## **Disclaimer**

This website provides general information, tools, and resources related to mental health for **informational purposes only**. It is not a substitute for professional medical advice, diagnosis, or treatment.

While we aim to provide accurate and up-to-date content, we cannot guarantee the accuracy, completeness, or reliability of the information provided. Any mental health tests or resources offered are intended for educational use and should not be used as a diagnostic tool. Always seek the advice of your physician or a qualified mental health professional with any questions you may have regarding a medical condition.

By using this website, you acknowledge that you do so at your own risk. We are not responsible for any decisions or actions taken based on the content of this site.