

# Cybersecurity Tips For Mobile Devices

## YOUR AWARENESS IS THE BEST DEFENSE

Cyber attackers know that targeting you may be the path of least resistance to accomplishing their objectives. They'll often try and trick you by offering free mobile apps that you think are useful or exciting. Only download apps you *need* and from trusted sources. Common sense is your friend!

## PRO TIPS

- Download apps from trusted sources only
- Use a pattern/biometrics to lock devices
- Avoid phishing attacks
- Beware of messages asking for personal info
- Backup/sync phone data
- Maintain software updates and OS upgrades
- Delete apps not used frequently
- Use common sense

## MOBILE DEVICE SECURITY

**1**

### Download From Trusted Sources Only

Cybercriminals create applications designed to steal your information. Use apps only from trusted sources.

**2**

### Lock Devices With a Pattern or Biometric

Create a barrier to entry to prevent unauthorized parties from physically accessing your devices. Lock your devices!

**3**

### Avoid Phishing Attacks

Email or text messages from unknown sources that convey a sense of urgency, or crisis laden deadlines, could be a phish. Mark suspected phishes as spam or delete them.

**4**

### Update Software and Apply OS Upgrades

Enable the software auto-updater features for mobile devices. Reduce vulnerabilities by updating software.

**5**

### Delete Apps Not Used Frequently

Remove apps you do not frequently use from your devices. Reduce the attack surface by eliminating non-essential apps.

For additional advice or to learn more contact us: [info@guardsight.com](mailto:info@guardsight.com)