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What's on your mind?

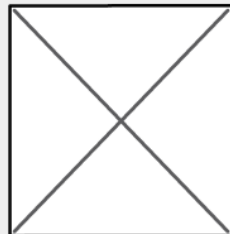
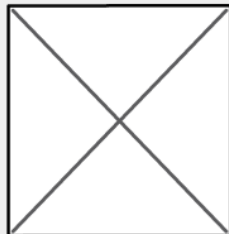
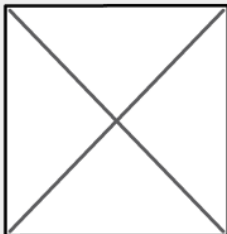
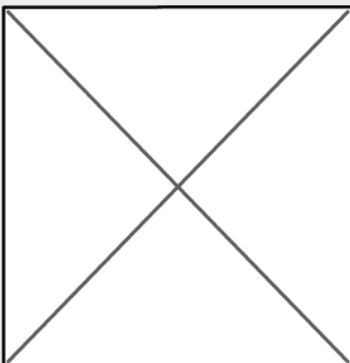
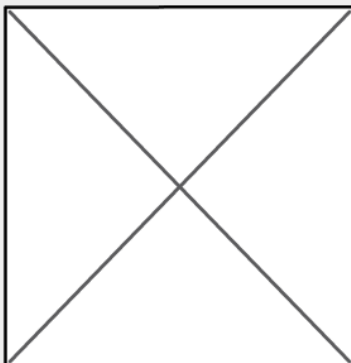
Feeling/Activity	Thoughts	Emotions	Behaviors
<p>1. I feel like I am not good enough.</p> <p>2. I feel like I am not smart enough.</p> <p>3. I feel like I am not capable enough.</p> <p>4. I feel like I am not confident enough.</p> <p>5. I feel like I am not motivated enough.</p> <p>6. I feel like I am not disciplined enough.</p> <p>7. I feel like I am not organized enough.</p> <p>8. I feel like I am not productive enough.</p> <p>9. I feel like I am not successful enough.</p> <p>10. I feel like I am not happy enough.</p>	<p>1. I am not good enough.</p> <p>2. I am not smart enough.</p> <p>3. I am not capable enough.</p> <p>4. I am not confident enough.</p> <p>5. I am not motivated enough.</p> <p>6. I am not disciplined enough.</p> <p>7. I am not organized enough.</p> <p>8. I am not productive enough.</p> <p>9. I am not successful enough.</p> <p>10. I am not happy enough.</p>	<p>1. I feel sad.</p> <p>2. I feel nervous.</p> <p>3. I feel shy.</p> <p>4. I feel insecure.</p> <p>5. I feel stressed.</p> <p>6. I feel overwhelmed.</p> <p>7. I feel frustrated.</p> <p>8. I feel angry.</p> <p>9. I feel disappointed.</p> <p>10. I feel lonely.</p>	<p>1. I procrastinate.</p> <p>2. I avoid my responsibilities.</p> <p>3. I give up easily.</p> <p>4. I lack focus.</p> <p>5. I lack motivation.</p> <p>6. I lack discipline.</p> <p>7. I lack organization.</p> <p>8. I lack productivity.</p> <p>9. I lack success.</p> <p>10. I lack happiness.</p>



John Smith added 5 new photos

20 hrs - NYC, NY

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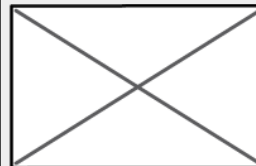


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