



Choose Your Energy Change Your Life

Author :Deborah Jane Wells / **Category** :Self-Help / **Total Pages** : 266 pages

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Summary : Free choose your energy change your life pdf download - when love transforms your relationship with yourself it transforms your personal life your work and the world when your birth includes a near-death experience you know you are in for a wild ride a fifty-five-year roller coaster of triumph and burnout led to finding my life purpose more than five decades later mine is a story of hope yours can be too as a life coach organization transformation consultant reiki master artist author and broadcast personality i have pursued a lifelong passion for the transformative power of love i help individuals and organizations learn to harness that power to step into their greatness when we choose fear as our fuel any of us individuals and organizations alike can become stuck in the hamster wheel approach to life trapped by the mistaken belief that busyness is the same as purpose we can't stand the way we're living but feel powerless to change as we work together my clients discover what i discovered when you fall in love with yourself everything else falls into place personally and professionally choosing love as your core energy automatically enhances every aspect of your life your perceptions opportunities relationships and priorities you get unstuck reclaim your personal power and recapture your zest for living moving yourself forward into a life you love instead of choosing to live as a victim of circumstance consider embracing the power of loving yourself unconditionally through insights encouragement clear strategies and practical tools built on my personal journey including a sustained eighty-pound weight loss freedom from a ten-year bout of debilitating depression and finding my purpose guiding others on their journeys living in flow a fluid journey to wholeness grounded in who you are being not what you are doing the discovery framework that grew out of my experience including core energy sensory balance and your personal board of directors and lessons in living inspired by the journeys of my clients what's love got to do with it everything for more information on my work in the world click the hyperlinks below author video press release book trailer video hay house radio interview articles appearances and publicity professional credentials djwlifecoach.com website choose your energy blog other social media sites

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