



## Yoga In The Modern World

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**Summary :** Free yoga in the modern world pdf download - today yoga is a thoroughly globalised phenomenon yoga has taken the world by storm and is even seeing renewed popularity in india both in india and abroad adults children and teenagers are practicing yoga in diverse settings gyms schools home work yoga studios and temples the yoga diaspora began well over a hundred years ago and we continue to see new manifestations and uses of yoga in the modern world as the first of its kind this collection draws together cutting edge scholarship in the field focusing on the theory and practice of yoga in contemporary times offering a range of perspectives on yoga s contemporary manifestations it maps the movement development and consolidation of yoga in global settings the collection features some of the most well-known authors within the field and newer voices the contributions span a number of disciplines in the humanities including anthropology philosophy studies in religion and asian studies offering a range of entry points to the issues involved in the study of the subject as such is of use to those involved in academic scholarship as well as to the growing number of yoga practitioners who seek a deeper account of the origin and significance of the techniques and traditions they are engaging with it will also-and perhaps most of all-speak to the growing numbers of scholar-practitioners who straddle these two realms further resources and supporting material are available to view at [www.yogainthemodernworld.com](http://www.yogainthemodernworld.com)

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