



231 373 3585  
**TAKE  
OUT  
MENU**

## GRILLED CHEESE SANDWICHES

*served on Parmesan crusted artisan bread  
gluten free bread available upon request*

### THE MAIN CHEESE

havarti, muenster, cheddar, mozzarella

### THE GRILLED CHEESE INCIDENT

marinated tomato, red onion, sunflower  
kernels, cheddar, mozzarella, havarti

### INFUSED BASIL

homemade pesto, marinated tomato,  
mozzarella, cheddar

### GREENSKY BLUE CHEESE

spinach, red onion, marinated tomato,  
blue cheese, cheddar, mozzarella

### SANTE FE

black beans, red onion, fresh cilantro, tomato  
lime juice, jalapeño, pepper jack, havarti

### CHERRY GOATCIA

dried cherries, red onion, walnut pieces,  
goat cheese, cheddar, mozzarella

### APPLES, WALNUTS + HONEY

apples, walnuts, honey, cheddar, havarti

### MIKES HAM + CHEESE

virginia ham, muenster, havarti,  
Mike's sweet and creamy mustard

### THE CONDERELLI

salami, ham, banana peppers, olives,  
sundried tomato feta spread, muenster

### JALAPEÑO POPPER + BACON

bacon, jalapeño, cream cheese,  
pepper jack, mozzarella

### PIZZADOSIO

pepperoni, homemade pesto, red onion,  
pizza sauce, cheddar, mozzarella

## ALL SANDWICHES

**\$7.00**

+\$2.00 ASSORTED KETTLE POTATO CHIPS





## BREAKFAST SANDWICHES

*make it a breakfast burrito for no extra charge*

**\$7.00**

### LOCAL HARVEST

scrambled eggs, spinach, tomato, cheddar, mozzarella

### SANTE FE

scrambled eggs, tomato, black beans, red onion, jalapeño, fresh cilantro, lime juice, pepper jack, havarti

### MEDITERRANEAN

scrambled eggs, spinach, sundried tomato feta spread

## SIDE SALADS

*add protein to any salad +\$1.00*

**\$5.00**

### SUPER FOOD SALAD

nutrient-rich salad made with edamame, kale, grape tomatoes, walnuts, sunflower kernels, dried cherries, shredded carrots, red cabbage, red onion, homemade maple vinaigrette

### MICHIGAN SPINNAKER SALAD

spinach, red onion, blue cheese, dried cherries, walnuts, homemade maple vinaigrette

## ACAI BOWL

*add chia, flax or hemp seed +\$1.00/ea*

**\$8.00**

### FROZEN BLEND OF:

banana, blueberry, blackberry, strawberry, raspberry, acai powder, almond milk, honey topped with banana and granola

## HOT BEVERAGES - 12oz

HIGHER GROUNDS COFFEE \$2.75

CHOFFEE COFFEE+HOT CHOCOLATE \$2.75

HOT CHOCOLATE \$2.75

ASSORTED TEA \$2.75

OREGON CHAI \$3.50

## COLD BEVERAGES - 24oz

FRESHLY SQUEEZED LEMONADE \$4.00

LIGHT OF DAY ICED TEAS \$4.00

COLD BREW COFFEE \$4.00

ICED OREGON CHAI \$4.00

BOTTLED WATER \$2.00