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| **Saturday**  August 9th | [ProView: Tom Coldwell Reviews RagnarV at $.25/$.5 6-Max PLO](http://www.runitonce.com/pro-training/videos/proview-tom-coldwell-reviews-ragnarv-at/) (49 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 15 | 12 |
| **Saturday**  July 19th | [ProView: Tom Coldwell Reviews JackD15 at $.10/$.25 6-Max Zoom PLO](http://www.runitonce.com/pro-training/videos/proview-tom-coldwell-reviews-jackd15-at-2/) (60 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 2 | 12 |
| **Thursday**  July 10th | [ProView : Tom Coldwell reviews Ph33roX](http://www.runitonce.com/pro-training/videos/4-table-short-handed-plo/) (52 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 8 | 21 |
| **Saturday**  June 21st | [Know Your Enemy: Low Stakes Zoom PLO](http://www.runitonce.com/pro-training/videos/know-your-enemy-low-stakes-zoom-plo-2/) (42 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 10 | 15 |
| **Saturday**  May 31st | [4 Table $.25/$.50 6-Max PLO](http://www.runitonce.com/pro-training/videos/4-table-50-plo/) (50 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 22 | 17 |
| **Friday**  May 9th | [Know Your Enemy: PLO10 Zoom](http://www.runitonce.com/pro-training/videos/tom-coldwell-know-your-enemy-plo10zoom-2/) (44 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 31 | 26 |
| **Friday**  April 18th | [2 Table $.25/$.50 6-Max Zoom PLO Live Session #2](http://www.runitonce.com/pro-training/videos/2-table-2550-6-max-zoom-plo-live-se-2/) (50 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 30 | 19 |
| **Friday**  March 28th | [2 Table $.25/$.50 6-Max Zoom PLO Live Session](http://www.runitonce.com/pro-training/videos/-41/) (52 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 32 | 30 |
| **~~Saturday~~**  ~~March 15th~~ | [~~Multi-Way Equity~~](http://www.runitonce.com/pro-training/videos/multi-way-equity/) ~~(44 min) by~~ [~~Tom Coldwell~~](http://www.runitonce.com/5carab/) |  | ~~Essential~~ | ~~PLO~~ | ~~14~~ | ~~17~~ |
| **~~Thursday~~**  ~~February 27th~~ | [~~More Hot and Cold Equity~~](http://www.runitonce.com/pro-training/videos/more-hot-and-cold-equity-3/) ~~(39 min) by~~ [~~Tom Coldwell~~](http://www.runitonce.com/5carab/) |  | ~~Essential~~ | ~~PLO~~ | ~~6~~ | ~~16~~ |
| **Wednesday**  February 12th | [ProView: Tom Coldwell reviews Aleksandra at MicroStakes 6-Max PLO (part 2)](http://www.runitonce.com/pro-training/videos/-13/) (38 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 9 | 8 |
| **Saturday**  February 1st | [ProView: Tom Coldwell reviews Aleksandra at MicroStakes 6-Max PLO (part 1)](http://www.runitonce.com/pro-training/videos/proview-tom-coldwell-reviews-aleksandra/) (59 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 22 | 33 |
| **Thursday**  January 16th | [ProView: Tom Coldwell Reviews Zenky35 at 4 tables of $.5/$.5 PLO](http://www.runitonce.com/pro-training/videos/proview-tom-coldwell-reviews-zenky35-at/) (58 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 6 | 14 |
| **Wednesday**  January 1st | [PLO Beginnings](http://www.runitonce.com/pro-training/videos/plo-beginnings/) (58 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 21 | 41 |
| **Friday**  December 20th | [Calling From The Big Blind in PLO](http://www.runitonce.com/pro-training/videos/calling-from-the-big-blind-in-plo/) (49 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) |  | Essential | PLO | 24 | 28 |
| **Saturday**  December 7th | [Pro Poker Tools: The Basics](http://www.runitonce.com/pro-training/videos/pro-poker-tools-the-basics/) (41 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 25 | 39 |
| **~~Saturday~~**  ~~November 23rd~~ | [~~Hot and Cold Equity~~](http://www.runitonce.com/pro-training/videos/hot-and-cold-equity/) ~~(38 min) by~~ [~~Tom Coldwell~~](http://www.runitonce.com/5carab/) |  | ~~Essential~~ | ~~PLO~~ | ~~16~~ | ~~38~~ |
| **Saturday**  November 9th | [Calculating EV](http://www.runitonce.com/pro-training/videos/calculating-ev/) (25 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 23 | 22 |
| **Wednesday**  October 30th | [Combating Crazies](http://www.runitonce.com/pro-training/videos/tom16/) (56 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 15 | 32 |
| **Saturday**  October 19th | [Topics In Bet Sizing](http://www.runitonce.com/pro-training/videos/tom15/) (46 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 15 | 33 |
| **Saturday**  September 28th | [Combating Short-Stackers](http://www.runitonce.com/pro-training/videos/tom14/) (34 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 8 | 14 |
| **Saturday**  September 14th | [Intro To 40BB PLO](http://www.runitonce.com/pro-training/videos/tom13/) (41 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 29 | 44 |
| **Saturday**  August 31st | [4 Table $.25/$.50 6-Max PLO Live Session](http://www.runitonce.com/pro-training/videos/tom12/) (48 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 16 | 15 |
| **Wednesday**  August 14th | [4 Table $.25/$.50 6-Max PLO Live Session](http://www.runitonce.com/pro-training/videos/tom11/) (50 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 10 | 13 |
| **Friday**  August 2nd | [4 Table $.25/$.50 PLO Live Session](http://www.runitonce.com/pro-training/videos/tom10/) (50 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 14 | 20 |
| **Saturday**  July 20th | [2 Table $.25/$.50 6-Max PLO Shallow Live Session](http://www.runitonce.com/pro-training/videos/tom9/) (1 hr, 6 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 17 | 10 |
| **Tuesday**  July 2nd | [2 Tables $.25/$.50 PLO](http://www.runitonce.com/pro-training/videos/tom8/) (51 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 11 | 13 |
| **Wednesday**  June 19th | [Playing vs Unknowns: 2 Tables $.25/$.50 6-Max PLO](http://www.runitonce.com/pro-training/videos/tom7/) (45 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 36 | 33 |
| **Thursday**  June 6th | [Playing Rivers In Position](http://www.runitonce.com/pro-training/videos/tom6/) (49 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 7 | 25 |
| **Saturday**  May 25th | [Playing the River Out of Position](http://www.runitonce.com/pro-training/videos/tom5a/) (53 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 16 | 22 |
| **Saturday**  May 11th | [Note Taking](http://www.runitonce.com/pro-training/videos/tom4/) (52 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) | Playlist | Essential | PLO | 39 | 30 |
| **~~Saturday~~**  ~~April 27th~~ | [~~Calling 4-bets~~](http://www.runitonce.com/pro-training/videos/tom3/) ~~(38 min) by~~ [~~Tom Coldwell~~](http://www.runitonce.com/5carab/) |  | ~~Essential~~ | ~~PLO~~ | ~~40~~ | ~~34~~ |
| **~~Saturday~~**  ~~April 13th~~ | [~~Calling Preflop Raises in PLO~~](http://www.runitonce.com/pro-training/videos/tom2/) ~~(55 min) by~~ [~~Tom Coldwell~~](http://www.runitonce.com/5carab/) |  | ~~Essential~~ | ~~PLO~~ | ~~29~~ | ~~39~~ |
| **Saturday**  April 6th | [3-Betting Small in Position](http://www.runitonce.com/pro-training/videos/tom1/) (55 min) by [Tom Coldwell](http://www.runitonce.com/5carab/) |  | Essential | PLO | 39 | 54 |