**Brush one’s teeth**

1. Walk into the bathroom. Grab your toothbrush and wet it under the running faucet for a few seconds. Turn the faucet off and grab the toothpaste. Open the lid and squeeze toothpaste onto the bristles on the toothbrush. Brush your teeth with that toothbrush for at least 3 minutes. After done, wash the access toothpaste off the toothbrush and rinse mouth.
   1. 1. Walk into bathroom

2. Grab toothbrush

3. Turn on faucet and wet toothbrush

4. Grab toothpaste

5. if there is no toothpaste go get toothpaste

6. else

7. squeeze toothpaste onto bristles of toothbrush

8. brush teeth with toothbrush for at least 3 minutes

9. wash toothbrush

10. rinse mouth

**Eat an orange**

1. Get an orange. Peel the skin off the orange. Peel apart the pieces of the orange and put on plate. Throw away peel in trash can. Eat the orange one piece at a time.
   1. 1. Get an orange

2. Peel the skin off the orange

3. Peel apart the pieces of the orange and put on plate

4. Throw away peel in trash can

5. Eat the orange one piece at a time

**Setting the alarm**

1. Get an alarm clock. Choose the time and then set the time. Go to sleep. When the alarm goes off either get up of snooze the alarm. If snoozed then go back to sleep and repeat process from there. If not then get up.
   1. 1. Get alarm clock

2. choose time

3. set the time

4. go to sleep

5. alarm goes off

6. if

7. snooze then go back to step 4

8. else

9. get up and get started with day