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CURRICULUM VITAE

SRA Locum Template

It is of importance that all our CVs are received in the same format. We appreciate if you could fill this template out and return to info@sralocum.com. Should you have any questions please contact : Shahid Ali, Locum Coordination Consultant, SRA Locum (00353 1 685 4700).

HISHAM EI TAHIR AHMED ELSHEIKHIDRIS

MB,BS

MRCPI

MRCPsych

MRCPS (Glasg)

DMMD

DPM

DCP

Name: HISHAM ELTAHIR AHMED EL SHEIKHIDRIS

Home Address: 4 Stanford
Harlech Grove
Yale Road
Ardilea
Clonskeagh
Dublin 14
County Dublin, Ireland

Date of Birth: 15/08/1967

Marital Status: Married

Nationality: Irish

Specialty: General Adult/Old Age Psychiatry

Qualifications: 1994 - **MB, BS** (University of Khartoum, Sudan)
2002 - **DCP** (RCPI&RCSI)
2002 - **DPM** (RCPI&RCSI)
2002 - **USMLE** (Step 1)
2003 - **MRCPI**
2006 - **MRCPsych**
2008 - **DMMD** (RCSI)
2010- **PG Cert. in Healthcare Informatics**
2011 –**MRCPS** (Glasgow)

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2012- Diploma in Drug & Alcohol Studies (U of L)

Other Qualifications: Full Driving License

Section 22 Approved under the Scottish Mental Act (2003)

Approval Clinician- section 12(2) of the Mental Health Act 1983

Registration:

GMC (UK), Specialist Registration No 6088798.

Irish Medical Council, Specialist Registration No: 24253.

Sudanese Medical Council, Full Registration No: 8778.

WORK EXPERIENCE:

Locum History

<u>Date</u>	<u>Grade</u>	<u>Area</u>
1 st Sept 2022 – Present	Consultant Psychiatry	St. Fintan's Hospital, Portlaoise, Co. Laois

Current Appointment:

24/03/2014 up to date- Old Age Consultant Psychiatrist

Laois/Offaly Mental Health Services

Psychiatric Unit, Midland Regional Hospital,

Portlaoise, Co-Laois, Ireland

Midland Regional Hospital, Portlaoise is a 152 bedded acute hospital serving the catchment areas of Laois, Offaly, Kildare, Carlow and Tipperary. (MRHP) provides a comprehensive range of services which forms an integral part of the Health Service Executive, Midland region. MRHP is a teaching hospital with links to the University of Limerick, Ireland. Laois/Offaly Mental Health Services serve a population of 138,000 which comprises the two big counties, namely Laois and Offaly. The psychiatric department incorporates 49 beds, offering inpatient care to service users over 18, along with mother and baby accommodation and facilities which are specifically designed to accommodate people over 65 with specific mental health needs. I am responsible for providing effective clinical leadership and advisory support to Old Age Mental Health Team consisting of a Registrar, SHO, ADON, Psychologist; Social Worker and 7 community and day hospital nursing staff. The services cover two big counties in the

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Midland area involving County Laois and Offaly, Ireland with large population of people who are over 65. I have mastered my previous experience in assessing, managing old age patients in a variety of settings and in Liaison with different agencies and disciplines. I also had the opportunities to do some medico-legal work arising in the course of routine clinical work. I also provided regular teaching and supervision for my junior doctor and medical student from University of Limerick.

01/01/2011 to 14/03/2014- Consultant Psychiatrist

Department of Psychiatric, Letterkenny General Hospital,
Letterkenny, Co- Donegal, Ireland

Letterkenny General Hospital (LGH) is an acute 332 bedded hospital serving a population of 146,956; it provides a comprehensive range of services which forms an integral part of the Health Service Executive, North West Region. LGH is a teaching hospital with links to the National University of Ireland Galway, the Royal College of Surgeons and the Letterkenny Institute of Technology. The psychiatric department incorporates 34 beds, offering inpatient care to service users over 18, along with mother and baby accommodation and facilities which are specifically designed to accommodate people over 65 with specific mental health needs. It is a teaching unit recognized for psychiatric training. My duties include providing clinical leadership for Community based Multidisciplinary Team consisting of 4 Community Psychiatric Nurses, Social Worker, Psychologist, Cognitive Behavioural Therapists, 2 Occupational Therapists, addiction counsellor, Psychiatric Liaison Specialist Nurse and family therapist. My responsibilities also includes looking after in-patients and managing patients at three out-patients clinic a week, in addition to providing continuous supervision and medical input for day hospital nursing staff. My duties also includes providing liaison consultation work to other medical/surgical departments and continuous supervision for other members of the team including Psychiatric Registrar and other junior doctors, this in addition to participating regularly on the consultant on call rota. I am also actively involved in the hospital local academic activities including journal clubs, teaching, service improvement and management meetings. I also provide regular medical teaching and supervisions for medical student from the National University of Ireland, Galway. I also carry out regular medico-legal work as well as been directly involved in all aspects of the Mental Health Act 2001 in my daily practice.

During this period, I have finished a one year, part time Diploma in Drugs and Alcohol Studies at the University of Limerick, Ireland which has assisted in mastering my knowledge and skills relating to alcohol and substance misuse. It also helped me a lot in relating this new learning opportunity to my professional work and daily clinical practice.

04/10/2010 to 31/12/2010- Consultant Psychiatrist

Bradgate Mental Health Unit
Glenfield Hospital/Leicester General Hospital
Leicester LE3 9EJ, UK

My duties involved providing clinical leadership for a Community Multidisciplinary Mental Health Team at the Bradgate Mental Health Unit, Leicester, UK, looking after in-patient and managing patients at two out-patient clinic as well as dealing with emergencies within working

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hours including carrying out Mental Health Assessment Act. My duties also include providing supervision for other members of the team including Senior Psychiatric Registrar and other junior doctors and been actively involved in the in-house journal clubs, teaching, service improvement and management meetings. This post provided me with an excellent opportunity working closely with other specialist services including the Crisis Resolution and Home Treatment Team Service, the Early Interventional Psychosis Services, the Assertive Outreach Team and the District Forensic Services in addition to the Drug and Alcohol Services.

07/06/2010 to 05/09/2010- Consultant Psychiatrist

Mayo Mental Health Services

Psychiatric Unit, Mayo General Hospital, Castlebar

Castlebar, Co-Mayo, Ireland

My duties involved looking after a number in-patient and providing leadership for a community team. I was also responsible for managing patients at three outpatients clinics a week in addition to supervising my junior doctor and medical students from University of Galway, this is in addition to participating regularly on the consultant on call rota..

11/01/2010 to 14/05/2010- Consultant Psychiatrist Old age

Bassetlaw Hospital,

Kilton Road

Worksop, Nottinghamshire S81 0BD, UK

Bassetlaw Hospital is one of the key hospitals in the Doncaster and Bassetlaw Hospitals NHS Foundation Trust. The Hospital has 300 beds. My primary duties were provision of clinical leadership and supervision to a multi-disciplinary team for older people (MHSOP) as well as running two outpatient clinics. I was also responsible for managing in-patients on the functional illness ward and the 14 bedded organic wards as well as providing medical input and support for local primary care teams in addition to providing liaison responsibility for those elderly patients presenting to other departments of Bassetlaw hospital. I also undertake educational supervision for my senior house officers and I gave some tutorial sessions to medical students from Sheffield University.

This post provided me with an excellent opportunity in mastering my skills in assessing, managing old age patients in a variety of settings in addition to carry out medico-legal work arising in the course of routine clinical work.

23/11/2009 to 08/01/2010- Consultant Psychiatrist

Royal Edinburgh Hospital (REH)

Morningside Terrace

Edinburgh EH10 5HF

REH is part of NHS Lothian's Primary and Community Division, which is responsible for the health of 620,000 people in Edinburgh, East Lothian and Midlothian.

I had consultant responsibility for an inpatient ward and running three out-patient clinics a week, in addition to providing clinical leadership for a multi-disciplinary team covering eastern part of Edinburgh. I also provided regular teaching and supervision for my junior doctor and medical student from University of Edinburgh.

02/11/2009 to 20/11/2009- Locum Consultant in Old Age

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17/09/2009 to 02/10/2009-

Whyteman's Brae Hospital,
Willow Drive, Whyteman's Brae
Kirkcaldy, Fife, KY12LF

This is a locum cover for a consultant on leave. I have gained good experience by providing effective clinical leadership and advisory support to old age mental health team covering Kirkcaldy area, Fife, Scotland. I have re-enforced my previous experience in assessing, managing old age patients in a variety of settings and in Liaison with different agencies and disciplines. I also had the opportunities to do some medico-legal work arising in the course of routine clinical work. I also provided regular teaching and supervision for my junior doctor and medical student from University of Edinburgh.

05/10/2009 to 01/11/2009- Locum Consultant Psychiatrist

Mayo Mental Health Services
Psychiatric Unit, Mayo General Hospital, Castlebar
Castlebar, Co-Mayo, Ireland

This is a locum cover for two consultants on leave, looking after a number in-patient and providing leadership for a community team covering Claremorris, Swinford and Ballina Sector areas of County May. I was also responsible for managing patients at three outpatients clinics a week in addition to supervising my junior doctor and medical students from University of Galway.

01/06/2009 to 31/08/2009- Consultant Psychiatrist

Laois/Offaly Mental Health Services
Psychiatric Unit, Midland Regional Hospital,
Portlaoise, Co-Laois, Ireland

I was re-employed with the Laois/Offaly Mental Health Service as a Locum Consultant Psychiatrist, providing clinical leadership along with a colleague Consultant Psychiatrist for dedicated Community Multidisciplinary Team (CMDT) in the Portlaoise central sector. The team consisted of Three Community Psychiatric Nurses, Psychologist, 2 Addiction Counsellors, 2 Psychiatric Liaison Specialist Nurses, Occupational Therapist and a number of day hospital/centre nursing staffs. I was responsible for managing patients at three outpatients clinics a week as well as looking after in-patients. My duties also involves supervising junior doctors and the Psychiatric Liaison Nurse. I also worked closely with general practitioners and primary healthcare team especially in Portlaoise city.

27/04/2009 to 20/05/2009- Locum Consultant Psychiatrist

Wishaw General Hospital,
50 Netherton Street,
Wishaw ML2 0DP.

This was a locum cover for a consultant on leave, looking after a number in-patient and providing leadership for a community team covering Bellshill Sector area, Scotland. This was my first experience working in the NHS (UK) in a Well-resourced community based team providing variety of psychosocial interventions including Focused Intervention Team, Clinical Associate in Applied Psychology (CAAP) etc.

16/02/2009 to 05/04/2009- Consultant Psychiatrist

01/01/2009 to 15/02/2009- Study Leave

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23/04/2007 to 31/12/2008 – Consultant Psychiatrist

Laois/Offaly Mental Health Services
Psychiatric Unit, Midland Regional Hospital,
Portlaoise, Co-Laois, Ireland

Having spent my last part of my higher psychiatric training at this services and after obtaining my membership, I was proud to be re-employed at a senior level as a Consultant Psychiatrist since April 2007 with the Laois/Offaly Mental Health Service, initially providing clinical leadership along with a colleague Consultant Psychiatrist for dedicated Community Multidisciplinary Team (CMDT) in the Tullamore sector, later doing covers for different community sectors and again from 16th of February 2009 till the 5th of April 2009.

The Tullamore Sector team consisted of four Community Psychiatric Nurses, Social Worker, Psychologist, 2 Addiction Counsellors, Two Psychiatric Liaison Specialist Nurses, OT, Art Therapist and a number of day hospital/centre nursing staffs. I was responsible for managing patients at three outpatients clinics a week as well as looking after in-patients. My duties also involved supervising junior doctors and the Psychiatric Liaison Nurses. I also worked closely with general practitioners and primary healthcare team especially in Portlaoise Town.

Throughout this period, the community case-load and in-patient commitments varied in between different sectors. This gave me a great opportunity to work in different multidisciplinary teams with varying team compositions, experience and skills. This excellent challenging experience has also strengthened my confidence, my abilities to maintain independent decision-making skill and support for the different multidisciplinary teams. It also gave me an opportunity to work, for a short period of time, at a senior level in specialized services e.g the Rehabilitation and Psychiatry of later life services.

I have regularly participated in the on-call rota for Consultant Psychiatrists covering Laois/Offaly Mental Health Services. I have also participated effectively in local medical board meetings and at sector management activities relating to my area of work. I was also directly involved in all aspects in the MHA 2001 in my daily practice. This gave me an excellent working knowledge of the relevant legislative framework, especially when actively involved in looking after patients who were treated under MHA 2001.

During this period of employment, I have trained and supervised a number of junior doctors in the safe delivery of ECT while acting as ECT tutor for the Offaly//Laois services for a number of months which strengthened my teaching and supervision skills to the high professional standards.

During this period of employment also, I obtained a Diploma of Management which has helped in mastering my management knowledge and skills. It also gave me a excellent understanding of health management concepts, systems and techniques. It did also help me in relating this new learning to my professional work and daily practice.

General Psychiatry

05/02/2007 to 20/04/2007 -Locum Consultant Psychiatrist

Department of Psychiatry, Letterkenny General Hospital,
Letterkenny, Co-Donegal, Ireland

After obtaining my membership, I was proud to be re-employed at a senior level as a Consultant Psychiatrist with the Donegal Mental Health Service at the Letterkenny General Hospital. My duties included looking after in-patients and small number of long stay patients. I was also responsible for managing patients at three outpatients clinics a week which are based

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on the Two big Towns, namely Buncaran and Carndonagh. My work involved providing clinical leadership for Community Multidisciplinary Team of 3 CPNs, SW, psychologist, Cognitive Behavioural therapist, addiction counsellor and Occupational Therapist. It also involved supervising junior doctors.

General Psychiatry 15/01/2007 to 04/02/2007 -Locum Consultant Psychiatrist
West Cork Mental Health Services, Psychiatric Unit
Bantry General Hospital, Bantry, Co-Cork, Ireland

West Cork Mental Health Services cover a catchments area of 30,000 people. My duties included looking after in-patients and long stay patients. I was also responsible for seeing patients at two outpatients' clinics a week. West Cork Mental Health Services also has a dedicated home based community mental health team which involved carrying out a lot of domiciliary visits. The work involved leading team of CPNs, SW, psychologist, addiction counsellor and OT. It also involved supervising junior doctors.

General Psychiatry 01/01/2007 till 12/01/2007 – Registrar in Psychiatry
Laois/Offaly Psychiatric Training Scheme
Psychiatric Unit, Midland Regional Hospital, Portlaoise,
Co-Laois, Ireland

During this period I was responsible for assessing, managing patients presenting in an emergency or at outpatient and following them up while been in-patients and at the community under supervision of my consultant.

Psychiatry of Later life 01/07/2006 till 31/12/2006 – Registrar in Psychiatry
Laois/Offaly Psychiatric Training Scheme
Psychiatric Unit, Midland Regional Hospital, Portlaoise,
Co-Laois, Ireland

I was actively involved in the assessment and treatment of the elderly both at home and in the general hospital in addition to looking after in-patients under consultant supervision. I had the opportunity to look after the day hospital and to be able to observe patients in their own community setting. I gained an excellent experience in dealing with organic and functional illnesses in old people in addition to carrying out extended cognitive state examination under consultant supervision. I also gained good experience in assessing, addressing carers' needs and dealing with people with different needs both physical and psychiatric. My duties also involved giving consultation and liaison responsibility for providing the psychiatric lead to nursing homes and long stay psychiatric ward for patients with dementia and patients with challenging behaviour under consultant supervision.

General Adult Psychiatry 01/07/2005 till 30/06/2006 – Registrar in Psychiatry
Laois/Offaly Psychiatric Training Scheme
Psychiatric Unit, Midland Regional Hospital, Portlaoise,
Co-Laois, Ireland

During this period I was responsible for assessing, managing patients presenting in an emergency or at outpatient and following them up while been in-patients and at community under supervision of my consultant. I have broadened my experience in all manifestations of mental abnormality, mental illness, in assessing those presenting with ideas/acts of Deliberate

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Self Harm and in mastering my skills in risk assessment. I also gained an excellent experience in delivering ECT to patients under consultant supervision and in delivering brief psychological therapy. The medical knowledge I gained after obtaining the MRCPI has helped me later in the assessment of people presenting with physical co-morbidity, in those with medically unexplained symptoms and in those with psychiatric & emotional complications of physical illness. As such, I have gained considerable experience in most of the psychiatric disorders. During this period, I have demonstrated capabilities to work autonomous with minimal supervision which promoted me and encouraged my seniors to re-employ me at a senior level as a Consultant Psychiatrist upon obtaining my MRCPsych.

General Psychiatry

01/01/2005 to 30/06/2005- Registrar in General Psychiatry
Psychiatric Unit
Letterkenny General Hospital
Letterkenny, Co-Donegal, Ireland

During this period I was responsible for assessing, managing patients presenting in an emergency or at outpatient and following them up while been in-patients and at community under supervision of my consultant. I was also responsible for assessing those presenting with ideas/acts of Deliberate Self Harm and addiction problems which helped me in improving my skills in risk assessment. I also gained good experience in delivering ECT to patients under consultant supervision.

Child & Adolescent Psychiatry 01/07/2004 to 31/12/2004- Registrar in Psychiatry

Psychiatric Unit
Letterkenny General Hospital
Letterkenny, Co-Donegal, Ireland

I gained an excellent experience in assessing children/adolescents presenting with developmental, school and psychological problems working jointly with a dedicated team under consultant supervision. My duties also involved in the provision of liaisons services to the pediatric/medical team in relation to children and adolescence presenting to Letterkenny General Hospital under direct consultant supervision.

Psychiatry of Old Age

01/01/2004 to 30/06/2004- Registrar in Psychiatry
Psychiatric Unit
Letterkenny General Hospital
Letterkenny, Co-Donegal, Ireland

I was actively involved in the assessment and treatment of the elderly both at home and in the general hospital in addition to looking after in-patients under consultant supervision. I had the opportunity to observe patients in their own community setting. My duties also involved giving consultation and liaison responsibility for providing the psychiatric lead to nursing homes and long stay psychiatric ward for patients with dementia and patients with challenging behaviour under consultant supervision.

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Psychiatry of Learning Disability 01/07/2003 to 31/12/2003- Registrar in Psychiatry

Psychiatric Unit
Letterkenny General Hospital
Letterkenny, Co-Donegal, Ireland

This placement enriched my training experience by offering me the opportunity to develop my skills working in a truly multidisciplinary setting with people who seemed to require a specialist service due to their unique disabilities. I also gained good experience in assessing, addressing career's needs and in dealing with people with learning disability who have different needs.

General Psychiatry

01/01/2003 to 30/06/2003- S.H.O in General Psychiatry

Psychiatric Unit
Letterkenny General Hospital
Letterkenny, Co-Donegal, Ireland

I was responsible for assessing, managing patients presenting in an emergency or at outpatient and following them up while been in-patients and at community under supervision of my consultant. My duties also involved in the provision of liaisons services to other specialties in Letterkenny General Hospital.

General Psychiatry

01/07/2002 to 31/12/2002- S.H.O in General Psychiatry

Psychiatric Unit
Letterkenny General Hospital
Letterkenny, Co-Donegal, Ireland

I was responsible for assessing, managing patients presenting in an emergency or at outpatient and following them up while been in-patients and at community under supervision of my consultant. I had the opportunity to look after long stay psychiatric patients in SRU based in Carndonagha area under consultant supervision. I also gained good experience in delivering ECT to patients under consultant supervision.

General Psychiatry

01/07/2001 to 30/06/2002- SHO in General Psychiatry

Psychiatric Unit
Letterkenny General Hospital
Letterkenny, Co-Donegal, Ireland

I was responsible for assessing, managing patients presenting in an emergency or at outpatient and following them up while been in-patients and at community under supervision of my consultant. I also gained a satisfactory experience in working in a structured multidisciplinary (hospital & community based) teams which helped me in improving my communication skills and in gaining good knowlwdge of community services. I had the opportunity to look after the day hospital patients as an alternative to admission to hospital. in delivering brief psychological therapy

General Psychiatry

01/01/2001 to 30/06/2001 - S.H.O in General Psychiatry

Psychiatric Unit,
Bantry General Hospital,
Bantry, Co- Cork, Ireland

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I was responsible for assessing, managing patients presenting in an emergency or at outpatient and following them up while been in-patients and at community under supervision of my consultant. Although this period was relatively quieter than my previous job, I benefited a lot by having the opportunity to work in a dedicated home based community mental health team which involved carrying out a lot of domiciliary visits.

General Psychiatry **01/09/2000 to 31/12/2000 - S.H.O** in General Psychiatry
North Lee Mental Health Services,
St Michael's Unit
Mercy Hospital,
Cork, Co- Cork, Ireland

This was my first job in Ireland which opened my eyes in seeing how the community based team works. I gained a lot by working in this busy but friendly service which covered a large area of North Lee Cork. I was responsible for assessing and managing patients presenting both to the A/E Mercy Hospital and at the outpatient under direct consultant and registrar supervision. This furthered my knowledge of the diagnosis and management especially in patients presenting with DSH or suffering from addiction problems.

Study Leave **04/06/2000-31/08/2000**
During this study break I studied for the Temporary Registration Assessment Scheme (TRAS) examinations to be registered with Irish Medical Council.

General Medicine **09/12/1997 to 03/06/2000 –SHO**
Afif General Hospital, Afif, K.S.A

This was my first experience in the KSA working as a Medical Officer, I was responsible for taking history, performing relevant examination & investigations of patients who present acutely at A/E Afif General Hospital or at the medical outpatient clinics. I was also responsible for dealing with most of the medical emergencies while I am on duty under Consultant supervision. The knowledge and experience gained during this period has assisted me a lot in obtaining the MRCPI upon travelling to Ireland.

General Psychiatry **21/07/1996 to 02/12/1997 -S.H.O** in Psychiatry
Khartoum Teaching Hospital, Khartoum, Sudan

I gained satisfactory experience in history taking, performing the mental state examination and requesting the relevant investigations to those presenting in an emergency and at out-patient with different psychological problems under registrar and consultant supervision. I realized the need for team and community work in psychiatry as the service was solely hospital based. I was actively involved in carrying out regular on-calls under supervision.

General Psychiatry **20/05/1996 to 20/07/1996- Intern**
Khartoum Teaching Hospital
Khartoum, Sudan

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This was my last resident intern job and my first experience in psychiatry which has re-enforced my interest in pursuing psychiatry as a career. This department was one of the largest psychiatric services in Sudan. I was responsible for taking history , performing relevant examination & investigations of patients who present acutely or at the outpatient clinics with psychiatric and psychological problems under registrar and consultant supervision.

Dermatology **19/03/1996 to 19/05/1996-** Intern
Skin & STD Teaching Hospital (Khartoum)
Khartoum, Sudan

I gained satisfactory experience in dealing with dermatological emergencies and chronic skin conditions under supervision.

Ophthalmology **19/01/1996 to 18/03/1996-** Intern
Khartoum Teaching Eye Hospital
Khartoum, Sudan

I also gained satisfactory experience in dealing with ophthalmological emergencies and chronic eye conditions under supervision.

Orthopaedics **17/10/1995 to 18/01/1996-** Intern
Khartoum Teaching Hospital
Khartoum, Sudan

I was responsible for taking history , performing relevant examination & investigations of patients who present acutely or at the outpatient clinics with joint/bone problems. I was also responsible for dealing with most of the accident and trauma emergencies while I am on duty under Consultant supervision. During this placement I gained a satisfactory experience in the arrangement of the preoperative investigations and in managing with the pre/post-operative care under supervision. I got also the opportunity in assisting in a number of orthopaedical operations and in reduction of fractures.

Pediatric **15/07/1995 to 16/10/1995-** Intern
Khartoum Teaching Hospital
Khartoum, Sudan

During this placement I learned to clerk sick children into hospital and to arrange the relevant investigations. I was also responsible for dealing with most of the paediatric emergencies while I am on duty under Registrar and Consultant supervision.

General Surgery **13/03/1995 to 14/07/1995-** Intern
Khartoum Teaching Hospital
Khartoum, Sudan

I was responsible for taking history , performing relevant examination & investigations of patients who present acutely or at the outpatient clinics with surgical problems. I was also responsible for dealing with most of the surgical emergencies while I am on duty under Consultant supervision. During this placement I gained a satisfactory experience in the arrangement of the preoperative investigations and in managing with the pre/post-operative

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care under supervision. I got also the opportunity in assisting in a number of surgical operations. I also learnt the basic management of emergency surgical cases such as appendectomies, evacuation of abscesses and un-complicated hernias under supervision.

General Medicine **11/11/1994 to 12/03/1995**– Intern
Khartoum Teaching Hospital
Khartoum, Sudan

I was responsible for taking history , performing relevant examination & investigations of patients who present acutely or at the outpatient clinics. I was also responsible for dealing with most of the medical emergencies while I am on duty under Registrar and Consultant supervision.

I was also involved in carrying out some minor procedures e.g venepuncture, lumbar puncture, chest drains, bone marrow aspiration and biopsy etc under supervision.

Obs & Gynae **09/07/1994 to 10/11/1994**- Intern
Soba University Hospital
Khartoum, Sudan

I qualified from University of Khartoum in 1994 and subsequently started my first placement in Soba University which is one of the biggest teaching hospitals in Sudan. I was responsible for taking history , performing relevant examination & investigations of patients who present acutely or at the outpatient clinics with obstiterical and gynaecological problems. I was also responsible for dealing with most of the obsterical emergencies while I am on duty under Consultant supervision. During this placement I gained a satisfactory experience in the arrangement of the preoperative investigations and in managing with the pre/post-operative care under supervision. I got also the opportunity in assisting in a number of gynaecological operations. I also learnt the basic management of emergency obstetric cases.

I also learnt the basic management of emergency obstetric cases and emergencies under direct consultant supervision.

TEACHING EXPERIENCE:

- Throughout my career, I have been and continue to be actively involved in conducting case conferences , journal clubs & other academic activities on regular basis.
- I am actively involved in teaching undergraduate medical students, psychiatric doctors under training and was involved in helping the juinor house officers in performing minor medical procedures .
- I have trained and supervised a number of junior doctors in the safe delivery of ECT while acting as ECT tutor for the Offaly//Laois services.
- I have supervised my junior doctor in conducting an Audit of ECT which aimed at improving the quality of service provision in our unit.

PSYCHOTHERAPY EXPERIENCE:

- I have attended few group therapies while looking after day house patients and took few psychotherapy cases under supervision.

RESEARCHES EXPERIENCE:

- I have conducted few audits in our services aiming to improve the same.

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- I am also working in reporting of few interesting cases and some editorials. I am hoping that these to be published in the very near future.
- I have made a valuable contribution to a cross-sectional survey studying the attitudes of Sudanese (hospital and community) Pharmacists towards implementation of pharmaceutical care in Khartoum, Sudan. This survey is due to be published soon.

CAREER INTENTION:

I am very keen in pursuing my career in Psychiatry. I have a special interest in Teaching, Research and Management activities.

CPD

I am registered for CPD with the Irish College of Psychiatrist. I regularly attend conferences and scientific meetings as part of my continuing professional education to ensure maintaining up to knowledge and skills.

- Symposium on Quality Assurance in PHC- Afif General Hospital, KSA; Dec 1998.
- Symposium on Quality Assurance in PHC- Afif General Hospital, KSA, Dec 1999.
- Intensive Resuscitation Course, Dublin, 2000
- Day course on EBM , NWHB- Letterkenny General Hospital (LGH), Nov 2001.
- Basic Life Support Training including use of AED, NWHB-LGH, Jan 2003.
- MRCPI Part II Clinical “PACES” Course, Hammersmith Hospital, U.K Oct 2003.
- MRCPI Part II Clinical “PACES” Course, Ealing Clinical Course, U.K Oct 2003.
- Basic Life Support Training including use of AED, NWHB-MRH-Portlaoise, July 2005.
- MRCPsych Part II Clinical Course, Birmingham Course, UK Oct 2005.
- MRCPsych Part II Clinical Course, Superego Course, Manchester, UK Oct 2005.
- MRCPsych Part II Clinical Course, C and J Course, London, UK Oct 2005.
- Passive Avoidance & Break Away Course, 2005.
- Basic Life Support Training including use of AED, NWHB-MRH-Portlaoise, July 2006.
- Passive Avoidance & Break Away Course, 2006.
- Basic Life Support Training including use of AED, Naas Gen. Hospital, October 2007.
- The 3rd International Psychiatric Hospital of Al Noor Hospital, Abu Dhabi, UAE. Feb. 2008.
- The 21th ECNP Congress, Barcelona, Spain- August-September 2008.
- Medico-legal Skills Course for Psychiatrists (ICPsych)- Dublin, Ireland September 2008.
- Section 12 (2) MHA, Induction course, Bath-UK, January 2009.
- AMP Section 22 Part 2 Training, Edinburgh- Scotland, May 2009
- Systems Analysis Training Course for Consultant & SpRs, Farmleigh House, Dublin, Ireland, September 2009.
- Bed management away day event, the Trent Vineyard Conference Centre, Nottingham, U.K, February 2010.
- The CPD Activity on Management for Consultants- Leicester, UK- October 2010
- Basic Life Support Training including use of AED, Refresher Course, Naas Gen. Hospital, May 2011.

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- The 8th International Psychiatric Conference, Saudi German Hospital, Jeddah, 17-19 April 2012.
- Diploma in Alcohol and drugs studies (U of L) Sept 2011- May 2012.
- Basic Life Support Training including use of AED, Refresher Course, Naas Gen. Hospital, Ireland. September 2012.
- The ECNP Congress 25th 13-17 October 2012, Vienna, Austria.
- The CNS disorder Scientific Symposim, 11-12 May 2013, Vienna, Austria.
- Basic Life Support Training including use of AED, Refresher Course, Naas Gen. Hospital, Ireland. September 2013.
- The 26th ECNP Congress, Barcelona, Spain- October 2013.
- The Non-Violent Crisis Intervention Course, Ireland, 21th Novemebr 2013.
- RCPsych intense ECT course- Edinburgh, UK, November 2013
- The 22nd European Congress of Psychiary (EPA), Munich, , Germany- March 2014.
- Basic Life Support Training including use of AED, Refresher Course, Naas Gen. Hospital, Ireland. September 2014
- The 27th ECNP Congress, Berlin, Germany- October 2014.
- Basic Life Support Training including use of AED, Refresher Course, Naas Gen. Hospital, Ireland. September 2015.
- Continuinely active with the Irish College of Psychiatrist CPD Programme.

- **Professional Membership:**

- I am Member of the British Psychopharmacology Associations.

REFERENCES:

- Available upon request