YOUR TITLE HERE

STAT 231: Calendar Query

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2024-02-28

Introduction

We all are familiar with the same loop: you wake up ready for a brand new day at 9am with so much energy, and all of a sudden you look at the clock it's 2am and you still haven't finished your physics assignments. Where does all your time go? More specifically, how is an average college student's time (like mine) divided between each of his courses, work routine and sleep, and in which locations? These are the questions that I aim to tackle in this report.

But why is knowing where our time is spent important in the first place? I realize that over the course of a semester our lives become rather disorganized and haphazard. We also get stuck in the same routine, in the same places, over and over again. By looking at *where* I spend my time and *how*, I am able to then consider how I could optimize work efficiency and change up where I work; this would in turn allow me to have more time for friends and activities and meet new people in new places.

Data collection

For the duration of the two weeks, I made sure to record the duration of my "work" and sleep at the end of each day. In particular, my work was subdivided into 3 categorical variables: courses, homework, and my job. The variables for courses and homework were further subdivided into 4 categorical variables i.e which course was the work being done for. (For instance, Physics124 Coursework and Stat231 Homework). All these categorical variables intended to record two things:

1. Location Data (where did this event take place?)

2. Interval Duration (how long did this event last?)

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# Data import (requires **ical** package)
cal_import <- ical_parse_df("stat231tracking.ics")</pre>
# Data wrangling
mycal <- cal_import %>%
  # Google Calendar event names are in a variable called "summary";
  # "activity" is a more relevant/informative variable name.
  rename(activity = summary) %>%
  mutate(
    # Specify time zone (defaults to UTC otherwise)
    across(c(start, end),
           .fns = with_tz,
           tzone = "America/New_York"),
    # Compute duration of each activity in hours
    duration_hours = interval(start, end) / hours(1),
    # Examples of getting components of dates/times
    # Note:
    # i. these could be based on either start datetime or end datetime
    # ii. you do NOT need all of these!! so only use what you need
    date = date(start),
    year = year(start),
    month number = month(start),
    month_label = month(start,
                        label = TRUE,
                        abbr = FALSE),
    weekday_number = wday(start),
    weekday_label = wday(start,
                         label = TRUE,
                         abbr = FALSE),
    hour = hour(start),
    time = hour(start) + minute(start)/60,
    # Convert text to lowercase and remove repeated or leading/trailing
    # spaces to help clean up inconsistent formatting.
    across(c(activity, description),
           .fns = str_to_lower),
```

```
across(c(activity, description),
              .fns = str_squish)
    ) %>%
    # The first Google Calendar entry is always an empty 1969 event
    filter(year != 1969)
Warning: There was 1 warning in `mutate()`.
i In argument: `across(c(start, end), .fns = with_tz, tzone =
  "America/New_York")`.
Caused by warning:
! The `...` argument of `across()` is deprecated as of dplyr 1.1.0.
Supply arguments directly to `.fns` through an anonymous function instead.
  # Previously
  across(a:b, mean, na.rm = TRUE)
  # Now
  across(a:b, \(x) mean(x, na.rm = TRUE))
  kable(mycal)
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To analyse my data, I focused on 3 key aspects of the ICS file:

- 1. The time interval that has been calculated using the code above
- 2. The location data
- 3. The activity name

For my first visualization, I decided to make a box plot to encapsulate the median duration of work that was spent on assignments for each class and job. This demonstrates how my time awake was spent outside of class on my work. For the second visualization, I made a bar graph showing the cumulative time spent on each of my courses, my job and sleep. As for the table,

```
wrangled_mycal <- mycal %>%
select(activity, description, duration_hours) %>%
```

```
rename(
    Activity = activity, Location = description, Duration = duration_hours)
wrangled_mycal$Duration = round(wrangled_mycal$Duration, 3)
kable(wrangled_mycal)
```

Activity	Location	Duration
sleep	dorm	7.250
sleep	dorm	7.000
${\it stat} 231 {\it coursework}$	webster	1.500
math 211 course work	smudd	1.000
physics124coursework	sciencecentre	1.000
$\cos c112 course work$	sciencecentre	1.000
physics124homework	dorm	2.000
physics124coursework	sciencecentre	3.000
${\it stat} 231 {\it homework}$	sciencecentre	2.000
job	library	1.500
$\cos c112 homework$	dorm	1.500
math 211 homework	sciencecentre	1.250
job	dorm	2.000
job	sciencecentre	4.000
physics124homework	sciencecentre	1.250
math 211 homework	dorm	1.500
physics124homework	library	3.250
math 211 course work	smudd	1.000
physics124coursework	sciencecentre	1.000
$\cos c112 course work$	sciencecentre	1.000
sleep	dorm	6.000
sleep	dorm	8.000
${\rm stat}231{\rm homework}$	sciencecentre	1.750
sleep	dorm	7.500
sleep	dorm	9.000
sleep	dorm	9.000
sleep	dorm	8.000
sleep	dorm	6.500

Activity	Location	Duration
stat231coursework	webster	1.500
math211coursework	smudd	1.000
physics124coursework	sciencecentre	1.000
$\cos c112 coursework$	sciencecentre	1.000
physics124coursework	sciencecentre	1.000
job	library	1.000
${ m math}211{ m homework}$	sciencecentre	2.250
physics124homework	sciencecentre	3.000
job	dorm	3.250
math211coursework	smudd	1.000
${\it stat} 231 {\it coursework}$	webster	1.500
physics124coursework	sciencecentre	1.000
$\cos c112 coursework$	sciencecentre	1.000
job	library	2.250
physics124homework	sciencecentre	1.750
${\it stat} 231 {\it homework}$	dorm	1.000
sleep	dorm	7.500
job	library	4.017
$\cos c112 homework$	dorm	1.000
job	dorm	1.000
job	sciencecentre	4.033
${\it stat} 231 {\it homework}$	dorm	1.500
physics124homework	dorm	4.000
$\cos c112 homework$	dorm	1.500
${\rm stat}231{\rm homework}$	dorm	2.000
math 211 course work	smudd	1.000
physics124coursework	sciencecentre	1.000
$\cos c112 course work$	sciencecentre	1.000
physics124coursework	sciencecentre	3.000
${\rm math}211{\rm homework}$	dorm	2.000
${\rm stat}231 {\rm coursework}$	webster	1.500
math 211 course work	smudd	1.000
physics124coursework	sciencecentre	1.000
sleep	dorm	7.000
sleep	dorm	6.000

Activity	Location	Duration	
job	library	1.500	
$\cos c112 course work$	sciencecentre	1.000	
job	sciencecentre	2.250	
physics124homework	sciencecentre	2.000	
math211homework		0.750	
job	library	1.000	
physics124	sciencecentre	3.000	
job	sciencecentre	1.500	
job	library	1.500	
$\cos c112 homework$	library	1.000	
stat231homework	library	1.500	
sleep	dorm	11.000	
sleep	dorm	5.000	
stat231coursework	webster	1.500	
math211coursework	smudd	1.000	
physics124coursework	sciencecentre	1.000	
cosc112coursework	sciencecentre	1.000	

Results

So what does my day look like when I'm not in class?

Below (Fig 1.0) are box plots for each of the activities (excluding coursework and sleep) that were carried out throughout the two weeks. The activities are shown categorically on the y-axis and the duration (in hours) is shown as a quantitative variable on the x-axis. Each box plot describes 3 key things: the median duration for the activity, the interquartile range and the minimum and maximum duration of time that has been spent on the activity.

```
ggplot(homeActivities_plot, aes(x = Activity, y = Duration)) +
  geom_boxplot(fill = "white", color = "black") +
  theme_minimal() +
  coord_flip() +
  labs(x = "Activity", y = "Duration (hours)",
      title = "Distribution of Duration for Each Activity") +
      facet_grid(~Location)
```

Distribution of Duration for Each Activity

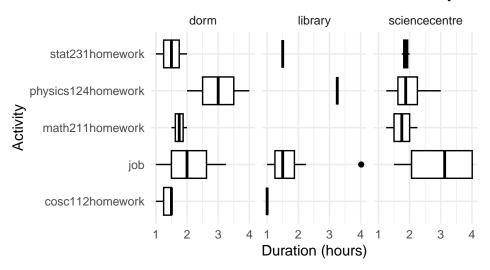


Fig 1.0

Although it was interesting to see how my activities outside of class varied in their duration, I was curious to know *exactly* what my time distribution was including all my activities over the course of the past 2 weeks. This visualization is shown in the bar chart below, where on the x - axis we have the categorical data (the activities that time was spent on) and on the y - axis we have the total duration of time spent on each activity.

```
ggplot(barChart_summarized, aes(x = Activity, y = Total_Time)) + geom_bar(stat = "identity
labs(x = "Activity", y = "Total Duration (hours)", title = "Total Time Spent on Each Act
```

Total Time Spent on Each Activity

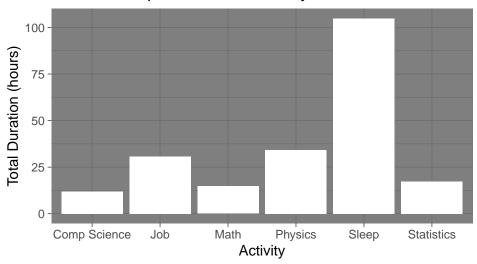


Fig 1.1

```
wrangled_table_mycal <- mycal %>%
 select(
    activity, duration_hours, weekday_number
 ) %>%
 rename(
    Activity = activity, Duration = duration_hours,
    Weekday = weekday_number) %>%
   mutate(Activity = case_when(str_detect(Activity, "physics") ~ "Physics",
                              str_detect(Activity, "math") ~ "Math",
                              str_detect(Activity, "cosc") ~ "Comp Science",
                              str_detect(Activity, "sleep") ~ "Sleep",
                              str_detect(Activity, "job") ~ "Job",
                              str_detect(Activity, "stat") ~ "Statistics",
                              TRUE ~ "Other")) %>%
    filter(Activity %in% c("Job", "Physics", "Math", "Comp Science"
                          , "Statistics"))
wrangled_table_mycal$Duration = round(wrangled_table_mycal$Duration, 3)
```

```
summary_table_mycal <- wrangled_table_mycal %>%
  group_by(Activity, Weekday) %>%
  summarize(
 Mean_Time = mean(Duration)
 ) %>%
 arrange(Weekday) %>%
 mutate(Weekday = case_when(str_detect(Weekday, "1") ~ "Monday",
                             str_detect(Weekday, "2") ~ "Tuesday",
                             str_detect(Weekday, "3") ~ "Wednesday",
                             str_detect(Weekday, "4") ~ "Thursday",
                             str_detect(Weekday, "5") ~ "Friday",
                             str_detect(Weekday, "6") ~ "Saturday",
                             str_detect(Weekday, "7") ~ "Sunday"))
pivoted_summary <- summary_table_mycal %>%
 pivot_wider(
   names_from = Weekday,
   values_from = Mean_Time
 )
kable(pivoted_summary, booktabs = TRUE)
```

Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Job	1.5	2.75	1.583333	2.339000	1.5000	2.516500	4.000
Math	2.0	1.25		1.062500		1.166667	
Comp Science		1.00		1.083333		1.000000	1.500
Physics		1.75	1.916667	1.000000	2.3125	1.000000	3.625
Statistics		1.50	1.000000	1.600000	1.5000		1.875

```
# Code for table
# Only code for your table should be here (no or very minimal wrangling code)
```

Conclusions

Reflection

Throughout this project, there were many considerations that I had to make that ranged from the data collection itself to the analysis and presentation. Each step of the way allowed me to grow as a data scientist, and in this reflection I aim to break down the various aspects of these steps.

Difficulties in Data Collection & Future Projects

Let's start off by stating the obvious: data collection is a **difficult** process. Mainly, it was the problem of making sure that my data was accurate and in line with what the goals of my questions were. My first hurdle was ensuring that I was able to track my time precisely on the calendar - this was difficult to do as often times I would find myself having gone through half the day and remembering that I hadn't tracked my day yet. Luckily, I had solutions to this: I tracked my sleep regularly on my Apple Watch which gave me an accurate representation of sleep as I would not be in a state of mind to note it down when I woke up and secondly, I had a calendar of my courses and time tracking for my job so I could determine where I spent those hours. Unfortunately, my homework time tracking was still somewhat inaccurate due to the forgetfulness of human nature and human error. My second issue with my data tracking cycle was about a couple days in I realized that I had only tracked my time in activities outside of my classes as "work". This was not helpful to me, as I wanted to know how my work outside my classes was split over the day, and so I had to revisit my data analysis cycle and add to my tracking on how much time I spent on specific homework.

If I were to repeat this project, I would focus on making sure that I had a more formalized and rigorous proposal. Although I did do it this time around, for next time I would explicitly define my variables into categorical and quantitative variables and plot dummy visualizations so I could predict the difficulties in the analysis part (i.e wrangling and coding). Sometimes, we need data in the analysis that we didn't realize was relevant in the original proposal, and so going through the process initially would help crystallize a pathway moving forward.

Was the data enough?

After I had plotted my table and visualizations, I came to a stark realization: my dataset wasn't expansive enough. There could have been biases in my data, as these past few weeks have been leading up to midterms it would mean I would have been studying more and sleeping less. It only captures a small segment of how my school semester is spent, and to accurately see the distribution of my time I would have to collect data over the period of the entire semester. This isn't to say my data didn't satisfactorily answer my questions, rather there are more questions that arise from the data I've already collected. I believe collecting data over

the period of a semester would not be too difficult if one makes it a routine, and it is definitely plausible as it's simply time tracking.

Providing Data & Ethical Responsibilites

Data is our modern currency, and so just like a transaction with anyone, I have expectations from that entity. By giving out my data, my most important expectation would be for it to only be used for the activity that I have consented to, for example google maps only using my location for the sole purpose of improving its maps features. If however, they sell my data to other companies so they can use it for targeted ads, it would nullify the contract and my expectations.