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CURRICULUM VITAE

SRA Locum Template

It is of importance that all our CVs are received in the same format. We appreciate if you could fill this template out and return to info@sralocum.com. Should you have any questions please contact: Shahid Ali, Locum Coordination Consultant, SRA Locum (00353 1 685 4700).

Personal Information:

Surname:	Sultana
First name:	Ammara
Date of Birth:	18-04-1990
Nationality	Pakistani
Address for correspondence:	Apartment-2, Block-1, Woodford,
	Wheatonhall, Drogheda, Co-Louth
Role Considered	Registrar
Specialist Field Considered	Emergency Medicine/ Injury Unit

Summary:

Internship	May 2013- May 2014
Not in Medical Practice	May2014- September 2015
	Nov 2017- July 2018
	Feb2021- till NOV-2021
	(maternity Leave)
Postgraduate Training in Emergency	
Medicine	September 2015-till dec 2016

Career Objectives:

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I am dedicated and ambitious young doctor with aim of utilizing my potential, zest, knowledge, and clinical skills to achieve excellence and be part of multidisciplinary health care team.

Qualifications Obtained (Primary & Postgraduate):

Qualification	Name of University / College	Country of qualification	Year obtained
MSc Multidisciplinary	National University of		
	Ireland Galway	Ireland	2020
MBBS	Dow University of Health Sciences	Pakistan	2013
			2020
IELTS	Secured Overall 8 band	Pakistan	2014
BLS	College of Physicians and Surgeons Pakistan (CPSP)	Pakistan	2018
A CV C			
ACLS	College of Physicians and Surgeons Pakistan (CPSP)	Pakistan	2019

Detailed Practising History:

Dates	04 th November 2021 till date
Position Title	SHO Emergency Department/ Minor Injury Unit Reg
	 Taking history, clinical examination, and case presentations.
Responsibilities	 Dealing with emergencies like acute pulmonary oedema, acute coronary syndrome, Overdose, Acute Withdrawals. bronchial asthma, acute exacerbation of COPD, poisoning, upper

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	GI bleed, Acute confusional state, Status epilepticus, hypertensive emergencies, and urgencies etc.
	 Competency in resuscitation skills and other minor lifesaving procedures. US Guided Facia Ilica Block, IV Cannulation, Minor suturing, cast application for various fractures.
Department	MMUH -04/11/2021 till 30 th /November/2021 OLOL 01/12/2021 till date
Facility	Emergency Department
City/State	Drogheda/ Louth
Country	Louth

Dates	13 th Jan 2020 till 10/01/2021
Position Title	SHO Orthopaedic Elective/ SHO Orthopaedic Trauma
Responsibilities	• I cover indoor ward, theatre, and clinical duties 5-6 days per week. My job was full time, regular and residential, I dealt with elective orthopaedic patients mainly admitted for hip/ knee arthroplasty and other elective orthopaedic cases like ankle arthrodesis, hallux valgus correction, hammer toe correction, attend clinics with specialist consultants in foot ankle surgeries, upper limb specialists. Assist in theatres of elective cases. In Orthopaedic trauma I dealt with major and minor trauma cases received mainly through Emergency department and some coming via referral system. Trauma included upper limb, lower limb and pelvic injuries, duties included initial examination, stabilization, cast application and preparation for operative management where needed. Attended trauma clinics with consultants, assisted in theatre. Actively participated in teaching sessions.
Department	Regional Orthopaedic Unit-OLON (13/01/2020-12/07/2020) Department of Orthopaedics-OLOL (13/07/2020- 10/01/2021)

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Facility	Our Lady's Hospital Navan / Our Lady of Lourdes Drogheda
City/State	Navan, Co-Meath/ Drogheda, Co- Louth
Country	Ireland

Dates	8 th July 2019 till 12 th Jan 2020
Position Title	ED SHO
Responsibilities	I cover indoor emergency duties 5-6 days per week. My
	Job is full time, regular and residential.
	Taking history, clinical examination, and case presentations.
	Dealing with emergencies like acute pulmonary oedema,
	cardiogenic shock, acute coronary syndrome, acute severe
	bronchial asthma, acute exacerbation of COPD, poisoning, upper
	GIT bleed, acute confusional state, hypertensive emergency, stroke,
	status epilepticus, hyperkalaemia diabetic coma's etc.
	 Competency in resuscitation skills and other minor life saving
	Procedures.
	 Managing outdoor patients like having infectious diseases, Diabetes
	Mellitus, Hypertension, GERD, CLD and CKD.
	 Managed patients of Decompensated cirrhosis of liver, ESRD,
	Performed procedures like IV Cannulation, Foleys Catheterization,
	Lumbar Puncture, NG Intubation, Endotracheal Intubation, Airway
	Insertion, Arterial Puncture, suturing of minor wounds
Department	Emergency Medicine
Facility	Our Lady of Lourdes Hospital
City/State	Drogheda, Co-Louth
Country	Ireland

Dates	26 th July 2017 till 7 July 2019	
Position Title	ED SHO	
Responsibilities	I cover indoor emergency duties 5-6 days per week. My	

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Job is full time, regular and residential.
 Taking history, clinical examination, and case presentations.
 Dealing with emergencies like acute pulmonary oedema,
cardiogenic shock, acute coronary syndrome, acute severe
bronchial asthma, acute exacerbation of COPD, poisoning, upper
GIT bleed, acute confusional state, hypertensive emergency, stroke,
status epilepticus, hyperkalaemia diabetic coma's etc.
 Competency in resuscitation skills and other minor life saving
Procedures.
 Managing outdoor patients like having infectious diseases, Diabetes
Mellitus, Hypertension, GERD, CLD and CKD.
 Managed patients of Decompensated cirrhosis of liver, ESRD,
 Performed procedures like IV Cannulation, Foleys Catheterization,
Lumbar Puncture, NG Intubation, Endotracheal Intubation, Airway
Insertion, Arterial Puncture, suturing of minor wounds
Emergency Medicine
Midland Regional Hospital Mullingar
Mullingar, Co. Westmeath
Ireland

Dates	20 th March 2017 till 10 July 2017
Position Title	ED SHO
Responsibilities	 I cover indoor emergency duties 5 days per week. My job is full time, regular and residential. Taking history, clinical examination, and case presentations. Dealing with emergencies like acute pulmonary oedema, cardiogenic shock, acute coronary syndrome, acute severe bronchial asthma, acute exacerbation of COPD, poisoning, upper GIT bleed, acute confusional state, hypertensive emergency, stroke, status epilepticus, hyperkalaemia diabetic coma's etc. Competency in resuscitation skills and other minor life saving Procedures. Managing outdoor patients like having infectious diseases, Diabetes Mellitus, Hypertension, GERD, CLD and CKD.

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	 Managed patients of Decompensated cirrhosis of liver, ESRD, Performed procedures like IV Cannulation, Foleys Catheterization, Lumbar Puncture, NG Intubation, Endotracheal Intubation, Airway Insertion, Arterial Puncture, Exchange Transfusion, suturing of minor wounds
Department	Emergency Medicine
Facility	University Hospital Waterford
City/State	Waterford
Country	Ireland

Post Graduate Training:

Emergency Medicine:

Dates	30th September 2015 To 25 th December 2016
Position Title	MD Postgraduate Trainee (Emergency Medicine)
Responsibilities	 I cover indoor and two emergency duties per week. My job is full time, regular and residential. Taking history, clinical examination, and case presentations on bed side and in tutorials. Dealing with emergencies like acute pulmonary oedema, cardiogenic shock, acute coronary syndrome, acute severe bronchial asthma, acute exacerbation of COPD, poisoning, upper GIT bleed, acute confusional state, hypertensive emergency, stroke, status epilepticus, hyperkalaemia diabetic coma's etc. Competency in resuscitation skills and other minor life saving Procedures. Managing outdoor patients like having infectious diseases, Diabetes
	 Mellitus, Hypertension, GERD, CLD and CKD. Managed patients of Decompensated cirrhosis of liver, ESRD, Performed procedures like IV Cannulation, Foleys Catheterization, Lumbar Puncture, NG Intubation, Endotracheal Intubation, Airway

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	Insertion, Arterial Puncture, Exchange Transfusion, suturing of minor wounds
Department	Emergency Medicine
Facility	Ziauddin University Hospital
City/State	Karachi/ Sindh
Country	Pakistan

Internship/House Job:

Medicine:

Dates	28 th May13 to 27 th November 2013
Position Title	House Officer
	(General Medicine)
Responsibilities	 I cover indoor and outdoor patients as well as two emergency-
	duties per week. My job was full time, regular and residential.
	 History taking, physical examination and case presentations during
	ward rounds and in classrooms
	 Managed outdoor patients like having infectious diseases, STDS,
	allergies, GERD, Diabetes Mellitus, Hypertension etc
	 Managed patients of CLD with complications, Stroke, CRF with
	complications, Congestive heart failure, COPD etc in the ward.
	 Did 30 days' rotations in Coronary care unit and Department of
	Chest Diseases.
	• Dealt with emergencies like chest pain, arrhythmias, acute severe
	asthma, epilepsy, diabetic coma, drug overdose and poisoning etc.
	 Performed procedures like I/V Cannulation, Foleys Catheterization,
	Lumbar Puncture, Paracentesis, Thoracocentesis, N/G Intubation
	and Arterial Puncture.
	·
Department	Medicine Unit III
Facility	Jinnah Postgraduate Medical Centre
City/State	Karachi/ Sindh
Country	Dakistan
Country	Pakistan

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Surgery:

Dates	30 th November 2013 to 30 th May 2014			
Position Title	House Officer			
	(General Surgery)			
Responsibilities	 I covered outdoor and indoor patients as well as two emergencies 			
	duties per week. My job was full time, regular and residential.			
	History taking, physical examination and Case presentations during			
	Ward rounds.			
	 Confidently dealt with all types of surgical emergencies. 			
	Gained experience in post operative care.			
	Assisted surgical procedures like Cholecystectomy, Thyroidectomy,			
	Exploratory Laparotomy, Vascular Repair, Right Hemicolectomy,			
	Herniorrhaphy etc.			
Department	Surgical Ward 3			
Facility	Jinnah Postgraduate Medical Centre			
City/State	Karachi/ Sindh			
Country	Pakistan			

Courses/CPD:

Courses	Dates	Facility	City/Country
Resuscitation	10/09/2021	RCSI/CPDSS	Dublin/Ireland
simulation			
ACLS	19/12/2019	Irish Heart foundation	Drogheda/Ireland
BLS	21/01/2019	Irish Heart Foundation	Drogheda/
			Ireland
Communicating	05/09/2020	HseLand	Drogheda/Ireland
effectively through			
open disclosure			
National sepsis E-	01/08/2020	HseLand	Drogheda/Ireland
learning programm			
An introduction to	24/03/2019	HseLand	Drogheda/Ireland
child first			

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Procedural sedation	12/12/2018	RCSI/CPDSS	Dublin/Ireland
and anelgesia			
Trauma Skills C,A,B,	01/03/2019	RCSI/CPDSS	Dublin/Ireland
C, approach			
ECG for Emergency	31/01/2020	RCSI/CPDSS	Dublin/Ireland
Doctors			

Current & All Previous Medical Licensing Authorities:

Licensing	Country of	Registration Type	Registration Number
Authority	Registration		
Pakistan Medical	Pakistan	Provisional	64190-S
& Dental Council		Registration	
Ireland Medical	Ireland	General	413557
Council		Registration	

Clinical/Procedural Skills:

Taking I/V line	Ultrasound guided nerve blocks
Arterial Blood Gas Sampling	Foreign body removal from nose, ear.
Nasogastric tube insertion	Chest drain insertion (observed)
Foley's catheterization	Lateral canthotomy (observed)
Ascitic Tap	Tracheostomy (observed)
Lumbar puncture	
Suturing all types of wounds	
Endotracheal Intubation	

Other Achievements:

- Study presentation at European Society of Musculoskeletal Radiology- Vienna June 2021: "Diagnostic accuracy of Ultrasound in Carpal Tunnel Syndrome: A systematic Review and Meta-analysis".
- I secured 3rd place in MBBS from Sindh medical college in batch 2013
- I Obtained 19th position in Secondary School Certificate Hyderabad Board in 2005
- I Obtained 12th position in Higher Secondary Certificate Hyderabad Board in 2007
- I am a Consolation Prize Winner All Pakistan Declamation Contest in 2005

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• I received 1st prize in inter board debate contest in 2007.

Hobbies:

Badminton, Cycling,	Movies, Music,	Reading Medical Journal
Drawing, crochet making	Documentaries,	

References:

Referee 1	Referee 2	Referee 3
Mr. Mansoor Chaudhry	Mr. khalid Khan	Dr. Ahmad Jamal
Consultant Orthopaedics	Consultant Orthopaedics	Consultant Emergency
Our Lady of Lourdes	Our Lady of Lourdes Drogheda	Medicine
Drogheda	Email:	Our Lady of Lourdes
Email:	khalidskhan1@gmail.com	Drogheda
talk2mansoor@yahoo.com	Cell:+353868528116	Email:
Cell: +353831029518		ahmad.jamal@hse.ie
		Cell: +353872932218