

Medical Record

Patient: Bigyan YAN
Doctor: Dr. Sujan Pandey
Date: 2025-04-20 09:00

Chief Complaint

Common Cold

Observations

Sneeze, Mild fever

Diagnosis

Viral infection

Treatment Plan

Rest, hydration, and medication

Prescriptions

Medication	Dosage	Frequency	Duration	Instructions
Paracetamol	500mg	Every 6 hours	5 days	Take with food
Vitamin C	1000mg	Once daily	30 days	Take with breakfast

Additional Notes

Follow up in 5 days if symptoms persist