binary-search-array (3, [1,3,4, 6,7,8,10,13, 14])
↓
binary-search-array-helper (3 , [1,3,4,6,7,8, 10, 13 14], 0,9)
middle = 4
↓
b-s-a-h(3, [1,3,4,6,7,8, 10, 13,14],0, 4)
middle = 2
↓
b-s-a-h (3, [1,3,4,6,7,8,10, 13,14], 2,4)
↓
middle =3
↓
3