

Codebook for slea Dataset

DATA SET: slea                      LABEL:                      DATE CREATED: 07OCT15:10:55:38  
Number of Observations: 3782  
Number of Variables: 29  
Organization of file: Summary of JHS Participants (SUBJID)

Variable Name	Variable Label (VAR)	VAR Type	VAR Format	VAR Length	Mean	Range of Values	Frequency Category	Frequency	Percent
SUBJID	PARTICIPANT ID	Char	\$	7		-			
VISIT	CONTACT OCCASION	Num		8	9	9.00-9.00		3782	100.00
SLEA1	1. How much sleep do you usually get at night (or your main sleep period) on weekdays or workdays?	Num	JS_HRSV	8	6.38498149	0	00	3	0.08
						1	01	12	0.32
						2	02	12	0.32
						3	03	52	1.37
						4	04	238	6.29
						5	05	622	16.45
						6	06	1151	30.43
						7	07	816	21.58
						8	08	713	18.85
						9	09	91	2.41
						10	10	53	1.40
						11	11	8	0.21
						12	12	10	0.26
						15	15	1	0.03
SLEA2	2. How long does it usually take you to fall asleep at bedtime?	Num	JS_HRSV	8	1.1631412	0	00	149	3.94
						1	01	3292	87.04
						2	02	239	6.32
						3	03	43	1.14
						4	04	18	0.48
						5	05	4	0.11
						6	06	1	0.03
						7	07	1	0.03
						8	08	1	0.03
						10	10	25	0.66

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						11	11	4	0.11
						12	12	1	0.03
						20	20	3	0.08
						21	21	1	0.03
SLEA3	3. In the past 12 months, how often do you snore while you are sleeping?	Num	SLEA3V	8	2.8315706	1	1. Never	982	25.97
						2	2. Rarely (1 to 2 nights a week)	750	19.83
						3	3. Occasionally (3-4 nights a week)	892	23.59
						4	4. Frequently (5 or more nights a week)	852	22.53
						7	7. Don't Know	305	8.06
						8	8. Refused	1	0.03
SLEA4	4. In the past 12 months, how often do you snort, gasp,, or stop breathing while your are asleep?	Num	SLEA3V	8	1.69169751	1	1. Never	2880	76.15
						2	2. Rarely (1 to 2 nights a week)	329	8.70
						3	3. Occasionally (3-4 nights a week)	198	5.24
						4	4. Frequently (5 or more nights a week)	120	3.17
						7	7. Don't Know	254	6.72
						8	8. Refused	1	0.03
SLEA5A	5a. Have trouble falling asleep	Num	SLEA5V	8	2.01110524	1	1. Never (0)	1906	50.40
						2	2. Rarely (Once per month or less)	628	16.60
						3	3. Sometimes (2-4 times per month)	779	20.60
						4	4. Often (5-15 times per month)	268	7.09

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						5	5. Almost Always (16-30 times per month)	186	4.92
						7	7. Don't Know	15	0.40
SLEA5B	5b. Wake up during the night and have difficulty getting back to sleep	Num	SLEA5V	8	2.21972501	1	1. Never (0)	1521	40.22
						2	2. Rarely (Once per month or less)	720	19.04
						3	3. Sometimes (2-4 times per month)	969	25.62
						4	4. Often (5-15 times per month)	351	9.28
						5	5. Almost Always (16-30 times per month)	212	5.61
						7	7. Don't Know	9	0.24
SLEA5C	5c. Wake up in the morning and is unable to get back to sleep	Num	SLEA5V	8	1.96668429	1	1. Never (0)	1958	51.77
						2	2. Rarely (Once per month or less)	646	17.08
						3	3. Sometimes (2-4 times per month)	724	19.14
						4	4. Often (5-15 times per month)	279	7.38
						5	5. Almost Always (16-30 times per month)	163	4.31
						7	7. Don't Know	11	0.29
						8	8. Refused	1	0.03
SLEA5D	5d. Feel excessively (overly) sleepy during the day	Num	SLEA5V	8	2.17794818	1	1. Never (0)	1494	39.50
						2	2. Rarely (Once per month or less)	686	18.14
						3	3. Sometimes (2-4 times per month)	1174	31.04

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						4	4. Often (5-15 times per month)	306	8.09
						5	5. Almost Always (16-30 times per month)	116	3.07
						7	7. Don't Know	4	0.11
						8	8. Refused	1	0.03
						9	9. Missing	1	0.03
SLEA6	6. During the past month, how would you rate your sleep quality overall?	Num	SLEA6V	8	2.97038604	1	1. Excellent	340	8.99
						2	2. Very good	863	22.82
						3	3. Good	1437	38.00
						4	4. Fair	865	22.87
						5	5. Poor	272	7.19
						7	7. Don't Know	4	0.11
						9	9. Missing	1	0.03
SLEA7A	7a. Sitting and reading	Num	SLEA7V	8	2.43178213	1	1. No Change	863	22.82
						2	2. Slight Chance	1344	35.54
						3	3. Moderate Chance	800	21.15
						4	4. High Chance	730	19.30
						7	7. Don't Know	39	1.03
						8	8. Refused	1	0.03
						9	9. Missing	5	0.13
SLEA7B	7b. Watching TV	Num	SLEA7V	8	2.57350608	1	1. No Change	609	16.10
						2	2. Slight Chance	1332	35.22
						3	3. Moderate Chance	969	25.62
						4	4. High Chance	853	22.55
						7	7. Don't Know	15	0.40
						9	9. Missing	4	0.11

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SLEA7C	7c. Sitting inactive in a public place (such as a theater or a meeting)	Num	SLEA7V	8	1.66737176	1	1. No Change	2111	55.82
						2	2. Slight Chance	1085	28.69
						3	3. Moderate Chance	366	9.68
						4	4. High Chance	205	5.42
						7	7. Don't Know	14	0.37
						9	9. Missing	1	0.03
SLEA7D	7d. Riding as a passenger in a car for an hour without a break	Num	SLEA7V	8	2.00370175	1	1. No Change	1675	44.29
						2	2. Slight Chance	1053	27.84
						3	3. Moderate Chance	485	12.82
						4	4. High Chance	548	14.49
						7	7. Don't Know	19	0.50
						8	8. Refused	1	0.03
SLEA7E	7e. Lying down to rest in the afternoon when circumstances permit	Num	SLEA7V	8	2.7398202	1	1. No Change	556	14.70
						2	2. Slight Chance	1114	29.46
						3	3. Moderate Chance	917	24.25
						4	4. High Chance	1180	31.20
						7	7. Don't Know	14	0.37
						9	9. Missing	1	0.03
SLEA7F	7f. Sitting and talking to to someone	Num	SLEA7V	8	1.33289265	1	1. No Change	2839	75.07
						2	2. Slight Chance	729	19.28
						3	3. Moderate Chance	135	3.57
						4	4. High Chance	72	1.90
						7	7. Don't Know	6	0.16
						9	9. Missing	1	0.03

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SLEA8A	8a. Sleep apnea or obstructive sleep apnea	Num	JS_YNV	8	1.89423585	1	Yes	435	11.50
						2	No	3340	88.31
						7	Don't Know	7	0.19
SLEA8B	8b. Insomnia	Num	JS_YNV	8	1.94500264	1	Yes	213	5.63
						2	No	3568	94.34
						7	Don't Know	1	0.03
SLEA8C	8c. Restless legs	Num	JS_YNV	8	1.96589106	1	Yes	139	3.68
						2	No	3641	96.27
						7	Don't Know	2	0.05
SLEA9	9. Method of data collection	Num	JS_CPV	8	1.02379693	1	1. Computer	3692	97.62
						2	2. Paper	90	2.38
SLEA10	10. Data collected	Num	JS_ISV	8	1.02379693	1	1. In Clinic	3692	97.62
						2	2. Off site	90	2.38
SLEA12	12. Code number of person completing this form	Num		8	112.494183	101.00-199.00		3782	100.00
SLEAFLAG	Data record present?	Num		8	1	1.00-1.00		3782	100.00
VERS	FORM VERSION	Char		1		A		3782	100.00