Not All VPNs Protect You
A 2025 study of 800 free VPN apps found serious security issues:

6%
of free iOS VPNs request deep system access

25%
lack a valid privacy manifest (you can't see what data they collect)

The Problem:
If the VPN is free, you're the product. Free VPNs often log your data and sell it to advertisers or worse.

Better Options:
• 🍎 iCloud Private Relay - Built into iPhone with iCloud+
• 🛡️ Trusted paid VPNs - Norton, ExpressVPN, NordVPN
• 🔍 Research first - Check independent reviews before downloading

The Privacy Paradox

- <u>The Art of Invisibility by Kevin Mitnick</u>

> "Sometimes your protections themselves can become part of your fingerprint."

Too many unique privacy tools can make you MORE identifiable, not less.

The Balance: Use common, well-tested privacy tools rather than obscure or highly customized configurations.