Advanced Methods in Biostatistics II Lecture 7

November 14, 2017

Linear model

Consider the linear model

$$\mathbf{y} = \mathbf{X}oldsymbol{eta} + oldsymbol{arepsilon}$$

where $\varepsilon \sim N_n(\mathbf{0}, \sigma^2 \mathbf{I})$.

- Today we will begin discussing regularization methods.
- These include ridge regression and the lasso.

Regularization methods

- Regularization imposes an upper threshold on the value coefficients can take, potentially providing more parsimonious solutions.
- Regularization methods are particularly useful when variables are highly correlated with one another.
- But they also have utility as a variable selection tool.

Least-squares solution

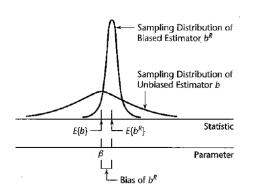
 So far we have been using the ordinary least-squares estimate:

$$\hat{\boldsymbol{\beta}} = (\mathbf{X}'\mathbf{X})^{-1}\mathbf{X}'\mathbf{y}.$$

- We have previously shown this to be the BLUE.
- However, is it still possible to improve upon it?

Bias-variance tradeoff

 If an estimate has only a small bias but is substantially more precise than an unbiased estimate it may be preferable.



Bias-variance tradeoff

 The quality of an estimator can be quantified using the mean square error:

$$MSE(\hat{\boldsymbol{\beta}}) = E[(\hat{\boldsymbol{\beta}} - \boldsymbol{\beta})'(\hat{\boldsymbol{\beta}} - \boldsymbol{\beta})].$$

 The MSE can be written as the sum of the variance of the estimator and its squared bias, i.e.,

$$MSE(\hat{\beta}) = tr(Var(\hat{\beta})) + Bias(\hat{\beta}, \beta)^{2}.$$

• If $\hat{\beta}$ is unbiased, then $MSE(\hat{\beta}) = tr(Var(\hat{\beta}))$.



Penalized least squares

Consider adding a constraint to the least squares equation:

$$\sum_{i=1}^{n} (y_i - \beta_0 - \sum_{j=1}^{p} x_{ij}\beta_j)^2$$

subject to

$$\sum_{j=1}^p \beta_j^2 \le s.$$

- This 'shrinks' the values of the coefficients by placing a constraint on their size.
- This is referred to as an L2-penalty.

 Using a Lagrange multiplier this can alternatively be expressed as follows:

$$\sum_{i=1}^{n} (y_i - \beta_0 - \sum_{j=1}^{p} x_{ij}\beta_j)^2 + \lambda \sum_{j=1}^{p} \beta_j^2.$$

- The term $\lambda \geq 0$ is a complexity parameter that controls the amount of shrinkage.
- There is a on-to-one correspondence between λ and s.

- The addition of the penalty term is called "Tikhonov regularization" for the mathematician of that name.
- Since both the objective function and constraints are convex functions, this is a convex optimization problem.

- The specific use of this regularization in the regression setting is called ridge regression.
- The ridge regression coefficients will generally be smaller in absolute magnitude than the standard OLS estimators.
- They are therefore often called shrinkage estimators.

- The ridge solutions are not equivariant under re-scaling of the explanatory variables.
- Therefore, we typically study the problem after first mean-centering the data.
- Let X now represent a mean centered design matrix without an intercept term.

 In matrix format we can write the penalized least squares criteria for ridge regression as follows:

$$f(\beta) = (\mathbf{y} - \mathbf{X}\beta)'(\mathbf{y} - \mathbf{X}\beta) + \lambda \beta' \beta$$

• To minimize $f(\beta)$, we begin by taking the derivative with respect to β and setting it equal to zero:

$$\frac{df}{d\beta} = -2\mathbf{X}'\mathbf{y} + 2\mathbf{X}'\mathbf{X}\beta + 2\lambda\beta = 0.$$

• This expression can be simplified as follows:

$$(\mathbf{X}'\mathbf{X} + \lambda \mathbf{I})\boldsymbol{\beta} = \mathbf{X}'\mathbf{y}.$$

• The estimate is given by:

$$\hat{\boldsymbol{\beta}}_{ridge} = (\mathbf{X}'\mathbf{X} + \lambda \mathbf{I})^{-1}\mathbf{X}'\mathbf{y}.$$

• Note that since we are adding a positive constant to the diagonal of $\mathbf{X}'\mathbf{X}$, the matrix $\mathbf{X}'\mathbf{X} + \lambda \mathbf{I}$ will be invertible even if $\mathbf{X}'\mathbf{X}$ is singular.

 The ridge regression estimator is related to the standard OLS estimate as follows:

$$\hat{\boldsymbol{\beta}}_{\textit{ridge}} = (\mathbf{I} - \lambda (\mathbf{X}'\mathbf{X})^{-1})^{-1}\hat{\boldsymbol{\beta}}$$

assuming X'X is non-singular.

• In addition, if X is orthogonal (i.e., X'X = I), we have that:

$$\hat{\boldsymbol{\beta}}_{ridge} = (\mathbf{I} - \lambda \mathbf{I})^{-1} \hat{\boldsymbol{\beta}}$$
$$= \frac{1}{1 - \lambda} \hat{\boldsymbol{\beta}}.$$

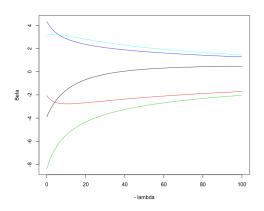
This illustrates the shrinkage property.

- The difficulty in performing ridge regression comes in choosing an appropriate coefficient λ for the penalty term.
- If we knew MSE as a function of λ then we could choose the value that minimizes MSE.
- A popular method for estimating MSE is cross-validation.

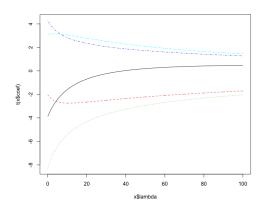
- Frequently, a ridge trace is used to determine λ .
- This is a simultaneous plot of the estimated regression coefficients (which are functions of λ) against λ.
- The value of λ is chosen so that the regression coefficients change little for any larger values of λ .

- We use the swiss fertility data set to illustrate fitting ridge regression.
- In this example, penalization isn't really necessary, so the code is intended to simply illustrate the approach.

```
 \begin{array}{l} {\rm data(swiss)} \\ y = swiss[,1] \\ x = swiss[,-1] \\ y = y - {\rm mean}(y) \\ x = {\rm apply}(x, 2, {\rm function}(z) \ (z - {\rm mean}(z)) \ / \ {\rm sd}(z)) \\ n = {\rm length}(y); \ p = {\rm ncol}(x) \\ lambdaSeq = {\rm seq}(0, 100, {\rm by} = .1) \\ {\rm betaSeq} = {\rm sapply}({\rm lambdaSeq}, {\rm function}(1) \ {\rm solve}(t(x) \ \%*\% \ x + 1 \ * \ {\rm diag}({\rm rep}(1, p)), \ t(x) \ \%*\% \ y)) \\ plot ({\rm range}({\rm lambdaSeq}), \ {\rm range}({\rm betaSeq}), \ type = "n", \ xlab = "- \ lambda", \ ylab = "Beta") \\ {\rm for} \ ({\rm ii} \ {\rm ii} \ 1 : p) \ lines({\rm lambdaSeq}, \ {\rm betaSeq}[i,], {\rm col}=i) \\ \end{array}
```



```
library(MASS)
fit = lm.ridge(y ~ x, lambda = lambdaSeq)
plot(fit)
```



- Assume X is mean-centered and of full column rank.
- Let us re-express the design matrix using its singular value decomposition (SVD):

$$X = UDV.$$

 We will use the result to study some of the properties of the hat matrix used in ridge regression.

First, consider the fitted values:

$$\hat{\mathbf{y}}_{ridge} = \mathbf{X} (\mathbf{X}'\mathbf{X} + \lambda \mathbf{I})^{-1} \mathbf{X}' \mathbf{y}$$

= $\mathbf{H}_{\lambda} \mathbf{y}$.

Next, observe that:

$$\mathbf{X}'\mathbf{X} = \mathbf{V}\mathbf{D}^2\mathbf{V}'.$$

- Since **X** is of full column rank, it follows that **V** is a $p \times p$ matrix of full rank with $\mathbf{V'V} = \mathbf{VV'} = \mathbf{I}$ and $\mathbf{V}^{-1} = \mathbf{V'}$.
- Thus, we can write

$$\begin{array}{lll} \mathbf{H}_{\lambda} & = & \mathbf{X}(\mathbf{X}'\mathbf{X} + \lambda \mathbf{I})^{-1}\mathbf{X}' \\ & = & \mathbf{U}\mathbf{D}\mathbf{V}'(\mathbf{V}\mathbf{D}^2\mathbf{V}' + \lambda \mathbf{I})^{-1}\mathbf{V}\mathbf{D}\mathbf{U}' \\ & = & \mathbf{U}\mathbf{D}\mathbf{V}'(\mathbf{V}\mathbf{D}^2\mathbf{V}' + \lambda \mathbf{V}\mathbf{V}')^{-1}\mathbf{V}\mathbf{D}\mathbf{U}' \\ & = & \mathbf{U}\mathbf{D}\mathbf{V}'\{\mathbf{V}(\mathbf{D}^2 + \lambda \mathbf{I})\mathbf{V}'\}^{-1}\mathbf{V}\mathbf{D}\mathbf{U}' \\ & = & \mathbf{U}\mathbf{D}\mathbf{V}'\mathbf{V}(\mathbf{D}^2 + \lambda \mathbf{I})^{-1}\mathbf{V}'\mathbf{V}\mathbf{D}\mathbf{U}' \\ & = & \mathbf{U}\mathbf{D}(\mathbf{D}^2 + \lambda \mathbf{I})^{-1}\mathbf{D}\mathbf{U}' \\ & = & \mathbf{U}\mathbf{W}\mathbf{U}'. \end{array}$$

• Here W is a diagonal matrix whose elements are:

$$\frac{d_i^2}{d_i^2 + \lambda}$$

where d_i^2 are the diagonal elements of **D** (i.e., the eigenvalues).

Note that the smaller the value of d_i, the more the ith coefficient is shrunk towards 0.

- The trace of the hat matrix can be used to compute the degrees of freedom associated with the linear model.
- Here, we see that:

$$tr(\mathbf{H}_{\lambda}) = \sum_{j=1}^{\rho} \frac{d_i^2}{d_i^2 + \lambda}.$$

This is referred to as the effective degrees of freedom.

- If $\lambda \to 0$, then $tr(\mathbf{H}_{\lambda}) = p$, which is the standard OLS result.
- However, if $\lambda \to \infty$, then $tr(\mathbf{H}_{\lambda}) \to 0$.
- Thus, regularization reduces the parameters effective degrees of freedom.

 Let us study the bias and variance properties of the ridge estimator.

$$E(\hat{\boldsymbol{\beta}}_{ridge}) = (\mathbf{X}'\mathbf{X} + \lambda \mathbf{I})^{-1}\mathbf{X}'\mathbf{y}$$

$$= (\mathbf{X}'\mathbf{X} + \lambda \mathbf{I})^{-1}\mathbf{X}'\mathbf{X}\boldsymbol{\beta}$$

$$= (\mathbf{X}'\mathbf{X} + \lambda \mathbf{I})^{-1}(\mathbf{X}'\mathbf{X} + \lambda \mathbf{I} - \lambda \mathbf{I})\boldsymbol{\beta}$$

$$= (\mathbf{I} - \lambda(\mathbf{X}'\mathbf{X} + \lambda \mathbf{I})^{-1})\boldsymbol{\beta}$$

$$= \boldsymbol{\beta} - \lambda(\mathbf{X}'\mathbf{X} + \lambda \mathbf{I})^{-1}\boldsymbol{\beta}$$

• The bias increases as a function of λ .

 The variance-covariance matrix can be expressed as follows:

$$Var(\hat{\boldsymbol{\beta}}_{ridge}) = \sigma^2 (\mathbf{X}'\mathbf{X} + \lambda \mathbf{I})^{-1} (\mathbf{X}'\mathbf{X}) (\mathbf{X}'\mathbf{X} + \lambda \mathbf{I})^{-1}$$

which can be simplified as follows:

$$Var(\hat{\boldsymbol{\beta}}_{\textit{ridge}}) = \sigma^2 \mathbf{V} (\mathbf{D}^2 + \lambda \mathbf{I})^{-1} \mathbf{D}^2 (\mathbf{D}^2 + \lambda \mathbf{I})^{-1} \mathbf{V}'.$$

- The total variability is represented by the trace of the variance-covariance matrix.
- Here we can write:

$$tr(Var(\hat{\beta}_{ridge})) = \sigma^2 \sum_{j=1}^{p} \frac{d_j^2}{(d_j^2 + \lambda)^2}.$$

Compare this to the OLS solution:

$$tr(Var(\hat{\beta})) = \sigma^2 \sum_{j=1}^p \frac{1}{d_j^2}.$$

 Thus, one can show that the ridge estimator has systematically smaler total variation, i.e.

$$tr(Var(\hat{\beta}_{ridge})) \leq tr(Var(\hat{\beta})).$$

Multicollinearity

- Collinearity or multicollinearity refers to the problem when the columns of the design matrix are nearly linear dependent.
- If the columns of X are linearly dependent, there exists an infinite number of least squares estimates for the true regression coefficients.
- If X is nearly linearly dependent, the estimated regression coefficients may not be meaningful and may be highly variable.

Multicollinearity

- Ridge regression was originally proposed as a method to deal with issues related to multicollinearity.
- Now it is more commonly viewed as a form of penalized likelihood estimation:

$$(\mathbf{y} - \mathbf{X}\boldsymbol{\beta})'(\mathbf{y} - \mathbf{X}\boldsymbol{\beta}) + \lambda \boldsymbol{p}(\boldsymbol{\beta})$$

where $p(\beta)$ is a nonnegative penalty function.

Bayesian interpretation

- Another way to envision ridge regression is to think of it in the terms of a posterior mode on a regression model.
- Specifically consider the model where $\mathbf{y} \mid \boldsymbol{\beta} \sim N(\mathbf{X}\boldsymbol{\beta}, \sigma^2 \mathbf{I})$ and $\boldsymbol{\beta} \sim N(\mathbf{0}, \tau^2 \mathbf{I})$.
- Then one obtains the posterior for β and σ by multiplying the two densities.

Bayesian interpretation

 Thus, one can show that the posterior mode can be obtained by minimizing:

$$||\mathbf{y} - \mathbf{X}\boldsymbol{\beta}||^2/\sigma^2 + \boldsymbol{\beta}'\boldsymbol{\beta}\sigma^2/\tau^2.$$

• This is equivalent to ridge regression in terms of maximization for β , with $\lambda = \sigma^2/\tau^2$.