

# Effect Sizes

- Interpreting Cohen's d Effect Size

## Difference family: Effect sizes based on differences between means [\[edit\]](#)

A (population) effect size  $\theta$  based on means usually considers the standardized mean difference between two populations<sup>[20]:78</sup>

$$\theta = \frac{\mu_1 - \mu_2}{\sigma},$$

where  $\mu_1$  is the mean for one population,  $\mu_2$  is the mean for the other population, and  $\sigma$  is a [standard deviation](#) based on either or both populations.

In the practical setting the population values are typically not known and must be estimated from sample statistics. The several versions of effect sizes based on means differ with respect to which statistics are used.

This form for the effect size resembles the computation for a [t-test](#) statistic, with the critical difference that the *t*-test statistic includes a factor of  $\sqrt{n}$ . This means that for a given effect size, the significance level increases with the sample size. Unlike the *t*-test statistic, the effect size aims to estimate a population [parameter](#) and is not affected by the sample size.

### Cohen's *d* [\[edit\]](#)

Cohen's *d* is defined as the difference between two means divided by a standard deviation for the data, *i.e.*

$$d = \frac{\bar{x}_1 - \bar{x}_2}{s} = \frac{\mu_1 - \mu_2}{s}.$$

Jacob Cohen defined *s*, the [pooled standard deviation](#), as (for two independent samples):<sup>[8]:67</sup>

$$s = \sqrt{\frac{(n_1 - 1)s_1^2 + (n_2 - 1)s_2^2}{n_1 + n_2 - 2}}$$

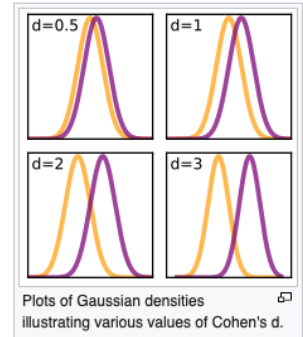
where the variance for one of the groups is defined as

$$s_1^2 = \frac{1}{n_1 - 1} \sum_{i=1}^{n_1} (x_{1,i} - \bar{x}_1)^2,$$

and similarly for the other group.

The table below contains descriptors for magnitudes of  $d = 0.01$  to 2.0, as initially suggested by Cohen and expanded by Sawilowsky.<sup>[9]</sup>

Effect size	<i>d</i>	Reference
Very small	0.01 <a href="#">[9]</a>	
Small	0.20 <a href="#">[8]</a>	
Medium	0.50 <a href="#">[8]</a>	
Large	0.80 <a href="#">[8]</a>	
Very large	1.20 <a href="#">[9]</a>	
Huge	2.0 <a href="#">[9]</a>	



## COHEN'S D

- Now compare to the one-sample t-statistic

$$t = \frac{\bar{X} - \mu_0}{\frac{s}{\sqrt{N}}}$$

- So

$$t = d\sqrt{N} \quad \text{and} \quad d = \frac{t}{\sqrt{N}}$$

- This shows how the test statistic (and its observed p-value) is in part determined by the effect size, but is confounded with sample size
- This means small effects may be statistically significant in many studies (esp. social sciences)

$$\text{Cohen's } d = \frac{M_1 - M_2}{SD_{\text{pooled}}}$$

$$\text{Glass's } \Delta = \frac{M_1 - M_2}{SD_{\text{control}}}$$

$$\text{Hedges' } g = \frac{M_1 - M_2}{SD^*_{\text{pooled}}}$$

$$d = \frac{\bar{x}_1 - \bar{x}_2}{s_{\text{pooled}}}$$

where

$$s_{\text{pooled}} = \sqrt{\frac{(n_1 - 1)s_1^2 + (n_2 - 1)s_2^2}{n_1 + n_2 - 2}}$$

# Cohens d

- [datacamp example](#)

```
import numpy as np

def cohen_d(x,y):
    n1 = len(x)
    n2 = len(y)
    dof = n1 + n2 - 2
    diff = np.mean(x) - np.mean(y)
    #s_pooled = np.sqrt(((n1-1)*np.std(x, ddof=1) ** 2 + (n2-1)*np.std(y,
    ddof=1) ** 2) / dof)
    s_pooled = np.sqrt(((n1-1)*np.var(x, ddof=1) + (n2-1)*np.var(y,
    ddof=1)) / dof)
    cohens_d = diff / s_pooled
    return cohens_d

#dummy data
x = [2,4,7,3,7,35,8,9]
y = [i*2 for i in x]
# extra element so that two group sizes are not equal.
x.append(10)

# calculate d
d = cohen_d(x,y)
print(d) # -0.5720156046660209
```