

CELL SWELLING-INDUCED PEPTIDE HORMONE SECRETION

Vladimir Strbák, Julius Benicky, Susan E. Greer, Zuzana Bacova,
Miroslava Najvirtova, and Monte A. Greer*

ABSTRACT

Cell volume changes induced in various ways (anisomotic environment, hormones, oxidative stress, substrate uptake) are an integral part of a signal transduction network regulating cell function.^{1, 2, 3} Cell swelling has received increasing attention as a stimulus for a variety of intracellular phenomena.⁴ One of the most remarkable effects of cell swelling is its powerful effect in inducing exocytosis of material in intracellular secretory vesicles. Secretion of essentially all so-packaged hormones⁵⁻²⁴ including those from hypothalamus (thyrotropin-releasing hormone, TRH; gonadotropin-releasing hormone, GnRH), pituitary (LH, FSH, ACTH, MSH, TSH, prolactin, beta endorphin), pancreas (insulin, somatostatin, glucagon), heart (atrial natriuretic hormone) and kidney (renin) are stimulated in a concentration-related manner by medium hyposmolarity or isosmolar medium containing permeant molecules such as ethanol or urea (reviewed in Ref. 21). Cell swelling-induced exocytosis is not restricted to endocrine cells and hormones; medium hyposmolarity also induces secretion of exocrine pancreatic enzymes⁵ and myeloperoxidase from human polymorphonuclear leukocytes.²⁵

Vladimir Strbák, Julius Benicky, Zuzana Bacova, and Miroslava Najvirtova, Institute of Experimental Endocrinology, Slovak Academy of Sciences, Bratislava 83306, Slovakia. Susan E. Greer and Monte A. Greer, Oregon Health Sciences University, Portland, OR, USA

1. EXPERIMENTAL

Dynamics of secretion induced by cell swelling closely resembles that induced by specific secretagogues.^{9, 10, 26} Perfusion of pituitary cells with 10 nM TRH (prolactin natural secretagogue) as well as cell swelling induced by hypotonic solution (medium dilution with 30% H₂O) or depolarizing 30 mM KCl stimulates an immediate dose-related high-amplitude prolactin secretory burst, reaching a peak at 1-2 minutes followed by a decline to a low plateau within 5-10 minutes during continuous exposure to the same stimulus (Figure 1A). Repeated stimuli with 30 sec. interstimulus interval produce the same secretory response as continuous stimulation (Figure 1B). For all three types of stimuli, the secretory response to continuous exposure and refractory periods to repeated stimulation (less than 1 minute) were essentially identical (1A, 1B and 1C). An identical high-amplitude secretory burst was induced by exposure to TRH for times varying from 6 to 600 sec. In contrast, for 30% H₂O and high KCl, the secretory amplitude was proportional to the exposure time between 6 and 60 sec (Figure 1D). While the TRH response was triggered by rapid specific receptor binding, a very short pulse would not have time to produce sufficient transmembrane osmotic gradient or K⁺ difference. It is concluded that hyposmotic medium does not trigger peptide release by the specific receptor-ligand binding.²⁶

The most striking and unusual feature of cell swelling-induced secretion is that it stimulates regulated secretion independent of intracellular Ca²⁺ concentration,^{5, 7, 8, 12, 13, 17-24} in contrast to most types of regulated secretion. When Ca²⁺ influx is prevented by removing extracellular Ca²⁺ or by adding Ca²⁺ channel blockers, cell swelling does not induce a rise in intracellular Ca²⁺, but hormone release is present and even enhanced. These peculiar features indicate a specific signal transduction pathway for cell swelling-induced peptide secretion. However, in clonal tumor-derived rat pituitary cells (GH₄C₁ and MMQ), the situation was different. In contrast to normal freshly isolated pituitary cells, Sato et al.¹³ found that hyposmolarity induced hormone secretion in clonal cells only in the presence of extracellular Ca²⁺. It was suggested that this is a possible important hallmark for tumor cells.¹³ It is of interest that Straub et al. found two distinct mechanisms in the presence and absence of extracellular Ca²⁺ in clonal cells secreting insulin (β HC9).²⁷ While we did not see this dichotomy in isolated rat pancreatic islets,²⁸ we believe that at least some tumor cells have special requirements for extracellular Ca²⁺ in cell swelling-induced hormone release.

Inhibition of stretch-activated channels by 10 μ M GdCl₃ did not affect cell swelling-induced TRH secretion from the posterior pituitary, hypothalamic paraventricular nucleus (Figure 2) or isolated pancreatic islets.²⁹ It is of interest, however, that this stimulus did not induce release of oxytocin from the same tissue explants (Figure 2).²⁹ It was therefore concluded that cell swelling-induced exocytosis possesses limited selectivity; cells specifically involved in water and salt metabolism retain their specific response to osmotic stimuli.²⁹ However, our recent unpublished results suggest that inhibition of a specific response also unmasks general exocytotic response in these cells.

Swelling-induced secretion can be triggered in different parts of neurons – similar TRH release was evoked from the hypothalamic paraventricular nucleus (mostly perikarya) and the median eminence and posterior pituitary (exclusively axon terminals).^{17, 19, 24, 29}

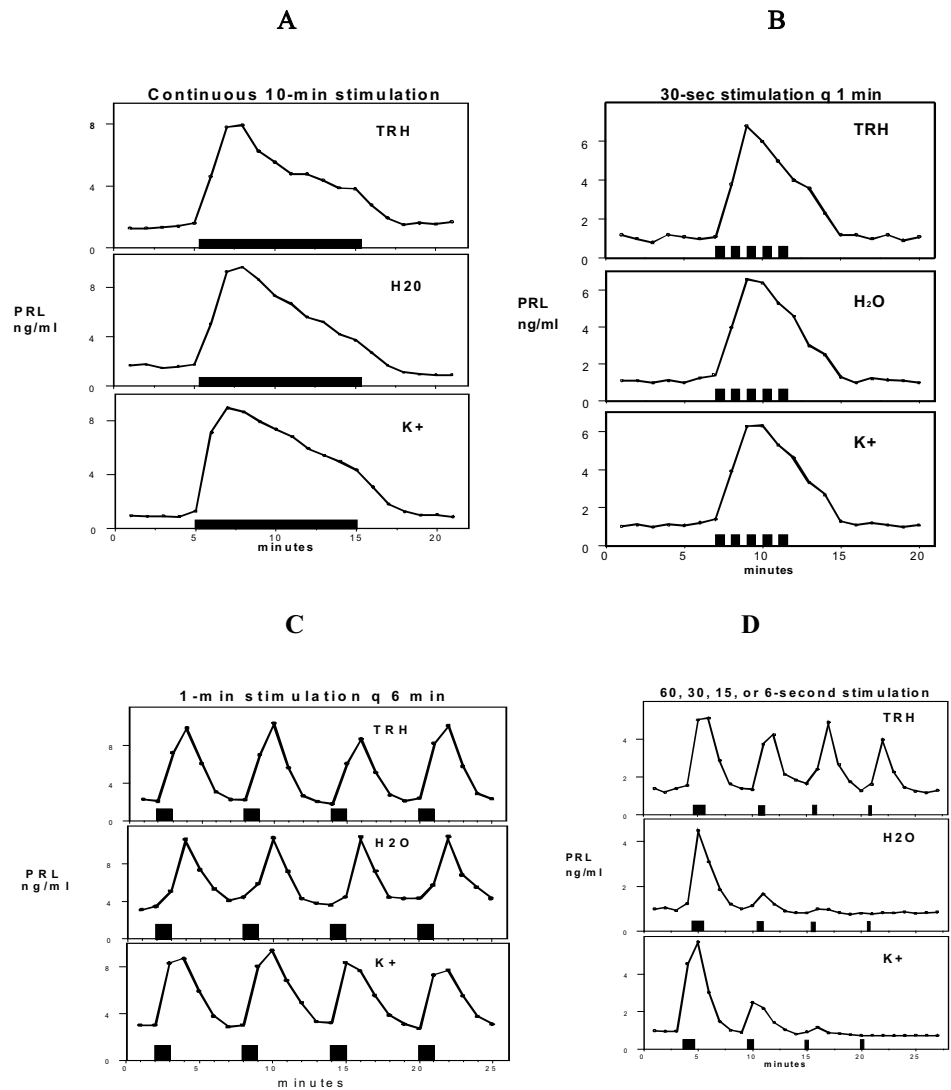


Figure 1. Dynamics of prolactin secretory response of perfused pituitary cells to 10 mM thyrotropin releasing hormone (TRH, prolactin natural secretagogue), hypotonic solution (H₂O, medium diluted with 30% water) or 30 mM KCl (K⁺, membrane depolarizing solution – non-specific stimulus). Continuous stimulation (A) or repeated stimuli lasting 30 sec within 1 min (or with 30 sec interstimulus interval) (B), 1 min stimulation with 6 min interstimulus interval (C) or stimuli lasting 6-60 sec with 6 min interval (D) were compared. Differences were found only if stimulus lasted less than 1 min.

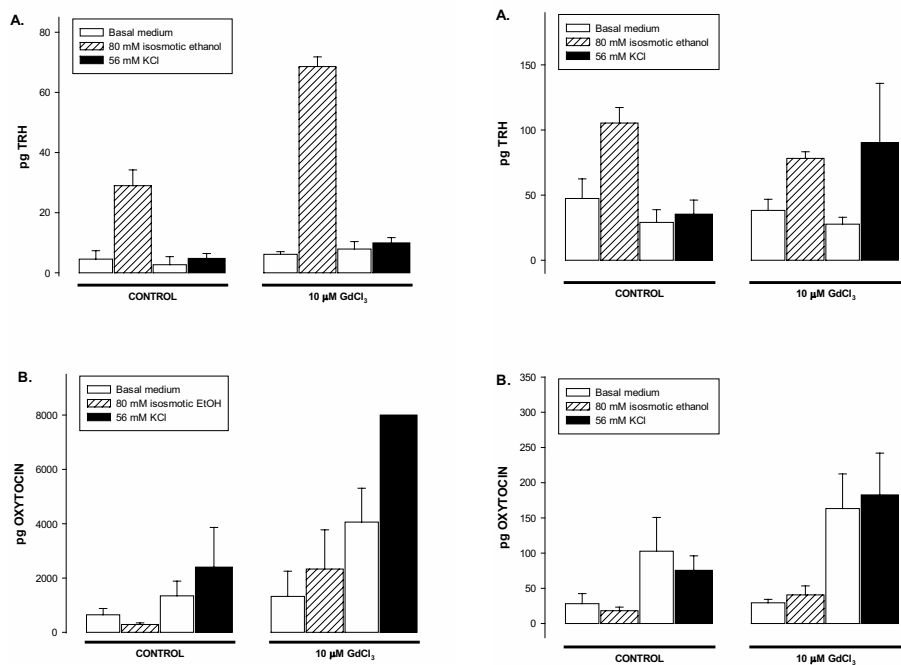


Figure 2. Cell swelling-induced TRH (A) and oxytocin (B) secretion from posterior pituitary (left) and hypothalamic paraventricular nucleus (right). 80 mM ethanol in isosmotic medium was used as cell swelling stimulus. TRH but not oxytocin release was induced by cell swelling. GdCl₃ in 10 μ M concentration did not affect the release. From Najvirtova et al.²⁹

The signal transduction pathway for cell swelling-induced exocytosis remains obscure. Using various tissues (pituitary, pancreatic islets, brain structures), hormones (prolactin, insulin, thyrotropin releasing hormone - TRH, oxytocin) and inhibitors, we found that hormone secretion induced by cell swelling is not depressed by inhibition of stretch activated channels (GdCl₃), mercury-sensitive aquaporins,²⁹ protein kinase C (bisindolylmaleimide VIII), microtubules and microfilaments (colchicine, cytochalasin)¹² and does not involve the arachidonic acid metabolites prostaglandins and leukotriens (indomethacin, NDGA).²⁹ Blocking Na⁺-K⁺-dependent ATPase, Na⁺ channels or K⁺ channels¹² or VSOR had no inhibiting effect on hyposmolarity-induced hormone secretion in pituitary cells. Cell swelling-induced exocytosis overrides physiological inhibition: glucose stimulated but not hypotonicity evoked insulin secretion from the isolated pancreatic islets was inhibited by norepinephrine.²⁸

2. CONCLUSION

Previous studies suggest that signaling of cell swelling-induced exocytosis bypasses conventional transduction pathways and might be effective at the distal end of the

cascade. There are data suggesting that secretory vesicle swelling is critical for exocytosis.³⁰⁻³² Stretching of vesicular and plasma membranes in the region of contact results in exposing areas of hydrophobic acyl chains leading to subsequent merging and fusion. Fusion rates are orders of magnitude higher if an osmotic gradient is applied.³⁰ The externalization of hormones or transmitters upon exocytosis of vesicles is augmented by secretion of water from the vesicle membrane through the widened fusion pore.³² Considering these data, we hypothesize that cell swelling triggered exocytosis involves a biophysical effect of the osmotic gradient on secretory vesicles.

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