

Bay Area Debate Club Speaking with Confidence for Adults (AS.1)



Being able to communicate effectively and confidently has immeasurable benefits in professional, social and family life. We cannot escape from the occasions where we have to speak in front of a large group be it at work, parties or schools. In this course participants learn how to manage public speaking anxiety, present themselves with confidence, and connect with their audience through effective body language. It improves their confidence in public speaking and communication skills

Age:	Adults 18 -50 years
Fees:	\$199
Instructor:	Bay Area Debate Club
Number of Classes	10
Days and Dates:	Every Wednesday September 16th-November 25th (6:30pm-8:00pm) No Class November 11