



**Team 1: Andrew Fryer, Jamie Won, Kyle Singer, Tristan Lawson**

# Problem Statement

- Create a self-betterment product
- Help users improve their physical and/or mental state

**It can be challenging to keep track of your habits**



# Who are we helping?

- People struggling to maintain healthy habits
- Members of communities looking for public support
- People mentally & physically affected by negative Covid-19 habits






# Goal

Help users create good habits and correct bad ones



# Key Features

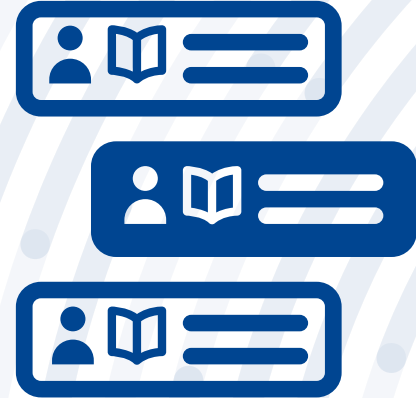
Track all your habits in one place

	Productive workday
	Exercise 30 minutes every day
	Connect with friends every week

Receive reminders to stay on track



View suggestions from the community



# Design Process



## Idea Generation

Decided on the idea that best solved the problem statement



## Diagram

Created a flow diagram describing our solution



## Work Packages

Created work packages & prioritized critical features



## Develop & Test

Completed the product and tested it

# Demo





# Additional Features

Providing better suggestions

Users can upvote or downvote suggestions based on how helpful they were

Add a forum

Users can discuss suggestions and support each other

Follow community leaders

Choose someone you admire and learn from their habits and suggestions

# Next Steps

## Security

Adding authentication checks on user sign in to secure accounts

## Web Scraping

Scrape the web for positive habits, definitions, and suggestions on how to achieve them

## Clustering

Cluster users by profile to provide personalized suggestions that worked for similar users

# Questions?