

**Receipt of psychotherapy during a 12-month follow-up
in patients with obesity and MDD
(comparison between propensity-score matched cohorts)**

Population	Semaglutide cohort	Non-GLP-1RAs anti-obesity medications cohort	HR (95% CI)
Overall (n = 6,712/cohort)	8.9% (597)	11.0% (738)	0.81 (0.73–0.90)
Women (n = 4,962/cohort)	9.0% (445)	11.7% (579)	0.77 (0.68–0.88)
Men (n = 1,348/cohort)	10.0% (135)	13.1% (176)	0.75 (0.60–0.94)
age <= 45 years (n = 2,084/cohort)	11.9% (247)	14.0% (292)	0.85 (0.71–1.00)
age 46–64 years (n = 3,220/cohort)	7.8% (251)	10.4% (335)	0.75 (0.64–0.89)
age >=65 years (n = 1,404/cohort)	7.2% (101)	7.7% (108)	0.93 (0.71–1.23)
Black (n = 763/cohort)	10.2% (78)	9.3% (71)	1.11 (0.81–1.54)
White (n = 4,857/cohort)	9.1% (444)	11.8% (574)	0.77 (0.68–0.87)
No T2DM (n = 3,369/cohort)	8.6% (291)	11.8% (397)	0.74 (0.63–0.86)
T2DM (n = 3,271/cohort)	9.2% (302)	11.5% (376)	0.80 (0.69–0.93)

