

# Oxford Speaking Preparation Book

The speaking test is broken down into four sections and lasts approximately 30-minutes.

- Section one (unassessed) is an introduction, your examiner will ask you a couple of introductory questions and ask you to confirm your identity.
- Section two is the presentation task; you will be required to present on the given topic for between 3 and 5-minutes.
- Section three is based on the writing test, your examiner will ask you a number of questions all relating to your answer from the written test, these questions could be about your choice of vocabulary (lexical questions) or the ideas you wrote about.
- The final section (Section four) is an examiner led discussion based on a visual prompt. Your examiner will show you an image for 15 seconds and will lead a discussion based on the image shown. You should attempt to speak freely with your examiner about the given image.

## Introduction Sample Questions

- Can you tell me your full name, please?
- Where are you from?
- What is your job/work?
- Where do you work?
- Do you enjoy your work?
- Why you are giving Oxford ELLT test?
- What are you studying?
- Where do you study?
- why you want to study in UK?
- Is there any particular reason why you chose that course?
- Where is your home?
- Who lives with you at home?
- Is there anything in particular that you like about your home?
- Is your neighborhood good?
- What is your favorite food?
- Do you consume unhealthy food?
- Do you cook?
- Can you describe your hometown?
- What is your favourite hobby or pastime?
- Do you prefer spending time indoors or outdoors?
- How do you usually spend your weekends?
- Do you have any pets?
- What kind of music do you enjoy listening to?
- Do you play any musical instruments?
- Are you more of a morning person or a night person?
- What is your favourite season of the year?
- How do you usually get to work or school?
- Do you prefer travelling by car, train, or plane?
- Have you travelled to any foreign countries?
- What type of places do you like to visit when you travel?
- Do you like reading books? What kind of books do you enjoy?
- Do you watch movies or TV shows? What is your favourite genre?
- What is the last movie you watched?
- How often do you exercise?
- Do you follow any sports? What is your favourite team?
- Are you good at managing your time?
- How do you usually start your day?
- Are you close to your family members?

- What is your favourite thing to do with your friends?
- What's the best vacation you've ever had?
- Do you like trying new food from different cultures?
- Have you ever done any volunteer work?

## Some Example of Introduction Section

Q-1: Do you hear me or can you hear me?

Answer: Yes, I do hear you/Yes I can hear you.

Q-2. What's your name?

Answer: My name is

..... and you can call me.....

Q-3. Can I see your ID please or do you have ID?

Answer: Sure, here it is.....

Q-4. Hold on, don't move, can I see front of passport,

Answer: ok.

• Q-4. How are you?

**Answer: I am great thanks, how about you?**

## Presentation Guide

When beginning a presentation, always start with a greeting, followed by:

**"Now, I will begin my presentation."**

To conclude, use:

**"Thank you for your attention!"**

## Sample Outline for Presentation

Template

Now, I will begin my presentation on the topic of {Topic}.

When it comes to the issue of {Issue}, people have differing views. While some see this initiative as highly beneficial, others raise concerns about its feasibility and long-term effects/ limitations / Challenges. Today, I will outline both sides of the argument before sharing my personal reflection on this topic.

On the one hand, there are several advantages to {action}.

The first and foremost point is that {First positive point}.

Explanation and its one example.

Another important point is that {Second positive point}.

Explanation and its one example.

Last but not least, {Third positive point}.

Explanation and its one example.

However, this proposal also has some drawbacks/ limitations/challenges.

To begin with, {First negative point}. Explanation and its one example.

Another point is that, {Second negative point}.

Explanation and its one example.

Moreover, {Third negative point}.

Explanation and its one example.

To sum up, having illustrated both sides of this issue, I strongly/moderately/slightly agree/disagree with the idea of {Idea}.

Summarize the whole presentation

Thank you for your attention!

---

Template Example:

**Topic:** In order to stop the problem of food insecurity (i.e. not having enough food due to high prices), children should receive meals at schools. This plan should be paid for by the government. (Source: The Globe & Mail).

In your opinion, what are the advantages and disadvantages of providing school meals to children in need?

## Presentation Example

**Now, I will begin my presentation on the topic of providing school meals to children as a solution to food insecurity.**

Food insecurity is a growing issue, and the idea of government-funded school meals has sparked debate. While some believe this initiative is highly beneficial, others raise concerns about its feasibility and long-term impact. Today, I will discuss both the advantages and disadvantages before sharing my perspective.

One of the primary advantages of providing school meals is that it directly addresses hunger and improves children's health. Research shows that children who receive regular, nutritious meals at school have better physical development and overall well-being. Additionally, well-fed children tend to perform better academically. Studies from countries like Finland indicate that students with access to school meals show higher attendance rates, improved concentration, and better grades. Another significant advantage is that this program helps reduce financial pressure on struggling families. Many families face economic hardships, and providing free meals at school allows them to allocate their limited resources to other essential needs such as healthcare, housing, and education, ultimately improving their quality of life.

However, there are also concerns regarding the implementation of such a program. One major drawback is the financial burden on the government. A nationwide school meal initiative requires significant funding, which could lead to higher taxes or budget cuts in other critical areas like infrastructure and healthcare. Another concern is the potential for dependency, as critics argue that offering free meals may discourage families from seeking financial independence or alternative solutions to their economic difficulties. Furthermore, ensuring quality and efficiency in large-scale meal programs is a challenge. In some countries, poorly managed school meal programs have resulted in substandard food quality and excessive food waste, ultimately failing to achieve the intended goals.

To conclude, while there are financial and logistical challenges associated with implementing government-funded school meal programs, I firmly believe that the benefits outweigh the drawbacks. Reducing hunger, improving educational outcomes, and supporting struggling families make this initiative a valuable investment in the future of children and society as a whole. **Thank you for your attention!**

---

## Question

Consider the challenge listed below and prepare a short presentation on the topic: People around the world enjoy watching sports for many different reasons (Source: psychologytoday.com ) What are the good things and bad things about watching sports. are there any sports that move entertaining to watch than others. consider both side Your presentation must: • Include an argument in favour and an argument against • Include a personal reflection • Be between 5 – 6 minutes long.

## The Pros and Cons of Watching Sports

### Introduction:

Good [morning/afternoon/evening] everyone,

Sports have always been an integral part of human culture, bringing people together and creating moments of excitement, pride, and even heartbreak. Millions of people around the world watch sports for different reasons—some enjoy the thrill of competition, while others appreciate the teamwork and strategy involved. But while watching sports can be entertaining, it also has some drawbacks. Today, I will discuss both the positives and negatives of watching sports, and whether some sports are more entertaining to watch than others.

---

## The Good Things About Watching Sports

### 1. Brings People Together

Watching sports can create a sense of community and belonging. Whether it's cheering for a national team or supporting a local club, sports unite people from different backgrounds. Events like the FIFA World Cup or the Olympics foster national pride and bring people together across cultures.

### 2. Emotional and Psychological Benefits

Sports provide entertainment and emotional engagement. Exciting matches can boost adrenaline, create joy, and even serve as stress relief. Many fans find inspiration in athletes' dedication and perseverance, motivating them to apply the same principles in their own lives.

### 3. Health and Fitness Motivation

Watching sports can inspire people to be more active. Seeing professional athletes perform at high levels encourages fans, especially young people, to participate in sports themselves, promoting a healthier lifestyle.

---

# The Bad Things About Watching Sports

## 1. Time-Consuming and Distracting

Some people become so involved in watching sports that it affects their daily routines. Excessive sports consumption can take away time from work, studies, or personal relationships, leading to reduced productivity.

## 2. Emotional Ups and Downs

While sports can bring joy, they can also cause frustration and disappointment. Fans sometimes experience stress or even depression when their favorite team loses, leading to instability.

## 3. Commercialization and High Costs

Modern sports have become highly commercialized, with expensive ticket prices, overpriced merchandise, and costly TV subscriptions. Fans often spend a lot of money supporting their favorite teams, which can be financially draining.

---

# Are Some Sports More Entertaining Than Others?

The entertainment value of a sport often depends on personal preference and cultural background. For instance:

- **Football (Soccer)** is the world's most popular sport due to its fast-paced nature and unpredictable outcomes.
- **Basketball** is exciting because of its high-scoring games and last-minute turnarounds.
- **Formula 1 Racing** attracts fans with its speed, technology, and strategic battles.
- **Combat Sports (Boxing, MMA)** provide intense, head-to-head competition that some find thrilling.

Ultimately, the most entertaining sport varies from person to person.

---

## Personal Reflection

In my own experience, watching sports has been both enjoyable and educational. I have learned about teamwork, perseverance, and strategic thinking from watching professional athletes. However, I also recognize that spending too much time watching sports can be a distraction. Finding a balance is important—enjoying sports while ensuring it doesn't negatively affect other aspects of life.

---

## Conclusion

Watching sports has many benefits, including bringing people together, providing emotional excitement, and inspiring fitness. However, it also has drawbacks, such as being time-consuming, emotionally draining, and costly. While some sports may be more entertaining than others depending on personal preference, the key is to enjoy sports in moderation.

Thank you!

---

## Question

Consider the challenge listed below and prepare a short presentation on the topic:

In 2021, 99% of primary schools pupils in Cyprus, Spain, Poland and Austria were learning English as a foreign language and 49.5% of all students in secondary schools were learning two or more languages.

(Source: ec.europa.eu )

In your opinion what are the two main benefits of studying a foreign language? what are the biggest challenges when learning a new language?

Your presentation must:

- Include an argument in favour and an argument against
- Include a personal reflection
- Be between 5 – 6 minutes long.

## Presentation: The Benefits and Challenges of Learning a Foreign Language

### Introduction

Good [morning/afternoon/evening], **Now, I will begin my presentation on the topic of The Benefits and Challenges of Learning a Foreign Language.**

I will be discussing the benefits and challenges of learning a foreign language. With 99% of primary school pupils in Cyprus, Spain, Poland, and Austria learning English as a foreign language in 2021, and nearly half of secondary students studying two or more languages, it is clear

that multilingualism is a growing trend in education. But why is learning a new language so valuable, and what are the difficulties that come with it? Let's explore both sides.

## Benefits of Learning a Foreign Language

### 1. Cognitive and Career Advantages

One of the main benefits of learning a foreign language is that it enhances cognitive abilities and improves career opportunities. Research shows that multilingual individuals have better memory, problem-solving skills, and multitasking abilities. Additionally, in today's globalized job market, knowing multiple languages increases employability. For example, companies with international clients often prefer employees who can communicate in different languages.

### 2. Cultural Awareness and Communication

Another important advantage is cultural understanding. Learning a new language allows people to connect with different cultures, appreciate diverse traditions, and develop empathy. For instance, someone learning Spanish not only gains linguistic skills but also a deeper appreciation for Spanish and Latin American cultures. This fosters global connections and helps in travel, friendships, and professional relationships.

## Challenges of Learning a Foreign Language

### 1. Time and Effort Required

On the other hand, learning a new language is not easy. It requires dedication, time, and practice. Many learners struggle with grammar rules, pronunciation, and vocabulary retention. For example, English learners often find phrasal verbs confusing, while French learners struggle with gendered nouns. The learning process can be frustrating and discouraging, especially when progress seems slow.

### 2. Lack of Practice Opportunities

Another major challenge is the lack of opportunities to practice. If a learner does not live in an environment where the language is spoken daily, it can be difficult to improve fluency. Many students learn a foreign language in school but forget it later because they do not use it regularly.

## Personal Reflection

From my own experience, learning English has been both rewarding and challenging. It has opened doors for academic and career opportunities, allowing me to connect with people worldwide. However, I have also faced difficulties, such as pronunciation and understanding native speakers in fast conversations. Despite these challenges, I believe that the long-term benefits of learning a foreign language far outweigh the difficulties.

## Conclusion

In conclusion, learning a foreign language offers cognitive, career, and cultural benefits, but it also comes with challenges like time commitment and lack of practice. While it may be difficult at times, the rewards make the effort worthwhile. I encourage everyone to embrace language learning, as it can enrich both personal and professional life.

Thank you for listening!

---

Consider the challenge listed below and prepare a short presentation on the topic: There a trend of work is a pain, and i will just fit in around the rest of my life (Source: the Guardian ) many people believe that is important to love ypur job for it make you happy other believe your job only important so you can do other thing to enjoy life.

Discuss both side of arguments. Your presentation must:

- Include an argument in favour and an argument against
- Include a personal reflection
- Be between 5 – 6 minutes long.

## Presentation: Should We Love Our Job or Just Work for a Living?

### Introduction

Greetings

Now i am going to start my presentation, I am going to discuss an interesting debate: Should we love our job, or is work just a necessity to support the rest of our life? Some people believe that loving your job is essential for happiness, while others argue that a job is just a means to earn money and enjoy life outside of work. Let's explore both perspectives.

### Argument in Favor: Loving Your Job is Important

Many people believe that loving your job is crucial because we spend a significant part of our lives working. When we enjoy our work, it feels fulfilling and rewarding rather than stressful. Passion for a job can increase motivation, productivity, and personal satisfaction.

For example, teachers who love their profession feel a sense of purpose when they help students learn. Similarly, artists, doctors, and entrepreneurs often find joy and meaning in their work. A job that aligns with our interests can make work feel less like a burden and more like a source of happiness.

## Argument Against: Work is Just a Means to an End

On the other hand, some argue that work is only important because it allows us to enjoy other aspects of life. For them, a job is just a way to earn money, pay bills, and afford hobbies, travel, and family time. They believe it is unrealistic to expect everyone to love their work.

For instance, someone may have a job that is not exciting but provides financial stability. A factory worker, a cashier, or an office employee might not find their job fulfilling, but they work to support their family and pursue their true passions outside of work. According to this perspective, focusing too much on loving a job can lead to disappointment, as not all work is enjoyable.

## Personal Reflection

In my opinion, finding a balance is important. While I believe it is great to love your job, not everyone has that privilege. Some people work simply to survive, while others are fortunate enough to do what they love. Personally, I think enjoying your job makes life easier, but it should not be the only source of happiness. Even if a job is not perfect, having a good work-life balance and enjoying time with family, friends, and hobbies can bring fulfillment.

## Conclusion

In conclusion, both perspectives have valid points. Loving your job can bring satisfaction and purpose, but it is not always possible. For many, work is just a necessity that allows them to enjoy the rest of their life. The key is to find a balance—if you love your job, that is great, but if not, ensuring a good life outside of work is just as important.

Thank you for listening!

---

## Question-9

**Topic:** "The rise of artificial intelligence will lead to job losses in many industries" (Source: The Economist).

What are the advantages and disadvantages of AI in the workplace?

Do you think governments should regulate the development of AI?

---

## Question-10

**Topic:** "Banning single-use plastics is essential to save the environment" (Source: The New York Times).

What are the benefits and challenges of banning single-use plastics?

Do you think alternative materials are a practical solution?

---

## Question-11

**Topic:** "Online shopping is replacing traditional retail stores" (Source: Forbes).

What are the advantages and disadvantages of shopping online compared to in-person shopping?

Do you think retail stores will disappear in the future?

---

## Question-12

**Topic:** "The government should impose higher taxes on sugary drinks to improve public health" (Source: The Guardian).

What are the pros and cons of introducing higher taxes on sugary drinks?

Do you think this approach is effective in promoting healthier lifestyles?

---

## Question-13

**Topic:** "Remote work is here to stay" (Source: Harvard Business Review).

What are the benefits and drawbacks of remote working for employees and employers?

Do you think remote work should be encouraged in all industries?

---

## OELLT Essay Preparation

- Write the essay in your own words by paraphrasing the given essay from the written part of your exam.
- Summarize the essay in your own way.

- Create a list of difficult words from the essay and find their synonyms and antonyms.
  - Ensure a clear understanding of the sentences.
  - Add two additional advantages and disadvantages related to your essay question.
- 

## Image description part

### How to Prepare for Image Description

#### Step 1: General Overview (Start with a broad description)

- Begin with a simple sentence stating what the image is about.  
**Example:** "This image shows a busy city street during the daytime."
  - Mention the type of image: Is it a photograph, illustration, or cartoon?  
**Example:** "It looks like a photograph taken outdoors."
- 

#### Step 2: Describe Key Elements (Move from the foreground to the background)

- **Foreground (Front of the image):** Describe the main focus of the image.  
**Example:** "In the foreground, there are people walking on the sidewalk, some carrying shopping bags."
  - **Middle Ground:** Describe other significant elements that stand out but are slightly further back.  
**Example:** "In the middle ground, there are cars stuck in traffic on the road, and some bicycles parked on the side."
  - **Background:** Describe what's in the distance, such as buildings, mountains, or the sky.  
**Example:** "In the background, there are tall buildings, and the sky looks cloudy."
- 

#### Step 3: Interpret and Speculate (Provide context or meaning)

- Talk about **what is happening** in the picture. Use present continuous verbs if applicable.  
**Example:** "It seems like people are commuting or shopping, as most of them look busy."
  - Speculate about the **purpose or reason** behind the scene.  
**Example:** "This could be a typical weekday in a busy urban area."
- 

#### Step 4: Express Emotions or Atmosphere (Add subjective impressions)

- Explain the mood or feeling of the image.  
**Example:** "The image gives a sense of busyness and liveliness."
  - Describe how it makes you feel.  
**Example:** "Looking at this picture reminds me of the crowded streets in my own city."
- 

#### Step 5: Conclude (Wrap up the description)

- Summarize your thoughts briefly.  
**Example:** "Overall, this image captures a typical urban scene with people going about their daily lives."
- 

### Tips to Keep in Mind

- Use a variety of adjectives (e.g., crowded, vibrant, peaceful).
- Structure your description logically to avoid jumping between elements.
- Avoid silence—keep talking even if you need a second to think.

### Example 1



The image captures a sweet moment between a young girl and a small gray rabbit. The girl, who has long blonde hair and striking blue eyes, is lying on her stomach, resting her chin on her hand. She is gently holding the rabbit beside her, smiling softly at the camera. The background is light and airy, creating a calm and happy atmosphere. Presumably, the bunny is the girl's pet.

### 1. Where is the girl positioned in the image?

*The girl is lying on her stomach, resting her chin on her hand while gently holding the rabbit beside her.*

### 2. How does the girl feel in the image, and how can you tell?

*The girl appears happy and content. This can be inferred from her soft smile and the gentle way she is holding the rabbit.*

### 3. What details in the background contribute to the mood of the image?

*The background is light and airy, which creates a calm and happy atmosphere, complementing the affectionate moment between the girl and the rabbit.*

### 4. Why might the rabbit be significant to the girl?

*The rabbit is presumably her pet, which suggests that she might have a strong emotional bond with it. Pets often provide companionship, comfort, and joy.*

### 5. How does the girl's physical appearance contribute to the overall feel of the image?

*Her long blonde hair and striking blue eyes give her a gentle and innocent look, which enhances the warmth and tenderness of the scene.*

## Example 2



The image captures a moment from a women's basketball game. Two players are in focus, one wearing a white uniform and the other in a black uniform. The player in white is on defense, closely guarding the player in black who has the ball. The player in black appears to be looking for a teammate to pass the ball to. The gymnasium's floor is shiny and reflective, and other players can be seen in the background.

### 1. What are the two players doing in the image?

*The player in white is playing defense, closely guarding the player in black, who has the ball and seems to be looking for a teammate to pass to.*

### 2. How can you tell that the game is taking place in a gymnasium?

*The shiny and reflective floor suggests an indoor court, and the presence of other players in the background indicates a competitive game setting, typical of a gymnasium.*

### 3. What might the player in black be thinking at this moment?



*The player in black is likely considering her next move, possibly looking for an open teammate to pass the ball to while avoiding the defender.*

#### **4. What does the defensive position of the player in white suggest about her role?**

*Her close guarding suggests she is focused on preventing the player in black from advancing or making an easy pass, which is a key role in defense.*

#### **5. How does the background add to the action in the image?**

*The presence of other players in the background shows that this is a fast-paced team game, and the reflective floor enhances the visual intensity of the moment.*

---



The image features a cheerful scene in a modern kitchen, where a young mother with short curly hair and a light grey cardigan kneels to help her son with his backpack. The boy, who has curly blonde hair, is wearing a grey sweatshirt and blue jeans. The kitchen is stylish, with minimalist decor and a touch of greenery on the counter.

#### **1. What is the mother doing in the image?**

*The mother is kneeling down to help her son with his backpack, possibly making sure he is ready to leave for school or an outing.*

#### **2. How would you describe the kitchen in the image?**

*The kitchen is modern and stylish, with a minimalist design and some greenery on the counter, which adds a fresh and cozy feel to the space.*

#### **3. What does the boy's clothing suggest about the season or weather?**

*The boy is wearing a grey sweatshirt and blue jeans, which suggests that the weather might be cool or mild, possibly during autumn or early spring.*

#### **4. Why do you think the mother is helping her son with his backpack?**

*She might be making sure he is properly prepared for school or another activity, showing her care and support for him.*

#### **5. How does the atmosphere in the image reflect the relationship between the mother and son?**

*The cheerful and warm setting suggests a loving and caring bond between them, as the mother is actively involved in helping her child and ensuring he is ready for his day.*

---



The image shows a man in a business suit checking his watch while walking on a city street. He wears sunglasses and is carrying a briefcase,

suggesting he might be on his way to work or an important meeting. The background includes a tram and a clear blue sky, indicating it's a bright day. The man appears to be in a hurry, suggesting he is running late.

---



The image features a woman sitting cross-legged and spreading her arms wide in a small wooden boat, exuding a sense of joy and freedom. She is surrounded by a breathtaking natural setting with emerald-green waters and rugged limestone cliffs that rise steeply in the background. The sunlight illuminates her and the scenic landscape, highlighting the serene and picturesque environment, perfect for an adventurous outing.

---



The image captures a dramatic black and white scene of a person diving off a high arch bridge into a river. The bridge, constructed of stone, gracefully curves over the water, connecting historic buildings that cling to the riverbank. The diver is caught in mid-air, creating a moment of thrilling action against the backdrop of an old, picturesque town.

---



