

JASNA P

Msc. Psychology

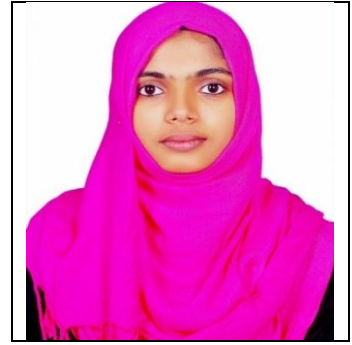
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MUNDAKKULAM,MUTHUPARAMBA,

(POST), KONDOTTY (Via) MALAPPURAM (Dist), KERALA PIN-673638
INDIA.



CAREER OBJECTIVES:-

- To provide mental health support to individuals who suffer from mental health problems
- To work in an institution where there is a scope for enhancement of personal and professional skills, and I would like to gain ample amount of experience in the field.

EDUCATION

- ❖ MSc In Psychology ,2019
HM College Manjeri, University of Calicut.
- ❖ BSc Psychology ,2017
Blossom Arts And Science College Kondotty, University Of Calicut.
- ❖ Higher Secondary 2014
Sullamusalam orient HSS, Areacode. Board of Kerala, India.
- ❖ SSLC,2012
Markazul Uloom English Senior Secondary School, CBSE

EXPERIENCE

- ☞ Worked as Intern Clinical Psychology in VRC Hospital, Tirur, Kerala for one month.
- ☞ Worked as Psychology and Health Nutrition teacher in High Point PPTTC Institution, Mundakkulam, Kerala for three month.

RESEARCH CONTRIBUTIONS- PAPER PRESENTATION AND PUBLICATION

Presented paper on “Smartphone Addiction and Loneliness Among Adolescents”.In The National Seminar On Application Of Psychology In The Contemporary Society, HM College Manjeri.

SEMINAR AND WORKSHOP EXPERINCES

☞ Participated in the three day national seminar on ‘trends and challenges in applied Psychology’ held on 7th, 8th and 9th November 2018 organized by department of Psychology, university of Kerala

☞ Participated in the three day national seminar on ‘Psychology : what is what not’, Conducted by Department of Psychology, University of Calicut on 1st - 3rd March, 2018.

☞ Attended Workshop on ‘Assessment and case taking in clinical setting ‘ on 12th December 2018 conducted by Department of Psychology, HM college Manjeri.

☞ Participated in a workshop on ‘Psychological test construction’ organized by the department of psychology Sahrdaya College of Advanced Studies, kodakara Thrissur on 14th November, 2017.

☞ Participated in one day workshop ‘ Introduction to abnormal psychology, case history and mental status examination, conducted by department of clinical psychology, Louise Mount hospital, kalpetta, wayanad held on 18th November 2017.

☞ Participated in the one day workshop on ‘Qualitative research’ conducted by department of psychology, HM College of science and technology, Manjeri on 7th February 2018.

☞ Participated in three day national seminar on ‘Applications of psychology in the contemporary society’ conducted by department of psychology, HM College of science and technology, Manjeri.

☞ Participated in one day national seminar on ‘Emerging Trends in Cyber Psychology’, conducted by department of counseling psychology, Loyola college of social science, Sreekariyam, Thiruvananthapuram.

☞ Participated in one day national workshop on ‘Counselling and Psychotherapy; Theories and techniques. Govt.Arts and Science college, Mankada.

SKILLS

- ☞ good communication skill
- ☞ Confident and self motivated
- ☞ Ability to organize programmes and events
- ☞ Good in problem solving
- ☞ Friendly and adaptive
- ☞ People oriented
- ☞ Good listener

TECHNICAL SKILLS

Computer knowledge of Microsoft office suite- Word, Powerpoint, Excel.

EXTRA CURRICULAR ACTIVITIES

- ☞ Actively participated in college election and selected as joint secretary in 2015-16 and PG Representative in 2019-20 academic year.
- ☞ Participated in various arts fest and competitions in sub district level during the academic periods.
- ☞ Actively participated in national and international conferences and workshops.

PERSONAL DETAILS

Name	: Jasna P
Date of Birth	: 2nd October 1996
Email ID	: jasnapanali@gmail.com
Gender	: Female
Nationality	: Indian

Father Name : Ibrahim P
Mother Name : Jameela MK
Marital Status : Married
Husband's Name : Vahab C
Mobile Number : +91 9048410095
Languages Known : English, Malayalam

REFERENCES : Available on request.

DECLARATION : I hereby declare that the above written particulars are true to the best of my knowledge and confidence.

Place :Mundakkulam

Your'sFaithfully,

Date :

JASNA.P