First of all download this wonderful program:
////////*1000+ HACKING TRICKS & TUTORIALS - ebook By Mukesh Bhardwaj Blogger - Paid Version - only @ TekGyd   itechhacks   Mukeshtricks4u*//////
h@@p://www.speedguide.net/files/TCPOptimizer.exe
Then when u start trhe program goto settings goto cable modem or dsl whatevcer u have.

Go to MaxMTU and set it to 1500 this is optimal anything above this will not work as well.

Thats bout it!! Enjoy the speed!!