

Circadian Oscillations

Oscillations with period \approx 24 hours

Oscillations continue even in constant dark or constant light.

Light + Darkness entrain the endogenous circadian oscillator to give appropriate ~~period~~ period.

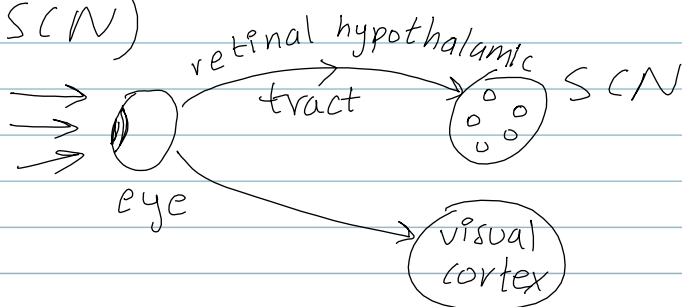


Melatonin causes drowsiness and decreases the body temperature.

In invertebrates, the circadian oscillator sensors are in the eyes.

In mammals, cells that produce C.D.s are in the hypothalamus (region of the brain above brain stem).

These cells are in the region called the suprachiasmatic nucleus (SCN)



These cells are independent of vision cells.

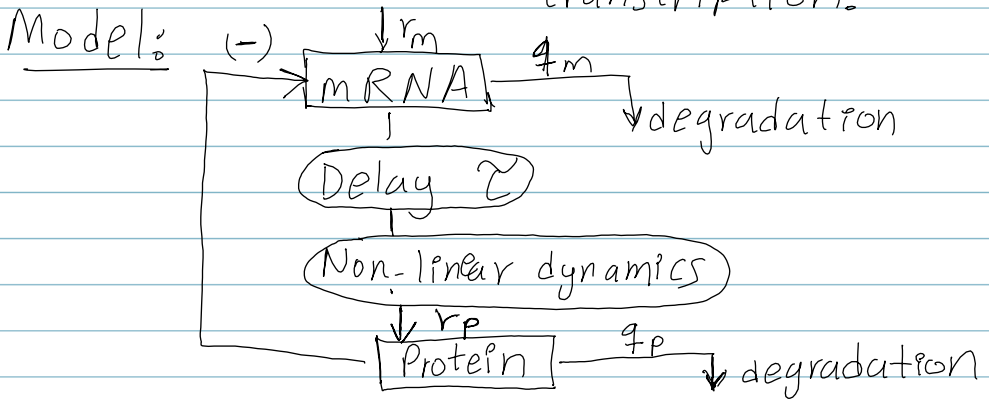
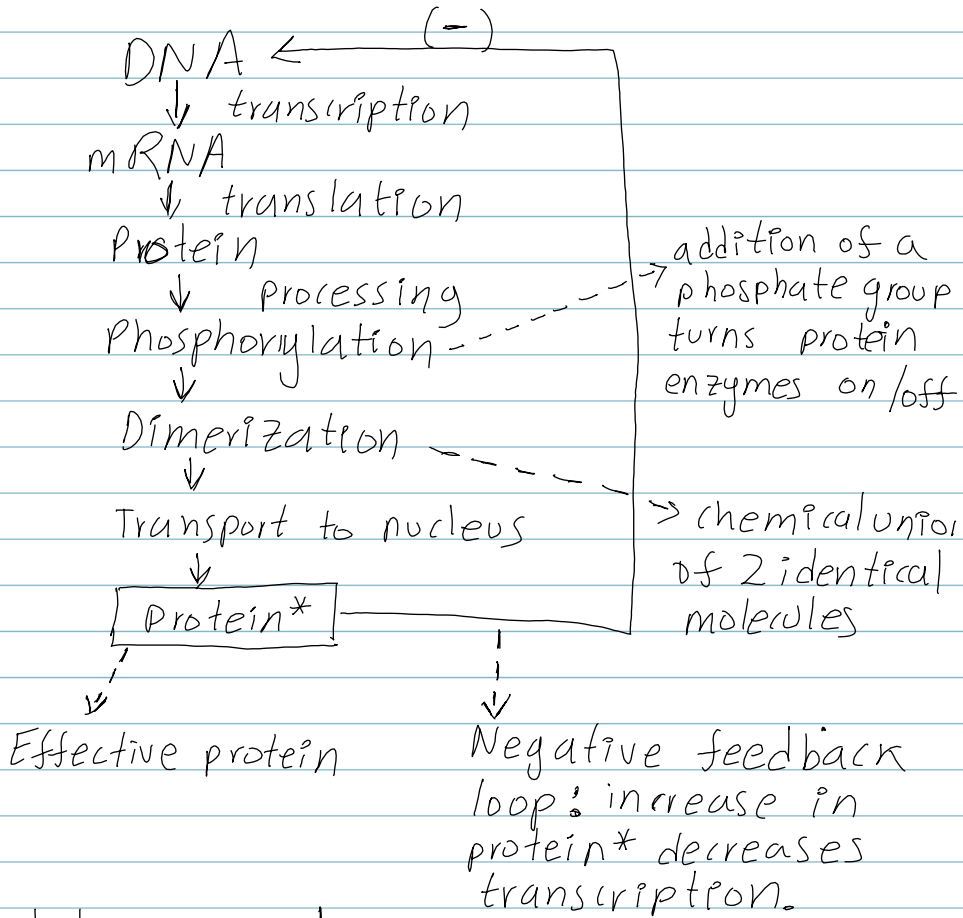
An example of circadian rhythms:

"Minimal model of circadian oscillators"

By Scheper et al

J. Neuroscience, vol 19 pp. 40-47,
1999

Biology: Circadian gene/protein



variables:

$$m = [\text{mRNA}]$$

$$P = [\text{protein}]$$

Parameters (rates):

$$r_m = \text{mRNA production}$$

$$r_p = \text{protein production}$$

$$q_m = \text{mRNA degradation}$$

$$q_p = \text{protein degradation}$$

key features:

(1) Time delay (τ) \rightarrow 4 hours in original paper

(2) Negative feedback from protein* \rightarrow mRNA

(3) Non-linearity: Nonlinear functions

\Rightarrow mRNA : $\dot{m} = \text{in} - \text{out}$

$$\dot{m} = \frac{r_m}{1 + p^2} - q_m m$$

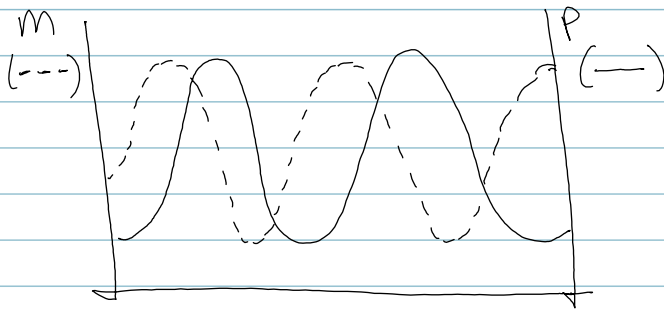
Protein : $\dot{p} = \text{in} - \text{out}$

$$\dot{p} = r_p m(t - \tau)^3 - q_p p$$

In the paper: $r_m = 1 \text{ h}^{-1}$, $r_p = 1 \text{ h}^{-1}$

$q_m = 0.21 \text{ h}^{-1}$, $q_p = 0.71 \text{ h}^{-1}$

The expression for \dot{p} is a
delay differential equation
phase plane does not work.
Trajectories can cross.



mRNA reaches maximum before
protein.