I would really be grateful if you start to build the project, that you go to Gitnub and say hi. billbill100/Weather-Clock: Arduino ESP Weather Clock. Takes time and local weather data from the Internet and displays it on a 3.5" TFT screen (github.com)

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If using the three-part set, no wiring is required.

If using your own parts, then the ESP32 and TFT board can be connected using suitable Dupont wires.

A schematic showing the wiring is included.