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Fax: 01-6852538



### **CURRICULUM VITAE**

### **SRA Locum Template**

It is of importance that all our CVs are received in the same format. We appreciate if you could fill this template out and return to <u>info@sralocum.com</u>. Should you have any questions please contact: Shahid Ali, Locum Coordination Consultant, SRA Locum (00353 1 685 4700).

#### DR. MAAZ SEERAT

Contact Address: 80 Ashewood Walk, Summerhill Lane, Portlaoise. Co Laois. R32 F25F.

#### **Personal Information:**

**Father Name:** Muhammad Seerat Khokhar

**Date of Birth:** 19<sup>th</sup> September 1987

Marital Status: Married
Nationality: Pakistani
Passport #: BC5978633

#### **Career Objectives:**

I am a dedicated and ambitious doctor with the aim of utilizing my potential, zest, knowledge and clinical skills to achieve excellence and be a part of multidisciplinary health care system.

#### **Qualifications Obtained (Primary & Postgraduate):**

Qualification	Name of University / College	Country of qualification	Year obtained
Bachelors of Science	Punjab University, Lahore	Pakistan	2009
MBBS	King Edward Medical College/Univ., Lahore	Pakistan	2011
FCPS-I (Med)	College of Physicians and Surgeons	Pakistan	2013
MRCPI	Royal College of Physicians Ireland	Ireland	2019

### **Detailed Practising History:**

# **GP training Scheme- Midlands Region**

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Dates	11 <sup>th</sup> July 2022 To Date	
Position Title	GP trainee-Department of Medicine	
Responsibilities	<ul> <li>Covering indoor, outdoor and emergency duties. My job is full time, regular and residential.</li> <li>Taking history, clinical examination and case presentations on bedside and in tutorials.</li> </ul>	
	<ul> <li>Dealing with emergencies like cardiogenic shock, acute coronary syndrome, acute pulmonary oedema, acute severe bronchial asthma, acute exacerbation of COPD, Bronchiectasis, Paracetamol poisoning, Alcoholism, Upper GI bleed, Acute Delirium, Hypertensive emergency, Stroke, Status Epilepticus, Hyperkalaemia, Diabetic coma's etc.</li> </ul>	
	<ul> <li>Competency in resuscitation skills and other minor life saving procedures.</li> </ul>	
	<ul> <li>Managing out-patients cases like infectious diseases, Diabetes Mellitus, Hypertension, Dementia, GORD, CLD and CKD etc</li> </ul>	
	<ul> <li>Sound experience and knowledge of Geriatrics with particular orientation as well as experience in managing stroke and dealing with cognitive impairment.</li> </ul>	
	<ul> <li>Managed patients of Compensated/Decompensated cirrhosis of liver, ESRD, Congestive Heart Failure, IBD, Stroke, Meningitis, SAH, SLE, Valvular Heart Diseases.</li> </ul>	
	<ul> <li>Performed procedures like Lumbar Puncture, Paracentesis, Thoracocentesis, Arterial Puncture and Chemical/Electrical Cardioversion.</li> </ul>	
	Managing the team rota including leaves and cover during leaves.	
	Organizing and managing rota of medical grand rounds.	
	<ul> <li>Arranging and participating actively in MDTs for indoor patients.</li> <li>This would involve disciplines like Occupation therapy,</li> <li>Physiotherapy, social worker etc.</li> </ul>	
	Teaching and Supervision of medical students and junior doctors.	

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Department	General Internal Medicine
Facility	Midlands Regional Hospital Tullamore
City/County	Tullamore/Co. Offaly
Country	Ireland

# Non-consultant hospital doctor:

Non-consultant hospital doctor:	
Dates	09 <sup>th</sup> July 2018 To 10 <sup>th</sup> July 2022
Position Title	Senior Registrar Geriatric Medicine/Locum Consultant GIM
Responsibilities	Being a Geriatric Senior Registrar, I have worked in Stroke Medicine for the years 2019-2021.
	<ul> <li>I have worked in clinics both in St Luke's Hospital as well as in outlying clinics in Carlow/Thomastown with particular focus on patients with dementia /cognitive impairment and Parkinson's.</li> </ul>
	<ul> <li>Covering indoor, outdoor and emergency duties. My job is full time, regular and residential.</li> </ul>
	Taking history, clinical examination and case presentations on bedside and in tutorials.
	<ul> <li>Dealing with emergencies like cardiogenic shock, acute coronary syndrome, acute pulmonary oedema, acute severe bronchial asthma, acute exacerbation of COPD, Bronchiectasis, Paracetamol poisoning, Alcoholism, Upper GI bleed, Acute Delirium, Hypertensive emergency, Stroke, Status Epilepticus, Hyperkalaemia, Diabetic coma's etc.</li> </ul>
	<ul> <li>Competency in resuscitation skills and other minor life saving procedures.</li> </ul>
	<ul> <li>Managing out-patients cases like infectious diseases, Diabetes Mellitus, Hypertension, Dementia, GORD, CLD and CKD etc</li> </ul>
	<ul> <li>Sound experience and knowledge of Geriatrics with particular orientation as well as experience in managing stroke and dealing with cognitive impairment.</li> </ul>
	<ul> <li>Managed patients of Compensated/Decompensated cirrhosis of liver, ESRD, Congestive Heart Failure, IBD, Stroke, Meningitis, SAH,</li> </ul>

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	SLE, Valvular Heart Diseases.
	<ul> <li>Performed procedures like Lumbar Puncture, Paracentesis, Thoracocentesis, Arterial Puncture and Chemical/Electrical Cardio- version.</li> </ul>
	Managing the team rota including leaves and cover during leaves.
	Organizing and managing rota of medical grand rounds.
	<ul> <li>Arranging and participating actively in MDTs for indoor patients.         This would involve disciplines like Occupation therapy,</li></ul>
Department	Geriatric Medicine
Facility	St Luke Hospital
City/County	Kilkenny/Co. Kilkenny
Country	Ireland

#### General Internal/Geriatric Medicine:

	Geriatric ivieaicine.
Dates	11 <sup>th</sup> July 2016 To 8 <sup>th</sup> July 2018
Position Title	Registrar General Internal/Geriatric Medicine
Responsibilities	<ul> <li>Covering indoor, outdoor and emergency duties. My job is full time, regular and residential.</li> <li>Taking history, clinical examination and case presentations on bed side and in tutorials.</li> <li>Dealing with emergencies like cardiogenic shock, acute coronary syndrome, acute pulmonary oedema, acute severe bronchial asthma, acute exacerbation of COPD, Bronchiectasis, Paracetamol poisoning, Alcoholism, Upper GI bleed, Acute Delirium, Hypertensive emergency, Stroke, Status Epilepticus, Hyperkalaemia, Diabetic coma's etc.</li> <li>Competency in resuscitation skills and other minor life saving procedures.</li> </ul>

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	<ul> <li>Managing out-patients cases like infectious diseases, Diabetes Mellitus, Hypertension, Dementia, GORD, CLD and CKD etc</li> <li>Managed patients of Compensated/Decompensated cirrhosis of liver, ESRD, Congestive Heart Failure, IBD, Stroke, Meningitis, SAH, SLE, Valvular Heart Diseases.</li> <li>Performed procedures like IV Cannulation, Foley Catheterization, Lumbar Puncture, Paracentesis, Thoracocentesis, Arterial Puncture</li> </ul>
	<ul> <li>Arranging and participating actively in MDTs for indoor patients.         This would involve disciplines like Occupation therapy, Physiotherapy, social worker etc.     </li> <li>Sound experience and knowledge of Geriatrics, Cardiology and Respiratory Medicine.</li> <li>Teaching and Supervision of medical students and junior doctors.</li> </ul>
Department	General Internal Medicine
Facility	Sligo University Hospital
City/County	Sligo/Co. Sligo
Country	Ireland

### **General Internal Medicine:**

	General Internal Weaterne.		
Dates	10 <sup>th</sup> August 2015 To 10 <sup>th</sup> July 2016		
Position Title	Registrar General Internal Medicine		
Responsibilities	<ul> <li>Covering indoor, outdoor and emergency duties. My job was full time, regular and residential.</li> <li>Taking history, clinical examination and case presentations on bed side and in tutorials.</li> <li>Dealing with emergencies like cardiogenic shock, acute coronary syndrome, acute pulmonary oedema, acute severe bronchial asthma, acute exacerbation of COPD, Bronchiectasis, Paracetamol poisoning, upper GI bleed, Acute Delirium, Hypertensive emergency, Stroke, Status Epilepticus, Hyperkalaemia, Diabetic coma's etc.</li> </ul>		

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	<ul> <li>Competency in resuscitation skills and other minor life saving procedures.</li> </ul>
	<ul> <li>Managing out-patients cases like infectious diseases, Diabetes Mellitus, Hypertension, Dementia, GORD, CLD and CKD etc</li> </ul>
	<ul> <li>Managed patients of Compensated/Decompensated cirrhosis of liver, ESRD, Congestive Heart Failure, IBD, Stroke, Meningitis, SAH, SLE, Valvular Heart Diseases.</li> </ul>
	<ul> <li>Performed procedures like IV Cannulation, Lumbar Puncture, Paracentesis, Thoracocentesis, Arterial Puncture and Electrical Cardio-version.</li> </ul>
	Teaching and Supervision of medical students and junior doctors.
	<ul> <li>Rotation with Consultants of Specialities including Pulmonology, Endocrinology, Geriatrics, Gastroenterology and Cardiology.</li> </ul>
Department	Internal Medicine
Facility	Sligo University Hospital
City/County	Sligo/Co. Sligo
Country	Ireland

# Post Graduate Training/Residency:

### Internal Medicine:

Dates	29th July 2013 To 28 <sup>th</sup> July 2015
Position Title	FCPS Postgraduate Trainee/Registrar
Responsibilities	<ul> <li>I cover indoor, outdoor and two emergency duties per week. My job is full time, regular and residential.</li> <li>Taking history, clinical examination and case presentations on bed side and in tutorials.</li> <li>Dealing with emergencies like acute pulmonary oedema, cardiogenic shock, acute coronary syndrome, acute severe bronchial asthma, acute exacerbation of COPD, poisoning, upper GIT bleed, acute confusional state, hypertensive emergency, stroke, status epilepticus, hyperkalaemia, diabetic coma's etc.</li> <li>Competency in resuscitation skills and other minor life saving</li> </ul>

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	procedures.
	<ul> <li>Managing outdoor patients like having infectious diseases, Diabetes Mellitus, Hypertension, GERD, CLD and CKD.</li> </ul>
	<ul> <li>Managed patients of Decompensated cirrhosis of liver, ESRD, Congestive Heart Failure, IBD, Stroke, Meningitis, SAH, SLE, Valvular Heart Diseases.</li> </ul>
	<ul> <li>Performed procedures like IV Cannulation, Foley Catheterization, Lumbar Puncture, NG Intubation, Endotracheal Intubation, Airway Insertion, Paracentesis, Thoracocentesis, Arterial Puncture, Intra- articular Injections and Joint Aspirations, Central Venous Catheterization and Electrical Cardio-version.</li> </ul>
	Sound experience and knowledge of Gastroenterology.
	Teaching and Supervision of medical students and junior doctors.
	Rotation in Pulmonology, Neurology and Cardiology departments
	as per requirement of College of Physicians and Surgeons.
Department	Medical Unit-II, West Medical Ward
Facility	Mayo Hospital, Lahore
City/State	Lahore/Punjab
Country	Pakistan

# Details of Clinical Rotation during Postgraduate Training:

#### Pulmonology:

T difficitorion by .	
Dates	29 <sup>th</sup> January 2015 To 28 <sup>th</sup> March 2015
Department	Department of T.B. And Chest Diseases
Facility	Mayo Hospital, Lahore
City/State	Lahore/Punjab
Country	Pakistan

### **Neurology:**

Dates	29 <sup>th</sup> March 2015 To 28 <sup>th</sup> May 2015		
Department	Department of Neurology		

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Facility	Mayo Hospital, Lahore
City/State	Lahore/Punjab
Country	Pakistan

#### **Cardiology:**

Gar 4101067.			
Dates	29 <sup>th</sup> May 2015 To 28 <sup>th</sup> July 2015		
Department	Department of Cardiology		
Facility	Mayo Hospital, Lahore		
City/State	Lahore/Punjab		
Country	Pakistan		

### Internship/House Job:

### **Internal Medicine:**

Dates	1 <sup>st</sup> August 2011 To 31 <sup>st</sup> October 2011		
Position Title	House Officer		
Responsibilities	<ul> <li>I covered indoor and outdoor patients as well as two emergency duties per week. My job was full time, regular and residential.</li> <li>History taking, physical examination and case presentations during ward rounds and in class rooms</li> <li>Managed outdoor patients like having infectious diseases, STDS, allergies, GERD, Diabetes Mellitus, Hypertension etc</li> <li>Managed patients of CLD with complications, Stroke, CRF with complications, Congestive heart failure, COPD etc in the ward.</li> <li>Dealt with emergencies like chest pain, arrhythmias, acute severe asthma, epilepsy, diabetic coma, drug overdose and poisoning etc.</li> <li>Performed procedures like I/V Cannulation, Foley Catheterization, Lumbar Puncture, N/G Intubation and Arterial Puncture.</li> </ul>		
Department	Medical Unit-I, East Medical Ward		
Facility	Mayo Hospital, Lahore		

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City/State	Lahore/Punjab
Country	Pakistan

General Surgery:					
Dates	01 <sup>st</sup> November 2011 To 31 <sup>st</sup> January 2012				
Position Title	House Surgeon				
Responsibilities	I covered outdoor and indoor patients as well as three emergency duties per week. My job was full time, regular and residential.				
	<ul> <li>History taking, physical examination and Case presentations during ward rounds.</li> </ul>				
	Confidently dealt with all types of surgical emergencies.				
	Gained experience in post operative care.				
	<ul> <li>Assisted surgical procedures like Cholecystectomy, Thyroidectom Exploratory Laparotomy, Vascular Repair, Right Hemicolectom Herniorrhaphy etc.</li> </ul>				
	<ul> <li>Performed surgical procedures like Suturing all types of wounds Appendectomy, Incision and Drainage, Circumcision, Ches Intubation, Venous cut-down, supra-pubic cystostomy etc.</li> </ul>				
	I was awarded as the Best House Surgeon of my session.				
	I was the List Incharge of the ward, managing patients pre-op, per- op and post-op. I was also the assistant Registrar of the ward.				
Department	Surgical Unit-I, North Surgical Ward				
Facility	Mayo Hospital, Lahore				
City/State	Lahore/Punjab				
Country	Pakistan				

Cardioloav:

cururorogy.					
Dates	1 <sup>st</sup> February 2012 To 30 <sup>th</sup> April 2012				
Position Title	House Officer/Physician				
Responsibilities	I covered emergency, indoor and outdoor duties. My job was full				

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	time, regular and residential.			
	<ul> <li>History taking, clinical examination and case presentations on bedside and in class rooms.</li> </ul>			
	<ul> <li>Attending ward rounds with consultant Interventional Cardiologists.</li> </ul>			
	<ul> <li>Managed patients of Atrial Fibrillation, Mitral Valve Stenosis, Mitral Valve Regurgitation, Aortic Valve Stenosis, Aortic Valve Regurgitation, Tricuspid Valve Stenosis, Tricuspid Valve Regurgitation, Aortic Aneurysms, Heart Blocks, Cardiogenic Shock, Acute Coronary Syndrome including Stable Angina, Unstable Angina and Myocardial Infarction both NSTEMI And STEMI.</li> <li>Performed procedures like Pericardiocentesis, assisted in</li> </ul>			
	Echocardiography and Angiography.			
	Did 30 days rotations in Coronary care unit.			
Department	Department of Cardiology			
Facility	Mayo Hospital			
City/State	Lahore/Punjab			
Country	Pakistan			

Plastic Surgery:

Trastic surgery.	riustic Jurgery.			
Dates	1 <sup>st</sup> May 2012 To 31 <sup>st</sup> July 2012			
Position Title	House Officer			
Responsibilities	<ul> <li>I cover indoor and outdoor patients as well as two Operation theatre duties and emergency duty per week. My job was full time, regular and residential.</li> </ul>			
	<ul> <li>History taking, physical examination and case presentations during ward rounds and in class rooms</li> </ul>			
	<ul> <li>Managed patients of Cleft Palate, Cleft lip, Scar Revision, Skin Grafting, Nasal deformity, External ear deformity, Degloving Injuries etc</li> </ul>			
	<ul> <li>Assisted Consultants in rounds and in operation theatre for procedures like Rhinoplasty, Phalloplasty, Skin Grafting, Burn</li> </ul>			

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	Management etc     Performed procedures like hypertrophic scar revision under LA, excision of small skin outgrowths for biopsy etc	
Department	Plastic Surgery	
Facility	Mayo Hospital	
City/State	Lahore/Punjab	
Country	Pakistan	

#### **Management Experience:**

I worked as Senior Registrar/locum consultant at Saint Luke's Hospital Kilkenny. One of my roles included managing the on-call rotas and sorting short notice leave requests/Rota gaps for 100 NCHDs, divided into separate schedules for registrars, senior house officers and interns across all disciplines.

I have also worked on the COVID-19 Crisis Management Team, which coordinated the entire response of St Luke's Hospital to the pandemic and ensured that patient care ran smoothly, efficiently and safely.

### **Workshops/Certificates:**

Workshop/certification	Dates	Facility	City/Country
Research Methodology,	17 <sup>th</sup> January	College of Physicians and	Pakistan
Biostatistics and	to 20 <sup>th</sup>	Surgeons	
Dissertation Writing	January,		
	2015		
Echocardiography	4 <sup>th</sup> March,	College of Anaesthetists	Ireland
Workshop	2016	Ireland/RCPI	
Advanced Cardiac Life	9 <sup>th</sup> - 10 <sup>th</sup> Jan,	RCPI/RCSI, St Luke Hospital	Ireland
Support	2021		

#### **Current & All Previous Medical Licensing Authorities:**

Licensing Authority	Country of	Registration Type	Registration Number
	Registration		

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Pakistan Medical & Dental Council	Pakistan	Full Registration	63738-P
College of Physician and Surgeons Pakistan	Pakistan	FCPS Trainee	MED-2013-066-8445
Ireland Medical Council	Ireland	General Registration	409977

#### **Professional Development:**

I am also enrolled in PCS under RCPI for Continuous Professional Development.

#### **Clinical/Procedural Skills:**

Competent			
Taking I/V line	Central Venous Catheterization		
Arterial Blood Gas Sampling	Electrical Cardioversion		
Pleural Tap	Venesection		
Nasogastric tube insertion	Chest Tube Insertion		
Foley's catheterization	Peritoneal dialysis		
Anterior and posterior nasal packing	Epidural Catheterization		
Ascitic Tap	Echocardiography		
Suturing all types of wounds	Joint Aspiration		
Lumbar puncture	Pericardiocentesis		
Appendectomy	Bronchoscopy		

#### **Other Achievements:**

- 1. I have been a part of case series on "CAAri" which involved 5 cases in between St Luke's Hospital Kilkenny, Mater Hospital Dublin and Limerick University Hospital, which was accepted in Irish Journal of Medicine.
  - https://www.imj.ie/wp-content/uploads/2020/09/Cerebral-Amyloid-Angiopathy-Related-Inflammation.pdf
- 2. During my graduation I carried out research on the Obesity amongst the students of Shalamar Medical College, Pakistan.
- 3. I worked as volunteer for medical care of IDP's in 2012.
- 4. I worked as volunteer in flooded areas of Pakistan in August 2013.
- 5. Letters of appreciation from Clinical Director, Department of Internal Medicine for teaching junior doctors and medical students from 2018 to 2022.

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#### **Hobbies:**

Cricket, Badminton	Travelling, Movies, Music	Reading Medical Research

#### **References:**

Ī	Referee 1:	Referee 2:	Referee 3:
	Dr. John Doherty	Dr. Rory McGovern	Prof. Garry Courtney
	Consultant Geriatrician/Physician, Midlands Regional Hospital Tullamore.	Consultant Geriatrician/Physician, St Luke's Hospital, Kilkenny.	Consultant Gastroentrologist/Hepatologist, Clinical Director, St Luke's Hospital, Kilkenny.
			of Luke 3 Hospital, Kilkeliny.