

Discharge Summary

Patient Name: John Doe

Age: 56

Date of Admission: 2025-02-20

Date of Discharge: 2025-02-25

Chief Complaint:

Patient presented with shortness of breath and chest pain.

History of Present Illness:

John Doe is a 56-year-old male with a history of hypertension and type 2 diabetes mellitus. He was admitted with worsening dyspnea and chest discomfort. ECG and cardiac enzymes were consistent with a non-ST elevation myocardial infarction (NSTEMI).

Hospital Course:

The patient was started on dual antiplatelet therapy and underwent cardiac catheterization which revealed 80% occlusion of the left anterior descending artery. A drug-eluting stent was placed.

Discharge Medications:

- Aspirin 81 mg daily
- Clopidogrel 75 mg daily
- Atorvastatin 40 mg daily
- Metformin 500 mg BID

Follow-up:

Cardiology clinic in 1 week. Monitor blood pressure and blood glucose daily.

Discharge Condition:

Stable. Ambulating without assistance. Tolerating oral intake.

Instructions:

Advised on lifestyle changes including low-sodium diet, exercise, and medication adherence.