

PAVANA SIVAKUMAR (MSc. Psychology)

Email ID: pavanasiva98@gmail.com

Mobile No. 9207469250

Objective

To apply my skills and expertise in counseling, handling, and providing emotional support to fellow employees who are going through emotional intra & interpersonal and psychological struggles.

Skills:

- Expertise in diagnosing, identifying, and treating various psychological conditions.
- Expertise in collecting patient information through interviews, observations, tests, and surveys.
- Ability to diagnose any condition in the DSM-V.
- Ability to detect patterns that enables me to predict and understand behavior.
- Proficiency in conducting surveys pertaining to human brain function and behavior.
- Skills in creating programs that help address psychological issues in campuses and workplaces.
- Updated with the latest innovations in Clinical Psychology.
- Great interpersonal skills that allow me to collaborate with physicians and other healthcare workers.
- Dedication for work and passion to succeed.
- Excellent communication skills.
- Knack for helping people especially in dealing with their personal issues.
- Deep understanding and working knowledge of SPSS & PEBL Software.

Experience:

1. Internship – May 2018

Bishop Vayalil Memorial Hospital, Moolamattom, Idukki.

Roles & Responsibilities:

- Diagnose and identify to treat various psychological conditions.
- Collect patient information through case study (MSE).
- Creating programs that help address psychological issues in psychiatric setting especially de-addiction ward.

2. Internship- June -2019 to March 2020

House of Providence Old age home, Ernakulam.

Roles & Responsibilities:

- Collect information through interviews, observations, tests and surveys.
- Create programs to enhance wellbeing of inmates.

3. Internship –April 2021to May 2021
Prapthi center for adolescent &Child counseling, Kottayam

Roles & Responsibilities:

- Taking Case history
 - Mental Status Examination
 - Training on Mental Disorders
 - Clinical Assessments and Diagnosis
 - Counseling & Psychotherapy
 - Rehabilitation
4. Internship- May 2021 to July 2021
Career Domain
 - Represent the values and mission of the Career Domain and serve as a role model to students.
 - Serve as an ambassador for the Career Domain.
 - Attend mandatory, regularly scheduled psychology intern meetings and training.
 - Attend regular one-on-one meetings with supervisor and Career Domain staff meetings.
 - Complete marketing initiatives in a professional and timely manner.
 - Reach out to students and student groups on behalf of the Career Domain.
 - Support organization policies and guidelines.
 - Maintain confidentiality.
 - Other duties as assigned or as interests develop

Publications & Paper presentations:

1. “Cultural Neglect and Externalizing-Internalizing Behavior among Migrant Workers in Kerala.” Research article published in Mukt Shabd Journal (May 2021).
<http://shabdbooks.com/Current-Issue/>
2. “Self-esteem & Perception control among young people: Is there a link?”
Research article published in International Journal of Indian Psychology (Dec 2019).
<https://ijip.in/articles/self-esteem-and-perception-control-among-young-people-is-there-a-link/>
3. Presented paper titled Moderating effect of locus of control on the relationship between cultural neglect & externalizing behavior among migrant workers in Kerala, during Dyuti 2020 National conference on Migration & Social inclusion.
4. **Secured 2nd position** in the National level Annual paper presentation competition titled” Moderating effect of personality in the relationship between Cultural neglect & Psychosocial wellbeing among migrant workers in Kerala”, **Young Psychologist competition** held by Christ University Bangalore, February 2018.
5. Presented paper titled Academic self-concept & leadership among higher secondary & Undergraduate students in the International conference on leadership organized by

Rajagiri College of Social sciences in collaboration with Trinity Western University, Canada, November 2017.

Achievements & Certifications:

- Certified in Psychological First Aid from John Hopkins University, March 2021.
- Completed 1 day webinar on “The Psychological & Social impact of COVID-19 Pandemic”, hosted by VIVES University of Applied Sciences, Belgium, November 2020.
- Completed 1 day workshop on Thematic Apperception Test conducted by Rajagiri college of Social sciences, February 2020.
- Attended 2-day National Seminar on Family Therapy: Scope, Techniques & Challenges conducted by Research & Post graduate department of Psychology, Union Christian College Aluva, February 2020.
- Completed training program on Hypnosis-Basics & Beyond by Dost Academy & Rajagiri College of Social Sciences, January 2020.
- Completed 30-hour workshop on Forensic Psychology by Trinity Western University, Canada, September 2019.
- Participated as delegate in the CME program on Mental Health Issues in Trauma & Abuse organized by The Department of Psychiatry, Govt. Medical College, Kozhikode, August 2019.

Education:

Rajagiri college of Social Sciences, Kalamassery, Kerala

- Masters (MSc) in Psychology (Clinical)-June 2019 to June 2021

Result awaiting

- Bachelors (BSc) in Psychology- October 2016 to May 2019

9.08 CCPA, Grade A+

SBOA Public school, Ernakulam, Kerala

- 12th std (Bio Math) – March 2016

83%

- 10th std – March 2014

10 CGPA

