



231 373 3585
**TAKE
OUT
MENU**

GRILLED CHEESE SANDWICHES

*served on Parmesan crusted artisan bread
gluten free bread available upon request*

THE MAIN CHEESE

havarti, muenster, cheddar, mozzarella

THE GRILLED CHEESE INCIDENT

tomato, red onion, sunflower kernels,
cheddar, mozzarella, havarti

INFUSED BASIL

homemade pesto, tomato, mozzarella, cheddar

GREENSKY BLUE CHEESE

spinach, red onion, tomato, blue cheese,
cheddar, mozzarella

SANTE FE

black beans, red onion, fresh cilantro, lime
juice, jalapeño, cheddar, havarti

CHERRY GOATCIA

dried cherries, red onion, pecan pieces,
goat cheese, cheddar, mozzarella

APPLES, WALNUTS + HONEY

apples, walnuts, honey, cheddar, havarti

MIKES HAM + CHEESE

virginia ham, Mike's honey mustard,
muenster, havarti

THE CONDERELLI

salami, ham, banana peppers,
spinach, sundried tomato feta spread,
muenster, light vinegar/oil

JALAPEÑO POPPER + BACON

bacon, jalapeño, cream cheese,
cheddar, mozzarella

PIZZADOSIO

pepperoni, homemade pesto, red onion,
pizza sauce, cheddar, mozzarella

ALL SANDWICHES

\$6.⁵⁰

+\$2.00 ASSORTED KETTLE POTATO CHIPS





BREAKFAST SANDWICHES

make it a breakfast burrito for no extra charge

\$6.50

LOCAL HARVEST

scrambled eggs, spinach, tomato, red onion, cheddar

SANTE FE

scrambled eggs, tomato, black beans, red onion, jalapeno, fresh cilantro, lime juice, cheddar

MEDITERRANEAN

scrambled eggs, spinach, sundried tomato feta spread

SIDE SALADS

add protein to any salad +\$1.00

\$5.00

SUPER FOOD SALAD

nutrient-rich salad made with edamame, kale, grape tomatoes, walnuts, sunflower kernels, dried cherries, shredded carrots, red cabbage, red onion, homemade maple vinaigrette

MICHIGAN SPINNAKER SALAD

spinach, red onion, blue cheese, dried cherries, walnuts, homemade maple vinaigrette

ACAI BOWL

add chia, flax or hemp seed +\$1.00/ea

\$8.00

FROZEN BLEND OF:

banana, blueberry, blackberry, strawberry, raspberry, acai powder, almond milk, honey topped with banana and granola

HOT BEVERAGES - 12oz

HIGHER GROUNDS COFFEE \$2.75

CHOFFEE COFFEE+HOT CHOCOLATE \$2.75

HOT CHOCOLATE \$2.75

ASSORTED TEA \$2.75

OREGON CHAI \$3.50

COLD BEVERAGES - 24oz

FRESHLY SQUEEZED LEMONADE \$4.00

LIGHT OF DAY ICED TEAS \$4.00

COLD BREW COFFEE \$4.00

ICED OREGON CHAI \$5.00

BOTTLED WATER \$2.00