Romans 8

Chapter 7 Paul describes the wrong way to achieve holiness and in chapter 8 the correct way.

Adoption is for the advantage of the family and not so much the individual under Roman Law. Slaves, Citizens, Sons, Zondervan)

**Who walk not after the flesh but after the spirit.**

For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.  
Romans 8:13 KJV

I thank God through Jesus Christ our Lord. So then with the mind I myself serve the law of God; but with the flesh the law of sin.  
Romans 7:25 KJV

Vs. 3 law weak through the flesh

By sending his son in the likeness of flesh condemned sin in the flesh.

Subdued sin …. For what the Law could not do [that is, overcome sin and remove its penalty, its power] being weakened by the flesh [man’s nature without the Holy Spirit], God did: He sent His own Son in the likeness of sinful man as an offering for sin. And He condemned sin in the flesh [subdued it and overcame it in the person of His own Son],  
ROMANS 8:3 AMp