**PSG COLLEGE OF TECHNOLOGY, COIMBATORE – 641 004**

**DEPARTMENT OF COMPUTER APPLICATIONS**

**20MX28 ENTERPRISE APPLICATION DEVELOPMENT**

**AY 2020-2021 MCA First Year Semester 2**

**I. Team Detail**

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| **Team No.** | **Roll No.** | **Name of the student** | **Name of the Faculty Guide** |
| 18 | 20MX104 | Banupriya .K | B .Kalpana |
| 20MX105 | Bhuvaneswari.M |

**II. Title of the Application**

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| Stay Nourished |

**III. Abstract**

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| StayNourished will help the user in keeping track of their nutritional health. With this application the user can track their nutritional health by providing some basic details like height, weight, and some of the details on personal medical records. By providing those information a report will be generated for the user describing about his health condition. Along with that a tailor-made diet plan will be suggested to the user for the better improvement of their health. In addition to this the user can come to know about a particular food's nutritional composition by searching with the food's name in the Know your foods. The user can also explore various types of diets in the types of diets. The user will stay connected to application by asking their queries related to diet or nutrition if they have any. |

**IV. Objectives of the Proposed Application**

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| To help people maintain a healthy weight and to prevent chronic diseases by improving dietary habits and creating nutritional awareness. |

**V. Scope / Use**

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| StayNourished will create nutritional awareness among people and will bring a healthy society. |

**VI. Software Technology to be used (Specific Framework etc.)**

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| Front end: HTML, CSS, BOOTSTRAP.  Back end: DJANGO, PostgreSQL. |

Signature of the students

K. Banupriya

M. Bhuvaneswari

Signature of the Faculty Guide