

VI. VOLUNTARY WORK OR INVOLVEMENT IN CIVIC/ NON GOVERNMENT/ PEOPLE/ VOLUNTARY ORGANIZATION

31	NAME & ADDRESS OF ORGANIZATION (Write in full)	INCLUSIVE DATES (mm/dd/yyyy)		NUMBER OF HOURS	POSITION OF WORK
	LAURENCE CONGRATABLE MEMBER	0000-00-00	0000-00-00	40	FORMER
	MICHAELS. CLUB	0000-00-00	0000-00-00	40	MEMBER-OUTREACH

(Continue in separate page if necessary)

VII. TRAINING PROGRAM (Start from the most recent training)

32	TITLE OF SEMINAR/ CONFERENCE/ WORKSHOP/ SHORT COURSES (Write in full)	INCLUSIVE DATES OF ATTENDANCE (mm/dd/yyyy)		NUMBER OF HOURS	CONDUCTED/SPONSORED BY (Write in full)
	COMPETENCY BASED TRAINING I(CBT I)	2009-06-23	2009-06-26	32	CIVIL SERVICE COMMISSION..
	TRAINING OF APPOINTMENTS PREPARATION (TAP)	2009-05-05	2009-05-07	24	CIVIL SERVICE COMMISSION..
	ANTI RED TAPE ACT (ARTA) R.A. 9485	2009-04-14	2009-04-15	16	DEPARTMENT OF INTERIOR AND..
	16th ANNUAL REGIONAL COUNCIL OF PERSONNEL OFFICERS	2009-03-10	2009-03-12	24	CIVIL SERVICE COMMISSION..
	SYMPOSIUM ON RA 9485 (ANTI RED TAPE ACT OF 2007)	2009-02-17	0000-00-00	8	CIVIL SERVICE COMMISSION..
	15th REGIONAL COUNCIL OF PERSONNEL OFFICERS (RCPO)..	2008-04-22	2008-04-25	32	CIVIL SERVICE COMMISSION,..
	6th MAP INTERNATIONAL, CEO CONFERENCE ON "STRONG VISION"	2007-10-02	2007-10-03	16	RIZAL BALLROOM, MAKATI,..
	EXECUTIVE FORUM SUSPENSION OF PUBLIC OFFICIALS "WORKING WITH THE LAW"	2007-08-09	2007-08-31	24	CROWN REGENCY SUITES,
	2nd GENERAL ORIENTATION ON (PMS) PERFORMANCE MANAGEMENT	2007-08-08	0000-00-00	8	CIVIL SERVICE COMMISSION..
	ANNUAL CONFERENCE OF REGIONAL COUNCIL OF PERSONNEL OFFICERS	2007-04-17	2007-04-20	32	CHATEAU ROYALE, NASUGBU,..
	EXECUTIVE FORUM, THE 2007 GEN, REP, ACT REHABILITATION	2007-02-23	2007-02-25	24	VENUS PARK VENI HOTEL,
	SEMINAR WORKSAOP ON MANAGING MEDICAL RECORDS	2006-11-06	2006-11-08	24	TEACHERS CAMP, BAGUIO CITY
	SEMINAR/WORKSHOP ON CAPABILITY ENHANCEMENT OF REGIONAL COUNCIL	2006-08-24	0000-00-00	8	CIVIL SERVICE COMMISSION..
	REGIONAL CONSULTATIVE CONFERENCE ON CHED ISSUES AND CONCERNS	2006-08-10	0000-00-00	16	CHATEAU ROYAL, KM 72
	TEAM POWER FOR LAGUNA'S PUBLIC SERVANTS	2006-07-14	0000-00-00	8	SEAGULLS FLIGHT FOUNDATION,..
	ORIENTATION CONFERENCE ON RA9262	2006-05-18	0000-00-00	8	DEPARTMENT OF INTERIOR AND..
	MID-YEAR CONVENTION CUM SEMINAR	2005-07-01	0000-00-00	8	MANILA, PHILIPPINES
	16th ANNUAL REGIONAL COUNCIL OF PERSONNEL OFFICERS	2005-04-19	2005-04-21	20	BATANGAS PLAZA, BATANGAS..

(Continue in separate page if necessary)

VIII. OTHER INFORMATION

33	SPECIAL SKILLS/HOBBIES	34	NON-ACADEMIC DISTINCTIONS/RECOGNITIONS	35	MEMBERSHIP IN ASSOCIATION/ORGANIZATION (Write in full)
	STENOGRAPHER				
	SINGING				
	DANCING				
	SWIMMING				
	PERSONALITY		2007 OUTSTANDING HUMAN RESOURCE MANAGEMENT PRACTITIONER		REGIONAL COUNCIL OF

(Continue in separate page if necessary)

CONTINUING QUEST FOR EXCELLENCE IN THE PUBLIC SERVICE	2004-09-14	2004-09-17	32	GAAO, DAPITAN CITY
SEMINAR ON ANTI TRAFFICKING IN PERSONS RA 92008 AND..	2004-09-03	2004-09-04	16	DOJ/USAID, SUPREME COURT..
EXECUTIVE-LEGISLATIVE CONFERENCE WORKSHOP	2004-07-16	2004-07-18	20	CAP JOHN HAY MANOR CITY
STENGTHENING THE ORGANIZATION AND MANAGEMENT COMPTONENICES..	2000-00-00	0000-00-00	8	LOCAL GOVERNEMNT ACADEMY..
TRAINING ON GENDER AND DEVELOPMENT	2004-03-11	2004-03-12	16	GABRIEL RESORT, PANGIL,
EXECUTIVE FORUM	2003-12-04	2003-12-06	24	BOHOL TROPICS RESORT,
NATIONAL CONSULTATION ON GENDER DEVELOPMENT PLANNING	2003-11-27	2003-11-29	24	CITY GARDEN SUITES, ERMITA,..
SEMINAR/WORKSHOP ON THE REVISED POLICIES ON THE QUALIFICATION..	2000-00-00	0000-00-00	8	LA VISTA PANSOL RESORT,
SEMINAR/WORKSHOP ON ADMINISTRATIVE OFFICERS CURVING	2003-10-14	2003-10-17	24	CASA PILAR BEACH RESORT,..
NATIONAL CONFRENCE ON GENDER AND DEVELOPMENT IN LGUS	2003-05-11	2003-05-13	20	MKP-AT BAY VIEW PAARK, ROXAS..
15th REGIONAL COUNCIL OF PERSONNEL OFFICERS (RCPO)..	2003-04-01	2003-04-03	20	CIVIL SERVICE COMMISSION..
NATIONAL CONFERENCE ON FUNDING GRANTS AND PROJECT	2002-11-25	2002-11-27	24	UKP, BAY VIEW HOTEL, AMNILA
SEMINAR ON NEW PERFORMANCE EVALUATION SYSTEM	2002-04-28	0000-00-00	8	CIVIL SERVICE COMMISSION..
REGIONAL COUNCIL OF PERSONNEL OFFICERS	2002-03-12	2002-03-14	24	CIVIL SERVICE COMMISSION..
NATIONAL CONFERENCE ON ADVANCING THE WOMEN'S AGENDA	2002-03-03	2002-03-05	24	UKP AT BAY VIEW PARK HOTEL,..
IMMUSION PROGRAM ON SH, JP, DV/DAW ACTIVITIES	2001-10-15	2001-10-17	24	TUCP, CEBU CITY
TRANSFORMATIONAL LEADERSHIP FOR EFFECTIVE GRIEVANCE	2001-08-16	0000-00-00	8	MORAL RECOVERY OFFICE
SEMINAR WORKSHOP POAP ORGANIZATIONAL DEVELOPMENT	2001-07-29	2001-07-31	16	POAP CEBU CITY
LUZON PARALEGAL TRAINING ON HANDLING CASES ON CHILD	2001-07-29	2001-07-31	16	TUCP QUEZON CITY
PEOPLES' EFFICIENCY AND TRANSPARENCY (PEAT) TRAINING.	2001-07-08	2001-07-11	32	TUCP, QUEZON CITY
FORUM ON RA 6713 AND THE PEOPLES EFFECTIVITY AND TRANSPARENCY..	2000-00-00	0000-00-00	8	TUCP/USAID, CAVITY CITY
REGIONAL COUNCIL OF PERSONNEL OFFICERS	1999-05-12	1999-05-14	24	CSC REGION IV, CULTURAL
SEMINAR WORKSHOP ON THE UPDATED POLICIES ON Q.S. AND	1999-04-06	1999-04-07	16	GOVERNORS OFFICE-HRMO STA...
SEMINAR WORKSHOP ON SUPERVISORY DEVELOPMENT COURSE	1999-03-29	1999-03-31	16	CIVIL SERVICE COMMISSION..
21-POINT DEVELOPMENT PROGRAM	1998-01-23	1998-01-24	16	GO-HRMO STA. CRUZ, LAGUN
SYMPOSIUM ON RA 8291 GSIS ACT OF 1997	1997-10-29	0000-00-00	5	AQUINO SPORTS STADIUM, SAN..
DISTANCE LEARNING PROGRAM	1997-10-14	1997-10-18	40	CSC FIELD OFFICE, STA. CRUZ,..
ANNUAL CONFERENCE OF HRMO AND PO	1997-08-12	1997-08-13	16	CSC REGION IV, MALOLOS,
MINI VOW	1997-07-18	0000-00-00	8	RED CROSS STA. CRUZ, LAGUNA
BILIS AKSYION PARTNER SEMINAR WORKSHOP	1997-05-29	0000-00-00	8	CSRO TRAINING, Q.C.
LOCAL EXECUTIVE FORUM AND PERSONNEL SYSTEM SEMINAR	1997-05-06	1997-05-07	16	CSC REGION IV, STA. CRUZ,..
RCPO- CONFERENCE WORKSHOP	1997-04-16	1997-04-18	24	CSC REGION IV, ROMBLON
POAP SEMINAR (PES)	1997-03-05	1997-03-07	20	POAP, BAGUIO CITY
GRIEVANCE MACHINERY	1997-02-12	0000-00-00	8	CSC STA. CRUZ, LAGUNA
MAMAMAYAN MUNA HINDI MAMAYA NA	1996-07-31	0000-00-00	8	HRMO- CSC, STA. CRUZ, LAGUNA
HUMAN VALUE DEVELOPMENT	1996-03-25	1996-03-27	24	CSC-CPO, CABUYAO MINI RESORT
CIVIL SERVICE LAW AND RULES	1996-02-01	1996-02-02	16	HRMO-CSC, STA. CRUZ, LAGUNA
PERFORMANCE EVALUATION SYSTEM	1995-10-02	1995-10-03	16	HRMO-CSC, STA. CRUZ, LAGUNA
JET-STREAM	1995-08-07	1995-08-25	120	CSC-QUEZON CITY
JOINT SEMINAR WORKSHOP AURORA LAGUNA CPO'S STRENGTHENING	1995-05-23	1995-05-25	24	CSC-CPO, CALAMBA CITY
GSIS SYMPOSIUM PRIVILEGES AND BENEFITS	1994-07-19	1994-07-20	16	GSIS- CULTURAL, STA. CRUZ,..
PERFORMANCE EVALUATION SYSTEM	1994-06-26	1994-06-27	16	CSC CALAMBA CITY
PERSONNEL EFFECTIVENESS PROGRAM (PEP)	1994-06-13	1994-06-24	80	CSC-Q.C.
POAP CONFERENCE	1994-06-01	1994-06-03	24	PHILHEALTH. EAST AVENUE Q.C.
PERFORMANCE EVALUATION SYSTEM	1994-05-11	0000-00-00	8	CSC- STA. CRUZ, LAGUNA
PERFORMANCE EVALUATION SYSTEM	1994-04-08	1995-04-09	16	CSC PAGSANJAN, LAGUNA
OTHERWISE KNOWN AS ANTI VIOLENCE AGAINST WOMEN AND	0000-00-00	0000-00-00		