ORIGINAL PAPER



Sensitive fluorometric determination of glutathione using fluorescent polymer dots and the dopamine-melanin nanosystem

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Abstract

A bioinspired fluorometric method has been developed for the detection of glutathione (GSH) in biological fluids. It is based on the use of near-infrared fluorescent semiconducting polymer dots (P-dots) and of the dopamine (DA)-melanin nanosystem. The P-dots were prepared from poly(styrene-co-maleic anhydride), the semiconducting polymer poly[(9,9'-dioctyl-2,7-divinylenefluorenylene)-alt-2-methoxy-5-(2-ethyl-hexyloxy)-1,4-phenylene] and the fluorescent dye tetraphenylporphyrin. They have excitation/emission maxima at 458/656 nm, and this enables measurement to be performed with low autofluorescence and scattering background. DA can self-polymerize on the surface of the P-dots to yield a poly-DA coating. This coating, at weak alkaline pH values, causes the quenching of the fluorescence of the P-dots. However, the polymerization of DA is inhibited by GSH. Hence, quenching of fluorescence is prevented. This effect was used to design a fluorometric assay for GSH that has good selectivity and sensitivity. Under optimal conditions, the method has a linear response in the 0.2 to 20 µM GSH concentration range and a 60 nM detection limit. It was successfully applied to the determination of GSH in HepG2 cells and in spiked human serum.

Keywords Polydopamine · Semiconducting polymer dots · Antiquenching · Antioxidant · PEPV · Biothiols · Tetraphenylporphyrin · Cell extracts · Serum · Nanoparticles

Introduction

Glutathione (GSH) is the most abundant and important intracellular nonprotein biothiol and plays a crucial role in biological functions. [1–3] The imbalance of GSH homeostasis is concerned with various clinical diseases, such as liver or lung damage, cancer, AIDS, Alzheimer's and Parkinson's disease.

Jing Wang and Cheng Zheng contributed equally to this work.

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[4–7] Therefore, analysis of GSH in biological samples is of continuous interest and great significance in biomedical applications.

Various methods have been developed for determination of GSH in biological samples, such as chromatography, [8] electrochemical, [9] colorimetric, [10-12] electrochemiluminescence (ECL), [13] surface-enhanced

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Raman scattering (SERS), [14] and fluorescence methods. [15, 16] Among them, fluorescence method has attracted a lot of attention for its high sensitivity, tunable emissions, ease of operation, and nondestructive properties. [17] So, a series of fluorescent probes have been developed for detection of GSH, such as organic fluorophores, [18] semiconductor quantum dots (QDs), [19] fluorescent metal nanoclusters, [20] carbon nanomaterials, [21] and upconversion nanoparticles (UCNPs). [22] Although their usefulness in GSH fluorescence detection, there are still room for improvement, for example, vulnerable to photobleaching, time-consuming and complex synthesis steps for organic fluorophores; some toxic heavymetal elements used for QDs or metal nanoclusters based probes; the relatively low quantum yields, high temperature synthesis and overheating effects induced by nearinfrared light for UCNPs. Therefore, it is still worthy to explore new fluorescence detection strategies with straightforward, selective, efficient and stable properties for GSH.

The new emerging semiconducting polymer nanoparticles (P-dots) have been developed as a neotype photostable fluorescent nanomaterials. They have outstanding optical properties, such as superior brightness, high emission rates, large Stokes shift and remarkable photostability. [23, 24] The P-dots also show low cytotoxicity, good water dispersibility, facile modification and purification steps. [25] Based on these advantages, they have been developed for chem/bio sensing, molecular imaging and cancer phototherapy. [23–26] When used for sensing platform, the P-dots have been designed for probing oxygen, ions, temperature, reactive oxygen and nitrogen species (RONS) and enzymes. [25] Despite these achievements, there is still of great significance to further expand the application of P-dots in biosensing field.

A bioinspired fluorescence method has been reported for detection of GSH in biological samples based on the NIR fluorescent P-dots and dopamine (DA)-melanin composites. In this approach, the NIR P-dots were used as fluorescent probe and polydopamine (PDA) served as efficient quencher. When in the absence of GSH, the dopamine self-polymerize on P-dots to yield a PDA coating under a weak alkaline buffer condition. This coating leads to the fluorescence quenching of P-dots by nonradiative means of dopamine-melanin. However, in the presence of GSH, the inhibition of dopamine self-polymerization happened. This effect prevented the formation of PDA and fluorescence quenching of P-dots (Fig. 1). The chemical response of GSH showed good selectivity over other compounds. The "antiquenching" effect was related with the concentration range of GSH. In this way, a sensitive, low-cost and selective detection system for GSH was constructed. It was successfully applied for GSH analysis in complex biological samples, such as cell lysates and serum samples.



Experimental section

Reagents and instruments

The fluorescent semiconjugated polymer poly[(9,9'-dioctyl-2,7-divinylene-fluorenylene)-alt-2-methoxy-5-(2-ethyl-hexyloxy)-1,4-phenylene] (PEPV) was purchased from Luminescence Technology Corp (www.lumtec.com.tw). Tetraphenylporphyrin (TPP) was purchased from Adamasbeta (www.adamas-beta.com). Other reagents were listed on Electronic Supporting Material (ESM). Human serum samples were obtained from Mengchao Hepatobiliary Hospital of Fujian Medical University.

UV-vis absorption spectra were tested using a Spectra Max M5 microplate reader (Molecular Devices) in a 1-cm path length quartz cuvette. Fluorescence spectra measurements were collected by using an Cary Eclipse fluorometer (Aglilent, USA). The transmission electron microscopy (TEM) images of the nanomaterials morphology were recorded on JEM-2100F TEM (JEOL, Japan) with an acceleration voltage of 200 kV. Dynamic light scattering (DLS) and zeta potential distribution of P-dots were performed on the Zetasizer Nano-ZS (Malvern, UK).

Preparation of the polymer dots (P-dots)

P-dots were prepared by using a modified reprecipitation method of previously reported works. [27, 28] The details of synthesis can be found in ESM.

Fluorescence quenching of P-dots by polydopamine

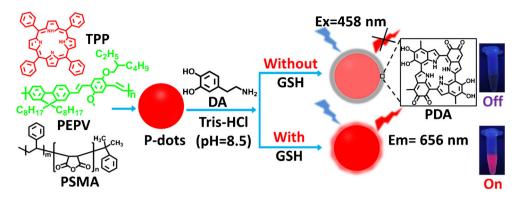
To test the fluorescence quenching effect of self-polymerization of DA on fluorescent P-dots, different concentrations of DA solution were added to 200 μ L reaction solutions of P-dots (0.4 mg·mL $^{-1}$ in Tris-HCl (10 mM, pH = 8.5)) and incubated for a specified time. Subsequently, the UV-vis absorption and fluorescence spectra of the reaction solutions were measured with a 10 min time interval. Also, the corresponding pictures under day-light and UV-light were recorded.

Establishment of the glutathione (GSH) assay

To investigate the antiquenching effects of GSH, $100~\mu L$ of various concentrations (0, 0.2, 0.5, 1, 10, 15, 20, 30, 40 μM) of freshly prepared GSH was mixed with 0.4 mg·mL⁻¹ P-dots before the addition of DA solution (0.75 mM) and then reacted for 30 min at room temperature. The final volume was 200 μL . Thereafter, their fluorescence emission spectra were measured, and the relationship between different concentrations of GSH and fluorescence intensity change was determined by a standard calibration plot. The data were obtained at 458/656 nm as excitation/emission wavelengths.

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Fig. 1 Schematic illustration of using NIR fluorescent P-dots and dopamine (DA)-melanin nanohybrid system for GSH detection



The selectivity of the GSH assay

To assess the specificity of P-dots and polydopamine (PDA) hybrid system for GSH detection, different non-target interferences were tested, including the metal ions (0.1 mM of K^+ , Na $^+$, Ca $^{2+}$ and Mg $^{2+}$), amino acids (30 μ M of Gly, Leu, Glu), proteins (0.01 mg·mL $^{-1}$ of GOx and 1 mg·mL $^{-1}$ of BSA) and reducing bioagents (1 mg·mL $^{-1}$ Glucose, 30 μ M of AA, and Cys). The fluorescence intensity change response to these potential interferences was measured as described above and the corresponding photographs under UV-light was also recorded.

Preparation of cell extracts and determination of GSH in cell extracts

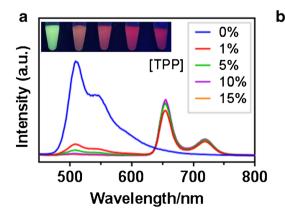
HepG2 cells were cultured in DMEM medium (Invitrogen) supplemented with fetal bovine serum (10% FBS, Gibco), streptomycin/penicillin (100 μg·mL⁻¹/100 U·mL⁻¹) at conditions of 37 °C in a 95% humidified air atmosphere with 5% CO₂. The HepG2 cells were collected and then washed three times with ice-cold PBS buffer to remove interferences from FBS. Then HepG2 cells were suspended with an appropriate volume of PBS buffer and counted on an automated Cell Counter (Countstar, China). Thereafter, the suspension of cells

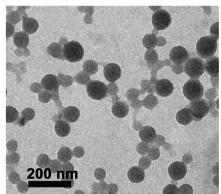
was diluted by PBS buffer, making 0, 500, 5000, 10000, 20000, 30000 or 40000 cells in 100 μL of suspension. After that, cell lysates were obtained by sonicating for 5 min in ice bath (keep the temperature below 4 °C) and then centrifuged to remove the cell debris at 10,000 rpm at 4 °C for 30 min. In the meantime, the other group was prepared by pretreating with a thio-blocking compound N-ethylmaleimide (NEM, 0.1 mM). The resulting supernatants were used as the final samples and detected as above described.

Analysis of GSH in human serum samples

To assess applicability for detecting GSH in complex real samples, human serum samples were examined in this study. Human whole blood sample (5 mL) was collected in a heparin anticoagulated tube from healthy volunteers. 1 mL of blood sample was centrifuged at 10,000 rpm for 10 min at 4 °C to remove the hemocytes. The supernatant fluid (100 μL) was collected and diluted with 900 μL of 50% methanol/PBS to precipitate protein for 3 min. [29] After centrifugation, the supernatant was collected as 10% deproteinized human plasma. 25 μL of 10% deproteinized human plasma were diluted with 75 μL of ultrapure water or spiked with increasing content of GSH (2, 5, 7.5 μM) for following detection. Finally, the resulting samples were detected as above described process.

Fig. 2 a Fluorescence emission spectrum of P-dots with different TPP dopant ratio vs PEPV (excited at 458 nm), the inset is a photograph corresponding to different feeding ratio (from left to right: 0, 1, 5, 10, 15 wt%) under UV light; (b) Representative TEM image of the P-dots

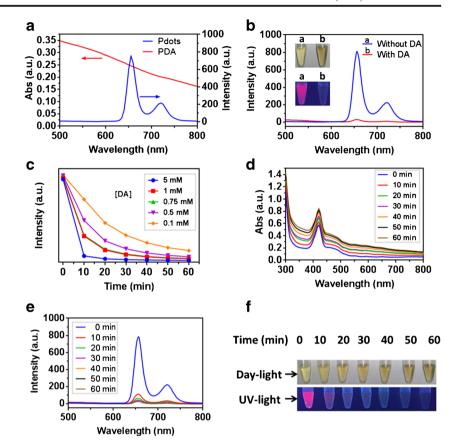






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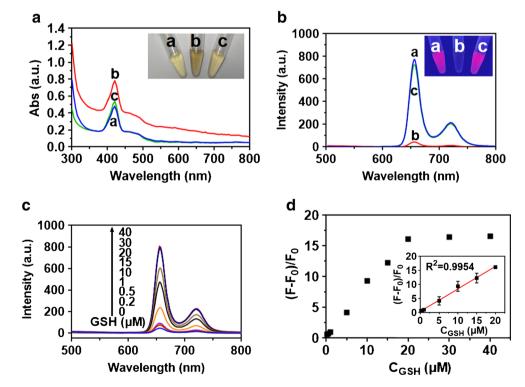
Fig. 3 The optical properties of P-dots with DA. a The absorbance of PDA and fluorescence spectra of P-dots (excited at 458 nm); (b) The fluorescence spectra of P-dots solution without or with DA (5 mM) in a Tris-HCl buffer (pH 8.5) (excited at 458 nm); (c) Plot of the fluorescence intensity change of P-dots solution (emission at 656 nm) response to different concentrations of DA (0.1, 0.5, 0.75, 1 and 5 mM) as a function of time from 0 to 60 min; (d) The absorbance spectra of P-dots (0.4 mg·mL⁻¹) and DA (0.75 mM) reaction solution in a Tris-HCl buffer (pH 8.5) from 0 to 60 min; (e) The fluorescence spectra of P-dots (0.4 mg·mL⁻¹) and DA (0.75 mM) reaction solution in a Tris-HCl buffer (pH 8.5) from 0 to 60 min (excited at 458 nm); (f) Corresponding pictures of (e) under day-light and UV-light



The emission at 656 nm was measured and used for calculation. The concentration of GSH in blood sample was

calculated using the calibration curve. The sample also detected using DTNB-based assay protocol, see ESM for details.

Fig. 4 The optical properties of P-dots and dopamine-melanin nanosystem in GSH detection. a The absorbance of P-dots, P-dots/DA, and P-dots/DA/GSH in a Tris-HCl buffer (pH 8.5), respectively; Concentrations: P-dots, 0.4 mg·mL⁻¹; GSH, $50 \mu M; DA, 0.75 mM; (b)$ Corresponding fluorescence emission spectra (excited at 458 nm) and photographs under UV light of (A); (c) The fluorescence intensity change of P-dots/ DA solution in response to different concentrations of GSH (0, $0.2, 0.5, 1, 10, 15, 20, 30, 40 \mu M);$ (d) The relationship between (F- F_0)/ F_0 ratio (emission at 656 nm) and GSH concentration. Inset is the linear relationship between (F₀-F)/F₀ and GSH ranging from 0.2 to $20~\mu M$





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Table 1 Comparison of methods for GSH determination

Materials	Detection method	Linear range (μM)	Detection limit (μM)	Reference
TMB-MnO ₂ nanosheets	Colorimetric method	1–25	0.3	[31]
Acidic potassium permanganate	Chromatography	0.75-100	0.5	[8]
Carbon nanotubes	Electrochemistry	10-60	3.0	[9]
Magnetic-Plasmonic nanocomposite	Surface-enhanced Raman scattering	10^{-6} -10	Not given	[32]
g-C ₃ N ₄ -MnO ₂ nanocomposites	Fluorescence	0-2000	0.2	[15]
PDs-PDA composites	Fluorescence	0.2–20	0.06	This work

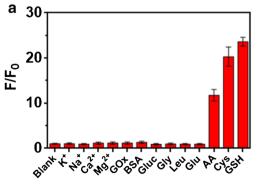
Results and discussion

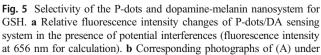
Synthesis and characterization of polymer dots

To conduct the GSH detection platform, the near-infrared (NIR) fluorescent P-dots used as fluorescent probe were first prepared by nano-precipitation method. The semiconducting polymer PEPV, a non-metallic conducting material wildly used in solar panels, used as the energy donor. TPP, a small molecular dye with a near-infrared emission, used as energy acceptor. After mixing with PSMA, which acted as stabilizing agent, the PEPV and TPP were encapsulated into a nanoparticle by hydrophobic interaction. The NIR fluorescent P-dots enable the detection platform with less scattering in turbid media and reduce interference from the common autofluorescence of biological matrix. To obtain the appropriate feeding ratio of energy donor and acceptor, we varied the TPP concentration to optimize fluorescence properties of P-dots. The overlap of Q band absorption (510 nm) and excitation spectrum of TPP with PEPV emission enable resonance energy transfer from PEPV to TPP (Fig. S1A and 1B). The fluorescence intensity changes in response to different feeding ratio of PEPV versus TPP (Fig. 2a). The abroad emission from 400 to 600 nm attributed to the PEPV polymer. However, after the doping with TPP, the fluorescence emission of PEPV was reduced clearly, the sharp and strong peak of TPP at 656 nm and 725 nm arose. The fluorescence of TPP gradually increased with increasing TPP content ranging from 0 wt% to 10 wt%, and saturated at 10 wt% due to almost all of the energy from PEPV transferred to TPP. Further adding of TPP content did not obviously increase or even reduce the fluorescence for the formation of minor aggregates with aggregation-caused quenching (ACQ) side-effects. Thus, we selected the 10 wt% as the feeding ratio of PEPV versus TPP throughout the following experiments. Additionally, at the of excitation of P-dots, the TPP was excited slightly when compared with that of P-dots (Fig. S1C). The result showed that the fluorescence resonance energy transfer from PEPV to TPP. TEM shows that the P-dots are about 50 nm with nearly spherical and monodispersed morphology (Fig. 2b). The hydrodynamic diameter, ζ-potential and absorption of P-dots confirmed the successfully synthesized of P-dots and can be used as NIR fluorescent probe (Fig. S1D, S2 and S3).

Fluorescence quenching of polymer dots by self-polymerization of dopamine

The spontaneous oxidative polymerization of dopamine can happen under a weak alkaline condition and produced melanin-like PDA coating or nanoparticle. As shown in Fig. 3a, the PDA has a broad and monotonic extended absorbance from the UV-vis to NIR. This overlaps well with the NIR







365 nm UV light illumination. Concentration: KCl, NaCl, CaCl $_2$ and MgCl $_2$: 0.1 mM; GOx, 0.01 mg·mL $^{-1}$; BSA and Glucose, 1 mg·mL $^{-1}$; Gly, Leu, Glu, AA, Cys and GSH, 30 μ M



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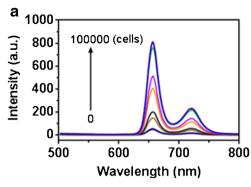
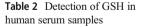
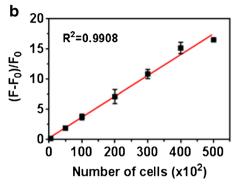


Fig. 6 Intracellular GSH detection. **a** The fluorescence intensity changes of P-dots-DA detection system in response to intracellular GSH generated from various numbers of cells (0, 500, 5000, 10000, 20000, 30000, 40000 and 50000 cells); (**b**) A linear relationship between fluorescence change

emission of P-dots and enables occur resonance energy transfer. The effect of pH on PDA formation was tested firstly, and the pH of 8.5 can lead the complete fluorescence quenching and was used as reaction condition (Fig. S4). The energy transfer was proved by the observation of remarkably fluorescence quenching of PDA on P-dots under excitation (Fig. 3b). The dopamine-melanin was gradually formed as the function of the reaction time. To obtain a sensitive detection of GSH, the fluorescence intensity change response to different concentrations of DA was optimized. A rapid decrease of the fluorescence intensity was observed between 0.1 and 0.75 mM within 30 min, and slightly changed when the concentration above 0.75 mM (Fig. 3c). Accordingly, 0.75 mM of DA was selected as the optimum concentration. The optimized reaction time was examined by the absorbance and fluorescence intensity change of the P-dots and DA solution towards different reaction time (Fig. 3d, e and f). Although the absorbance of reaction system gradually increased with the reaction time (Fig. 3d), the fluorescence intensity decreasing slightly beyond 30 min as present in Fig. 3e, f. The formation of PDA coating was further verified by TEM examination (Fig. S5). The Stern-Volmer plot is curved (Fig. S6), which indicating that both static and dynamic quenching cause the fluorescence quenching of Pdots in the detection nanosystem.



Added GSH (µM)	Detected GSH (µM)	Recovery(%)	RSD $(n = 3, \%)$
0	1.01	/	4.30
2	3.11	103.3	2.07
5	5.90	98.2	2.43
7.5	8.28	97.4	1.72
0	1.21	/	3.68
2	3.25	101.24	3.23
5	6.22	100.16	2.15
7.5	8.67	99.54	1.98
	0 2 5 7.5 0 2 5	0 1.01 2 3.11 5 5.90 7.5 8.28 0 1.21 2 3.25 5 6.22	0 1.01 / 2 3.11 103.3 5 5.90 98.2 7.5 8.28 97.4 0 1.21 / 2 3.25 101.24 5 6.22 100.16



ratios $(F_0\text{-}F)/F_0$ and number of cells ranging from 0 to 50000 cells. F_0 and F refer to fluorescence intensity (emission at 656 nm) in the before and after treatment of intracellular GSH, respectively

GSH detection based on P-dots and dopamine-melanin composites

Inspired by the inhibition property of endogenous antioxidants in melanin synthesis, [30] the feasibility of inhibition of spontaneous oxidative polymerization of dopamine by GSH were then tested. As shown in Fig. 4a, the absorbance of P-dots solution increased a lot with addition of DA in a Tris-HCl buffer (pH 8.5), and the corresponding solution turned from light yellow to brown. However, in the presence of GSH, the self-polymerization of dopamine in P-dots solution was inhibited. Its absorbance is similar to that of untreated P-dots solution and maintains light yellow color. The inhibition effect by GSH also revealed by monitoring the fluorescence changes of P-dots at 656 nm (Fig. 4b). In the absence of GSH, the fluorescence emission of P-dots decreased obviously with the formation of dopamine-melanin. However, the valid antiquenching effect was observed when the P-dots solution was pretreated with GSH. Subsequently, the applicability the proposed sensing system for GSH detection in aqueous solutions was examined. As shown in Fig. 4c, the antiquenching effect of P-dots increased gradually as the concentrations of GSH increased from 0 to 20 µM, and thereafter reached a steady state when the concentration of GSH was above 20 μ M. The linear relationship of the (F-F₀)/F₀ ratio



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versus GSH concentration ((F-F₀)/F₀ = 0.8006[GSH] + 0.4093, R^2 = 0.9954 (n = 3)) was obtained from 0.2 to 20 μ M (Fig. 4d), where F and F₀ represent the fluorescence intensity of P-dots at 656 nm in the presence and absence of GSH, respectively. According to the definition of three times the deviation of the blank signal (3 σ), the calculated detection limit was 0.06 μ M. This comes up to or even better than those previously established methods for GSH detection (Table 1). The NIR fluorescent P-dots can reduce interference from the biological matrix. These results imply that the P-dots and dopamine-melanin composites can be serviced as a potential and promising method for GSH detection.

Selectivity

To investigate the applicability of the detection system for GSH, the selectivity over some potential non-target interferences were measured, such as some metal ions (K⁺, Na⁺, Ca²⁺, Mg²⁺), proteins (GOx, BSA), amino acids (Gly, Leu, Glu) and Glucose. The result indicated that these interference substances did not cause a significant fluorescence response of the system (Fig. 5). Although, the measurable signal changes resulted from AA and Cys were observed in present study, their biological concentrations are much lower than that of GSH. [31, 33, 34] This result clearly demonstrates that this method showed good selectivity for GSH and can be used for real samples.

Determination of intracellular GSH

It is well known that the intracellular GSH plays important role as endogenous antioxidant in biological process and serves many vital cellular functions. [1] Therefore, the detection of GSH level in the biological samples is of great significance. Here, the lysates of HepG2 cells were used as a representative biological sample for intracellular GSH detection. Firstly, the intracellular GSH level of lysates was used to induce fluorescence response of P-dots/DA detection system. As show in Fig. S7, the intracellular GSH caused similar fluorescence response as that of GSH in aqueous solution descripted above. Subsequently, the fluorescence intensity changes of P-dots/DA sensing system in response to different number of HepG2 cells suspensions ranging from 0 to 50000 cells were determined. As present in Fig. 6a, the fluorescence intensity was increased with the number of cells increase from 0 to 50000, and unchanged when the number of cells was above 50000. The calibration plot for intracellular GSH detection was determined as $(F-F_0)/F_0 = 0.0346$ [number of cells] + 0.2651 with a good correlation coefficient of 0.9908 (n = 3) from 0 to 50000 cells (Fig. 6b). When the lysates samples were pretreated with the thiol-blocking reagent NEM, the antiquenching effect of GSH in lysates for the P-dots-DA sensing system was inhibited (Fig. S8). Hence, this detection

system was turned out to be a valid method for the determination of intracellular GSH without being interfered by other intracellular biomolecules.

Assay of GSH in human serum samples

Finally, the GSH in human serum samples was detected to further verify the practicability of P-dots-DA detection system. The human serum was first treated by centrifugation and diluted 40-folds to reduce the potential interference. As show in Table 2, the recoveries with 97.4–103.3% were gained, with relative standard deviations (RSD) from 1.72 to 2.43%, which is acceptable in complex real samples analysis for quantitative assays. The result was agreement with that of 5, 5'-dithiobis2-nitrobenzoic acid (DTNB)-based method. Therefore, the P-dots-DA detection system can be applied to sensitive and selective analysis of GSH in real samples.

The excitation wavelength at blue visible region (458 nm) may make the probe prone to interferences by biomatter, such as blood, serum, cells etc. Therefore, P-dots with red region excitation and emission can be designed for developing detection system in the future.

Conclusions

We have constructed a sensitive and selective fluorescent detection platform for GSH based on P-dots-dopamine-melanin composites. The dopamine self-polymerization on the surface of P-dots can be inhibited by GSH effectively, and used for detecting GSH sensitively and selectively. Importantly, the system was used to detect intracellular GSH and GSH in human serum samples with favourable results. The excitation wavelength at blue visible region may make the probe prone to interferences by biomatter. To reduce the interferences from biomatter, the P-dots with red region excitation and emission can be designed for developing detection system in the future. Therefore, the proposed detection system demonstrated its great potential to study other chem/bio sensing about GSH in biological and diagnostic applications.

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Compliance with ethical standards The author(s) declare that they have no competing interests.



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