \frac{(SS_{pool} - SS_{sep})/(df_{pool} - df_{sep})}{SS_{sep}/df_{sep}}$$

To interpret the meaning of this F value, a statistical table is used to convert to a P value. In using such a table, the numerator has $(df_{pool} - df_{sep})$ degrees of freedom; the denominator has df_{sep} degrees of freedom. A large F value (with corresponding low P value) indicates that the separate fit is much better than the pooled fit—that the two sets of data are not well fit by one curve.

The t test method mentioned above is used to determine one P value from a series of paired experiments. With this method, N refers to the number of experiments. With the F test method, a P value is calculated from one paired experiment. With this method, N refers to the number of data points in each half of that experiment. Although more powerful, this method is potentially misleading inasmuch as an extremely small P value can come from a single experiment. Despite a low P value, such results cannot be considered to be significant until the experiment is repeated.

Linear assumptions applied to nonlinear models

The methods used for calculating standard errors of the parameters and for comparing two fits are strictly valid only when applied to equations in which y is linear with each of the parameters. With other equations, the uncertainties do not follow a Gaussian distribution. Thus the calculated confidence limits are only approximate. Moreover, the sums of squares also do not follow a Gaussian distribution, and statistical inferences based

on comparisons of sums of squares are also only approximate. In a practical sense, these problems rarely have a substantial impact on conclusions based on nonlinear regression.

PROBLEMS

Nonconvergence

Sometimes the calculations terminate without converging because of overflow or underflow (a number becomes too large or too small for the computer to handle), or because the system becomes ill-conditioned or a matrix becomes singular. This occurs in several situations: 1) The data contain numbers that are too large or too small. 2) The selected equation does not reasonably fit the data. 3) The initial values are far from correct. 4) The data points are quite scattered. 5) The data were not collected over a sufficiently wide range of x values. 6) The computer calculations were not sufficiently precise (not enough significant digits).

Slow convergence

Nonlinear regression analyses usually converge in fewer than 5-10 iterations, even when the initial estimates are far from the final values. Slow convergence indicates that the program is having difficulty finding a solution. This may occur for several reasons: 1) The convergence criterion is too stringent. 2) The data are not adequate to define the parameters; more data points or more widely spaced points are required. 3) The equation contains too many parameters; it may help to fix one or more parameters as a constant. 4) The equation needs to be reparameterized, as discussed above.

Redundant variables

Nonlinear regression fails when one tries to fit data to an equation with too many parameters. For example, it would be a mistake to try to fit exponential growth data to the equation $y = A\exp(Bx + C)$, as the parameters A and C are essentially interchangeable, both representing the y intercept. {This can be seen by rewriting the equation as $y = [A\exp(C)]\exp(Bx)$; only a single parameter is needed to represent the y intercept, and a nonlinear regression program has no basis for deciding how to apportion that value between A and C.} With a complicated equation, it can be difficult to detect such redundancy. Consider this possibility if the reported standard error values of the parameters are extremely large, or if the nonlinear regression program consistently fails to converge on a solution.

Local minima

In nonlinear regression, it is possible that the final (converged) fit is not the best possible fit. Recall that nonlinear regression makes relatively small changes during each iteration, and stops when making such small

changes no longer improves the fit of the equation to the data. It is possible, however, that making much larger changes in the values of the variables would lead to a much better fit. This is usually not a problem when only one or two variables are being fit; it is more likely to occur when many variables are being fit. This problem is known as finding a local minimum. In our topographical analogy, the goal is to find the spot with the lowest altitude. The nonlinear regression procedures nearly always move downhill, so it is possible that it converges at the bottom of one valley without finding a much deeper valley just over a ridge (Fig. 7). To guard against this problem, one can repeat nonlinear regression several times, using different starting values. More important, it helps to have a good intuitive grasp of the equation used.

MODIFICATIONS TO NONLINEAR REGRESSION

Robust nonlinear regression

Most statistical analyses, including nonlinear regression, are based on the assumption that the experimental variation of each data point is the sum of many small random inaccuracies. From this assumption comes the notion that experimental data ought to be distributed in a Gaussian (normal) fashion. Accordingly, about 5% of the data points should lie more than two standard deviations from the mean, and fewer than 1 in 10,000 data points should be more than four standard deviations from the mean. In real life, outliers occur more commonly than that! This is because experimental variation results not only from the sum of small inaccuracies, but also from larger mistakes. As used by statisticians, the term experimental error does

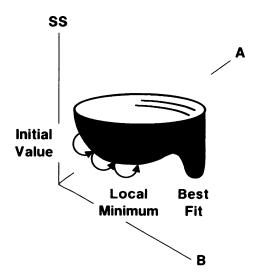


Figure 7. Local minimum. This figure is similar to Fig. 3. The goal of nonlinear regression is to find the values of the parameters that minimize the sum of squares. With reasonable starting values, nonlinear regression algorithms nearly always move stepwise downhill until the minimum (best fit) is found. With an inappropriate starting place, however, a local minimum might be found instead.

not include mistakes. For example, the Gaussian distribution accounts for the imprecision of pipettes; it does not account for the fact that the experimenter may accidentally include a large bubble, thus reducing the volume of reagent.

Several approaches can be used to deal with outlier. One approach is to let them be—to include all points in the analysis. Although this seems like a compulsive and conservative approach, it may lead to incorrect results, as outlier can have a big influence on the resulting curve. The square of the distance of an outlying point from the curve can be huge, and the nonlinear regression will twist the curve considerably to reduce that distance (see Fig. 8). A more common approach is to delete outlying points, either on an ad hoc or a systematic basis.

Another approach for dealing with outlier is to modify the criteria used to assess goodness of fit to reduce the weight given outlying points and thus make the nonlinear regression process more robust. Several such methods have been described. Each method is designed to be identical to the sum of squares method for most of the points, but to reduce the importance of outlying points. Each such method requires that you choose a robustness constant c, a deviation (z, the absolute value of the distance of a point from the curve) beyond which a point is likely to be invalid. Wahrendorf proposed that the sum of squares (z^2) be replaced by $2Cz - C^2$, when z > C (11). Thus points that are close to the curve (z < C) are treated as usual, but as the deviations increase their contribution will be proportional to the distance, not the square, of the distance. Mosteller and Tukey proposed an alternate scheme where points with z > C are ignored, and the other points are used to minimize the sum of $[1 - (z/C)^2]^2$ (12).

Extended nonlinear regression

We discussed earlier the importance of choosing the appropriate weighting scheme, as nonlinear regression will converge on the correct solution only when the points are appropriately weighted according to the expected experimental uncertainties. To account for common patterns of experimental uncertainty, the sum of squares is often calculated as the sum of (D^2/y^N) , where D is the distance of the point from the curve, y is the y value of the point, and N is 0, 1, or 2. If n is zero, this method is the same as ordinary sum of squares; it sums the square of the distances of the points from the curve. When N = 2, this equation reduces to $(D/y)^2$, which sums the square of the relative distance (as a fraction) of the points from the curve. Setting N = 1 is a blend between using absolute and relative distances.

In many experimental contexts it is difficult to know what value to give N, and N does not even have to be given an integer value. The idea of extended nonlinear regression is to let the regression procedure fit the value of N as well as the other parameters in the equation. In two simulations of pharmacokinetics, extended nonlinear regression was found to work as well as ordinary weighted nonlinear regression using the appropriate

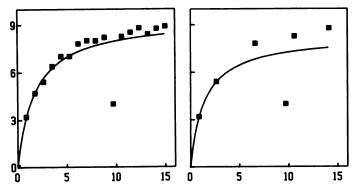


Figure 8. Effects of an outlier. These graphs clearly show how a single outlier point can greatly distort the curve determined by nonlinear regression. Outlier are more influential in data sets with few points (right). Except for the outlier, the data are the same as in Figs. 4 and 5.

value for N, and much better than ordinary regression given the wrong value for N (13, 14). Because this method increases the number of parameters to be fit by regression procedure, it will be less useful when the number of data points is small.

PERSPECTIVE

Nonlinear regression is a powerful technique for data analysis. Although nonlinear regression calculations cannot be reasonably performed by hand, computer programs that perform these calculations are available for microcomputers found in many laboratories. Nonlinear curve-fitting analyses are easy, fast, and practical for routine use. No sophisticated knowledge of computers or mathematics is required to use such programs. To use nonlinear regression properly, however, it is necessary to have an intuitive feel for the selected equation and for the physical model it represents. Without such an understanding, the use of nonlinear regression will be frustrating and potentially misleading. Results from a nonlinear regression program should be carefully scrutinized and viewed graphically. Like every scientific technique, a nonlinear regression program may produce misleading results when used inappropriately.

Computers are associated with a powerful mystique, and incorrect or incomplete computer analyses are sometimes published and accepted uncritically. We hope that this review will demystify nonlinear regression, so that both its power and limitations will be appreciated.

This work was supported by a grant from the National Institutes of Health and the Swedish Medical Research Council.

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