

# Estradiol-17 $\beta$ Stimulates Phosphate Uptake and Is Mitogenic for Primary Rabbit Renal Proximal Tubule Cells

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## Key Words

Estradiol-17 $\beta$  · Kidney · Phosphate · Na/P<sub>i</sub> cotransport

## Abstract

The direct effects of estradiol-17 $\beta$  (E<sub>2</sub>) on phosphate (P<sub>i</sub>) uptake and on DNA synthesis in the primary rabbit kidney proximal tubule cells (PTCs) have been investigated. In the present study, E<sub>2</sub> (>10<sup>-9</sup> M, over 9 days) causes an increase both in [<sup>3</sup>H]thymidine incorporation and the number of PTCs. The anti-estrogen tamoxifen completely prevented the E<sub>2</sub>-induced increase in [<sup>3</sup>H]thymidine incorporation, and ameliorated the stimulatory effect of E<sub>2</sub> on growth. E<sub>2</sub> (>10<sup>-9</sup> M, over 5 days) also stimulated the P<sub>i</sub> uptake and its effect was due to the V<sub>max</sub> values but not to the K<sub>m</sub> value for P<sub>i</sub> uptake. Estriol and estrone also exerted significant stimulatory effects on P<sub>i</sub> uptake. Progesterone, tamoxifen, actinomycin D and cycloheximide prevented the E<sub>2</sub>-induced stimulation of P<sub>i</sub> uptake. In conclusion, estrogens at physiological concentrations stimulate P<sub>i</sub> uptake and DNA synthesis in the renal proximal tubule cells, and these effects are estrogen receptor mediated.

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## Introduction

Estrogens are most noted for their ability to stimulate cell proliferation in the uterus, vagina and mammary gland [1]. However, in addition, estrogens also have physiological effects on other target tissues, including the kidney [2, 3]. Included amongst the evidence that the kidney is an estrogen-sensitive tissue is the presence of the estrogen receptor, which increases in abundance after estrogen treatment, as well as the formation of tumors in the renal cortex of the hamster after prolonged estrogen treatment [4, 5]. Of particular interest in these regards, the renal cell carcinoma, an estrogen-dependent tumor, is of renal proximal tubule origin. Moreover, the studies of Bojar et al [6, 7] indicate the presence of estrogen receptors in this type of human tumor. However, the role of estrogen receptors in regulating normal physiologic processes in the renal proximal tubule is poorly understood. In addition to the regulation of growth, estrogens may be involved in other renal processes including the regulation of mineral reabsorption.

The transport processes involved in the reabsorption of phosphate (P<sub>i</sub>) by the renal proximal tubule have been extensively studied. Transport studies with intact cells and with membrane vesicles have clearly shown that the

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reabsorption of  $P_i$  by the renal proximal tubule is mediated largely by a  $Na^+$ -dependent phosphate ( $Na/P_i$ )-cotransport system in the brush border membrane [8]. Recently, two different classes of brush border membrane  $Na/P_i$  cotransporters have been 'cloned' (types I and II) [9]. However, only the type II  $Na/P_i$  cotransporter has characteristics typical of the 'major' apical membrane  $Na/P_i$  cotransporter. Included amongst these properties are regulation by parathyroid hormone (PTH) and the dietary  $P_i$  level [10–13]. Thus, type II  $Na/P_i$  cotransporters are hypothesized to play an important role in the maintenance of  $P_i$  homeostasis in the kidney.

Despite these advances at the molecular level, the entire spectrum of hormones and effector molecules which regulate  $P_i$  transport in the renal proximal tubule have not yet been defined, in part due to the complexity of the *in vivo* environment. Of particular interest in this report is the regulation of estrogens, which may ultimately affect mineral deposition in bone. Several lines of evidence reported that decreasing circulating levels of  $P_i$  are correlated with estrogen treatment [14, 15]. These reports suggest the possibility that estrogens have an effect on  $P_i$  transport in kidney, since renal proximal tubular reabsorption of  $P_i$  is a major determinant of the circulating level of  $P_i$  and contributes to the maintenance of  $P_i$  homeostasis.

A convenient means to evaluate the effects of estradiol-17 $\beta$  ( $E_2$ ) on renal proximal tubule epithelial cells is by means of *in vitro* studies with differentiated cell cultures. In this report, primary rabbit kidney proximal tubule cells (PTCs) are examined in these regards. Such a primary culture system permits a comparison with previous transport studies conducted with renal tissue. The primary rabbit renal PTCs retain a number of differentiated functions distinctive of the renal proximal tubule, including a sodium-dependent sugar transport system [16], a sodium-dependent phosphate transport system [17],  $\gamma$ -glutamyl transpeptidase activity [16], probenecid-sensitive *p*-aminohippurate transport [18] and gluconeogenic capacity [19].

The observed set of responses of the primary PTCs to hormones also indicates that this cell culture system consists of a population of cells which is highly enriched with cells originating from the renal proximal tubule. Typical of the renal proximal tubule, PTH stimulates cyclic AMP production, unlike the case with arginine vasopressin and calcitonin [16]. Suggestive of the presence of insulin receptors, another proximal tubule marker, primary PTCs respond to physiologic levels of insulin with an inhibition of the cells' phosphoenolpyruvate carboxykinase

(PEPCK) activity [20]. In a more recent report, we show that yet another physiologically significant effector molecule, angiotensin II (Ang II), modulates the rate of  $Na^+$  uptake into the PTCs by the  $Na^+/H^+$  antiport system [21].

Of particular interest to this report are our previous studies concerning the effects of steroid hormones on the primary PTCs [22]. We have found that estrogens and testosterone cause an increase in the number of cells in primary PTC cultures similar in extent to the growth-stimulatory effect of glucocorticoids [22]. The stimulatory effect of  $E_2$  in particular was found to occur within a physiologically significant range, and was associated with the presence of an estrogen receptor. Although stimulatory effects of  $E_2$  on the activity of several apical membrane proteins,  $\gamma$ -glutamyl transpeptidase and alkaline phosphatase were reported, apical membrane transport systems were not examined with regard to possible estrogen effects.

In this report, we further examine the effects of  $E_2$  on primary PTC growth as well as on apical membrane transport. We present evidence indicating that  $E_2$  stimulates  $P_i$  uptake, as well as growth as a consequence of the specific interactions of  $E_2$  with the estrogen receptor.

## Methods

### Materials

$E_2$ , estrone, estriol, progesterone, cycloheximide, actinomycin D, insulin, apo-transferrin and ouabain were obtained from Sigma Chemical Co. (St. Louis, Mo., USA).  $^{22}Na^+$ ,  $^{32}P_i$  and  $^{14}C$ - $\alpha$ -methyl-D-glucopyranoside were purchased from Dupont/NEN. Fetal bovine serum was purchased from HyClone (Logan, Utah, USA). Phenol red free (PRF) D-MEM/F12, class IV collagenase, and soybean trypsin inhibitor were purchased from Life Technologies (Grand Island, N.Y., USA). The basal medium, PRF D-MEM/F12, consisted of a 50:50 mixture of Dulbecco's modified Eagle's medium, and Ham's nutrient mixture F-12, further supplemented with 15 mM Hepes buffer (pH 7.4), and 20 mM sodium bicarbonate, but lacking phenol red. The culture medium (Medium RK-2) consisted of the basal medium further supplemented with two additional growth supplements, 5  $\mu$ g/ml insulin, and 5  $\mu$ g/ml transferrin, added immediately prior to use. The iron oxide used in culture preparations was made by the method of Cook and Pickering [23]. Stock solutions of iron oxide in 0.9% NaCl were sterilized using an autoclave and diluted with phosphate-buffered saline (PBS) prior to use [24].

### Preparation of Primary Cell Cultures

Kidneys obtained from male New Zealand White rabbits (1.5–2.0 kg) were used to prepare primary rabbit kidney PTC cultures, by a modification of the method of Chung et al. [16]. To summarize, kidneys were perfused via the renal artery, first with PBS, and subsequently with PRF-D-MEM/F-12 containing 0.5% iron oxide (w/v), until the kidney turned gray-black in color. Renal cortical slices pre-

pared from the kidney were homogenized with 4 strokes of a sterile glass homogenizer. The homogenate was poured first through a 253- $\mu\text{m}$ , and then through an 83- $\mu\text{m}$  mesh filter. Tubules and glomeruli on the 83- $\mu\text{m}$  filter were transferred into a tube containing sterile PRF-D-MEM/F-12 and a magnetic stir bar. Glomeruli (containing iron oxide) were removed with the magnetic stir bar. The remaining proximal tubules were incubated 2 min at 23°C in PRF-D-MEM/F-12 containing 60  $\mu\text{g/ml}$  collagenase (class IV) and 0.025% soybean trypsin inhibitor. The dissociated tubules were washed by centrifugation, resuspended in Medium RK-2, and transferred into 35-mm tissue culture dishes. The cultures were then maintained at 37°C, in a 5%  $\text{CO}_2$ -95% air, humidified environment. Medium was changed 1 day after plating, and every 3 days thereafter.

#### Cell Growth Studies

To determine the effect of hormones on growth, purified rabbit renal proximal tubules were incubated in 35-mm plastic dishes containing factors to be tested experimentally in Medium RK-2. Periodically, cells from representative dishes were detached utilizing 0.05% trypsin/0.5 mM EDTA. The cell number was then determined utilizing a Coulter Model ZF particle counter. All determinations were in triplicate.

#### [ $^3\text{H}$ ]thymidine Incorporation

[ $^3\text{H}$ ]thymidine incorporation experiments were conducted as described by Brett et al. [25] using primary PTCs (70–80% confluent). To summarize, immediately prior to the study, the medium was changed either to Medium RK-2 further supplemented with  $\text{E}_2$ , or to Medium RK-2 with no further supplements. 1  $\mu\text{Ci}$  of [methyl- $^3\text{H}$ ]thymidine was added to each of the cultures. The incubation with [ $^3\text{H}$ ]thymidine was continued for 24 h at 37°C. The PTCs were then washed twice with PBS, fixed in 10% trichloroacetic acid (TCA) at 23°C for 15 min, and then washed twice with 5% TCA. The acid-insoluble material was dissolved in 2 N NaOH for 12 h at 23°C. Aliquots were removed for the determination of radioactivity using a scintillation counter. All values are averages ( $\pm\text{SE}$ ) of triplicate determinations. Values were converted from absolute counts to the percentage of the control ( $-\text{E}_2$ ) in order to allow for comparison between experiments.

#### $\text{P}_i$ Uptake Studies

Monolayers (80–90% confluent) were maintained in Medium RK-2 either in the presence or in the absence of  $10^{-9}$  M  $\text{E}_2$  over a 5-day period. Subsequently,  $\text{P}_i$  uptake experiments were conducted as described by Rabito [26]. To summarize, immediately prior to the uptake study, the culture medium was removed by aspiration. The monolayers were gently washed twice with  $\text{P}_i$  uptake buffer (150 mM NaCl, 1.2 mM  $\text{MgSO}_4$ , 0.1 mM  $\text{CaCl}_2$ , and 10 mM MES/Tris, pH 7.4) and then incubated at 37°C for 30 min in uptake buffer containing 1.5  $\mu\text{Ci/ml}$   $^{32}\text{P}$ -phosphate, and 1 mM unlabeled phosphate. At the end of the uptake period, the monolayers were washed 3 times with ice-cold uptake buffer. The cells in each dish were solubilized in 1 ml 0.1% SDS. To determine the  $^{32}\text{P}_i$  incorporated intracellularly, a portion of the solubilized material was removed, and counted in a liquid scintillation counter (LS6500; Beckman Instruments, Fullerton, Calif., USA). To determine protein concentration, the Bradford method [27] was employed with the remaining material. The radioactive counts in each sample were normalized with respect to protein, and corrected for zero-time uptake. All uptake values are averages of triplicate determinations.  $\alpha$ -Methyl- $D$ -glucopyranoside ( $\alpha$ -

MG) uptake and  $\text{Na}^+$  uptake experiments were conducted as described by Sakrani et al. [28] and Rindler et al. [29], respectively.

#### Statistical Analysis

Results were expressed as means  $\pm$  SE. Statistical significance was estimated by ANOVA and by unpaired  $t$  test as appropriate. The difference was considered statistically significant when  $p < 0.05$ .

## Results

#### Effect of $\text{E}_2$ on Cell Growth

When PTCs were grown in the presence of increasing concentrations of  $\text{E}_2$ , the number of primary PTCs increased significantly (fig. 1a), ranging from  $162 \pm 8\%$  of the control in the presence of  $10^{-9}$  M  $\text{E}_2$ , to  $143 \pm 9\%$  of the control in the presence of  $10^{-6}$  M  $\text{E}_2$ . In order to determine whether the observed increase in cell number in  $\text{E}_2$ -treated cultures could be explained by increased DNA synthesis, the effect of  $10^{-9}$  M  $\text{E}_2$  on the ability of the PTCs to incorporate [ $^3\text{H}$ ]thymidine into TCA precipitable material was examined. Figure 1b also demonstrates that  $\text{E}_2$  ( $>10^{-9}$  M) increased [ $^3\text{H}$ ]thymidine incorporation. Figure 2a shows a significant increase in cell number in cultures treated with  $10^{-9}$  M  $\text{E}_2$ , both at day 9 ( $145 \pm 13\%$  of control) and at day 13 ( $156 \pm 13\%$  of control). A similar increase in [ $^3\text{H}$ ]thymidine incorporation was also observed at days 9 and 13 in  $\text{E}_2$ -treated primary cultures (fig. 2b). A significant effect of  $\text{E}_2$  on cell growth and [ $^3\text{H}$ ]thymidine incorporation was not observed at an earlier time interval (5 days), consistent with our previous report [22]. These results suggest that at least after prolonged incubations, the stimulatory effect of  $\text{E}_2$  on cell number can be explained at least in part by increased DNA synthesis.

Previously, we have shown that the estrogen receptor is present in the PTCs [22]. If the growth-stimulatory effect of  $\text{E}_2$  is indeed mediated by such an estrogen receptor, then other estrogen receptor antagonists, such as the anti-estrogen tamoxifen, may very likely prevent the growth-stimulatory effect of  $\text{E}_2$  by preventing the binding of  $\text{E}_2$  to the estrogen receptor. In order to examine this possibility, the ability of  $10^{-6}$  M tamoxifen to block the stimulatory effect of  $\text{E}_2$  on [ $^3\text{H}$ ]thymidine incorporation was examined. Figure 3a shows that an  $\text{E}_2$ -induced stimulation of [ $^3\text{H}$ ]thymidine incorporation was completely prevented by tamoxifen. Tamoxifen alone at  $10^{-6}$  M had no significant affect on [ $^3\text{H}$ ]thymidine incorporation. Similarly, figure 3a shows the stimulatory effect of  $10^{-9}$  M  $\text{E}_2$  on cell number was significantly reduced in the presence of  $10^{-6}$  M tamoxifen. Tamoxifen alone at  $10^{-6}$  M was not

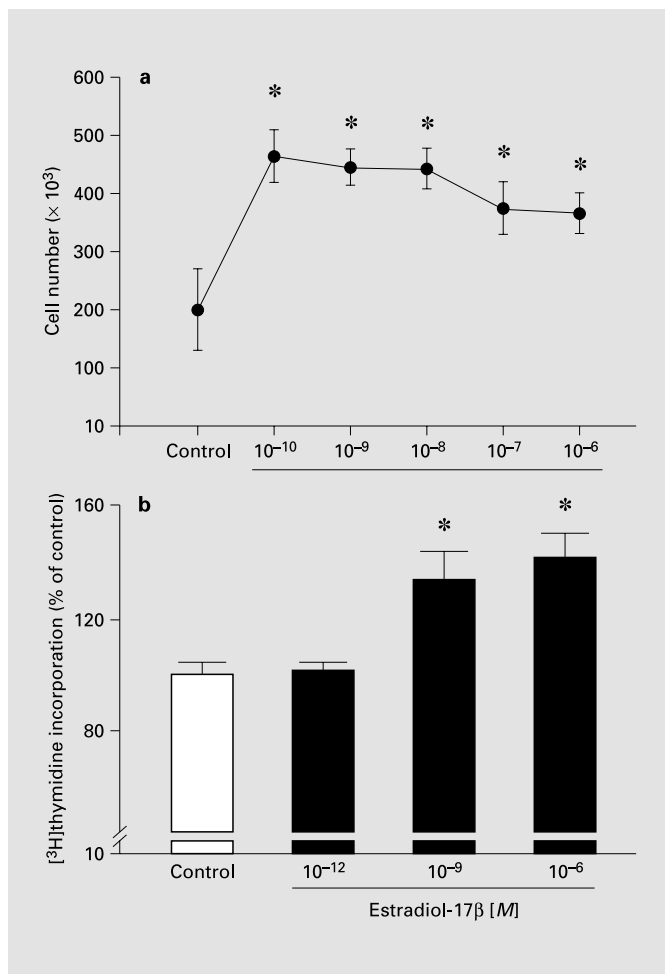


Fig. 1. Effect of estrogens on cell growth. a Dose-response effect of estradiol-17 $\beta$  (E<sub>2</sub>): Proximal tubules from a rabbit kidney were cultured for 13 days in phenol red free hormonally defined medium. The medium contained E<sub>2</sub> at various concentrations (10<sup>-6</sup>, 10<sup>-7</sup>, 10<sup>-8</sup>, 10<sup>-9</sup> or 10<sup>-10</sup> M) in a separate dish and no added hormone. \*  $p < 0.05$  vs. control. b Dose-dependent effect of E<sub>2</sub> on [<sup>3</sup>H]thymidine incorporation into the PTCs. Cells were incubated for 24 h in the absence or presence of 10<sup>-12</sup>, 10<sup>-9</sup> or 10<sup>-6</sup> M E<sub>2</sub>, and pulsed with 1  $\mu$ Ci of [<sup>3</sup>H]thymidine for 24 h. Values are means  $\pm$  SE of three independent experiments with triplicate dishes. \*  $p < 0.05$  vs. control.

growth stimulatory (fig. 3b), unlike our previously published results with 10<sup>-9</sup> M tamoxifen [22].

#### Effect of E<sub>2</sub> on P<sub>i</sub> Uptake

Estrogens play a major role in mineral homeostasis, affecting the two major mineral components of bone, calcium (Ca<sup>2+</sup>) and P<sub>i</sub>. Not only is bone resorption affected, but the urinary excretion of P<sub>i</sub> is reduced following estrogen treatment. In order to evaluate whether the inhibitory

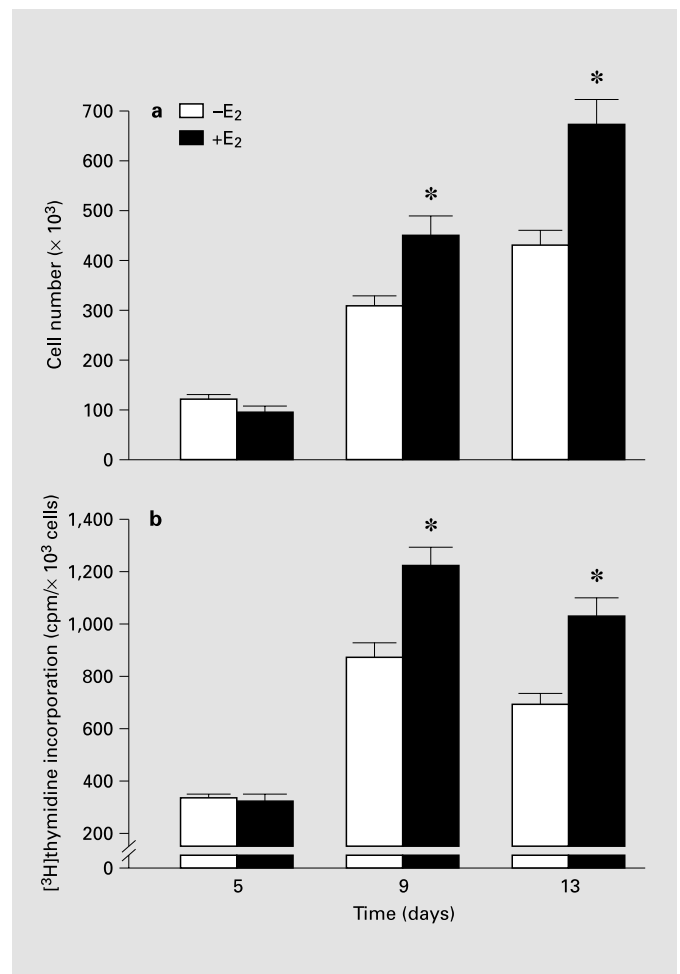


Fig. 2. Effect of E<sub>2</sub> on cell growth (a) and [<sup>3</sup>H]thymidine incorporation (b) into the PTCs on cell stage. Cells were incubated each day in the absence or presence of 10<sup>-9</sup> M E<sub>2</sub> and pulsed with 1  $\mu$ Ci of [<sup>3</sup>H]thymidine for 24 h. Experiments were performed from days in culture to 5, 9 and 13 days respectively. Values are means  $\pm$  SE of three independent experiments with triplicate dishes. \*  $p < 0.05$  vs. each control.

effects of estrogens on urinary P<sub>i</sub> excretion may be attributed in part to increased tubular reabsorption of P<sub>i</sub>, the effect of E<sub>2</sub> on P<sub>i</sub> uptake by primary PTCs was examined.

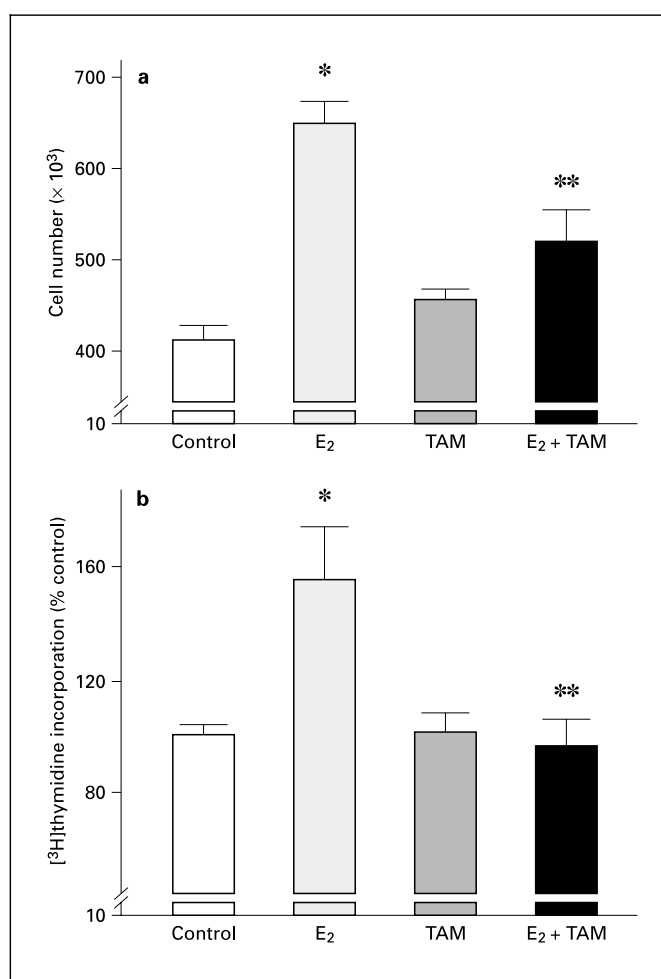
Primary PTCs were incubated for 5 days with E<sub>2</sub> at either 10<sup>-12</sup>, 10<sup>-9</sup> or 10<sup>-6</sup> M. Figure 4a shows a significant stimulatory effect of E<sub>2</sub> on P<sub>i</sub> uptake at 10<sup>-9</sup> M as well as 10<sup>-6</sup> M, whereas at 10<sup>-12</sup> M E<sub>2</sub> had no significant effect. The stimulatory effect of 10<sup>-9</sup> M E<sub>2</sub> on P<sub>i</sub> uptake was examined as a function of incubation time. Both short-term (0.5–5 h) as well as long-term (up to 10 days) incubation times were employed. Figure 4b shows the lack of a

significant effect of  $E_2$  during the short-term incubations, as well as a lack of an effect of  $E_2$  after a more extended 3-day incubation period with this steroid. However, a significant stimulatory effect of  $E_2$  on  $P_i$  uptake was observed after the incubation period was extended to 5 days (27%). This stimulatory effect of  $E_2$  on  $P_i$  uptake was retained until the end of the 10-day incubation period.

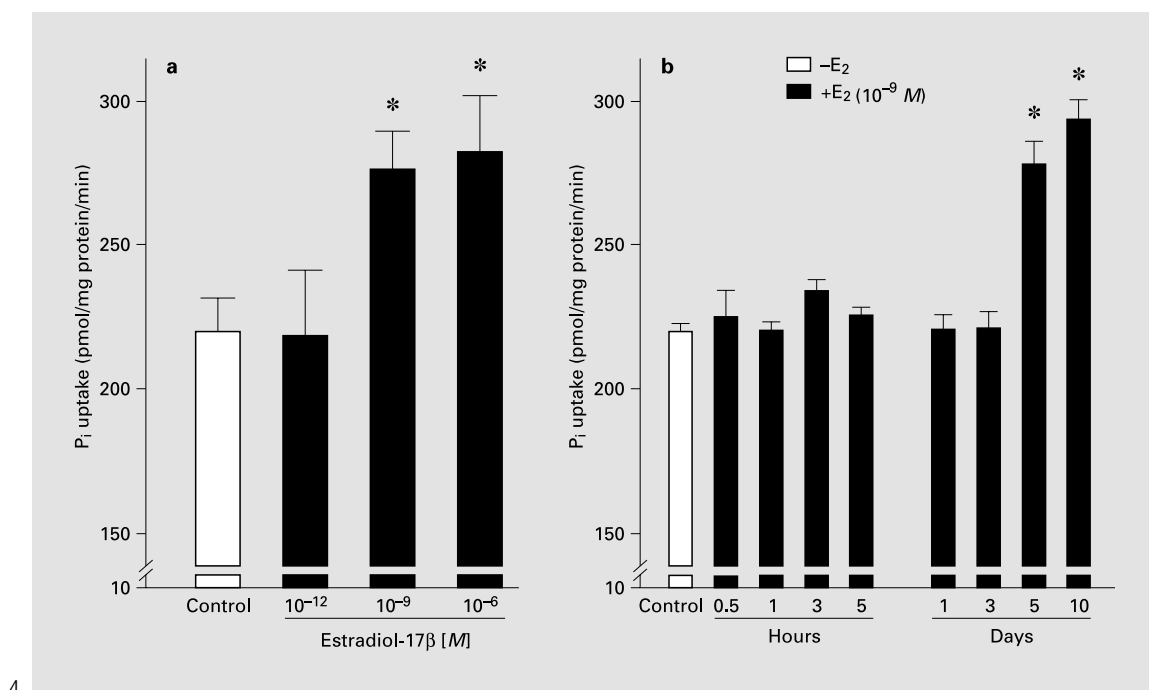
$E_2$  may stimulate  $P_i$  uptake by affecting either the affinity of  $P_i$  for the uptake process ( $K_m$ ) or the maximal velocity ( $V_{max}$ ). In order to evaluate this possibility,  $P_i$

Fig. 3. a Effect of tamoxifen (TAM) on  $E_2$ -induced stimulation of cell growth and [ $^3H$ ]thymidine incorporation. PTCs were incubated with TAM ( $10^{-6} M$ ) and  $E_2$  ( $10^{-9} M$ ) or alone for 13 days. Cell counts were performed on 13 days using a Coulter Model ZF particle counter. Each point represents means  $\pm$  SE of five independent experiments with triplicate dishes. \*  $p < 0.05$  vs. control, \*\*  $p < 0.05$  vs.  $E_2$ . b Effects of  $E_2$  antagonists on  $E_2$ -induced increase of [ $^3H$ ]thymidine incorporation into the PTCs. Cells were incubated for 24 h in the presence  $10^{-6} M$  tamoxifen; TAM and  $10^{-9} M$   $E_2$  or alone and pulsed with 1  $\mu Ci$  of [ $^3H$ ]thymidine. Values are means  $\pm$  SE of four independent experiments with triplicate dishes. \*  $p < 0.05$  vs. control, \*\*  $p < 0.05$  vs.  $E_2$ .

Fig. 4. Effects of  $E_2$  on  $P_i$  uptake. a Dose-dependent effect of  $E_2$ .  $E_2$  was treated to PTCs at concentrations of  $10^{-12}$ ,  $10^{-9}$  and  $10^{-6} M$  for 5 days. b Time course effect of  $10^{-9} M$   $E_2$  on  $P_i$  uptake. PTCs were incubated with  $E_2$  or with vehicle for various periods of time (30 min to 10 days) prior to the  $P_i$  uptake study. Values are means  $\pm$  SE of six (a) and four (b) independent experiments with triplicate dishes. \*  $p < 0.05$  vs. control.



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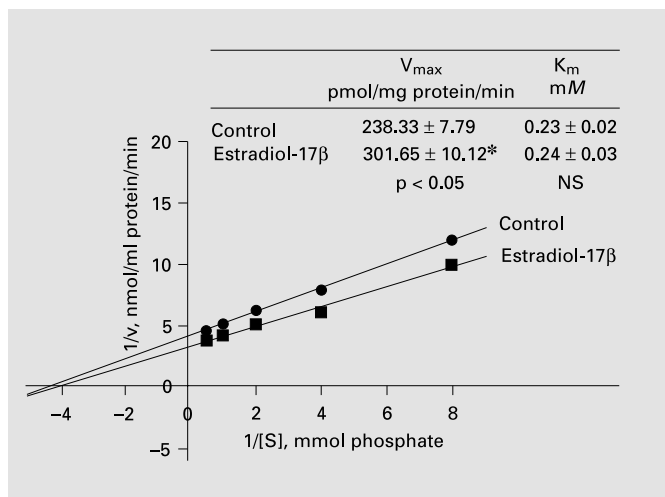


Fig. 5. Effect of  $E_2$  on the kinetic parameters of  $P_i$  uptake. PTCs were incubated for 5 days in the presence of  $10^{-9}$  M  $E_2$  or vehicle. Cells were then incubated 30 min with the indicated concentrations of phosphate.  $P_i$  uptake was measured in a buffer containing  $^{32}P_i$  (1.5  $\mu$ Ci/ml) in the presence of 1, 0.5, 0.25, 0.125 or 0.0625 mM unlabeled phosphate. Values are means  $\pm$  SE of three independent experiments with triplicate dishes. \*  $p < 0.05$  vs. control.

Table 1. Effects of  $E_2$  on  $Na/P_i$  cotransport,  $Na$ /glucose cotransport and  $Na^+/H^+$  antiport activity

	$^{32}P_i$ pmol/mg protein/min	$[^{14}C]-\alpha$ -MG pmol/mg protein/min	$^{22}Na^+$ nmol/mg protein/min
Control	$240 \pm 1$	$610 \pm 13$	$14 \pm 0.4$
$E_2$ ( $10^{-9}$ M)	$302 \pm 2^*$	$474 \pm 13^*$	$12.0 \pm 0.6$

Primary cultured renal proximal tubular cells were grown in D-MEM/F-12 supplemented with insulin (5  $\mu$ g/ml) and transferrin (5  $\mu$ g/ml). Cells were treated for 5 days with  $E_2$  ( $10^{-9}$  M).  $E_2$ -treated cells were then incubated with  $^{32}P_i$  1.5  $\mu$ Ci/ml,  $[^{14}C]-\alpha$ -MG 0.5  $\mu$ Ci/ml and  $^{22}Na^+$  0.25  $\mu$ Ci/ml for 30 min at 37°C. Uptake experiments were performed as described in Methods. Values are means  $\pm$  SE of five independent experiments with triplicate dish. \*  $p < 0.05$  vs. control.

uptake was examined as a function of the extracellular  $P_i$  concentration, both in control and in  $E_2$ -treated cultures. Figure 5 shows that  $P_i$  uptake was saturable as a function of increasing  $P_i$  concentrations. A kinetic analysis of the uptake data indicated a significant 23% increase in the  $V_{\max}$  for  $P_i$  uptake in  $E_2$ -treated cultures, while the apparent  $K_m$  value was unaffected.

Possibly, the increase in the  $V_{\max}$  for  $P_i$  uptake may reflect a generalized increase in the apical membrane transport capacity. In order to examine this possibility, the initial rate of  $\alpha$ -MG uptake and of  $Na^+$  uptake was examined. Table 1 shows, however, that the initial rate of  $\alpha$ -MG uptake was significantly reduced in  $E_2$ -treated cultures, while the  $Na^+$  uptake rate remained unchanged.

#### Effects of Other Estrogens and Estrogen Antagonists, and RNA and Protein Synthesis Inhibitor on $P_i$ Uptake

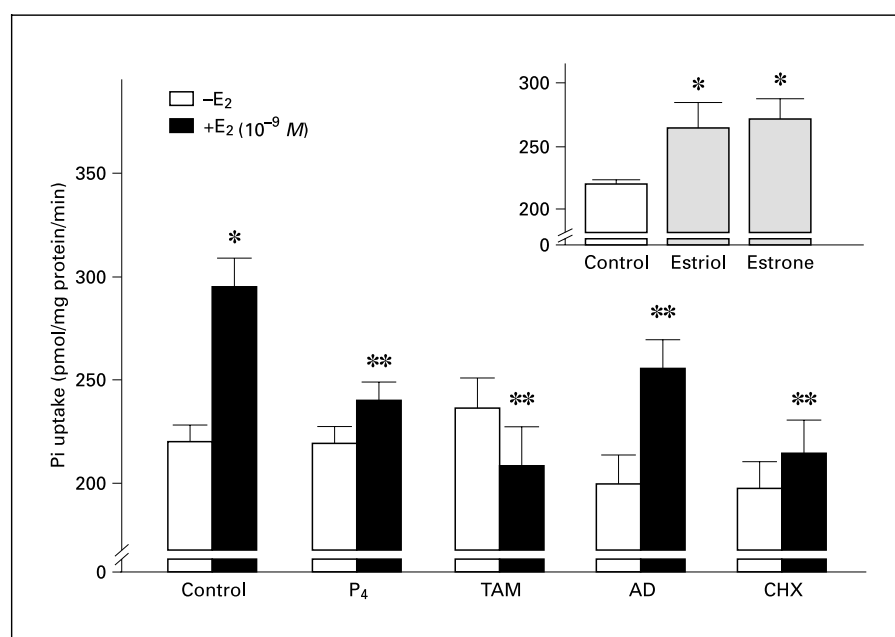
In order to evaluate the specificity of the estrogen effect on  $P_i$  uptake, we examined the effects of several different types of estrogens (estriol and estrone) on  $P_i$  uptake following a 5-day incubation. In addition, the effects of testosterone and several estrogen antagonists (including progesterone ( $P_4$ ) and tamoxifen) on  $P_i$  uptake were also examined. Figure 6 (insert) shows that both  $10^{-9}$  M estriol and  $10^{-9}$  M estrone were stimulatory to  $P_i$  uptake. However, progesterone and testosterone did not affect  $P_i$  uptake [Han et al., unpubl. data], suggesting that amongst the sex steroids, the effect is estrogen-specific. While  $10^{-9}$  M  $P_4$  and  $10^{-6}$  M tamoxifen individually had no effect on  $P_i$  uptake (fig. 6), when added in combination with  $10^{-9}$  M  $E_2$ , both  $10^{-9}$  M  $P_4$  and  $10^{-6}$  M tamoxifen significantly reduced the  $E_2$ -induced stimulation of  $P_i$  uptake.

In order to examine whether the  $E_2$ -induced stimulation of  $P_i$  uptake is dependent upon transcription and/or protein synthesis, the effects of actinomycin D ( $10^{-8}$  M) and cycloheximide ( $4 \times 10^{-7}$  M) were examined. As illustrated in figure 6, the  $P_i$  uptake rate in the absence of  $E_2$  was not significantly affected by actinomycin D and cycloheximide. However, in the presence of  $E_2$ , actinomycin D significantly reduced the  $E_2$ -induced stimulation of  $P_i$  uptake, suggesting a requirement for transcription. In the presence of cycloheximide,  $E_2$  had no significant effect on  $P_i$  uptake, suggesting a requirement for the synthesis of new proteins.

#### Discussion

The cellular effects of estrogens are tissue- and organ-specific. Not only do estrogens have proliferative effects on bone and the uterus, but also the kidney [30–33]. Of particular interest in these regards is the renal proximal tubule. That the renal proximal tubule is indeed a target of estrogen action is shown quite clearly by the estrogen-induced ultrastructural changes localized to the cells in this nephron segment. In the hamster, prolonged estrogen

Fig. 6. Effects of progesterone ( $P_4$ ), tamoxifen (TAM), actinomycin D (AD) and cycloheximide (CHX) on  $E_2$ -induced stimulation of  $P_i$  uptake. PTCs were incubated with  $E_2$  antagonists ( $10^{-9}$  M  $P_4$ ,  $10^{-6}$  M TAM), AD ( $10^{-8}$  M), or CHX ( $4 \times 10^{-7}$  M) for 3 h prior to incubation with  $10^{-9}$  M  $E_2$  or its vehicle.  $P_i$  uptake was performed 5 days later. Insert shows that the effect of estriol ( $10^{-9}$  M) and estrone ( $10^{-9}$  M) on  $P_i$  uptake. Values are means  $\pm$  SE of four or five independent experiments with triplicate dishes. \*  $p < 0.05$  vs. control, \*\*  $p < 0.05$  vs.  $E_2$ .



treatment often results in the formation of renal cortical tumors. The direct involvement of estrogens in such processes is supported by the presence of estrogen receptors in this locale. Our results lend further support to the overall contention that the kidney is an estrogen-responsive organ, which is a site at which important changes in mineral metabolism and growth occur as a consequence of changes in estrogen status.

Previously, we demonstrated that  $E_2$  and  $\alpha$ -estradiol increased the number of primary PTCs in hormonally defined serum-free medium [22]. In this report we show that  $E_2$  also stimulates cell growth and the incorporation of [ $^3$ H]thymidine into acid-precipitable material. These results indicate that the  $E_2$  effect on cell number can be attributed at least in part to an increase in the rate of DNA synthesis, rather than simply to improved cell adhesion (for example).

The involvement of the estrogen receptor in mediating the stimulatory effect of  $E_2$  on growth and  $P_i$  uptake is substantiated by our observation that physiologic  $E_2$  concentrations ( $10^{-9}$  M) cause an increase both in the number of primary PTC cells, in [ $^3$ H]thymidine incorporation and in  $P_i$  uptake. Our observation that such stimulatory effects of  $E_2$  on [ $^3$ H]thymidine incorporation, growth and  $P_i$  uptake are ameliorated by the anti-estrogen tamoxifen also substantiates the involvement of estrogen receptors in mediating these effects of  $E_2$ . Presumably, tamoxifen at  $10^{-6}$  M is preventing the stimulatory effects of  $10^{-9}$  M  $E_2$

by competing with  $E_2$  for binding to the estrogen receptor. Admittedly, tamoxifen, like  $E_2$ , elicits a growth-stimulatory effect at  $10^{-9}$  M, although this effect is no longer observed at higher tamoxifen concentrations. In contrast, in the case of  $E_2$ , a growth-stimulatory effect is still observed as the concentration is raised to  $10^{-6}$  M, albeit to a lower extent than at  $10^{-9}$  M. Thus, the ability of  $10^{-6}$  M tamoxifen to block the growth-stimulatory effect of  $10^{-6}$  M  $E_2$  can be explained by the ability of  $10^{-6}$  M tamoxifen to compete with  $E_2$  for estrogen receptor binding. In addition, the reduced growth-stimulatory effect of  $E_2$  in the presence of tamoxifen may be due to a secondary set of effects initiated through the binding of tamoxifen to the estrogen receptor. Our previous immunoprecipitation studies do indeed indicate that the PTCs possess estrogen receptors, and substantiate our contention that the growth-stimulatory effects of estrogens are very likely by means of an estrogen-receptor-mediated signal transduction pathway(s) [22].

The involvement of the estrogen receptor in mediating the effects of  $E_2$  on  $P_i$  uptake is further substantiated by the stimulatory effects of other types of estrogens (estriol and estrone) on  $P_i$  uptake. Finally, the observation that progesterone, a physiologic estrogen antagonist, also prevented (at least in part) the stimulatory effect of  $E_2$  on  $P_i$  uptake, substantiates the involvement of the estrogen receptor. Progesterone alone (like testosterone alone) did not stimulate  $P_i$  uptake.

Presumably, the phosphate transport system responsible for the  $P_i$  uptake in these studies is analogous to the  $Na^+/P_i$  cotransport system localized in renal brush border membrane vesicles [8]. Our previous studies indicate that such a  $Na^+$ -dependent carrier-mediated process is present in the PTCs [17]. In this report, kinetic parameters for  $P_i$  uptake were determined. The  $K_m$  value, 0.23 mM  $P_i$ , was somewhat higher than  $K_m$  values previously determined from studies with rabbit renal brush border membrane vesicles (0.060 mM [34] and 0.160 mM [35]). Such differences in the  $K_m$  values for  $P_i$  may be due to differences in the intracellular as well as the extracellular milieu of the cells and/or the membrane vesicles.

Of the three types of cDNAs for  $Na/P_i$  cotransporters which have been isolated by expression cloning techniques [8], only the type II  $Na/P_i$  cotransporter has characteristics consistent with being the 'main' brush border membrane  $Na/P_i$  cotransporter [8]. A  $K_m$  value of 0.114 mM  $P_i$  was obtained in Sf9 insect cells which expressed rat renal  $NaP_i-2$ , in a range similar to that previously obtained with the PTCs [36]. These  $K_m$  values, obtained for  $P_i$  uptake by  $NaP_i-2$ , are significantly higher than the  $K_m$  values for type III  $P_i$  transporters (found in a variety of nonrenal tissue) which are in the 20- $\mu M$  range.

In the rabbit kidney cortex, mRNA for a type I as well as a type II  $Na/P_i$  cotransporter has been identified. By immunohistochemical techniques, homologous proteins have been identified in renal proximal tubule brush border membranes [8]. However, the type I cotransporter does not exhibit a pH dependence, unlike the type II transporter. However, such a pH dependence for  $P_i$  uptake is a property shared by our primary PTC cells [37].

Incubation with  $E_2$  caused a significant increase in the  $V_{max}$  for  $P_i$  uptake, without significantly affecting the  $K_m$ . The increase in the  $V_{max}$  for  $P_i$  uptake in  $E_2$ -treated PTCs may be due to an increase in the number of  $Na/P_i$  cotransporters in the plasma membrane, which in turn may result from an increase in the level of expression of the gene for the type II  $Na/P_i$  cotransporter. Indeed, the stimulatory effect of  $E_2$  on  $P_i$  uptake requires a 5-day incubation with  $E_2$ , compatible with the common time frame of steroid hormones acting via regulation at the gene and protein level. The ability of actinomycin D and cycloheximide to block the stimulatory effect of  $E_2$  on  $P_i$  uptake suggests a requirement for mRNA and protein synthesis, and is also consistent with transcriptional regulation.

However, hormonal regulation of the level of  $Na/P_i$  cotransporters in the apical membrane is not necessarily the result of transcriptional regulation. Indeed the inhibition of  $P_i$  uptake by PTH has been attributed to PTH-

induced membrane retrieval and lysosomal degradation of the  $Na/P_i$  cotransporter, rather than to specific effects at the gene level [8]. However, the possibility of generalized effects on cellular protein synthesis is unlikely, as indicated by our previously published protein synthesis studies [22]. The possibility that there are effects of estrogens on the metabolism of  $P_i$  into nucleotide and deoxy-nucleotide pools, which affect DNA synthesis [38, 39], is also unlikely, as only a small fraction of the  $^{32}P_i$  (<4%) was incorporated into such labeled nucleotide pools during our  $^{32}P$ -labeled uptake [17].

Plasma  $P_i$  is maintained within a narrow range through the actions of hormones, and other effector molecules at a number of target sites, including the kidney. The  $Na/P_i$  cotransport system localized in the apical membrane of the renal proximal tubule plays an important part in this control. The effects of a number of physiologic changes on brush border  $Na/P_i$  cotransport activity have been clearly defined. Renal brush border  $Na/P_i$  cotransport activity increases following decreases in dietary  $P_i$ , as do type II  $Na/P_i$  cotransporter mRNA levels [8, 13, 40]. In contrast, decreased  $Na/P_i$  cotransport activity occurs following a  $P_i$  overload, the secretion of PTH (under conditions of low blood  $Ca^{2+}$ ), as well as in response to renal dopamine and glucocorticoids [41, 42]. A decrease in type II  $Na/P_i$  cotransporter mRNA in response to dexamethasone has been reported [43]. Our previous report of inhibitory effects of glucocorticoids on  $P_i$  uptake by primary PTCs is consistent with the results published with intact tissue [42, 43].

Unlike the examples of regulatory effects given above, previous reports concerning the effects of estrogens on the renal handling of  $P_i$  are conflicting. In humans, estrogen administration causes a decrease in the urinary excretion of  $P_i$  [41]. This observation could be explained in part by increased renal proximal tubule reabsorption of  $P_i$ . Indeed, Uremura et al. [14] have reported that estrogens do have a stimulatory effect on renal  $P_i$  reabsorption in humans. However, others have found a normal, or a slightly increased urinary  $P_i$  excretion rate following prolonged estrogen treatment.

Beers et al. [44] reported an inhibitory effect of  $E_2$  administration on  $Na/P_i$  cotransport activity in brush border membrane vesicles obtained from kidneys of thyroparathyroidectomized and ovariectomized female rats. Such differences in experimental results between the present report and this previous report very likely relate to differences in the species used (rabbit vs. rat vs. human), and in experimental technique. Indeed, in rats, estrogen administration has a phosphaturic effect, which differs



from humans, for example. In addition, in the intact animal, E<sub>2</sub> stimulates the synthesis of dopamine, which has well-documented inhibitory effects on the rate of Na/P<sub>i</sub> cotransport across the brush border membrane [44].

A major advantage of our in vitro studies with a primary renal cell culture system as compared with studies with in vivo material, is that hormonally defined culture conditions are utilized. Not only is phenol red, which has structural similarity to estrogens [45, 46], not included in the medium, but in addition, hydrocortisone is deleted. Thus, when using our in vitro cell culture model system in hor-

monally defined culture conditions, we were able to minimize such concerns about indirect effects of other regulatory factors on growth and on membrane transport, and thus were able to define estrogen-specific effects on these processes.

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