

AYSHA LIZMA

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OBJECTIVES

To achieve high career growth through a continuous learning process , keep myself dynamic and competitive with the changing scenario of the world and to contribute for the growth of organization.

EDUCATION

| NAME OF INSTITUTION | COURSE | SCORE |
|---|---|-------------------------|
| Ansar Women's college (Calicut university) Kerala | Bsc psychology(2020) | Results awaiting |
| International Indian School Dammam , KSA | Higher secondary 12th CBSE (2017) | Percentage : 91% |
| AL Muna International School Dammam ,KSA | 10th CBSE (2015) | CGPA : 8.4 |

EXPERIENCE

- 1) Mini project : case study and research on job stress and pain catastrophizing among working women (2020 march)
- 2) Tuition : CBSE
- 3) Organizing member in college conducted seminars and workshops
- 4) Attended various seminars and workshops :
 - Two day national workshop on Psycho-Oncology and Forensic Psychology (29/02/2020).
 - International Pre Conference on Solution Focused therapy,ITCBP (11/12/2019).
 - National seminar on Interpersonal Relationship and Victimization (21/02/2019).
 - International seminar on Health care management : Role of nutrition and Psychology (03/08/2018).
 - International seminar on Criminology and Forensic Science , ICFSA and CU (15/12/2017).

SKILLS

- Microsoft Office
- Knowledge in java script , html, MySQL.
- Good communication skills (English and Malayalam).

- Adaptive to working environment.
- Interpersonal skills.
- Good decision maker.

AWARDS

- 1) Gold honor award for securing 91% in higher secondary CBSE board exam 2017.
- 2) Secured second place in INTERSCHOOL CLUSTER debate (zonal level) 2015.
- 3) Actively participated in sports activities during school and college sports fest:
 - Secured second place in 100 mtr race (2019).
 - Secured first place for throw ball (2019).
 - Secured first place for kho kho team (2017) etc.

HOBBIES

- Reading books
- Travelling
- Writing blogs
- Workout and fitness

02/08/2020

Kozhikode , Kerala ,India

Aysha lizma

TYPE PERSONAL NAME