## STANFORD UNIVERSITY



.TO:

Stephen Betts, Santa Clara County Department of Alcohol & Drug Services

FROM:

Ralph J. Castro, Stanford University Substance Abuse Prevention Program

DATE:

July 2, 2010

RE:

Yearly Progress Report, Academic Year 2009 - 2010

Pursuant to the stipulations outlined in the formal exemption that Stanford University received from County Board of Supervisors regarding the Social Host Ordinance, this report fulfills the yearly reporting requirement to update the Department of Alcohol and Drug Services on the university's alcohol prevention efforts.

The following report contains updates on Stanford University's alcohol and drug prevention, early intervention and policy development efforts for the academic year 2009-2010. It includes a report on the Stanford Alcohol Advisory Board activities, updates on numbers of underage students' alcohol cases/notable findings, party report/analysis, alcohol-related disciplinary cases and alcohol prevention coordination and systems changes.

If you have any questions or concerns, please feel free to contact Ralph Castro, Manager of the Stanford Substance Abuse Prevention Program, at 650-723-3429 or via email at rjcastro@stanford.edu.

## Stanford Alcohol Advisory Board Year End Report 2009 - 2010

#### **Action Items and Plans:**

## Debriefed and Reviewed New Student Orientation Alcohol Policy Issues

- o Reviewed the effect of moving the Row move-in date forward 3 days.
- o Confirmed that moving the move-in date was a solid decision since only one serious incident occurred as compared to five in 2008.
- The Board recommended that the NSO Alcohol Policy continue to include strict limits and clear consequences and to continue to allow Row houses to host limited small social gatherings with alcohol during NSO weekend.

## .Debriefed and Reviewed AlcoholEdu, Year 4

- Reviewed contact and log-in data.
- o Stanford continues to have one of the highest completion rates in the country.

#### Reviewed and Discussed 2008-2009 Final Alcohol Statistics and Cases

- o Saw an increase in medical alcohol transports after 4 years of decreases.
- Discussed how hard liquor abuse is a primary cause for medical alcohol transports for students.
- o Reviewed MIP, DIP and DUI numbers.

#### Formally Reviewed AlcoholEdu for Continued Use at Stanford

- O Discussed peer-reviewed articles on the effectiveness of the AlcoholEdu program provided by Outside the Classroom.
- o Reviewed the Stanford-specific evaluation data collected from freshmen in Spring Quarter of the last 3 years.
- o Reviewed anecdotal information on the program and elicited feedback from students.
- o Formally recommended that Stanford continue to use AlcoholEdu for all incoming freshmen for the next 4 years.

#### Met with County Officials to discuss the Social Host Ordinance

- Hosted officials from the Santa Clara County Department of Alcohol and Drug Services on campus for an AAB meeting.
- o Decided to invite county officials to future AAB meetings at least yearly.

## Reviewed the Decision-Making Matrix Used to Secure AlcoholEdu Funding

- o Somik Raha presented his dissertation research.
- o Presented specifics on how the decision-making matrix was used to secure funding from Risk Management for continued use of the AlcoholEdu program.

## Stanford University Underage Alcohol Cases 2009 - 2010

## Medical Alcohol ER Transport Cases (47 Total Cases)

## - By Class:

- o Frosh
- Sophomores
- o Juniors
  - There were 15 calls to 911 that did not necessitate transport to the ER:
    - 0 8

Frosh

0 4

Sophomores

0 2

Juniors

## Drunk in Public (DIP) Cases (17 Total Cases)

## - By Class:

- o Frosh
- o Sophomores
- o Juniors

## Minor in Possession (MIP) Cases (34 Total Cases)

#### - By Class:

- o Frosh
- o Sophomores
- o Juniors

## Driving Under the Influence (DUI - Car) On-Campus Cases (3 Total Cases)

## - By Class:

- o Frosh
- o Sophomore
- o Juniors

## \*Public Nuisance (urinating in public under the influence) Cases (17 Total Cases)

o 11 Fall

(all male)

o 5 Winter

(all male)

o 1 Spring

(male)

<sup>\*</sup>Includes all students regardless of age

## - Notable Findings:

- One medical alcohol transport during NSO on the Row (5 cases last year).
- o Most MIPs appeared to be cited on or around the Row.
- The vast majority of the medical alcohol transports were on weekend nights (Friday & Saturday nights/early mornings).
- No Full Moon on the Quad this year, yet still an increase in medical alcohol transports
- o MIPs, DIPs, and DUIs all saw decreases from last year with MIPs nearly halved.
- o Twenty-two out of the 34 MIPs were cited in Fall.
- Overall, there has been a 48% drop in medical alcohol ER transports in the past 6 years.
- There was a 6.5% increase in medical alcohol ER transports from last year to this year.
- o The two-year average of medical alcohol transports is steadily increasing.

## Stanford University Parties 2009 – 2010

0	VSO Parties:	208
0	Graduate Life Parties:	23
0	Residential Parties (Row):	199
0	Residential Parties (Non-Row):	7
0	Un-housed Greek Parties:	50
0	Housed Greek Parties:	320

- For Fall Quarter 2009 the following are the number of parties we had:
  - 300 TOTAL PARTIES
    - In comparison to last year (Fall Quarter 2008):
      - 190 TOTAL PARTIES
- For Winter Quarter 2010 the following are the number of parties we had:
  - o 253 TOTAL PARTIES
    - In comparison to last year (Winter Quarter 2009):
      - 183 TOTAL PARTIES
- For Spring Quarter 2010 the following are the number of parties we had (INCOMPLETE):
  - o 254 TOTAL PARTIES
    - In comparison to last year (Spring Quarter 2009):
      - 222 TOTAL PARTIES

\*TOTAL: 2009 - 2010 PARTIES = 807

(TOTAL: 2008 - 2009 PARTIES = 595)

\* We saw a significant increase in the number of parties registered by student groups and residences due to an expansion in the categories of parties that can he held on campus and greater clarity on party policies implemented this year. All of these parties were held accountable to uphold the longstanding Stanford-specific social host policy via our extensive Party Planning Policies and Guidelines.

## Stanford Alcohol Conduct Cases 2009 -2010

## Organization Conduct Board

- o 10 total cases investigated
  - o 9 of 10 clearly alcohol-related or alcohol-centric in nature
  - o 8 of 10 involved Greek organizations

## Residential Education

6 Row Houses were placed on \*Alcohol Probation/Suspension due to alcohol-related
 party mismanagement.

## Office of Judicial Affairs

 12 cases involved serious alcohol-related misconduct with ^penalties imposed of up to and including suspension from the university.

<sup>\*</sup> Not allowed to hold events in which alcohol is served for at least a quarter.

<sup>^</sup> Penalties included suspensions, suspended suspensions, community service and revocation of university privileges.

# Stanford Alcohol Prevention Coordination Changes 2009 -2010

- The AlcoholEdu program for all incoming Frosh was renewed for an additional four year cycle with funding being secured via the Office of Risk Management.
- Data on the effectiveness and evaluation of the AlcoholEdu program at Stanford was presented to the Stanford campus community at the Student Affairs Assessment and Evaluation Poster Fair.
- The Provost was briefed on alcohol issues in a formal report and presentation and he agreed to address alcohol issues in his remarks to parent in the Fall.
- Stanford joined the national Alcohol Prevention Coalition that will allow access to indepth research and technical assistance that will strengthen our exiting programs.
- Changes in Party Planning policies and guidelines led to better clarification in party categories and management.
- Due to budget reductions, staffing in the Substance Abuse Prevention Program was reduced limiting the scope of our outreach work on campus this year.
- Plans are underway to train new staff to conduct alcohol and drug outreach education across campus especially with high risk groups next year.

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Ralph J. Castro, Stanford University Substance Abuse Prevention Program

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RECEIVED 10/19/10

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## **Stanford University Underage Alcohol Cases** 2009 - 2010

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- By Class:
  - o 27 Frosh
  - o 11 Sophomores
  - o 9 Juniors
    - There were 15 calls to 911 that did not necessitate transport to the ER:
      - 0 8 Frosh
      - 0 4 Sophomores
      - Juniors

## Drunk in Public (DIP) Cases (17 Total Cases)

- By Class:
  - o 5 Frosh
  - o 6 Sophomores
  - o 6 Juniors

## Minor in Possession (MIP) Cases (34 Total Cases)

- By Class:
  - o 18 Frosh
  - o 7 Sophomores
  - o 9 Juniors

## Driving Under the Influence (DUI - Car) On-Campus Cases (3 Total Cases)

- By Class:
  - o 0 Frosh
  - o 1 Sophomore
  - o 2 Juniors

## \*Public Nuisance (urinating in public under the influence) Cases (17 Total Cases)

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(all male)

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http://studentaffairs.stanford.edu/sal/planning/party

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- Plans are underway to train new staff to conduct alcohol and drug outreach education across campus especially with high risk groups next year.

# Stanford-Specific AlcoholEdu Evaluation Data 2006 – 2010

- 1609 students completed the survey over a four year evaluation period.
  - 49% of respondents said the material better prepared them to deal with alcohol at Stanford.
  - 32% said the program changed their attitudes about alcohol.
  - 45% acknowledged thinking about information gleaned from AlcoholEdu before a night of drinking.
  - 65% would recommend the program for use with other incoming freshmen.
  - 42% said information from AlcoholEdu led them to behave more responsibly with alcohol.
  - 71 percent of respondents found the program at least somewhat effective.
  - 77 percent acknowledged they learned something.
    - o 69% learned information on blood alcohol concentration.
    - o 32% learned alcohol's impact on the brain.
    - o 32% learned information on legal issues.
  - 49% reported that the material prepared them to better deal with alcohol at Stanford.
  - 45% reported thinking about information from the program before or during a night of drinking.
  - 33% stated that the program changed their behavior regarding alcohol in a healthier manner.

Links to stories about the evaluation:

http://news.stanford.edu/news/2010/july/alcohol-education-survey-070710.html

http://www.stanforddaily.com/2010/09/14/university-conducted-alcoholedu-survey-results-lead-to-extended-program-funding/