

## **SRA Locum**

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## **CURRICULUM VITAE**

It is of importance that all our CVs are received in the same format. We appreciate if you could fill this template out and return to [info@sralocum.com](mailto:info@sralocum.com). Should you have any questions please contact : Shahid Ali, Locum Coordination Consultant, SRA Locum (00353 1 685 4700).

### **PERSONAL DETAILS**

Name: Abayomi Onikoyi-Deckon

Current Address:

### **BRIEF SUMMARY OF CAREER**

#### **Qualifications**

- 2006: Diploma in Mental Health (D.MH) Q.U.B**
- 2005: Diploma in Clinical Psychiatry (D.CP), Ireland**
- 2002: Master of Public Health (M.PH), Lagos-Nigeria**
- 2000: Bachelor of Medicine & Surgery (M.B.Ch.B), Sagamu-Nigeria**
- 1991: Master of Toxicology (M.Sc), Lagos-Nigeria**
- 1990: Bachelor of Microbiology, Lagos-Nigeria**

#### **Prizes and Awards**

- 2011:** Department of psychiatry commendation for presentation of a rare and complicated case in child & adolescent psychiatry, Waterford regional hospital.
- 1990:** Best graduating student in pharmaceutical microbiology & pharmaceuticals university of Lagos.

### **EDUCATIONAL DATA**

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Jan 1993-March 2000:	Obafemi-Awolowo College of health sciences, Ogun state University Teaching Hospital, Sagamu.
1990-1991:	College of Medicine, University of Lagos Idi-Araba, Lagos.
1986-1990:	University of Lagos, Akoka.
1981-1986:	Federal Government College, Ijanikin, Lagos.
1980-1981:	Kings College Marina, Lagos.
1976-1980:	Deutsche Scheule, Beachland Estate, Tin-Can Island.

## **COURSES/CONFERENCES ATTENDED/CERTIFICATES**

2004:	Certificate in non-violent crises intervention- St John of God Order (Hospital services), Republic of Ireland.
2004:	Certificate in care of the special child- Limerick Senior College (University of Limerick)
Nov.2004-Oct.2005:	Advanced training in HIV/AIDS Management, Advanced Centre for Therapeutics- Trinity College Dublin. (St James Hospital)
Feb.2007:	Certificate in non-violent crisis intervention- St Brendan's Hospital, Rep. of Ireland.
Oct.2007:	59 <sup>th</sup> International Psychiatry Services Conferences New Orleans, Louisiana, USA.
June 2011:	Advanced Cardiac Life Support (ACLS)- Waterford Regional Hospital.
Oct 2011:	63 <sup>rd</sup> International Psychiatry Services Conferences, San Francisco California, USA.
Mar.2013:	RCPSYCH Faculty of Old Age Psychiatry & European Assoc. Of Geriatric Psychiatry Joint Annual Scientific Meeting.
July 2013:	15 <sup>th</sup> International European society of Child & adolescent Psychiatry (ESCAP) Congress, Dublin, Ireland.
Jan. 2015	Western University Canada's Psychiatry Review Course London, Ontario, Canada.

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Feb. 2016	Irish National Eating Disorders Conference St Patrick's University Hospital, Dublin Ireland.
Oct. 2017	64 <sup>th</sup> Conference American Academy of Child and Adolescent Psychiatry, Washington DC, USA
16 <sup>th</sup> -19 <sup>th</sup> Sept. 2018	Canadian Academy of Child and Adolescent Psychiatry conference, Halifax, Canada
20 <sup>th</sup> -21 <sup>st</sup> Sept. 2018	Psychological therapy and pharmacological institute annual conference, Glasgow, Scotland
18 <sup>th</sup> Feb. 2019	Opioid, Benzodiazepine & stimulant prescribing course (Memorial University Newfoundland), St. John, Canada

## **CLINICAL EXPERIENCE**

### **Locum History**

Date	Grade	Area
17 <sup>th</sup> Oct 2022 – 8 <sup>th</sup> Jan 2023	Psychiatry REG (Young Adult)	St. Fintan's Hospital, Portlaoise, Co. Laois.

### **22nd Feb. '21- 28th May '21 Locum: Child and Adolescent Psychiatrist**

Blackpool Teaching Hospitals Dept of Child and Adolescent Psychiatry, Whitegate Drive  
Health Centre Blackpool

**Oct'19 – Mar. '20**

**Locum: Child and Adolescent Psychiatrist**

Noble Hospital Dept. of Psychiatry (Tier 3 CAMHs), Isle of Man

**22<sup>nd</sup> Feb.'19 – 26<sup>th</sup> Aug.'19 Consultant (Regional Psychiatrist)**

Labrador Grenfell Health, Goose Bay,  
Labrador, Canada

**4<sup>th</sup> Dec.'18 – 5<sup>th</sup> Feb.'19**

**Locum: Psychiatrist**

- I 8Arnold House, community CAMHS,  
Wexford, Rep. of Ireland

**9<sup>th</sup> Oct.'18 – 23<sup>rd</sup> Nov.'18**

**Locum: Psychiatrist**

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	Dept. of Psychiatry, Queen Margaret Hospital, Dunfermline, 666666666 55 T4 T4 55Scotland
<b>Jan '18 – Sept '18</b>	<b>Locum: Psychiatrist</b> North East London Foundation Trust, Community Child and Youth Services Folkestone, Dover & Ashford, UK
<b>July '17 – Sept '17</b>	<b>Locum: Psychiatrist</b> Huntercoombe Hospital Stafford, UK
<b>March '17 – July '17</b>	<b>Locum: Psychiatrist</b> Mullingar Regional Hospital Mullingar, Ireland
<b>June '15 – Jan '17</b> special	<b>Staff Psychiatrist (Dept of Psychiatry) with</b>  Interest in Pediatric & Adolescent psychiatry Queen Elizabeth Hospital, Charlottetown, PEI, Canada
<b>Jan '15 – May '15</b> <b>Psychiatry</b>	<b>Locum Specialty: Child &amp; Adolescent</b>  St Aubyn's Centre (Tier4) Colchester Univ. Hospital, UK
<b>Sept' 14 – Dec '14</b> <b>Psychiatry</b>	<b>Associate Specialist: Child &amp; Adolescent</b>  Berrywood Hospital Northampton (Tier 4), UK
<b>July '14 – Aug '14</b>	<b>Locum Specialist Child &amp; Adolescent</b> <b>Registrar</b> Mayo General Hospital, Castlebar, Ireland
<b>Jan '14 – June '14</b>	<b>Registrar Geriatric/ Old Age Psychiatry</b> Mayo General Hospital, Castlebar, Ireland
<b>Nov '13- Jan '14</b>	<b>Registrar Geriatric/ Old Age Psychiatry</b> Midland Regional Hospital, Port-Laois, Ireland
<b>May '13 – Sept '13</b>	<b>Associate Specialist: Child &amp; Adolescent Psychiatry</b> Parkview Clinic Birmingham (Tier3) Birmingham Children's Hospital, UK
<b>February '13 – April '13</b>	<b>Speciality Doctor Old Age Psychiatry</b> St Georges Park Hospital, Northumberland, UK
<b>Feb '13</b>	<b>Locum Senior Registrar Child &amp; Adolescent Psychiatry</b>

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	Department of Child & Adolescent Psychiatry, Midland Regional Hospital Port- Laoise
<b>Dec '12- Jan '13</b>	<b>Locum Senior Registrar Community/General Adult Psychiatry</b> Mid-Western Regional Hospital, Ennis.
<b>Sept '12 –Nov '12:</b>	<b>Locum Registrar (Liaison &amp; In-Patient Psychiatry)</b> Cavan General Hospital, Cavan
<b>Jul '11- July '12:</b>	<b>Registrar in Addiction &amp; Substance Misuse Psychiatry</b> Youth Alcohol & Drug Services: Child & Adolescent Addiction Psychiatry, Belgard Road, Tallaght.
<b>Jan '11-Jun '11:</b>	<b>Registrar (Hospital Liaison) Child &amp; Adolescent Psychiatry</b> (Dept of Child & Adolescent Psychiatry) Waterford Regional Hospital
<b>Mid-Western Region Psychiatry Training Programme: January 2009- December 2010</b>	
<b>Jul '10-Dec '10</b>	<b>Registrar (Community) Child &amp; Adolescent Psychiatry</b> Child & Family Guidance Clinic, 90'O'Connell Street, Limerick Mental Health Service
<b>Jan 10-June 10:</b>	<b>Registrar in Rehabilitation Psychiatry,</b> St Joseph's hospital, Mulgrave Street, Limerick Mental Health Services.
<b>July 09-Dec 09:</b>	<b>Registrar in Intellectual Disability &amp; Registrar Childhood Autism Service,</b> Brothers of charity services, Bawnmore, Limerick Mental Health Service.
<b>Jan 09-June 09:</b>	<b>Registrar in General Adult &amp; Community Psychiatry,</b>  St Mary's Health Centre, Thurles, Tipperary Mental Health Service. <b>Royal College of Surgeons Ireland (RCSI)</b>
<b>Psychiatry</b>	
<b>Jul '05-Dec '05:</b>	<b>Senior House Officer General Adult Psychiatry</b> Hospital, Northern Area Dublin.

St Ita's

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**Jan '05-Jun '05:**

**Senior House Officer General Adult Psychiatry,**

**Training Programme: January 2005-  
December 2008**

**July 08-Dec 08:**

**Registrar in Community/Assertive Outreach Psychiatry,**  
St Brendan's Hospital/Finglas Area, Northern area, Dublin  
Mental Health services.

**Jan 08-June 08:**

**Registrar in General Adult Psychiatry (PICU),**  
James Connolly, Hospital, Northern Area, Dublin Mental  
Health Services.

**Jul '07-Dec '07:**

**Registrar in Rehabilitation Psychiatry,**  
St Brendan's Hospital, Northern area, Dublin Mental Health  
Services.

**Jan '07-Jun '07:**

**Registrar Forensic & Special Care Psychiatry,**  
St Brendan's Hospital, Northern Area, Dublin  
Mental Health Service.

**Jul '06-Dec '06:**

**Senior House Officer Liaison, Neuro-Geriatric Psychiatry**  
Beaumont Hospital, Northern Area, Dublin  
Mental Health Service

**Jan '06-Jun '06:**

Area Dublin

**Senior House Officer Old Age Psychiatry,**  
St Ita's Hospital, Northern

### **General Hospital Lagos: April 2001-June 2004**

**Oct '03-Jun '04  
posting)**

**Registrar in Medicine (Rheumatology**

**May '03-Sep '03:**

**Registrar in Medicine (Psychiatry rotation-elective)**

**Oct '02-Apr '03:**

**Registrar in Medicine (Endocrinology posting)**

**Apr '02-Sep '02:**

**Registrar in Medicine (Cardiology posting)**

**Aug 01-Mar '02:**

**Registrar in Medicine (Gastroenterology posting)**

**Apr '01-Jul '01:**

**Medical officer (Emergency Medicine)**

**March '00-March 01:**

**INTERN:(Rotated through Medicine, Surgery, Paediatrics  
& Obstetrics & Gynaecology)**

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Lagos State University Teaching Hospital.

### **DESCRIPTION OF DUTIES IN GENERAL ADULT AND COMMUNITY PSYCHIATRY**

- I received training and gained experience in history and mental state assessment under supervision of my consultants.
- I also presented cases at both hospital (journal club meetings) & regional educational meetings.
- I gained experience in the care programme approach (speech involved having a designated case management key worker for each patient) especially those treated in the community.
- I equally gained experience in psycho-pharmacotherapy and risk assessment of dangerous and self-injurious behaviour among patients attending the acute psychiatric services.
- I carried out physical examination of my clients before initiating treatment and while on treatment
- I received training on psychotherapy and gained further experience by having psychotherapy (CBT) for suitable clients under the supervisor of my consultant.
- I gained experience in In-patient review, running of day hospital undertook domiciliary visit as well as provided emergency psychiatric cover in the hospital emergency department.
- I gained experience in writing to GP/family physicians, report and discharge

### **DESCRIPTION OF DUTIES IN LIAISON PSYCHIATRY**

This is the centre for excellence in neuroscience (**Neuropsychiatry & Psych-oncology & Liaison psychiatry & Geriatric Psychiatry**)

- I received training and gained experience in treatment of patients with & psychiatric & co-existing physical/surgical illness which helped in understanding the interplay

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between physical health & mental health e.g. neuropsychiatric complications of multiple sclerosis and neuropsychiatric implications of acquired brain injury.

- I also received training on assessment of unexplained physical symptoms e.g. somatoform pain disorders to hypochondriasis.
- I received training and participated in crises management and assessment of deliberate self harm.
- My duties involved joint working with other specialists (Surgeons, Physicians & Geriatricians) and administering psychiatric treatment in special settings such as oncology and intensive care unit and application of mental health act in general hospital i.e advice on use of common law and capacity act, rather than mental health act on surgical / medical wards

### **DESCRIPTION OF DUTIES IN REHABILITATION PSYCHIATRY**

- I received training and gained experience of assessment for suitability for mental health rehabilitation & also gained experience in use of assessment scales and questionnaires
- I also received training and gained experience in management of psychiatric patients in rehabilitation units ( low, medium & high support hostels) which involved reviewing their physical & mental health needs individually and also working with other members of the multidisciplinary team to ensure the patients achieve as much independence as possible
- I gained experience in management of treatment resistant psychosis and participated long term management of continuing care needs.
- I got exposed to career related issues & helped in relieving some of the carer burdens that arose
- I had direct supervision with my consultant & supervision with psychotherapy sessions I attended case conferences & international conferences such as International Psychiatric Services conference in New Orleans ( 2007 )

### **DESCRIPTIONS OF DUTIES IN GERIATRIC/ OLD-AGE PSYCHIATRY**



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- I learned and gained experience in extended cognitive mental state examinations
- I gained experience in assessment of carers and addressing carers needs
- I carried out home assessment and follow-up
- I gained experience in the assessment of organic and functional illness in elderly
- I had exposure to and knowledge of community services available to the elderly

I provided on-call services to the elderly with psychiatric related presentations to the A&E

### **DESCRIPTIONS OF DUTIES IN SPECIAL CARE/ FORENSIC PSYCHIATRY.**

- I received training & gained experience in knowledge & procedure of admitting patients to secure care.
- I attended courts & received training and gained experience in writing & preparation of court reports under supervision of my consultant.
- I received training in management of disturbed patients in a secure setting and have knowledge of forensic section of mental health act.
- I also participated in further assessment of dangerousness of patient ( using the necessary actuarial assessment tools such as VRAG)

### **DESCRIPTION OF DUTIES IN LEARNING/INTELLECTUAL DISABILITY PSYCHIATRY**

- I received training and gained experience in interview skills and assessing the learning disabled & also obtaining collateral information from 1o carers.
- I also gained experience in management of these patients as well as those with psychiatry co-morbidity both as in-patient and in the community
- I became proficient in identifying and appropriately responding to relevant clinical issues arising in patient care e.g. A) awareness of my own reactions when dealing with patients including the suicidal, demanding, violent, hostile, silent, or withdrawn patient. B) Boundary issues, C) awareness of factors influencing the patients reaction to me as a psychiatrists, D) confidentiality, E) family issues, F) capacity and competence etc.

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- I became proficient in effectively and appropriately prioritizing my professional duties when faced with multiple patients and problems.
- I gained further experience and became proficient in balancing my personal and professional priorities to ensure my well-being and sustainable practise.
- I participated in weekly case presentation, journal appraisal and multi-disciplinary meeting.
- I did a survey on benzodiazepine prescription which was presented at the journal club meeting.

## **DESCRIPTION OF DUTIES IN CHILD & ADOLESCENT PSYCHIATRY**

- I received training and gained experience in the multidisciplinary teams day to day care of patients with childhood problems such as attachment and emotional difficulties, school refusal, conduct disorder, ADHD, enuresis, deliberate self-harm, encopresis, pervasive development disorders and neurodevelopment disorders.
- I carried out full child psychiatry assessment with consent from parents/guardian on every new patient and effectively managed my case load under supervision.
- I carried out school visit and home visit as part of the assessment when necessary
- I gained experience in use of family therapy and play therapy in management of my clients.
- I gained experience in conducting family interviews for the purpose of information gathering and giving, and in dealing with issues such as parental consent, child welfare and child protection.
- I gained experience in running ADHD clinic where patients on medication such methylphenidate or atomoxetine are reviewed from time to time, side effects of the medication are also monitored through vital signs
- I engaged in teaching of medical students on psychiatric posting during clinic review.

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- I had one on one teaching with my supervisor and I did an audit on the 'client satisfaction with treatment received': on referrals received in the clinic over a one year period.
- I participated in weekly case presentation, journal appraisal and IPTC lecture, and also attended International Child & Adolescent Psychiatric Conference in Douglas, Australia (as well as local & regional meetings).
- I also had exposure in management of children in paediatrics (medical/surgical) ward with co-morbid psychiatric disorder as a liaison psychiatry post training registrar.

### **DESCRIPTION OF DUTIES IN ADDICTION (Child & Adolescent) PSYCHIATRY**

- I participated in the multidisciplinary team which provides preventive harm reduction, treatment, rehabilitation, and aftercare programmes for individuals with opiate and other substance use disorder(such as alcohol, cannabis etc.)
- I assessed patients for methadone induction and stabilisation, motivation and readiness to change and regularly reviewed and managed patients on methadone maintenance programmes.
- I gained experience in the assessment and management of adolescent patients undergoing inpatient methadone stabilisation as well as assessment and management of patients for methadone and benzodiazepine detoxification at the unit in Cuan Dara ward at Cherry Orchard hospital, Dublin.
- I received training and gained experience in the assessment and management of pregnant youth requiring methadone stabilisation.
- I provided out of hours cover to the inpatient detoxification unit.
- I regularly liaised with the infectious disease department of St.James hospital and mater hospital in the care of patients who have co-morbid HIV infection.
- I gained further experience in substance misuse assessment, risk assessment, mental status examination, diagnosis, bio-psycho-social formulations of patient's problems and developing individualized bio-psycho-social treatment plans for patient with dual diagnosis.
- I participated in the twice weekly multidisciplinary team meetings involving review of patient's progress, suitability for discharge to community clinics,

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behavioural problems, risk assessment and management of the dually diagnosed.

- I received a one-hour weekly one-to-one educational supervision on career objectives, training experience, writing court reports, harm reduction, dual diagnosis, methadone stabilisation family therapy and ACRA (Adolescent Community Re-enforcement Approach)
- I participated in weekly case presentation and journal appraisal meetings.

Currently providing consultant coverage for the newly established provincial youth day programme (Insight) & both in-patient & Out-patient Adolescent psychiatry

### **RESEARCH/PUBLICATIONS/PRESENTATIONS**

2014: Case Report: A case of neutropenia in an elderly man treated with mirtazapine

**2012:** Changes in use of new psychoactive substances (headshop products) among adolescents attending a specialized child & adolescent addiction service in South Dublin

2011: Systemic Lupus Erythematosus: Case of neuropsychiatry complications in a child with Lupus Neurofibromatosis: Familial psychiatry complications in a family with neurofibromatosis in South East Ireland.

2010: Audit of Client satisfaction with services provided by Limerick Child & adolescent mental health service.  
Chronic illness D.M & Mental Health: Psychological care of children & adolescents with diabetes in Limerick child & adolescent mental health service.

2009: Knowledge of weight gain with antipsychotic use amongst patients attending a community (Thurles) based mental health service.

2007: Applicability of Cytoimmunological changes in monitoring the progression of HIV/AIDS in patient samples from two riverine areas of West Africa (Akosombo-Ghana & Ilaje- Nigeria).

2003: Use of inhalational poly-hydrocarbons as “uppers” among adolescent in Lagos Metropolis

2002: Immunization against diphtheria, pertussis, poliomyelitis, measles & tuberculosis- awareness, coverage & vaccine advantage.

1998: retrospect study to determine extent of contribution of life events as ‘triggers’ for schizophrenia in previously healthy males.

1991: An investigative study on the excretion of lignocaine into breast milk of nursing mothers.

1990: A comparative study on the microbial demonstration of infant formulae & powdered evaporated milk under same storage conditions. (Room temperature, refrigeration & freezing temperature)

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## **MANAGEMENT EXPERIENCE**

2007:            Psychiatry Trainee Representative RCSI (St Brendan's Hospital) I had the responsibility of representing trainees at the hospital management meetings and also organised and coordinated on-call rota and journal & scientific club presentations between July and December 2007.

I also helped in selection of patients suitable for use in the MRCPSYCH Part2 exams (Winter)

1991:            Quality Controller, Sterling Winthrop Pharmaceuticals, Lagos. I led the Quality Control Dept. with a staff of 30 personnel (Technical, Middle & Junior management)

## **PROFESSIONAL ACCREDITATIONS/MEMBERSHIP**

Irish medical council	Full Registration
General Medical Council	Full registration
Canadian Psychiatry Association	Member

## **HOBBIES/EXTRACURRICULAR ACTIVITIES**

I love Gardening, Cycling & Horse riding

## **REFERENCES**

Provided on request