shutdown utility Here is a script that will do just that.	using a third party
	er - Paid Version - only @

Right click the desktop and choose New Shortcut. Copy and paste this script or type it in.

%windir%System32shutdown.exe -s -t 0

Choose Next and name it whatever you like. I name mine OFF. Click Finished. Right click and choose properties and pick a Icon for it if you'd like. I use a wall light switch Icon. I drag mine into my QuickLaunch toolbar for one click shutdown.

Enjoy!