

Buffalo Bison Cross Country Invitational September 29, 2011 Buffalo Heights Golf Course

Dear Athletic Directors and Cross Country Coaches,

Buffalo High School will host the 38th Annual Buffalo High School Invitational Cross Country Meet on Thursday, September 29, 2011. The event will be held at the Buffalo Heights Golf Course. It is located on Highway 25 south of Buffalo. We would <u>appreciate your cooperation in staying off the greens and tee boxes</u>. Please share with your athletes to be respectful of the property. Thanks.

Entry fees are: \$ 55.00 - one team

\$110.00 - both boys and girls teams

The meet is being managed by Virtual Race Assistant (http://www.myvira.com). Bob Schneider's email address is bobs@h51software.net. He will be in contact with you (coaches of participating teams).

Tell your athletes to use the portable restrooms placed in the parking lot, rather than the clubhouse restrooms.

The balcony area and restaurant are off limits to athletes and spectators <u>unless</u> they are planning on being customers.

Twisted Iron Grille will have a concession area available outside.

We will award the following awards:

First Place Team Trophy - Girls Varsity Race
15 Individual Medals - Girls Varsity Race
15 Ribbons - Girls Junior Varsity Race
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15 Ribbons - Girls Junior High (7th & 8th graders) Race 15 Ribbons - Boys Junior High (7th & 8th graders) Race

Directions to Buffalo Heights Golf Course:

From the North: Follow Hwy 25 South through Buffalo. Buffalo Heights will be on your left.

From the South: Between Delano and Montrose, take Highway 25 north, the Golf Course will be on your left as you enter Buffalo.

From the East: Take Highway 55 West. East of Buffalo turn left on County Road 147 to Highway 25. Turn left on Highway 25 south and proceed to course.

Parking:

Buses will be directed to a location to park. Please instruct you drivers to drop off teams and then move to the Zion Lutheran Church Parking lot.

Trainer:

Our trainer will be on duty for injured runners.

Good luck and good running. We hope you enjoy the meet. Coaches: Jill Hanson, Dave Knutsen and Jamie Kendall Bison Cross Country Coaches

Buffalo Cross Country Invite Schedule

4:00pm	7& 8 th Junior High Boys (3200 Meters)
4:10pm	7& 8 th Junior High Girls (3200 Meters)
4:30pm	Varsity Girls (4000 Meters)
4:55pm	Varsity Boys (5000 Meters)
5:25pm	Junior Varsity Girls (4000 Meters)
5:45pm	Junior Varsity Boys (5000 Meters)
6:15pm	Awards

Lane #	<u>Team</u>	Lane #	<u>Team</u>
1.	St. Francis	11.	Rogers
2.	Big Lake	12.	Princeton - JV
3.	Cambridge-Isanti	13.	Andover
4.	Centennial	14.	North St. Paul
5.	Delano	15.	Robbinsdale Cooper
6.	Buffalo	16.	Benilde/St. Margaret (G)
7.	Osseo	17.	Becker
8.	Monticello	18.	Mankato East
9.	Providence Academy	19.	Zimmerman
10.	Robbinsdale Armstrong	20.	STMA - JV