

# Stanford | Office of Alcohol Policy and Education

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**TO:** Sue Nelson, Santa Clara County Department of Alcohol & Drug Services  
**FROM:** Ralph J. Castro, Stanford University Office of Alcohol Policy & Education  
**DATE:** August 6, 2014  
  
**RE:** Yearly Progress Report, Academic Year, 2013 - 2014

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Pursuant to the stipulations outlined in the formal exemption that Stanford University received from the County Board of Supervisors regarding the Social Host Ordinance, this report fulfills the yearly reporting requirement to update the Department of Alcohol and Drug Services on the University's alcohol prevention efforts.

The following report contains updates on Stanford University's alcohol and drug prevention, early intervention and policy development efforts for the academic year 2013-2014. It includes a report on new initiatives, updates on the number of underage students' alcohol cases, and a report on campus parties.

If you have any questions or concerns, please feel free to contact Ralph J. Castro, Associate Dean of Student Affairs and Director, Office of Alcohol Policy & Education at 650-723-3429 or via email at [rjcastro@stanford.edu](mailto:rjcastro@stanford.edu).

## Alcohol at Stanford Snapshot 2013 - 2014

### *Framing the issue:*

- Stanford is addressing the issue of high-risk drinking in a proactive and expansive manner.
- The university is most concerned with reducing high-risk drinking and its related consequences such as blackouts, hangovers, regretted actions and sexual assaults.
- Stanford data shows that we are on par with national averages in regard to frequency of drinking and binge drinking, and after years of being above national averages for high-risk activities such as pregameing and taking shots of hard liquor (both of which are implicated in the vast majority of emergency room transports), we are now approaching national averages due to Stanford population decreases.
- Emergency room student transports trended lower for a second straight year from the four-year running average.

### *Progress and New Initiatives:*

- The [Office of Alcohol Policy & Education](#), which is staffed at 3.5 FTE, is doing increased targeted education, alcohol-free programming and policy oversight/review. The office completed its third full year of operation. After a three-year pilot, the office was based-funded this year by the university Budget Group.
- Stanford's [clarified Student Alcohol Policy](#) continued to be promoted and integrated into all of our educational and training efforts. The policy is housed on a centralized alcohol education website (<http://alcohol.stanford.edu>).
- Our nationally recognized [Cardinal Nights alcohol-free programming](#) initiative continues to provide premium social programming on weekend nights. Over the past three years, the Cardinal Nights program has held nearly three events each weekend with 63,513 non-unique student contacts.
- Stanford will continue to offer a [substance-free living option](#) for upperclass students. Feedback from students in the program rated it highly.
- The [Parent Alcohol Advisory Group](#), co-chaired by a university staff member and a parent, continued for a third year. The group produced a letter on alcohol that goes out to all parents of incoming freshmen.
- The office of Alcohol Policy and Education took management of the [5-SURE safe rides program](#). The program grew this year and offered 4,212 rides to Stanford students (80% female; 20% male).
- Additionally, we launched a new service of 5-SURE this year called [5-SURE on Foot](#) which offers safe walks home and in the moment check-in on weekend nights in heavy party intensive areas of campus. During a pilot phase of the program, the service provided nearly 1100 contacts and walks in the winter and spring quarters of 2014.
- Stanford continued to collect alcohol and drug use and attitudinal data from a sample of the undergraduate population. We also collected program evaluation data, needs assessment data and tracked cases and incidents with fidelity.

## Stanford University Underage Alcohol Cases 2013 - 2014

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### Medical Alcohol ER Transport Cases (49 Total Cases)

**- By Class:**

- 28 Frosh
- 19 Sophomores
- 2 Juniors

### Drunk in Public (DIP) Cases (12 Total Cases)

**- By Class:**

- 3 Frosh
- 7 Sophomores
- 2 Juniors

### Minor in Possession (MIP) Cases (34 Total Cases)

**- By Class:**

- 17 Frosh
- 14 Sophomores
- 3 Juniors

### Driving Under the Influence (DUI - Car) On-Campus Cases (4 Total Cases)

**- By Class:**

- 2 Sophomore
- 2 Junior

### Public Nuisance (urinating in public under the influence) Cases (2 Total Cases)

- 2 Fall
- 0 Winter
- 0 Spring

## Stanford University Parties 2013 – 2014

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○ <i>Members Only Parties</i>	431
○ <i>Invite Only Parties</i>	215
○ <i>All Campus Parties</i>	132
○ <i>Off Campus parties</i>	26
○ <i>Stanford &amp; Other College Parties</i>	8

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- For Fall Quarter 2013 the following are the number of parties we had:

- 310 TOTAL PARTIES

- *In comparison to last year (Fall Quarter 2012):*

- 344 TOTAL PARTIES
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- For Winter Quarter 2014 the following are the number of parties we had:

- 242 TOTAL PARTIES

- *In comparison to last year (Winter Quarter 2013):*

- 238 TOTAL PARTIES
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- For Spring Quarter 2014 the following are the number of parties we had:

- 260 TOTAL PARTIES

- *In comparison to last year (Spring Quarter 2013):*

- 243 TOTAL PARTIES
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**\*TOTAL: 2013 – 2014 PARTIES = 812**

*(TOTAL: 2012 -2013 PARTIES = 825)*

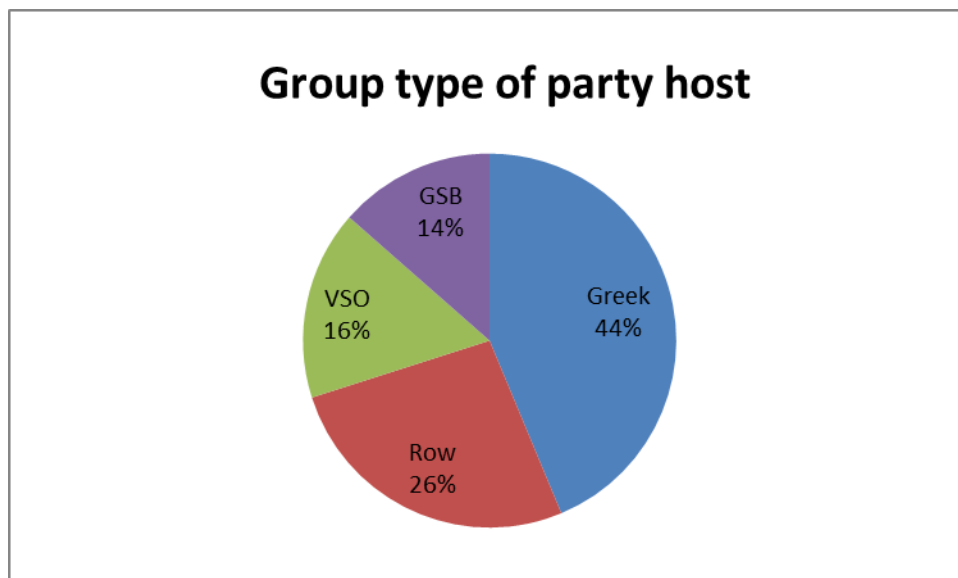
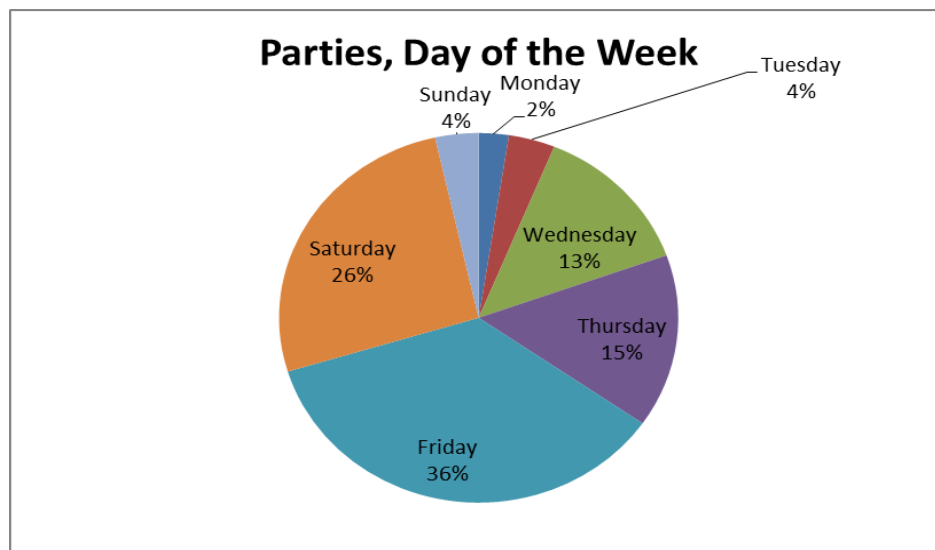
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\* We saw a slight decrease in the number of parties registered with the University this academic year. All of these parties were held accountable to uphold the longstanding Stanford-specific social host policy via our extensive Party Planning Policies and Guidelines (click link for complete guide).

<http://studentaffairs.stanford.edu/alcohol/party/partyguide>

### Stanford Party Numbers 2013 - 2014

- 812 Parties approved by the University
- 61 Parties rejected for approval by the University
- 75,758 Total maximum attendance at all approved parties
- 87 Average approved party size
- 757 Approved parties: alcohol was served
- 55 Approved parties: alcohol was not served



The 5-SURE (Students United for Risk Elimination) is a safe rides program at Stanford that has been in existence for over 30 years. The service runs seven days a week from 9:00pm to 2:00am. The name 5-SURE references the phone number to call the service 725-7873. It is a popular and well established program that is respected and highly utilized. The Office of Alcohol Policy & Education took over supervision and management of the program in 2012. The 5-SURE on Foot service was launched this year as a pilot program in the spring quarter. Student workers offer walks home on weekend nights in high traffic party areas and also offer water, food and education to fellow students.

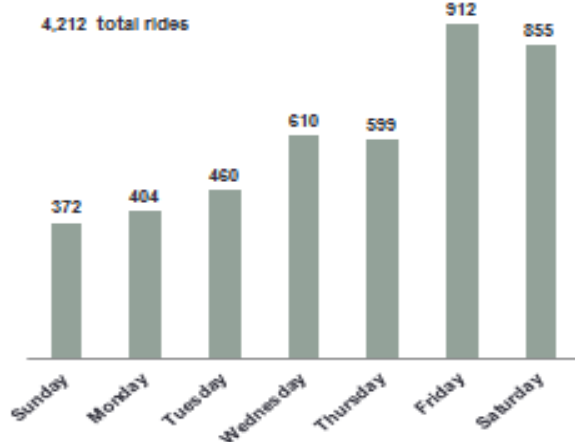
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## 5-SURE Data 2013-2014



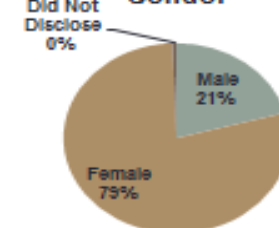
### Total rides by day of the week

■ Total rides by day of the week

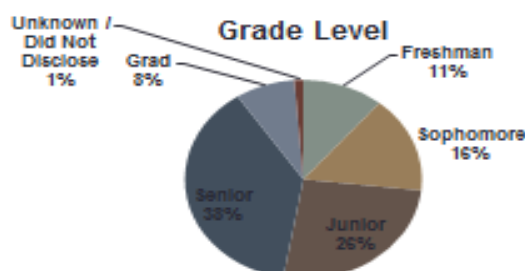


Source: 5-SURE Logs

### Gender



### Grade Level



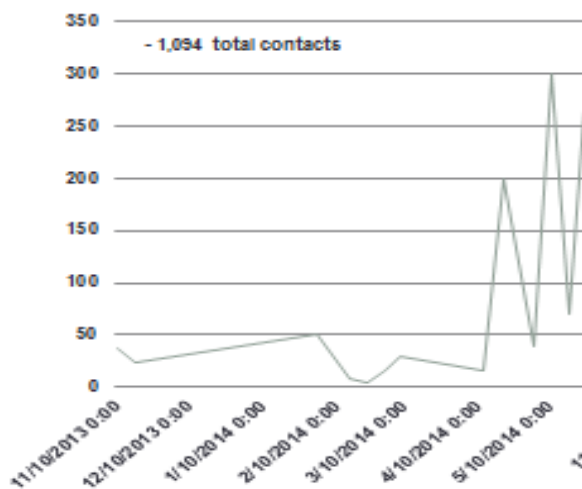
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## 5-SURE on Foot



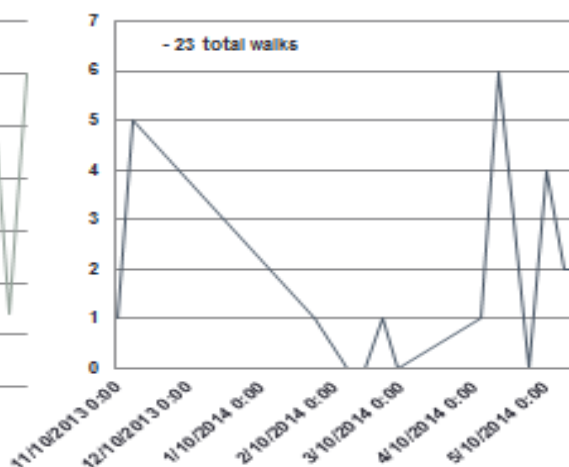
### Students Contacted

- 1,094 total contacts



### Students Walked Home

- 23 total walks



Source: 5-SURE Logs by month