

# *Anti-Cancer Properties of Anthraquinones from Rhubarb*

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**Abstract:** Rhubarb has been used as a traditional Chinese medicine since ancient times and today it is still present in various herbal preparations. In this review the toxicological and anti-neoplastic potentials of the main anthraquinones from Rhubarb, *Rheum palmatum*, will be highlighted. It is interesting to note that although the chemical structures of various anthraquinones in this plant are similar, their bioactivities are rather different. The most abundant anthraquinone of rhubarb, emodin, was capable of inhibiting cellular proliferation, induction of apoptosis, and prevention of metastasis. These capabilities are reported to act through tyrosine kinases, phosphoinositol 3-kinase (PI3K), protein kinase C (PKC), NF-kappa B (NF-κB), and mitogen-activated protein kinase (MAPK) signaling cascades. Aloe-emodin is another major component in rhubarb found to have anti-tumor properties. Its anti-proliferative property has been demonstrated to be through the p53 and its downstream p21 pathway. Our recent proteomic study also suggests that the molecular targets of these two anthraquinones are different. However, both components were found to be able to potentiate the anti-proliferation of various chemotherapeutic agents. Rhein is the other major rhubarb anthraquinone, although less well studied. This compound could effectively inhibit the uptake of glucose in tumor cells, caused changes in membrane-associated functions and led to cell death. Interestingly, all three major rhubarb anthraquinones were reported to have *in vitro* phototoxic. This re-evaluation of an old remedy suggests that several bioactive anthraquinones of rhubarb possess promising anti-cancer properties and could have a broad therapeutic potential.

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**Key words:** anthraquinones; *Rheum palmatum*; toxicity; mechanisms; traditional medicine

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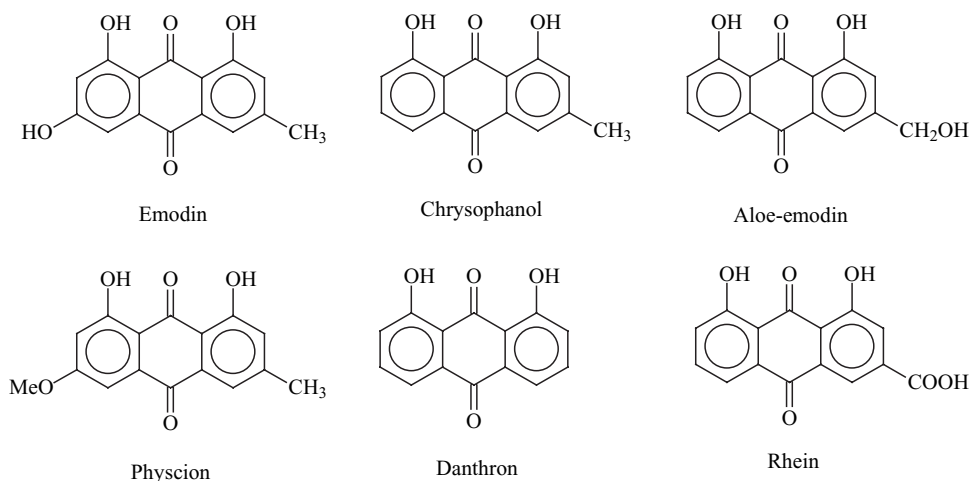
## 1. INTRODUCTION

Rhubarb root (Da Huang) is one of the oldest and best-known Chinese herbal medicines, first appearing in the Classic of the Materia Medica, Shen Nong Ben Cao Jing<sup>1</sup> of the Han dynasty, and was classified as a top medicinal plant.<sup>2</sup> The most commonly used species is *Rheum palmatum* or *Rheum officinale* Baill of the *Polygonaceae* family. The traditional use is as a laxative, treatment of constipation jaundice, gastro-intestinal hemorrhage, and ulcers. Currently, many of the Chinese herbal preparations also contain Da Huang, however its toxicity, pharmaceutical potentials and molecular mechanisms have not been well investigated. This review attempts to provide an up-to-date collection on data related to the toxicological and anti-cancer potential of various major anthraquinones of rhubarb, *Rheum palmatum*, with emphasis on the molecular mechanisms of action that have been revealed during the past two decades.

## 2. STRUCTURAL AND TOXICOLOGICAL PROPERTIES OF RHUBARB ANTHRAQUINONES

The main bioactive constituents of rhubarb are anthraquinone derivatives, including emodin (1, 3, 8-trihydroxy-6-methylantraquinone, ~2.6%), aloe-emodin (1, 8-dihydroxy-3-hydroxyl-methyl anthraquinone, ~1.8%), rhein (1, 8-dihydroxy-3-carboxyanthraquinone, ~1.9%), chrysophanol (1, 8-dihydroxy-3-methyl-anthraquinone 1.9%), physcion (1, 8-dihydroxy-3-methyl-6-methoxy-anthraquinone, ~0.8%), and Danthron (1, 8-dihydroxy-9, 10-anthraquinone, <0.2%) (Fig. 1).<sup>3</sup> Several glycosides such as stilbene, naphthalene, and chromones also can be detected in *R. palmatum*, together with small amounts of tannins. Catechins, gallic acid, and cinnamic acid are also present in rhubarb.

Most of the water-soluble components of rhubarb are readily absorbed after ingestion. This medicinal plant is generally considered low in toxicity, but intoxication could result from over dosage, especially of the fresh herb. Toxic symptoms include nausea, vomiting, dizziness, abdominal colic, and jaundice. Although no recent study has been conducted on the long-term effects of anthraquinones present in rhubarb, an earlier study suggested that they could lead to liver cirrhosis and hypokalemia.<sup>4</sup> It has been recommended that persons with a history of renal stones should avoid rhubarb due to its high-oxlate content.<sup>5</sup> Kemper et al.<sup>6</sup> suggested that the high-tannin content in



**Figure 1.** Chemical structures of major anthraquinones in Rhubarb, *Rheum palmatum*.

rhubarb may cause upset stomach, hepatic necrosis, and increased risk of esophageal and nasal cancer.

The debates over carcinogenicity of anthraquinones in anthranoid laxatives have been going on for decades.<sup>7,8</sup> Due to their planar chemical structure, several anthraquinones were postulated to be able to intercalate into DNA.<sup>9</sup> It was hypothesized that chronic abuse of anthranoid-containing laxatives may act as a risk factor for colorectal cancer.<sup>7</sup> Mueller et al.<sup>10</sup> suggested that certain anthraquinones from *Rheum* family and edible vegetables were genotoxic, and emodin and danthron were more potent compared to chrysophanol and physcion. Further studies conducted in mouse lymphoma L5178Y cells suggested that non-covalent DNA-binding<sup>11</sup> and indirect inhibition of topoisomerase II catalytic activity<sup>12</sup> could have contributed to the anthraquinones-induced genotoxicity. In addition, danthron, rhein, and chrysophanol, three anthraquinones with hydroxyl groups in the 1,8-positions (Fig. 1) were found to promote transformation of C3H/M2 mouse fibroblasts initiated by *N*-methyl-*N'*-nitro-*N*-nitrosoguanidine or 3-methylcholanthrene.<sup>13</sup> Among all anthraquinones, *in vivo* carcinogenicity was only established with danthron.<sup>14</sup> Since danthron was the main component of many anthranoid laxatives this *in vivo* finding could have led to the withdrawal of the synthetic danthron laxative from the market.<sup>15</sup> However, it was believed that if the concentrations of anthraquinones, estimated daily intake and the genotoxic potency, as well as protective effects of the food matrix were taken into consideration together with a balanced human diet, they do not represent a genotoxic risk.<sup>10</sup> Recent toxicology and carcinogenesis investigations carried out by the National Toxicology Program (NTP)<sup>16</sup> reported that emodin showed no evidence of carcinogenic activity for emodin in male F344/N rats and female B6C3F mice and equivocal evidence of carcinogenic activity in female 344/N rats and male B6C3F mice, however, the reason for which is not clear. As for aloe-emodin, *in vivo* study suggested that this anthraquinone exhibits no effect on inducing DNA-damage in hepatocytes of male Wistar rats and showed no mutagenic activities in bone marrow cells of NMRI mice and Wistar rats.<sup>17</sup> To our knowledge, no *in vivo* report has been found regarding the carcinogenicity of rhein, chrysophanol and physcion, and rhubarb extract. So far, no casual relationship has been demonstrated between rhubarb abuse and colorectal cancer<sup>18</sup> or gastric cancer.<sup>19</sup> Interestingly, *in vitro* studies suggest that emodin, aloe-emodin, and rhein were all found to be phototoxic, most probably through the involvement of singlet oxygen and stable photoproducts.<sup>20</sup> Emodin has been reported to photosensitize human leukemic cells.<sup>21</sup> Wamer et al. found that its phototoxicity was due to the generation of single oxygen upon irradiation of UV<sup>22,23</sup> or visible light.<sup>23</sup> Topical application of aloe-emodin on skin of C3H mice enhanced the formation of UV radiation-induced development of melanin-containing skin tumors.<sup>24</sup> Another study conducted on C3H/HeN mice showed that aloe-emodin combined with UV radiation can induce a broader distribution of mutations in *p53* gene.<sup>25</sup> However, till now, no epidemiological or case report could be found linking usage of aloe-emodin or rhubarb with skin cancer.

It is also of concern that ingestion of emodin by pregnant women might have adverse effects. NTP<sup>16</sup> thus in 2002 conducted a study on the maternal toxicity and teratogenicity in rats and the results suggested a lowest observed adverse effect level (LOAEL) of emodin was 1,700 ppm, based on reduction of maternal body weight, reduction of fetal body weight. In a more recent study, Jahnke and colleagues<sup>26</sup> evaluated the developmental toxicity of emodin in rats and mice. Their results suggest that the prenatal mortality, live litter size, fetal sex ratio, and morphological development were unaffected in both rats and mice. At concentration of 6,000 ppm the average fetal body weight per litter was significantly reduced in mice. The LOAEL for maternal and developmental toxicity of rats were similar to the finding of NTP study, at a concentration of 1,700 ppm. The LOAEL for developmental toxicity of emodin in mice was 6,000 ppm. The no observed adverse effect level (NOAEL) was 850 ppm in rats and 2,500 ppm for mice. So far, no study has been carried out on the reproductive capability or teratogenicity of other anthraquinones in rhubarb.

It is interesting to note that although numerous investigations have been conducted on various anthraquinones in rhubarb, and despite their structural similarity, the overall findings do not suggest

that there is a straightforward direct relationship between the chemical structure and cytotoxicity or genotoxicity. Nevertheless, Lu et al. recently used emodin as a parent compound to synthesis a series of different anthrapyrazole derivatives, and their results suggest that those anthraquinone chromophore with positive charged side chains are generally more cytotoxic.<sup>27</sup> Compared to emodin, they had significantly higher DNA-binding affinity and showed higher cytotoxicity against different tumor cells. The derivatives with a mono-cationic alkyl side chain exhibited the highest DNA-binding affinity and cytotoxicity.<sup>28</sup>

### 3. ANTI-CANCER ACTIVITIES OF RHUBARB ANTHRAQUINONES

So far, literature search suggests that the effect of rhubarb on anti-microbial capability, renal protection and gastrointestinal disorder prevention are most convincing although no comprehensive review has been conducted. Owing to space limitation, this review will focus mainly on the anti-cancer properties of rhubarb and highlight some of the recent studies on the anti-neoplastic effect of the more abundant anthraquinones of Rhubarb, in particular the mechanisms involved.

#### A. *In Vitro* Evidence

##### 1. *Inhibition of Cell Growth*

A number of studies have demonstrated that the main anthraquinones of rhubarb, emodin, aloe-emodin, and rhein, inhibit the growth and proliferation of various cancer cells. Emodin has been reported to inhibit proliferation in breast, lung, cervical, colorectal, and prostate cancers cells.<sup>29–33</sup> After comparison with other anthraquinone derivatives, such as emodin 1-O- $\beta$ -D-glucoside, physcion, and physcion 1-O- $\beta$ -D-glucoside, C1 and C3 position of emodin is believed to be important for the anti-tumor function.<sup>32</sup> However, emodin can evoke a less or no cytotoxic effect in several normal cells, including HBL-100 cells derived from normal human breast tissue,<sup>30</sup> human fibroblast-like lung WI-38 cells, and three primary cultured rat normal cells.<sup>34</sup> It has also been demonstrated that emodin displays over 25-fold differential cytotoxicity against ras-transformed bronchial epithelial cells to the normal human bronchial epithelial cells.<sup>33</sup> These data suggest that normal cells are more resistant to emodin-induced cytotoxicity than cancer cells. Such specificity of emodin towards malignant cells might be due to its effect targeting on some oncogene signaling transductions, which are constitutively active or amplified in cancer cells.

Aloe-emodin was also able to inhibit cell growth in several tumor cells, including human lung carcinoma,<sup>35</sup> hepatoma,<sup>36,37</sup> and leukemia cell lines.<sup>38</sup> In addition, aloe-emodin exhibits higher cytotoxicity against oral squamous cell carcinoma and salivary gland tumor than against normal human gingival fibroblasts (HGF).<sup>39</sup> Interestingly, aloe-emodin showed a high specificity for neuroectodermal tumor cells.<sup>40,41</sup> According to Pecere and his/her colleagues' report,<sup>40</sup> energy-dependent drug incorporation of aloe-emodin may correspond to the greater sensitivity of neuroectodermal tumor cells.

Rhein, another anthraquinone derivative of rhubarb, has also been reported to display inhibitory effect on the proliferation of human breast, colon, lung, CNS, and glioma cancer cells.<sup>42,43</sup> Recent study by Zhou et al. suggests that rhein exhibited anti-fungal potential but was low in cytotoxicity, compared to other anthraquinones in rhubarb.<sup>44</sup> Taken into consideration rhein concentration is about the same as aloe-emodin in rhubarb (approximately 1.9%) additional studies will be useful to address some of its biological properties.

On the other hand, although sharing very similar chemical structure with emodin and aloe-emodin, chrysophanol, and physcion show no significant effect on the inhibition of cancer cell proliferation.<sup>32,45</sup>

## 2. Disruption of Cell Cycle

Cells contain various pathways designed to protect them from the genomic instability or toxicity that can result when their DNA is damaged. A pivotal role in this response is played by checkpoint proteins that control the normal passage of cells through the cell cycle. During tumorigenesis, tumor cells frequently lose checkpoint controls and this facilitates the development of the tumor.<sup>46</sup> Thus, one of the important approaches for cancer chemotherapy is to regulate cell-cycle progression.

Effect of the main rhubarb anthraquinones, emodin,<sup>33,34</sup> and aloe-emodin<sup>37,38,41</sup> on G<sub>2</sub>/M cell cycle have been demonstrated on various cancer cells, including v-ras-transformed cells,<sup>33</sup> hepatoma,<sup>34,37</sup> leukemia,<sup>38</sup> and neuroectodermal cells.<sup>41</sup> Elevation of p53 and p21 expression were suggested to be a common mechanism involved in these induced G<sub>2</sub>/M cell-cycle arrest.<sup>34,37,41,47</sup> However, few reports were found for rhein and other anthraquinones. Similarly, G<sub>1</sub>/S cell-cycle arrest was also found in human hepatoma,<sup>37,47</sup> glioma,<sup>48</sup> breast,<sup>30</sup> lung,<sup>36</sup> and colon<sup>49</sup> carcinoma cells upon treatment of rhubarb anthraquinones (emodin,<sup>30,49</sup> aloe-emodin,<sup>36,37,48</sup> and rhein<sup>47</sup>). Our recent proteomic study found that p16-Rb-E2F pathway, which is responsible for G<sub>1</sub>/S arrest was affected in aloe-emodin but not in emodin-treated HepG2 cells (Lu et al. unpublished data). This may be one of the mechanisms that reflect that aloe-emodin is more potent in inhibiting hepatoma cell growth than emodin.

## 3. Induction of Apoptosis

The process of apoptosis is fundamental in the developmental and homeostatic maintenance of complex biological systems. Dysregulation or failure of normal apoptotic mechanisms will contribute to transformation of cells and provide a growth advantage to cancer cells. It is characterized by cell shrinkage, chromatin condensation, DNA fragmentation, and the activation of specific cysteine proteases known as caspases. Two pathways converge on caspase-3: one involving caspase-8 and the other involving mitochondrial release of cytochrome c and activation of caspase-9.<sup>50</sup>

Apoptosis could be a potential general mechanism providing a mechanistic basis for the anti-proliferative and anti-neoplastic effects of emodin. As shown in Table I, a number of studies have demonstrated that emodin is capable of inducing apoptotic cell death in various cancer cells. Several studies indicate that emodin-induced apoptosis is mediated by ROS generated from the semiquinone,<sup>51,52</sup> although there was report that emodin-induced apoptosis is independent of ROS.<sup>45</sup> As we know, quinones are highly redox active molecules, which can form a redox cycle with their semiquinone radicals, leading to the formation of reactive oxygen species that include superoxide anion radical, hydrogen peroxide, and hydroxyl radical.<sup>53–55</sup> The quinoid structure of emodin (Fig. 1) could be activated to the semiquinone radical intermediate, which in turn could react with oxygen to produce ROS. The generation of ROS may contribute to mitochondrial damage, reduction of mitochondrial transmembrane potential, release of cytochrome c and Smac, and subsequent caspase activation and apoptosis.<sup>56</sup>

Similar to emodin, apoptosis can be induced by aloe-emodin in various tumor cells. Pecere and his colleagues<sup>40</sup> reported that aloe-emodin can induce sub-G<sub>1</sub> peak (one of the biomarkers of apoptosis) at 48 hr following G<sub>2</sub>/M arrest at 24 hr in neuroectodermal tumor cells. Aloe-emodin was also found to induce apoptosis in many other tumor cells derived from hepatoma, lung, bladder carcinoma, and leukemia. The treatment dose and outcome are summarized in Table II. Similar to emodin, aloe-emodin can induce DNA damage through oxidative stress, and later initiate apoptosis.<sup>57</sup> In addition, aloe-emodin-induced apoptosis in HepG2 cells was found to be ROS-dependent (Lu et al., unpublished data).

Rhein has been shown to inhibit the uptake of glucose uptake in Ehrlich ascites tumor cells. This inhibition has been postulated to be an interaction of rhein with cell membranes that results in an alteration of membrane-associated functions.<sup>58</sup> Further study suggests that this anthraquinone

**Table 1.** Induction of Apoptosis by Emodin, Aloe-Emodin, and Rhein in Human Cancer Cells

Anthra-quinones	Cell types	Treatments	Outcomes	Ref.
emodin	human lung adenocarcinoma cells A549	(10-50 $\mu$ M) up to 72 hrs	ROS generation, inactivation of ERK and Akt, decrease of Bcl-2, increase of Bax, disruption of mitochondrial membrane potential, apoptosis	51
emodin	Human myelogenous leukemia cells HL-60	(10-80 $\mu$ M) up to 12 hrs	Decrease of Mcl-1, no change of Bcl-2, Bcl-XL, Bax and Bad, ROS independence, apoptosis	45
emodin	Human lung squamous carcinoma cells CH27; human lung non-small carcinoma cells H460	(1-50 $\mu$ M) up to 72 hrs	Increase and translocation of Bak and Bax, no change of Bcl-XL, activation of caspase-3, 9, 8, decrease of PKC $\delta$ and $\epsilon$ , apoptosis	118,135
emodin	Human cervical carcinoma cells HeLa	As <sub>2</sub> O <sub>3</sub> combined with (0.5-10 $\mu$ M) emodin up to 72 hrs	Generation of ROS, inhibition of NF- $\kappa$ B and AP-1, sensitization of HeLa cells to As <sub>2</sub> O <sub>3</sub> -induced apoptosis	87
Aloe-emodin	Neuroblastoma cells (IMR-32, IMR-5, AF8, SJ-N-KP and SK-N-BE (2c))	~10 $\mu$ M, 30 $\mu$ M	Cytotoxic effect in vitro and in vivo; Induction of apoptosis, Increase of p53, Bax and Bcl-2. Induction of apoptosis	40,41
Aloe-emodin	Human hepatocellular carcinoma cell HepG2 and Hep3B	37 and 74 $\mu$ M up to 48hr	Activation of p53 (only in HepG2 cells) and p21. Increase of FAS receptor expression (only in HepG2 cells). Increase of BAX expression. Induction of apoptosis.	37
Aloe-emodin	Human transformed glial cells U-373MG and SVG	40 $\mu$ M up to 72hr	Delay in entry and exit S phase. Decrease of PKC activity. Induction of apoptosis. Decrease of survivin.	48
Aloe-emodin	Human bladder cancer cell T24		Activation of p53 and p21, ctivation of caspase-3,. increase Fas/APO1 receptor and Bax expression, but inhibit Bcl-2 expression	28
rhein	Human hepatoma cells <b>HepG2</b>	(0-400 $\mu$ M) up to 72 hrs	P53 increase, enhancement of CD95 and CD95 ligands, apoptosis	47
rhein	Human myelogenous leukemia cells <b>HL-60</b>	(0-100 $\mu$ M) up to 8 hrs	Loss of mitochondrial membrane potential, cytochrome c release, Bid cleavage, ROS independence, apoptosis	53

induced enhancement in CD95 and its ligands, and subsequent apoptotic effect in HepG2 cells.<sup>47</sup> In addition, this anthraquinone induces apoptosis in HL-60 cells through the mitochondrial death pathway by causing the loss of mitochondrial membrane potential, cytochrome c release, and cleavage of *Bid* protein.<sup>53</sup> Earlier study has suggested that rhein is able to accumulate within the mitochondria and affect mitochondrial membrane permeability.<sup>59</sup> It is believed that rhein is a suitable substrate for one-electron-reducing enzymes and an effective redox cyler, thus leading to the production of ROS and induction of apoptosis.<sup>54</sup> Since mitochondrial functions are critical for cell survival, when the mitochondrial membrane potential is lost, ATP production ceases and the cell dies.

The Bcl-2 family protein contains anti-apoptotic (Bcl-2, Bcl-XL) and proapoptotic (Bax, Bak) proteins and they are well-characterized regulators of apoptosis. To further explore the mitochondria-related pathway involved in anthraquinone-induced apoptosis, several groups examined the role of Bcl-2 family members. Emodin treatment significantly increases the expression of proapoptotic proteins, Bax and Bak, and causes Bax mitochondrial translocation and subsequent apoptosis.<sup>52</sup> In



**Table II.** The Anti-Cancer Properties of Emodin and Aloe-Emodin Using *In Vivo* Animal Models

Animal Models	Treatments	Outcomes	Ref.
PC3-AR xenografts in nude mice	40mg/kg/d emodin, i.p.	Reduce the volume of tumors	31
C3(1)/SV40 transgenic mice	40mg/kg/d emodin, i.p.	Prolong survival, maintain body weight gain, lower incidence of tumor invasion	
EC/CUHK1 xenografts in nude mice	30mg/kg/d emodin, i.p.	Decrease of tumor weight	85
	20-30mg/kg/d emodin combined with arsenic, i.p.	Decrease of tumor size and weight	
Two-stage carcinogenesis test of mouse skin tumors	0.0025% emodin in drinking water	Decrease of papilloma numbers	99
Oxygen-induced retinopathy mouse model	15-30mg/kg/d emodin, i.p.	Decrease of retinal neovascularization	74
Glioma xenograft in nude mice	50 mg/kg/d emodin, oral gavage	Decrease of MMP secretion	70
MDA-MB-361 xenografts in nude mice	40mg/kg/d emodin alone or combined with taxol, i.p.	Inhibit tumor growth, prolong survival	98
IMR5 neuroblastoma xenograft in SCID mice	50mg/kg/d aloe-emodin, i.p.	Decrease of tumor size	40
Matrigel plug mouse model ( <i>in vivo</i> angiogenesis model)	Matrigel containing VEGF-A (100 ng) with or without emodin (50 $\mu$ M) was injected into C57BL/6 mice	less blood vessel formation, reduced hemoglobin content	76

addition, anti-apoptotic protein Bcl-2 was also involved in emodin-induced apoptosis: first, emodin causes a significant decrease in Bcl-2 expression; second, ectopic expression of Bcl-2 markedly blocks emodin-induced apoptosis.<sup>51</sup> In addition to mitochondria, PKC- $\delta$  and  $\epsilon$  may also be involved in emodin-induced apoptosis. It appears that PKC is affected after the activation of caspase-3 in the emodin-induced apoptosis.<sup>55</sup> Meanwhile, as for aloe-emodin, anti-apoptotic Bcl-2 members (Bcl-2, Bcl-XL) have been found to be downregulated upon its treatment on CH27<sup>35</sup> and H460 cells.<sup>36</sup> In contrast, proapoptotic members (Bax and Bak) were found to be upregulated in hepatocellular carcinoma cells.<sup>37</sup> Translocation of Bax and Bak from cytosol to mitochondria is an important event to initiate mitochondria-mediated apoptosis. CH27 cell exhibited such translocation of Bax and Bak upon treatment of aloe-emodin.<sup>35</sup>

These results suggest that anthraquinones (emodin, aloe-emodin, and rhein) can activate apoptotic cell death in different tumor cells and the mitochondrial-dependent pathway was suggested to be the main apoptotic process.

No apoptosis reports of danthron, physcion, and chrysophanol were found so far.

#### 4. Anti-Metastasis

The high mortality rates associated with cancer are caused by the metastatic spread of tumor cells from the original site. There are at least four inter-related biological events required for tumor

metastasis: angiogenesis, cell adhesion, cell invasion (extracellular matrix degradation and cell migration), and cell proliferation. One critical aspect of the anti-cancer activity of emodin is its inhibitory effect on cancer metastasis. Emodin potentially interferes with tumor metastasis progression at several pivotal points.

First, emodin inhibits TNF- $\alpha$ -induced expression of cell surface adhesion proteins (ICAM-1, VCAM-1, ELAM-1), which is essential in cell adhesion, migration, and inflammation.<sup>56</sup> This inhibition is mainly due to suppression of emodin on NF- $\kappa$ B activation. Another interesting finding of our group is that emodin exhibits significant inhibition on the adhesion of various cancer cells. This inhibition was achieved through reducing cholesterol content in the membrane lipid rafts, preventing rafts clustering and subsequent colocalization of integrin  $\beta$ 1 and focal adhesion complex proteins, and eventually disrupting the lipid rafts-associated integrin-signaling pathway.<sup>60</sup> Moreover, recent studies suggest that the characteristics of membrane lipids of cancer and non-cancer cells are rather different. For example, relative higher content of cholesterol and saturated fatty acids, including sphingolipids, was found in cancer cells.<sup>61,62</sup> Moreover, in cancer cells the structure and function of lipid rafts may be modified in such a way that it would enhance cancer cell survival.<sup>63</sup> Thus, in this case, due to its disruptive effect on cholesterol in the lipid rafts, emodin might have a stronger inhibitory effect on cancer cells than normal cells, although further investigations are needed to confirm this.

Second, emodin inhibits EGF-induced cell migration in various cancer cells.<sup>64</sup> In the search for the underlying mechanisms, PI3K was found to be the molecular target for emodin. Emodin significantly suppressed the PI3K-mediated Cdc42 and Rac1 activation and subsequent cytoskeletal changes, including filopodia and lamellipodia formation. Moreover, emodin could block cell migration in cells transfected with constitutively active (CA)-Cdc42 and CA-Rac1 by interference with the formation of Cdc42/Rac1 and the p21-activated kinase (PAK) complex. These data suggest that emodin inhibits cancer cell migration via suppressing the PI3K-Cdc42/Rac1-PAK signaling pathway.<sup>64</sup> In addition, as a p56<sup>lck</sup> inhibitor, emodin decreases urokinase-type plasminogen activator and cell motility induced by hypoxia/reoxygenation (H/R).<sup>65,66</sup>

Third, emodin inhibits the invasiveness of human cancer cells by suppressing MMP-9 expression<sup>67–69</sup> through inhibiting AP-1 and NF- $\kappa$ B signaling pathways.<sup>67,70</sup> It has been shown that emodin first suppresses the phosphorylation of I $\kappa$ B $\alpha$  and NF- $\kappa$ B activation and then followed by decreasing the phosphorylation of ERK1/2 and JNK, and subsequently AP-1 activation. Through these pathways, emodin decreases the MMP-9 secretion and cell invasion in 12-o-tetradecanoyl phorbol-13-acetate (TPA)-treated cells. On the other hand, overexpression of Her-2/neu oncogene could enhance tumor metastatic potential, including the invasive ability to penetrate the basement membrane.<sup>71</sup> Thus, as a Her-2/neu tyrosine kinase inhibitor, emodin has been shown to suppress the metastasis-associated properties in Her-2/neu transformed NIH3T3 cells.<sup>72</sup> Recently, emodin was reported to suppress the expression of syndecan-1 through inhibiting NF- $\kappa$ B activation in malignant glioma cells, thus capable of blocking the invasion of tumor cells into the surrounding normal brain tissues.<sup>73</sup>

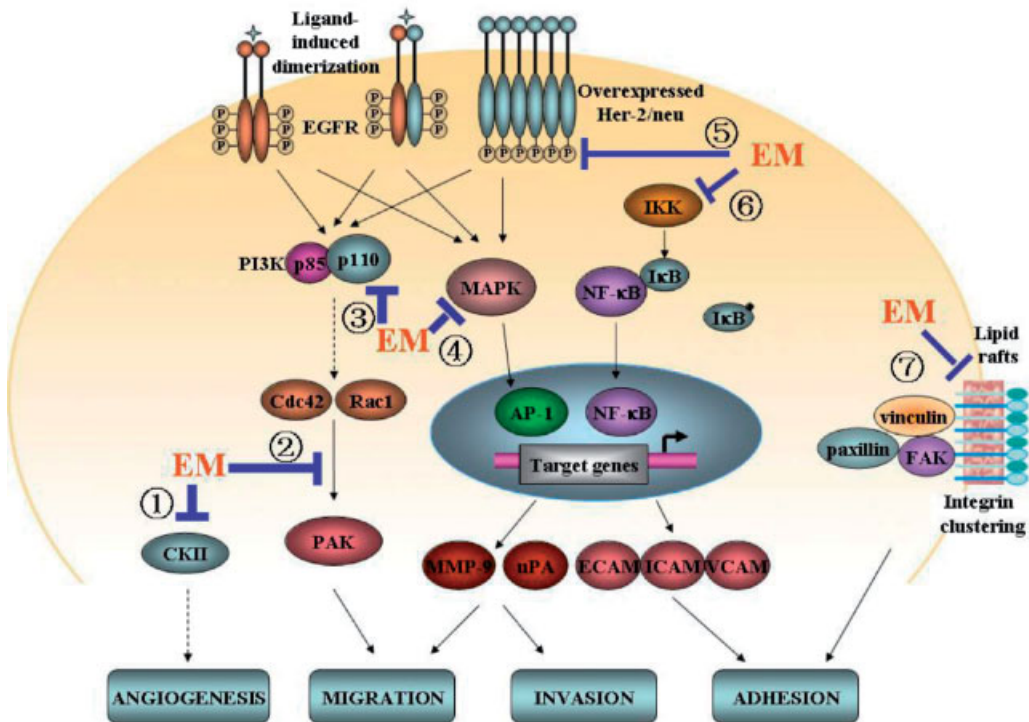
Fourth, mainly due to its inhibition on casein kinase II (CKII), emodin shows significant protective effect from angiogenesis and retinal neovascularization.<sup>74</sup> It stabilizes retinal endothelial cell tubes on basement membrane matrix and inhibited secondary sprouting, cell migration, and proliferation. In addition, emodin also causes G<sub>2</sub>/M arrest in bovine aortic vessel endothelial cells<sup>75</sup> and G<sub>1</sub> arrest in human umbilical vein endothelial cells,<sup>76</sup> which contributes its dramatic inhibitory effect on angiogenesis. More recently, emodin was found to inhibit the basal secretion of MMP-2 and VEGF-A-stimulated urokinase-type plasminogen activator receptor expression, which is critical during angiogenesis process.<sup>76</sup> Inhibition of phosphorylation of receptor 2 (KDR/Fik-1) and downstream effector molecules, including FAK, ERK1/2, p38, Akt, and endothelial nitric oxide synthase, was found to be a possible underlying mechanism of the anti-angiogenic activity of emodin toward VEGF-A-induced angiogenesis *in vitro* and *in vivo*.<sup>76</sup>



All these findings strongly suggest that emodin interferes with the progression of cancer metastasis through inhibiting cell adhesion, migration, invasion, and angiogenesis (Fig. 2). Such inhibition is through different, and at least partially, crosslinked mechanisms, such as NF- $\kappa$ B, AP-1/MAPK signaling, and PI3K. Clarification of these emodin-targeted signaling transductions might contribute to the studies of developing emodin into a new potential anti-tumor drug.

Although no studies have been conducted on the anti-metastatic potential of rhein, some related reports imply that rhein might have certain inhibiting effects in the cascade of tumor metastasis. For example, rhein suppressed the IL-1 $\alpha$ -induced production of pro-MMPs-1, -3, -9, and -13 but increased tissue inhibitor of metalloproteinase-1 (TIMP-1) synthesis in rabbit chondrocytes.<sup>77</sup> Similarly, rhein led to a strong decrease of the MMP-3/TIMP-1 ratio in human chondrocytes.<sup>78</sup> These observations suggest that rhein might also have a suppressive effect on ECM degradation via its inhibition on the production and activity of pro-MMPs. Such suppressive effect might be a consequence of rhein's inhibition on several critical signaling pathways, such as MAPKs, AP-1,<sup>79,80</sup> and NF- $\kappa$ B.<sup>81</sup> Further investigations are needed to clarify this hypothesis.

Similarly, although no related work has been carried out to clarify the possible effect of aloe-emodin on cancer metastasis, its inhibition of PKC isozymes,<sup>48</sup> p38,<sup>36</sup> and ERKs,<sup>82</sup> which play critical role in the development of cancer metastasis, lead to the hypothesis that aloe-emodin might interfere with metastasis process as well. And the recent proteomic study suggest that upregulation of nucleoside diphosphate kinase A (a metastasis suppressor) may potentiate aloe-emodin with anti-metastasis activities (Lu et al., submitted). Detailed studies are needed to determine whether



**Figure 2.** Mechanisms involved in anti-metastatic effect of emodin (EM). EM exhibits anti-metastatic effect mainly via the following signaling transduction: ①, inhibition of angiogenesis through specific suppression of CKII; ②③, suppression of cell migration via inhibiting PI3K-Cdc42/Rac1-PAK pathway; ④⑤, prevention of cell invasion through suppressing Her-2/neu kinase activity and MAPK signaling pathway; ⑥⑦, inhibition of cell adhesion via suppressing the NF- $\kappa$ B-mediated protein expression of adhesion molecules, as well as disrupting the lipid raft-associated integrin-signaling pathway.

aloe-emodin could be a candidate in developing potential chemotherapeutic agents against cancer metastasis.

So far, no anti-metastatic studies of danthron, chrysophanol, and physicon have been carried out.

### 5. Sensitization Activity

Chemoresistance is of outstanding importance for the limited results of chemotherapy in various tumors. Different combinations of chemotherapeutic drugs may offer great potential for improving anti-tumor responses in various carcinomas.

As a Her-2/neu tyrosine kinase inhibitor, emodin suppresses the proliferation of Her-2/neu-overexpressing lung cancer cells and sensitizes these cells to chemotherapeutic drugs, such as cisplatin, doxorubicin, and VP16.<sup>83</sup> Emodin acts in synergy with celecoxib to suppress the growth of rat cholangiocarcinoma, which arises from the epithelial lining cells of intra- and extra-hepatic bile ducts, in a cyclooxygenase-2 independent manner.<sup>84</sup> This combination treatment decreases the phosphorylation level of Akt, leading to increased caspase-9 and -3 mediated apoptosis. In addition, emodin has been reported to sensitize different tumor cells to arsenic trioxide, including EC/CUHK1 (human esophageal carcinoma cell), HeLa, U937, and NB4 (human myeloid leukemic cell).<sup>85–87</sup> It is worthy mentioning that non-tumor human fibroblasts are not responsive to the combination treatment of emodin and arsenic trioxide.<sup>85</sup> Another report revealed that emodin, as a CKII inhibitor, sensitizes cancer cells to TRAIL-induced apoptosis through suppressing CKII activity and subsequent NF- $\kappa$ B-mediated expression of Bcl-xL and c-FLIP.<sup>88</sup>

Aloe-emodin has also been reported to potentiate the inhibitory effect of some common chemotherapeutic agents (cisplatin, doxorubicin, and 5-fluorouracil) in Merkel carcinoma cells.<sup>89</sup> However, the mechanism of the synergistic effect of aloe-emodin is less studied. Furthermore, aloe-emodin can sensitize programmed cell death in Merkel cells when co-treated with tyrosine kinase inhibitor ST1 571.<sup>89</sup> Emodin is commonly used as tyrosine kinase inhibitor and coexisted with aloe-emodin in Rhubarb, but no further studies ever been conducted on whether emodin can sensitize aloe-emodin-induced cell death. In addition, similar to emodin, aloe-emodin has also been reported to sensitize tumor cells to arsenic.<sup>85</sup>

Meanwhile, rhein shows synergistic inhibitory effect with mitomycin C,<sup>90</sup> although no detailed mechanism was investigated.

The underlying mechanisms involved in these sensitization effects might be: (a) inhibition of Her-2/neu or CKII kinase; (b) generation of ROS; (c) suppression of NF- $\kappa$ B, and AP-1 activation. Since emodin and other anthraquinones have similar structures to that of mitochondrial ubiquinone, many reports demonstrated the effect of emodin as a free radical generator.<sup>51,87,91</sup> Thus, ROS generation by emodin has been suggested to play an important role in its synergistic effect with other chemotherapeutic agents. Yang et al.<sup>85</sup> noted that the increased ROS induced by emodin/aloe-emodin and arsenic combination treatment mediates simultaneously dual regulation, both the enhancement of pro-apoptosis and the inhibition of anti-apoptosis. The enhancement of pro-apoptosis includes the collapse of the mitochondrial transmembrane potential, the release of cytochrome c, and the activation of caspases 9 and 3. The inhibition of anti-apoptosis includes suppressing AP-1<sup>87</sup> and NF- $\kappa$ B activation, and expression of survivin, NF- $\kappa$ B-specific anti-apoptosis protein.<sup>85</sup> The antioxidant, *N*-acetyl-L-cysteine, attenuates this sensitization effect, whereas dicoumarol, an inhibitor of NADPH dehydrogenase, enhances the synergistic effect of emodin and arsenic trioxide.<sup>92</sup> After examining the cDNA microarray-based global transcription profiling, the same group of workers revealed that the increased ROS level generated by emodin contributes to the significant expression alteration of genes, which is important in relative signal transduction, organelle functions, cell-cycle checkpoint, and cytoskeleton. These changes finally sensitize the cancer cells to arsenic cytotoxicity.<sup>93</sup> Such observations further demonstrate that ROS generation is critical in the process of sensitization effect of emodin/aloe-emodin with chemotherapeutic agents.

On the other hand, emodin failed to show significant chemosensitizing effect to carboplatin, an alkylating anti-neoplastic agent, in primary cells from an ovarian carcinoma overexpressing Her-2/neu and topoisomerase II $\alpha$ .<sup>94</sup> This might be due to the character of high topoisomerase II $\alpha$  expression level in this cancer cell line. It is reported that the inhibition of topoisomerase II $\alpha$  significantly decreased the clonogenic survival of the cells.<sup>95</sup> High topoisomerase II $\alpha$  might influence chemosensitivity by changing the accessibility of DNA sequences for alkylation and subsequent repair.

Similarly, controversies arise as there are also reports that indicated aloe-emodin can inhibit the anti-proliferation of certain agents. Mijatovic et al.<sup>96</sup> reported that aloe-emodin can prevent interferon- $\gamma$  and interleukin-1-induced cytotoxicity in mouse fibrosarcoma cell (L929) (although aloe-emodin itself can inhibit L929 cell growth) and this effect has been linked to the inhibition of auto-toxic nitric oxide (NO) release. Paradoxically, aloe-emodin cannot protect NO-releasing chemical SIN-1-induced tumor cell death. And only in cytokine-activated cells these effects is observable. On the other hand, the same authors<sup>97</sup> also reported that aloe-emodin (20  $\mu$ M) can slightly reduce the cytotoxicity activity of cisplatin in murine fibrosarcoma L929 and rat glioma C6 cells. The inhibition of ERK kinase was believed to be a protective effect. Since ERK convey both cell death and cell survival signals, aloe-emodin's action on tumor cell may depend on cell type and treatment.

### B. In Vivo Evidence

A number of studies have been carried out to test the anti-tumor effect of emodin using *in vivo* animal models. When administered intraperitoneally, emodin was found to reduce tumor weight in the EC/CUHK1 (a cell line derived from esophageal carcinoma)<sup>85</sup> or PC3-AR (an androgen receptor-overexpressing PC3 cell line) xenografts in nude mice.<sup>31</sup> Moreover, C3(1)/SV40 transgenic mice, a strain that will develop androgen receptor-positive prostate cancer in male, was used as a model to further explore emodin's anti-tumor effect *in vivo*.<sup>31</sup> Emodin-treated mice had significant longer survival and better body weight gain than the control group. It is worthy mentioning that emodin not only has low drug toxicity but also maintains the physical activity of transgenic mice by preventing tumor progression.

In addition, in terms of anti-metastasis, emodin is found to be effective in reducing incidence of tumor invasion to the periurethral muscle structure in C3(1)/SV40 transgenic mice, suggesting the preventive effect of emodin on tumor invasion.<sup>31</sup> Consistently, decrease of MMP-9 secretion is observed after emodin treatment in a nude mice glioma xenograft model.<sup>70</sup> Meanwhile, an *in vivo* study using a mouse oxygen-induced retinopathy model shows that emodin markedly decreases the extent of retinal neovascularization.<sup>74</sup> This implies that emodin might reduce tumor growth by adversely affecting tumor neovasculature. In addition, emodin was reported to suppress blood vessel formation in mouse Matrigel plug angiogenesis model. Less blood vessel formation and decreased hemoglobin content was observed after emodin treatment.<sup>76</sup> These findings, consistent with *in vitro* evidence, further support the anti-metastatic effect of emodin.

As a tyrosine inhibitor, emodin has been shown to inhibit the growth the HER-2/neu-overexpressing MDA-MB-361 breast cancer cells, and also, sensitize these cells to taxol in a nude mice xenograft model.<sup>98</sup> Since the tyrosine kinase activity of HER-2/neu is required for cell growth and taxol resistance, the synergistic effect of emodin plus taxol on tumor growth in mice might be due to decreasing tyrosine phosphorylation of p185neu. Meanwhile, emodin sensitizes the EC/CUHK1 cell-derived tumors to arsenic trioxide with no apparent systemic toxicity and side effects.<sup>85</sup> The combined treatment of emodin and arsenic trioxide attenuates the antioxidant system of the tumor cells and enhances apoptosis, and this may contribute to its anti-cancer efficacy. Moreover, tumor cells are usually more susceptible to the synergistic effect of emodin and arsenic trioxide, whereas non-tumor counterparts are not responsive. This selectivity might give a good reason for the low side effects and system toxicity *in vivo*.

In addition, emodin exhibits potent inhibitory effect on two-stage carcinogenesis test of mouse skin tumors induced by nitric oxide donor, ( $\pm$ )-(E)-methyl-2-[(E)-hydroxyimino]-5-nitro-6-methoxy-3-hexeneamide as an initiator and TPA as a promoter. Also, emodin shows similar suppressive effect on tumor-promotion induced by 7, 12-dimethylbenz[ $\alpha$ ]anthracene and TPA.<sup>99</sup> This is consistent with the earlier reports that emodin shows high anti-tumor promoting activity using a short-term *in vitro* assay of the EBV-EA activation induced by TPA.<sup>100,101</sup> Taken together, these studies further support the cancer chemopreventive property of emodin.

In contrast to the extensive *in vivo* studies that have been carried out on emodin, only few studies on the *in vivo* anti-neoplastic effect of aloe-emodin have been reported. Kupchan and his co-workers<sup>102,103</sup> found that aloe-emodin exhibited tumor-inhibitory activity in mice against P-388 lymphocytic leukemia. However, the authors stated that this anti-leukemic activity was observed only when aloe-emodin was administered as a suspension in acetone-Tween 80. In contrast, Pecere et al.<sup>40</sup> reported that treatment of 50 mg/kg/day aloe-emodin significantly reduced neuroectodermal tumors cells (IMR5) growth without acute or chronic toxic effects. Under the same condition, aloe-emodin failed to inhibit the growth of human colon carcinoma cells, LoVo109, suggesting that the anti-neoplastic effect of aloe-emodin was specific to neuroectodermal tumors cells.

#### 4. MOLECULAR MECHANISMS INVOLVED IN THE ANTI-CANCER EFFECTS OF RHUBARB ANTHRAQUINONES

##### A. NF- $\kappa$ B

NF- $\kappa$ B, one of the main molecular targets of chemopreventive phytochemicals, is a transcription factor involved in multiple cellular processes, including cytokine gene expression, cellular adhesion, apoptosis, and metastasis.<sup>104</sup> Because of the immunosuppressive and anti-inflammatory effects of emodin, researchers became interested in how emodin may regulate NF- $\kappa$ B signaling pathways leading to inflammation. Kumar et al. reported that emodin inhibits NF- $\kappa$ B activation induced by TNF. This inhibition is not due to its chemical modification of NF- $\kappa$ B subunits, but its suppressive effect of degradation of I $\kappa$ B, an inhibitory subunit of NF- $\kappa$ B molecules.<sup>56</sup> A recent report revealed that emodin inhibits the expression of IKK- $\alpha$  and IKK- $\gamma$ , which is essential in phosphorylating I $\kappa$ B $\alpha$  and subsequently activating NF- $\kappa$ B.<sup>105</sup> NF- $\kappa$ B activation involves the participation of several intermediates, such as protein tyrosine kinases (PTK), reactive oxygen intermediates, and proteases. Also, IKKs, RIP, NIK, TRAF-2 play a critical role in regulating NF- $\kappa$ B activation.<sup>106</sup> Thus, the underlying mechanism on how emodin inhibits the activation of NF- $\kappa$ B is rather limited. Further investigation is still needed to explore the exact role of NF- $\kappa$ B in the bioactivity of emodin.

On the other hand, contradicting results on emodin and NF- $\kappa$ B has also been reported. For example, Chen et al. reported that emodin failed to block NF- $\kappa$ B binding and transcriptional activation associated with decreased p65 proteins in the nucleus induced by lipopolysaccharide (LPS) in macrophage RAW264.7 cells.<sup>107</sup> This discrepancy may be due to different methodology or different cell lines they used.

There are few studies on aloe-emodin's effect on activation of NF- $\kappa$ B. Mijatovica et al.<sup>96</sup> reported that aloe-emodin could not affect INF- $\gamma$  and IL-1-induced I $\kappa$ B $\alpha$  phosphorylation (key factor for NF- $\kappa$ B activation) at any time point in L929 (murine fibrosarcoma cell) and C6 (rat astrocytoma) cells. However, the possibilities that aloe-emodin might interfere downstream of NF- $\kappa$ B activation cannot be excluded in that paper.

Also, rhein inhibited interleukin-1 $\beta$ -induced degradation of I $\kappa$ B $\alpha$ , thus inhibiting NF- $\kappa$ B activation.<sup>81</sup>

##### B. Tumor Suppressor Gene p53

Tumor suppressor gene p53 is an important molecule in the process of apoptosis and cell-cycle arrest. Many tumor cells evade apoptosis and cell-cycle arrest via mutation of p53. In response to stress

stimuli, such as DNA damage, p53 is stabilized, which leads to its nuclear translocation and transactivation of many target genes (e.g., *p21*, *Bax*, *CD95*). In certain cells, activation of p53 leads to apoptosis and activation of another tumor suppressor gene *p21*, which contributes to the arrest of cell in G<sub>1</sub> phase by inhibition of cyclin-cdk complex. Cells with wild-type and deficient/mutant p53 have been used to study the function of p53 in aloe-emodin-induced anti-neoplastic effects. Kuo and his colleagues<sup>37</sup> reported that aloe-emodin can induce apoptosis in both HepG2 (wild-type p53) and Hep3B cells (p53 deficient). In HepG2 cells, induction of G<sub>1</sub>/S arrest was accompanied with upregulation of p53 and p21. Although p53-deficient Hep3B was more resistant to aloe-emodin, the p53-independent activation of p21 is believed to be responsible for aloe-emodin-induced apoptosis. On the other hand, Perce<sup>41</sup> reported that neuroblastoma cells, SJ-N-KP (wild-type p53) were sevenfold more sensitive to aloe-emodin than SK-N-BE(2c) cells (deficient in p53 nuclear transcriptional activity). While translocation of p53 to mitochondria by aloe-emodin treatment preceding release of cytochrome c may be responsible for aloe-emodin-induced apoptosis in SK-N-BE(2c) which has mutant p53 transcriptional activity. These two studies suggested that p53 is a key protein governing the cell sensitivity to aloe-emodin. In contrast, cells with deficient or mutated p53, other pathways (e.g., p21 and mitochondria-derived cell death) could also be activated by aloe-emodin to induce apoptosis.

In addition, emodin was shown to induce accumulation of p53 in HepG2/C3A cells with the resultant increase in p21 expression and cell-cycle arrest.<sup>34</sup> Although the underlying mechanism on how emodin increases p53 level is still under investigation, several recent reports reveal that this might be through emodin's inhibitory effect on the COP9 signalosome (CSN) associated kinases CK2 and PKD.<sup>108,109</sup> CSN is a multimeric protein complex associated with CK2 and PKD. p53 can be phosphorylated by the CSN kinases, and subsequently degraded by Ub/26S proteasome system.<sup>110</sup> Emodin might suppress the activity of CSN-associated kinases, recombinant CK2 and PKD, inhibit the CSN-directed phosphorylation and ubiquitin degradation on p53, and finally lead to p53 accumulation.

Similar to emodin and aloe-emodin, rhein significantly increased the expression of p53 and p21 protein, which caused cell-cycle arrest, and the expression of CD95, which might be responsible for the apoptotic effect induced by rhein.<sup>47</sup>

### C. Inhibition of Key Kinases in Cancer Development

The proto-oncogene HER-2/neu encodes a 185 kd transmembrane tyrosine kinase growth factor receptor with homology to epidermal growth factor receptor (EGFR).<sup>111,112</sup> The enhancement of HER-2/neu tyrosine kinase activity increase malignant phenotypes. Therefore, inhibition of the HER-2/neu tyrosine kinase activity may lead to suppression of cell transformation and tumor growth. Emodin preferentially suppressed autophosphorylation and transphosphorylation activities of HER-2/neu tyrosine kinase, which leads to a decrease of p185<sup>neu</sup> phosphorylation in HER-2/neu-overexpressing breast cancer cells,<sup>30,83</sup> although emodin can also suppress EGF-induced tyrosine phosphorylation of EGFR at high concentrations.<sup>98</sup> Moreover, emodin induces a significant differentiation change in MDA-MB-453 and AU-565 human breast cancer cells, which express high level of p185<sup>neu</sup>. On the other hand, no significant change could be observed in the MCF-7 cells, which expresses basal levels of p185<sup>neu</sup>. Zhang and her coworkers further demonstrated that p185<sup>neu</sup> tyrosine kinase activity is important for the chemoresistant phenotype of HER-2/neu-overexpressing cancer cells. Emodin could sensitize these cells to chemotherapeutic drugs, such as cisplatin, doxorubicin, etoposide, or paclitaxel *in vitro*<sup>83</sup> and *in vivo*.<sup>72</sup> After examining the relationship between the chemical structure and the activity of emodin and nine anthraquinone derivatives, they identified that one methyl, one hydroxy, and one carbonyl groups are important for biological effect of emodin.<sup>72</sup> At the same time, using mutation-activated HER-2/neu transformed 3T3 cells, they found that emodin could suppress transformation phenotypes, including anchorage-dependent and



-independent growth, and metastasis-associated properties.<sup>72</sup> However, as far as literature is available no studies have been conducted on aloe-emodin and rhein on HER-2 oncogene.

Protein kinase CKII, probably the most pleiotropic member of the protein kinase family, plays important roles in the process of cell proliferation, transformation, and differentiation.<sup>113,114</sup> Unlike most of the Ser/Thr protein kinases whose substrates contain consensus sequences generally determined by basic and prolyl residues, substrates of CKII share unique phosphoacceptor sites specified by clusters of acidic residues.<sup>113,114</sup> Emodin was first reported to be a specific inhibitor of CKII by Yim et al.,<sup>115</sup> who were originally interested in emodin's inhibitory effect on *cdc2*, a Ser/Thr protein kinase essential in the process of cell cycle. They unexpectedly found that emodin acts as a competitive inhibitor of CKII with respect to ATP, with an IC<sub>50</sub> value of 2  $\mu$ M. A follow-up structure study of the complex between emodin and CKII crystals revealed that emodin could penetrate into the active site of CKII $\alpha$ , overlap the position occupied by ATP, and fill a hydrophobic pocket between the *N*-terminal and the *C*-terminal lobes. This leads to its inhibition of the binding of the natural co-substrates of CKII, in a competitive manner.<sup>116</sup> In addition, the crucial relevance of hydrophobic interactions was studied to determine the affinity of emodin for its binding site on CKII. Mutating two non-polar residues, Val66 and Ile174, result in reducing the inhibitory effect of emodin, as judged from increased IC<sub>50</sub> values.<sup>117</sup> The importance of hydroxyl group 3 in anchoring emodin with CKII through polar interactions is further proven by the observation that the two analogues of emodin, 1,8-dihydroxy-anthraquinone and chrysophanic acid, both lacking this group, did not show obvious inhibitory effect on CKII activity.<sup>117</sup> Meanwhile, the inhibitory IC<sub>50</sub> of CKII by aloe-emodin was over 10-fold higher than that of emodin,<sup>117</sup> suggesting that the inhibitory effect of aloe-emodin on cell proliferation was unlikely to act through the inhibition of CKII kinase.

In addition to Her-2/neu tyrosine kinase and protein kinase CKII, emodin also shows inhibitory effect on some other kinases. Among them, emodin acts as a modest inhibitor of PKC.<sup>115,118,119</sup> Protein kinase C (PKC) has been implicated in the regulation of apoptosis, as well as cell proliferation and differentiation. PKC $\delta$ , one of its isoforms is found to be at the downstream of caspase-3 and proteolytic activation of PKC $\delta$  is responsible for apoptotic execution.<sup>120,121</sup> Emodin inhibits the translocation of PKC $\alpha$  from cytosol to plasma membrane in human peritoneal mesothelial cells.<sup>122</sup> In addition, the decrease in the expression of PKC $\delta$  and  $\epsilon$  may play a critical role in emodin-induced apoptosis.<sup>118</sup> On the other hand, aloe-emodin exhibit similar inhibition on PKC $\delta$  and  $\epsilon$  in CH27<sup>118</sup> and H460 cells.<sup>36</sup> In addition, decrease of PKC activity after aloe-emodin treatment has also been found in glial cells Aced.<sup>48</sup> But unlike emodin, decrease of PKC $\delta$  and  $\epsilon$  by aloe-emodin treatment could not be recovered by caspase-3 inhibitor,<sup>118</sup> suggesting other mechanism may be responsible. It has been suggested that PKC inhibition by anthraquinones includes: binding of quinones to the PKC regulatory domains; binding between SH groups of PKC cysteine residues and the quinone moiety; quinine-sensitized photodamage of PKC through photosensitization.<sup>123</sup>

Compared to its analogue emodin, aloe-emodin is less well reported with respect to the inhibition of kinase activity, although it has also been reported to inhibit tyrosine-phosphorylation.<sup>124</sup> However, the mechanisms have not been well elucidated.

The mitogen-activated protein kinase (MAPK) signaling pathways, play central role in regulating cell proliferation, apoptosis, and migration.<sup>125,126</sup> The MAPK members consist of three major classes; the *c-jun* *N*-terminal kinases (JNKs), the extracellular signal-regulated proteins kinase (ERKs) and p38. Emodin has been found to decrease TPA-induced phosphorylation of JNK and ERK, but not p38 kinase.<sup>67</sup> Rhein showed similar inhibitory effect on MAPK activation induced by TPA<sup>79</sup> or interleukin-1 $\beta$ .<sup>80</sup> Both emodin and rhein subsequently suppressed AP-1 transactivation. Nevertheless, a report noted that rhein could induce phosphorylation of JNK and p38 in HL-60 cells, and this induction was blocked by catalase and NAC.<sup>53</sup> In addition, exposure of H460 cells to 40  $\mu$ M aloe-emodin resulted in the decrease of ERK and p38 protein levels.<sup>36</sup> However, pretreatment of p38 MAP kinase inhibitor (SB202190) prevented aloe-emodin-induced p38 degradation. In rat C6 glioma cells,<sup>82</sup> induction of differentiation, but not apoptosis was accompanied with ERK inhibition,



while JNK, p38, and I $\kappa$ B pathways were not involved. Treatment of PD98059 (MEK inhibitor) mimicked aloe-emodin-induced anti-proliferation and differentiation effects. However, PD98059 cannot induce apoptosis or autophagy like aloe-emodin in C6 cells. Interestingly, inhibition of ERK by aloe-emodin has also been linked with decrease of cisplatin-induced C6 cell death.<sup>82</sup> Thus, aloe-emodin's toxicity on tumor cell may depend on cell type and treatment concentration or way of treatment due to the complicated ERK involvement in both apoptotic and survival pathway.

#### **D. Other Anti-Cancer Mechanisms of Rhubarb Anthraquinones**

Glutathione S-transferase P1-1 (GSTP1-1) is a phase II drug metabolism enzyme. It is also involved in carcinogenesis and resistance of cancer cells to oxidative stress and chemotherapeutic drugs. Emodin decreases TNF $\alpha$ - and TPA-induced *GSTP1-1* gene expression through inhibiting NF- $\kappa$ B and AP-1 binding onto GSTP1-1 promoter in K562 and U937 leukemia cells.<sup>127</sup> This could contribute to the reduction of the incidences of glutathione-related drug resistance in human cancers.

Emodin inhibits androgen receptor (AR) transcriptional activity by preventing AR nuclear translocation. This results in AR degradation through proteasome-mediated pathway in a ligand-independent manner.<sup>31</sup> Through this mechanism, emodin suppresses prostate cancer cell growth *in vitro* and prolong the survival of prostate cancer-producing C3(1)/SV40 transgenic mice *in vivo*.

A recent proteomic study,<sup>128</sup> showed that the release of nucleophosmin from the nucleus to cytosol might be associated with aloe-emodin-induced H460 cell death. However, whether this translocation and degradation of nucleophosmin is the cause or effect of aloe-emodin-induced apoptosis is still yet to be elucidated. Our recent proteomic study using hepatocellular carcinoma cells HepG2 revealed a number of up- and downregulated proteins involved in antioxidation (e.g., peroxidoxin 2, 4, 6) and cell-cycle arrest (e.g., p16) prior to cell death. These changes were further confirmed by cell study and time-course Western blot (Lu et al. unpublished data).

### **5. SUMMARY AND CONCLUSIONS**

Anthraquinones are an important group of bioactive components that are found not only in rhubarb, but also in many other species of medicinal herbs, such as aloe, senna, and purslane. From all the *in vitro* and *in vivo* data currently available, in addition their anti-fungal and anti-bacterial effects they also show potential protective effects for the gastrointestinal and renal systems.<sup>129–134</sup> In addition, recent studies have indicated that a number of anti-neoplastic effects could be found among several well-studied anthraquinones, including emodin, aloe-emodin, and rhein. Induction of apoptosis is commonly reported among emodin and aloe-emodin, which involve disruption of mitochondria membrane potential, cytochrome c release, and activation of caspase 3. These two anthraquinones were also able to induce cell-cycle arrest, involving an increase in p53 expression level and accompanied by upregulation of p21. Most of the anthraquinones are also able to cause sensitization effect with other chemotherapeutic agents. Furthermore, some anthraquinones have been reported to inhibit the activities of certain key enzymes and transcription factor, such as HER-2/neu, CKII, PKC, and NF- $\kappa$ B. It is also worthwhile mentioning that in many cases tumor cells seem to be more sensitive to these anthraquinones than normal cells. In addition, emodin has been shown to interrupt the progression of tumor metastasis through multiple signaling pathways. This strongly suggests that emodin could be a promising candidature for the research and development of new anti-tumor drugs.

Although the complimentary or antagonistic actions of various anthraquinones in rhubarb and the cross-communications among the various pathways are yet to be elucidated, so far, this old remedy appears to offer encouraging evidence of its *in vitro* and *in vivo* anti-tumor effect. With the unraveling of more and more molecular mechanisms involved, these anthraquinones can be developed either as chemotherapeutic drug by itself or in combination. Recent findings also suggest

that they could be used as sensitizers in chemotherapy-based combination regimens.<sup>83–88</sup> The strategy of enhancing the efficacy of anti-cancer therapy, without significant side effects is a rather novel approach which warrants further investigation. However, being small molecule inhibitors, it should be taken into account that the inhibitors might not be specific for certain kinases and their possible interactions with other known or unknown kinases, some of which may also be expressed only in certain tissues. To reach the magnitude and specificity of effective cancer treatment, cooperative investigations need to be carried out in the areas of oncology, chemistry, and pharmacology.

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