

CITRUS LEMON



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Lemon, also known as citrus limon, is a small, evergreen tree with a pleasant aroma and rich in vitamin C, widely used in cooking and health. It is a hybrid of the bitter orange (*Citrus aurantium*) and the citron (*Citrus medica*).



The tree can grow 3 to 6 meters tall, its branches are generally thorny, and its leaves are bright green and oval. When crushed, the leaves emit a lemon scent. The flowers are white or slightly pink, with purple buds and a strong, sweet scent. In temperate climates, they can bloom year-round. The fruit is oval to ellipsoid in shape, yellow when ripe, and has a prominent tip. The rind is leathery and thick, containing essential oils. The flesh is sour and juicy, containing approximately 5-6% citric acid.

Cultivation and Uses

Lemons have versatile uses in the kitchen and other areas.

The juice, rind, and sometimes leaves are used to add flavor to dishes, drinks, desserts, marinades, and salads.

They are rich in vitamin C, antioxidants, and fiber.



It may help support the immune system, aid digestion, prevent kidney stones, and improve skin health. Lemon oil is used in aromatherapy, cleaning products, and cosmetics. It is a natural cleanser and stain remover.