

# BHIKKHU MANUAL

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Essential Chants and Vinaya Notes

Forest Sangha Publications

#### Bhikkhu Manual Essential Chants and Vinaya Notes

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Namo tassa bhagavato arahato sammāsambuddhassa Namo tassa bhagavato arahato sammāsambuddhassa Namo tassa bhagavato arahato sammāsambuddhassa vi 0.

## Abbreviations used in the text

AN	Anguttara Nikaya	Pr	Parajika
Cv	Cullavagga	Pv	Parivāra
Dhp	Dhammapada	SN	Saṃyutta Nikāya
DN	Digha Nikāya	Sn	Sutta Nipāta
It	Itivuttaka	Th	Theragāthā
Ja	Jātaka	Thī	Therīgāthā
Khp	Khuddakapāṭha	Ud	Udāna
MN	Majjhima Nikāya	Vin	Vinaya Piṭaka
Mv	Mahāvagga	Vin-a	Vinaya Aṭṭhakathā
Pațis	Pațisambhidā	Vism	Visuddhimagga

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LIST OF FIRST LINES

#### **PRFFACE**

Nullam eu ante vel est convallis dignissim. Fusce suscipit, wisi nec facilisis facilisis, est dui fermentum leo, quis tempor ligula erat quis odio. Nunc porta vulputate tellus. Nunc rutrum turpis sed pede. Sed bibendum. Aliquam posuere. Nunc aliquet, augue nec adipiscing interdum, lacus tellus malesuada massa, quis varius mi purus non odio. Pellentesque condimentum, magna ut suscipit hendrerit, ipsum augue ornare nulla, non luctus diam neque sit amet urna. Curabitur vulputate vestibulum lorem. Fusce sagittis, libero non molestie mollis, magna orci ultrices dolor, at vulputate neque nulla lacinia eros. Sed id ligula quis est convallis tempor. Curabitur lacinia pulvinar nibh. Nam a sapien.

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The Person February 2019

PART I

# ESSENTIAL CHANTS

# 1.

## MORNING CHANTING

#### **Dedication of Offerings**

[Yo so] bhagavā arahaṃ sammāsambuddho Svākkhāto yena bhagavatā dhammo Supaṭipanno yassa bhagavato sāvakasaṅgho Tam-mayaṃ bhagavantaṃ sadhammaṃ sasaṅghaṃ Imehi sakkārehi yathārahaṃ āropitehi abhipūjayāma Sādhu no bhante bhagavā sucira-parinibbutopi Pacchimā-janatānukampa-mānasā Ime sakkāre duggata-paṇṇākāra-bhūte paṭiggaṇhātu Amhākaṃ dīgharattaṃ hitāya sukhāya Arahaṃ sammāsambuddho bhagavā Buddhaṃ bhagavantaṃ abhivādemi [Svākkhāto] bhagavatā dhammo Dhammaṃ namassāmi [Supaṭipanno] bhagavato sāvakasaṅgho Saṅghaṃ namāmi

[Yam-amha kho mayaṃ bhagavantaṃ saraṇaṃ gatā, uddissa pabbajitā yo no bhagavā satthā, yassa ca mayaṃ bhagavato dhammam rocema Imehi sakkārehi taṃ bhagavantaṃ sasaddhammaṃ sasāvakasaṅghaṃ abhipūjayāma.]

#### Preliminary Homage

[Handa mayam buddhassa bhagavato pubbabhāga-namakāram karomase]

Namo tassa bhagavato arahato sammāsambuddhassa (×3)

#### Homage to the Buddha

[Handa mayam buddhābhitthutim karomase]

Yo so tathāgato arahaṃ sammāsambuddho Vijjācaraṇa-sampanno, sugato, lokavidū Anuttaro purisadamma-sārathi Satthā deva-manussānaṃ, buddho bhagavā.

Yo imam lokam sadevakam samārakam sabrahmakam Sassamana-brāhmanim pajam sadeva-manussam sayam abhiññā sacchikatvā pavedesi
Yo dhammam desesi ādi-kalyānam majjhe-kalyānam pariyosāna-kalyānam
Sāttham sabyañjanam kevala-paripunnam parisuddham brahma-cariyam pakāsesi
Tam-aham bhagavantam abhipūjayāmi tam-aham bhagavantam sirasā namāmi

#### Homage to the Dhamma

[Handa mayam dhammābhitthutim karomase]

Yo so svākkhāto bhagavatā dhammo Sandiṭṭhiko, akāliko, ehipassiko, opanayiko Paccattaṃ veditabbo viññūhi Tam-ahaṃ dhammaṃ abhipūjayāmi tam-ahaṃ dhammaṃ sirasā namāmi

#### Homage to the Sangha

[Handa mayam sanghābhitthutim karomase]

Yo so supaṭipanno bhagavato sāvakasaṅgho
Ujupaṭipanno bhagavato sāvakasaṅgho
Ñayapaṭipanno bhagavato sāvakasaṅgho
Sāmīcipaṭipanno bhagavato sāvakasaṅgho
Yadidaṃ cattāri purisayugāni aṭṭha purisapuggalā
Esa bhagavato sāvakasaṅgho
Āhuneyyo, pāhuneyyo, dakkhiṇeyyo, añjali-karaṇīyo
Anuttaraṃ puññakkhettaṃ lokassa
Tam-ahaṃ saṅghaṃ abhipūjayāmi tam-ahaṃ saṅghaṃ sirasā
namāmi

#### Salutation to the Triple Gem

[Handa mayam ratanattaya-paṇāma-gāthāyo c'eva saṃvega-parikittana-pāṭhañca bhaṇāmase]

Buddho susuddho karunā-mahannavo Yo'ccanta-suddhabbara-ñāna-locano Lokassa pāpūpakilesa-ghātako Vandāmi buddham aham-ādarena tam Dhammo padīpo viya tassa satthuno Yo magga-pākāmata-bheda-bhinnako Lokuttaro yo ca tad-attha-dīpano Vandāmi dhammam aham-ādarena tam Sangho sukhettābhyati-khetta-saññito Yo dittha-santo sugatānubodhako Lolappahīno ariyo sumedhaso Vandāmi saṅgham aham-ādarena tam Iccevam-ekantabhipūja-neyyakam vatthuttayam vandayatābhisankhatam Puññam mayā yam mama sabbupaddavā mā hontu ve tassa pabhāva-siddhiyā

Idha tathāgato loke uppanno arahaṃ sammāsambuddho Dhammo ca desito niyyāniko upasamiko parinibbāniko sambodhagāmī sugatappavedito Mayan-taṃ dhammaṃ sutvā evaṃ jānāma Jātipi dukkhā Jarāpi dukkhā

Maranampi dukkham

Soka-parideva-dukkha-domanass'upāyāsāpi dukkhā

Appiyehi sampayogo dukkho

Piyehi vippayogo dukkho

Yamp'iccham na labhati tampi dukkham

Sankhittena pancupādānakkhandhā dukkhā

Seyyathīdam

Rūpūpādānakkhandho

Vedanūpādānakkhandho

Saññūpādānakkhandho

Sankhārūpādānakkhandho

Viññāṇūpādānakkhandho

Yesam pariññāya

Dharamāno so bhagavā evam bahulam sāvake vineti

Evaṃ bhāgā ca panassa bhagavato sāvakesu anusāsanī bahulā

pavattati

Rūpam aniccam

Vedanā aniccā

Saññā aniccā

Sankhārā aniccā

Viññāṇam aniccam

Rūpam anattā

Vedanā anattā

Saññā anattā Saṅkhārā anattā Viññāṇaṃ anattā Sabbe saṅkhārā aniccā Sabbe dhammā anattā'ti

Te mayam otinnāmha jātiyā jarā-maranena Sokehi paridevehi dukkhehi domanassehi upāyāsehi Dukkhotinnā dukkha-paretā Appeva nāmimassa kevalassa dukkha-kkhandhassa antakiriyā paññāyethā'ti

Cira-parinibbutampi tam bhagavantam uddissa arahantam sammāsambuddham
Saddhā agārasmā anagāriyam pabbajitā
Tasmim bhagavati brahma-cariyam carāma
Bhikkhūnam/Sīladharānam sikkhāsājīva-samāpannā
Tam no brahma-cariyam imassa kevalassa
dukkha-kkhandhassa antakiriyāya samvattatu

#### **Closing Homage**

[Arahaṃ] sammāsambuddho bhagavā Buddhaṃ bhagavantaṃ abhivādemi

[Svākkhāto] bhagavatā dhammo Dhammam namassāmi

[Supaṭipanno] bhagavato sāvakasaṅgho Saṅghaṃ namāmi

# 2.

# EVENING CHANTING

#### **Dedication of Offerings**

[Yo so] bhagavā arahaṃ sammāsambuddho Svākkhāto yena bhagavatā dhammo Supaṭipanno yassa bhagavato sāvakasaṅgho Tam-mayaṃ bhagavantaṃ sadhammaṃ sasaṅghaṃ Imehi sakkārehi yathārahaṃ āropitehi abhipūjayāma Sādhu no bhante bhagavā sucira-parinibbutopi Pacchimā-janatānukampa-mānasā Ime sakkāre duggata-paṇṇākāra-bhūte paṭiggaṇhātu Amhākaṃ dīgharattaṃ hitāya sukhāya Arahaṃ sammāsambuddho bhagavā Buddhaṃ bhagavantaṃ abhivādemi

[Svākkhāto] bhagavatā dhammo Dhammam namassāmi

[Supaṭipanno] bhagavato sāvakasaṅgho Saṅghaṃ namāmi

[Yam-amha kho mayaṃ bhagavantaṃ saraṇaṃ gatā, uddissa pabbajitā yo no bhagavā satthā, yassa ca mayaṃ bhagavato dhammaṃ rocema Imehi sakkārehi tam bhagavantam sasaddhammam sasāvaka-saṅgham abhipūjayāma.]

#### Preliminary Homage

[Handa mayaṃ buddhassa bhagavato pubbabhāga-namakāraṃ karomase]

Namo tassa bhagavato arahato sammāsambuddhassa (×3)

#### Recollection of the Buddha

[Handa mayam buddhānussatinayam karomase]

Taṃ kho pana bhagavantaṃ evaṃ kalyāṇo kittisaddo abbhuggato Itipi so bhagavā arahaṃ sammāsambuddho Vijjācaraṇa-sampanno sugato lokavidū Anuttaro purisadamma-sārathi satthā deva-manussānaṃ buddho bhagavā'ti

#### Supreme Praise of the Buddha

[Handa mayam buddhābhigītim karomase]

Buddh'vārahanta-varatādiguṇābhiyutto Suddhābhiñāṇa-karuṇāhi samāgatatto Bodhesi yo sujanataṃ kamalaṃ va sūro Vandām'ahaṃ tam-araṇaṃ sirasā jinendaṃ Buddho yo sabba-pāṇīnaṃ saraṇaṃ khemam-uttamaṃ
Paṭhamānussatiṭṭhānaṃ vandāmi taṃ siren'ahaṃ
Buddhassāh'asmi dāso/dāsī va buddho me sāmi-kissaro
Buddho dukkhassa ghātā ca vidhātā ca hitassa me
Buddhass'āhaṃ niyyādemi sarīrañ-jīvitañ-cidaṃ
Vandanto'haṃ/Vandantī'haṃ carissāmi
buddhass'eva subodhitaṃ
Natthi me saraṇaṃ aññaṃ buddho me saraṇaṃ varaṃ
Etena sacca-vajjena vaḍḍheyyaṃ satthu-sāsane
Buddhaṃ me vandamānena/vandamānāya
yaṃ puññaṃ pasutaṃ idha
Sabbepi antarāyā me māhesuṃ tassa tejasā

(Bowing)

Kāyena vācāya va cetasā vā Buddhe kukammaṃ pakataṃ mayā yaṃ Buddho paṭiggaṇhātu accayantaṃ Kālantare saṃvarituṃ va buddhe

#### Recollection of the Dhamma

[Handa mayaṃ dhammānussatinayaṃ karomase]

Svākkhāto bhagavatā dhammo Sandiṭṭhiko akāliko ehipassiko Opanayiko paccattaṃ veditabbo viññūhī'ti

#### Supreme Praise of the Dhamma

[Handa mayam dhammābhigītim karomase]

Svākkhātat'ādiguṇa-yoga-vasena seyyo
Yo magga-pāka-pariyatti-vimokkha-bhedo
Dhammo kuloka-patanā tada-dhāri-dhārī
Vandām'ahaṃ tama-haraṃ vara-dhammam-etaṃ
Dhammo yo sabba-pāṇīnaṃ saraṇaṃ khemam-uttamaṃ
Dutiyānussatiṭṭhānaṃ vandāmi taṃ siren'ahaṃ
Dhammassāh'asmi dāso/dāsī va dhammo me sāmi-kissaro
Dhammo dukkhassa ghātā ca vidhātā ca hitassa me
Dhammass'āhaṃ niyyādemi sarīrañ-jīvitañ-cidaṃ
Vandantohaṃ/Vandantīhaṃ carissāmi

dhammass'eva sudhammatam Natthi me saraṇaṃ aññaṃ dhammo me saraṇaṃ varaṃ Etena sacca-vajjena vaḍḍheyyaṃ satthu-sāsane Dhammaṃ me vandamānena/vandamānāya yaṃ puññaṃ pasutaṃ idha Sabbepi antarāyā me māhesuṃ tassa tejasā

(Bowing)

Kāyena vācāya va cetasā vā Dhamme kukammaṃ pakataṃ mayā yaṃ Dhammo paṭiggaṇhātu accayantaṃ Kālantare saṃvarituṃ va dhamme

#### Recollection of the Sangha

[Handa mayam sanghānussatinayam karomase]

Supaṭipanno bhagavato sāvakasaṅgho
Ujupaṭipanno bhagavato sāvakasaṅgho
Ñāyapaṭipanno bhagavato sāvakasaṅgho
Sāmīcipaṭipanno bhagavato sāvakasaṅgho
Yadidaṃ cattāri purisayugāni aṭṭha purisapuggalā
Esa bhagavato sāvakasaṅgho
Āhuneyyo pāhuneyyo dakkhiṇeyyo añjali-karaṇīyo
Anuttaraṃ puññakkhettaṃ lokassā'ti

#### Supreme Praise of the Sangha

[Handa mayam saṅghābhigītim karomase]

Saddhammajo supaṭipatti-guṇādiyutto
Yo'ṭṭhabbidho ariyapuggala-saṅgha-seṭṭho
Sīlādidhamma-pavarāsaya-kāya-citto
Vandām'ahaṃ tam-ariyāna-gaṇaṃ susuddhaṃ
Saṅgho yo sabba-pāṇīnaṃ saraṇaṃ khemam-uttamaṃ
Tatiyānussatiṭṭhānaṃ vandāmi taṃ siren'ahaṃ
Saṅghass'āhasmi dāso/dāsī va saṅgho me sāmi-kissaro
Saṅgho dukkhassa ghātā ca vidhātā ca hitassa me
Saṅghass'āhaṃ niyyādemi sarīrañ-jīvitañ-cidaṃ
Vandanto'haṃ/Vandantī'haṃ carissāmi
saṅghassopaṭipannataṃ
Natthi me saranam aññam saṅgho me saranam varam

Etena sacca-vajjena vaḍḍheyyaṃ satthu-sāsane Saṅghaṃ me vandamānena/vandamānāya yaṃ puññaṃ pasutaṃ idha Sabbepi antarāyā me māhesuṃ tassa tejasā

(Bowing)

Kāyena vācāya va cetasā vā Saṅghe kukammaṃ pakataṃ mayā yaṃ Saṅgho paṭiggaṇhātu accayantaṃ Kālantare saṃvarituṃ va saṅghe

### Closing Homage

Sangham namāmi

[Arahaṃ] sammāsambuddho bhagavā Buddhaṃ bhagavantaṃ abhivādemi [Svākkhāto] bhagavatā dhammo Dhammaṃ namassāmi [Supatipanno] bhagavato sāvakasaṅgho

# 3.

## REFLECTIONS

## 3.1 Reflection on the Four Requisites

[Handa mayam tankhanikapaccavekkhana-pāṭham bhanāmase]

[Paṭisaṅkhā] yoniso cīvaraṃ paṭisevāmi, yāvadeva sītassa paṭighātāya, uṇhassa paṭighātāya, ḍaṃsa-makasa-vātātapa-siriṃsapa-samphassānaṃ paṭighātāya, yāvadeva hirikopina-paṭicchādanatthaṃ

Wisely reflecting, I use the robe: only to ward off cold, to ward off heat, to ward off the touch of flies, mosquitoes, wind, burning and creeping things, only for the sake of modesty.

[Paṭisaṅkhā] yoniso piṇḍapātaṃ paṭisevāmi, neva davāya, na madāya, na maṇḍanāya, na vibhūsanāya, yāvadeva imassa kāyassa ṭhitiyā, yāpanāya, vihiṃsūparatiyā, brahmacariyānuggahāya, iti purāṇañca vedanaṃ paṭihaṅkhāmi, navañca vedanaṃ na uppādessāmi, yātrā ca me bhavissati anavajjatā ca phāsuvihāro cā'ti

Wisely reflecting, I use almsfood: not for fun, not for pleasure, not for fattening, not for beautification, only for the

maintenance and nourishment of this body, for keeping it healthy, for helping with the Holy Life; thinking thus, 'I will allay hunger without overeating, so that I may continue to live blamelessly and at ease.'

[Paṭisaṅkhā] yoniso senāsanaṃ paṭisevāmi, yāvadeva sītassa paṭighātāya, uṇhassa paṭighātāya, ḍaṃsa-makasa-vātātapa-siriṃsapa-samphassānaṃ paṭighātāya, yāvadeva utuparissaya vinodanaṃ paṭisallānārāmatthaṃ

Wisely reflecting, I use the lodging: only to ward off cold, to ward off heat, to ward off the touch of flies, mosquitoes, wind, burning and creeping things, only to remove the danger from weather, and for living in seclusion.

[Paṭisaṅkhā] yoniso gilāna-paccaya-bhesajja-parikkhāraṃ paṭisevāmi, yāvadeva uppannānaṃ veyyābādhikānaṃ vedanānaṃ paṭighātāya, abyāpajjha-paramatāyā'ti

Wisely reflecting, I use supports for the sick and medicinal requisites: only to ward off painful feelings that have arisen, for the maximum freedom from disease.

M.I.10

## 3.2 Five Subjects for Frequent Recollection

[Handa mayaṃ abhiṇha-paccavekkhaṇa-pāṭhaṃ bhaṇāmase] (Men Chant)

[Jarā-dhammomhi] jaraṃ anatīto Byādhi-dhammomhi byādhiṃ anatīto Marana-dhammomhi maranam anatīto

Sabbehi me piyehi manāpehi nānābhāvo vinābhāvo

Kammassakomhi kammadāyādo kammayoni kammabandhu kammapaṭisaraṇo

Yaṃ kammaṃ karissāmi, kalyāṇaṃ vā pāpakaṃ vā, tassa dāyādo bhavissāmi

Evam amhehi abhinham paccavekkhitabbam

(Women Chant)

[Jarā-dhammāmhi] jaraṃ anatītā Byādhi-dhammāmhi byādhiṃ anatītā Maraṇa-dhammāmhi maraṇaṃ anatītā

Sabbehi me piyehi manāpehi nānābhāvo vinābhāvo

Kammassakāmhi kammadāyādā kammayoni kammabandhu kammapaṭisaraṇā

Yam kammam karissāmi, kalyāṇam vā pāpakam vā, tassa dāyādā bhavissāmi

Evam amhehi abhinham paccavekkhitabbam

## 3.3 Ten Subjects for Frequent Recollection

[Handa mayaṃ pabbajita-abhiṇha-paccavekkhaṇa-pāṭhaṃ bhaṇāmase]

[Dasa ime bhikkhave] dhammā pabbajitena abhiṇhaṃ paccavekkhitabbā, katame dasa

Bhikkhus, there are ten dhammas which should be reflected upon again and again by one who has gone forth. What are these ten?

Vevaṇṇiyamhi ajjhūpagato'ti pabbajitena abhiṇhaṃ paccavekkhitabbaṃ

'I am no longer living according to worldly aims and values.' This should be reflected upon again and again by one who has gone forth.

Parapaṭibaddhā me jīvikā'ti pabbajitena abhiṇhaṃ paccavekkhitabbaṃ

'My very life is sustained through the gifts of others.' This should be reflected upon again and again by one who has gone forth.

Añño me ākappo karaṇīyo'ti pabbajitena abhiṇhaṃ paccavekkhitabbam

'I should strive to abandon my former habits.' This should be reflected upon again and again by one who has gone forth.

Kacci nu kho me attā sīlato na upavadatī'ti pabbajitena abhiṇhaṃ paccavekkhitabbaṃ

'Does regret over my conduct arise in my mind?' This should be reflected upon again and again by one who has gone forth.

Kacci nu kho mam anuvicca viññū sabrahmacārī sīlato na upavadantī'ti pabbajitena abhiṇhaṃ paccavekkhitabbaṃ

'Could my spiritual companions find fault with my conduct?' This should be reflected upon again and again by one who has gone forth.

Sabbehi me piyehi manāpehi nānābhāvo vinābhāvo'ti pabbajitena abhiṇhaṃ paccavekkhitabbaṃ

'All that is mine, beloved and pleasing, will become otherwise, will become separated from me.'
This should be reflected upon again and again by one who has gone forth.

Kammassakomhi kammadāyādo kammayoni kammabandhu kammapaṭisaraṇo, yaṃ kammaṃ karissāmi, kalyāṇaṃ vā pāpakaṃ vā, tassa dāyādo bhavissāmī'ti pabbajitena abhiṇhaṃ paccavekkhitabbaṃ

'I am the owner of my kamma, heir to my kamma, born of my kamma,

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related to my kamma, abide supported by my kamma; whatever kamma I shall do, for good or for ill, of <u>that</u> I will be the heir.' This should be reflected upon again and again by one who has gone forth.

'Kathambhūtassa me rattindivā vītipatantī'ti pabbajitena abhiṇhaṃ paccavekkhitabbaṃ

'The days and nights are relentlessly passing; how well am I spending my time?'
This should be reflected upon again and again by one who has gone forth.

Kacci nu kho'haṃ suññāgāre abhiramāmī'ti pabbajitena abhiṇhaṃ paccavekkhitabbaṃ

'Do I delight in solitude or not?'
This should be reflected upon again and again
by one who has gone forth.

Atthi nu kho me uttari-manussa-dhammā alamariya-ñāṇa-dassana-viseso adhigato, so'haṃ pacchime kāle sabrahmacārīhi puṭṭho na maṅku bhavissāmī'ti pabbajitena abhiṇhaṃ paccavekkhitabbaṃ

'Has my practice borne fruit with freedom or insight so that at the end of my life I need not feel ashamed when questioned by my spiritual companions?'

This should be reflected upon again and again by one who has gone forth.

Ime kho bhikkhave dasa dhammā pabbajitena abhiṇhaṃ paccavekkhitabbā'ti

Bhikkhus, these are the ten dhammas to be reflected upon again and again by one who has gone forth.

AN 10.48

## 3.4 Suffusion With the Divine Abidings

[Handa mayam caturappamaññā-obhāsanam karomase]

[Mettā-sahagatena] cetasā ekam disam pharitvā viharati Tathā dutiyam tathā tatiyam tathā catuttham Iti uddhamadho tiriyam sabbadhi sabbattatāya Sabbāvantam lokam mettā-sahagatena cetasā Vipulena mahaggatena appamāṇena averena abyāpajjhena pharitvā viharati

Karuṇā-sahagatena cetasā ekaṃ disaṃ pharitvā viharati Tathā dutiyaṃ tathā tatiyaṃ tathā catutthaṃ Iti uddhamadho tiriyaṃ sabbadhi sabbattatāya Sabbāvantaṃ lokaṃ karuṇā-sahagatena cetasā Vipulena mahaggatena appamāṇena averena abyāpajjhena pharitvā viharati

Muditā-sahagatena cetasā ekaṃ disaṃ pharitvā viharati Tathā dutiyaṃ tathā tatiyaṃ tathā catutthaṃ Iti uddhamadho tiriyaṃ sabbadhi sabbattatāya Sabbāvantaṃ lokaṃ muditā-sahagatena cetasā Vipulena mahaggatena appamāṇena averena abyāpajjhena pharitvā viharati Upekkhā-sahagatena cetasā ekaṃ disaṃ pharitvā viharati Tathā dutiyaṃ tathā tatiyaṃ tathā catutthaṃ Iti uddhamadho tiriyaṃ sabbadhi sabbattatāya Sabbāvantaṃ lokaṃ upekkhā-sahagatena cetasā Vipulena mahaggatena appamāṇena averena abyāpajjhena pharitvā viharatī'ti

DN 13

### 3.5 Patti-dāna-gāthā

[Handa mayam patti-dāna-gāthāyo bhaṇāmase.]

Yā devatā santi vihāra-vāsinī Thūpe ghare bodhi-ghare tahim tahim Tā dhamma-dānena bhavantu pūjitā Sotthim karonte'dha vihāra-maṇḍale Therā ca majjhā navakā ca bhikkhavo Sārāmikā dāna-patī upāsakā Gāmā ca desā nigamā ca issarā Sappāṇa-bhūtā sukhitā bhavantu te Jalābu-jā ye pi ca anda-sambhavā Samseda-jātā atha-v-opapātikā Niyyānikam dhamma-varam paticca te Sabbe pi dukkhassa karontu sankhayam. Thātu ciram satam dhammo Dhamma-dharā ca puggalā Sangho hotu samaggo va Atthāya ca hitāya ca

Amhe rakkhatu saddhammo Sabbe pi dhamma-cārino Vuḍḍhiṃ sampāpuṇeyyāma Dhamme ariyappavedite. Pasannā hontu sabbe pi Pāṇino Buddha-sāsane. Sammā-dhāraṃ pavecchanto Kāle devo pavassatu. Vuḍḍhi-bhāvāya sattānaṃ Samiddhaṃ netu medaniṃ. Mātā-pitā ca atra-jaṃ Niccaṃ rakkhanti puttakaṃ. Evaṃ dhammena rājāno Pajam rakkhantu sabbadā.

## 3.6 Recollection After Using the Requisites

[Handa mayam atīta-paccavekkhana-pāṭham bhanāmase.]

Ajja mayā apaccavekkhitvā yam cīvaram paribhuttam, tam yāvad-eva sītassa paṭighātāya, unhassa paṭighātāya, damsa-makasa-vātātapa-sirimsapa-samphassānam paṭighātāya, yāvad-eva hiri-kopīna paṭicchādan'attham.

Ajja mayā apaccavekkhitvā yo piṇḍapāto paribhutto, so n'eva davāya na madāya na maṇḍanāya na vibhūsanāya, yāvad-eva imassa kāyassa ṭhitiyā yāpanāya vihiṃsūparatiyā brahma-cariyānuggahāya, iti purāṇañ-ca vedanaṃ paṭihaṅkhāmi, navañ-ca vedanaṃ na uppādessāmi, yātrā ca me bhavissati anavajjatā ca phāsuvihāro cā-ti.

Ajja mayā apaccavekkhitvā yam senāsanam paribhuttam, tam yāvad-eva sītassa patighātāya, unhassa patighātāya,

daṃsa-makasa-vātātapa-siriṃsapasamphassānaṃ paṭighātāya, yāvad-eva utu-parissaya-vinodanaṃ paṭisallān'ārām'atthaṃ.

Ajja mayā apaccavekkhitvā yo gilāna-paccayabhesajjaparikkhāro paribhutto, so yāvad-eva uppannānaṃ veyyābādhikānaṃ Vedanānaṃ paṭighātāya, abyāpajjha-paramatāyā-ti. *cf. M.I.10* 

3.7 Reflection on the Off-Putting Qualities of the Requisites

[Handa mayaṃ dhātu-paṭikūlapaccavekkhaṇa-pāṭhaṃ bhaṇāmase]

[Yathā paccayaṃ] pavattamānaṃ dhātu-mattam-ev'etaṃ Yad idaṃ cīvaraṃ tad upabhuñjako ca puggalo Dhātu-mattako, nissatto, nijjīvo, suñño Sabbāni pana imāni cīvarāni ajigucchanīyāni Imaṃ pūti-kāyaṃ patvā, ativiya jigucchanīyāni jāyanti Yathā paccayaṃ pavattamānaṃ dhātu-mattam-ev'etaṃ Yad idaṃ piṇḍapāto tad upabhuñjako ca puggalo Dhātu-mattako, nissatto, nijjīvo, suñño Sabbo panāyaṃ piṇḍapāto ajigucchanīyo Imaṃ pūti-kāyaṃ patvā, ativiya jigucchanīyo jāyati Yathā paccayaṃ pavattamānaṃ dhātu-mattam-ev'etaṃ Yad idaṃ senāsanaṃ tad upabhuñjako ca puggalo Dhātu-mattako, nissatto, nijjīvo, suñño Sabbāni pana imāni senāsanāni ajigucchanīyāni

Imaṃ pūti-kāyaṃ patvā, ativiya jigucchanīyāni jāyanti Yathā paccayaṃ pavattamānaṃ dhātu-mattam-ev'etaṃ Yad idaṃ gilāna-paccaya-bhesajja-parikkhāro tad upabhuñjako ca puggalo Dhātu-mattako, nissatto, nijjīvo, suñño Sabbo panāyaṃ gilāna-paccaya-bhesajja-parikkhāro ajigucchanīyo Imaṃ pūti-kāyaṃ patvā, ativiya jigucchanīyo jāyati

### 3.8 Mettāpharaņam

[Handa mayam mettāpharaṇaṃ karomase]

[Ahaṃ sukhito homi] niddukkho homi, avero homi, abyāpajjho homi, anīgho homi, sukhī attānaṃ pariharāmi

Sabbe sattā sukhitā hontu, sabbe sattā averā hontu, sabbe sattā abyāpajjhā hontu, sabbe sattā anīghā hontu, sabbe sattā sukhī attānaṃ pariharantu. Sabbe sattā sabbadukkhā pamuccantu, sabbe sattā

laddha-sampattito mā vigacchantu

Sabbe sattā kammassakā kammadāyādā kammayonī kammabandhū kammapaṭisaraṇā, yaṃ kammaṃ karissanti, kalyāṇaṃ vā pāpakaṃ vā, tassa dāyādā bhavissanti

M.I.288; A.V.88

### 3.9 Reflection on Universal Well-Being

[Now let us chant the reflections on universal well-being.]

[May I abide in well-being,]
In freedom from affliction,
In freedom from hostility,
In freedom from ill-will,
In freedom from anxiety,
And may I maintain well-being in myself.

May everyone abide in well-being, In freedom from hostility, In freedom from ill-will, In freedom from anxiety, and may they Maintain well-being in themselves.

May all beings be released from all suffering.

And may they not be parted from the good fortune they have attained.

When they act upon intention, All beings are the owners of their action and inherit its results. Their future is born from such action, companion to such action,

And its results will be their home.

All actions with intention,
Be they skilful or harmful —
Of such acts they will be the heirs.

M.I.288; A.V.88

### 3.10 Reflection on the Unconditioned

[Handa mayam nibbāna-sutta-pāṭham bhaṇāmase]

Atthi bhikkhave ajātam abhūtam akatam asankhatam

There is an Unborn, Unoriginated, Uncreated and Unformed.

No cetaṃ bhikkhave abhavissa ajātaṃ abhūtaṃ akataṃ asankhataṃ

If there was not this Unborn, this Unoriginated, this Uncreated, this Unformed,

Na yidam jātassa bhūtassa katassa saṅkhatassa nissaraṇam paññāyetha

Freedom from the world of the born, the originated, the created, the formed would not be possible.

Yasmā ca kho bhikkhave atthi ajātaṃ abhūtaṃ akataṃ asaṅkhataṃ

But since there is an Unborn, Unoriginated, Uncreated and Unformed,

Tasmā jātassa bhūtassa katassa saṅkhatassa nissaraṇaṃ paññāyati Therefore is freedom possible from the world of the born, the originated, the created and the formed.

Ud.8.3

### 3.11 Reflection on the Thirty-Two Parts

[Handa mayam dvattimsākāra-pāṭham bhanāmase]

[Ayaṃ kho] me kāyo uddhaṃ pādatalā adho kesamatthakā tacapariyanto pūro nānappakārassa asucino

Atthi imasmim kāye

kesā, lomā, nakhā, dantā, taco, maṃsaṃ, nahārū, aṭṭhī, aṭṭhimiñjaṃ, vakkaṃ, hadayaṃ, yakanaṃ, kilomakaṃ, pihakaṃ, papphāsaṃ, antaṃ, antaguṇaṃ, udariyaṃ, karīsaṃ, pittaṃ, semhaṃ, pubbo, lohitaṃ, sedo, medo, assu, vasā, kheļo, siṅghāṇikā, lasikā, muttaṃ, matthaluṅgan'ti

Evam-ayam me kāyo uddham pādatalā adho kesamatthakā tacapariyanto pūro nānappakārassa asucino

cf. M.I.57

### 3.12 Sabba-patti-dāna-gāthā

[Handa mayam sabba-patti-dāna-gāthāyo bhaṇāmase]

Puññass'idāni katassa
Tesañ-ca bhāgino hontu
Ye piyā guṇavantā ca
Diṭṭhā me cāpyadiṭṭhā vā
Sattā tiṭṭhanti lokasmiṃ
Pañc'eka-catu-vokārā
Ñātaṃ ye patti-dānam-me,
Ye c'imaṃ nappajānanti
Mayā dinnāna-puññānaṃ
Sabbe sattā sadā hontu
Khemappadañ-ca pappontu

➤ Yan-dāni me kataṃ puññaṃ Khippaṃ sacchikareyyāhaṃ Sace tāva abhabbo'haṃ Niyato bodhi-satto va Nāṭṭhārasa pi abhabba Manussattañ-ca liṅgañ-ca Labhitvā pesalo sīlī Sukhā-paṭipado khippābhiñño Arahatta-phalaṃ aggaṃ Yadi n'uppajjati Buddho Evaṃ sante labheyyāhaṃ

yān'aññāni katāni me, sattānantāppamāṇaka. mayhaṃ mātā-pitā-dayo. aññe majjhatta-verino; te bhummā catu-yonikā. saṃsarantā bhavābhave: anumodantu te sayaṃ. devā tesaṃ nivedayuṃ. anumodana-hetunā. averā sukha-jīvino. tesāsā sijjhataṃ subhā.

tenānen'uddisena ca, dhamme lok'uttare nava. saṃsāre pana saṃsaraṃ, sambuddhena viyākato. ṭhānāni pāpuṇeyy'ahaṃ. pabbajjañ-c'upasampadaṃ. dhāreyyaṃ satthu sāsanaṃ, sacchikareyyahaṃ. vijj'ādi-guṇ'alaṅ-kataṃ, kammaṃ paripūrañ-ca me, pacceka-bodhim-uttaman-ti.

### 3.13 Uddissanādhiţţhāna-gāthāyo

[Handa mayam uddissanādhiṭṭhāna-gāthāyo bhaṇāmase]

[Iminā puññakammena] upajjhāyā guņuttarā Ācariyūpakārā ca mātāpitā ca ñātakā Suriyo candimā rājā gunavantā narāpi ca Brahma-mārā ca indā ca lokapālā ca devatā Yamo mittā manussā ca majjhattā verikāpi ca Sabbe sattā sukhī hontu puññāni pakatāni me Sukhañca tividham dentu khippam pāpetha vomatam Iminā puññakammena iminā uddissena ca Khipp'āham sulabhe ceva tanhūpādāna-chedanam Ye santāne hīnā dhammā yāva nibbānato mamam Nassantu sabbadā yeva yattha jāto bhave bhave Ujucittam satipaññā sallekho viriyamhinā Mārā labhantu nokāsam kātuñca viriyesu me Buddhādhipavaro nātho dhammo nātho varuttamo Nātho paccekabuddho ca saṅgho nāthottaro mamam Tesottamānubhāvena mārokāsam labhantu mā

### 3.14 Verses of Sharing and Aspiration

[Now let us chant the verses of sharing and aspiration.]

Through the goodness that arises from my practice,
May my spiritual teachers and guides of great virtue,
My mother, my father, and my relatives,
The Sun and the Moon, and all virtuous leaders of the world,

May the highest gods and evil forces,
Celestial beings, guardian spirits of the Earth,
and the Lord of Death,
May those who are friendly, indifferent, or hostile,
May all beings receive the blessings of my life,
May they soon attain the threefold bliss
and realize the Deathless.

Through the goodness that arises from my practice, And through this act of sharing,
May all desires and attachments quickly cease
And all harmful states of mind.
Until I realize Nibbāna,
In every kind of birth, may I have an upright mind,

With mindfulness and wisdom, austerity and vigour. May the forces of delusion not take hold nor weaken my resolve.

The Buddha is my excellent refuge,
Unsurpassed is the protection of the Dhamma,
The Solitary Buddha is my noble guide,
The Saṅgha is my supreme support.
Through the supreme power of all these,
May darkness and delusion be dispelled.

### 3.15 Sabbe sattā sadā hontu

Sabbe sattā sadā hontu averā sukha-jīvino Kataṃ puñña-phalaṃ mayhaṃ sabbe bhāgī bhavantu te

## 3.16 Ti-loka-vijaya-rāja-patti-dāna-gāthā

Yan kiñci kusalam kammam kattabbam kiriyam mama
Kāyena vācā manasā ti-dase sugatam katam
Ye sattā saññino atthi ye ca sattā asaññino
Katam puñña-phalam mayham sabbe bhāgī bhavantu te
Ye tam katam suviditam dinnam puñña-phalam mayā
Ye ca tattha na jānanti devā gantvā nivedayum
Sabbe lokamhi ye sattā jīvant'āhāra-hetukā
Manuññam bhojanam sabbe

labhantu mama cetasā.

Apadāna 4

# 4.

## PARITTA CHANTS

#### 4.1 Thai Traditions

Paritta chanting ceremonies in Thailand vary regionally but may be outlined as:

- · a layperson chants the invitation for paritta chanting
- the third bhikkhu or nun in seniority chants the invitation to the devas
- · the introductory chants are chanted
- the core sequence of paritta chants follow
- the closing chants end the ceremony.

The 3rd introductory chant in the Mahānikāya sect is commonly *Sambuddhe*. In Thammayut circles and frequently in the Forest Tradition, the 3rd chant is *Yo cakkhumā*.

There is a shorter and longer traditional core sequence. The djet-damnahn (เจ็ดตำนาน) contains D1-D7 as below, the sipsong-damnahn (สิบสองตำนาน) contains S1-S12. Chants that are not numbered 'D' or 'S' can be included or not, as wished, but should be recited in the order listed here.

	first line		page
i1	Namo tassa		40
i2	Buddhaṃ saraṇaṃ gacchāmi		40
i3/a	Sambuddhe aṭṭhavīsañca		41
i3/b	Yo cakkhumā		41
i4	Namo arahato		42
D1	Asevanā ca bālānaṃ	S1	43
D2	Yaṅkiñci vittaṃ	S2	46
D3	Karaṇīyam-attha-kusalena	S3	50
D4	Virūpakkhehi me mettam	S4	54
	Vadhissamenanti parāmasanto		54
D5	Udet'ayañ-cakkhumā eka-rājā	<b>S</b> 5	55
	Atthi loke sīla-guņo	S6	56
D6	Iti pi so bhagavā	S7	57
D7	Vipassissa nam'atthu	S8	58
	Natthi me saraṇaṃ aññaṃ		59
	Yaṅkiñci ratanaṃ loke		59
	Sakkatvā buddharatanam		60
	Yato'haṃ bhagini	S9	60
	Bojjh'aṅgo sati-saṅkhāto	S10	61
	Yan-dunnimittam	S11	61
	Dukkhappattā ca niddukkhā		62
	Bāhuṃ sahassam-abhinimmita		62
	Mahā-kāruṇiko nātho	S12	64
	Te attha-laddhā sukhitā		65
	Bhayatu sabba-mangalam		65

### 4.1.1 Notes for Particular Chants

**Asevanā** ca bālānaṃ: The candles at the shrine during a house invitation are lit by the host at *Asevanā*.

Yaṅkiñci vittaṃ: The candles are put out by the host at Nibbanti dhīrā yathā'yam padīpo.

**Atthi loke sīla-guṇo:** On the occasion of blessing a new house, this chant should be included, as it is traditionally considered protection against fire.

**Yato'ham bhagini:** This chant is to be used for expectant mothers since the time of the Buddha for the blessing and protection of the mother and child. It is also a good occasion to chant it when receiving alms from a newly married couple. Sangha members are encouraged to practice it.

**Dukkhappattā** ca niddukkhā: This is usually chanted as second to last before *Bhavatu sabba-mangalam*. It is considered necessary to include it whenever the devas have been invited at the beginning of the paritta chanting as this chant contains a line inviting them to leave again.

**Bāhuṃ sahassam-abhinimmita:** This is is a popular later addition to the present day standard chants. It is not listed in the *djet-* or *sipsong-damnahn* sets. Yet these days it is frequently added just before *Mahā-kāruṇiko nātho*. On some occasions (e.g. public birthdays, jubilees, inauguration ceremonies, etc.), it is an alternative, instead of chanting *djet-*

or *sipsong-damnahn*, to do a minimum sequence called *suat-phorn-phra* which contains only:

- (1) Namo Tassa, (2) Iti pi so bhagavā, (3) Bāhuṃ,
- (4) Mahā-kāruniko nātho, and (5) Bhavatu sabba-mangalam.

In this minimal chanting sequence usually one does not invite the devas.

**Te attha-laddhā sukhitā:** This is sometimes inserted before closing with *Bhavatu sabba-maṅgalaṃ*, as a special well-wishing when the occasion has to do with Buddhism in general (e.g. inauguration of a new abbot).

#### 4.2 Invitations

### 4.2.1 Invitation for Paritta Chanting

(After bowing three times, with hands joined in añjali, recite the following)

Vipatti-paṭibāhāya sabba-sampatti-siddhiyā Sabbadukkha-vināsāya Parittam brūtha maṅgalam

Vipatti-paṭibāhāya sabba-sampatti-siddhiyā Sabbabhaya-vināsāya Parittam brūtha maṅgalam

Vipatti-paṭibāhāya sabba-sampatti-siddhiyā Sabbaroga-vināsāya Parittaṃ brūtha maṅgalaṃ

(Bow three times)

### 4.2.2 Invitation to the Devas

In Thai custom, the third monk in seniority invites the devas, holding his hands in *añjali*, and lifting up the ceremonial string.

Before royal ceremonies, the invitation starts with A.

Before the shorter, *djet-damnahn* set of parittas, B. is used and C. is omitted. Before the longer, *sipsong-damnahn* set of parittas, B. is omitted and C. is used.

The verses at D. are always chanted.

When chanting outside the monastery, the invitation is concluded with E. When chanting at the monastery, the invitation is concluded either with E. or F.

(With hands joined in añjali, recite the following)

- A. Sarajjam sasenam sabandhum nar'indam Paritt'ānubhavo sadā rakkhatū-ti
- B. Pharitvāna mettam samettā bhadantā Avikkhitta-cittā parittam bhanantu
- Samantā cakka-vāļesuAtr'āgacchantu devatā
- D. Sagge kāme ca rūpe
  Giri-sikhara-taṭe c'antalikkhe vimāne
  Dīpe raṭṭhe ca gāme
  Taru-vana-gahane geha-vatthumhi khette
  Bhummā c'āyantu devā
  Jala-thala-visame yakkha-gandhabba-nāgā
  Tiṭṭhantā santike yaṃ
  Muni-vara-vacanam sādhavo me sunantu
- E. Dhammassavana-kālo ayam-bhadantā

  (Three times, or)
- F. Buddha-dassana-kālo ayam-bhadantā Dhammassavana-kālo ayam-bhadantā Saṅgha-payirūpāsana-kālo ayam-bhadantā

## 4.3 Introductory Chants

### 4.3.1 Pubba-bhāga-nama-kāra-pātho

Namo tassa bhagavato arahato sammā-sambuddhassa Namo tassa bhagavato arahato sammā-sambuddhassa Namo tassa bhagavato arahato sammā-sambuddhassa

### 4.3.2 Sarana-gamana-pātho

Buddham saraṇaṃ gacchāmi Dhammam saraṇaṃ gacchāmi Saṅgham saranam gacchāmi

Dutiyam pi buddham saranam gacchāmi Dutiyam pi dhammam saranam gacchāmi Dutiyam pi saṅgham saranam gacchāmi

Tatiyam pi buddham saraṇam gacchāmi Tatiyam pi dhammam saraṇam gacchāmi Tatiyam pi saṅgham saraṇam gacchāmi

### 4.3.3 Sambuddhe

Sambuddhe aṭṭhavīsañca
Pañca-sata-sahassāni
Tesaṃ dhammañca saṅghañca
Namakārānubhāvena
Anekā antarāyāpi
Sambuddhe pañca-paññāsañca
Dasa-sata-sahassāni
Tesaṃ dhammañca saṅghañca
Namakārānubhāvena
Anekā antarāyāpi
Sambuddhe navuttarasate
Vīsati-sata-sahassāni
Tesaṃ dhammañca saṅghañca
Namakārānubhāvena
Anekā antarāyāpi

dvādasañca sahassake namāmi sirasā aham ādarena namāmiham hantvā sabbe upaddave vinassantu asesato catuvīsati sahassake namāmi sirasā aham ādarena namāmiham hantvā sabbe upaddave vinassantu asesato aṭṭhacattāļīsa sahassake namāmi sirasā aham ādarena namāmiham hantvā sabbe upaddave vinassantu asesato

### 4.3.4 Nama-kāra-siddhi-gāthā

Yo cakkhumā moha-malāpakaṭṭho Sāmaṃ va buddho sugato vimutto Mārassa pāsā vinimocayanto Pāpesi khemaṃ janataṃ vineyyaṃ Buddhaṃ varan-taṃ sirasā namāmi Lokassa nāthañ-ca vināyakañ-ca Tan-tejasā te jaya-siddhi hotu Sabb'antarāyā ca vināsamentu Dhammo dhajo yo viya tassa satthu Dassesi lokassa visuddhi-maggaṃ Niyyāniko dhamma-dharassa dhārī Sāt'āvaho santi-karo suciṇṇo Dhammaṃ varan-taṃ sirasā namāmi Mohappadālaṃ upasanta-dāhaṃ Tan-tejasā te jaya-siddhi hotu Sabb'antarāyā ca vināsamentu

Saddhamma-senā sugatānugo yo Lokassa pāpūpakilesa-jetā Santo sayaṃ santi-niyojako ca Svākkhāta-dhammaṃ viditaṃ karoti Saṅghaṃ varan-taṃ sirasā namāmi Buddhānubuddhaṃ sama-sīla-diṭṭhiṃ Tan-tejasā te jaya-siddhi hotu Sabb'antarāyā ca vināsamentu

Thai

## 4.3.5 Namo-kāra-atthaka

Namo arahato sammā Sambuddhassa mahesino Namo uttama-dhammassa Svākkhātass'eva ten'idha Namo mahā-saṅghassāpi Visuddha-sīla-diṭṭhino Namo omāty-āraddhassa Ratanattayassa sādhukaṃ Namo omakātītassa Tassa vatthuttayassa-pi Namo-kārappabhāvena Vigacchantu upaddavā Namo-kārānubhāvena Suvatthi hotu sabbadā Namo-kārassa tejena Vidhimhi homi tejavā

Thai

## 4.4 Core Sequence

## 4.4.1 Mangala-sutta

[Evam-me sutaṃ: ekaṃ samayaṃ bhagavā, sāvatthiyaṃ viharati, jeta-vane anāthapiṇḍikassa ārāme. Atha kho aññatarā devatā abhikkantāya rattiyā abhikkanta-vaṇṇā kevala-kappaṃ jetavanaṃ obhāsetvā, yena bhagavā ten'upasaṅkami. Upasaṅkamitvā bhagavantaṃ abhivādetvā ekam-antaṃ aṭṭhāsi. Ekam-antaṃ ṭhitā kho sā devatā bhagavantaṃ gāthāya ajjhabhāsi:

Bahū devā manussā ca, Maṅgalāni acintayuṃ; Ākaṅkhamānā sotthānaṃ, Brūhi maṅgalam-uttamaṃ.]

> Asevanā ca bālānam Paṇḍitānañ-ca sevanā Pūjā ca pūjanīyānam

Etam mangalam-uttamam

Paṭirūpa-desa-vāso ca Pubbe ca kata-puññatā Atta-sammā-paṇidhi ca Etam maṅgalam-uttamaṃ

Bāhu-saccañ-ca sippañ-ca, Vinayo ca susikkhito Subhāsitā ca yā vācā Etam maṅgalam-uttamam

Mātā-pitu-upaṭṭhānaṃ Putta-dārassa saṅgaho Anākulā ca kammantā Etam maṅgalam-uttamaṃ

Dānañ-ca dhamma-cariyā ca Ñātakānañ-ca saṅgaho Anavajjāni kammāni Etam maṅgalam-uttamaṃ

Āratī viratī pāpā Majja-pānā ca saññamo Appamādo ca dhammesu Etam maṅgalam-uttamaṃ

Gāravo ca nivāto ca Santuṭṭhī ca kataññutā Kālena dhammassavanaṃ Etam maṅgalam-uttamaṃ

Khantī ca sovacassatā Samaṇānañ-ca dassanaṃ Kālena dhamma-sākacchā Etam maṅgalam-uttamaṃ

Tapo ca brahma-cariyañ-ca Ariya-saccāna-dassanaṃ Nibbāna-sacchikiriyā ca Etam maṅgalam-uttamaṃ

Phuṭṭhassa loka-dhammehi Cittaṃ yassa na kampati Asokaṃ virajaṃ khemaṃ Etam maṅgalam-uttamaṃ

Etādisāni katvāna Sabbattham-aparājitā Sabbattha sotthiṃ gacchanti Tan-tesam maṅgalam-uttaman'ti

Snp 2.4

### 4.4.2 Ratana Sutta

(In certain monasteries the custom is to chant only the numbered verses.)

Yānīdha bhūtāni samāgatāni, Bhummāni vā yāni va antalikkhe. Sabb'eva bhūtā sumanā bhavantu, Atho pi sakkacca suṇantu bhāsitaṃ. Tasmā hi bhūtā nisāmetha sabbe, Mettaṃ karotha mānusiyā pajāya. Divā ca ratto ca haranti ye baliṃ, Tasmā hi ne rakkhatha appamattā.

1. Yankiñci vittam idha vā huram vā Saggesu vā yam ratanam paṇītam Na no samam atthi tathāgatena Idam-pi buddhe ratanam paṇītam Etena saccena suvatthi hotu

- 2. Khayam virāgam amatam panītam Yad-ajjhagā sakya-munī samāhito Na tena dhammena sam'atthi kiñci Idam-pi dhamme ratanam panītam Etena saccena suvatthi hotu
- Yam buddha-seṭṭho parivaṇṇayī suciṃ Samādhim-ānantarikaññam-āhu Samādhinā tena samo na vijjati Idam-pi dhamme ratanaṃ paṇītaṃ Etena saccena suvatthi hotu
- 4. Ye puggalā aṭṭha sataṃ pasaṭṭhā
  Cattāri etāni yugāni honti
  Te dakkhiṇeyyā sugatassa sāvakā
  Etesu dinnāni mahapphalāni
  Idam-pi saṅghe ratanaṃ paṇītaṃ
  Etena saccena suvatthi hotu
- 5. Ye suppayuttā manasā daļhena
  Nikkāmino gotama-sāsanamhi
  Te patti-pattā amatam vigayha
  Laddhā mudhā nibbutim bhuñjamānā
  Idam-pi saṅghe ratanam paṇītam
  Etena saccena suvatthi hotu

Yath'inda-khīlo paṭhaviṃ sito siyā, Catubbhi vātebhi asampakampiyo. Tathūpamaṃ sappurisaṃ vadāmi, Yo ariya-saccāni avecca passati. Idam-pi Saṅghe ratanaṃ paṇītaṃ, Etena saccena suvatthi hotu.

Ye ariya-saccāni vibhāvayanti, Gambhīra-paññena sudesitāni. Kiñ-cāpi te honti bhusappamattā, Na te bhavaṃ aṭṭhamam-ādiyanti. Idam-pi Saṅghe ratanaṃ paṇītaṃ, Etena saccena suvatthi hotu.

Sahā v'assa dassana-sampadāya, Tay'assu dhammā jahitā bhavanti. Sakkāya-diṭṭhi vicikicchitañ-ca, Sīlabbataṃ vā pi yad-atthi kiñci. Catūh'apāyehi ca vippamutto, Cha cābhiṭhānāni abhabbo kātuṃ. Idam-pi Saṅghe ratanaṃ paṇītaṃ, Etena saccena suvatthi hotu.

Kiñ-cāpi so kammaṃ karoti pāpakaṃ, Kāyena vācā uda cetasā vā. Abhabbo so tassa paṭicchadāya, Abhabbatā diṭṭha-padassa vuttā. Idam-pi Saṅghe ratanaṃ paṇītaṃ, Etena saccena suvatthi hotu. Vanappagumbe yathā phussi-t-agge, Gimhāna-māse paṭhamasmiṃ gimhe. Tathūpamaṃ dhamma-varaṃ adesayi, Nibbāna-gāmiṃ paramaṃ hitāya. Idam-pi Buddhe ratanaṃ paṇītaṃ, Etena saccena suvatthi hotu.

Varo varañ-ñū vara-do var'āharo, Anuttaro dhamma-varaṃ adesayi. Idam-pi Buddhe ratanaṃ paṇītaṃ, Etena saccena suvatthi hotu.

6. Khīṇaṃ purāṇaṃ navaṃ n'atthi sambhavaṃ Viratta-citt'āyatike bhavasmiṃ Te khīṇa-bījā aviruḷhi-chandā Nibbanti dhīrā yathā'yam padīpo Idam-pi saṅghe ratanaṃ paṇītaṃ Etena saccena suvatthi hotu

> Yānīdha bhūtāni samāgatāni, Bhummāni vā yāni va antalikkhe. Tathāgataṃ deva-manussa-pūjitaṃ, Buddham namassāma suvatthi hotu.

Yānīdha bhūtāni samāgatāni, Bhummāni vā yāni va antalikkhe. Tathāgataṃ deva-manussa-pūjitaṃ, Dhammam namassāma suvatthi hotu. Yānīdha bhūtāni samāgatāni, Bhummāni vā yāni va antalikkhe. Tathāgataṃ deva-manussa-pūjitaṃ, Saṅgham namassāma suvatthi hotū-ti.

Snp 2.1

## 4.4.3 Karanīya-metta-sutta

Karaṇīyam-attha-kusalena Yan-taṃ santaṃ padaṃ abhisamecca Sakko ujū ca suhujū ca Suvaco c'assa mudu anatimānī

Santussako ca subharo ca Appakicco ca sallahuka-vutti Sant'indriyo ca nipako ca Appagabbho kulesu ananugiddho

Na ca khuddaṃ samācare kiñci Yena viññū pare upavadeyyuṃ Sukhino vā khemino hontu Sabbe sattā bhavantu sukhit'attā

Ye keci pāṇa-bhūt'atthi Tasā vā thāvarā vā anavasesā Dīghā vā ye mahantā vā Majjhimā rassakā aṇuka-thūlā

Diṭṭhā vā ye ca adiṭṭhā Ye ca dūre vasanti avidūre Bhūtā vā sambhavesī vā Sabbe sattā bhavantu sukhit'attā

Na paro paraṃ nikubbetha Nātimaññetha katthaci naṃ kiñci Byārosanā paṭighasaññā Nāññam-aññassa dukkham-iccheyya

Mātā yathā niyaṃ puttaṃ Āyusā eka-puttam-anurakkhe Evam'pi sabba-bhūtesu Mānasam-bhāvaye aparimāṇaṃ

Mettañ-ca sabba-lokasmiṃ Mānasam-bhāvaye aparimāṇaṃ Uddhaṃ adho ca tiriyañ-ca Asambādhaṃ averaṃ asapattaṃ

Tiṭṭhañ-caraṃ nisinno vā Sayāno vā yāvat'assa vigata-middho Etaṃ satiṃ adhiṭṭheyya Brahmam-etaṃ vihāraṃ idham-āhu

Diṭṭhiñca anupagamma Sīlavā dassanena sampanno Kāmesu vineyya gedhaṃ Na hi jātu gabbha-seyyaṃ punaretī'ti

#### 4.4.4 The Buddha's Words on Loving-Kindness

[Now let us chant the Buddha's words on loving-kindness.]

[This is what should be done]
By one who is skilled in goodness
And who knows the path of peace:
Let them be able and upright,
Straightforward and gentle in speech,

Humble and not conceited,
Contented and easily satisfied,
Unburdened with duties and frugal in their ways.
Peaceful and calm, and wise and skilful,
Not proud and demanding in nature.

Let them not do the slightest thing That the wise would later reprove, Wishing: In gladness and in safety, May all beings be at ease.

Whatever living beings there may be, Whether they are weak or strong, omitting none, The great or the mighty, medium, short, or small,

The seen and the unseen, Those living near and far away, Those born and to be born, May all beings be at ease.

Let none deceive another

Or despise any being in any state. Let none through anger or ill-will Wish harm upon another.

Even as a mother protects with her life Her child, her only child, So with a boundless heart Should one cherish all living beings, Radiating kindness over the entire world:

Spreading upwards to the skies And downwards to the depths, Outwards and unbounded, Freed from hatred and ill-will.

Whether standing or walking, seated, Or lying down — free from drowsiness — One should sustain this recollection. This is said to be the sublime abiding.

By not holding to fixed views, The pure-hearted one, having clarity of vision, Being freed from all sense-desires, Is not born again into this world.

## 4.4.5 Khandha-parittam

Virūpakkhehi me mettaṃ
Chabyā-puttehi me mettaṃ
Apādakehi me mettaṃ
Catuppadehi me mettaṃ
Mā maṃ apādako hiṃsi
Mā maṃ catuppado hiṃsi
Sabbe sattā sabbe pāṇā
Sabbe bhadrāni passantu
Appamāṇo buddho
Appamāṇo saṅgho
Ahi-vicchikā sata-padī
Katā me rakkhā katā me parittā
So'haṃ namo bhagavato
Sammā-sambuddhānaṃ

mettaṃ erāpathehi me mettaṃ kaṇhā-gotamakehi ca mettaṃ dipādakehi me mettaṃ bahuppadehi me mā maṃ hiṃsi dipādako mā maṃ hiṃsi bahuppado sabbe bhūtā ca kevalā mā kiñci pāpam-āgamā appamāṇo dhammo pamāṇavantāni siriṃsapāni uṇṇā-nābhī sarabhū mūsikā paṭikkamantu bhūtāni namo sattannaṃ

AN 2.72-73

# 4.4.6 Chaddanta-parittam

Vadhissamenanti parāmasanto Kāsāvamaddakkhi dhajam isīnam Dukkhena phuṭṭhassudapādi saññā Arahaddhajo sabbhi avajjharūpo

Sallena viddho byathitopi santo Kāsāvavatthamhi manaṅ na dussayi. Sace imaṃ nāgavarena saccaṃ, Mā maṇ vane bālamigā agañchunti.

#### 4.4.7 Mora-parittam

a.m.

Udet'ayañ-cakkhumā eka-rājā, Harissa-vaṇṇo paṭhavippabhāso; Taṃ taṃ namassāmi harissa-vaṇṇaṃ paṭhavippabhāsaṃ, Tay'ajja guttā viharemu divasam.

Ye brāhmaṇā veda-gu sabba-dhamme, Te me namo, te ca maṃ pālayantu; Nam'atthu Buddhānaṃ, nam'atthu bodhiyā, Namo vimuttānaṃ, namo vimuttiyā. Imaṃ so parittaṃ katvā, Moro carati esanā'ti.

p.m.

Apet'ayañ-cakkhumā eka-rājā, Harissa-vaṇṇo paṭhavippabhāso; Taṃ taṃ namassāmi harissa-vaṇṇaṃ paṭhavippabhāsaṃ, Tay'ajja guttā viharemu rattiṃ.

Ye brāhmaṇā veda-gu sabba-dhamme, Te me namo, te ca maṃ pālayantu; Nam'atthu Buddhānaṃ, nam'atthu bodhiyā, Namo vimuttānaṃ, namo vimuttiyā. Imaṃ so parittaṃ katvā, Moro vāsam-akappayī'ti.

## 4.4.8 Vattaka-parittam

Atthi loke sīla-guņo
Tena saccena kāhāmi
Āvajjitvā dhamma-balaṃ
Sacca-balam-avassāya
Santi pakkhā apattanā
Mātā pitā ca nikkhantā
Saha sacce kate mayhaṃ
Vajjesi soļasa karīsāni
Saccena me samo n'atthi

saccam soceyy'anuddayā sacca-kiriyam-anuttaram saritvā pubbake jine sacca-kiriyam-akās'aham santi pādā avañcanā jāta-veda paṭikkama mahā-pajjalito sikhī udakam patvā yathā sikhī esā me sacca-pāramī ti

Cariyapitaka vv.319-322

## 4.4.9 Buddha-dhamma-sangha-guṇā

Iti pi so bhagavā arahaṃ sammā-sambuddho Vijjā-caraṇa-sampanno sugato loka-vidū Anuttaro purisa-damma-sārathi Satthā devamanussānam buddho bhagavā'ti

Svākkhāto bhagavatā dhammo sandiṭṭhiko akāliko ehi-passiko Opanayiko paccattaṃ veditabbo viññūhī'ti

Supaṭipanno bhagavato sāvaka-saṅgho
Uju-paṭipanno bhagavato sāvaka-saṅgho
Ñāya-paṭipanno bhagavato sāvaka-saṅgho
Sāmīci-paṭipanno bhagavato sāvaka-saṅgho
Yad-idaṃ cattāri purisa-yugāni aṭṭha purisa-puggalā
Esa bhagavato sāvaka-saṅgho
Āhuneyyo pāhuneyyo dakkhiṇeyyo añjali-karaṇīyo
Anuttaraṃ puññakkhettaṃ lokassā'ti

Araññe rukkha-mūle vā
Suññāgāre va bhikkhavo
Anussaretha Sambuddhaṃ
Bhayaṃ tumhāka no siyā.
No ce Buddhaṃ sareyyātha
Loka-jeṭṭhaṃ nar'āsabhaṃ
Atha dhammaṃ sareyyātha
Niyyānikaṃ sudesitaṃ.
No ce dhammaṃ sareyyātha

Niyyānikaṃ sudesitaṃ Atha saṅghaṃ sareyyātha Puññakkhettaṃ anuttaraṃ. Evam-Buddhaṃ sarantānaṃ Dhammaṃ saṅghañ-ca bhikkhavo Bhayaṃ vā chambhitattaṃ vā Loma-haṃso na hessatī-ti.

S.I.219-220

# 4.4.10 Āṭānāṭiya Paritta (short)

Vipassissa nam'atthu
Sikhissa pi nam'atthu
Vessabhussa nam'atthu
Nam'atthu kakusandhassa
Konāgamanassa nam'atthu
Kassapassa nam'atthu
Aṅgīrasassa nam'atthu
Yo imaṃ dhammam-adesesi
Ye cāpi nibbutā loke
Te janā apisuṇā
Hitaṃ deva-manussānaṃ
Vijjā-caraṇa-sampannaṃ

cakkhumantassa sirīmato sabba-bhūtānukampino nhātakassa tapassino māra-senappamaddino brāhmaṇassa vusīmato vippamuttassa sabbadhi sakya-puttassa sirīmato sabba-dukkhāpanūdanaṃ yathā-bhūtaṃ vipassisuṃ mahantā vīta-sāradā yaṃ namassanti gotamaṃ mahantaṃ vīta-sāradaṃ buddhaṃ vandāma gotaman'ti

D.III.195-196

## 4.4.11 Sacca-kiriyā-gāthā

Natthi me saraṇaṃ aññaṃ buddho me saraṇaṃ varaṃ Etena sacca-vajjena sotthi te/me hotu sabbadā

Natthi me saraṇaṃ aññaṃ dhammo me saraṇaṃ varaṃ Etena sacca-vajjena sotthi te/me hotu sabbadā

Natthi me saraṇaṃ aññaṃ saṅgho me saraṇaṃ varaṃ Etena sacca-vajjena sotthi te/me hotu sabbadā

#### 4.4.12 Yankiñci ratanam loke

Yaṅkiñci ratanaṃ loke Ratanaṃ buddhasamaṃ Yaṅkiñci ratanaṃ loke Ratanaṃ dhammasamaṃ Yaṅkiñci ratanaṃ loke Ratanaṃ saṅghasamaṃ vijjati vividham puthu natthi tasmā sotthī bhavantu te vijjati vividham puthu natthi tasmā sotthī bhavantu te vijjati vividham puthu natthi tasmā sotthī bhavantu te

#### 4.4.13 Sakkatvā buddharatanam

Sakkatvā buddharatanaṃ Hitaṃ devamanussānaṃ Nassantupaddavā sabbe Sakkatvā dhammaratanaṃ Pariļāhūpasamanaṃ Nassantupaddavā sabbe Sakkatvā saṅgharatanaṃ Āhuneyyaṃ pāhuneyyaṃ Nassantupaddavā sabbe osatham uttamam varam buddhatejena sotthinā dukkhā vūpasamentu te osatham uttamam varam dhammatejena sotthinā bhayā vūpasamentu te osatham uttamam varam sanghatejena sotthinā rogā vūpasamentu te

The djet-damnahn sequence ends here and continues with the closing sequence.

#### 4.4.14 Aṅguli-māla-parittam

Yato'haṃ bhagini ariyāya jātiyā jāto Nābhijānāmi sañcicca pāṇaṃ jīvitā voropetā Tena saccena sotthi te hotu sotthi gabbhassa

M.II.103

#### 4.4.15 Bojjh'anga-parittam

Bojjh'aṅgo sati-saṅkhāto Viriyam-pīti-passaddhi Samādh'upekkha-bojjh'angā Muninā sammad-akkhātā Samvattanti abhiññāya Etena sacca-vajjena Ekasmim samaye nātho Gilāne dukkhite disvā Te ca tam abhinanditvā Etena sacca-vajjena Ekadā dhamma-rājā pi Cundattherena tañ-ñeva Sammoditvā ca ābādhā Etena sacca-vajjena Pahīnā te ca ābādhā Magg'āhata-kilesā va Etena sacca-vajjena

dhammānam vicayo tathā bojjh'aṅgā ca tathā'pare satt'ete sabba-dassinā bhāvitā bahulīkatā nibbānāya ca bodhiyā sotthi te hotu sabbadā moggallānañ-ca kassapam bojjh'ange satta desayi rogā muccimsu tań-khane sotthi te hotu sabbadā gelaññenābhipīlito bhaṇāpetvāna sādaram tamhā vutthāsi thānaso sotthi te hotu sabbadā tinnannam-pi mahesinam pattānuppatti-dhammatam sotthi te hotu sabbadā

S.V.80f

# 4.4.16 Abhaya-parittam

Yan-dunnimittam avamangalañ-ca Yo cāmanāpo sakunassa saddo Pāpaggaho dussupinam akantam Buddhānubhāvena vināsamentu Yan-dunnimittam avamangalañ-ca Yo cāmanāpo sakunassa saddo Pāpaggaho dussupinam akantam Dhammānubhāvena vināsamentu

Yan-dunnimittam avamangalañ-ca Yo cāmanāpo sakunassa saddo Pāpaggaho dussupinam akantam Sanghānubhāvena vināsamentu

Trad.

The sipsong-damnahn sequence ends here and continues with the closing sequence.

## 4.5 Closing Sequence

## 4.5.1 Devatā-uyyojana-gāthā

Dukkhappattā ca niddukkhā Sokappattā ca nissokā Ettāvatā ca amhehi Sabbe devānumodantu Dānaṃ dadantu saddhāya Bhāvanābhiratā hontu [Sabbe buddhā] balappattā Arahantānañ-ca tejena bhayappattā ca nibbhayā hontu sabbe pi pāṇino sambhataṃ puñña-sampadaṃ sabba-sampatti-siddhiyā sīlaṃ rakkhantu sabbadā gacchantu devatā-gatā paccekānañ-ca yaṃ balaṃ rakkham bandhāmi sabbaso

# 4.5.2 Jaya-mangala-attha-gāthā

Bāhuṃ sahassam-abhinimmita sāvudhan-taṃ Grīmekhalaṃ udita-ghora-sasena-māraṃ Dān'ādi-dhamma-vidhinā jitavā mun'indo Tan-tejasā bhavatu te jaya-mangalāni

Mārātirekam-abhiyujjhita-sabba-rattim Ghoram-pan'āļavakam-akkhama-thaddha-yakkham Khantī-sudanta-vidhinā jitavā mun'indo Tan-tejasā bhavatu te jaya-maṅgalāni

Nāļāgirim gaja-varam atimatta-bhūtam Dāv'aggi-cakkam-asanīva sudāruņan-tam Mett'ambu-seka-vidhinā jitavā mun'indo Tan-tejasā bhavatu te jaya-maṅgalāni

Ukkhitta-khaggam-atihattha-sudāruṇan-taṃ Dhāvan-ti-yojana-path'aṅguli- mālavantaṃ Iddhī'bhisaṅkhata-mano jitavā mun'indo Tan-tejasā bhavatu te jaya-maṅgalāni

Katvāna kaṭṭham-udaraṃ iva gabbhinīyā Ciñcāya duṭṭha-vacanaṃ jana-kāya majjhe Santena soma-vidhinā jitavā mun'indo Tan-tejasā bhavatu te jaya-maṅgalāni

Saccam vihāya-mati-saccaka-vāda-ketum Vādābhiropita-manam ati-andha-bhūtam Paññā-padīpa-jalito jitavā mun'indo Tan-tejasā bhavatu te jaya-maṅgalāni

Nandopananda-bhujagam vibudham mah'iddhim Puttena thera-bhujagena damāpayanto Iddhūpadesa-vidhinā jitavā mun'indo Tan-tejasā bhavatu te jaya-maṅgalāni

Duggāha-diṭṭhi-bhujagena sudaṭṭha-hatthaṃ Brahmaṃ visuddhi-jutim-iddhi-bakābhidhānaṃ Ñāṇāgadena vidhinā jitavā mun'indo Tan-tejasā bhavatu te jaya-maṅgalāni

Etā pi buddha-jaya-maṅgala-aṭṭha-gāthā Yo vācano dina-dine saratem-atandī Hitvān'aneka-vividhāni c'upaddavāni Mokkhaṃ sukhaṃ adhigameyya naro sapañño

Trad.

# 4.5.3 Jaya-parittam

Mahā-kāruṇiko nātho
Pūretvā pāramī sabbā
Etena sacca-vajjena
Jayanto bodhiyā mūle
Evaṃ tvaṃ vijayo hohi
Aparājita-pallaṅke
Abhiseke sabba-buddhānaṃ
Sunakkhattaṃ sumaṅgalaṃ
Sukhaṇo sumuhutto ca
Padakkhiṇaṃ kāya-kammaṃ
Padakkhiṇaṃ mano-kammaṃ

hitāya sabba-pāṇinaṃ patto sambodhim-uttamaṃ hotu te jaya-maṅgalaṃ sakyānaṃ nandi-vaḍḍhano jayassu jaya-maṅgale sīse paṭhavi-pokkhare aggappatto pamodati supabhātaṃ suhuṭṭhitaṃ suyiṭṭhaṃ brahma-cārisu vācā-kammaṃ padakkhiṇaṃ paṇidhi te padakkhiṇā labhant'atthe padakkhiṇe

### 4.5.4 So attha-laddho

So attha-laddho sukhito v Arogo sukhito hohi s

viruļho buddha-sāsane; saha sabbehi ñātibhi.

#### 4.5.5 Sā attha-laddhā

Sā attha-laddhā sukhitā Arogā sukhitā hohi viruļhā buddha-sāsane; saha sabbehi ñātibhi.

## 4.5.6 Te attha-laddhā sukhitā

Te attha-laddhā sukhitā Arogā sukhitā hotha viruļhā buddha-sāsane; saha sabbehi ñātibhi.

cf. A.I.294

## 4.5.7 Bhavatu sabba-mangalam

Bhavatu sabba-maṅgalaṃ, rakkhantu sabba-devatā Sabba-buddhānubhāvena, sadā sotthī bhavantu te Bhavatu sabba-maṅgalaṃ, rakkhantu sabba-devatā Sabba-dhammānubhāvena, sadā sotthī bhavantu te Bhavatu sabba-maṅgalaṃ, rakkhantu sabba-devatā Sabba-saṅghānubhāvena, sadā sotthī bhavantu te

## 4.6 Mahā-kāruņiko nātho ti ādikā gāthā

Mahā-kāruņiko nātho Atthāya sabba-pāṇinaṃ Hitāya sabba-pāṇinaṃ Sukhāya sabba-pāṇinaṃ

Pūretvā pāramī sabbā Patto sambodhim-uttamaṃ Etena sacca-vajjena Mā hontu sabb'upaddavā.

# 4.7 Āṭānāṭiya Paritta (long)

(Solo introduction)

Appasannehi nāthassa Amanussehi caṇḍehi Parisānañca-tassannam Yandesesi mahāvīro sāsane sādhusammate sadā kibbisakāribhi ahiṃsāya ca guttiyā parittan-tam bhaṇāma se.

[Namo me sabbabuddhānam] Tanhankaro mahāvīro Saranankaro lokahito Kondañño janapāmokkho Sumano sumano dhiro Sobhito gunasampanno Padumo lokapajjoto Padumuttaro sattasāro Sujāto sabbalokaggo Atthadassī kāruniko Siddhattho asamo loke Phusso ca varado buddho Sikhī sabbahito satthā Kakusandho satthavāho Kassapo sirisampanno Ete caññe ca sambuddhā Sabbe buddhā asamasamā Sabbe dasabalūpetā Sabbe te patijānanti Sīhanādam nadantete

uppannānam mahesinam medhankaro mahāyaso dīpaṅkaro jutindharo mangalo purisāsabho revato rativaddhano anomadassī januttamo nārado varasārathī sumedho appatipuggalo piyadassī narāsabho dhammadassī tamonudo tisso ca vadatam varo vipassī ca anūpamo vessabhū sukhadāyako konāgamano ranañjaho gotamo sakyapungavo anekasatakotayo sabbe buddhā mahiddhikā vesārajjehupāgatā āsabhanthānamuttamam parisāsu visāradā

Brahmacakkam pavattenti Upetā buddhadhammehi Dvattimsa-lakkhanūpetā Byāmappabhāya suppabhā Buddhā sabbaññuno ete Mahappabhā mahātejā Mahākārunikā dhīrā Dīpā nāthā patitthā Gatī handhū mahassāsā Sadevakassa lokassa Tesāham sirasā pāde Vacasā manasā ceva Sayane āsane thāne Sadā sukhena rakkhantu Tehi tvam rakkhito santo Sabba-rogavinimutto Sabba-veramatikkanto Tesam saccena sīlena Tepi tumhe<sup>\*</sup> anurakkhantu Puratthimasmim disābhāge Tepi tumhe anurakkhantu Dakkhinasmim disābhāge Tepi tumhe anurakkhantu Pacchimasmim disābhāge

loke appativattiyam atthārasahi nāyakā sītyānubyañjanādharā sabbe te munikuñjarā sabbe khīnāsavā jinā mahāpaññā mahabbalā sabbesānam sukhāvahā ca tānā lenā ca pāninam saranā ca hitesino sabbe ete parāyanā vandāmi purisuttame vandāmete tathāgate gamane cāpi sabbadā buddhā santikarā tuvam mutto sabbabhayena ca sabba-santāpavajjito nibbuto ca tuvam bhava khantimettābalena ca ārogyena sukhena ca santi bhūtā mahiddhikā ārogyena sukhena ca santi devā mahiddhikā ārogvena sukhena ca santi nāgā mahiddhikā

<sup>\*</sup>If chanting for oneself, change *tumhe* to *amhe* here and in the lines below.

Tepi tumhe anurakkhantu Uttarasmim disābhāge Tepi tumhe anurakkhantu Purimadisam dhataraṭṭho Pacchimena virūpakkho Cattāro te mahārājā Tepi tumhe anurakkhantu Ākāsaṭṭhā ca bhummaṭṭhā Tepi tumhe anurakkhantu ārogyena sukhena ca santi yakkhā mahiddhikā ārogyena sukhena ca dakkhiṇena viruļhako kuvero uttaraṃ disaṃ lokapālā yasassino ārogyena sukhena ca devā nāgā mahiddhikā ārogyena sukhena ca

## 4.7.1 Natthi me saraṇaṃ aññaṃ

Natthi me saraṇaṃ aññaṃ Etena saccavajjena Natthi me saraṇaṃ aññaṃ Etena saccavajjena Natthi me saraṇaṃ aññaṃ Etena saccavajjena buddho me saraṇaṃ varaṃ hotu te\* jayamaṅgalaṃ dhammo me saraṇaṃ varaṃ hotu te jayamaṅgalaṃ saṅgho me saraṇaṃ varaṃ hotu te jayamaṅgalaṃ

## 4.7.2 Sabbītiyo vivajjantu

Sabbītiyo vivajjantu Mā te bhavatvantarāyo Abhivādanasīlissa Cattāro dhammā vaddhanti sabbarogo vinassatu sukhī dīghāyuko bhava niccaṃ vuḍḍhāpacāyino āyu vanno sukham balam

Dhp 109

<sup>\*</sup>If chanting for oneself, change te to me here and in the lines below.

## 4.8 Natthi me saranam aññam

Natthi me saraṇaṃ aññaṃ Etena sacca-vajjena Natthi me saraṇaṃ aññaṃ Etena sacca-vajjena Natthi me saraṇaṃ aññaṃ Etena sacca-vajjena buddho me saraṇaṃ varaṃ hotu te jaya-maṅgalaṃ dhammo me saraṇaṃ varaṃ hotu te jaya-maṅgalaṃ saṅgho me saraṇaṃ varaṃ hotu te jaya-maṅgalaṃ

#### 4.9 Yankiñci ratanam loke

Yaṅkiñci ratanaṃ loke Ratanaṃ buddha-samaṃ n'atthi Yaṅkiñci ratanaṃ loke Ratanaṃ dhamma-samaṃ n'atthi Yaṅkiñci ratanaṃ loke Ratanaṃ saṅgha-samaṃ n'atthi vijjati vividham puthu tasmā sotthī bhavantu te vijjati vividham puthu tasmā sotthī bhavantu te vijjati vividham puthu tasmā sotthī bhavantu te

### 4.10 Sakkatvā

Sakkatvā buddha-ratanaṃ Hitaṃ deva-manussānaṃ Nassant'upaddavā sabbe Sakkatvā dhamma-ratanaṃ Pariļāhūpasamanaṃ Nassant'upaddavā sabbe Sakkatvā saṅgha-ratanaṃ Āhuneyyaṃ pāhuneyyaṃ Nassant'upaddavā sabbe osatham uttamam varam buddha-tejena sotthinā dukkhā vūpasamentu te/me osatham uttamam varam dhamma-tejena sotthinā bhayā vūpasamentu te/me osatham uttamam varam saṅgha-tejena sotthinā rogā vūpasamentu te/me

## 4.11 Pabbatopama-gāthā

Yathā pi selā vipulā
Samantā anupariyeyyuṃ
Evaṃ jarā ca maccu ca
Khattiye brāhmaṇe vesse
Na kiñci parivajjeti
Na tattha hatthīnaṃ bhūmi
Na cāpi manta-yuddhena
Tasmā hi paṇḍito poso
Buddhe Dhamme ca Saṅghe ca
Yo Dhamma-cārī kāyena
Idh'eva naṃ pasaṃsanti

nabhaṃ āhacca pabbatā; nippothentā catuddisā; adhivattanti pāṇino; sudde caṇḍāla-pukkuse; sabbam-evābhimaddati; na rathānaṃ na pattiyā; sakkā jetuṃ dhanena vā; sampassaṃ attham-attano; dhīro saddhaṃ nivesaye; vācāya uda cetasā; pecca sagge pamodati.

S.I.102

#### 4.12 Verses on the Burden

[Handa mayam bhāra-sutta-gāthāyo bhaṇāmase]

Bhārā have pañcakkhandhā Bhār'ādānaṃ dukkhaṃ loke Nikkhipitvā garuṃ bhāraṃ Samūlaṃ taṇhaṃ abbuyha bhāra-hāro ca puggalo bhāra-nikkhepanaṃ sukhaṃ aññaṃ bhāraṃ anādiya nicchāto parinibbuto

S.III.26

## 4.13 Khemākhema-saraņa-gamana-paridīpikā-gāthā

Bahum ve saraṇam yanti Ārāma-rukkha-cetyāni N'etaṃ kho saraṇaṃ khemaṃ N'etaṃ saraṇam-āgamma Yo ca Buddhañ-ca Dhammañ-ca Cattāri ariya-saccāni Dukkhaṃ dukkha-samuppādaṃ Ariyañ-c'aṭṭh'aṅgikaṃ maggaṃ Etaṃ kho saraṇaṃ khemaṃ Etaṃ saraṇam-āgamma pabbatāni vanāni ca; manussā bhaya-tajjitā. n'etaṃ saraṇam-uttamaṃ; sabba-dukkhā pamuccati. saṅghañ-ca saraṇaṃ gato; sammappaññāya passati. dukkhassa ca atikkamaṃ; dukkhūpasama-gāminaṃ. etaṃ saraṇam-uttamaṃ; sabba-dukkhā pamuccatī-ti.

Dhp 188-192.

## 4.14 Verses on a Shining Night of Prosperity

[Handa mayaṃ bhadd'eka-ratta-gāthāyo bhaṇāmase]

Atītaṃ nānvāgameyya
Yad'atītaṃ pahīnan-taṃ
Paccuppannañca yo dhammaṃ
Asaṃhiraṃ asaṅkuppaṃ
Ajj'eva kiccam-ātappaṃ
Na hi no saṅgaran-tena
Evaṃ vihārim-ātāpiṃ
Tam ve bhadd'eka-ratto'ti

nappaṭikaṅkhe anāgataṃ appattañca anāgataṃ tattha tattha vipassati taṃ viddhām-anubrūhaye ko jaññā maraṇaṃ suve mahā-senena maccunā aho-rattam-atanditaṃ santo ācikkhate muni

M.III.187

### 4.15 Verses on the Three Characteristics

[Handa mayam ti-lakkhan'ādi-gāthāyo bhanāmase]

Sabbe saṅkhārā aniccā'ti Atha nibbindati dukkhe Sabbe saṅkhārā dukkhā'ti Atha nibbindati dukkhe Sabbe dhammā anattā'ti Atha nibbindati dukkhe yadā paññāya passati esa maggo visuddhiyā yadā paññāya passati esa maggo visuddhiyā yadā paññāya passati esa maggo visuddhiyā

Dhp 277-279

Appakā te manussesu
Athāyam itarā pajā
Ye ca kho sammad-akkhāte
Te janā pāram-essanti
Kaṇhaṃ dhammaṃ vippahāya
Okā anokam-āgamma
Tatrābhiratim-iccheyya
Pariyodapeyya attānam,
Yesaṃ sambodhi-y-aṅgesu,
Ādāna-paṭinissagge,
Khīn'āsavā jutimanto,

ye janā pāra-gāmino
tīram-evānudhāvati
dhamme dhammānuvattino
maccu-dheyyam suduttaram
sukkam bhāvetha paṇḍito
viveke yattha dūramam
hitvā kāme akiñcano
citta-klesehi paṇḍito
sammā cittam subhāvitam
anupādāya ye ratā
te loke parinibbutā-ti.

Dhp 85-89

#### 4.16 Verses on Respect for the Dhamma

[Handa mayam dhamma-gārav'ādi-gāthāyo bhaṇāmase]

Ye ca atītā sambuddhā Yo c'etarahi sambuddho Sabbe saddhamma-garuno Atho pi viharissanti Tasmā hi atta-kāmena Saddhammo garu-kātabbo ye ca buddhā anāgatā bahunnaṃ soka-nāsano vihariṃsu viharanti ca esā buddhāna dhammatā mahattam-abhikaṅkhatā saraṃ buddhāna sāsanaṃ

S.I.140

Na hi dhammo adhammo ca Ubho sama-vipākino Adhammo nirayaṃ neti Dhammo pāpeti suggatiṃ

Dhammo have rakkhati dhamma-cāriṃ Dhammo suciṇṇo sukham-āvahāti Esānisaṃso dhamme suciṇṇe Na duggatiṃ gacchati dhamma-cārī.

Thag 303-304

#### 4.17 Verses on the Buddha's First Exclamation

[Handa mayaṃ paṭhama-buddha-bhāsita-gāthāyo bhanāmase]

Aneka-jāti-saṃsāraṃ Gaha-kāraṃ gavesanto Gaha-kāraka diṭṭho'si Sabbā te phāsukā bhaggā Visaṅkhāra-gatam cittaṃ sandhāvissaṃ anibbisaṃ dukkhā jāti punappunaṃ puna gehaṃ na kāhasi gaha-kūṭaṃ visaṅkhataṃ taṇhānaṃ khayam-ajjhagā

Dhp 153-154

## 4.18 Arising From a Cause

Ye dhammā hetuppabhavā Tesaṃ hetuṃ tathāgato āha Tesañca yo nirodho Evaṃ-vādī mahāsamaṇo'ti.

Mv.1.23.5

## 4.19 Nakkhattayakkha

The paritta chanting may be closed with the following:

Nakkhatta-yakkha-bhūtānaṃ Parittassānubhāvena

pāpa-ggaha-nivāraṇā hantvā tesam upaddave

(Three times)

# 5.

# ANUMODANĀ

#### 5.1 Just as Rivers

Yathā vāri-vahā pūrā paripūrenti sāgaraṃ Evam-eva ito dinnaṃ petānaṃ upakappati

Just as rivers full of water entirely fill up the sea So will what's here been given bring blessings to departed spirits.

Khp.VII.v8

Icchitaṃ patthitaṃ tumhaṃ Sabbe pūrentu saṅkappā Mani jotiraso yathā khippam-eva samijjhatu cando paṇṇaraso yathā

May all your hopes and all your longings come true in no long time. May all your wishes be fulfilled like on the fifteenth day the Moon or like a bright and shining gem.

DhpA.I.198

Sabba-roga-vinimutto sabba-santāpa-vajjito Sabba-veram-atikkanto nibbuto ca tuvam-bhava

May you be freed from all disease, safe from all torment, beyond all animosity and unbound.

Sabb'ītiyo vivajjantu
Sabba-rogo vinassatu
Mā te bhavatv-antarāyo
Sukhī dīgh'āyuko bhava
Abhivādana-sīlissa
Niccaṃ vuḍḍhāpacāyino
Cattāro dhammā vaḍḍhanti
Āyu vaṇṇo sukhaṃ balaṃ

Dhp 109

May all misfortunes be avoided, may all illness be dispelled, may you never meet with dangers, may you be happy and live long. For those who are respectful, who always honour the elders, four are the qualities which will increase: Life, beauty, happiness and strength.

Bhavatu sabba-maṅgalaṃ, rakkhantu sabba-devatā Sabba-buddhānubhāvena, sadā sotthī bhavantu te

Bhavatu sabba-maṅgalaṃ, rakkhantu sabba-devatā Sabba-dhammānubhāvena, sadā sotthī bhavantu te

Bhavatu sabba-maṅgalaṃ, rakkhantu sabba-devatā Sabba-saṅghānubhāvena, sadā sotthī bhavantu te

May every blessing come to be and all good spirits guard you well. Through the power of all Buddhas ... Dhammas ... Saṅghas may you always be at ease.

#### 5.2 Ratanattay'ānubhāv'ādi-gāthā

Ratanattay'ānubhāvena Dukkha-roga-bhayā verā Anekā antarāyā pi Jaya-siddhi dhanaṃ lābhaṃ Siri āyu ca vaṇṇo ca Sata-vassā ca āyu ca ratanattaya-tejasā sokā sattu c'upaddavā vinassantu asesato sotthi bhāgyaṃ sukhaṃ balaṃ bhogaṃ vuḍḍhī ca yasavā jīva-siddhī bhavantu te.

# 5.3 Bhojana-dānānumodanā

Āyu-do bala-do dhīro Sukhassa dātā medhāvī Āyuṃ datvā balaṃ vaṇṇaṃ Dīgh'āyu yasavā hoti vaṇṇa-do paṭibhāṇa-do; sukhaṃ so adhigacchati. sukhañ-ca paṭibhāna-do; yattha yatthūpapajjatī-ti.

A.III.42

# 5.4 Saṅgha-vatthu-gāthā

Dānañ-ca peyya-vajjañ-ca Samānattatā ca dhammesu Ete kho saṅgahā loke Ete ca saṅgahā nāssu Labhetha mānaṃ pūjaṃ vā Yasmā ca saṅgahā ete Tasmā mahattaṃ papponti attha-cariyā ca yā idha tattha tattha yathā'raham rathass'āṇīva yāyato na mātā putta-kāraṇā pitā vā putta-kāraṇā samavekkhanti paṇḍitā pāsaṃsā ca bhavanti te-ti.

A.II.32

# 5.5 Ādiya-sutta-gāthā

Bhuttā bhogā bhaṭā bhaccā Uddhaggā dakkhiṇā dinnā Upaṭṭhitā sīlavanto Yad-atthaṃ bhogam-iccheyya So me attho anuppatto Etaṃ anussaraṃ macco Idh'eva naṃ pasaṃsanti vitiṇṇā āpadāsu me; atho pañca balī katā; saññatā brahma-cārino; paṇḍito gharam-āvasaṃ; kataṃ ananutāpiyaṃ: ariya-dhamme ṭhito naro; pecca sagge ca pamodatī-ti.

A.III.46

## 5.6 Maha-mangala-cakkavāļa

Siri-dhiti-mati-tejo-jayasiddhi-mahiddhi-mahāguṇā-parimitapuññādhikarassa sabbantarāya-nivāraṇa-samatthassa bhagavato arahato sammā-sambuddhassa dvattimsa-mahā-purisa-lakkhaṇānubhavena

asītyānubyañjanānubhavena
aṭṭhuttara-sata-maṅgalānubhavena
chabbaṇṇa-raṃsiyānubhāvena ketumālānubhāvena
dasa-pāramitānubhāvena
dasa-upapāramitānubhāvena
dasa-paramattha-pāramitānubhāvena
sīla-samādhi-paññānubhāvena
buddhānubhāvena
dhammānubhāvena
saṅghānubhāvena

tejānubhāvena
iddhānubhāvena
balānubhāvena
ñeyya-dhammānubhāvena
caturāsīti-sahassa-dhamma-kkhandhānubhāvena
nava-lokuttara-dhammānubhāvena
aṭṭhaṅgika-maggānubhāvena
aṭṭha-samāpattiyānubhāvena
chaļabhiññānubhāvena
catu-sacca-ñāṇānubhāvena
dasa-bala-ñāṇānubhāvena
sabbaññuta-ñāṇānubhāvena
mettā-karuṇā-muditā-upekkhānubhāvena
sabba-parittānubhāvena
ratanattaya-saraṇānubhāvena

tuyhaṃ sabba-roga-sok'upaddava-dukkha-domanass'upāyāsā vinassantu sabba-antarāyā pi vinassantu sabba-saṅkappā tuyhaṃ samijjhantu dīghāyutā tuyhaṃ hotu sata-vassa-jīvena samaṅgiko hotu sabbadā.

ākāsa-pabbata-vana-bhūmi-gaṅgā-mahāsamuddā ārakkhakā devatā sadā tumhe anurakkhantu.

## 5.7 Culla-mangala-cakka-vāļa

Sabba-buddh'ānubhāvena, sabba-dhamm'ānubhāvena, sabba-saṅgh'ānubhāvena

Buddha-ratanam, dhamma-ratanam, sangha-ratanam

Tiṇṇaṃ ratanānaṃ ānubhāvena Catur-āsīti-sahassa-dhammakkhandh'ānubhāvena Piṭakattay'ānubhāvena Jina-sāvak'ānubhāvena

Sabbe te rogā, sabbe te bhayā, sabbe te antarāyā, sabbe te upaddavā, sabbe te dunnimittā, sabbe te avamaṅgalā vinassantu

Āyu-vaḍḍhako, dhana-vaḍḍhako, siri-vaḍḍhako, yasa-vaḍḍhako, bala-vaḍḍhako, vaṇṇa-vaḍḍhako, sukha-vaḍḍhako, hotu sabbadā

Dukkha-roga-bhayā verā, sokā sattu c'upaddavā Anekā antarāyā pi, vinassantu ca tejasā Jaya-siddhi dhanaṃ lābhaṃ, sotthi bhāgyaṃ sukhaṃ balaṃ Siri āyu ca vaṇṇo ca, bhogaṃ vuḍḍhī ca yasavā Sata-vassā ca āyū ca, jīva-siddhī bhavantu te

Bhavatu sabba-mangalam...

## 5.8 Ariya-dhana-gāthā

Yassa saddhā tathāgate Sīlañ-ca yassa kalyāṇaṃ Saṅghe pasādo yass'atthi Adaliddo-ti taṃ āhu Tasmā saddhañ-ca sīlañ-ca Anuyuñjetha medhāvī acalā supatiṭṭhitā ariya-kantaṃ pasaṃsitaṃ uju-bhūtañ-ca dassanaṃ amoghaṃ tassa jīvitaṃ pasādaṃ dhamma-dassanaṃ saraṃ buddhāna sāsanan-ti

A.III.54

## 5.9 Aggappasāda-sutta-gāthā

Aggato ve pasannānam Agge Buddhe pasannānam Agge dhamme pasannānam Agge saṅghe pasannānam Aggasmim dānam dadatam Aggam āyu ca vaṇṇo ca Aggassa dātā medhāvī Deva-bhūto manusso vā aggam dhammam vijānatam dakkhiņeyye anuttare virāgūpasame sukhe puññakkhette anuttare aggam puññam pavaḍḍhati yaso kitti sukham balam agga-dhamma-samāhito aggappatto pamodatī-ti

A.II.35; A.III.36

## 5.10 Devat'ādissa-dakkhinā'numodanā-gāthā

Yasmim padese kappeti Sīlavant'ettha bhojetvā Yā tattha devatā āsum Tā pūjitā pūjayanti Tato nam anukampanti Devatā'nukampito poso vāsam paņḍita-jātiyo saññate brahma-cārino tāsam dakkhiṇam-ādise mānitā mānayanti nam mātā puttam va orasam sadā bhadrāni passati

Vin.I.229f

# 5.11 Adāsi-me ādi-gāthā (Tiro-kuḍḍa-kaṇḍaṃ)

Adāsi me akāsi me Petānaṃ dakkhiṇaṃ dajjā Na hi ruṇṇaṃ vā soko vā Na tam petānam-atthāya ñāti-mittā sakhā ca me pubbe katam-anussaraṃ yā v'aññā paridevanā evaṃ tiṭṭhanti ñātayo

"He gave to me, he acted on my behalf, and he was my relative, companion, friend." Offerings should be given for the dead when

one reflects (thus) on what was done in the past. For no weeping or sorrowing or any kind of lamentation benefit the dead whose relatives keep acting in that way.

Ayañ-ca kho dakkhiṇā dinnā
Saṅghamhi supatiṭṭhitā
Dīgha-rattaṃ hitāy'assa
Ṭhānaso upakappati
So ñāti-dhammo ca ayaṃ nidassito
Petāna'pūjā ca katā uļārā
Balañ-ca bhikkhūnam-anuppadinnaṃ
Tumhehi puññaṃ pasutaṃ anappakan-ti.

But when this offering is given, well-placed in the Sangha, it works for their long-term benefit and they profit immediately. In this way the proper duty to relatives has been shown and great honour has been done to the dead and the monks have been given strength: You've acquried merit that's not small.

Khp.VII.v10-13

#### 5.12 Kāla-dāna-sutta-gāthā

Kāle dadanti sapaññā Kālena dinnaṃ ariyesu Vippasanna-manā tassa Ye tattha anumodanti Na tena dakkhiṇā onā Tasmā dade appaṭivāna-citto Puññāni para-lokasmiṃ vadaññū vīta-maccharā
uju-bhūtesu tādisu
vipulā hoti dakkhiṇā
veyyāvaccaṃ karonti vā
te pi puññassa bhāgino
yattha dinnaṃ mahapphalaṃ
patiṭṭhā honti pāṇinan-ti

A.III.41

#### 5.13 Vihāradāna-gāthā

Sītaṃ uṇhaṃ paṭihanti sariṃsape ca makase Tato vātātapo ghoro Leṇatthañ ca sukhatthañ ca Vihāradānaṃ saṅghassa Tasmā hi paṇḍito poso Vihāre kāraye ramme Tesaṃ annañ ca pānañ ca Dadeyya uju-bhūtesu Te tassa dhammaṃ desenti Yam so dhammam idhaññāya tato vāļamigāni ca; sisire cāpi vuṭṭhiyo. sañjāto paṭihaññati. jhāyituñ ca vipassitum. aggaṃ buddhehi vaṇṇitaṃ; sampassaṃ attham attano. vāsayettha bahu-ssute; vattha-senāsanāni ca; vippasannena cetasā. sabbadukkhāpanūdanaṃ parinibbātayanāsavo ti.

# 6.

# **FUNERAL CHANTS**

#### 6.1 Dhamma-sanganī-mātikā

Kusalā dhammā.

Akusalā dhammā.

Abyākatā dhammā.

Sukhāya vedanāya sampayuttā dhammā.

Dukkhāya vedanāya sampayuttā dhammā.

Adukkhamasukhāya vedanāya sampayuttā dhammā.

Vipākā dhammā.

Vipāka-dhamma-dhammā.

N'eva vipāka na vipāka-dhamma-dhammā.

Upādinn'upādāniyā dhammā.

Anupādinn'upādāniyā dhammā.

Anupādinnānupādāniyā dhammā.

Sankilittha-sankilesikā dhammā.

Asankiliţţha-sankilesikā dhammā.

Asankiliţţhāsankilesikā dhammā.

Savitakka-savicārā dhammā.

Avitakka-vicāra-mattā dhammā.

Avitakkāvicārā dhammā.

Pīti-saha-gatā dhammā.

Sukha-saha-gatā dhammā.

Upekkhā-saha-gatā dhammā.

Dassanena pahātabbā dhammā.

Bhāvanāya pahātabbā dhammā.

N'eva dassanena na bhāvanāya pahātabbā dhammā.

Dassanena pahātabba-hetukā dhammā.

Bhāvanāya pahātabba-hetukā dhammā.

N'eva dassanena na bhāvanāya pahātabba-hetukā dhammā.

Ācaya-gāmino dhammā.

Apacaya-gāmino dhammā.

N'ev'ācaya-gāmino nāpacaya-gāmino dhammā.

Sekkhā dhammā.

Asekkhā dhammā.

N'eva sekkhā nāsekkhā dhammā.

Parittā dhammā.

Mahaggatā dhammā.

Appamāṇā dhammā.

Paritt'ārammaṇā dhammā.

Mahaggat'ārammaṇā dhammā.

Appamān'ārammanā dhammā.

Hīnā dhammā.

Majjhimā dhammā.

Paṇītā dhammā.

Micchatta-niyatā dhammā.

Sammatta-niyatā dhammā.

Aniyatā dhammā.

Magg'ārammaṇā dhammā.

Magga-hetukā dhammā.

Maggādhipatino dhammā.

Uppannā dhammā.

Anuppannā dhammā.

Uppādino dhammā.

Atītā dhammā.

Anāgatā dhammā.

Paccuppannā dhammā.

Atīt'ārammaṇā dhammā.

Anāgat'ārammaṇā dhammā.

Paccuppann'ārammaṇā dhammā.

Ajjhattā dhammā.

Bahiddhā dhammā.

Ajjhatta-bahiddhā dhammā.

Ajjhatt'ārammaṇā dhammā.

Bahiddh'ārammanā dhammā.

Ajjhatta-bahiddh'ārammaṇā dhammā.

Sanidassana-sappațighā dhammā.

Anidassana-sappaṭighā dhammā.

Anidassanāppaṭighā dhammā.

Dhammasanganī 1f

#### 6.2 Pamsu-kūla

(For the living)

Aciraṃ vat'ayaṃ kāyo, Paṭhaviṃ adhisessati. Chuḍḍho apeta-viññāṇo, Nirattham va kaliṅgaram.

Dhp 41

(For the dead)

Aniccā vata saṅkhārā Uppāda-vaya-dhammino; Uppajjitvā nirujjhanti, Tesam vūpasamo sukho.

D.II.157; S.I.6

Sabbe sattā maranti ca Mariṃsu ca marissare Tath'evāhaṃ marissāmi N'atthi me ettha saṃsayo.

Addhuvaṃ jīvitaṃ,
Dhuvaṃ maraṇaṃ,
Avassaṃ mayā maritabbaṃ
Maraṇapariyosānaṃ me jīvitaṃ.
Jīvitam m'eva aniyataṃ,
Maraṇaṃ niyataṃ,
Maraṇaṃ niyataṃ.

DhpA.III.170

#### 6.3 Dhammasanginī

Kusalā dhammā, akusalā dhammā, abyākatā dhammā.

Katame dhammā kusalā?

Yasmiṃ samaye kāmāvacaraṃ kusalaṃ cittaṃ uppannaṃ hoti somanassa-sahagataṃ ñāṇa-sampayuttaṃ rūpārammaṇaṃ vā saddārammaṇaṃ vā gandhārammaṇaṃ vā rasārammaṇaṃ vā phoṭṭhabbārammaṇaṃ vā dhammārammaṇaṃ vā yaṃ yaṃ vā panārabbha, tasmiṃ samaye phasso hoti, avikkhepo hoti;

Ye vā pana tasmiṃ samaye aññe pi atthi paṭicca-samuppannā arūpino dhammā - ime dhammā kusalā.

#### 6.4 Vibhanga

Pañca-kkhandhā rūpakkhandho, vedanākkhandho, saññākkhandho, saṅkhārakkhandho, viññānakkhandho.

Tattha katamo rūpakkhandho?

Yam kiñci rūpam atītānāgata-paccuppannam ajjhattam vā bahiddhā vā oļārikam vā sukhumam vā hīnam vā paṇītam vā yam dūre santike vā, tad ekajjham abhisaññūhitvā abhisaṅkhipitvā – ayam vuccati rūpakkhandho.

#### 6.5 Dhātukathā

Saṅgaho asaṅgaho
saṅgahitena asaṅgahitaṃ
asaṅgahitena saṅgahitaṃ
saṅgahitena saṅgahitaṃ
asaṅgahitena asaṅgahitaṃ
sampayogo vippayogo
sampayuttena vippayuttaṃ ...
vippayuttena sampayuttaṃ asaṅgahitaṃ.

#### 6.6 Puggala-paññati

Cha paññattiyo: khandhapaññatti, āyatanapaññatti, dhātupaññatti, saccapaññatti, indriyapaññatti, puggalapaññattīti.

Kittāvatā puggalānam puggalapaññatti?

Samayavimutto, asamayavimutto, kuppadhammo, akuppadhammo, parihānadhammo, aparihānadhammo, cetanābhabbo, anurakkhaṇābhabbo, puthujjano, gotrabhū, bhayūparato, abhayūparato, bhabbāgamano, abhabbāgamano, niyato, aniyato, paṭipannako, phaleṭhito, ... arahā, arahattāya paṭipanno.

#### 6.7 Kathāvatthu

Puggalo upalabbhati saccikattha-paramatthenāti?

Āmantā.

Yo saccikaṭṭho paramattho, tato so puggalo upalabbhati saccikaṭṭha-paramatthenā ti?

Na h' evam vattabbe.

Ājānāhi niggaham. Hañci puggalo upalabbhati saccikattha-paramatthena, tena vata re vattabbe:

'yo saccikaṭṭho paramattho, tato so puggalo upalabbhati saccikaṭṭhaparamatthenā'ti micchā.

#### 6.8 Yamaka

Ye keci kusalā dhammā, sabbe te kusalamūlā? ye vā pana kusalamūlā, sabbe te dhammā kusalā?

Ye keci kusalā dhammā, sabbe te kusalamūlena ekamūlā? ye vā pana kusalamūlena ekamūlā, sabbe te dhammā kusalā?

#### 6.9 Paţţhāna-mātikā-pāţho

Hetu-paccayo, ārammaṇa-paccayo, adhipati-paccayo, anantara-paccayo, samanantara-paccayo, saha-jāta-paccayo, aññam-añña-paccayo, nissaya-paccayo, upanissaya-paccayo, pure-jāta-paccayo,

pacchā-jāta-paccayo, āsevana-paccayo, kamma-paccayo, vipāka-paccayo, āhāra-paccayo, indriya-paccayo, jhāna-paccayo, magga-paccayo, sampayutta-paccayo, vippayutta-paccayo, atthi-paccayo, n'atthi-paccayo, vigata-paccayo, avigata-paccayo.

Tika Paṭṭhāna.1

#### 6.10 Vipassanā-bhūmi-pāţho

Pañcakkhandhā:

Rūpakkhandho, vedanākkhandho, saññākkhandho, saṅkhārakkhandho, viññāṇakkhandho.

Dvā-das'āyatanāni:

Cakkhv-āyatanaṃ rūp'āyatanaṃ, Sot'āyatanaṃ sadd'āyatanaṃ, Ghān'āyatanaṃ gandh'āyatanaṃ, Jivh'āyatanaṃ ras'āyatanaṃ Kāy'āyatanaṃ phoṭṭhabb'āyatanaṃ Man'āyatanam dhamm'āyatanam.

Aṭṭhārasa dhātuyo:

Cakkhu-dhātu rūpa-dhātu cakkhu-viññāṇa-dhātu, Sota-dhātu sadda-dhātu sota-viññāṇa-dhātu, Ghāna-dhātu gandha-dhātu ghāna-viññāṇa-dhātu, Jivhā-dhātu rasa-dhātu jivhā-viññāṇa-dhātu, Kāya-dhātu phoṭṭhabba-dhātu kāya-viññāṇa-dhātu, Mano-dhātu dhamma-dhātu mano-viññāṇa-dhātu.

Bā-vīsat'indriyāni:

Cakkhu'ndriyaṃ sot'indriyaṃ ghān'indriyaṃ jivh'indriyaṃ kāy'indriyaṃ man'indriyaṃ, Itth'indriyaṃ puris'indriyaṃ jīvit'indriyaṃ, Sukh'indriyaṃ dukkh'indriyaṃ somanass'indri-yaṃ domanass'indriyaṃ upekkh'indriyaṃ, saddh'indriyaṃ viriy'indriyaṃ sat'indriyaṃ samādh'indriyaṃ paññ'indriyaṃ, Anaññatañ-ñassāmī-t'indriyaṃ aññ'indriyaṃ aññiatāv'indriyaṃ.

Cattāri ariya-saccāni:
Dukkhaṃ ariya-saccaṃ,
Dukkha-samudayo ariya-saccaṃ,
Dukkha-nirodho ariya-saccaṃ,
Dukkha-nirodha-gāminī paṭipadā ariya-saccaṃ.

Avijjā-paccayā saṅkhārā,
Saṅkhāra-paccayā viññāṇaṃ,
Viññāṇa-paccayā nāma-rūpaṃ,
Nāma-rūpa-paccayā saḍ-āyatanaṃ,
Saḍ-āyatana-paccayā phasso,
Phassa-paccayā vedanā,
Vedanā-paccayā taṇhā,
Taṇhā-paccayā upādānaṃ,

Upādāna-paccayā bhavo, Bhava-paccayā jāti, Jāti-paccayā jarā-maraṇaṃ soka-parideva-dukkha-domanass'upāyāsā sambhavanti. Evam-etassa kevalassa dukkhakkhandhassa samudayo hoti.

Avijjāya tv-eva asesa-virāga-nirodhā saṅkhāra-nirodho,
Saṅkhāra-nirodhā viññāṇa-nirodho,
Viññāṇa-nirodhā nāma-rūpa-nirodho,
Nāma-rūpa-nirodhā saḷ-āyatana-nirodho,
Saḷ-āyatana-nirodhā phassa-nirodho,
Phassa-nirodhā vedanā-nirodho,
Vedanā-nirodhā taṇhā-nirodho,
Taṇhā-nirodhā upādāna-nirodho,
Upādāna-nirodhā bhava-nirodho,
Bhava-nirodhā jāti-nirodho,
Jāti-nirodhā jarā-maraṇaṃ
soka-parideva-dukkha-domanass'upāyāsā nirujjhanti.
Evam-etassa kevalassa dukkhakhandhassa nirodho hoti.

cf. M.III.15f; M.III.280f; M.III.62; M.III.249f; S.II.1f; passim

# 7.

# **SUTTAS**

#### 7.1 Dhammacakkappavattana Sutta

Solo introduction

Anuttaraṃ abhisambodhiṃ
Pathamaṃ yaṃ adesesi
Sammadeva pavattento
Yatthākkhātā ubho antā
Catūsvāriyasaccesu
Desitaṃ dhammarājena
Nāmena vissutaṃ suttaṃ
Veyyākaraṇapāthena

sambujjhitvā tathāgato dhammacakkam anuttaram loke appativattiyam paṭipatti ca majjhimā visuddham ñāṇadassanam sammāsambodhikittanam dhammacakkappavattanam saṅgītantam bhanāma se

#### [Evam me sutam]

Ekaṃ samayaṃ bhagavā bārāṇasiyaṃ viharati isipatane migadāye. Tatra kho bhagavā pañcavaggiye bhikkhū āmantesi:

Dve'me, bhikkhave, antā pabbajitena na sevitabbā: yo cāyaṃ kāmesu kāma-sukh'allikānuyogo; hīno, gammo, pothujjaniko, anariyo, anattha-sañhito; yo cāyaṃ atta-kilamathānuyogo; dukkho, anariyo, anattha-sañhito.

Ete te, bhikkhave, ubho ante anupagamma majjhimā paṭipadā tathāgatena abhisambuddhā cakkhukaraṇī, ñāṇakaraṇī, upasamāya, abhiññāya, sambodhāya, nibbānāya saṃvattati.

Katamā ca sā, bhikkhave, majjhimā paṭipadā tathāgatena abhisambuddhā cakkhukaraṇī ñāṇakaraṇī, upasamāya, abhiññāya, sambodhāya, nibbānāya saṃvattati.

Ayam-eva ariyo aṭṭhaṅgiko maggo seyyathīdaṃ:

Sammā-diṭṭhi, sammā-saṅkappo, sammā-vācā, sammā-kammanto, sammā-ājīvo, sammā-vāyāmo, sammā-sati, sammā-samādhi.

Ayaṃ kho sā, bhikkhave, majjhimā paṭipadā tathāgatena abhisambuddhā cakkhukaraṇī ñāṇakaraṇī, upasamāya, abhiññāya, sambodhāya, nibbānāya saṃvattati.

Idam kho pana, bhikkhave, dukkham ariya-saccam:

Jātipi dukkhā, jarāpi dukkhā, maranampi dukkham, soka-parideva-dukkha-domanass'upāyāsāpi dukkhā, appiyehi sampayogo dukkho, piyehi vippayogo dukkho, yamp'iccham na labhati tampi dukkham, sankhittena pancupādānakkhandā dukkhā.

Idam kho pana, bhikkhave, dukkha-samudayo ariya-saccam:

Yā'yaṃ taṇhā ponobbhavikā nandi-rāga-sahagatā tatra-tatrābhinandinī seyyathīdaṃ: kāma-taṇhā, bhava-taṇhā.

Idam kho pana, bhikkhave, dukkha-nirodho ariya-saccam:

Yo tassā yeva taṇhāya asesa-virāga-nirodho, cāgo, paṭinissaggo, mutti, anālayo.

Idaṃ kho pana, bhikkhave, dukkha-nirodha-gāminī paṭipadā ariya-saccam:

Ayam-eva ariyo aṭṭhaṅgiko maggo seyyathīdam: sammā-diṭṭhi, sammā-saṅkappo, sammā-vācā, sammā-kammanto, sammā-ājīvo, sammā-vāyāmo, sammā-sati, sammā-samādhi.

[Idaṃ dukkhaṃ] ariya-saccan'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhuṃ udapādi, ñāṇaṃ udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

Taṃ kho pan'idaṃ dukkhaṃ ariya-saccaṃ pariññeyyan'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhuṃ udapādi, ñāṇam udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

Taṃ kho pan'idaṃ dukkhaṃ ariya-saccaṃ pariññātan'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhuṃ udapādi, ñānam udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

Idam dukkha-samudayo ariya-saccan'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhum udapādi, ñāṇam udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

Taṃ kho pan'idaṃ dukkhasamudayo ariyasaccaṃ pahātabban'ti me bhikkhave, pubbe ananussutesu dhammesu

cakkhum udapādi, ñāṇam udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

Taṃ kho pan'idaṃ dukkha-samudayo ariya-saccaṃ pahīnan'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhuṃ udapādi, ñāṇaṃ udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

Idam dukkha-nirodho ariya-saccan'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhum udapādi, ñāṇam udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

Taṃ kho pan'idaṃ dukkha-nirodho ariya-saccaṃ sacchikātabban'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhuṃ udapādi, ñāṇaṃ udapādi, paññā udapādi, vijjā, udapādi āloko udapādi.

Taṃ kho pan'idaṃ dukkha-nirodho ariya-saccaṃ sacchikatan'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhuṃ udapādi, ñāṇaṃ udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

Idam dukkha-nirodha-gāminī paṭipadā ariya-saccan'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhum udapādi, ñāṇam udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

Taṃ kho pan'idaṃ dukkha-nirodha-gāminī paṭipadā ariya-saccaṃ bhāvetabban'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhuṃ udapādi, ñāṇaṃ udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

Taṃ kho pan'idaṃ dukkha-nirodha-gāminī paṭipadā ariya-saccaṃ bhāvitan'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhuṃ udapādi, ñāṇaṃ udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

[Yāva kīvañca me bhikkhave,] imesu catūsu ariya-saccesu evan-ti-parivaṭṭaṃ dvādas'ākāraṃ yathā-bhūtaṃ ñāṇa-dassanaṃ na suvisuddhaṃ ahosi, n'eva tāv'āhaṃ bhikkhave, sadevake loke samārake sabrahmake sassamaṇa-brāhmaṇiyā pajāya sadeva-manussāya anuttaraṃ sammā-sambodhiṃ abhisambuddho paccaññāsiṃ.

Yato ca kho me bhikkhave, imesu catūsu ariya-saccesu evan-ti-parivaţţaṃ dvādas'ākāraṃ yathā-bhūtaṃ ñāṇa-dassanaṃ suvisuddham ahosi, ath'āham bhikkhave, sadevake loke samārake sabrahmake sassamaṇa-brāhmaṇiyā pajāya sadeva-manussāya anuttaraṃ sammā-sambodhiṃ abhisambuddho paccaññāsim.

Ñāṇañca pana me dassanaṃ udapādi, akuppā me vimutti ayam-antimā jāti, natthi dāni punabbhavo'ti.

Idam-avoca bhagavā. Attamanā pañcavaggiyā bhikkhū bhagavato bhāsitam abhinandum.

Imasmiñca pana veyyākaraṇasmiṃ bhaññamāne āyasmato koṇḍaññassa virajaṃ vītamalaṃ dhammacakkhuṃ udapādi: yaṃ kiñci samudaya-dhammaṃ sabban-taṃ nirodha-dhamman'ti.

[Pavattite ca bhagavatā] dhammacakke bhummā devā saddamanussāvesuṃ:

Etaṃ bhagavatā bārāṇasiyaṃ isipatane migadāye anuttaraṃ dhammacakkaṃ pavattitaṃ appaṭivattiyaṃ samaṇena vā brāhmaṇena vā devena vā mārena vā brahmunā vā kenaci vā lokasmin'ti.

Bhummānam devānam saddam sutvā, cātummahārājikā devā saddamanussāvesum...

Cātummahārājikānam devānam saddam sutvā, tāvatimsā devā saddamanussāvesum...

Tāvatiṃsānaṃ devānaṃ saddaṃ sutvā, yāmā devā saddamanussāvesuṃ...

Yāmānam devānam saddam sutvā, tusitā devā saddamanussāvesum...

Tusitānam devānam saddam sutvā, nimmānaratī devā saddamanussāvesum...

Nimmānaratīnam devānam saddam sutvā, paranimmitavasavattī devā saddamanussāvesum...

Paranimmitavasavattīnam devānam saddam sutvā, brahmakāyikā devā saddamanussāvesum:

Etaṃ bhagavatā bārāṇasiyaṃ isipatane migadāye anuttaraṃ dhammacakkaṃ pavattitaṃ appaṭivattiyaṃ samaṇena vā

brāhmaṇena vā devena vā mārena vā brahmunā vā kenaci vā lokasmin'ti.

Iti'ha tena khaṇena, tena muhuttena, yāva brahmalokā saddo abbhuggacchi. Ayañca dasa-sahassī lokadhātu saṅkampi sampakampi sampavedhi, appamāṇo ca oļāro obhāso loke pāturahosi atikkammeva devānaṃ devānubhāvaṃ.

Atha kho bhagavā udānam udānesi:

Aññāsi vata bho koṇḍañño, aññāsi vata bho koṇḍañño ti. Iti hidaṃ āyasmato koṇḍaññassa aññā-koṇḍañño tveva nāmaṃ ahosī ti.

Dhammacakkappavattana-suttam niṭṭhitam.

SN 56.11; Vin.I.10f

#### 7.2 Anatta-lakkhana Sutta

Solo introduction

Yantam sattehi dukkhena
Attavādattasaññāṇaṃ
Sambuddho taṃ pakāsesi
Uttariṃ paṭivedhāya
Yantesaṃ diṭṭhadhammānam
Sabbāsavehi cittāni
Tathā ñāṇānussārena
Sādhūnaṃ atthasiddhatthaṃ

ñeyyam anattalakkhanam sammadeva vimocanam diṭṭhasaccāna yoginam bhāvetum ñāṇamuttamam ñāṇenupaparikkhatam vimucciṃsu asesato sāsanam kātumicchatam tam suttantam bhaṇāma se

## [Evam me sutam]

Ekaṃ samayaṃ bhagavā bārāṇasiyaṃ viharati isipatane migadāye. Tatra kho bhagavā pañcavaggiye bhikkhū āmantesi:

Rūpaṃ bhikkhave anattā, rūpañca hidaṃ bhikkhave attā abhavissa, nayidaṃ rūpaṃ ābādhāya saṃvatteyya, labbhetha ca rūpe, evaṃ me rūpaṃ hotu, evaṃ me rūpaṃ mā ahosī ti.

Yasmā ca kho bhikkhave rūpaṃ anattā, tasmā rūpaṃ ābādhāya saṃvattati, na ca labbhati rūpe, evaṃ me rūpaṃ hotu, evaṃ me rūpaṃ mā ahosī ti.

Vedanā anattā, vedanā ca hidaṃ bhikkhave attā abhavissa, nayidaṃ vedanā ābādhāya saṃvatteyya, labbhetha ca vedanāya, evam me vedanā hotu, evam me vedanā mā ahosī ti.

Yasmā ca kho bhikkhave vedanā anattā, tasmā vedanā ābādhāya saṃvattati, na ca labbhati vedanāya, evaṃ me vedanā hotu, evaṃ me vedanā mā ahosī ti.

Saññā anattā, saññā ca hidaṃ bhikkhave attā abhavissa, nayidaṃ saññā ābādhāya saṃvatteyya, labbhetha ca saññāya, evam me saññā hotu, evam me saññā mā ahosī ti.

Yasmā ca kho bhikkhave saññā anattā, tasmā, saññā ābādhāya saṃvattati, na ca labbhati saññāya, evaṃ me saññā hotu, evaṃ me saññā mā ahosī ti.

Saṅkhārā anattā, saṅkhārā ca hidaṃ bhikkhave attā abhavissaṃsu, nayidaṃ saṅkhārā ābādhāya saṃvatteyyuṃ, labbhetha ca saṅkhāresu, evaṃ me saṅkhārā hontu, evaṃ me saṅkhārā mā ahesun ti.

Yasmā ca kho bhikkhave saṅkhārā anattā, tasmā saṅkhārā ābādhāya saṃvattanti, na ca labbhati saṅkhāresu, evaṃ me saṅkhārā hontu, evam me saṅkhārā mā ahesun ti.

Viññāṇaṃ anattā, viññāṇañca hidaṃ bhikkhave attā abhavissa, nayidaṃ viññānam ābādhāya saṃvatteyya, labbhetha ca viññāne evaṃ me viññāṇaṃ hotu, evaṃ me viññāṇaṃ mā ahosī ti.

Yasmā ca kho bhikkhave viññāṇaṃ anattā, tasmā viññāṇaṃ ābādhāya saṃvattati, na ca labbhati viññāne, evaṃ me viññānam hotu, evam me viññānam mā ahosī ti.

[Taṃ kiṃ maññatha bhikkhave,] rūpam niccaṃ vā aniccaṃ vā ti.

Aniccam bhante.

Yam panāniccam, dukkham vā tam sukham vā ti.

Dukkham bhante.

Yam panāniccaṃ dukkhaṃ viparināma-dhammaṃ, kallaṃ nu taṃ samanupassituṃ, etaṃ mama, esoham'asmi, eso me attā ti.

No hetam bhante.

Taṃ kiṃ maññatha bhikkhave, vedanā niccā vā aniccā vā ti.

Aniccā bhante.

Yam panāniccam, dukkham vā tam sukham vā ti.

Dukkham bhante.

Yam panāniccaṃ dukkhaṃ viparināma-dhammaṃ, kallaṃ nu taṃ samanupassituṃ, etaṃ mama, esoham'asmi, eso me attā ti.

No hetam bhante.

Tam kim maññatha bhikkhave, saññā niccā vā aniccā vā ti.

Aniccā bhante.

Yam panāniccam, dukkham vā tam sukham vā ti.

Dukkham bhante.

Yam panāniccaṃ dukkhaṃ viparināma-dhammaṃ, kallaṃ nu taṃ samanupassituṃ, etaṃ mama, esoham'asmi, eso me attā ti.

No hetam bhante.

Taṃ kiṃ maññatha bhikkhave, saṅkhārā niccā vā aniccā vā ti.

Aniccā bhante.

Yam panāniccam, dukkham vā tam sukham vā ti.

Dukkham bhante.

Yam panāniccam dukkham viparināma-dhammam, kallam nu tam samanupassitum, etam mama, esoham'asmi, eso me attā ti.

No hetam bhante.

Taṃ kiṃ maññatha bhikkhave, viññāṇaṃ niccaṃ vā aniccaṃ vā ti.

Aniccam bhante.

Yam panāniccaṃ, dukkhaṃ vā taṃ sukhaṃ vā ti.

Dukkham bhante.

Yam panāniccam dukkham viparināma-dhammam, kallam nu tam samanupassitum etam mama, esoham'asmi, eso me attā ti.

No hetam bhante.

[Tasmā tiha bhikkhave] yaṃ kiñci rūpaṃ atītānāgata-paccuppannaṃ ajjhattaṃ vā bahiddhā vā oļārikaṃ vā sukhumaṃ vā hīnaṃ vā paṇītaṃ vā yandūre santike vā, sabbaṃ rūpaṃ netaṃ mama, nesoham'asmi, na me so attā ti, evametaṃ yathābhūtaṃ sammappaññāya daṭṭhabbaṃ.

Yā kāci vedanā atītānāgata-paccuppannā ajjhattā vā bahiddhā vā oļārikā vā sukhumā vā hīnā vā paņītā vā yā dūre santike vā, sabbā vedanā netam mama, nesoham'asmi, na me so attā ti, evametam yathābhūtam sammappaññāya daṭṭhabbam.

Yā kāci saññā atītānāgata-paccuppannā ajjhattā vā bahiddhā vā oļārikā vā sukhumā vā hīnā vā paṇītā vā yā dūre santike vā, sabbā saññā netaṃ mama, nesoham'asmi, na me so attā ti, evametam yathābhūtam sammappaññāya datthabbam.

Ye keci sankhārā atītānāgata-paccuppannā ajjhattā vā bahiddhā vā oļārikā vā sukhumā vā hīnā vā paṇītā vā ye dūre santike vā, sabbe sankhārā netaṃ mama, nesoham'asmi, na me so attā ti, evametaṃ yathābhūtaṃ sammappaññāya daṭṭhabbaṃ.

Yaṃ kiñci viññāṇaṃ atītānāgata-paccuppannaṃ ajjhattaṃ vā bahiddhā vā oļārikaṃ vā sukhumaṃ vā hīnaṃ vā paṇītaṃ vā yandūre santike vā, sabbaṃ viññāṇaṃ netaṃ mama, nesoham'asmi, na me so attā ti, evametaṃ yathābhūtaṃ sammappaññāya daṭṭhabbaṃ.

[Evaṃ passaṃ bhikkhave] sutvā ariyasāvako rūpasmim pi nibbindati, vedanāya pi nibbindati, saññāya pi nibbindati, saṅkhāresu pi nibbindati, viññāṇasmim pi nibbindati, nibbindaṃ virajjati, virāgā vimuccati, vimuttasmiṃ vimuttam iti ñāṇaṃ hoti, khīṇā jāti, vusitaṃ brahmacariyaṃ, kataṃ karaṇīyaṃ, nāparaṃ itthattāyā ti pajānātī ti.

[Idam-avoca bhagavā.] Attamanā pañcavaggiyā bhikkhū bhagavato bhāsitaṃ abhinanduṃ. Imasmiñca pana veyyākaraṇasmiṃ bhaññamāne pañcavaggiyānaṃ bhikkhūnaṃ anupādāya āsavehi cittāni vimucciṃsū ti.

Anattalakkhaṇa-suttaṃ niṭṭhitaṃ.

SN 22.59; Vin.I.13f

### 7.3 Āditta-pariyāya Sutta

Solo introduction

Veneyyadamanopāye Amoghavacano buddho Ciṇṇānurūpato cāpi Ciṇṇāggipāricariyānaṃ Yamādittapariyāyaṃ Te sotāro vimocesi Tathevopaparikkhāya Dukkhatālakkhaṇopāyaṃ sabbaso pāramim gato abhiññāyānusāsako dhammena vinayam pajam sambojjhārahayoginam desayanto manoharam asekkhāya vimuttiyā viññūṇam sotumicchatam tam suttantam bhaṇāma se

## [Evam me sutam]

Ekaṃ samayaṃ bhagavā gayāyaṃ viharati gayāsīse saddhiṃ bhikkhu-sahassena. Tatra kho bhagavā bhikkhū āmantesi:

Sabbam bhikkhave ādittam. Kiñca bhikkhave sabbam ādittam.

Cakkhum bhikkhave ādittam, rūpā ādittā, cakkhuviññāṇam ādittam, cakkhusamphasso āditto, yampidam cakkhusamphassapaccayā uppajjati vedayitam sukham vā dukkham vā adukkhamasukham vā tam pi ādittam. Kena ādittam. Ādittam rāgagginā dosagginā mohagginā, ādittam jātiyā jarāmaraṇena sokehi paridevehi dukkhehi domanassehi upāyāsehi ādittan'ti vadāmi.

Sotam ādittam, saddā ādittā, sotaviññāṇam ādittam, sotasamphasso āditto, yampidam sotasamphassapaccayā uppajjati vedayitam sukham vā dukkham vā adukkhamasukham vā tam pi ādittam. Kena ādittam. Ādittam rāgagginā dosagginā mohagginā, ādittam jātiyā jarāmaraņena sokehi paridevehi dukkhehi domanassehi upāyāsehi ādittan'ti vadāmi.

Ghānaṃ ādittaṃ, gandhā ādittā, ghānaviññāṇaṃ ādittaṃ, ghānasamphasso āditto, yampidaṃ ghānasamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tam pi ādittaṃ. Kena ādittaṃ. Ādittaṃ rāgagginā dosagginā mohagginā, ādittaṃ jātiyā jarāmaraṇena sokehi paridevehi dukkhehi domanassehi upāyāsehi ādittan'ti vadāmi.

Jivhā ādittā, rasā ādittā, jivhāviññāṇam ādittaṃ, jivhāsamphasso āditto, yampidaṃ jivhāsamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tam pi ādittaṃ. Kena ādittaṃ. Ādittaṃ rāgagginā dosagginā mohagginā, ādittaṃ jātiyā jarāmaraṇena sokehi paridevehi dukkhehi domanassehi upāyāsehi ādittan'ti vadāmi.

Kāyo āditto, phoṭṭhabbā ādittā, kāyaviññāṇaṃ ādittaṃ, kāyasamphasso āditto, yampidaṃ kāyasamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukhamasukhaṃ vā tam pi ādittaṃ. Kena ādittaṃ. Ādittaṃ rāgagginā dosagginā mohagginā, ādittaṃ jātiyā jarāmaraṇena sokehi paridevehi dukkhehi domanassehi upāyāsehi ādittan'ti vadāmi.

Mano āditto, dhammā ādittā, manoviññāṇaṃ ādittaṃ, manosamphasso āditto, yampidaṃ manosamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tam pi ādittaṃ. Kena ādittaṃ. Ādittaṃ rāgagginā dosagginā mohagginā, ādittaṃ jātiyā jarāmaraṇena sokehi paridevehi dukkhehi domanassehi upāyāsehi ādittan'ti vadāmi.

[Evaṃ passaṃ bhikkhave] sutvā ariyasāvako cakkhusmiṃ pi nibbindati, rūpesu pi nibbindati, cakkhuviññāṇe pi nibbindati, cakkhusamphassepi nibbindati, yampidaṃ

cakkhusamphassapaccayā uppajjati vedayitam sukham vā dukkham vā adukkhamasukham vā tasmim pi nibbindati.

Sotasmim pi nibbindati, saddesu pi nibbindati, sotaviññāṇe pi nibbindati, sotasamphassepi nibbindati, yampidaṃ sotasamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkham vā adukkhamasukham vā tasmim pi nibbindati.

Ghānasmiṃ pi nibbindati, gandhesu pi nibbindati, ghānaviññāṇe pi nibbindati, ghānasamphassepi nibbindati, yampidaṃ ghānasamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tasmiṃ pi nibbindati.

Jivhāya pi nibbindati, rasesu pi nibbindati, jivhāviññāņe pi nibbindati, jivhāsamphassepi nibbindati, yampidaṃ jivhāsamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tasmiṃ pi nibbindati.

Kāyasmim pi nibbindati, phoṭṭhabbesu pi nibbindati, kāyaviññāṇe pi nibbindati, kāyasamphassepi nibbindati, yampidam kāyasamphassapaccayā uppajjati vedayitam sukham vā dukkham vā adukkhamasukham vā tasmim pi nibbindati.

Manasmim pi nibbindati, dhammesu pi nibbindati, manoviññāṇe pi nibbindati, manosamphassepi nibbindati, yampidam manosamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tasmiṃ pi nibbindati.

Nibbindam virajjati, virāgā vimuccati, vimuttasmim, vimuttam iti ñāṇam hoti, khīṇā jāti, vusitam brahmacariyam, katam karaṇīyam, nāparam itthattāyā ti pajānātī ti.

[Idam-avoca bhagavā.] Attamanā te bhikkhū bhagavato bhāsitaṃ abhinanduṃ. Imasmiñca pana veyyākaraṇasmiṃ bhaññamāne tassa bhikkhu-sahassassa anupādāya āsavehi cittāni vimucciṃsū ti.

Ādittapariyāya-suttam niţţhitam.

SN 35.28: Vin.I.34

#### 7.4 Dhaj'agga Sutta

[Evam-me sutaṃ.] Ekaṃ samayaṃ Bhagavā, Sāvatthiyaṃ viharati, Jeta-vane Anāthapiṇḍikassa ārāme. Tatra kho Bhagavā bhikkhū āmantesi: "bhikkhavo-ti". "Bhadante-ti," te bhikkhū Bhagavato paccassosum. Bhagavā etad avoca:

"Bhūta-pubbaṃ bhikkhave devāsura-saṅgāmo samupabbūļho ahosi. Atha kho bhikkhave Sakko devānamindo deve tāva-tiṃse āmantesi: 'Sace mārisā devānaṃ saṅgāma-gatānaṃ uppajjeyya bhayaṃ vā chambhitattaṃ vā lomahaṃso vā, mameva tasmiṃ samaye dhaj'aggaṃ ullokeyyātha. Mamaṃ hi vo dhaj'aggaṃ ullokayataṃ yaṃ bhavissati bhayaṃ vā chambhitattaṃ vā loma-haṃso vā, so pahīyissati.'

'No ce me dhaj'aggaṃ ullokeyyātha, atha Pajāpatissa deva-rājassa dhaj'aggaṃ ullokeyyātha. Pajāpatissa hi vo deva-rājassa dhaj'aggaṃ ullokayataṃ yaṃ bhavissati bhayaṃ vā chambhitattam vā loma-hamso vā, so pahīyissati'.

'No ce Pajāpatissa deva-rājassa dhaj'aggam ullokeyyātha, atha Varunassa deva-rājassa dhaj'aggam ullokeyyātha. Varunassa hi vo deva-rājassa dha'jaggam ullokayatam yam bhavissati bhayam vā chambhitattam vā lomahamso vā, so pahīyissati'.

'No ce Varuṇassa deva-rājassa dhaj'aggaṃ ullokeyyātha, atha Īsānassa deva-rājassa dhaj'aggaṃ ullokeyyātha. Īsānassa hi vo devarājassa dhaj'aggaṃ ullokayataṃ yaṃ bhavissati bhayaṃ vā chambhitattam vā loma-hamso vā, so pahīyissatī-ti.'

"Taṃ kho pana bhikkhave Sakkassa vā devānam indassa dhaj'aggaṃ ullokayataṃ, Pajāpatissa vā deva-rājassa dhaj'aggaṃ ullokayataṃ, Varuṇassa vā deva-rājassa dhaj'aggaṃ ullokayataṃ, Īsānassa vā devarājassa dhaj'aggaṃ ullokayataṃ yaṃ bhavissati bhayaṃ vā chambhitattaṃ vā loma-haṃso vā, so pahīyethāpi no'pi pahīyetha.

"Taṃ kissa hetu? Sakko hi, bhikkhave, devānam indo avītarāgo avītadoso avītamoho bhīru chambhī utrāsī palāyī-ti.

"Ahañ-ca kho, bhikkhave, evam vadāmi: Sace tumhākam, bhikkhave, arañña-gatānam vā rukkha-mūla-gatānam vā suññāgāra-gatānam vā uppajjeyya bhayam vā chambhitattam vā loma-hamso vā, mam eva tasmim samaye anussareyyātha:

ʻIti pi so bhagavā arahaṃ sammā-sambuddho, vijjā-caraṇa-sampanno sugato loka-vidū, anuttaro purisa-damma-sārathi satthā devamanussānaṃ Buddho Bhagavā-ti. Mamaṃ hi vo bhikkhave anussarataṃ, yaṃ bhavissati bhayaṃ vā chambhitattaṃ vā loma-haṃso vā, so pahīyissati.

"No ce mam anussareyyātha, atha dhammam anussareyyātha:

'Svākkhāto Bhagavatā dhammo, sandiṭṭhiko akāliko ehi-passiko, opanayiko paccattaṃ veditabbo viññūhī-ti. Dhammaṃ hi vo bhikkhave anussarataṃ, yaṃ bhavissati bhayaṃ vā chambhitattaṃ vā loma-haṃso vā, so pahīyissati.

"No ce dhammam anussareyyātha, atha saṅgham anussareyyātha:

'Supaṭipanno Bhagavato sāvaka-saṅgho, uju-paṭipanno Bhagavato sāvaka-saṅgho, ñāya-paṭipanno Bhagavato sāvaka-saṅgho, sāmīci-paṭipanno Bhagavato sāvaka-saṅgho, yad-idaṃ cattāri purisa-yugāni aṭṭha purisapuggalā, esa Bhagavato sāvaka-saṅgho, āhuneyyo pāhuneyyo dakkhiṇeyyo añjalikaraṇīyo, anuttaraṃ puññakkhettaṃ lokassā-ti. Saṅghaṃ hi vo bhikkhave anussarataṃ yaṃ bhavissati bhayaṃ vā chambhitattaṃ vā lomahaṃso vā, so pahīyissati.

"Taṃ kissa hetu? Tathāgato hi bhikkhave arahaṃ sammā-sambuddho, vītarāgo vītadoso vītamoho, abhīru acchambhī anutrāsī apalāyīti."

Idam avoca Bhagavā. Idam vatvā sugato athāparam etad avoca satthā:

"Araññe rukkha-mūle vā. Suññ'āgāre va bhikkhavo; Anussaretha Sambuddham. Bhayam tumhāka no siyā. No ce Buddham sareyyātha, Loka-jettham narāsabham; Atha dhammam sareyyātha, Niyyānikam sudesitam. No ce dhammam sareyyātha, Niyyānikam sudesitam; Atha saṅgham sareyyātha, Puññakkhettam anuttaram. Evam-Buddham sarantānam, Dhammam sanghañ-ca bhikkhavo; Bhayam vā chambhitattam vā, Loma-hamso na hessatī-ti."

Dhaj'agga Suttam Nitthitam.

SN 11.3

#### 7.5 Girimānanda-suttam

Evaṃ me sutaṃ: Ekaṃ samayaṃ Bhagavā Sāvatthiyaṃ viharati Jeta-vane Anāthapiṇḍikassa ārāme. Tena kho pana samayena āyasmā Girimānando ābādhiko hoti dukkhito

bāļha-gilāno. Atha kho āyasmā Ānando yena Bhagavā ten'upasaṅkami; upasaṅkamitvā Bhagavantaṃ abhivādetvā ekam-antaṃ nisīdi. Ekam-antaṃ nisinno kho āyasmā Ānando Bhagavantaṃ etad-avoca:

- "Āyasmā, Bhante, Girimānando ābādhiko hoti dukkhito bāļha-gilāno. Sādhu Bhante Bhagavā yen'āyasmā Girimānando ten'upasankamatu anukampaṃ upādāyā-ti."
- "Sace kho tvaṃ Ānanda Girimānandassa bhikkhuno dasa saññā bhāseyyāsi, ṭhānaṃ kho pan'etaṃ vijjati yaṃ Girimānandassa bhikkhuno dasa saññā sutvā so ābādho ṭhānaso paṭipassambheyya.
- "Katamā dasa? Anicca-saññā, anatta-saññā, asubha-saññā, ādīnava-saññā, pahāna-saññā, virāga-saññā, nirodha-saññā, sabba-loke anabhirata-saññā, sabba-saṅkhāresu aniccāsaññā, ānāpānassati.
- "Katamā c'Ānanda anicca-saññā? Idh'Ānanda, bhikkhu arañña-gato vā rukkhamūla-gato vā suññāgāra-gato vā iti paṭisañcikkhati: 'rūpaṃ aniccaṃ, vedanā aniccā, saññā aniccā, saṅkhārā aniccā, viññāṇaṃ aniccan-ti. Iti imesu pañcasu upādānakkhandhesu aniccānupassī viharati. Ayaṃ vuccat'Ānanda anicca-saññā.
- "Katamā c'Ānanda anatta-saññā? Idh'Ānanda, bhikkhu arañña-gato vā rukkhamūla-gato vā suññāgāra-gato vā iti paṭisañcikkhati: 'cakkhuṃ anattā, rūpā anattā, sotaṃ anattā, saddā anattā, ghānaṃ anattā, gandhā anattā, jivhā anattā,

rasā anattā, kāyo anattā, phoṭṭhabbā anattā, mano anattā, dhammā anattā-ti. Iti imesu chasu ajjhattikabāhiresu āyatanesu anattānupassī viharati. Ayaṃ vuccat'Ānanda, anatta-saññā.

"Katamā c'Ānanda, asubha-saññā? Idh'Ānanda, bhikkhu imam-eva kāyaṃ uddhaṃ pāda-talā adho kesa-matthakā taca-pariyantaṃ pūraṃ nānāppakārassa asucino paccavekkhati: 'Atthi imasmiṃ kāye: kesā, lomā, nakhā, dantā, taco, maṃsaṃ, nhāru, aṭṭhi, aṭṭhi-miñjaṃ, vakkaṃ, hadayaṃ, yakanaṃ, kilomakaṃ, pihakaṃ, papphāsaṃ, antaṃ, anta-guṇaṃ, udariyaṃ, karīsaṃ, pittaṃ, semhaṃ, pubbo, lohitaṃ, sedo, medo, assu, vasā, kheļo, siṅghāṇikā, lasikā, muttan-ti.' Iti imasmiṃ kāye asubhānupassī viharati. Ayaṃ vuccat'Ānanda asubha-saññā.

"Katamā c'Ānanda ādīnava-saññā? Idh'Ānanda, bhikkhu arañña-gato vā rukkhamūla-gato vā suññāgāra-gato vā iti paṭisañcikkhati: 'Bahu-dukkho kho ayaṃ kāyo bahu-ādīnavo. Iti imasmiṃ kāye vividhā ābādhā uppajjanti, seyyathīdaṃ: cakkhu-rogo, sota-rogo, ghāna-rogo, jivhā-rogo, kāya-rogo, sīsa-rogo, kaṇṇa-rogo, mukha-rogo, dantarogo, oṭṭha-rogo, kāso, sāso, pināso, dāho, jaro, kucchi-rogo, mucchā, pakkhandikā, sūlā, visūcikā, kuṭṭhaṃ, gaṇḍo, kilāso, soso, apamāro, daddu, kaṇḍu, kacchu, nakhasā, vitacchikā, lohitaṃ, pittaṃ, madhu-meho, aṃsā, piḷakā, bhagandalā, pitta-samuṭṭhānā ābādhā, semha-samuṭṭhānā ābādhā, vātasamuṭṭhānā ābādhā, sannipātikā ābādhā, utupariṇāma-jā

ābādhā, visama-parihāra-jā ābādhā, opakkamikā ābādhā, kamma-vipāka-jā ābādhā, sītaṃ, uṇhaṃ, jighacchā, pipāsā, uccāro, passāvo-ti.' Iti imasmiṃ kāye ādīnavānupassī viharati. Ayaṃ vuccat'Ānanda ādīnava-saññā.

"Katamā c'Ānanda pahāna-saññā? Idh'Ānanda, bhikkhu uppannaṃ kāmavitakkaṃ nādhivāseti, pajahati, vinodeti, byantīkaroti, anabhāvaṃ gameti. Uppannaṃ byāpāda-vitakkaṃ nādhivāseti, pajahati, vinodeti, byantīkaroti, anabhāvaṃ gameti. Uppannaṃ vihiṃsā-vitakkaṃ nādhivāseti, pajahati, vinodeti, byantīkaroti, anabhāvaṃ gameti. Uppann'uppanne pāpake akusale dhamme nādhivāseti, pajahati, vinodeti, byantīkaroti, anabhāvaṃ gameti. Ayam vuccat'Ānanda pahāna-saññā.

"Katamā c'Ānanda, virāga-saññā? Idh'Ānanda, bhikkhu arañña-gato vā rukkhamūla-gato vā suññāgāra-gato vā iti paṭisañcikkhati: 'Etaṃ santaṃ, etaṃ paṇītaṃ, yad-idaṃ sabba-saṅkhāra-samatho sabbūpadhippaṭinissaggo taṇhākkhayo virāgo nibbānan-ti.' Ayaṃ vuccat'Ānanda virāgasaññā.

"Katamā c'Ānanda, nirodha-saññā? Idh'Ānanda, bhikkhu arañña-gato vā rukkhamūla-gato vā suññāgāra-gato vā iti paṭisañcikkhati: 'Etaṃ santaṃ, etaṃ paṇītaṃ, yad-idaṃ sabba-saṅkhāra-samatho sabbūpadhippaṭinissaggo taṇhākkhayo nirodho nibbānan-ti.' Ayaṃ vuccat'Ānanda nirodhasaññā.

"Katamā c'Ānanda, sabba-loke anabhiratasaññā? Idh'Ānanda, bhikkhu ye loke upādānā cetaso adhiṭṭhānābhinivesānusayā, te pajahanto viharati anupādiyanto. Ayaṃ vuccat'Ānanda sabba-loke anabhirata-saññā.

"Katamā c'Ānanda sabba-saṅkhāresu aniccāsaññā? Idh'Ānanda bhikkhu sabba-saṅkhāresu aṭṭīyati, harāyati, jigucchati. Ayaṃ vuccat' Ānanda, sabba-saṅkhāresu aniccā-saññā.

"Katamā c'Ānanda ānāpānassati? Idh'Ānanda, bhikkhu arañña-gato vā rukkhamūla-gato vā suññāgāra-gato vā nisīdati, pallaṅkaṃ ābhujitvā, ujuṃ kāyaṃ paṇidhāya, parimukhaṃ satiṃ upaṭṭhapetvā. So sato'va assasati sato'va passasati.

Dīghaṃ vā assasanto: 'Dīghaṃ assasāmī-ti' pajānāti. Dīghaṃ vā passasanto: 'Dīghaṃ passasāmī-ti' pajānāti. Rassaṃ vā assasanto: 'Rassaṃ assasāmī-ti' pajānāti. Rassaṃ vā passasanto: 'Rassaṃ passasāmī-ti' pajānāti. 'Sabba-kāyapaṭisaṃvedī assasissāmī-ti' sikkhati. 'Sabbakāya-paṭisaṃvedī passasissāmī-ti' sikkhati. 'Passambhayaṃ kāya-saṅkhāraṃ assasissāmī-ti' sikkhati. 'Passambhayaṃ kāya-saṅkhāraṃ passasissāmī-ti' sikkhati.

'Pīti-paṭisaṃvedī assasissāmī-ti' sikkhati. 'Pīti-paṭisaṃvedī passasissāmī-ti' sikkhati. 'Sukha-paṭisaṃvedī assasissāmī-ti' sikkhati. 'Sukha-paṭisaṃvedī passasissāmī-ti' sikkhati. 'Citta-saṅkhāra-paṭisaṃvedī assasissāmī-ti' sikkhati.

'Citta-sankhāra-paṭisaṃvedī passasissāmī-ti' sikkhati. 'Passambhayaṃ cittasankhāraṃ assasissāmī-ti' sikkhati. 'Passambhayaṃ citta-sankhāraṃ passasissāmīti' sikkhati.

'Citta-paṭisaṃvedī assasissāmī-ti' sikkhati. 'Citta-paṭisaṃvedī passasissāmī-ti' sikkhati. 'Abhippamodayaṃ cittaṃ assasissāmī-ti' sikkhati. 'Abhippamodayaṃ cittaṃ passasissāmī-ti' sikkhati. 'Samādahaṃ cittaṃ assasissāmī-ti' sikkhati. 'Samādahaṃ cittaṃ passasissāmī-ti' sikkhati. 'Vimocayaṃ cittaṃ assasissāmī-ti' sikkhati. 'Vimocayaṃ cittaṃ passasissāmī-ti' sikkhati.

'Aniccānupassī assasissāmī-ti' sikkhati. 'Aniccānupassī passasissāmī-ti' sikkhati. 'Virāgānupassī assasissāmī-ti' sikkhati. 'Virāgānupassī passasissāmī-ti' sikkhati. 'Nirodhānupassī assasissāmī-ti' sikkhati. 'Nirodhānupassī passasissāmī-ti' sikkhati. 'Paṭinissaggānupassī assasissāmī-ti' sikkhati. 'Paṭinissaggānupassī passasissāmī-ti' sikkhati. Ayaṃ vuccat' Ānanda, ānāpānassati.

"Sace kho tvaṃ, Ānanda, Girimānandassa bhikkhuno imā dasa saññā bhāseyyāsi, ṭhānaṃ kho pan'etaṃ vijjati yaṃ Girimānandassa bhikkhuno imā dasa saññā sutvā so ābādho thānaso patippassambheyyā-ti."

Atha kho āyasmā Ānando Bhagavato santike imā dasa saññā uggahetvā yen'āyasmā Girimānando ten'upasaṅkami; upasaṅkamitvā āyasmato Girimānandassa imā dasa saññā ahhāsi

7. SUTTAS 121

Atha kho āyasmato Girimānandassa dasa saññā sutvā so ābādho ṭhānaso paṭippassambhi, vuṭṭhāhi c'āyasmā Girimānando tamhā ābādhā. Tathā pahīno ca pan'āyasmato Girimānandassa so ābādho ahosī-ti."

Girimānanda Suttaṃ Niṭṭhitaṃ.

AN 10.60

# 8.

# PĀTIMOKKHA CHANTS

#### 8.1 Verses on the Training Code

[Handa mayam ovāda-pāṭimokkha-gāthāyo bhaṇāmase]

Sabba-pāpassa akaraṇaṃ
Kusalassūpasampadā
Sacitta-pariyodapanaṃ
Etaṃ buddhāna sāsanaṃ
Khantī paramaṃ tapo tītikkhā
Nibbānaṃ paramaṃ vadanti buddhā
Na hi pabbajito parūpaghātī
Samaṇo hoti paraṃ viheṭhayanto
Anūpavādo anūpaghāto
Pāṭimokkhe ca saṃvaro
Mattaññutā ca bhattasmiṃ
Pantañca sayan'āsanaṃ
Adhicitte ca āyogo
Etaṃ buddhāna sāsanaṃ

Dhp 183-185

# 8.2 Sacca-kiriyā-gāthā

[Handa mayam sacca-kiriyā-gāthāyo bhaṇāmase]

Natthi me saraṇaṃ aññaṃ buddho me saraṇaṃ varaṃ Etena sacca-vajjena sotthi me hotu sabbadā

Natthi me saraṇaṃ aññaṃ dhammo me saraṇaṃ varaṃ Etena sacca-vajjena sotthi me hotu sabbadā

Natthi me saraṇaṃ aññaṃ saṅgho me saraṇaṃ varaṃ Etena sacca-vajjena sotthi me hotu sabbadā

For me there is no other Refuge, the Buddha ... Dhamma ... Sangha is my excellent refuge. By the utterance of this Truth, may there be blessings for me.

### 8.3 Sīl'uddesa-pāṭho Uposath'āvasāne Sajjhāyitabbo

[Handa mayam sīl'uddesa-pāṭho bhaṇāmase]

Bhāsitam idaṃ tena bhagavatā jānatā passatā arahatā sammā-sambuddhena,
Sampanna-sīlā bhikkhave viharatha sampanna-pāṭimokkhā,
Pāṭimokkha-saṃvara-saṃvutā viharatha ācāra-gocara-sampannā,
Aṇu-mattesu vajjesu bhaya-dassāvī samādāya sikkhatha sikkhāpadesū-ti.

This has been said by the Lord, One-who-knows, One-who-sees, the Arahant, the Perfect Buddha enlightened by himself: 'Bhikkhus, be perfect in moral conduct. Be perfect in the Pāṭimokkha. Dwell restrained in accordance with the the Pāṭimokkha. Be perfect in conduct and resort, seeing danger even in the slightest faults. Train yourselves by undertaking rightly the rules of training.'

Tasmā-tih'amhehi sikkhitabbam,
Sampanna-sīlā viharissāma sampannapāṭimokkhā,
Pāṭimokkha-saṃvara-saṃvutā viharissāma
ācāra-gocara-sampannā,
Aṇu-mattesu vajjesu bhaya-dassāvī
samādāya sikkhissāma sikkhāpadesū-ti,
Evañ hi no sikkhitabbam.

Therefore we should train ourselves thus: 'We will be perfect in the Pāṭimokkha. We will dwell restrained in accordance with the Pāṭimokkha. We will be perfect in conduct and resort, seeing danger even in the slightest faults.' Thus indeed we should train ourselves.

cf. D.I.63; D.III.266f

#### 8.4 The Verses of Tayana

[Handa mayam tāyana-gāthāyo bhanāmase]

Chinda sotaṃ parakkamma Nappahāya muni kāme Kayirā ce kayirāthenaṃ Sithilo hi paribbājo kāme panūda brāhmaṇa n'ekattam-upapajjati daļham-enaṃ parakkame bhiyyo ākirate rajaṃ

Exert yourself and cut the stream.

Discard sense-pleasures, Holy Man;

Not letting sensual pleasures go,

A sage will not reach unity. Vigorously, with all one's strength,

It should be done, what should be done;

A lax monastic life stirs up

The dust of passions all the more.

Akatam dukkaṭam seyyo Katañca sukatam seyyo Kuso yathā duggahito Sāmaññam dupparāmaṭṭham Yam kiñci sithilam kammam Saṅkassaram brahma-cariyam pacchā tappati dukkaṭaṃ yaṃ katvā nānutappati hattham-evānukantati nirayāyūpakaḍḍhati saṅkiliṭṭhañca yaṃ vataṃ na taṃ hoti mahapphalan'ti

Better is not to do bad deeds
That afterwards would bring remorse;
It's rather good deeds one should do
Which having done one won't regret.
As Kusa-grass, when wrongly grasped,
Will only cut into one's hand
So does the monk's life wrongly led
Indeed drag one to hellish states.

Whatever deed that's slackly done, Whatever vow corruptly kept, The Holy Life led in doubtful ways — All these will never bear great fruit.

S.I.49f

#### 8.5 Sāmanera Sikkhā

Anuññāsi kho bhagavā, Sāmaṇerānaṃ dasa sikkhā-padāni, Tesu ca sāmaṇerehi sikkhituṃ:

> Ten novice training rules were established by the Blessed One. They are the things in which a novice should train

Pāṇātipātā veramaṇī,
Adinn'ādānā veramaṇī,
Abrahma-cariyā veramaṇī,
Musā-vādā veramaṇī,
Surā-meraya-majja-pamādaṭṭhānā veramaṇī,
Vikāla-bhojanā veramaṇī,
Nacca-gīta-vādita-visūka-dassanā veramaṇī,
Mālā-gandha-vilepana-dhāraṇa-maṇḍanavibhūsanaṭṭhānā veramaṇī,
Uccā-sayana-mahā-sayanā veramanī,

Jāta-rūpa-rajata-patiggahanā veramanī-ti.

Abstaining from killing living beings
Abstaining from taking what is not given
Abstaining from unchastity
Abstaining from false speech
Abstaining from intoxicants that dull the mind
Abstaining from eating at the wrong time
Abstaining from dancing, singing, music and watching shows
Abstaining from perfumes, beautification and adornment
Abstaining from lying on high or luxurious beds
Abstaining from using gold, silver or money.

Vin.I.83f

Anuññāsi kho Bhagavā, Dasahi aṅgehi samannāgataṃ sāmaṇeraṃ nāsetuṃ. Katamehi dasahi?

Ten grounds for a novice to be dismissed were established by the Blessed One.
What are these ten?

Pāṇātipātī hoti,
Adinn'ādāyī hoti,
Abrahma-carī hoti,
Musā-vādī hoti,
Majja-pāyī hoti,
Buddhassa avaṇṇaṃ bhāsati,
Dhammassa avaṇṇaṃ bhāsati,
Saṅghassa avaṇṇaṃ bhāsati,

Micchā-diṭṭhiko hoti, Bhikkhunī-dūsako hoti,

He is a killer of living beings
He is a taker of what is not given
He is a practicioner of unchastity
He is a speaker of falsity
He is a consumer of intoxicants
He speaks in dispraise of the Buddha
He speaks in dispraise of the Dhamma
He speaks in dispraise of the Saṅgha
He is a holder of wrong views
He has corrupted a nun

Anuññāsi kho Bhagavā, Imehi dasahi aṅgehi samannāgatam sāmaṇeram nāsetun-ti.

These are the ten grounds for a novice to be dismissed which were established by the Blessed One. Vin.I.85

Anuññāsi kho Bhagavā, Pañcahi aṅgehi samannāgatassa sāmaṇerassa daṇḍa-kammaṃ kātuṃ. Katamehi pañcahi?

Five grounds for a novice to be punished were established by the Blessed One.
What are these five?

Bhikkhūnam alābhāya parisakkati,

Bhikkhūnam anatthāya parisakkati, Bhikkhūnam anāvāsāya parisakkati, Bhikkhū akkosati paribhāsati, Bhikkhū bhikkhūhi bhedeti,

He strives for the loss of the Bhikkhus He strives for the non-benefit of the Bhikkhus He strives for the non-residence of the Bhikkhus He insults or abuses the Bhikkhus He causes a split between the Bhikkhus

Anuññāsi kho Bhagavā, Imehi pañcahi aṅgehi samannāgatassa sāmanerassa danda-kammam kātun-ti.

These are the ten grounds for a novice to be punished that were established by the Blessed One.

Vin.I.84

# PART II

# VINAYA NOTES

'And even, oh bhikkhus, as the great ocean is stable and does not overflow its banks, even so, oh bhikkhus, whatever training rule has been laid down by me for sāvakā, they will not transgress it even for life's sake.'

Ud 5.5

# 9. GUIDELINES

# 9.1 The Ten Reasons for the Establishing of the Pāţimokkha

- 1. 'For the excellence of the Sangha;
- 2. for the wellbeing of the Sangha;
- 3. for the control of ill-controlled bhikkhus;
- 4. for the comfort of wellbehaved bhikkhus;
- 5. for the restraint of the āsavā in this present state;
- 6. for protection against the āsavā in a future state;
- 7. to give confidence to those of little faith;
- 8. to increase the confidence of the faithful;
- 9. to establish the True Dhamma;
- 10. to support the Vinaya.'

Vin.III.20; A.V.70

#### 9.2 The Four Great Standards (Mahāpadesa)

'Whatever things are not prohibited as unallowable but agree with things that are unallowable, being opposed to things that are allowable — such things are unsuitable.

'Whatever things are not prohibited as unallowable but agree with things that are allowable, being opposed to things that are unallowable — such things are suitable.

'Whatever things are not permitted as allowable but agree with things that are unallowable, being opposed to things that are allowable — such things are unsuitable.

'Whatever things are not permitted as allowable but agree with things that are allowable, being opposed to things that are unallowable — such things are suitable.'

Vin.I.250

## 9.3 Upholding the Principles

'If there is some obstacle to [the practice of the training rules], due to time and place, the rules should be upheld indirectly and not given up entirely, for otherwise there will be no principles (for discipline). A community without principles for discipline cannot last long...'

Entrance to the Vinaya, I.230

# 10.

# REQUISITES

# 10.1 Bindu (Marking)

Before use, a new robe must be marked with three dots, blue-, green-, black- or brown in colour, saying, either out loud or mentally:

'Imam bindukappam karomi.' (×3)

'I make this properly marked.'

cf. Vin.IV.120

#### 10.2 Adhitthāna (Determining)

'Imaṃ saṅghāṭiṃ adhiṭṭhāmi.'

'I determine this outer robe.'

For 'saṅghāṭiṃ' substitute item as appropriate:

- uttarā-saṅgaṃ (upper robe)
- antara-vāsakam (lower robe)
- pattam (alms bowl)
- nisīdanam (sitting-cloth)
- kandu-paticchādim (skin-eruption covering cloth)
- vassika-sāţikam (rains cloth)

- paccattharanam (sleeping cloth)
- mukha-puñchana-colam (handkerchief)
- parikkhāra-colam (small requisite).

The first three articles must be properly marked *before* being determined for use. Only one of each of these items may be determined at any one time.

The rains cloth may be used only during the four months of the Rains.

There is no limit to the number of articles which may be determined in each of the last three categories above, e.g.:

'Imāni paccattharaṇāni adhiṭṭhāmi.'

'I determine these sleeping cloths.'

Substitute 'mukhapuñchana-colāni' (handkerchiefs) or 'parikkhāra-colāni' (small requisites) as appropriate.

Articles are determined either by touching the article and mentally reciting the relevant Pali passage, or by uttering the Pali passage without touching the article. In the latter case, if the article is beyond forearm's length:

```
'Imaṃ' \rightarrow 'etaṃ' ; 'imāni' \rightarrow 'etāni' (this) (that) ; (these) \rightarrow (those)
```

Sp.III.643-644

# 10.3 Paccuddharana (Relinquishing)

When an outer robe, upper robe, lower robe, alms bowl or sitting-cloth is to be replaced, the article already determined must first be relinquished from use:

'Imam sanghāṭim paccuddharāmi.'

'I relinquish this outer robe.'

Sp.III.643

Substitute the appropriate item for 'saṅghāṭiṃ'.

Apart from relinquishing from use, a determined article ceases to be determined if it is given to another, is stolen, is taken on trust by a friend, or has a large visible hole in it.

## 10.4 Vikappana (Sharing Ownership)

There are varied practices about sharing ownership. Here are the most common ways.

### 10.4.1 Generally Addressing the Recipient

In the presence of the receiving bhikkhu, and with the article within forearm's length:

'Imam cīvaram tuyham vikappemi.'

'I share this robe with you.'

'Imāni cīvarāni tuyham vikappemi.'

"... these robes ..."

```
'Imaṃ pattaṃ tuyhaṃ vikappemi.'
'... this bowl ...'

'Ime patte tuyhaṃ vikappemi.'
'... these bowls ...'

When the receiving bhikkhu is the senior:
'tuyhaṃ' → 'āyasmato'

When it is shared with more than one bhikkhu:
'tuyhaṃ' → 'tumhākaṃ'

When the article is beyond forearm's length:
'imaṃ' → 'etaṃ';
'imāni' → 'etāni';
'ime' → 'ete'
```

Vin.IV.122

### 10.4.2 Addressing the Recipient by Name

In the presence of the receiving bhikkhu (who is named, e.g., '*Uttaro*'), and with the article within forearm's length, one says to another bhikkhu:

'Imaṃ cīvaraṃ uttarassa bhikkhuno vikappemi.'

'I share this robe with Uttaro Bhikkhu.'

When the receiving bhikkhu is the senior:

'uttarassa bhikkhuno' → 'āyasmato uttarassa'

If it is shared with a novice:

'uttarassa bhikkhuno' → 'uttarassa sāmaṇerassa'

To share a bowl: 'cīvaraṃ' → 'pattaṃ'

If more than one article is to be shared substitute the plural form as in sec. 10.4.1 above.

When the item is beyond forearm's length substitute as in sec. 10.4.1 above.

Vin.IV.122

## 10.4.3 Receiving Bhikkhu is Absent

In the absence of the receiving bhikkhus, say to a witness:

'Imam cīvaram vikappanatthāya tuyham dammi.'

'I give this robe to you for the purpose of sharing.'

The witness should then ask the original owner the names of two bhikkhus or novices who are his friends or acquaintances:

'Ko te mitto vā sandiṭṭho vā.'

'Who is your friend or acquaintance?'

After the original owner tells their names, e.g.,

'Uttaro bhikkhu ca tisso sāmaņero ca'

'Bhikkhu Uttaro and Sāmaṇera Tisso'

The witness then says:

'Aham tesam dammi.' 'I give it to them.'

or

'Aham uttarassa bhikkhuno ca tissassa sāmaṇerassa dammi.' 'I give it to Bhikkhu Uttarro and Sāmaṇera Tisso.'

Vin.IV.122

To share a bowl: 'cīvaraṃ' → 'pattaṃ'

If more than one article is to be shared substitute the plural form as in case 1 above.

When the item is beyond forearm's length substitute as in case 1 above.

# 10.5 Vikappana-paccuddharaṇa (Relinquishing Shared Ownership)

Before actually using the shared article, the other bhikkhu must relinquish his share.

If the other bhikkhu is senior, and the article is within forearm's length:

'Imam cīvaram mayham santakam paribhuñja vā visajjehi vā yathāpaccayam vā karohi.'

'This robe of mine: you may use it, give it away, or do as you wish with it.'

cf. Kv.122

When more than one robe is being relinquished:

```
'imaṃ cīvaraṃ' → 'imāni cīvarāni'
'santakam' → 'santakāni'
```

When the second owner is junior:

```
'paribhuñja' → 'paribhuñjatha'
'visajjehi' → 'visajjetha'
'karohi' → 'karotha'
```

If the articles are beyond forearm's length, change case accordingly:

```
'Imam' \rightarrow 'etam' 'imāni' \rightarrow 'etāni' (this) (that) (these) (those)
```

To rescind the shared ownership in the case when the receiving bhikkhu is absent (sec. 10.4.3), the witness says:

'Tesaṃ santakaṃ paribhuñja vā vissajjehi vā yathāpaccayaṃ vā karohi.'

'Use what is theirs, give it away or do as you like with it.'

To rescind the shared ownership of a bowl:

```
'cīvaram' → 'pattam'
```

and alter according to sec. 10.4.1 above.

The practice of some communities when sharing ownership of a bowl is that permission is not required before using it. However, if the first owner wishes to determine a shared bowl, the second owner should relinquish it first.

# 11.

# **OFFENCES**

# 11.1 Āpatti-patidesanā (Confession of Offences)

# 11.1.1 Six reasons for apatti

(1) Lack of shame; (2) ignorance of the rule; (3) in doubt but goes ahead; (4) thinks he ought when he ought not; (5) thinks he ought not when he ought; (6) acts without thinking (i.e. absent-mindedly).

#### 11.1.2 Four conditions for exemption from apatti

A bhikkhu who is (1) insane, (2) delirious, (3) suffering intense pain, or (4) the original perpetrator.

## 11.1.3 The kinds of āpatti

- (a) Those that cannot be remedied (pārājika).
- **(b)** Those that can be remedied:

Heavy offences (saṅghādisesa), confessed to a Sangha.

Light offences, confessed to another bhikkhu: thullaccaya (grave offences), pācittiya (offences of expiation), pāṭidesanīya

(offences to be confessed), *dukkaṭa* (offences of wrongdoing), and *dubbhāsita* (offences of wrong speech).

# 11.1.4 Method of confessing light offences

(Thai Formula)

Before the general confession any known offences should be specified. Two bhikkhus with the same offence should not confess that offence together. To do so is a *dukkaṭa* offence.

Vin.IV.122

The more junior bhikkhu confesses first, going through the different offence classes. Then the senior bhikkhu does likewise:

SAB: Senior Acknowledging Bhikkhu

JCB: Junior Confessing Bhikkhu

JCB: Āhaṃ bhante sambahulā nānā-vatthukāyo *thullacca yā yo* āpattiyo āpanno tā paṭidesemi.

*I*, ven. sir, having many times fallen into grave offences with different bases, these *I* confess.

SAB: Passasi āvuso?

Do you see, friend?

JCB: Āma bhante passāmi. Yes, ven. sir, I see.

<u>SAB:</u> Āyatiṃ āvuso saṃvareyyāsi.

In future, friend, you should be restrained.

- <u>JCB:</u> Sādhu suṭṭhu bhante saṃvarissāmi. (×3) *It is well indeed, ven. sir. I shall be restrained.*
- <u>SCB:</u> Āhaṃ āvuso sambahulā nānā-vatthukāyo thullacca yā yo āpattiyo āpanno tā paṭidesemi.
   I, friend, having many times fallen into grave offences with different bases, these I confess.
- JAB: Passatha bhante?

  Do you see, ven. sir?
- <u>SCB:</u> Āma āvuso passāmi. *Yes, friend, I see.*
- <u>JAB:</u> Āyatiṃ bhante saṃvareyyātha In future, ven. sir, you should be restrained.
- SCB: Sādhu suṭṭhu āvuso saṃvarissāmi. (×3)

  It is well indeed, friend. I shall be restrained.

This formula is repeated replacing 'thullacca yā yo' with, in turn, 'pācittiyāyo', 'dukkaṭāyo', 'dubbhāsitāyo'.

With 'dubbhāsitāyo' omit 'nānā-vatthukāyo'.

When confessing two offences of the same class:

'sambahulā'  $(many) \rightarrow \text{'dve'}(twice)$ 

When confessing a single offence:

- 'Sambahulā nānā-vatthukāyo *thullacca yā yo* āpattiyo āpanno tā paṭidesemi.'
- → 'Ekam thullacca yam āpattim āpanno tam paṭidesemi.'

Replace, as appropriate, 'thullaccayam' with 'pācittiyam', 'dukkatam', 'dubbhāsitam'.

### 11.2 Nissaggiya Pācittiya

When confessing a nissaggiya pācittiya ('expiation with forfeiture') offence, substitute 'nissaggiyāyo pācittiyāyo' for 'thullaccayāyo', or 'nissaggiyaṃ pācittiyaṃ' for 'thullaccayaṃ' in the formula at sec.11.1.4 above.

However, before confessing, the article in question must be forfeited to another bhikkhu or to a Sangha. Vin.III.196f

## 11.2.1 Nissaggiya Pācittiya 1 ('extra robe')

On the eleventh dawn of keeping one 'extrarobe', within forearm's length, forfeiting to a more senior bhikkhu:

'Idaṃ me *bhante* cīvaraṃ dasāhātikkantaṃ nissaggiyaṃ, imāhaṃ āyasmato nissajjāmi.'

'This extra robe, ven. sir, which has passed beyond the ten day (limit) is to be forfeited by me: I forfeit it to you.'

More than one robe, within forearm's length:

'Imāni me bhante, cīvarāni dasāhātikkantāni nissaggiyāni, imānāham āyasmato nissajjāmi.'

If forfeiting to a Sangha: 'āyasamato' → 'saṅghassa'

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If forfeiting to a group of bhikkhus:

'āyasamato' → 'āysamantānam'

If senior bhikkhu: 'bhante' → 'āvuso'

If beyond forearm's length:

'idaṃ' (this) → 'etaṃ' (that)
'imāhaṃ' → 'etāhaṃ'
'imāni' (these) → 'etāni' (those)
'imānāham' → 'etānāham'

Vin.III.197

#### 11.2.2 Returning the robe

'Imaṃ cīvaraṃ āyasmato dammi.'

'I give this robe to you.'

Vin.III.197

For returning more than one robe:

'imam' → 'imāni'; 'cīvaram' → 'cīvarāni'

This formula for returning the article(s) also applies in NP. 2, 3, 6, 7, 8, 9, 10 below.

# 11.2.3 Nissaggiya Pācittiya 2 ('separated from')

'Idaṃ me bhante cīvaraṃ ratti-vippavutthaṃ aññatra bhikkhusammatiyā nissaggiyaṃ. Imāhaṃ āyasmato nissajjāmi.'

'This robe, ven. sir, which has stayed separate (from me) for a night without the consent of the bhikkhus, is to be forfeited by me: I forfeit

it to you.'

Vin.III.199-200

If multiple robes:

'cīvaram' → 'dvicīvaram'/'ticīvaram' (two-/three-robes)

# 11.2.4 Nissaggiya Pācittiya 3 ('over-kept cloth')

'Idaṃ me bhante akāla-cīvaraṃ māsātikkantaṃ nissaggiyaṃ, imāhaṃ āyasmato nissajjāmi.'

'This, ven. sir, 'out of season' robe, which has passed beyond the month limit, is to be forfeited by me: I forfeit it to you.'

Vin.III.205

For more than one piece of cloth:

'Imāni me bhante akāla-cīvarāni māsātikkantāni nissaggiyāni. Imānāhaṃ āyasmato nissajjāmi.'

## 11.2.5 Nissaggiya Pācittiya 6 ('asked for')

'Idaṃ me bhante cīvaraṃ aññātakaṃ gahapatikaṃ aññatra samayā viññāpitaṃ nissaggiyaṃ, imāhaṃ āyasmato nissajjāmi.'

'This robe, ven. sir, which has been asked from an unrelated house-holder at other than the proper occasion, is to be forfeited by me: I forfeit it to you.'

Vin.III.213

For more than one piece of cloth:

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'Imāni me bhante cīvarāni aññātakam gahapatikam aññatra samayā viññāpitāni nissaggiyāni. Imānāham āyasmato nissajjāmi.'

# 11.2.6 Nissaggiya Pācittiya 7 ('beyond limit')

'Idam me bhante cīvaram aññātakam gahapatikam upasamkamitvā tat'uttarim viññāpitam nissaggiyam, imāham āyasmato nissajjāmi.'

'This robe, ven. sir, which has been asked for beyond the limitation from an unrelated householder, is to be forfeited by me: I forfeit it to you.'

Vin.III.214-215

For more than one piece of cloth:

'Imāni me bhante cīvarāni aññātakaṃ gahapatikaṃ tat'uttariṃ viññāpitāni nissaggiyāni. Imānāhaṃ āyasmato nissajjāmi.'

#### 11.2.7 Nissaggiya Pācittiya 8 ('instructing')

'Idaṃ me bhante cīvaraṃ pubbe appavārito aññātakaṃ gahapatikaṃ upasaṃkamitvā cīvare vikappaṃ āpannaṃ nissaggiyaṃ. Imāhaṃ āyasmato nissajjāmi.'

'This robe, ven. sir, which has been instructed about after having approached an unrelated householder without prior invitation is to be forfeited by me: I forfeit it to you.'

Vin.III.217

## 11.2.8 Nissaggiya Pācittiya 9 ('instructing')

For a robe (robe-cloth) received after making instructions to two or more householders. Use formula of sec.11.2.7 above but change:

'aññātakam gahapatikam' → 'aññātake gahapatike'

For returning the robe(s) see sec.11.2.2 above. Vin.III.219

# 11.2.9 Nissaggiya Pācittiya 10 ('reminding')

'Idaṃ me bhante cīvaraṃ atireka-tikkhattuṃ codanāya atirekachakkhattuṃ ṭhānena abhinipphāditaṃ nissaggiyaṃ, imāhaṃ āyasmato nissajjāmi.'

'This robe, ven. sir, which has been effected/obtained by inciting more than three times, by standing more than six times, is to be forfeited by me: I forfeit it to you.'

Vin.III.223

# 11.2.10 Nissaggiya Pācittiya 18 ('gold and silver')

'Ahaṃ bhante rūpiyaṃ paṭiggahesiṃ. Idaṃ me nissaggiyaṃ. Imāhaṃ saṅghassa nissajjāmi.'

'Ven. sirs, I have accepted money. This is to be forfeited by me: I forfeit it to the Saṅgha.'

To be forfeited to the Sangha only.

Vin.III.238

#### 11.2.11 Nissaggiya Pācittiya 19 ('monetary exchange')

'Ahaṃ bhante nānappakārakaṃ rūpiyasaṃvohāraṃ samāpajjiṃ. Idaṃ me nissaggiyaṃ. Imāhaṃ saṅghassa nissajjāmi.'

'Ven. sirs, I have engaged in various kinds of trafficking with money. This (money) is to be forfeited by me: I forfeit it to the Saṅgha.'

To be forfeited to the Sangha only.

Vin.III.240

### 11.2.12 Nissaggiya Pācittiya 20 ('buying and selling')

'Ahaṃ bhante nānappakārakaṃ kayavikkayaṃ samāpajjiṃ, idaṃ me nissaggiyaṃ, imāhaṃ āyasmato nissajjāmi.'

'Ven. sir, I have engaged in various kinds of buying and selling. This (gain) of mine is to be forfeited by me, I forfeit it to you.'

Vin.III.242

If forfeiting to a Sangha: 'āyasmato' → 'saṅghassa'

If forfeiting to a group of bhikkhus:

'āyasmato' → 'āyasmantānam'

# 11.2.13 Nissaggiya Pācittiya 21 ('extra bowl')

'Ayaṃ me bhante patto dasāhātikkanto nissaggiyo, imāhaṃ āyasmato nissajjāmi.'

'This bowl, ven. sir, which has passed beyond the ten-day (limit) is to be forfeited by me: I forfeit it to you.'

For returning the bowl:

'Imaṃ pattaṃ āyasmato dammi.'

'I give this bowl to you.'

Vin.III.243-244

### 11.2.14 Nissaggiya Pācittiya 22 ('new bowl')

'Ayaṃ me bhante patto ūnapañca-bandhanena pattena cetāpito nissaggiyo. Imāhaṃ saṅghassa nissajjāmi.'

'This bowl, ven. sirs, which has been exchanged for a bowl that has less than five mends, is to be forfeited by me: I forfeit it to the Sangha.'

To be forfeited to the Sangha only.

Vin.III.246

# 11.2.15 Nissaggiya Pācittiya 23 ('kept medicines')

'Idaṃ me bhante bhesajjaṃ sattāhātikkantaṃ nissaggiyaṃ. Imāhaṃ āyasmato nissajjāmi.'

'This medicine, ven. sir, which has been passed beyond the seven-day (limit), is to be forfeited by me: I forfeit it to you.'

Medicine can be returned, but not for consumption:

'Imam bhesajjam āyasmato dammi.'

'I give this medicine to you.'

Vin.III.251

# 11.2.16 Nissaggiya Pācittiya 25 ('snatched back')

'Idaṃ me bhante cīvaraṃ bhikkhussa sāmaṃ datvā acchinnaṃ nissaggiyaṃ. Imāhaṃ āyasmato nissajjāmi.'

'This robe, ven. sir, which has been snatched back after having given it myself to a bhikkhu, is to be forfeited by me: I forfeit it to you.'

Vin.III.255

# 11.2.17 Nissaggiya Pācittiya 28 ('urgent')

'Idam me bhante acceka-cīvaram cīvara-kālasamayam atikkāmitam nissaggiyam. Imāham āyasmato nissajjāmi.'

'This robe-offered-in-urgency, ven. sir, has passed beyond the robeseason, is to be forfeited by me: I forfeit it to you.' Vin.III.262

## 11.2.18 Nissaggiya Pācittiya 29 ('wilderness abode')

'Idam me bhante cīvaram atireka-chā-rattam vippavuttham aññatra bhikkhu-sammatiyā nissaggiyam. Imāham āyasmato nissajjāmi.'

'This robe, ven. sir, which has stayed separate (from me) for a night without the consent of the bhikkhus, is to be forfeited by me: I forfeit it to you.' Vin.III.264

#### 11.2.19 Nissaggiya Pācittiya 30

'Idam me bhante jānam sanghikam lābham parinatam attano parināmitam nissaggiyam, imāham āyasmato nissajjāmi.'

'This gain belonging to the Saṅgha, ven. sir, which has been (already) diverted (to someone), (and) which has been knowingly diverted to myself (instead) is to be forfeited by me: I forfeit it to you.'

To return the article: 'Imam āyasmato dammi.' Vin.III.266

#### 11.3 Sanghādisesa

- (i) A bhikkhu who has committed <code>saṅghādisesa</code> must first inform one or more bhikkhus, and then inform a Sangha of at least four bhikkhus of his fault(s) and ask to observe <code>mān-atta</code>. When the Sangha has given <code>mānatta</code> to that bhikkhu, he recites the formula undertaking <code>mānatta</code> and then practises the appropriate duties for six days and nights. When the bhikkhu has completed practising <code>mānatta</code>, he requests rehabilitation (<code>abbhāna</code>) in the presence of a Sangha of at least twenty bhikkhus.
- (ii) A bhikkhu who has committed saṅghādisesa and deliberately concealed it must first live in parivāsa (probation) for the number of days that the offence was concealed. When the bhikkhu has completed his time living in parivāsa, he requests mānatta and then follows the procedure outlined in (i) above.

# 12.

# **UPOSATHA**

# 12.1 Pārisuddhi-uposatha (Purity Uposatha)

#### 12.1.1 Pārisuddhi Before Sangha

Vin.I.120-129

Declaring one's purity before the Sangha:

'Parisuddho ahaṃ bhante, parisuddho'ti maṃ saṅgho dhāretu.' 'I, ven. sirs, am quite pure May the Saṅgha hold me to be pure.'

# 12.1.2 Pārisuddhi for Three Bhikkhus

The Pātimokkha requires at least four bhikkhus. If there a re only thre e bhikk hus then, after the preliminary duties and the general confession, one bhikkhu chants the *ñatti*:

'Suṇantu me bhante āyasmantā ajj'uposatho paṇṇaraso, yad'āyasmantānaṃ pattakallaṃ, mayaṃ aññamaññaṃ pārisuddhi uposathaṃ kareyyāma.'

'Let the ven. ones listen to me. Today is an Uposatha day, which is a fifteenth (day of the fortnight) one. If it seems right to the ven. ones let us carry out the Observance with one another by way of entire purity.'

When it is the 14th day: 'paṇṇaraso' → 'cātuddaso'

If the announcing bhikkhu is the most senior:

'bhante' → 'āvuso'

Then, starting with the senior bhikkhu:

'Parisuddho aham āvuso, parisuddho'ti mam dhāretha.' (×3)

'I, friends, am quite pure. Understand that I am quite pure.'

For each of the two junior bhikkhus:

'āvuso' → 'bhante'

# 12.1.3 Pārisuddhi for Two Bhikkhus

Omit the *ñatti*. The senior bhikkhu declares purity first:

'Parisuddho aham āvuso, parisuddho'ti mam dhārehi.' (×3)

For the junior: 'āvuso' → 'bhante'; 'dhārehi' → 'dhāretha'

## 12.1.4 Adhitthānuposatha (For a lone bhikkhu)

For a bhikkhu staying alone on the Uposatha day. After the Preliminary duties, he then determines:

'Ajja me uposatho.' 'Today is an Uposatha day for me.'

#### 12.2 Sick Bhikkhus

#### 12.2.1 Pārisuddhi

(a) The sick bhikkhu makes general confession, then:

'Pārisuddhiṃ dammi, pārisuddhiṃ me hara, pārisuddhiṃ me ārocehi.'

'I give my purity. Please convey purity for me (and) declare purity for me.'

If the sick bhikkhu is the junior:

'hara' → 'haratha'; 'ārocehi' → 'ārocetha'

**(b)** The sick bhikkhu's (e.g. 'Uttaro's') purity is conveyed after the Pātimokkha:

'Āyasmā bhante 'uttaro' bhikkhu gilāno, parisuddho'ti paṭijāni, parisuddho'ti taṃ saṅgho dhāretu.'

'Ven. sirs, 'Uttaro Bhikkhu' who is sick acknowedges that he is pure. May the Saṅgha hold him to be pure.'

If the bhikkhu conveying purity is senior to the sick bhikkhu:

'Āyasmā bhante uttaro' → 'Uttaro bhante bhikkhu'

#### 12.2.2 Sending Consent (Chanda)

(a) The sick bhikkhu sends his consent to the saṅghākamma:

'Chandaṃ dammi, chandaṃ me hara, chandaṃ me ārocehi.' 'I offer my consent. May you convey my consent (to the Saṅgha). May you declare my consent to them.'

If the sick bhikkhu is the junior:

'hara' → 'haratha'; 'ārocehi' → 'ārocetha'

**(b)** Informing the Sangha of the sick bhikkhu's consent:

'Āyasmā bhante 'uttaro' mayhaṃ chandaṃ adāsi, tassa chando mayā āhaṭo, sādhu bhante saṅgho dhāretu.'

'Ven. sirs, 'Uttaro Bhikkhu' has given his consent to me. I have conveyed his consent. It is well, ven. sirs, if the Saṅgha holds it to be so.'

If the bhikkhu conveying consent is senior to the sick bhikkhu:

'Āyasmā bhante uttaro' → 'Uttaro bhante bhikkhu'

## 12.2.3 Pārisuddhi + Chanda

When both purity and consent are conveyed to the Sangha:

'*Uttaro* bhante bhikkhu gilāno mayham chandañca pārisuddhiñca adāsi, tassa chando ca pārisuddhi ca mayā āhaṭā, sādhu bhante saṅgho dhāretu.'

'Ven. sirs, 'Uttaro Bhikkhu' is sick. He has given his consent and purity to me. I have conveyed his consent and purity. It is well, ven. sirs, if the Sangha holds it to be so.'

# 13.

## RAINS AND KATHINA

#### 13.1 Khamāpana-kammam (Asking for Forgiveness)

#### 13.1.1 Setup

Prepare an offering tray with two candles, incense, some flowers, and optionally other gifts. Prepare a seat and water for the Ācariya if appropriate for the occation. Wear your triple robe.

#### 13.1.2 Asking for Forgiveness

All dependents kneel on toes before the Ācariya, the most senior dependent (SD) in front, with the offering tray to his side.

(Bow three times, and start chanting in a bowed posture.)

SD bhikkhu may prompt the chanting, then all dependents chanting together.

SD: Na-

All: 'Namo tassa...' (×3)

SD picks up the and holds the tray, still in bowed posture.

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SD: Ā-

All: 'Āyasmante pamādena, dvārattayena katam, sabbam aparādham khamatu no bhante.'

('Forgive us, ven. sir, for all wrong-doing done carelessly to the ven. one by way of the three doors.')

SD offers the tray to the Ācariya.

The Ācariya:

'Aham khamāmi, tumhehi pi me khamitabbam.'

'I forgive you. You should also forgive me.'

The bhikkhus: 'Khamāma bhante.'

'We forgive you, ven. sir.'

Then the bhikkhus may bow while the Ācariya gives his blessing.

At the end of the blessing the bhikkhus, while still bowing, respond:

All: 'Sādhu bhante.'

For senior bhikkhus use 'Āyasmante'. For Ajahns use 'There', 'Mahāthere', 'Ācariye', 'Upajjhāye', as appropriate.

When entering Rains, asking for forgiveness is followed by taking dependence (nissaya), see p.172.

When one bhikkhu asks for forgiveness:

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'no' → 'me'

'tumhehi pi' → 'tayā pi'

'khamāma' → 'khamāmi'
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#### 13.2 Vassāvāso (Rains-residence)

The Rains begins the day after the full-moon day of July; if July has two full moons, it begins after the second full moon. During this time bhikkhus must live in a *kuti* with a lockable door.

#### 13.2.1 Entering the Rains (Thai tradition)

The boundaries are specified, then all resident bhikkhus:

'Imasmim āvāse imam te-māsam vassam upema.' (×3)

'We enter the Rains in this monastery for three months.'

If one bhikkhu at a time: 'upema' → 'upemi'

Alternatively:

'Imasmim vihāre imam te-māsam vassam upemi.' (×3)

'I enter the Rains in this kuṭi for three months.'

Alternatively:

'Idha vassam upemi.' (×3)

'I enter the Rains here.'

cf. Sp.V.1067

#### 13.2.2 Sattāha-karanīya (Seven-day leave)

Allowable reasons: to go to nurse an ill bhikkhu or one's parents, support a bhikkhu in danger of disrobing, aid another monastery, uphold the faith of lay supporters, etc.

One may take leave using one's own language, or the Pali:

'Sattāha-karaṇīyaṃ kiccaṃ me-v-atthi tasmā mayā gantabbaṃ imasmim sattāh'abbhantare nivattissāmi.'

'I have an obligation which must be fulfilled within seven days. Therefore I have to go. I shall return within seven days.'

cf. Vin.I.139

#### 13.2.3 Rains privileges

These last for one month following the pavāraṇā-day. One may: go wandering without taking leave; go without taking the complete set of robes; go taking any robes that have accrued; keep extra robes beyond ten days; eat a 'group meal', and 'substitute an invitation to a meal'.

## 13.3 Pavāraņā (Inviting Admonition)

#### 13.3.1 For five or more bhikkhus

After the preliminary duties, one bhikkhu chants the ñatti:

'Suṇātu me bhante saṅgho.

Ajja pavāraņā paņņarasī.

Yadi saṅghassa pattakallam, Saṅgho *te-vācikam* pavāreyya.'

'Ven. sirs, may the Community listen to me. Today is the Pavāraṇā on the fifteenth (day of the fortnight). If the Community is ready, the Community should invite with three statements.'

cf. Vin.I.159

When it is the 14th day:

'paṇṇarasī' → 'cātuddasī'

If the announcing bhikkhu is the most senior:

'bhante' → 'āvuso'

If each bhikkhu is to state his invitation twice:

'te-vācikam' → 'dve-vācikam'

If each bhikkhu is to state his invitation once:

'te-vācikam' → 'eka-vācikam'

If bhikkhus of equal rains are to invite in unison:

'Saṅgho te-vācikaṃ pavāreyya' → 'Saṅgho samāna-vassikaṃ pavāreyya'

'The Community should invite in the manner of equal Rains.'

After the *ñatti*, if each bhikkhu is to invite 'three times', then, in order of Rains:

'Saṅgham-bhante pavāremi. Diṭṭhena vā sutena vā parisaṅkāya vā, vadantu maṃ āyasmanto anukampaṃ upādāya. Passanto paṭikkarissāmi.

Dutiyam-pi bhante saṅghaṃ pavāremi. Diṭṭhena vā sutena vā parisaṅkāya vā, vadantu maṃ āyasmanto anukampaṃ upādāya. Passanto paṭikkarissāmi.

Tatiyam-pi bhante saṅghaṃ pavāremi Diṭṭhena vā sutena vā parisaṅkāya vā, vadantu maṃ āyasmanto anukampaṃ upādāya. Passanto paṭikkarissāmi.'

'Ven. sirs, I invite admonition from the Sangha. According to what has been seen, heard or suspected, may the ven. ones instruct me out of compassion. Seeing it, I shall make amends. For a second time... For a third time....'

For the most senior bhikkhu:

'Saṅgham-bhante' → 'Saṅghaṃ āvuso' 'Dutiyam-pi bhante' → 'Dutiyam-pi āvuso' 'Tatiyam-pi bhante' → 'Tatiyam-pi āvuso'

#### 13.3.2 For four or three bhikkhus

Preliminary duties, then *ñatti*:

'Suṇantu me *āyasmanto*, ajja pavāraṇā paṇṇarasī, yad'āyasmantānaṃ pattakallaṃ, mayaṃ aññamaññaṃ pavāreyyāma.'

'Sirs, may you listen to me. Today is the pavāraṇā on the 15th (day of the fortnight). If there is complete preparedness of the ven. ones, we should pavāraṇā to each other.'

cf. Vin.I.162

If there are three bhikkhus: 'āyasmanto' → 'āyasmantā'

Then each bhikkhu in order of Rains:

'Ahaṃ bhante āyasmante pavāremi. Diṭṭhena vā sutena vā parisaṅkāya vā, Vadantu maṃ āyasmanto anukampaṃ upādāya, Passanto paṭikkarissāmi.

Dutiyam-pi bhante āyasmante pavāremi. Diṭṭhena vā sutena vā parisaṅkāya vā, Vadantu maṃ āyasmanto anukampaṃ upādāya, Passanto patikkarissāmi.

Tatiyam-pi bhante āyasmante pavāremi. Diṭṭhena vā sutena vā parisaṅkāya vā, Vadantu maṃ āyasmanto anukampaṃ upādāya, Passanto paṭikkarissāmi.'

For the most senior bhikkhu:

'bhante' → 'āvuso'

If there are three bhikkhus: 'āyasmanto' → 'āyasmantā'

#### 13.3.3 For two bhikkhus

Preliminary duties, but no *ñatti*, then each bhikkhu in order of Rains:

'Ahaṃ bhante āyasmantaṃ pavāremi. Diṭṭhena vā sutena vā parisaṅkāya vā, Vadatu maṃ āyasmā anukampaṃ upādāya, Passanto patikkarissāmi.

Dutiyam-pi bhante āyasmantam pavāremi. Diṭṭhena vā sutena vā parisaṅkāya vā, Vadatu mam āyasmā anukampam upādāya, Passanto paṭikkarissāmi.

Tatiyam-pi bhante āyasmantam pavāremi. Diṭṭhena vā sutena vā parisaṅkāya vā, Vadatu mam āyasmā anukampam upādāya, Passanto paṭikkarissāmi.'

For the senior bhikkhu: 'bhante' → 'āvuso'

cf. Vin.I.163

#### 13.3.4 For one bhikkhu

Preliminary duties, then:

'Ajja me pavāranā.'

'Today is my pavāranā.'

Vin.I.163

#### 13.3.5 Pavāranā by a sick bhikkhu

'Pavāraṇaṃ dammi, pavāraṇaṃ me hara, mam'atthāya pavārehi.'

'I give my pavāraṇā. May you convey pavāraṇā for me. May you pavāraṇā on my behalf.'

Vin.I.161

If the sick bhikkhu is the junior one:

'hara' → 'haratha'

'pavārehi' → 'pavāretha'

The pavāraṇā of the sick bhikkhu (e.g. 'Uttaro') is conveyed in his place in the order of Rains:

'Āyasmā bhante 'uttaro' gilāno saṅghaṃ pavāreti, diṭṭhena vā sutena vā parisaṅkāya vā, vadantu taṃ āyasmanto anukampaṃ upādāya, passanto paṭikkarissati.

Dutiyam-pi bhante āyasmā 'uttaro' gilāno... passanto paṭikkarissati.

Tatiyam-pi bhante āyasmā 'uttaro' gilāno… passanto paṭikkarissati.'

'Ven. sirs, ven. 'Uttaro' who is sick makes pavāraṇā to the Saṅgha. With what you have seen, heard and suspected, may all of you instruct him out of compassion. Seeing it, he will make amends.'

If the conveying bhikkhu is senior to the sick bhikkhu:

 $\hbox{`$\bar{A}$ yasm$\bar{a}$ bhante `uttaro"} \rightarrow \hbox{``Uttaro'} \ bhante \ bhikkhu'$ 

Sp.V.1075

## 13.4 Kathina

## 13.4.1 Offering the Kathina (Thai Tradition)

Preliminary consultation of Sangha:

The first bhikkhu describes the merits obtained in acknowledging the making of the *kathina* robe, and then asks the Sangha whether or not it desires to do so. The bhikkhus respond by saying in unison:

'Ākaṅkhāma, bhante.'

'We desire to do so, ven. sir.'

The second bhikkhu describes qualities of one worthy of the kaṭhina-robe, and the bhikkhus respond by remaining silent.

The third bhikkhu nominates the worthy recipient, and the assembly responds:

'Ruccati bhante'.

'It is pleasing, ven. sir.'

The fourth bhikkhu makes the formal proposal, and the assembly responds:

'Sādhu bhante'.

'It is well, ven. sir.'

Bhikkhus senior to the speaker omit 'bhante'.

Then two bhikkhus chant the formal motion and announcement.

But cf. Vin.I.254

## 13.4.2 Spreading the Kathina

After the kathina-robe has been sewed and dyed, and the old robe relinquished, the new robe is marked and determined, and then the recipient chants *one* of the following:

'Namo....' (×3)

'Imāya saṅghāṭiyā kaṭhinaṃ attharāmi.'

'Iminā uttarāsangena kathinam attharāmi.'

'Iminā antaravāsakena kathinam attharāmi.'

'By means of this outer robe / upper robe / lower robe I spread the Kathina.'

Sp.V.1109; Pv.XIV.4

#### 13.4.3 Kathina Sanghakamma

In the following, 'Amaro Bhikkhu' is the receiving senior bhikkhu.

Suṇātu me bhante saṅgho. Idaṃ saṅghassa kaṭhina-dussaṃ uppannaṃ. Yadi saṅghassa pattakallaṃ, saṅgho imaṃ kaṭhina-dussaṃ āyasmato Amarassa dadeyya, kaṭhinaṃ attharituṃ. Esā ñatti.

Suṇātu me bhante saṅgho. Idaṃ saṅghassa kaṭhina-dussaṃ uppannaṃ. Saṅgho imaṃ kaṭhina-dussaṃ āyasmato *Amarassa* deti, kaṭhinaṃ attharituṃ. Yass'āyasmato khamati, imassa kaṭhina-dussassa āyasmato *Amarassa* dānaṃ, kaṭhinaṃ attharituṃ, so tuṇh'assa. Yassa nakkhamati, so bhāseyya.

Dinnam idam sanghena kaṭhina-dussam āyasmato Amarassa, kaṭhinam attharitum. Khamati sanghassa, tasmā tunhī. Evametam dhārayāmi.

Mv.VII.1.4

Venerable sirs, may the Community listen to me. This kathina-cloth has arisen for the Community. If the Community is ready, it should give this kathina-cloth to Venerable Amaro to spread the kathina. This is the motion.

Venerable sirs, may the Community listen to me. This kathina-cloth has arisen for the Community. The Community is giving this kathina-cloth to Venerable Amaro to spread the kathina. He to whom the giving of this kathina-cloth to

Venerable Amaro to spread the kaṭhina is agreeable should remain silent. He to whom it is not agreeable should speak. This kaṭhina-cloth is given by the Community to Venerable Amaro to spread the kaṭhina. This is agreeable to the Community, therefore it is silent. Thus do I hold it.

#### 13.4.4 Kathina Anumodanā

The recipient of the Kathina:

'Atthataṃ bhante saṅghassa kaṭhinaṃ, Dhammiko kaṭhinatthāro, anumodatha.' (×3)

'Ven. sirs, the spreading of the kathina is in accordance with the Dhamma. Please approve of it.'

If the recipient is senior to all the other bhikkhus:

'bhante' → 'āvuso'

The rest of the Sangha, chanting together:

'Atthatam bhante saṅghassa kaṭhinam, Dhammiko kaṭhinat-thāro, anumodāma.' (×3)

'Ven. sirs, the spreading of the kathina is in accordance with the Dhamma. We approve of it.'

Sp.V.1109; Pv.XIV.4

Bhikkhus senior to the recipient omit 'bhante'.

If approving one by one:

'anumodāma' → 'anumodāmi'

For bhikkhus senior to the recipient:

'bhante'  $\rightarrow$  'āvuso'.

For a bhikkhu who completes the *Kaṭhina* ceremony, the Rains privileges extend for a further four months.

Vin.III.261

## 14.

## OTHER PROCEDURES

## 14.1 Nissaya (Dependence)

#### The bhikkhu:

'Ācariyo me bhante hohi, āyasmato nissāya vacchāmi.' (×3)

'Ven. sir, may you be my teacher. I shall stay dependent on the ven. one.'

## The Ācariya:

'Sādhu; lahu; opāyikam; paţirūpam; pāsādikena sampādehi!'

'It is good; ...convenient; ...suitable; ...proper; ... you should endeavour to conduct yourself in a good manner.'

Vin.I.60-61

## The bhikkhu:

'Sādhu bhante. Ajja-t-agge-dāni thero mayhaṃ bhāro, Ahampi therassa bhāro.' (×3)

'It is good, ven. sir. From this day onwards the Thera will be my burden and I shall be the burden of the Thera.'

Sp.V.977

At the end, bow three times and sit papiap. The Ajahn may offer advice and encouragement in the practice.

#### 14.2 Kappiya-karana (The making allowable)

For fruit or vegetables that can grow again, bhikkhu:

'Kappiyam karohi' 'Make it allowable.'

The lay-person, while 'marking' (cutting or tearing) the fruit, etc., responds:

'Kappiyam bhante.' 'It is allowable, ven. sir.' Sp.IV.767-768

#### 14.3 Entering Town after Midday

Leave can be taken in one's own language, or in Pali:

'Vikāle gāmappavesanam āpucchāmi.'

'I take leave to go to the town at the 'wrong time'.' cf. Kv.140

#### 14.4 Sanghadāna-apalokana (Sharing Sanghadāna)

After sanghadāna is offered, a bhikkhu, other than the *Thera*, kneels and recites:

'Yagghe bhante saṅgho jānātu. Ayaṃ paṭhama bhāgo *therassa* pāpuṇāti. Avasesā bhāgā amhākañc'eva pāpuṇanti. Bhikkhūnañca sāmaṇerānaṃ gahaṭṭhānaṃ Te yathāsukham paribhuñjantu.' (×3) 'therassa' → 'mahātherassa'

'May the Sangha hear me. The first portion (of this offering) goes to the Elders. The remainder is for the rest of us here.'

The Sangha responds: 'Sādhu.'

cf. Sp.VII.1405-1409

#### 14.5 Paṃsukūla-cīvara (Taking Forest-cloth)

'Imaṃ paṃsukūla-cīvaraṃ assāmikaṃ mayhaṃ pāpuṇāti.' 'This rag-robe, which is ownerless, has reached me.'

#### 14.6 Desanā

#### 14.6.1 Requesting permission

## (a) To speak on Vinaya

(After bowing three times, with hands joined in añjali, addressing the senior bhikkhu)

'Okāsam me bhante thero detu vinaya-katham kathetum.'

'Namo... (×3); Buddham Dhammam Sangham namassāmi.'

'Vinayo sāsanassa āyūti karotu me āyasmā okāsam ahan-tam vattukāmo.'

'Ven. sir, please give permission to speak on Vinaya... Vinaya is the life of the religion. I ask for permission from the ven. one: I wish to speak about the Vinaya.'

Reply: 'Karomi āyasmato okāsam.'

'I give you the opportunity, ven. sir.'

cf. Vin.I.113

#### 14.6.2 To speak on Dhamma

(After bowing three times, with hands joined in añjali, addressing the senior bhikkhu)

'Okāsaṃ me bhante thero detu dhamma-kathaṃ kathetuṃ.'

'Namo... (×3); Buddham Dhammam Sangham namassāmi.'

'Apārutā tesaṃ amatassa dvārā ye sotavantā pamuñcantu saddhaṃ.'

'Ven. sir, please give permission to speak on Dhamma... Open are the doors to the Deathless. May all those who have ears release their faith.'

## 14.7 Añjali

Chanting and making formal requests is done with the hands in añjali. This is a gesture of respect, made by placing the palms together directly in front of the chest, with the fingers aligned and pointing upwards.

#### 14.8 Requesting a Dhamma Talk

After bowing three times, with hands joined in anjali, recite the following:

Brahmā ca lokādhipatī sahampati Katañjalī anadhivaram ayācatha Santīdha sattāpparajakkha-jātikā Desetu dhammam anukampimam pajam

Bow three times again

The Brahmā god Sahampati, Lord of the world,
With palms joined in reverence, requested a favour:
'Beings are here with but little dust in their eyes,
Pray, teach the Dhamma out of compassion for them.'

BV. v1

#### 14.9 Acknowledging the Teaching

One person:

Handa mayam dhammakathāya sādhukāram dadāmase Now let us express our approval of this Dhamma Teaching.

#### Response:

Sādhu, sādhu, sādhu, anumodāmi It is well, I appreciate it.

#### 14.9.1 After the talk on Vinaya or Dhamma

'Ayaṃ dhammā- / vinayā- / dhammavinayākathā sādh'āyas-mantehi saṃrakkhetabbāti.'

'This talk on Dhamma / Vinaya / Dhammavinaya should be well-preserved by you, ven. sirs.'

The senior bhikkhu:

'Handa mayam ovādā dhammā/ vinayā- / dhammavinayā-kathāya sādhukāram dadāmase.'

'Now let us make the act of acknowledging this Dhamma / Vinaya / Dhammavinaya talk.'

The listeners:

'Sādhu. Sādhu. Sadhu. Anumodāmi.'

## 14.9.2 Acknowledging the Teaching

'Handa mayam dhamma-kathāya/ovādakathāya sādhu-kāram dadāmase.'

'Now let us express our approval of this Dhamma Teaching.'

If an exhortation:

'dhamma-kathāya' → 'ovāda-kathāya'

Response:

'Sādhu, Sādhu, Sādhu. Anumodāmi.'

'It is well, I appreciate it.'

#### 14.10 Requesting Paritta Chanting

After bowing three times, with hands joined in añjali, recite the following

Vipatti-paṭibāhāya sabba-sampatti-siddhiyā Sabbadukkha-vināsāya Parittaṃ brūtha maṅgalaṃ

Vipatti-paṭibāhāya sabba-sampatti-siddhiyā Sabbabhaya-vināsāya Parittaṃ brūtha maṅgalaṃ

Vipatti-paṭibāhāya sabba-sampatti-siddhiyā Sabbaroga-vināsāya Parittaṃ brūtha maṅgalaṃ

Bow three times

For warding off misfortune, for the arising of good fortune, For the dispelling of all dukkha,

May you chant a blessing and protection.

For warding off misfortune, for the arising of good fortune, For the dispelling of all fear,

May you chant a blessing and protection.

For warding off misfortune, for the arising of good fortune, For the dispelling of all sickness,

May you chant a blessing and protection.

# 14.11 Requesting the Three Refuges & the Five Precepts (Thai Tradition)

After bowing three times, with hands joined in añjali, recite the appropriate request.

## For a group from a monk

Mayam bhante tisaraṇena saha Dutiyampi mayam bhante tisaraṇena saha Tatiyampi mayam bhante tisaraṇena saha

pañca sīlāni yācāma pañca sīlāni yācāma pañca sīlāni yācāma

## For oneself from a monk

Ahaṃ bhante tisaraṇena saha Dutiyampi ahaṃ bhante tisaraṇena saha Tatiyampi ahaṃ bhante tisaraṇena saha pañca sīlāni yācāmi pañca sīlāni yācāmi pañca sīlāni yācāmi

## For a group from a nun

Mayam ayye tisaranena saha Dutiyampi mayam ayye tisaranena saha Tatiyampi mayam ayye tisaranena saha pañca sīlāni yācāma pañca sīlāni yācāma pañca sīlāni yācāma

## For oneself from a nun

Ahaṃ ayye tisaraṇena saha Dutiyampi ahaṃ ayye tisaraṇena saha Tatiyampi ahaṃ ayye tisaraṇena saha pañca sīlāni yācāmi pañca sīlāni yācāmi pañca sīlāni yācāmi

## For a group from a layperson

Mayam mitta tisaranena saha Dutiyampi mayam mitta tisaranena saha Tatiyampi mayam mitta tisaranena saha pañca sīlāni yācāma pañca sīlāni yācāma pañca sīlāni yācāma

## For oneself from a layperson

Ahaṃ mitta tisaraṇena saha pañca
Dutiyampi ahaṃ mitta tisaraṇena saha pañca
Tatiyampi ahaṃ mitta tisaraṇena saha pañca

pañca sīlāni yācāmi pañca sīlāni yācāmi pañca sīlāni yācāmi

We/I, Venerable Sir/Sister/Friend,
request the Three Refuges and the Five Precepts.
For the second time,
we/I, Venerable Sir/Sister/Friend,
request the Three Refuges and the Five Precepts.
For the third time,
we/I, Venerable Sir/Sister/Friend,
request the Three Refuges and the Five Precepts.

Repeat, after the leader has chanted 'Namo tassa' three times.

Namo tassa bhagavato arahato sammāsambuddhassa (×3)

Homage to the Blessed, Noble, and Perfectly Enlightened One.

Buddhaṃ saraṇaṃ gacchāmi Dhammaṃ saraṇaṃ gacchāmi Saṅghaṃ saraṇaṃ gacchāmi

> To the Buddha I go for refuge. To the Dhamma I go for refuge. To the Saṅgha I go for refuge.

Dutiyampi buddham saraṇam gacchāmi Dutiyampi dhammam saraṇam gacchāmi Dutiyampi saṅgham saraṇam gacchāmi

For the second time...

Tatiyampi buddham saraṇam gacchāmi Tatiyampi dhammam saraṇam gacchāmi Tatiyampi saṅgham saraṇam gacchāmi

For the third time...

Leader:

[Tisaraṇa-gamanaṃ niṭṭhitaṃ]
This completes the going to the Three Refuges.

Response:

Āma bhante / Āma ayye / Āma mitta Yes, Venerable Sir / Sister / Friend.

Repeat each precept after the leader

- Pāṇātipātā veramaṇī sikkhāpadaṃ samādiyāmi
  I undertake the precept to refrain from taking the life of any
  living creature.
- 2. Adinnādānā veramaṇī sikkhāpadaṃ samādiyāmi I undertake the precept to refrain from taking that which is not given.

- 3. Kāmesu micchācārā veramaṇī sikkhāpadaṃ samādiyāmi I undertake the precept to refrain from sexual misconduct.
- 4. Musāvādā veramaņī sikkhāpadaṃ samādiyāmi I undertake the precept to refrain from lying.
- 5. Surāmeraya-majja-pamādaṭṭhānā veramaṇī sikkhāpadaṃ samādiyāmi I undertake the precept to refrain from consuming intoxicating drink and drugs which lead to carelessness.

#### Leader:

[Imāni pañca sikkhāpadāni Sīlena sugatiṃ yanti Sīlena bhogasampadā Sīlena nibbutiṃ yanti Tasmā sīlaṃ visodhaye]

These are the Five Precepts; virtue is the source of happiness, virtue is the source of true wealth, virtue is the source of peacefulness — Therefore let virtue be purified.

Response:

Sādhu, sādhu, sādhu

Bow three times

# 14.12 Requesting the Three Refuges & the Eight Precepts (Thai Tradition)

After bowing three times, with hands joined in añjali, recite the appropriate request.

## For a group from a monk

Mayam bhante tisaranena saha Dutiyampi mayam bhante tisaranena saha Tatiyampi mayam bhante tisaranena saha aṭṭha sīlāni yācāma aṭṭha sīlāni yācāma attha sīlāni yācāma

## For oneself from a monk

Ahaṃ bhante tisaraṇena saha Dutiyampi ahaṃ bhante tisaraṇena saha Tatiyampi ahaṃ bhante tisaraṇena saha aṭṭha sīlāni yācāmi aṭṭha sīlāni yācāmi aṭṭha sīlāni yācāmi

## For a group from a nun

Mayam ayye tisaranena saha Dutiyampi mayam ayye tisaranena saha Tatiyampi mayam ayye tisaranena saha aṭṭha sīlāni yācāma aṭṭha sīlāni yācāma aṭṭha sīlāni yācāma

## For oneself from a nun

Aham ayye tisaranena saha Dutiyampi aham ayye tisaranena saha Tatiyampi aham ayye tisaranena saha aṭṭha sīlāni yācāmi aṭṭha sīlāni yācāmi attha sīlāni yācāmi

## For a group from a layperson

Mayam mitta tisaranena saha Dutiyampi mayam mitta tisaranena saha Tatiyampi mayam mitta tisaranena saha aṭṭha sīlāni yācāma aṭṭha sīlāni yācāma aṭṭha sīlāni yācāma

## For oneself from a layperson

Ahaṃ mitta tisaraṇena saha aṭṭha sīlāni yācāmi Dutiyampi ahaṃ mitta tisaraṇena saha aṭṭha sīlāni yācāmi Tatiyampi ahaṃ mitta tisaraṇena saha aṭṭha sīlāni yācāmi

We/I, Venerable Sir/Sister/Friend,
request the Three Refuges and the Eight Precepts.
For the second time,
We/I, Venerable Sir/Sister/Friend,
request the Three Refuges and the Eight Precepts.
For the third time,
We/I, Venerable Sir/Sister/Friend,
request the Three Refuges and the Eight Precepts.

Repeat, after the leader has chanted 'Namo tassa' three times.

Namo tassa bhagavato arahato sammāsambuddhassa (×3)

Homage to the Blessed, Noble, and Perfectly Enlightened One.

Buddhaṃ saraṇaṃ gacchāmi Dhammaṃ saraṇaṃ gacchāmi Saṅghaṃ saraṇaṃ gacchāmi

> To the Buddha I go for refuge. To the Dhamma I go for refuge. To the Saṅgha I go for refuge.

Dutiyampi buddham saraṇam gacchāmi Dutiyampi dhammam saraṇam gacchāmi Dutiyampi saṅgham saraṇam gacchāmi

For the second time...

Tatiyampi buddham saranam gacchāmi Tatiyampi dhammam saranam gacchāmi Tatiyampi sangham saranam gacchāmi

For the third time...

Leader:

[Tisaraṇa-gamanaṃ niṭṭhitaṃ]
This completes the going to the Three Refuges.

Response:

Āma bhante / Āma ayye / Āma mitta Yes, Venerable Sir / Sister / Friend.

Repeat each precept after the leader

- Pāṇātipātā veramaṇī sikkhāpadaṃ samādiyāmi
  I undertake the precept to refrain from taking the life of any
  living creature.
- 2. Adinnādānā veramaṇī sikkhāpadaṃ samādiyāmi I undertake the precept to refrain from taking that which is not given.

- Abrahmacariyā veramaņī sikkhāpadam samādiyāmi
   I undertake the precept to refrain from any intentional sexual activity.
- 4. Musāvādā veramaņī sikkhāpadaṃ samādiyāmi I undertake the precept to refrain from lying.
- Surāmeraya-majja-pamādaṭṭhānā veramaṇī sikkhāpadaṃ samādiyāmi
   I undertake the precept to refrain from consuming intoxicating drink and drugs which lead to carelessness.
- Vikālabhojanā veramaņī sikkhāpadam samādiyāmi.
   I undertake the precept to refrain from eating at inappropriate times.
- 7. Nacca-gīta-vādita-visūkadassanā mālā-gandha-vilepana-dhāraṇa-maṇḍana-vibhūsanaṭṭhānā veramaṇī sikkhāpadaṃ samādiyāmi.
  I undertake the precept to refrain from entertainment, beautification, and adornment.
- Uccāsayana-mahāsayanā veramaṇī sikkhāpadaṃ samādiyāmi.
   I undertake the precept to refrain from lying on a high or luxurious sleeping place.

cf. A.IV.248-250

Leader:

[Imāni aṭṭha sikkhāpadāni samādiyāmi]

Response:

Imāni aṭṭha sikkhāpadāni samādiyāmi (×3)

I undertake these Eight Precepts.

Leader:

[Imāni aṭṭha sikkhāpadāni Sīlena sugatiṃ yanti Sīlena bhogasampadā Sīlena nibbutiṃ yanti Tasmā sīlaṃ visodhaye]

These are the Eight Precepts; virtue is the source of happiness, virtue is the source of true wealth, virtue is the source of peacefulness — Therefore let virtue be purified.

Response:

Sādhu, sādhu, sādhu.

Bow three times

(NOTE: addition from the old uposatha section)

Alternatively, the laypeople may chant:

'Imaṃ aṭṭh'aṅga-samannāgataṃ buddhapaññattaṃ uposathaṃ, imañ-ca rattiṃ imañca divasaṃ, samma-deva abhirakkhituṃ samādiyāmi.' Bhk: 'Imāni aṭṭha sikkhā-padāni, ajj'ekaṃ rattin-divaṃ, uposatha (sīla) vasena sādhukaṃ (katvā appamādena) rakkhitabbāni.'

Laypeople: 'Āma bhante.'

Bhk: 'Sīlena sugatiṃ yanti, Sīlena bhoga-sampadā, Sīlena nibbutiṃ yanti, Tasmā sīlaṃ visodhaye.'

#### 14.12.1 Asking Forgiveness To The Triple Gem

(Men Chant)

Ahaṃ buddhañ ca dhammañ ca saṅghañ ca saraṇaṃ gato upāsakattaṃ desesiṃ bhikkhu-saṅghassa sammukhā.

(Women Chant)

Ahaṃ buddhañ ca dhammañ ca saṅghañ ca saraṇaṃ gatā upāsikattam desesim bhikkhu-saṅghassa sammukhā.

Etaṃ me saraṇaṃ khemaṃ, etaṃ saraṇam uttamaṃ etaṃ saraṇam āgamma sabba-dukkhā pamuccaye. Yathā-balam careyyāham sammā-sambuddha-sāsanam

m. dukkha-nissaraṇass' eva bhāgī assam anāgate.

w. dukkha-nissaranass' eva bhāginissam anāgate.

Kāyena vācāya va cetasā vā buddhe kukammam pakatam mayā yam buddho paṭigghaṅhātu accayantam kālantare saṃvaritum va buddhe

Kāyena vācāya va cetasā vā dhamme kukammam pakatam mayā yam dhammo paṭigghaṅhātu accayantam kālantare saṃvaritum va dhamme

Kāyena vācāya va cetasā vā saṅghe kukammaṃ pakataṃ mayā yaṃ saṅgho paṭigghaṅhātu accayantaṃ kālantare saṃvarituṃ va sanghe

#### 14.12.2 Taking Leave

Having undertaken the Eight Precepts, layfollowers may stay overnight. The next morning they will take their leave from the senior monk:

Laypeople:

Handadāni mayaṃ bhante āpucchāma bahukiccā bahukaraṇīyā

Senior monk:

'Yassa dāni tumhe kālaṃ maññatha.'

'Please do what is appropriate at this time.'

#### 14.13 Disrobing

After the bhikkhus who are to witness the disrobing have assembled, the bhikkhu who will disrobe should first confess his offences. Then, wearing all his three robes, with his saṅghāti on his left shoulder:

Bow three times.

'Namo tassa bhagavato arahato sammā-sambuddhassa' (×3)

Optionally, one may chant Recollection After Using the Requisites (p.24).

Bow three times.

Chant in Pali and in his own language:

'Sikkham paccakkhāmi. Gihī'ti mam dhāretha.'

I give up the training. May you regard me as a layman.

He may state this once, three times, or as many times as he needs to assure himself that he is now a layman and no longer a bhikkhu. If two or more are disrobing, they should state this passage separately.

The former bhikkhu then withdraws to change into lay clothes. When he returns, he may request the *Three Refuges and Five Precepts*.

# 15.

# **USEFUL NOTES**

#### Invitation to Request

An invitation to request (pavāraṇā), unless otherwise specified, lasts at most four months. One may make requests of blood-relatives (but not in-laws) without receiving an invitation. One may give special help to one's parents as well as to one's steward and to anyone preparing to become a bhikkhu.

Vin.IV.101-104

#### Hatthapāsa Distance

The hatthapāsa generally means a distance within arm's reach, or forearm's length. There are variations in the specific way of measuring it.

It may be measured from the trunk of the body, until the tip of the fingers of one's extended hands, about 1.25 metres. That is, one bhikkhu should be able to reach the other.

Other interpretations consider that the distance between the bodies of two bhikkhus should not be greater than the length from the elbow to the tip of the fingers. For example, a forearm's distance between the knees of two seated bhikkhus.

The distance is measured horizontally, the vertical elevation is not taken into account.

#### Days and Dawns

The Vinaya terminology for *one day* is the period of time between two dawnrises.

If one extends a hand and is able to see the lines in the palm, the dawnrise has already passed.

One may also use a clock and the time of *nautical twilight*. While the Sun is between 12 and 6 degrees below the horizon, dawnrise *has not yet passed*. Once the Sun is less than 6 degrees below the horizon, dawnrise *has passed*.

#### Seven-day Allowable Period

The *seven-day tonics* are permitted to be kept until the seventh *dawnrise*, not for a seven-day period, which is already past the seventh dawnrise.

The factor of *effort* here is keeping the tonic past the seventh dawnrise after receiving it.

*Perception* is not a factor, if one thinks the seventh dawnrise hasn't passed, but it has, it is nonetheless a *nissaggiya pācittiya* offence.

The offence is to be confessed by the bhikkhu who received the items. If he has traveled away since, and the items are no longer with him to be forfeited, he may confess the offence, and the other bhikkhus may forfeit the items.

# Mixing Allowables

The day on which food, one-day, seven-day and lifetime allowables are received should be kept in mind, as consuming a mixture can be a *pācittiya* offence.

The mixture takes on the shortest lifetime of the ingredients. The combinations are described in the Mahāvagga:

a.	1d juice	rec. that morning		
	+ food	rec. that morning	$\rightarrow$	that morning
b.	7d tonic	rec. that morning		
	+ food	rec. that morning	$\rightarrow$	that morning
с.	lifetime medicine	rec. that morning		
	+ food	rec. that morning	$\rightarrow$	that morning
d.	7d tonic	rec. sometime		
	+ juice	rec. that day	$\rightarrow$	until dawn
e.	lifetime medicine	rec. sometime		
	+ juice	rec. that day	$\rightarrow$	until dawn
f.	lifetime medicine	rec. sometime		
	+ 7d tonic	rec. sometime	$\rightarrow$	7 days
				Mv. VI.40.3.

# The Eight Utensils (attha-parikkhārā)

The three robes, the bowl, a razor/sharp knife, needle, belt, water-filter.

Ja.I.65; Da.I.206

#### Unallowable Meats

The flesh of humans (this is a base for *thullaccaya*), elephants, horses, dogs, snakes, lions, tigers, leopards, bears, and panthers.

Vin.I.218-219

Also unallowable is flesh incompletely cooked, and meat from an animal seen, heard or suspected to have been killed in order that its meat be offered to bhikkhus.

Vin.I.218-219

# **Abusive Speech**

The bases of abuse are rank of birth, personal name, clan name, work, art, disease, physical appearance, mental stains, faults, and other bases. There are both direct abuse and sarcasm and ridicule. Abusive speech may be a base for either expiation (or wrong-doing) or, when only teasing, for *dubbhāsita*.

Vin.IV.4-11

# Lighting a Fire

Suitable reasons for lighting a fire, or having one lit (Pc. 56) include the health benefit of warmth, or needing the fire for a task, such as boiling water or burning garden waste.

For the health benefit, one is considered *ill* when one can not get by comfortably without warming oneself.

For a task, lighting a fire may damage plants (Pc. 11) and living creatures (Pc. 61), either on the ground or in the fire wood. Damage to plants or living creatures on the ground may be avoided by lighting the fire on stones, sand, in a tin box, or using portable gas stoves.

One may also indicate the task (*kappiya-vohāra*) for lay friends without an excelicit instruction, who may light the fire.

# PART III

# **APPENDIX**

# APPENDIX A.

# PĀLI PHONETICS AND PRONUNCIATION

Pāli is the original scriptural language of Theravāda Buddhism. It was a spoken language, closely related to Sanskrit, with no written script of its own. As written forms have emerged, they have been in the letterings of other languages (e.g. Devanagari, Sinhalese, Burmese, Khmer, Thai, Roman). The Roman lettering used here is pronounced as in English, with the following clarifications:

#### Vowels

Short Long

a as in about
i as in hit
u as in put

u as in put

u as in grey
o as in more

Exceptions:  $\mathbf{e}$  and  $\mathbf{o}$  change to short sounds in syllables ending in consonants. They are then pronounced as in 'get' and 'ox', respectively.

#### Consonants

**c** as in ancient (like ch but unaspirated)

m, n as ng in sang

 $\tilde{\mathbf{n}}$  as  $\underline{\mathbf{n}}\underline{\mathbf{y}}$  in ca $\underline{\mathbf{n}}\underline{\mathbf{y}}$ on

**v** rather softer than the English  $\underline{\mathbf{v}}$ ; near  $\underline{\mathbf{w}}$ 

# A.0.1 Aspirated consonants

# bh ch dh dh gh jh kh ph th th

These two-lettered notations with  $\underline{h}$  denote an aspirated, airy sound, distinct from the hard, crisp sound of the single consonant. They should be considered as one unit.

However, the other combinations with **h**, i.e., **lh**, **mh**, **ñh**, and **vh**, do count as two consonants (for example in the Pāli words 'ji**vh**ā' or 'mu**lh**o').

#### A.0.2 Examples

**th** as <u>t</u> in <u>t</u>ongue. (Never pronounced as in '<u>th</u>e'.)

**ph** as p in palate. (Never pronounced as in 'photo'.)

These are distinct from the hard, crisp sound of the single consonant, e.g. **th** as in '<u>Th</u>omas' (not as in '<u>th</u>in') or **ph** as in 'puff' (not as in 'phone').

## A.0.3 Retroflex consonants

# d dh l n t th

These retroflex consonants have no English equivalents. They are sounded by curling the tip of the tongue back against the palate.

# Chanting technique

Once you have grasped the system of Pāli pronunciation and the following chanting technique, it allows you to chant a text in Pāli from sight with the correct rhythm.

**Unstressed syllables** end in a short **a, i** or **u**. All other syllables are stressed. Stressed syllables take twice the time of unstressed syllables — rather like two beats in a bar of music compared to one. This is what gives the chanting its particular rhythm.

BUD · DHO SU · SUD · DHO KA · RU · ŅĀ MA · HAŅ · ŅA · VO 
$$1 \quad 1 \quad \% \quad 1 \quad 1 \quad \% \quad 1 \quad \% \quad 1 \quad \% \quad 1 \quad \% \quad 1$$

Two details that are important when separating the syllables:

**1.** Syllables with double letters get divided in this way:

They are always enunciated separately, e.g. **dd** in 'uddeso' as in 'mad dog', or **gg** in 'maggo' as in 'big gun'.

2. Aspirated consonants like **bh**, **dh** etc. count as single consonant and don't get divided (Therefore **am·hā·kaṃ**, but **sa·dham·maṃ**, not **sad·ham·maṃ** or, another example: **Bud·dho** and not **Bu·ddho**).

Precise pronunciation and correct separation of the syllables is especially important when someone is interested in learning Pāli and to understand and memorize the meaning of Suttas and other chants, otherwise the meaning of it will get distorted.

# An example to illustrate this:

The Pāli word 'sukka' means 'bright'; 'sukkha' means 'dry'; 'sukha' — 'happiness'; 'suka' — 'parrot' and 'sūka' — 'bristles on an ear of barley'.

So if you chant '**sukha**' with a '**k**' instead of a '**kh**', you would chant 'parrot' instead of 'happiness'.

A general rule of thumb for understanding the practice of chanting is to listen carefully to what the leader and the group are chanting and to follow, keeping the same pitch, tempo and speed. All voices should blend together as one.

# APPENDIX B.

# DHAMMA QUOTES

# Admonishing Another Bhikkhu

Before admonishing another bhikkhu, a bhikkhu should investigate five conditions in himself and establish five other conditions in himself.

He should investigate thus: 'Am I one who practises purity in bodily action?;... purity in speech?; is the heart of good-will established in me towards my fellows?; am I one who has heard the Teachings, practised them, and penetrated them with insight?; is the Discipline known and thoroughly understood by me?'

And he should establish these five conditions in himself: he should speak at the right time, speak of facts, and speak gently, and he should speak only profitable words, and with a kindly heart.

A.V.78

# Wrong Livelihood for a Layperson

Trade in weapons, in human beings, in animal flesh, in liquor, in poison.

A.III.207

# Dealing with Doubtful Matters (Kālāmasutta)

Be not led by report, by tradition, by hearsay, by the authority of texts, by mere logic, by inference, by considering appearances, by its agreement with an established theory, by seeming possibilities, by the idea 'This is our teacher'.

A.I.189

# The Gradual Teaching

Talk on: generosity and giving; morality; the ease and happiness of heavenly realms; the disadvantages of sensual pleasures; the benefits of renouncing sensual pleasures.

D.I.148

# The Last Words of the Buddha

'Handadāni bhikkhave āmantayāmi vo, vayadhammā saṅkhārā, appamādena sampādetha', ayaṃ tathāgatassa pacchimā vācā.

'Now, take heed bhikkhus, I caution you thus: decline-and-disappearance is the nature of all conditions. Therefore strive on ceaselessly, discerning and alert!' These are the final words of the Tathāgata.

# The Three Cravings and the Four Attachments

Craving for sense-experience, craving for being, craving for non-existence.

Attachment to sensuality, to views, to conduct and custom, and attachment to the way of self.

D.III.230; M.I.66

#### The Three Universal Characteristics of Existence

All conditioned phenomena is subject to change. All conditioned phenomena is suffering. All things are not-self.

S.IV.1; Dhp.vv.277-9

# The Three Kinds of Suffering

The suffering of pain (dukkha-dukkhatā). The suffering of conditioned phenomena (saṅkhāra-dukkhatā). The suffering of change (viparināma-dukkhatā).

D.III.216; S.IV.259

# The Three Characteristics of Conditioned Experience

Its arising is apparent. Its passing away is apparent. While it persists, alteration or change is apparent.

A.I.152

#### The Four Nutriments

'All beings are maintained by nutriment.' The four Nutriments are coarse, material food; sense-contact food; mental-intention food; and consciousness food.

D.III.228; M.I.48; S.II.101

# The Four Bases of Judgement

Judging and basing faith on form and outward appearance, on reputation and beauty of speech, on ascetic and self-denying practices, on teaching and righteous behaviour.

A.II.71

# The Five Facts to be Frequently Contemplated

I am subject to decay and I cannot escape it. I am subject to disease and I cannot escape it. I am subject to death and I cannot escape it. There will be division and separation from all that I love or hold dear. I am the owner of my actions—whatever I do, whether good or bad, I must be heir to it.

A.III.71

# The Five Qualities for a New Bhikkhu to Establish

Restraint in accordance with the Pātimokkha; restraint of the senses; restraint as regards talking; love of solitude; cultivation of right views.

A.III.138

### The Five Ways of Restraint

Restraint by the Monastic Code of Discipline, by mindfulness, by knowledge, by patience, by energy and effort.

Vism. 7

#### The Six Attributes of Dhamma

Dhamma is well-expounded by the Awakened One. It is visible here and now, non-temporal, inviting one to come and see, leading onward and inward, directly experiencable by the wise.

M.I.37; A.III.285

# The Seven Qualities of a Wholesome Friend

That individual is endearing; worthy of respect; cultured and worthy of emulation; a good counsellor; a patient listener; capable of discussing profound subjects; and is one who never exhorts groundlessly, not leading or spurring one on to a useless end.

A.IV.31

# The Seven Things Favourable to Mental Development

Suitable abode, location, speech, companion, food, climate, and posture.

Vism. 127

# The Seven Conditions Leading to the Welfare of the Sangha

To hold regular and frequent meetings.

To meet in harmony, to do the duties of the Sangha in harmony, and to disperse in harmony.

To introduce no revolutionary ordinance, break up no established ordinance, but to train oneself in accordance with the prescribed training rules.

To honour and respect those elders of long experience, the fathers and leaders of the Sangha, and to deem them worthy of listening to.

Not to fall under the influence of craving.

To delight in forest dwelling.

To establish oneself in mindfulness, with this thought: 'May disciplined monks who have not yet come, come here; and may those who have already come live in comfort'.

Not to be fond of activities; not to be fond of gossip; not to be fond of sleeping; not to be fond of society; not to have evil desires; not to have evil friends; not to be prematurely satisfied and rest content with early success.

D.II.77-78; A.IV.20-21

# The Eight Worldly Conditions (Lokadhammā)

Gain and loss, prominence and obscurity, praise and blame, happiness and suffering.

A.IV.157

# The Eight Gifts of a Good Person

To give clean things; to give well-chosen things; to give at the appropriate time; to give proper things; to give with discretion; to give regularly; to calm one's mind on giving; to be joyful after giving.

A.IV.243

#### The Ten Perfections

Generosity; morality; renunciation; wisdom; energy; patience; earnest-truth; determination; loving-kindness; equanimity.

BV.v.6

## The Ten Wholesome Courses of Action

To avoid the destruction of life and be anxious for the welfare of all lives.

To avoid taking what belongs to others.

To avoid sexual misconduct.

To avoid lying, not knowingly speaking a lie for the sake of any advantage.

To avoid malicious speech, to unite the discordant, to encourage the united, and to utter speech that makes for harmony.

To avoid harsh language and speak gentle, courteous and agreeable words.

To avoid frivolous talk; to speak at the right time, in accordance with facts, what is useful, moderate and full of sense.

To be without covetousness.

To be free from ill-will, thinking, 'Oh, that these beings were free from hatred and ill-will, and would lead a happy life free from trouble'.

To possess right view, such as that gifts and offerings are not fruitless and that there are results of wholesome and unwholesome actions.

M.I.287; A.V.266; 275-278

# The Ten Topics for Talk among Bhikkhus

(1) Talk favourable to wanting little; (2) to contentment; (3) to seclusion; (4) to not mingling together; (5) to strenuousness; (6) to good conduct; (7) to concentration; (8) to understanding and insight; (9) to deliverance; (10) and talk favourable to the knowledge and vision of deliverance.

M.I.145; M.III.113; A.V.129

# The Thirteen Dhutanga

(1) Wearing rag-robes; (2) possessing only 3 robes; (3) eating only alms-food; (4) collecting alms-food house-to-house; (5) eating only at one sitting; (6) eating only from the bowl; (7) not accepting latecome food; (8) living in the forest; (9) living at the foot of a tree; (10) living in the open; (11) living in a cemetery; (12) being satisfied with whatever dwelling is offered; (13) abstaining from lying down to sleep.

Vism. 59-83

# The Thirty-Eight Highest Blessings

(1) Not to associate with fools; (2) to associate with the wise; (3) to honour those worthy of honour; (4) living in a good environment; (5) having formerly done meritorious deeds; (6) setting oneself in the right course; (7) having extensive learning; (8) having skill and knowledge; (9) being accomplished in discipline; (10) being well-spoken; (11) being supportive of mother and father; (12) cherishing one's children; (13) cherishing one's spouse; (14) having an uncomplicated livelihood; (15) being generous; (16) having right conduct; (17) rendering aid to relatives; (18) behaving blamelessly; (19) abstaining from and avoiding evil; (20) abstaining from intoxicants; (21) persevering in virtue; (22) being respectful; (23) being humble; (24) being content; (25) having gratitude; (26) hearing the Dhamma; (27) being patient; (28) being amenable to correction; (29) seeing

monks; (30) discussing the Dhamma; (31) having strenuous self control; (32) living the holy life; (33) seeing the Noble Truths; (34) realizing Nibbana; (35) being unshakable; (36) being free from sorrow; (37) having a mind undefiled; (38) having a mind which is secure.

Those who have done these things see no defeat and go in safety everywhere: to them these are the highest blessings.

Sn.259-268

# The Root of All Things

Rooted in desire, friend, are all things. Born of attention, are all things. Arising from contact, are all things. Converging on feeling are all things. Headed by concentration are all things. Dominated by mindfulness are all things. Surmountable by wisdom are all things. Yielding deliverance as essence are all things. Merging in the Deathless are all things. Terminating in Nibbāna are all things.

When questioned by wanderers, thus you should answer them.

AN 10.58

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