

Shamrock Assist

2nd Floor, 13 Baggot St Upper,

Dublin 4, D04 W7K5

W: www.shamrockassist.com

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P: 01-6854700 & 01-6994321

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CURRICULUM VITAE

SRA Locum Template

It is of importance that all our CVs are received in the same format. We appreciate if you could fill this template out and return to info@sralocum.com. Should you have any questions please contact : Shahid Ali, Locum Coordination Consultant, SRA Locum (00353 1 685 4700).

DR. MUHAMMAD MOAZZAM GULZAR

Paediatrics Respiratory Registrar

Children Health Ireland (CHI) at Tallaght

Tallaght University Hospital

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PERSONAL DETAILS

Name:	Muhammad Moazzam Gulzar
Home Address:	18 Castle Mews, Kilminchy, Portlaoise
Work Address:	Tallaght University Hospital, Dublin
Date of Birth:	21 st March 1991
Marital Status:	Married
Nationality	Pakistani
MRCN:	416330 (Medical Council Ireland)
Current Post:	Paediatrics Respiratory Registrar

EDUCATION AND QUALIFICATION:

Secondary School Certificate

Govt. Comp. High School, Rawalpindi, Pakistan

2006

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Matriculation 82% (A+ Grade)

Higher Secondary School Certificate

F.G. Quid-e-Azam Degree College, Rawalpindi, Pakistan

2008

F.Sc. (Pre-Medical) 78 % (A Grade)

Undergraduate (MBBS)

Wah Medical College, Wah Cantt, Pakistan

2014

POSTGRADUATE EXAMS

FCPS, Pakistan, Part I (Medicine and Allied)

2015

MRCPC Part I (FOP + TAS)

2018

MRCPC Part II (AKP)

2020

MRCPI Paediatrics Part I

2020

Locum History:

<u>9th July 2021</u>	<u>Paeds SHO</u>	<u>Midland Regional Hospital Portlaoise</u>
<u>3rd Jan 2022</u>	<u>Paeds SHO</u>	<u>Midland Regional Hospital Portlaoise</u>
<u>19th March 2022</u>	<u>Paeds Registrar</u>	<u>Midland Regional Hospital Portlaoise</u>
<u>1st May 2022</u>	<u>Paeds Registrar</u>	<u>Midland Regional Hospital Portlaoise</u>
<u>19th Aug 2022</u>	<u>Paeds Registrar</u>	<u>Midland Regional Hospital Portlaoise</u>
<u>30th Sept 2022</u>	<u>Paeds SHO</u>	<u>Midland Regional Hospital Portlaoise</u>
<u>15th Nov 2022</u>	<u>Paeds SHO</u>	<u>Midland Regional Hospital Portlaoise</u>
<u>12th, 17th & 18th Dec 2022</u>	<u>Paeds SHO</u>	<u>Midland Regional Hospital Portlaoise</u>
<u>26th Dec 2022</u>	<u>Paeds Registrar</u>	<u>Midland Regional Hospital Portlaoise</u>
<u>21st Jan 2023</u>	<u>Paeds Registrar</u>	<u>Midland Regional Hospital Mullingar</u>
<u>18th Feb 2023</u>	<u>Paeds Registrar</u>	<u>Midland Regional Hospital Mullingar</u>

WORK EXPERIENCE:

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Medical Electives–Gartnavel General Hospital, Glasgow, U.K.

(June, 2012)

Internship – P.O.F. Hospital, Wah Cantt, Pakistan

One year of internship (House job) from 5th May 2014 to 4th May 2015 including the following rotations

- | | |
|---------------------|---|
| 1. General Medicine | 05 th May – 04 th Nov, 2014 |
| 2. Surgery & Allied | |
| • General Surgery | 05 th Nov '14 – 04 th Mar, 2015 |
| • Radiology | 05 th Mar – 04 th May, 2015 |

Medical Officer –Tehsil Headquarter Hospital, Kotli Sattian

27th July 15 – 1st Jan, 2016

PAEDIATRICS EXPERIENCE

Specialist Registrar, Paediatric Medicine – Military Hospital, Rawalpindi, Pakistan

Starting from 18th January 2016, I worked in Pediatrics department as FCPS-II trainee (Specialist Registrar) till 30th July 2017. During my postgraduate training at MH, Rawalpindi. I did 3 months rotation in Paediatrics Oncology and another 5 months rotation in Neonatology as Specialist Registrar.

Specialist Registrar, Paediatrics – K.R.L. General Hospital, Islamabad, Pakistan

31st Jul 2017 – 25th Jan 2018

31st Jan 2018 – 13th Jan 2019

SHO in Neonatology –The Rotunda Hospital, Dublin

14th Jan 2019 – 7th Jul 2019

I won the intra-hospital audit competition and also presented my audit on *SBAR communication between Midwives and Paediatrics SHO*, at annual RCSI Neonatal Network Group meeting.

Registrar Paediatric Emergency – CHI at Crumlin

8th Jul 2019 – 12th Jan 2020

I linked with my supervisor and two of the Consultant Cardiologist in CHI at Crumlin to work on a quality improvement project in regards to ECG reporting by NCHDs in ED. For this, an "Paediatric ECG Checklist and Education Proforma" was designed. Later on this project won NOCA Annual Quality improvement Champion Award 2020.

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Registrar Paediatric Medicine – MRH, Portlaoise

13th Jan 2020 – 10th Jan 2021

Respiratory Registrar – CHI at Tallaght (T.U.H)

11th Jan 2021 – till date

SHO in Paediatrics –MRH, Portlaoise, Ireland

9th Jul 2021

Personal Achievements:

My achievements are:

- Winner of National Audit of Clinical Audit (NOCA) Annual Quality Improvement Champion Award 2020 at NOCA Annual Conference in February 2020.
- Winner of Intra-hospital Audit competition at Rotunda Hospital in June 2019.
- Being Lead for SHO team at Rotunda Hospital introduced the new 12 hour on-call shift for weekends for SHO for the first time.
- Management of duty rota of my colleague Registrars and assisting nurses working at NICU, Combined military Hospital, Rawalpindi

Publications and QI Projects:

- When COVID19 hit and world went into lockdown in early months of 2020, I took initiative of running 'stress management sessions' with hospital staff from different departments and different domains this got published in IMJ in June 2020.
- Oral presentation on 'Breathing Retraining in Asthmatic Children to Reduce Steroid Usage' at Irish Paediatrics Association (IPA) Annual Meeting 2020.
- Case report on GBS sepsis leading to cellulitis of neck in infancy poster presentation at IPA Annual meeting 2020.
- Case report on 3-methyl-crotonyl-glycinuria- poster presentation at IPA 2020.
- I introduced an 'ISBAR tool pocket card' as well as stickers for midwives and labour rooms in MRH Portlaoise, respectively, to follow ISBAR tool of communication during pre and perinatal handovers and while bleeping the SHO to attend the deliveries.
- I designed a template for admission notes/card for NCHDs in SCBU, MRH Portlaoise.
- I also designed a pocket card with 'algorithm on management of jaundiced baby' to help SHOs follow the plan and ease their work in postnatal wards.
- I developed patients' digital record (using Microsoft Word and Excel) for the first

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time in NICU at CMH Rawalpindi, Pakistan. I also amended the existing discharge template for better neonatal case summaries.

COURSES & WORKSHOPS:

- | | |
|--|---|
| • RCPI - BST Leadership skill, Leadership in Clinical Practice | 15 th May 2020 |
| • RCPI Child Protection; Recognition & Response | 27 th Nov 2019 |
| • Advance Paediatrics Life Support (APLS) | 16 th & 17 th July 2018 |
| • Neonatal Resuscitation Program (NRP) | May 2020 |
| • Design thinking for doctors | Jan 2019 |
| • Masterclass - To avoid stress in medical professionals | Feb 2019 |
| • Open Disclosure Workshop (RCPI) | Apr 2019 |
| • Paediatrics Clinical Skill (RCPI) | May 2019 |
| • Neonatal Mechanical Ventilation Workshop | 28 th & 29 th Oct 2016 |

AUDITS

- Audit in ECG documentation by NCHDs in ED CHI at Crumlin, leading to developing Paediatric ECG checklist (Won NOCA Annual QI Champion Award 2020)
- Audit on SBAR tool assessment for communication between midwives and Paediatrics SHO while being called to attend the deliveries and C-sections at The Rotunda Hospital, Dublin. (Won 1st prize in intra-hospital audit competition- 2019)
- Audit on Growth chart maintenance of patients admitted in SCBU at MRH Portlaoise.

CLINICAL EXPERIENCE:

General Paediatrics:

- Management of patients in hypovolemic and septic shock, DKA
- Lumbar punctures for CSF sampling
- Management of patients with status asthmatics and status epileptics.

Paediatrics Oncology:

- Management of patients undergoing chemotherapy, and

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- Intrathecal injections (IT Methotrexate/ IT Cytarabine)
- Assisted the bone marrow biopsy, and performed under supervision.

Neonatal ICU Experience:

- Neonatal resuscitation; Intubation, CPR, IN-SUR-E, Needle aspiration, UVC insertion, and mechanical ventilation in critical patients
- Case presentations and monthly mortality meetings

TEACHING EXPERIENCE:

- History taking and clinical examination skill to the medical student during the out-patient clinics and wards at MRH, Portlaoise and Rotunda Hospital.
- Delivered lectures to B.Sc Nursing students, under the umbrella of Armed Forces Postgraduate Medical Institute (AFPGMI) Rawalpindi.
- Clinical examination to the student of Fourth & Final Year MBBS, at CMH, Rawalpindi

REFERENCES

Dr Cathryn O'Carroll

Consultant Paediatrician

Children Health Ireland at Tallaght

Cathryn.OCarroll@tuh.ie

Prof. Basil Elnazir

Consultant Paediatric Pulmonologist

Children Health Ireland at Tallaght

Basil.elnazir@tuh.ie

Dr Paul Gallagher

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Midland Regional Hospital

Email: paul.gallagher6@hse.ie