## WELLBEING

| Wellbeing is a digita | l health and we | llness platform | that provides | physical fit | ness services suc | h as calorie |
|-----------------------|-----------------|-----------------|---------------|--------------|-------------------|--------------|
| tracking              |                 |                 |               |              |                   |              |

## "Malav" - Today's Water History

Date "5/17/2020"

Water goal: 10 Current water intake: 4

## "Malav" - Past Water History

Date : 5/16/2020 Water had : 4 Water Goal : 10

Target Achieved :false

## "Malav" - Food History

Food Name : blueberry cheesecake Calories Count : 494.91

Consumed at: 2020-05-17T20:47:51+00:00

Food Name : blueberry cheesecake Calories Count : 494.91

Consumed at: 2020-05-17T20:47:53+00:00

About well being

Have a Good Day!