

Oxford Speaking Preparation Book

Introduction to OELLT Test

The speaking test is broken down into four sections and lasts approximately 30-minutes.

- Section one (unassessed) is an introduction, your examiner will ask you a couple of introductory questions and ask you to confirm your identity.
- Section two is the presentation task; you will be required to present on the given topic for between 3 and 5-minutes.
- Section three is based on the writing test, your examiner will ask you a number of questions all relating to your answer from the written test, these questions could be about your choice of vocabulary (lexical questions) or the ideas you wrote about.
- The final section (Section four) is an examiner led discussion based on a visual prompt. Your examiner will show you an image for 15 seconds and will lead a discussion based on the image shown. You should attempt to speak freely with your examiner about the given image.

4. Starting your Test

The Oxford ELLT consists of four separate tests: **Reading, Listening, Writing, and Speaking**. You must complete the reading and listening parts of the test first (in either order), you will then be able to complete the writing test before being able to schedule your speaking test.

Before you start the reading, listening, or writing tests, you will need to complete you will need to complete the pre-test set up, during this you will be required to share your screen, turn on your microphone, and ensure video recording has been enabled.

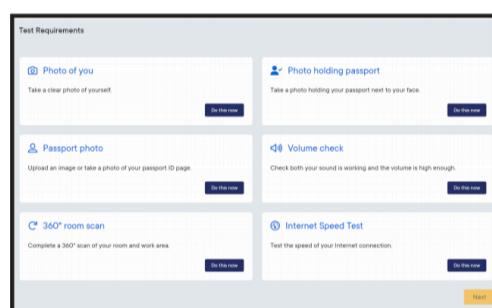


Pre-Test Set Up

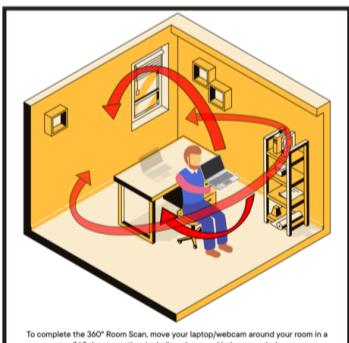
As part of the pre-test set up you will also be required to:

- Take a clear photo of yourself
- Take a photo of your passport
- Take a photo of yourself holding your passport
- Share your screen
- Complete a 360 video scan
- Check your internet speed
- Check your volume level

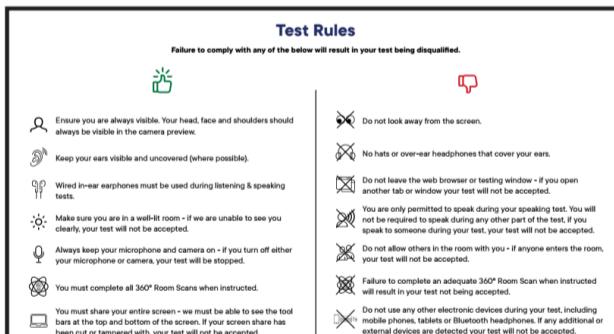
Note: The PC or Laptop will already be configured to allow for screensharing and photo upload.



You will be asked to complete a **360° Room Scan** before your test and during each component test. See below for instructions on how to complete this scan.



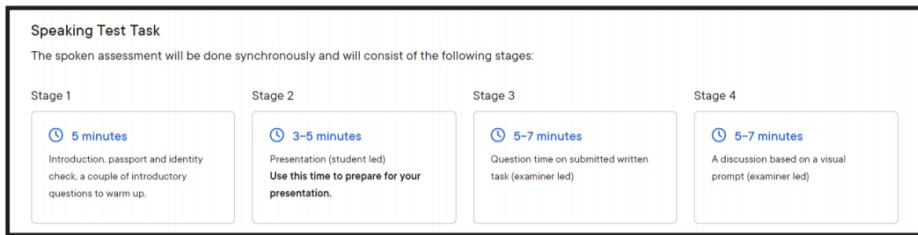
During the pre-test set up, you will be shown the Test Rules. You must follow these at all times. Failure to comply could result in Oxford ELLT disqualification.



The pre-test walkthrough will take a maximum of **15-minutes** to complete.

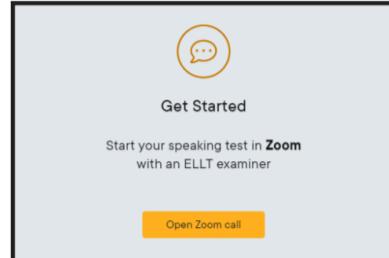
6. Starting your Speaking Test

Before starting your Oxford ELLT Speaking test you will receive 15-minutes preparation time, during this time you will be shown the test structure, and the presentation topic you will need to present. Please use this time to prepare before joining the Zoom meeting.



Once the 15-minute preparation time has ended you will be asked to join the Zoom meeting automatically, to do this click 'Open Zoom call'.

Zoom will launch the meeting which can be opened through the Zoom application or on an internet browser. At this point you will meet with an Oxford ELLT Examiner who will take you through the 4 sections of the Oxford ELLT Speaking test.



7. Test Components

Reading

The reading test lasts **40-minutes**. You will be required to answer 32 questions based on two different reading texts (16 questions per text).

Writing

The writing test lasts **45-minutes**. You will complete one essay question and you must write between **190 and 260 words**.

Your writing test is marked by the same examiner that will conduct your speaking test (section four).

Listening

During the listening test you will hear **3 different audio tracks**, a Monologue (played once), a Dialogue (played twice) and a Listening Analysis (played twice). In total there are **28 questions**, you have **25-minute** to complete the listening test.

Speaking

The **speaking test** is broken down into four sections and lasts approximately 30-minutes.

- **Section one** (unassessed) is an introduction, your examiner will ask you a couple of introductory questions and ask you to confirm your identity.
- **Section two** is the presentation task; you will be required to present on the given topic for between 3 and 5-minutes.
- **Section three** is based on the writing test, your examiner will ask you a number of questions all relating to your answer from the written test, these questions could be about your choice of vocabulary (lexical questions) or the ideas you wrote about.
- The final section (**Section four**) is an examiner led discussion based on a visual prompt. Your examiner will show you an image for 15 seconds and will lead a discussion based on the image shown. You should attempt to speak freely with your examiner about the given image.

Introduction Sample Questions

- Can you tell me your full name, please?
- Where are you from?
- What is your job/work?
- Where do you work?
- Do you enjoy your work?
- Why you are giving Oxford ELLT test?
- What are you studying?
- Where do you study?
- why you want to study in UK?
- Is there any particular reason why you chose that course?
- Where is your home?
- Who lives with you at home?
- Is there anything in particular that you like about your home?
- Is your neighborhood good?
- What is your favorite food?
- Do you consume unhealthy food?
- Do you cook?
- Can you describe your hometown?
- What is your favourite hobby or pastime?
- Do you prefer spending time indoors or outdoors?
- How do you usually spend your weekends?
- Do you have any pets?
- What kind of music do you enjoy listening to?
- Do you play any musical instruments?
- Are you more of a morning person or a night person?
- What is your favourite season of the year?
- How do you usually get to work or school?
- Do you prefer travelling by car, train, or plane?
- Have you travelled to any foreign countries?
- What type of places do you like to visit when you travel?
- Do you like reading books? What kind of books do you enjoy?

- Do you watch movies or TV shows? What is your favourite genre?
- What is the last movie you watched?
- How often do you exercise?
- Do you follow any sports? What is your favourite team?
- Are you good at managing your time?
- How do you usually start your day?
- Are you close to your family members?
- What is your favourite thing to do with your friends?
- What's the best vacation you've ever had?
- Do you like trying new food from different cultures?
- Have you ever done any volunteer work?

Some Example of Introduction Section

Q-1: Do you hear me or can you hear me?

Answer: Yes, I do hear you/Yes I can hear you.

Q-2. What's your name?

Answer: My name is

..... and you can call me.....

Q-3. Can I see your ID please or do you have ID?

Answer: Sure, here it is.....

Q-4. Hold on, don't move, can I see front of passport,

Answer: ok.

• Q-4. How are you?

Answer: I am great thanks, how about you?

Presentation Guide

When beginning a presentation, always start with a greeting, followed by:

"Now, I will begin my presentation."

To conclude, use:

"Thank you for your attention!"

Sample Outline for Presentation

Template

Now, I will begin my presentation on the topic of {Topic}.

When it comes to the issue of {Issue}, people have differing views. While some see this initiative as highly beneficial, others raise concerns about its feasibility and long-term effects/ limitations / Challenges. Today, I will outline both sides of the argument before sharing my personal reflection on this topic.

On the one hand, there are several advantages to {action}.

The first and foremost point is that {First positive point}.

Explanation and its one example.

Another important point is that {Second positive point}.

Explanation and its one example.

Last but not least, {Third positive point}.

Explanation and its one example.

However, this proposal also has some drawbacks/ limitations/challenges.

To begin with, {First negative point}. Explanation and its one example.

Another point is that, {Second negative point}.

Explanation and its one example.

Moreover, {Third negative point}.

Explanation and its one example.

To sum up, having illustrated both sides of this issue, I strongly/moderately/slightly agree/disagree with the idea of {Idea}.

Summarize the whole presentation

Thank you for your attention!

Template Example:

Topic: In order to stop the problem of food insecurity (i.e. not having enough food due to high prices), children should receive meals at schools. This plan should be paid for by the government. (Source: The Globe & Mail).

In your opinion, what are the advantages and disadvantages of providing school meals to children in need?

Presentation Example

Now, I will begin my presentation on the topic of providing school meals to children as a solution to food insecurity.

Food insecurity is a growing issue, and the idea of government-funded school meals has sparked debate. While some believe this initiative is highly beneficial, others raise concerns about its feasibility and long-term impact. Today, I will discuss both the advantages and disadvantages before sharing my perspective.

One of the primary advantages of providing school meals is that it directly addresses hunger and improves children's health. Research shows that children who receive regular, nutritious meals at school have better physical development and overall well-being. Additionally, well-fed children tend to perform better academically. Studies from countries like Finland indicate that students with access to school meals show higher attendance rates, improved concentration, and better grades. Another significant advantage is that this program helps reduce financial pressure on struggling families. Many families face economic hardships, and providing free meals at school allows them to allocate their limited resources to other essential needs such as healthcare, housing, and education, ultimately improving their quality of life.

However, there are also concerns regarding the implementation of such a program. One major drawback is the financial burden on the government. A nationwide school meal initiative requires significant funding, which could lead to higher taxes or budget cuts in other critical areas like infrastructure and healthcare. Another concern is the potential for dependency, as critics argue that offering free meals may discourage families from seeking financial independence or alternative solutions to their economic difficulties. Furthermore, ensuring quality and efficiency in large-scale meal programs is a challenge. In some countries, poorly managed school meal programs have resulted in substandard food quality and excessive food waste, ultimately failing to achieve the intended goals. To conclude, while there are financial and logistical challenges associated with implementing government-funded school meal programs, I firmly believe that the benefits outweigh the drawbacks. Reducing hunger, improving educational outcomes, and supporting struggling families make this initiative a valuable investment in the future of children and society as a whole. **Thank you for your attention!**

Question

Consider the challenge listed below and prepare a short presentation on the topic: People around the world enjoy watching sports for many different reasons (Source: psychologytoday.com) What are the good things and bad things about watching sports. are there any sports that move entertaining to watch than others. consider both side Your presentation must:

- Include an argument in favour and an argument against
- Include a personal reflection
- Be between 5 – 6 minutes long.

The Pros and Cons of Watching Sports

Introduction:

Good [morning/afternoon/evening] everyone,
Sports have always been an integral part of human culture, bringing people together and creating moments of excitement, pride, and even heartbreak. Millions of people around the world watch sports for different reasons—some enjoy the thrill of competition, while others appreciate the teamwork and strategy involved. But while watching sports can be entertaining, it also has some drawbacks. Today, I will discuss both the positives and negatives of watching sports, and whether some sports are more entertaining to watch than others.

The Good Things About Watching Sports

1. Brings People Together

Watching sports can create a sense of community and belonging. Whether it's cheering for a national team or supporting a local club, sports unite people from different backgrounds. Events like the FIFA World Cup or the Olympics foster national pride and bring people together across cultures.

2. Emotional and Psychological Benefits

Sports provide entertainment and emotional engagement. Exciting matches can boost adrenaline, create joy, and even serve as stress relief. Many fans find inspiration in athletes' dedication and perseverance, motivating them to apply the same principles in their own lives.

3. Health and Fitness Motivation

Watching sports can inspire people to be more active. Seeing professional athletes perform at high levels encourages fans, especially young people, to participate in sports themselves, promoting a healthier lifestyle.

The Bad Things About Watching Sports

1. Time-Consuming and Distracting

Some people become so involved in watching sports that it affects their daily routines. Excessive sports consumption can take away time from work, studies, or personal relationships, leading to reduced productivity.

2. Emotional Ups and Downs

While sports can bring joy, they can also cause frustration and disappointment. Fans sometimes experience stress or even depression when their favorite team loses, leading to instability.

3. Commercialization and High Costs

Modern sports have become highly commercialized, with expensive ticket prices, overpriced merchandise, and costly TV subscriptions. Fans often spend a lot of money supporting their favorite teams, which can be financially draining.

Are Some Sports More Entertaining Than Others?

The entertainment value of a sport often depends on personal preference and cultural background. For instance:

- **Football (Soccer)** is the world's most popular sport due to its fast-paced nature and unpredictable outcomes.
- **Basketball** is exciting because of its high-scoring games and last-minute turnarounds.
- **Formula 1 Racing** attracts fans with its speed, technology, and strategic battles.
- **Combat Sports (Boxing, MMA)** provide intense, head-to-head competition that some find thrilling.

Ultimately, the most entertaining sport varies from person to person.

Personal Reflection

In my own experience, watching sports has been both enjoyable and educational. I have learned about teamwork, perseverance, and strategic thinking from watching professional athletes. However, I also recognize that spending too much time watching sports can be a distraction. Finding a balance is important—enjoying sports while ensuring it doesn't negatively affect other aspects of life.

Conclusion

Watching sports has many benefits, including bringing people together, providing emotional excitement, and inspiring fitness. However, it also has drawbacks, such as being time-consuming, emotionally draining, and costly. While some sports may be more entertaining than others depending on personal preference, the key is to enjoy sports in moderation.

Thank you!

Question

Consider the challenge listed below and prepare a short presentation on the topic:

In 2021, 99% of primary school pupils in Cyprus, Spain, Poland, and Austria were learning English as a foreign language and 49.5% of all students in secondary schools were learning two or more languages.

(Source: ec.europa.eu)

In your opinion what are the two main benefits of studying a foreign language? What are the biggest challenges when learning a new language?

Your presentation must:

- Include an argument in favour and an argument against
- Include a personal reflection
- Be between 5 – 6 minutes long.

Presentation: The Benefits and Challenges of Learning a Foreign Language

Introduction

Good [morning/afternoon/evening], Now, I will begin my presentation on the topic of The Benefits and Challenges of Learning a Foreign Language.

I will be discussing the benefits and challenges of learning a foreign language. With 99% of primary school pupils in Cyprus, Spain, Poland, and Austria learning English as a foreign language in 2021, and nearly half of secondary students studying two or more languages, it is clear that multilingualism is a growing trend in education. But why is learning a new language so valuable, and what are the difficulties that come with it? Let's explore both sides.

Benefits of Learning a Foreign Language

1. Cognitive and Career Advantages

One of the main benefits of learning a foreign language is that it enhances cognitive abilities and improves career opportunities. Research shows that multilingual individuals have better memory, problem-solving skills, and multitasking abilities. Additionally, in today's globalized job market, knowing multiple languages increases employability. For example, companies with international clients often prefer employees who can communicate in different languages.

2. Cultural Awareness and Communication

Another important advantage is cultural understanding. Learning a new language allows people to connect with different cultures, appreciate diverse traditions, and develop empathy. For instance, someone learning Spanish not only gains linguistic skills but also a deeper appreciation for Spanish and Latin American cultures. This fosters global connections and helps in travel, friendships, and professional relationships.

Challenges of Learning a Foreign Language

1. Time and Effort Required

On the other hand, learning a new language is not easy. It requires dedication, time, and practice. Many learners struggle with grammar rules, pronunciation, and vocabulary retention. For example, English learners often find phrasal verbs confusing, while French learners struggle with gendered nouns. The learning process can be frustrating and discouraging, especially when progress seems slow.

2. Lack of Practice Opportunities

Another major challenge is the lack of opportunities to practice. If a learner does not live in an environment where the language is spoken daily, it can be difficult to improve fluency. Many students learn a foreign language in school but forget it later because they do not use it regularly.

Personal Reflection

From my own experience, learning English has been both rewarding and challenging. It has opened doors for academic and career opportunities, allowing me to connect with people worldwide. However, I have also faced difficulties, such as pronunciation and understanding native speakers in fast conversations. Despite these challenges, I believe that the long-term benefits of learning a foreign language far outweigh the difficulties.

Conclusion

In conclusion, learning a foreign language offers cognitive, career, and cultural benefits, but it also comes with challenges like time commitment and lack of practice. While it may be difficult at times, the rewards make the effort worthwhile. I encourage everyone to embrace language learning, as it can enrich both personal and professional life.

Thank you for listening!

Consider the challenge listed below and prepare a short presentation on the topic: There a trend of work is a pain, and i will just fit in around the rest of my life (Source: the Guardian) many people believe that is important to love your job for it make you happy other believe your job only important so you can do other thing to enjoy life.

Discuss both side of arguments. Your presentation must:

- Include an argument in favour and an argument against
- Include a personal reflection
- Be between 5 – 6 minutes long.

Presentation: Should We Love Our Job or Just Work for a Living?

Introduction

Greetings

Now I am going to start my presentation, I am going to discuss an interesting debate: Should we love our job, or is work just a necessity to support the rest of our life? Some people believe that loving your job is essential for happiness, while others argue that a job is just a means to earn money and enjoy life outside of work. Let's explore both perspectives.

Argument in Favor: Loving Your Job is Important

Many people believe that loving your job is crucial because we spend a significant part of our lives working. When we enjoy our work, it feels fulfilling and rewarding rather than stressful. Passion for a job can increase motivation, productivity, and personal satisfaction.

For example, teachers who love their profession feel a sense of purpose when they help students learn. Similarly, artists, doctors, and entrepreneurs often find joy and meaning in their work. A job that aligns with our interests can make work feel less like a burden and more like a source of happiness.

Argument Against: Work is Just a Means to an End

On the other hand, some argue that work is only important because it allows us to enjoy other aspects of life. For them, a job is just a way to earn money, pay bills, and afford hobbies, travel, and family time. They believe it is unrealistic to expect everyone to love their work.

For instance, someone may have a job that is not exciting but provides financial stability. A factory worker, a cashier, or an office employee might not find their job fulfilling, but they work to support their family and pursue their true passions outside of work. According to this perspective, focusing too much on loving a job can lead to disappointment, as not all work is enjoyable.

Personal Reflection

In my opinion, finding a balance is important. While I believe it is great to love your job, not everyone has that privilege. Some people work simply to survive, while others are fortunate enough to do what they love. Personally, I think enjoying your job makes life easier, but it should not be the only source of happiness. Even if a job is not perfect, having a good work-life balance and enjoying time

with family, friends, and hobbies can bring fulfillment.

Conclusion

In conclusion, both perspectives have valid points. Loving your job can bring satisfaction and purpose, but it is not always possible. For many, work is just a necessity that allows them to enjoy the rest of their life. The key is to find a balance—if you love your job, that is great, but if not, ensuring a good life outside of work is just as important.

Thank you for listening!

The examiner will start with a few introductory questions.

Stage 2:

Consider the challenge listed below and prepare a short presentation on the topic:

Walking makes us healthier, happier, and smarter, and so walking is often seen as the perfect exercise. Some people, however, say that walking is not a proper exercise. (The Guardian) In your opinion, what are the three main benefits of walking or exercise in general? Are there any disadvantages?

Your presentation must:

- Include an argument in favour and an argument against
- Include a personal reflection
- Be between 3–5 minutes long

1. The examiner might ask you to briefly introduce the topic of your presentation and give them the code of the task, but after that they will not assist or interrupt you in any way.
2. The presentation must be between 3 and 5 minutes.
3. You can use notes, but do not read your presentation directly from a script or screen.
4. Please address the examiner directly.
5. Do not read your presentation as your speaking level cannot accurately be assessed and this will have a negative impact on your score.
6. Please begin your presentation by saying, '*I will now begin my presentation*' and end it by saying, '*thank you for your attention*'.

"I will now begin my presentation."

Walking is often described as the perfect exercise—simple, accessible, and beneficial. According to *The Guardian*, walking makes us healthier, happier, and smarter. In my opinion, there are three main benefits to walking or regular physical exercise: physical well-being, mental clarity, and improved productivity.

Firstly, walking enhances physical health by improving cardiovascular fitness, helping with weight management, and reducing the risk of chronic diseases like diabetes and hypertension. Unlike high-intensity workouts, walking is gentle on the joints, making it ideal for people of all ages.

Secondly, it supports mental health. A short daily walk can reduce stress, anxiety, and symptoms of depression. From my personal experience, I have felt significantly more focused and relaxed on days I take a walk before starting work.

Thirdly, walking boosts creativity and productivity. Many great thinkers, including Steve Jobs, were known for their walking meetings. Personally, I have found that ideas flow more easily when I take a walk to clear my mind.

However, some argue that walking isn't rigorous enough to count as real exercise. For those aiming for rapid weight loss or muscle gain, walking alone may not be sufficient. It may also not appeal to individuals who enjoy more dynamic and social forms of fitness.

To conclude, while walking may not be the most intense workout, its health, mental, and cognitive benefits make it an excellent daily practice. For many people, especially beginners or those with limited access to gyms, it's a great place to start.

Thank you for your attention.

Oxford ELLT Portal - Oxford Int'l + tests.oidigitalinstitute.com/speaking

warm up.

Stage 1:

You will be asked to show your passport and complete an identity check.

The examiner will start with a few introductory questions.

Stage 2:

Consider the challenge listed below and prepare a short presentation on the topic:

"Most people spend their weekends watching TV, going shopping, and cleaning their house." (Source: dailymail.co.uk) What are the pros and cons of doing the same activities every weekend?

Your presentation must:

- Include an argument in favour and an argument against
- Include a personal reflection
- Be between 3-5 minutes long

1. The examiner might ask you to briefly introduce the topic of your presentation and give them the code of the task, but after that they will not assist or interrupt you in any way.

2. The presentation must be between 3 and 5 minutes.

3. You can use notes, but do not read your presentation directly from a script or screen.

"Most people spend their weekends watching TV, going shopping, and cleaning their house." What are the pros and cons of doing the same activities every weekend?

Presentation: The Pros and Cons of Doing the Same Weekend Activities

Hello. Today I will be discussing the pros and cons of spending weekends doing the same activities, such as watching TV, shopping, and cleaning the house.

Let me begin with the **advantages** of having a fixed weekend routine.

Firstly, having a predictable schedule can provide **comfort and structure**. After a busy work week, people often look forward to relaxing activities like watching TV or taking care of their home. It gives a sense of balance and control.

Secondly, routine tasks such as cleaning and grocery shopping are necessary. Doing them regularly on weekends helps people stay **organized and prepared** for the week ahead.

Lastly, familiar activities can reduce stress. You don't have to plan or think too much—just follow your usual pattern.

However, there are also **disadvantages**.

Doing the same things every weekend can become **boring and unfulfilling**. Life may feel repetitive and uncreative if people don't try new experiences.

Additionally, it can limit **personal growth**. Exploring new hobbies, visiting new places, or meeting different people during the weekend can help you learn and grow.

Another downside is that people might **miss out on opportunities** to rest in different ways—like spending time in nature or attending events that bring joy and refreshment.

Now, let me share my **personal reflection**. I sometimes fall into the habit of doing the same things on weekends—watching shows and cleaning. It's easy and relaxing, but I've realized that I feel much better when I break the routine and try something different, like going for a hike or meeting a friend. It makes my weekends more memorable and refreshing.

To conclude, doing the same weekend activities can help people stay organized and reduce stress. However, too much repetition might lead to boredom and lost opportunities for growth. Personally, I believe a balance is best—some routine mixed with new experiences.

Thank you!

Stage 1:

You will be asked to show your passport and complete an identity check.

The examiner will start with a few introductory questions.

Stage 2:

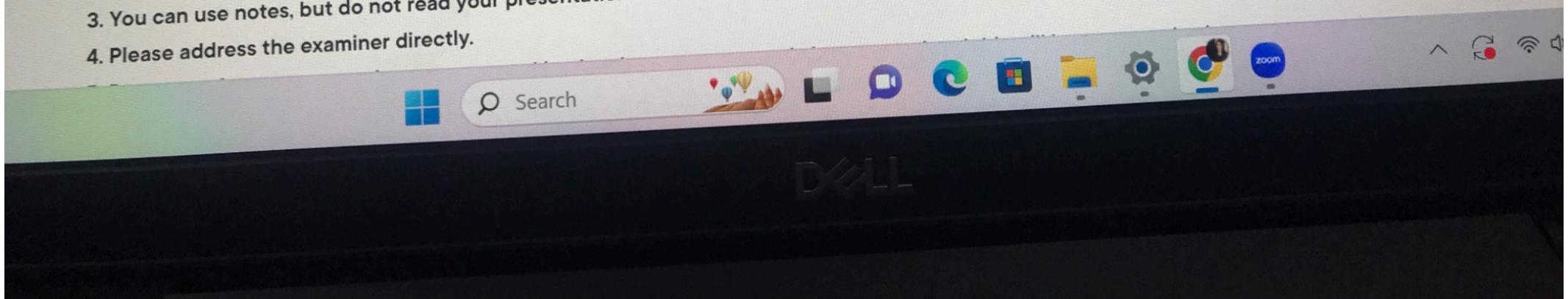
Consider the challenge listed below and prepare a short presentation on the topic:

Shoppers can now use their phones to buy products in-store. (Source: The Guardian) What are the advantages and disadvantages of paying for things with a phone? Do you prefer paying in this way? Why/Why not?

Your presentation must:

- Include an argument in favour and an argument against
- Include a personal reflection
- Be between 3–5 minutes long

1. The examiner might ask you to briefly introduce the topic of your presentation and give them the code of the task, but after that they will not assist or interrupt you in any way.
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4. Please address the examiner directly.

**Presentation: The Pros and Cons of Paying with a Phone**

Hello. Today I will talk about the topic: "What are the advantages and disadvantages of paying for things with a phone? Do you prefer paying in this way? Why or why not?"

In today's world, using a smartphone to make purchases in-store has become very popular. People use apps like Apple Pay, Google Pay, and mobile banking to complete transactions quickly and easily.

Let me begin with the **advantages** of paying with a phone.

First, it's incredibly **convenient**. You don't need to carry cash or even a physical card—just your phone. This is especially helpful if you are in a hurry or forget your wallet at home.

Second, mobile payments are often more **secure** than traditional cards. They use encryption and fingerprint or face ID, which can prevent fraud or theft.

Lastly, it can help people track their spending through apps that automatically organize their transactions.

However, there are also some **disadvantages**.

One main issue is **technology dependence**. If your phone battery dies or the payment system is down, you won't be able to pay. That can be a real problem in an emergency.

Also, **privacy concerns** are increasing. Some people worry that companies might collect too much personal data from mobile payment apps.

And finally, not every store supports phone payments, especially in rural or small locations.

Now, speaking from my **personal experience**, I do use my phone to pay quite often. I find it really helpful when traveling or shopping in large cities. But I always keep a small amount of cash or a card with me, just in case something goes wrong with my phone.

To conclude, mobile payments offer speed, safety, and convenience, but they also have risks like technical issues and data privacy. I personally prefer using phone payments, but I think it's wise to have a backup.

Thank you!

Stage 1:

You will be asked to show your passport and complete an identity check.

The examiner will start with a few introductory questions.

Stage 2:

Consider the challenge listed below and prepare a short presentation on the topic:

Fast food is very popular around the world even though it might not be the healthiest choice. (Source: WHO) In your experience, what are some pros and cons of eating fast food?

Your presentation must:

- Include an argument in favour and an argument against
- Include a personal reflection
- Be between 3-5 minutes long

1. The examiner might ask you to briefly introduce the topic of your presentation and give them the code of the task, but after that they will not assist or interrupt you in any way.
2. The presentation must be between 3 and 5 minutes.
3. You can use notes, but do not read your presentation directly from a script or screen.
4. Please address the examiner directly.
5. Do not read your presentation as your speaking level cannot accurately be assessed and this will have a negative impact on your score.
6. Please begin your presentation by saying, '*I will now begin my presentation*' and end it by saying, '*thank you for your attention*'.

Stage 3:

Stage three will be devoted to question time concerning the written essay. The aim of this stage is two-fold, firstly, to evaluate your spontaneous use of language, and secondly, to serve as deterrent to have your essay written by someone else.

The examiner will focus their questions primarily on the following areas:

- Clarification of facts and / or opinions presented in the essay
- Reflection on the writing process

search



"Fast food is very popular around the world even though it might not be the healthiest choice. What are some pros and cons of eating fast food?"

Presentation Script:

"I will now begin my presentation."

The topic I will talk about is the global popularity of fast food and its advantages and disadvantages.

Fast food has become a major part of modern life. It's easily available, affordable, and saves time—especially for people with busy schedules. However, it's also known for being unhealthy when consumed frequently. Let's explore both sides of this issue.

On the positive side, fast food is extremely convenient. Whether someone is traveling, working late, or doesn't have time to cook, they can quickly grab a meal. Chains like McDonald's or KFC offer standardized menus, so people know what to expect. Fast food is also affordable for students or people on a budget. In addition, some outlets now offer healthier options, such as salads or grilled items, which can be better choices for those trying to eat well.

On the other hand, fast food is often high in salt, sugar, and unhealthy fats, which can lead to serious health problems like obesity, diabetes, and heart disease if eaten regularly. Also, fast food lacks the nutrients our body needs in the long term. Another issue is that fast food encourages a culture of quick eating, which can negatively affect digestion and reduce family mealtime interactions.

From a personal perspective, I used to eat fast food quite often as a student because it was cheap and quick. But I started noticing weight gain and low energy, so I reduced how often I ate it. Now I try to cook more at home and only eat fast food occasionally as a treat. I think balance is the key.

In conclusion, fast food is popular because it's convenient and cheap, but it's not the healthiest option. People need to be more aware of their food choices and try to balance convenience with health. Occasional fast food is fine, but relying on it every day can be harmful.

"Thank you for your attention."

Question-9

Topic: "The rise of artificial intelligence will lead to job losses in many industries" (Source: The Economist).

What are the advantages and disadvantages of AI in the workplace?

Do you think governments should regulate the development of AI?

Question-10

Topic: "Banning single-use plastics is essential to save the environment" (Source: The New York Times).

What are the benefits and challenges of banning single-use plastics?

Do you think alternative materials are a practical solution?

Question-11

Topic: "Online shopping is replacing traditional retail stores" (Source: Forbes).

What are the advantages and disadvantages of shopping online compared to in-person shopping?

Do you think retail stores will disappear in the future?

Question-12

Topic: "The government should impose higher taxes on sugary drinks to improve public health" (Source: The Guardian).

What are the pros and cons of introducing higher taxes on sugary drinks?

Do you think this approach is effective in promoting healthier lifestyles?

Question-13

Topic: "Remote work is here to stay" (Source: Harvard Business Review).

What are the benefits and drawbacks of remote working for employees and employers?

Do you think remote work should be encouraged in all industries?

OELLT Essay Preparation

- Write the essay in your own words by paraphrasing the given essay from the written part of your exam.
- Summarize the essay in your own way.
- Create a list of difficult words from the essay and find their synonyms and antonyms.
- Ensure a clear understanding of the sentences.
- Add two additional advantages and disadvantages related to your essay question.

Image description part

How to Prepare for Image Description

Step 1: General Overview (Start with a broad description)

- Begin with a simple sentence stating what the image is about.
Example: "This image shows a busy city street during the daytime."
- Mention the type of image: Is it a photograph, illustration, or cartoon?
Example: "It looks like a photograph taken outdoors."

Step 2: Describe Key Elements (Move from the foreground to the background)

- **Foreground (Front of the image):** Describe the main focus of the image.
Example: "In the foreground, there are people walking on the sidewalk, some carrying shopping bags."
- **Middle Ground:** Describe other significant elements that stand out but are slightly further back.
Example: "In the middle ground, there are cars stuck in traffic on the road, and some bicycles parked on the side."
- **Background:** Describe what's in the distance, such as buildings, mountains, or the sky.
Example: "In the background, there are tall buildings, and the sky looks cloudy."

Step 3: Interpret and Speculate (Provide context or meaning)

- Talk about **what is happening** in the picture. Use present continuous verbs if applicable.
Example: "It seems like people are commuting or shopping, as most of them look busy."
- Speculate about the **purpose or reason** behind the scene.
Example: "This could be a typical weekday in a busy urban area."

Step 4: Express Emotions or Atmosphere (Add subjective impressions)

- Explain the mood or feeling of the image.
Example: "The image gives a sense of busyness and liveliness."
- Describe how it makes you feel.
Example: "Looking at this picture reminds me of the crowded streets in my own city."

Step 5: Conclude (Wrap up the description)

- Summarize your thoughts briefly.
Example: "Overall, this image captures a typical urban scene with people going about their daily lives."

Tips to Keep in Mind

- Use a variety of adjectives (e.g., crowded, vibrant, peaceful).
- Structure your description logically to avoid jumping between elements.
- Avoid silence—keep talking even if you need a second to think.

Example 1



The image captures a sweet moment between a young girl and a small gray rabbit. The girl, who has long blonde hair and striking blue eyes, is lying on her stomach, resting her chin on her hand. She is gently holding the rabbit beside her, smiling softly at the camera. The background is light and airy, creating a calm and happy atmosphere. Presumably, the bunny is the girl's pet.

1. Where is the girl positioned in the image?

💬 The girl is lying on her stomach, resting her chin on her hand while gently holding the rabbit beside her.

2. How does the girl feel in the image, and how can you tell?

💬 The girl appears happy and content. This can be inferred from her soft smile and the gentle way she is holding the rabbit.

3. What details in the background contribute to the mood of the image?

💬 The background is light and airy, which creates a calm and happy atmosphere, complementing the affectionate moment between the girl and the rabbit.

4. Why might the rabbit be significant to the girl?

💬 The rabbit is presumably her pet, which suggests that she might have a strong emotional bond with it. Pets often provide companionship, comfort, and joy.

5. How does the girl's physical appearance contribute to the overall feel of the image?

💬 Her long blonde hair and striking blue eyes give her a gentle and innocent look, which enhances the warmth and tenderness of the scene.

Example 2



The image captures a moment from a women's basketball game. Two players are in focus, one wearing a white uniform and the other in a black uniform. The player in white is on defense, closely guarding the player in black who has the ball. The player in black appears to be looking for a teammate to pass the ball to. The gymnasium's floor is shiny and reflective, and other players can be seen in the background.

1. What are the two players doing in the image?

💬 The player in white is playing defense, closely guarding the player in black, who has the ball and seems to be looking for a teammate to pass to.

2. How can you tell that the game is taking place in a gymnasium?

💬 The shiny and reflective floor suggests an indoor court, and the presence of other players in the background indicates a competitive game setting, typical of a gymnasium.

3. What might the player in black be thinking at this moment?

💬 The player in black is likely considering her next move, possibly looking for an open teammate to pass the ball to while avoiding the defender.

4. What does the defensive position of the player in white suggest about her role?

💬 Her close guarding suggests she is focused on preventing the player in black from advancing or making an easy pass, which is a key role in defense.

5. How does the background add to the action in the image?

💬 The presence of other players in the background shows that this is a fast-paced team game, and the reflective floor enhances the visual intensity of the moment.



The image features a cheerful scene in a modern kitchen, where a young mother with short curly hair and a light grey cardigan kneels to help her son with his backpack. The boy, who has curly blonde hair, is wearing a grey sweatshirt and blue jeans. The kitchen is minimalist, with white cabinets, a stainless steel oven, and some greenery on the counter.

1. What is the mother doing in the image?

💬 The mother is kneeling down to help her son with his backpack, possibly making sure he is ready to leave for school or an outing.

2. How would you describe the kitchen in the image?

💬 The kitchen is modern and stylish, with a minimalist design and some greenery on the counter, which adds a fresh and cozy feel to the space.

3. What does the boy's clothing suggest about the season or weather?

💬 The boy is wearing a grey sweatshirt and blue jeans, which suggests that the weather might be cool or mild, possibly during autumn or early spring.

4. Why do you think the mother is helping her son with his backpack?

💬 She might be making sure he is properly prepared for school or another activity, showing her care and support for him.

5. How does the atmosphere in the image reflect the relationship between the mother and son?

💬 The cheerful and warm setting suggests a loving and caring bond between them, as the mother is actively involved in helping her child and ensuring he is ready for his day.



The image shows a man in a business suit checking his watch while walking on a city street. He wears sunglasses and is carrying a briefcase, suggesting he might be on his way to work or an important meeting. The background includes a tram and a clear blue sky, indicating it's a bright day. The man appears to be in a hurry, suggesting he is running late.



The image features a woman sitting cross-legged and spreading her arms wide in a small wooden boat, exuding a sense of joy and freedom. She is surrounded by a breathtaking natural setting with emerald-green waters and rugged limestone cliffs that rise steeply in the background. The sunlight illuminates her and the scenic landscape, highlighting the serene and picturesque environment, perfect for an adventurous outing.



The image captures a dramatic black and white scene of a person diving off a high arch bridge into a river. The bridge, constructed of stone, gracefully curves over the water, connecting historic buildings that cling to the riverbank. The diver is caught in mid-air, creating a moment of thrilling action against the backdrop of an old, picturesque town.

