# AUTOMATING TASKS WITH THE REDCAP API

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# WHAT TO EXPECT TODAY

- Technical presentation, including
  - Intro to Python
  - Working with Redcap data and the Redcapy library
  - Sending SMS and email with Redcap data
- High-level discussions of:
  - Python
  - Redcap token acquisition and handling
  - Production environment
  - Job scheduling
  - Secure server communication
  - Project use cases with Redcapy

## PRESENTATION MATERIALS

- All slides and notebooks are available at:
  - https://github.com/billsanto/caps\_redcap\_api

#### BACKGROUND

- Our team functions as a Data Coordinating Center for several institutions collaborating as part of:
   Multidisciplinary and Collaborative Research Consortium to Reduce Oral Health Disparities in
   Children: A Multilevel Approach (UH2/UH3)
- Announcement: <a href="https://www.nih.gov/news-events/news-releases/nih-funds-consortium-childhood-oral-health-disparities-research">https://www.nih.gov/news-events/news-releases/nih-funds-consortium-childhood-oral-health-disparities-research</a>
- NIH Grant U01DE025507
- Services provided (NIH source):
  - clinical and scientific expertise, including optimizing study design, measurement, and data analysis
  - informatics and project management, including secure data collection and management systems,
     data quality assurance/control, project and safety monitoring, and progress reporting
  - coordination of distance-collaborating teams

## BENEFITS OF AUTOMATION

- Consistent results
- Increased productivity
- 24x7 Availability
- Scalability

#### DRAWBACKS OF AUTOMATION

- More development effort and code complexity
- Broader technical skillset required
- After hours monitoring and troubleshooting
- Server costs
- Server maintenance
- Changes to APIs must be monitored



https://www.python.org/

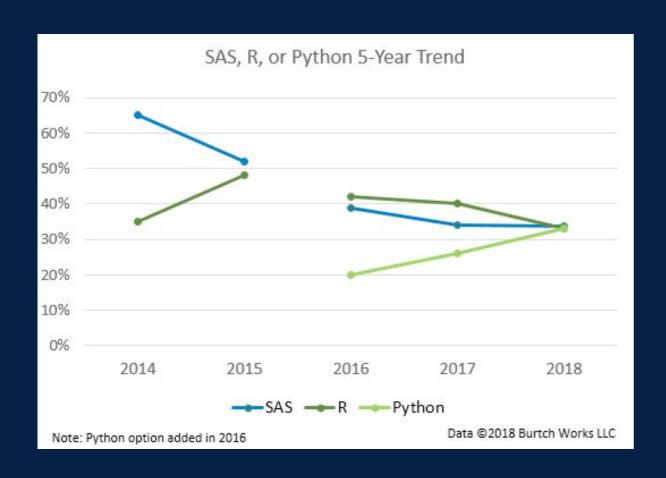
#### PYTHON BACKGROUND

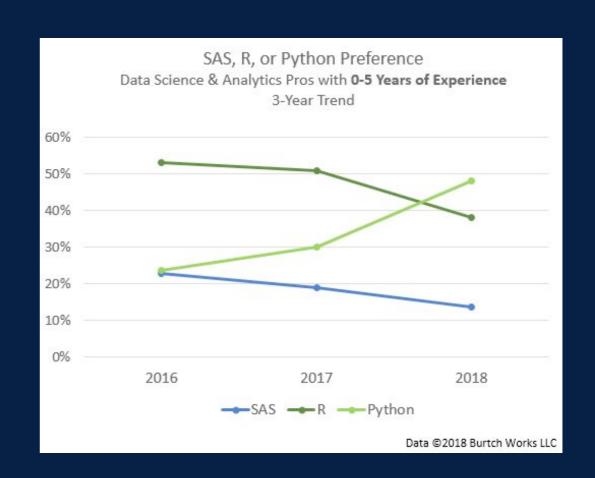
- General purpose, not a domain specific language
  - <a href="https://stackoverflow.com/a/39098766">https://stackoverflow.com/a/39098766</a>
- Mature with a wider user base
- Like R, offers a vast array of available libraries, with contributors ranging from individuals to companies like google, facebook, airbnb, twitter, etc.
- Cross platform, open source
- Scripting language, unlike Java or C
- "Relatively" easy to learn
- No annual licensing fees
- Ease of deploying code from prototype to production

### PYTHON EDUCATION

- In 2014, Python displaced Java as the top intro language course at universities
- Recent evolution of online learning in MOOCs is contributing to a groundswell of people with Python experience
- Approximate count of available MOOCs (in English, filtered by CompSci, Math, DataSci, and Programming categories)
  - <u>Python</u>: 194
  - <u>Java</u>: 132
  - R: 124
  - SAS: 5

## TRENDS: PREFERENCES

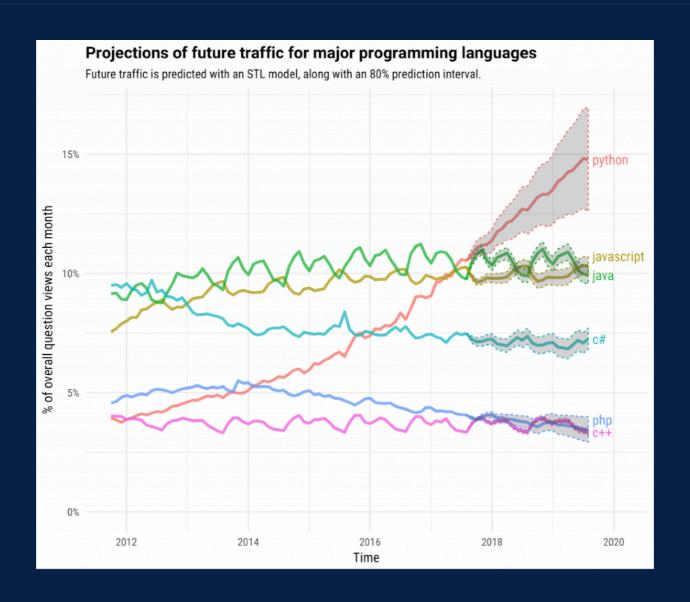




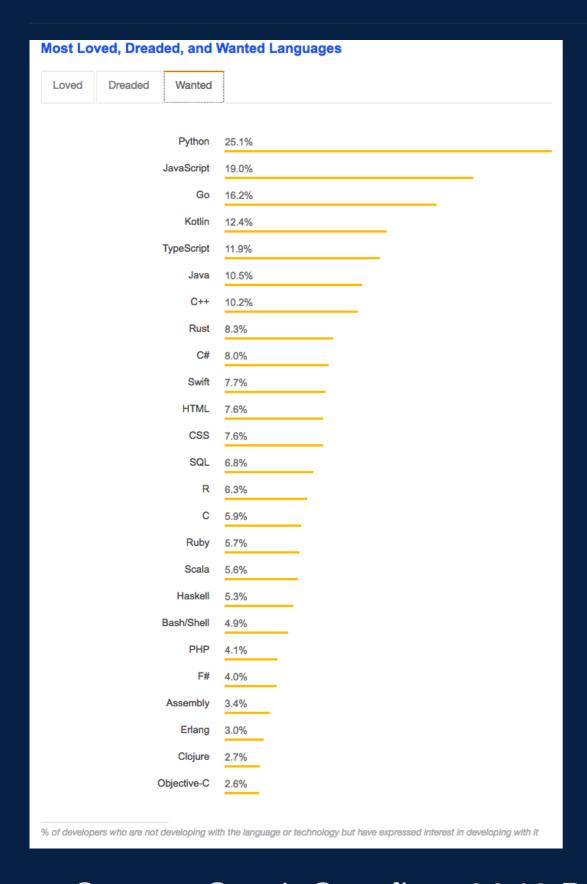
Question: Which do you prefer to use – SAS, R, or Python?

Source: <a href="https://www.burtchworks.com/2018/07/16/2018-sas-r-or-python-survey-results-which-do-data-scientists-analytics-pros-prefer/">https://www.burtchworks.com/2018/07/16/2018-sas-r-or-python-survey-results-which-do-data-scientists-analytics-pros-prefer/</a>

# TRENDS: STACK OVERFLOW QUESTION VIEWS



Source: https://stackoverflow.blog/2017/09/06/incredible-growth-python/





■ Source: Stack Overflow 2018 Developer Survey

# PYTHON VERSIONS

- 2.x vs. 3.x
- Python 2.7 support <u>expires in 2020</u>
- A few key differences

# PYTHON TRAINING

- UCSF has a Data Science Initiative with regular workshops that cover various topics:
  - https://www.library.ucsf.edu/data-science/
- But consider online classes, with assignments and online forums for support
  - https://www.coursera.org/specializations/python
  - https://developers.google.com/edu/python/
  - https://www.codecademy.com/learn/learn-python
  - https://www.udemy.com/complete-python-bootcamp/

## PYTHON ENVIRONMENTS

- Macs and Linux systems ship with built-in Python
- However, using a virtual environment is recommended
  - virtualenv (general purpose)
  - Enthought
  - Anaconda (recommended)
- Why use a virtual environment?
  - Permits each project (or group of projects) to use its own combination of libraries
  - Allows for testing of new libraries in their own environment

## LIBRARY MANAGEMENT

- pip
  - Show installed libraries: pip freeze
  - Install new library: pip install pandas
  - Update existing library: pip install pandas —upgrade
- conda (for Anaconda users)
  - Show installed libraries: conda list
  - Install new library: conda install pandas
  - Update existing library: conda update pandas
  - https://www.quora.com/How-do-I-install-Python-packages-in-Anaconda

## JUPYTER NOTEBOOKS

- Browser-based coding application
- Well suited for interactive work, data exploration, analysis, visualizations
- https://github.com/jupyter/jupyter/wiki/A-gallery-of-interesting-Jupyter-Notebooks#introductorytutorials
- Revolutionary technology
  - https://www.forbes.com/sites/forbestechcouncil/2018/08/17/here-come-the-notebooks/
- Notebooks have .ipynb extension
- Jupyter Lab recently released
  - 10 minute youtube intro
  - Supports over 100 languages, including R and SAS

#### PANDAS LIBRARY

- DataFrames, similar to R DataFrames
- https://pandas.pydata.org/
- Widely adopted by the data science community
- Article: Python explosion blamed on pandas

#### API

- API = Application Programming Interface
- In general, it is a set of clearly defined methods of communication between components.
- APIs are applicable to web servers, operating systems, data structures, hardware, etc.
- In our context, we are concerned with how to interact with a web server using software that we write.
- Server developers have to tell us how what commands their system understands via their documentation or code.

## NON-TECHNICAL EXAMPLE

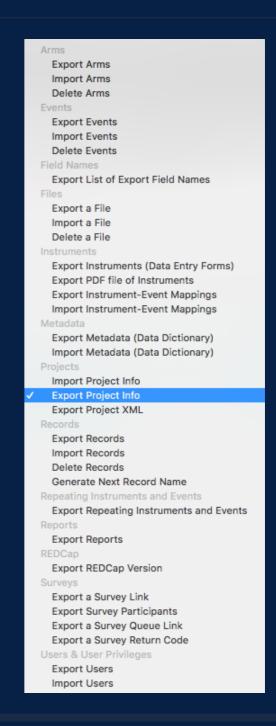
- Bob goes to Mel's Diner and orders ceviche
- Flo informs Bob that is not on the menu
- Flo instructs Bob to read the menu and choose a meal from it
- Bob studies the menu and orders a burger and fries
- Flo sends order to Mel
- Mel prepares food and informs Flo when order is ready
- Flo received meal from Mel and delivers prepared food to Bob
- Bob consumes the meal
- In API terms, Bob is the analyst hungry for data, Flo is the web server, Mel is the database, and the menu is the API documentation.
  - If it is not documented, the data typically doesn't get served

#### REDCAP API

- Is a RESTFUL API. In other words, data is exchanged via the HTTP protocol
  - Reference: <a href="https://restapitutorial.com/lessons/">https://restapitutorial.com/lessons/</a>
     <a href="https://restapitutorial.com/lessons/">httpmethods.html</a>
- API Documentation: <a href="https://redcap.ucsf.edu/api/help/?">https://redcap.ucsf.edu/api/help/?</a>
   content=default
- SAS Example: <a href="https://redcap.ucsf.edu/announcement/">https://redcap.ucsf.edu/announcement/</a>
   SAS API workaround.pdf

# REDCAP API FEATURES

- Permits importing and exporting of any item listed in the screenshot
- Not all data is available via the API, such as logging or calendar data



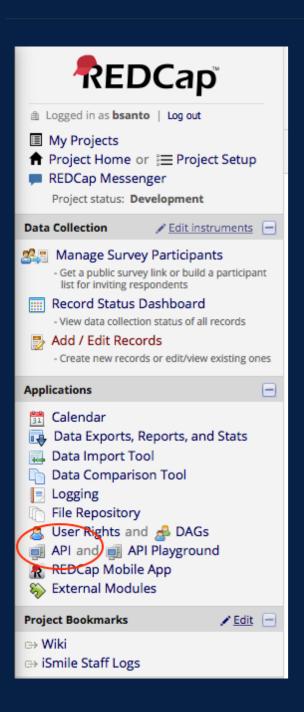
#### REDCAP API

- On a per-project basis, you request an API token from the Redcap support team.
  - A token (32 or 64 character string) is unique to a given project
  - It takes from a few minutes to the next business day to receive a token
  - Every copy of an existing project requires a new token if needed
- Your Redcap project manager can grant you either or both
  - import privileges
  - export privileges

# ACQUIRING A TOKEN

- The project admin assigns API privileges to the user
- The user clicks the API hyperlink in the left frame (page refresh is required after the admin grants privilege)
- The user clicks the button to request a token
- The Redcap administrator receives the request and clicks something to make it happen
- Eventually, the user receives an email indicating the token was granted
- The user returns to the API page to see the token

# **ACQUIRING A TOKEN**



- The project admin assigns API privileges to the user
- The user clicks the newly created API hyperlink in the left frame (page refresh is required after the admin grants privilege)
- The user clicks the button on the API page to request a token
- The Redcap administrator receives the request and clicks something to make it happen
- Eventually, the user receives an email indicating the token was granted
- The user returns to the API page to see the token

# API LOGGING

08/07/2018 11:58am	bsanto	Data Export (API)	export_format: JSON, rawOrLabel: label	
08/07/2018 11:58am	bsanto	Data Export (API)	export_format: JSON, rawOrLabel: raw	
08/07/2018 10:19am	bsanto	Manage/Design	Edit project field	
08/07/2018 10:17am	bsanto	Updated Record (API) 2216 (Final Data Collection)	vt_last_timestamp = '2018-08-07 10:10:27', vt_pending_visit = "	
08/07/2018 10:17am	bsanto	Updated Record (API) 2216 (6 Month Data Collection)	vt_last_timestamp = '2018-08-07 10:10:27', vt_pending_visit = "	
08/07/2018 10:17am	bsanto	Updated Record (API) 2190 (Final Data Collection)	vt_last_timestamp = '2018-08-07 10:10:27', vt_pending_visit = "	

- Every API call is logged
- Each imported field is logged if the field value changes
- Imported field values are not logged if the field values are not altered
- If you do not have access to the log, request it from your Redcap project admin

# WHAT NOT TO DO WITH A TOKEN?

- Do NOT store a token in your source code
  - Eventually, you will forget that you placed it there
  - You cannot share your code without revealing your token
  - Once you have multiple programs for a given project, a token change requires multiple source code updates
- If source is under version control, the version control system now has the token
  - If the source gets published, then token gets published to the world

## WHAT TO DO WITH A TOKEN?

- Store in an environment variable
  - https://www.twilio.com/blog/2017/01/how-to-set-environment-variables.html
- Store in a file which can be imported into code
  - Advisable to not store in the same folder as project source code under version control
- Either of the above stores in plain text, so special attention needs to be paid to your environment variables and those files to protect them
- R tips: <a href="http://happygitwithr.com/api-tokens.html">http://happygitwithr.com/api-tokens.html</a>
- Some secure storage methods: <a href="https://medium.freecodecamp.org/how-to-securely-store-api-keys-4ff3ea19ebda">https://medium.freecodecamp.org/how-to-securely-store-api-keys-4ff3ea19ebda</a>

## API CAVEATS

- Tokens grant anyone in possession of the token the privileges accorded to that token, so it must be safeguarded and not shared
- Export privileges provide access to all API data
- Import privileges can instantly corrupt or destroy project data, so project admins should only grant this on an as-needed basis per project
- Redcap integrity constraints prevent some types of flawed import attempts from succeeding, but not all
  - e.g., you can import data for a record id into an incorrect arm
- Tip: Evaluate code which imports data on a recent copy of your production Redcap project until convinced it is working correctly
- Be PARANOID about which token is in use when testing import code

# CURL

- curl facilitates transfer of data to/from a server
- https://curl.haxx.se/docs/manpage.html
- In a web server context, this allows you to see raw data that you would otherwise see rendered in a browser
- On a Mac, open Terminal and type: curl 'http://www.google.com' to see an example
- PCs do not have curl built-in, but is available as part of other packages.
- Twilio API message status command example:

# BASH SHELL & SCRIPTS

- On a Mac or Unix/Linux system, a terminal window operates in a shell environment, where commands and scripts can be executed interactively
  - A popular choice of shell is bash
  - Ref: <a href="http://www.tutorialspoint.com/unix/unix-shell.htm">http://www.tutorialspoint.com/unix/unix-shell.htm</a>
- Windows command prompt: <a href="https://www.wikihow.com/Open-the-Command-Prompt-in-Windows">https://www.wikihow.com/Open-the-Command-Prompt-in-Windows</a>
- Shell Scripts:
  - Programs used to execute a sequence of commands
    - Ability to write loops, conditionals, etc.
  - http://www.linuxcommand.org/lc3\_writing\_shell\_scripts.php
  - Windows/DOS equivalent: https://www.howtogeek.com/263177/how-to-write-a-batch-script-on-windows/

# USING NOTEBOOKS IN PRODUCTION

- Although it is intended for interactive use, under certain scenarios it can be useful for production, such as
  - Low frequency batch use
  - Complete reproducibility of inline execution is desired
  - Enhanced troubleshooting of executed code is needed

### PRODUCTION NOTEBOOKS

- Launch notebook from a python script
- Pass key parameters from the script to the notebook's first cell using nbparameterise library
  - https://github.com/takluyver/nbparameterise
  - Requires organizing notebook code to accommodate
    - e.g., Parameter indicating whether to use a import data to a production or development project

## **NOTEBOOKS OR SCRIPTS?**

- When using a notebook, there is overhead in creating a script to pass arguments to the notebook
- Scripts can leverage much more powerful debugging tools when using a modern IDE such as Visual Studio or PyCharm
- A notebook, if used for development, can be exported to a script
- Debugging scripts requires thoughtful implementation of logging to facilitate debugging of a failed job, but a notebook can be designed to display large amounts of useful data for troubleshooting
- Scripts are far more widely used for production purposes
- Notebooks would be inefficient or unsuitable for many applications
- Scripts are more amenable to use under version control. However, nbdiff-web can be used to visualize code changes.
- Markup documentation can make notebooks easier to comprehend
- Notebooks lack the refactoring capabilities that most IDEs possess

## SCHEDULED JOB WORKFLOW

- Typically, a job is scheduled via cron
- cron executes python script and passes command line arguments (if any)
   to script
- If notebook is involved, python script launches notebook and passes arguments to notebook
  - Python script saves timestamped copy of notebook, complete with inline output
- Job results saved to new local mail message, including any printed output from python script

# JOB SCHEDULING

- Unix/Linux:
  - crontab
    - Define a schedule to launch program
    - https://www.computerhope.com/unix/ucrontab.htm
  - at
    - Schedule a program to execute once
    - <a href="https://tecadmin.net/one-time-task-scheduling-using-at-commad-in-linux/">https://tecadmin.net/one-time-task-scheduling-using-at-commad-in-linux/</a>
- Windows
  - https://www.dummies.com/computers/pcs/how-to-open-windows-task-scheduler/

#### CRONTAB SAMPLE JOBS

```
# ISMILE
00,15,30,45 05-22 * * 1,2,3,4,5 source $HOME/.bash_profile && cd $HOME/dev/python/ismile && python $HOME/dev/python/ismile_ismile_poll_participants.py 1 0 1
04 03,07,11,15,19,23 * * 0,6 source $HOME/.bash_profile && cd $HOME/dev/python/ismile && python $HOME/dev/python/ismile/ismile_poll_participants.py 1 0 1
00 00,04 * * * source $HOME/.bash_profile && cd $HOME/dev/python/ismile/ && python $HOME/dev/python/ismile_compute_visit_dates.py 0 1 1 1 1
05 00,04 * * * source $HOME/.bash_profile && cd $HOME/dev/python/ismile/ && python $HOME/dev/python/ismile/ismile_compute_visit_dates.py 1 0 1 1 1
16 00,04 * * * source $HOME/.bash_profile && cd $HOME/dev/python/ismile/ && python $HOME/dev/python/ismile/ismile_check_agile_status.py 1 0 0 1 1 0
21 00,04 * * * source $HOME/.bash_profile && cd $HOME/dev/python/ismile/ && python $HOME/dev/python/ismile/ismile_check_agile_status.py 0 1 0 1 1 0
50 13 * * * source $HOME/.bash_profile && cd $HOME/dev/python/ismile/ && python $HOME/dev/python/ismile_ismile_send_surveys.py "REDCAP_API_ISMILE_PROD" "REDCAP_API_ISMI
```

- Set schedule for minute, hour, days of week
- Source user environment and set working directory before launching code
- Run command and arguments
  - In these examples, run python and pass program location and its arguments as arguments to python

#### TWILIO API

- Permits sending and receiving SMS directly from code
- Alternately, why not send SMS using the Redcap/Twilio integration?
  - Redcap Twilio messages are associated with a specific survey mapped to an event, and some study requirements are not consistent with the linkage to a survey
  - Redcap 8.5 reportedly stopped appending Survey URLs, but in practice standard text and survey URLs are still being appended to messages.
    - Namely, "To begin the survey, go to https://redcap.ucsf.edu/?abcdefg"
  - No convenient means to extra extract message metadata from Redcap API
  - No ability to re-evaluate delivery status of failed messages

#### TWILIO ACCOUNT

- Requires account setup and credit card on file
- Free trial number available
- Lease phone numbers for \$1 a month
- The account is charged on demand when the account falls below \$10, by default
- Twilio offers free test phone numbers, but they have limited ability to conduct full tests of code
- Each SMS costs \$0.0075

#### TWILIO USAGE

- Each phone number must be provisioned before use
- Each Twilio account has an SID and token, which are used to access their API
- Each SMS generates a unique SID, which can be used to check status of a message
- Twilio offers a Python library, installed by the command: pip install twilio
- Note that the twilio library upgrade from version 5 to 6 made breaking changes, so testing of any major upgrade is highly advised
- If you have a Twilio number already assigned to a Redcap project (configured by a Redcap admin), it is advisable to purchase and use a second phone number for communicating directly with Redcap participants

### TWILIO SENDING/RECEIVING

- Sending a SMS is relatively simple, but most of work is overhead in preparing data,
   checking delivery status, handling edge cases and missing data, and recording results.
- Receiving SMS replies requires significantly more effort to setup and maintain a web server that can receive and process those replies
- Such a web server would have to be installed on a server on the UCSF external network, or perhaps in the future on a secure AWS instance. The code in turn needs to parse replies and react accordingly, contingent on study requirements
- Alternately, you can configure auto-replies to refer replies to an external contact using TwiML: <a href="https://www.twilio.com/docs/sms/twiml">https://www.twilio.com/docs/sms/twiml</a>
- Ensure your code does not permit runaway loops, which would not only be costly, but also annoy study participants

## TWILIO LONG CODE LIMITATIONS

- Limited to no more than 1 message per second to not be considered a high volume user
  - Otherwise, you may need to apply for a short code number, a process which requires auditing, special arrangements, and can take up
    to several months for approval
- For use with Redcap studies, most probably don't require high volume, time-sensitive messaging
- Occasionally, message deliveries may fail with a 30007 error due to triggering a carrier's spam detection when using a long code number
  - There is no good recourse when this occurs
  - It is probably helpful to configure messages to send at a frequency lower than 1 per second, and maybe to customize content in each message
  - However, carriers, for obvious reasons, do not publicize their spam detection rules
- Currently, our highest volume project routinely sends between 50-100 messages to study participants during code execution, several times per week.
  - Only one participant persistently had their carrier reject messages, but this participant was not randomized and was otherwise not reachable after the screening visit.
- https://www.twilio.com/docs/sms/send-messages#a-note-on-rate-limiting

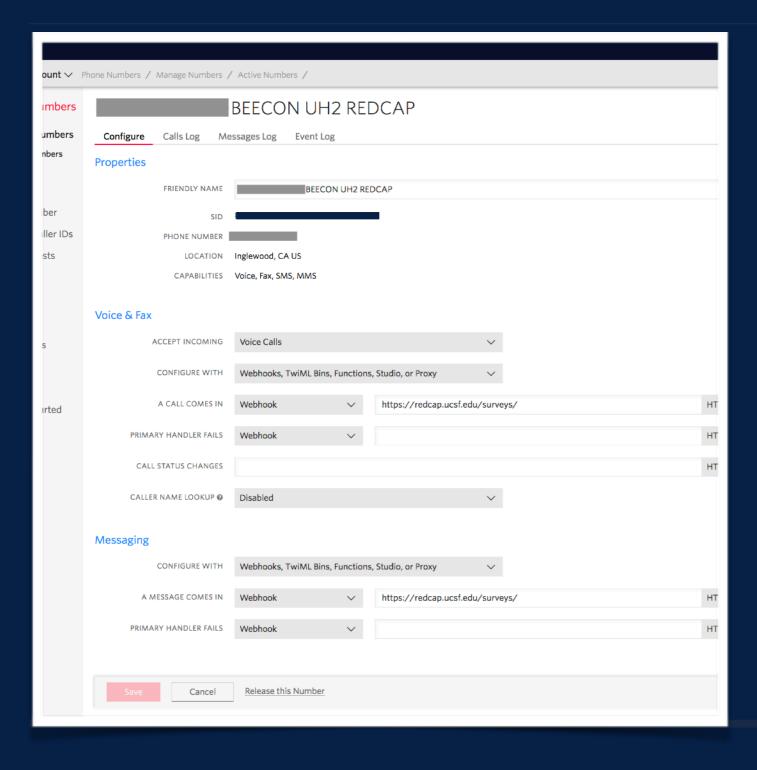
#### TWILIO SHORT CODES

- Approval process is 2-3 months
- Short codes can send up to 100 messages per second
- https://support.twilio.com/hc/en-us/articles/223182068-What-is-a-Messaging-Short-Code-
- https://usshortcodes.com/faqs
- Handbook: <a href="https://www.wmcglobal.com/ctia-short-code-handbook">https://www.wmcglobal.com/ctia-short-code-handbook</a>
- Note that some minor carriers will block short codes, which may require intervention on the part of the message recipient to unblock. This should affect only a small percentage of users, but numbers should be tested to receive them, and it may require time and special handling that may be beyond the scope of a research assistant's abilities
- In one of our projects, the messaging partner (who handles direct participant intervention via SMS) uses short codes. The number validation workflow looks like: <a href="https://www.lucidchart.com/documents/view/d80abb39-fe4f-4232-ad34-01f959ab33b0/0">https://www.lucidchart.com/documents/view/d80abb39-fe4f-4232-ad34-01f959ab33b0/0</a>
- Short codes should not be subject to spam detection

### CONFIGURING TWILIO REPLIES

- To configure a number with an auto-reply, select TwiML under the Messaging section, click + to create a new message, and compose an appropriate message in a properly formed XML document
- Once provisioned, it is easy to test how a number responds to SMS by initiating a text message to the number from your own device
- Reference: <a href="https://support.twilio.com/hc/en-us/articles/230878368-How-to-use-templates-with-TwiML-Bins">https://support.twilio.com/hc/en-us/articles/230878368-How-to-use-templates-with-TwiML-Bins</a>

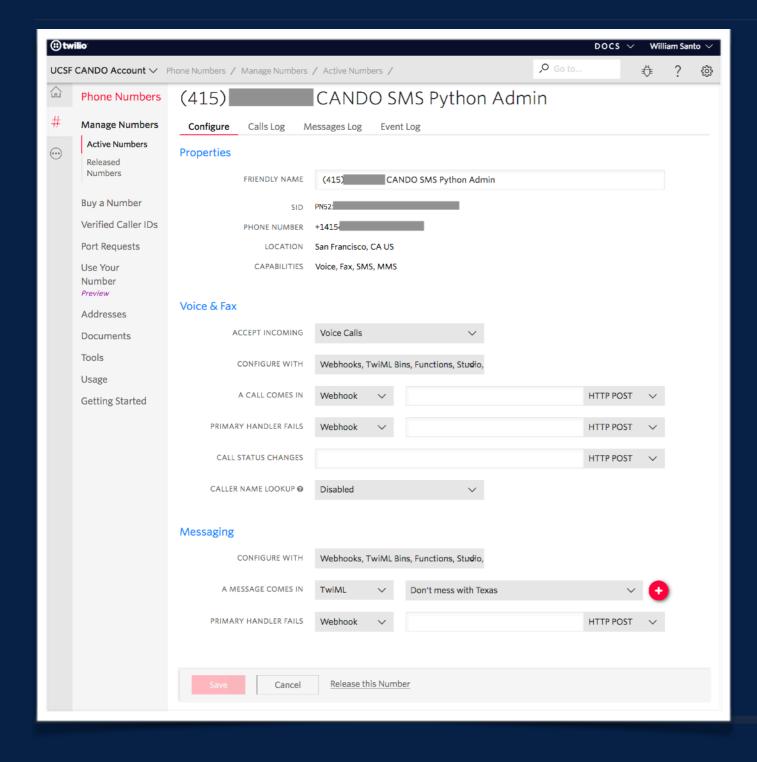
#### PROVISIONING FOR REDCAP



Simply add the Redcap URL to these two rows

Tip: Change the title of key numbers to make it easy to identify their purpose

#### PROVISIONING FOR CODE



This particular number is used for communicating code execution status updates

#### TWILIO API TYPICAL USAGE

- Typical use case would involve:
  - Export participant contact data from Redcap API
  - Determine which participants qualify for receiving SMS
  - Establish a connection to Twilio using credentials
  - Send SMS
  - Check status of each message using Twilio SID
  - Format status data for import to Redcap API
  - Import status data

#### SSH

- Secure shell (ssh) allows encrypted cross-platform communication between a client and a server using a combination of public and private keys
  - https://www.wikihow.com/Use-SSH
- scp (secure copy) uses a secure ssh tunnel to transmit/receive files
- sshpass allows a client to store credentials securely to bypass a manual login
  - Also prevents credentials from being exposed in command history
  - https://www.cyberciti.biz/faq/noninteractive-shell-script-ssh-passwordprovider/

## DEPLOYING CODE TO PRODUCTION

- One approach:
  - Use a shell script to specify files in current directory for scp to server
  - Before copy, shell script makes a timestamped copy of production files on server to backup server directory
  - Invoke sshpass to scp updated files to server

## OBTAINING A VIRTUAL SERVER

- Start: <a href="https://datacenter.ucsf.edu/services/virtual-hosting">https://datacenter.ucsf.edu/services/virtual-hosting</a>
- Benefits of a virtual server: https://datacenter.ucsf.edu/services/benefits-virtual-hosting-services
- FAQ: <a href="https://datacenter.ucsf.edu/faq-page#t2n91">https://datacenter.ucsf.edu/faq-page#t2n91</a>
- Running on bare minimum hardware may be possible, but the marginal cost of additional resources (CPU/RAM) is low
- Ordering system admin services for \$100/month is worthwhile (do you want to be a sys admin?)
- Determine if needed on internal or external network
  - External network requests require additional justification/approval
  - You must declare which inbound TCP ports are required and provide source IP addresses
- Caveat—could be challenging if you have never managed a server

#### NOTEBOOK DEMOS

https://github.com/billsanto/caps\_redcap\_api

### PROJECT USE CASES

- ISMILE
- CO-OP
- PACT
- BEECON

### ISMILE PROJECT

- Test efficacy of a parent targeted text messaging program on caries incidence and oral health behaviors
- Participants randomized to one of two arms
- Two year enrollment
- 4 month highly interactive text messaging program administered by <u>Agile Health</u>

### ISMILE CODING PROJECTS

- Exchange enrollment data between Redcap and Agile Health
- Send 2 and 4 month SMS survey invitations as a redundant invitation to the Redcap email invitations
- Track daily progress of participant visit completion and compute visit windows

# ISMILE ENROLLMENT CHALLENGE

- Agile Health customizes their texting program based on participant data entered into Redcap
  - Name, gender, child name, dob, arm, language, and select survey data, etc.
- Problem: Coordinating Redcap participant data with Agile Health data
- Manual coordination for enrollment and status tracking:
  - RA staff manually transcribes Redcap data into Agile Health server
  - RA staff manually checks Agile server for status changes and updates Redcap or tracks offline
- Note that the expected UH3 enrollment is 850 participants
- Architectural overview

# ISMILE ENROLLMENT SOLUTION

- Server to process Redcap-Agile data exchange
  - Solves scaling and accuracy problems
  - Key decision is server placement (for many use cases, the answer is more obvious)
    - External UCSF network
      - Updates originating on Agile initiate an inbound connection
        - Requires high availability for our server to receive data at any time
        - Requires error recovery on Agile's part for any communication failures
      - Security implications and higher scrutiny
    - Internal UCSF network
      - Our server initiates all communications to Redcap and Agile
      - Requires reasonable polling demand on Redcap server
      - Polling requires a workflow which does not require immediate communication

#### AGILE HEALTH API

- Agile Health provided API documentation, which included endpoints for
  - Enrollment
  - Status lookup
  - Member update
  - Arm assignment
- Also RESTFUL—Uses HTTP GET/POST/PUT methods
- Most variable names and values required translation between Agile and Redcap equivalents
- Architectural overview as implemented

#### CO-OP CODING PROJECTS

- Track daily visit completion status and compute windows
- Copy all data bi-monthly from an inter-rater Redcap project to the main project

#### BEECON CODING PROJECTS

- Send SMS messages 3x per week as a reminder for participants to sync Philips toothbrushes
- Send brushing performance and earnings feedback to participants once per week. Earnings are a function of syncing performance and, for the intervention arm, correctly guessed numbers in a weekly drawing distributed as a standard web survey
- Check Philips data source daily for anomalous data

#### PACT CODING PROJECT

 Produce an HTML-based performance summary of practices and providers, distribute reports and import key results into Redcap monthly

### FINAL CAVEATS

- While the published code works for our circumstances, you are responsible for validating it to ensure it meets your expectations
- Protect your tokens
- Be careful using the import and delete methods
- Be mindful of server resources when interacting with the Redcap API
- Ensure you have necessary resources to deploy and maintain a production server and code base

#### REVIEW OF MAIN TOPICS

- Introduction to Python
- Redcap and Twilio APIs
- Redcap Data Characteristics
- Production environment
- Current use cases