



# YOGASANA BHARAT

(Earlier Known as National Yogasana Sports Federation)

Registration No. S/ND/1042/2020

Recognized by Ministry of Youth Affairs and Sports, Government of India

Affiliated to World Yogasana

Associate Member : Indian Olympic Association



Udit Sheth  
President

Dr. Jaideep Arya  
Secretary General

Rachit Kaushik  
Treasurer

Guinness World Record Holder Organization

File No. YB/10/2025-26/06/NC- Jr. & Sr. C

Date: 11.07.2025

## CIRCULAR

To,

1. All State President/ Secretary,  
State/UT Yogasana Sports Association
2. The Assistant Secretary,  
All India Police Sports Control Board.
3. The Dy. Secretary (Sports & Academics),  
Central Board of Secondary Education
4. The Chief Executive & Secretary,  
Council for the Indian Certification Examinations

**Subject: 6<sup>th</sup> Junior & Senior C National Yogasana Sports Championship 2025-26 (Men & Women) at PB Siddhartha Arts & Science College, Siddhartha Group of Institutions, Siddhartha Nagar, Vijaywada, Andhra Pradesh, from 28<sup>th</sup> September to 1<sup>st</sup> October 2025.**

Dear Brothers & Sisters,

We are glad to inform you that, 6<sup>th</sup> Junior & Senior C National Yogasana Sports Championship 2025-26 (Men & Women) will be hosted by 'Yogasana Sports Association of Andhra Pradesh' from 28<sup>th</sup> September to 1<sup>st</sup> October 2025 at PB Siddhartha Arts & Science College, Siddhartha Group of Institutions, Siddhartha Nagar, Vijaywada, Andhra Pradesh-520010.

You are requested to confirm the participation of Athletes, Team Manager and Coaches at Vijaywada, Andhra Pradesh for the above said championship. The guidelines/instructions for the above said championship is as under:

1. Reporting & physical verification of the documents at the registration desk is on 27<sup>th</sup> September 2025 before 3 PM.
2. Departure of team should be on 2<sup>nd</sup> October 2025 before 12 noon.
3. Last date of Submitting entries is 12<sup>th</sup> September 2025. The entries of athletes must be sent on prescribed format on letter head of association with sign and stamp of President/Secretary.
4. It is mandatory that Athletes & Judges to have Yogasana Bharat I'd Card. Athletes/ Coaches/Judges can generate I'd card from [www.yogasanabharat.com](http://www.yogasanabharat.com). (Please use computer/laptop for generating I'd Card).
5. Medical Fitness Certificate and Risk Certificate is mandatory. Athletes must bring their latest passport size photographs. The Team Manager of respective State/UT team should submit the same at registration desk.

In campus of Guru Gorakhnath Mandir, Phase 1, Pocket 3, Sector 7, Dwarka, New Delhi - 110075, India.

T: +91(11)42636206 | E: [secretariat@yogasanabharat.com](mailto:secretariat@yogasanabharat.com)

गुरु गोरखनाथ मंदिर परिसर, फेज 1, पॉकेट 3, सेक्टर 7, द्वारका, नई दिल्ली - 110075, भारत

W: [www.yogasanasport.in](http://www.yogasanasport.in)

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[@yogasanaindia](https://www.twitter.com/yogasanaindia)



**Dr. Sanjay Malpani**  
Vice President

**Dr. Anada Balayogi Bhawanani**  
Vice President

**Rakesh Kumar**  
Vice President

**Dr. M Niranjana Murthy**  
Vice President

**Ved Prakash Sharma (Retd. IPS)**  
Joint Secretary

**Dr. Aarti Pal**  
Joint Secretary

**Dr. C V Jayanthi**  
Joint Secretary

**Nandanam Krupakar**  
Joint Secretary

**Rohit Kaushik**  
Member

**Bikas Goswami**  
Member

**Shyamal Ta**  
Member

**Pukhrambam Birpradash**  
Member

6. The competition will be held in following events:

Sr. No.	Event	Junior	Athletes	Senior C	Athletes
1.	Traditional Yogasana	✓	1	✓	1
2.	Forward Bend Individual	✓	1	✓	1
3.	Back Bend Individual	✓	1	✓	1
4.	Twisting Body Individual	✓	1	✓	1
5.	Hand Balance Individual	✓	1	✓	1
6.	Leg Balance Individual	✓	1	✓	1
7.	Supine Individual	✓	1	✓	1
8.	Kalatmak Ekal Yogasana (Artistic Yogasana Single)	✓	1	✗	0
9.	Kalatmak Yugal Yogasana (Artistic Yogasana Pair)	✓	1 Pair	✗	0
10.	Talatmak Yugal Yogasana (Rhythmic Yogasana Pair)	✓	1 Pair	✗	0
11.	Kalatmak Samuha Yogasana (Artistic Yogasana Group)	✓	1 Group	✗	0
12.	Traditional Yogasana Group	✓	1 Group	✗	0

7. One athlete can participate in maximum 4 events including Artistic Yogasana Group & Traditional Yogasana Group. It becomes mandatory responsibility of every athlete to play in team events if selected by state authority as they are representing state team.

8. The cut-off date for calculating age is 1<sup>st</sup> January 2025. The age groups are as under:

Sr. No.	Age Group	Age Between
i.	Junior (14+ to 18 years)	31.12.2010 to 01.01.2007
ii.	Senior C (45+ to 55 years)	31.12.1979 to 01.01.1970

9. Only 3 Support staff (01 Team Manager, 01 Male Coach & 01 Female Coach) are permitted along with the State/UT team. Food and accommodation to maximum 03 support staff will be free of cost. For extra support staff beyond 03 will be chargeable.

10. Parents are not allowed along with athlete/team.

11. State/UT Associations should bring 02 Association flags along with them (3x2 ft & 6x4 ft).

12. The Competition Director will collect the certificates/documents and then only the athletes will be allowed to participate in the championship.

13. Accommodation for athletes shall be semi furnished. Teams are advised to bring their own bedding as per the weather condition.

14. Fees per athlete per day is as under:

Per Athlete per Day	Food & Accommodation	500/-
	TOTAL for 5 days	2500/-



In campus of Guru Gorakhnath Mandir, Phase 1, Pocket 3, Sector 7, Dwarka, New Delhi-110075, India.

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**Dr. Sanjay Malpani**  
Vice President

**Dr. Anada Balayogi Bhawanani**  
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Member

**Bikas Goswami**  
Member

**Shyamal Ta**  
Member

**Pukhrambam Birpradash**  
Member

The fees of athletes should be paid through State Association Bank Account only in the Yogasana Sports Association of Andhra Pradesh Bank Account in a single transaction before 12<sup>th</sup> September 2025. Kindly note that, Individual fees paid by athlete will not be considered valid and will not be refunded. The proof of payment must be sent on email along athletes entry. Details of Bank Account is as under:

Name: Yogasana Sports Association of Andhra Pradesh

Account No.: 279512010000074

IFSC Code: UBIN0827959

Bank: Union Bank

Branch: Guru Nanakroad, Vijaywada

15. Athletes/Team Managers/ Coaches/ others are requested to refer latest rules & regulations (Code of Points) of the competition available on the website <https://yogasanasport.in/code-of-point/>.

**16. Contact Details for any queries:**

Food & Accommodation: Mr. K Sai ((440030039), Ms. S Rajeswari (7675893062), Mr. Parul Sharma (9289429991)

Technical Assistance: Mr. Shreyas Markandeya (7972751045),

Transportation: Mr. P Tejaswi (9642002008)

**17. How to reach:**

- Nearest Railway Station:** Vijaywada (5 kms)
- Nearest Bus Stand:** Vijaywada (4.6 kms)
- Nearest Airport:** Gannavaram Vijaywada International Airport (18 kms)
- The arrival departure timing must be provided in advance at least 48 hours.**

**Encls:**

- Format of Risk Certificate.
- Format of Medical Fitness Certificate
- Format for Athletes Entry



Sincerely,  
-sd-

**Dr. Jaideep Arya**  
Secretary General

**Copy, for information to:**

- Secretary (Sports), Department of Sports, Ministry of Youth Affairs & Sports, Government of India, Shastri Bhawan, New Delhi.
- Secretary, Ministry of AYUSH, Ayush Bhawan, B Block, GPO Complex, INA, New Delhi.

In campus of Guru Gorakhnath Mandir, Phase 1, Pocket 3, Sector 7, Dwarka, New Delhi-110075, India.

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- 3) Director General, Sports Authority of India, Jawaharlal Nehru Stadium, New Delhi.
- 4) Director (Sports), Department of Sports, Ministry of Youth Affairs & Sports, Government of India, Jawaharlal Nehru Stadium, New Delhi.
- 5) Executive Director (TEAMS Division), Sports Authority of India, JNS, New Delhi.
- 6) Executive Director, Netaji Subhas National Institute of Sports, Patiala, Punjab.
- 7) Project Officer- Yogasana, TEAMS Division, Sports Authority of India, JNS, New Delhi.
- 8) President, Indian Olympic Association, Olympic Bhawan, Qutub Institutional Area, New Delhi.
- 9) Director General, National Anti Doping Agency, Hall No. 103-104, Jawaharlal Nehru Stadium, New Delhi.
- 10) Director, Morarji Desai National Institute of Yoga, Ashoka Road, New Delhi.
- 11) Joint Secretary (Sports), Association of Indian Universities, New Delhi.
- 12) The President/ Secretary General, School Games Federation of India.
- 13) Secretary, Railway Sports Promotion Board, New Delhi.
- 14) Secretary, National Council of Educational Research & Training, New Delhi.
- 15) Secretary, Services Sports Control Board, New Delhi.
- 16) Secretary, Civil Services Cultural & Sports Board, New Delhi.
- 17) President/Secretary General, World Yogasana.
- 18) President/ Secretary General, Asian Yogasana.
- 19) Executive Council, Yogasana Bharat, New Delhi.
- 20) The President/ General Secretary, Andhra Pradesh Olympic Association
- 21) The Chairman, Sports Authority of Andhra Pradesh.
- 22) The Chairman, Games Technical Conduct Committee, Yogasana Bharat.
- 23) The Competition Director, 6<sup>th</sup> Junior & Senior C National Yogasana Sports Championship 2025-26 (Men & Women).
- 24) The Competition Manager, 6<sup>th</sup> Junior & Senior C National Yogasana Sports Championship 2025-26 (Men & Women).
- 25) The Director, Organizing Committee, Yogasana Bharat.
- 26) All Directors of Standing Committees, Yogasana Bharat.
- 27) The TSR Team, Yogasana Bharat

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महासचिव / Secretary General  
योगासन भारत / Yogasana Bharat  
पंजीकरण संख्या एस/एन डी/1042/2020  
Registration No.S/ND/1042/2020  
परिसर: गुरु गोरखनाथ मंदिर, पॉकेट-1,  
रौकटर-7, द्वारका नई दिल्ली-110075  
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