Core Competencies in Counseling and Psychotherapy Becoming a Highly Competent and Effective Therapist LEN SPERRY

Core Competencies In Counseling And Psychotherapy

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Summary: Free core competencies in counseling and psychotherapy pdf download - core competencies in counseling and psychotherapy addresses the core competencies common to the effective practice of all psychotherapeutic approaches and includes specific intervention competencies of the three major orientations the book provides a research-based framework to aid clinicians in applying these competencies in their own practice it begins by identifying and describing the core competencies and skills of expert therapists then elaborates six core competencies and related supporting competencies and skill-sets instead of a review of psychotherapy theory and research or a cookbook of methods and techniques core competencies in counseling and psychotherapy is a highly readable and easily accessible book that can enhance the knowledge and skill base of clinicians both novice and experienced in all the mental health specialties

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