What Is a Sprint Demo?

In a traditional scrum method, the sprint demo comes at the end of a sprint. At the start of an agile sprint, a team commits to a certain amount of work. That work is based on input from the project's stakeholders and ideally is the most important work the team could be doing for that sprint. Sprints vary in length. Some are two weeks. Other teams choose one week, and I've even seen a few that went as long as a month.

The important thing to understand is that a sprint is a well-defined block of time with a well-defined work commitment attached. Once the team agrees with project stakeholders on the work to be completed, they bear down and write code. Ideally, by the time the end of the sprint arrives, the team has