

# Comprehensive Privacy and Security Action Items

## 1. Account and Password Security

- ☐ Use strong, unique passwords (20-25 characters, mix of characters)
- ☐ Utilize a reputable password manager
- ☐ Implement Two-Factor Authentication (2FA)
- ☐ Be cautious with security questions
- ☐ Regularly monitor accounts for unauthorized activity
- ☐ Use a "security" birthday for identity verification

## 2. Device and Network Security

- ☐ Secure mobile devices with strong passcodes, encryption, and auto-lock
- ☐ Lock computers when not in use
- ☐ Use up-to-date antivirus and anti-malware protection
- ☐ Encrypt device communications and data
- ☐ Secure home Wi-Fi networks (strong passwords, WPA2/WPA3 encryption)
- ☐ Disable WPS and update router firmware regularly
- ☐ Use MAC address filtering for network access control
- ☐ Be cautious when using public Wi-Fi
- ☐ Use a separate device for sensitive transactions
- ☐ Cover webcams when not in use
- ☐ Regularly update firmware on all devices, including IoT
- ☐ Disable unnecessary features on smart devices
- ☐ Monitor network traffic for unusual patterns
- ☐ Reboot IoT devices regularly to clear potential malware

## 3. Communication Security

- ☐ Use end-to-end encrypted messaging apps (e.g., Signal)
- ☐ Encrypt emails using PGP, OpenPGP, or GPG
- ☐ Be aware of metadata in communications
- ☐ Consider using burner phones for sensitive communications
- ☐ Utilize secure VoIP options with strong encryption
- ☐ Use disposable email addresses for temporary communications

## 4. Online Privacy and Browsing

- ☐ Use private browsing mode and clear browser data regularly
- ☐ Employ HTTPS Everywhere and verify SSL/TLS certificates
- ☐ Disable location tracking in browsers
- ☐ Use privacy-focused search engines (e.g., DuckDuckGo)
- ☐ Be cautious with cloud backups and syncing
- ☐ Block third-party requests and manage cookies
- ☐ Use privacy-focused browser extensions (e.g., NoScript, Ghostery)
- ☐ Start browsing sessions from neutral sites
- ☐ Regularly change MAC addresses
- ☐ Use virtual machines for enhanced browsing security
- ☐ Utilize the Tor browser for accessing the Dark Web
- ☐ Maintain a persistent Tor connection to avoid identifiable patterns

## 5. Anonymity and VPN Usage

- ☐ Use VPNs to mask IP addresses, especially on public Wi-Fi
- ☐ Utilize the Tor network for enhanced anonymity
- ☐ Consider using anonymous remailers for email
- ☐ Create new anonymous accounts when necessary
- ☐ Use prepaid carriers and burner phones wisely
- ☐ Evaluate VPN providers carefully for privacy policies and security features
- ☐ Use tools for location obfuscation (e.g., proxy servers, ProxyHam)

## 6. App and Software Management

- ☐ Review and adjust app permissions regularly
- ☐ Prefer open-source software for critical privacy tools
- ☐ Keep all software and operating systems updated
- ☐ Be skeptical of unverified security claims
- ☐ Avoid unnecessary toolbars and add-ons

## 7. Social Media and Online Presence

- ☐ Limit personal information sharing on social platforms
- ☐ Regularly review and adjust privacy settings
- ☐ Be cautious with photo sharing and metadata
- ☐ Monitor your digital footprint and online presence

- ☐ Educate children about online privacy and monitor their activity
- ☐ Be wary of friend requests from strangers
- ☐ Avoid linking real-world and online identities

## **8. Mobile Device Privacy**

- ☐ Manage location and connectivity settings (GPS, Bluetooth, Wi-Fi)
- ☐ Use airplane mode when not actively using wireless features
- ☐ Regularly clear app data and review permissions
- ☐ Be cautious with mobile apps and their data access

## **9. Physical Security**

- ☐ Protect against physical access to devices
- ☐ Be aware of surroundings when discussing sensitive matters
- ☐ Secure physical documents and storage devices
- ☐ Use secure printing methods in shared environments
- ☐ Be cautious of physical surveillance and eavesdropping

## **10. Data Management and Protection**

- ☐ Regularly back up important data securely
- ☐ Be aware of data retention policies of service providers
- ☐ Minimize sharing of personal information online
- ☐ Use encryption for sensitive files and communications
- ☐ Consider using Bitcoin for anonymous transactions (with proper precautions)
- ☐ Securely wipe data from devices before selling or discarding

## **11. Workplace Privacy**

- ☐ Lock devices when leaving your desk
- ☐ Limit personal activities on work devices
- ☐ Use secure printing methods
- ☐ Be cautious with office cameras and microphones
- ☐ Secure videoconferencing systems
- ☐ Remove metadata from documents before sharing externally
- ☐ Separate work and personal communications

## **12. IoT and Smart Home Security**

- ☐ Change default passwords on all IoT devices
- ☐ Disable unnecessary features on smart devices
- ☐ Physically secure devices to prevent tampering
- ☐ Use strong authentication methods for smart home ecosystems
- ☐ Avoid connecting sensitive devices to shared networks

## **13. Vehicle Privacy and Security**

- ☐ Update vehicle software regularly
- ☐ Limit telematics and remote features when not in use
- ☐ Secure car apps with strong passwords and 2FA
- ☐ Clear infotainment system data before selling or returning a vehicle
- ☐ Be cautious with connected car features and data sharing

## **14. Travel Security**

- ☐ Clean up sensitive data from devices before travel
- ☐ Use whole-disk encryption and consider hidden encrypted folders
- ☐ Upload encrypted data to secure cloud services
- ☐ Be aware of local laws regarding device searches
- ☐ Use social engineering techniques if necessary during border crossings
- ☐ Avoid leaving devices unattended in hotel rooms
- ☐ Use a VPN immediately upon connecting to hotel Wi-Fi

## **15. Education and Awareness**

- ☐ Stay informed about current privacy and security threats
- ☐ Educate others about privacy and security best practices
- ☐ Regularly review and update security measures
- ☐ Be aware of phishing attempts and social engineering tactics

## **16. Legal and Ethical Considerations**

- ☐ Know your rights regarding privacy laws and regulations
- ☐ Advocate for stronger privacy protections
- ☐ Be aware of surveillance practices by companies and governments
- ☐ Use caution with intellectual property and sensitive information online

## **17. Incident Response**

- ☐ Have a plan for responding to potential security breaches or identity theft
- ☐ Know how to report and address unauthorized access or data leaks
- ☐ Monitor accounts and credit reports for signs of compromise

## **18. Advanced Anonymity Techniques**

- ☐ Use public Wi-Fi cautiously and with proper protection
- ☐ Create and maintain separate email accounts for different personas
- ☐ Be aware of risks associated with Dark Web access
- ☐ Consider using Tails OS for a secure, amnesic live system
- ☐ Implement multi-layered approaches for achieving online anonymity