

**LAUREN CYRAN MR SIR2024-20 DOB: 03/22/1991 Female Blue Cross Blue Shield of West Virginia (Highmark)**

Package: full chart

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LAUREN CYRAN ♀ SIR2024-20

Birthdate: 03/22/1991

Allergies: No Known Allergies/NKA

Admission: 03/07/2024 Care Team

Location: Step Into Recovery Centers INC  
(GMT-08:00) Pacific Time (US & Canada)

Date 1st contact	Rep on intake call	1st contact name	1st contact phone	1st contact relationship
03/07/2024	Ashley Banali	n/a	n/a	n/a

Location: Step Into Recovery Centers INC

Admission Date	Referrer	Contact?	Anticipated Discharge Date
03/07/2024 06:47 AM		No	
Discharge/Transition Date	Discharge/Transition to		
03/08/2024 12:00 AM			

PARTICIPANT INFORMATION HAS NOT BEEN VALIDATED - PLEASE VALIDATE

participant Information

LAUREN CYRAN

Current Address:  
1837 6th Ave  
HUNTINGTON, WV 25703 United States

Email: LAURENCYRAN82@OUTLOOK.COM

Date of Birth: 03/22/1991 SSN: \*\*\*-\*\*-4784

Birth Sex: Female

Pronouns:

Preferred Language: English

Marital Status: Single

Race: American Indian/Alaska Native  
Ethnicity:

Payment Method

Insurance

Insurance Information

Insurance	Policy No.	Effective Date	Termination Date	Status	Insurance Type/Priority
Blue Cross Blue Shield of West Virginia (Highmark)	OVW1386392 85001	03/01/2024	12/31/2024	Active	Primary

Internal ID / External ID	Group Plan Name	Group ID	Plan Type	Payor Type	Insurance Phone
13487 /		10805102	PPO		888-501-2109
Rx Name	Rx Group	Rx BIN	Rx PCN	Rx Phone	Plan Period
	HMRK001	610014	Claims		
Street Address 1	Street Address 2	Claims Fax			

City Subscriber	State	Relationship of Patient to Subscriber	SSN	ZIP Code	DOB	Country	Gender
LAUREN CYRAN		Self	***-**-4784		03/22/1991		Female
Subscriber Address Street		Subscriber Address Street 2			Subscriber City		
1837 6th Ave					HUNTINGTON		
Subscriber Address Zip		Subscriber Address State			Subscriber Address Country		
25703		WV			United States		

Concurrent Reviews

Start Date	End Date	# of Days	Auth Date	Authorization Number	Status	Managed	Level of Care
03/06/2024	04/04/2024	30	03/07/2024		Approved	Yes	MH PHP
Next Review	Days of Week		Hours per Day	Days per Week	Frequency	LCD	Next LOC
04/04/2024					Daily	No	
Insurance Name	Insurance Policy No.						
Blue Cross Blue Shield of West Virginia (Highmark)	OVW138639285001						
no auth required for this level of care, call ref# INTR-1810157 spoke with Shilynn C.							

Contacts

Allergies and Food Restrictions

Allergies

No Known Allergies/NKA

Diets

Regular Diet

Lab Testing

Lab Bill To	Lab Guarantor Type	Lab Guarantor	Lab Guardian	Lab Patient Class
Unassigned	Unassigned	Unassigned	Unassigned	Unassigned
Lab Primary Insurance	Lab Secondary Insurance			
Unassigned	Unassigned			

participant Record Source: N/A

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Location: Step Into Recovery Centers INC  
(GMT-08:00) Pacific Time (US & Canada)

Completed Group Sessions

Thursday, Mar 7, 2024

Process Group 09:00 AM PST by Jennifer Rosa, Administrator

Status: attended Start: 03/07/2024 09:00 AM PST - End: 03/07/2024 10:30 AM PST Duration: 01:30

Attendees: 9 Absent: 0

Topic
Process Group
Individual Assessment/Intervention
Upon arrival to group client appeared (attitude). Throughout the group client (behavior). While group was in process client (Interaction}. Client (was/was not) able to (assess/interact/ admit/understand etc.) (group topic). (identify what client expressed there struggle was.) (Express the plan of action and clients goal)
Group Description
Clients are given the opportunity to work together to communicate the functionality of daily life and the occurrences of events and triggers that may interfere with treatment. Clients give communication with peer on the step and importance of setting and striving to reach goals and encourage peers as well as encouraging others and sharing resources



Jennifer Rosa, Administrator (Staff), 03/08/2024 04:36 AM

LAUREN CYRAN ♀ SIR2024-20

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Admission: 03/07/2024 Care Team

Location: Step Into Recovery Centers INC  
(GMT-08:00) Pacific Time (US & Canada)

Completed Group Sessions

Thursday, Mar 7, 2024

Life Skills Coaching 10:30 AM PST by Jennifer Rosa, Administrator

Status: attended Start: 03/07/2024 10:30 AM PST - End: 03/07/2024 12:00 PM PST Duration: 01:30

Attendees: 9 Absent: 0

Topic

Developing Life Skills

Individual Assessment/Intervention

Upon arrival to group client appeared (attitude). Throughout the group client (behavior). While group was in process client (Interaction}. Client (was/was not) able to (assess/interact/ admit/understand etc.) (group topic). (identify what client expressed there struggle was.) (Express the plan of action and clients goal)

Group Description

Life skills aims to developclients' abilities and motivations to make use of all types of information. The approach interactive, using role plays, games, puzzles, group discussions, and a variety of other couching techniques to encourage clients to utilize all resources.



Jennifer Rosa, Administrator (Staff), 03/08/2024 04:35 AM

LAUREN CYRAN ♀ SIR2024-20

Birthdate: 03/22/1991

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Admission: 03/07/2024 Care Team

Location: Step Into Recovery Centers INC  
(GMT-08:00) Pacific Time (US & Canada)

Completed Group Sessions

Thursday, Mar 7, 2024

Maintain Progress 01:00 PM PST by Jennifer Rosa, Administrator

Status: attended Start: 03/07/2024 01:00 PM PST - End: 03/07/2024 02:30 PM PST Duration: 01:30

Attendees: 9 Absent: 0

Topic

Maintain health Life Sytle

Individual Assessment/Intervention

Upon arrival to group client appeared (attitude). Throughout the group client (behavior). While group was in process client (Interaction}. Client (was/was not) able to (assess/interact/ admit/understand etc.) (group topic). (identify what client expressed there struggle was.) (Express the plan of action and clients goal)

Group Description

Several key areas of your lifestyle are considered dimensions of overall Wellness. They include: social connectedness, exercise, nutrition, sleep and mindfulness. Each one has an impact on your physical and mental health.



Jennifer Rosa, Administrator (Staff), 03/08/2024 04:35 AM

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Location: Step Into Recovery Centers INC  
(GMT-08:00) Pacific Time (US & Canada)

Completed Group Sessions

Thursday, Mar 7, 2024

CBT 02:30 PM PST by Jennifer Rosa, Administrator

Status: attended Start: 03/07/2024 02:30 PM PST - End: 03/07/2024 04:00 PM PST Duration: 01:30

Attendees: 9 Absent: 0

Topic

CBT

Individual Assessment/Intervention

Upon arrival to group client appeared (attitude). Throughout the group client (behavior). While group was in process client (Interaction}. Client (was/was not) able to (assess/interact/ admit/understand etc.) (group topic). (identify what client expressed there struggle was.) (Express the plan of action and clients goal)

Group Description

The therapist helps you within a group system to identify negative thought patterns that are impacting your behaviors and emotions. CBT groups empower you to reshape your experience by getting to the root of the thought It can be used to treat a variety of conditions including but not limited to emotional trauma, anxiety, depression, post-traumatic stress disorder (PTSD), and attention deficit hyperactivity disorder



Jennifer Rosa, Administrator (Staff), 03/08/2024 04:35 AM

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Location: Step Into Recovery Centers INC  
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Canada)



Insurance Information

Insurance	Policy No.	Effective Date	Termination Date	Status	Insurance Type/Priority		
Blue Cross Blue Shield of West Virginia (Highmark)	OVW13863928 5001	03/01/2024	12/31/2024	Active	Primary		
Internal ID / External ID	Group Plan Name	Group ID	Plan Type	Payor Type	Insurance Phone		
13487 /		10805102	PPO		888-501-2109		
Rx Name	Rx Group	Rx BIN	Rx PCN	Rx Phone	Plan Period		
	HMRK001	610014					
Claims							
Street Address 1	Street Address 2		Claims Fax				
City Subscriber	State	Relationship of Patient to Subscriber	SSN	ZIP Code	DOB	Country	Gender
LAUREN CYRAN		Self	***-**-4784		03/22/1991		Female
Subscriber Address Street		Subscriber Address Street 2			Subscriber City		
1837 6th Ave					HUNTINGTON		
Subscriber Address Zip		Subscriber Address State			Subscriber Address Country		
25703		WV			United States		

Vital Signs

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Location: Step Into Recovery Centers INC  
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Blood Pressure		Blood Pressure		Temperature	Oxygen Saturation	Pulse	Respiration	Comments	Logged By	Logged At
Date	Systolic	Diastolic								

**Glucose Logs**

No records available.

## Weights

### LAUREN CYRAN ♀ SIR2024-20

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Admission: 03/07/2024 Care Team

Location: Step Into Recovery Centers INC  
(GMT-08:00) Pacific Time (US &  
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No height/weight records.

Heights

LAUREN CYRAN ♀ SIR2024-20

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Admission: 03/07/2024 Care Team

Location: Step Into Recovery Centers INC  
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Canada)

Date Height Logged By Logged At

Orthostatic Vital Signs

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Birthdate: 03/22/1991

Allergies: No Known Allergies/NKA

Admission: 03/07/2024 Care Team

Location: Step Into Recovery Centers INC  
(GMT-08:00) Pacific Time (US & Canada)

		Lying	Sitting	Standing				
Date	BP	HR	BP	HR	BP	HR	Resp.	Temp. O2 Comments Logged At Logged By

**CIWA-Ar**

No CIWA-Ar assessment logged

**CIWA-B**

No CIWA-B assessment logged



## **COWS**

No COWS assessment logged

## Medications Brought In

### LAUREN CYRAN ♀ SIR2024-20

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Admission: 03/07/2024 Care Team

Location: Step Into Recovery Centers INC  
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No Medications Brought In Logged.

## Rounds

### LAUREN CYRAN ♀ SIR2024-20

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MAT Orders

LAUREN CYRAN ♀ SIR2024-20

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Admission: 03/07/2024 Care Team

Location: Step Into Recovery Centers INC  
(GMT-08:00) Pacific Time (US &  
Canada)

Current/Active Order *No Current/Active Order.*

Order History

Start Date	End Date	Phase	Order Type	Medication	Dose	Instructions	Ordered By	Entered By	Discontinued By	Status
------------	----------	-------	------------	------------	------	--------------	------------	------------	-----------------	--------