**Championship** East Midlands Senior powerlifting champs **Venue** Letchworth **Date** 13-12-15 **B/W Class/s** 

Age	Name Women	B/W 47Kg	Squat			Bench Press			S/T	Dead Lift			Total	PN
		52Kg												
M2	Jenny Hunter	52	70	80	<u>85</u>	70	75	80	165	120	130	<u>135</u>	300	1
U18	Bethany Wylie	47.3	65	75	<u>85</u>	25	<u>30</u>	37.5	115	85	95	<u>105</u>	220	2
Snr	Sal Williams	48.1	40	<u>47.5</u>	<mark>55</mark>	27.5	30	32.5	80	65	72.5	<u>80</u>	160	3
		57Kg												
		63Kg												
Snr	Karrie Childs	61.8	95	100	<u>105</u>	45	47.5	<u>50</u>	155	115	125	<u>130</u>	285	1
290	Suzanne Goulder	60.5	85	<u>90</u>	97.5	<del>50</del>	<u>52.5</u>	57.5	142.5	110	115	<u>120</u>	262.5	2
M1	Paula Gentle	61.4	75	<u>80</u>	<mark>85</mark>	45	<u>50</u>	52.5	120	120	122.5	<u>125</u>	255	3
		72Kg												
Snr	Nina Cambatta	67.8	112.5	120	<u>125</u>	60	65	<u>70</u>	195	150	160	<u>170</u>	365	1
334	Anastasia Zinchenko	69.5	110	110	117.5	67.5	72.5	<u>75</u>	192.5	132.5	<u>142.5</u>	145	335	2
M1	Wendy Williams	68.1	90	100	<u>110</u>	45	50	<u>52.5</u>	162.5	130	140	<u>147.5</u>	310	3
M1	Rowan Smith	70.9	75	80	<u>85</u>	50	<u>55</u>	57.5	140	95	102.5	<u>110</u>	250	4
		84Kg												
Snr	Annelise Barnes	80.1	100	100	<u>110</u>	70	<u>75</u>	80	185	120	130	<u>140</u>	325	1
Snr	Laura Mitchell	78.9	85	90	<u>95</u>	40	<u>45</u>	<mark>50</mark>	140	105	110	<u>115</u>	255	2
		84+Kg												
Snr	Camille Holland	113.2	150	170	<u>190</u>	80	90	<u>100</u>	290	150	<u>170</u>	200	460	1

**Side Referee**\_ Jackie Blasbery dr = Divisional Record

**Centre Referee**\_ John Bevan

Side Referee\_ Chris Gladding

<b>Championship</b> East Midlands Senior powerlifting champs							<b>Venue</b> Letchworth <b>Date</b> 13-				12-15 <b><u>B/W Class/s</u></b>					
Age	Name	B/W	Squat			Bench Press			S/T	Dead Lift			Total	PN		
	Men	66Kg														
M2	Sean Rowlands	63.9	170	185	<u>195</u>	85	92.5	<u>95</u>	290	177.5	190	<u>200</u>	490	1		
Snr	Sean Maloney	65.6	135	145	<u>150</u>	92.5	<u>97.5</u>	102.5	247.5	175	<u>185</u>	195	432.5	2		
		74Kg														
M2	Steve Walker	72.7	200	200	<u>210</u>	145	155	<u>160</u>	370	215	230	<u>240</u>	610	1		
401	Ali Ghareeb	73.3	180	<mark>190</mark>	<u>190</u>	115	<u>120</u>	122.5	310	225	235	<u>245</u>	555	2		
Snr	Nathan Sugden	72.4	170	<u>177.5</u>	<b>185</b>	115	<u>120</u>	125	297.5	215	<u>230</u>	240	527.5	3		
Snr	Stephen Snowling	73.4	<b>115</b>	115	<u>130</u>	<u>85</u>	97.5	100	215	<u>155</u>	170	170	370	4		
		83Kg													$\dashv$	
M2	Doug D'Gama	82.3	200	210	<u>210</u>	140	147.5	152.5	357.5	220	240	<u>250</u>	607.5	1		
Snr	Lee Betteridge	82	180	200	<u>205</u>	135	140	142.5	347.5	235	<u>252.5</u>	257.5	600	2		
Snr	Tom Rowell	82.4	200	<u>210</u>	215	110	117.5	<u>120</u>	330	240	255	<u>260</u>	590	3		
U21	Callum Goddard	81.3	190	<u>205</u>	215	135	142.5	<u>147.5</u>	352.5	200	215	<u>230</u>	582.5	4		
377	Matthew Price	82.8	180	<u>187.5</u>	192.5	120	127.5	<u>127.5</u>	315	<u>250</u>	260	260	565	5		
363	James Zhao	81.7	180	<u>190</u>	195	97.5	105	<u>110</u>	300	215	230	<u>240</u>	540	6		
Snr	Ricardo Lucas	77.5	185	195	<u>200</u>	105	115	<u>120</u>	320	180	200	210	520	7		
M1	Ali Wilson	81.9	130	140	<u>145</u>	110	115	<u>117.5</u>	262.5	<u>190</u>	207.5	207.5	452.5	8		

Side Referee\_ Jackie Blasbery Centre Referee\_ John Bevan Side Referee\_ Chris Gladding dr = Divisional Record

**Championship** East Midlands Senior powerlifting champs B/W Class/s **Venue** Letchworth **Date** 13-12-15 B/WName **Bench Press** S/T **Dead Lift** Total **PN** Age Squat Men **93Kg** Kevin Jane **M**3 92.7 162.5 365/3 137.5 Wilberth Solano 92.4 Alp Notghi 84.1 Gary Allen 90.7 187.5 132.5 137.5 312.5 522.5 Snr Nuno Lima 88.3 Snr Varun Choda 90.3 105K Richard Patman 94.9 Snr James Thompson 96.1 207.5 212.5 137.5 357.5 252.5 M1 Justin Green 100.7 137.5 112.5 202.5 452.5 120Kg Sam Harvey 119.3 252.5 272.5 272.5 192.5 257.5 722.5 U23 Francis Sanders 109.5 <u>240</u> Thomas Vazson 116.5 232.5 247.5 262.5 162.5 162.5 682.5 Snr 412.5 Rhett Milton 105.5 162.5 Snr Jake O'Neill (Guest) Snr 106.9 120+Kg Andrew Hodgson 122.1 

Side Referee\_ Andy Rodney

Centre Referee\_ Jackie Blasbery

Side Referee \_Sarah Marsden