

Welcome To

THE DINING ROOM

ANY 6 ITEM £2.16

PORTOBELLO MUSHROOM / HASH BROWN / BAKED BEANS
VEGGIE SAUSAGE / GRILLED TOMATO / SPINACH
ALL 26p WITH BUILD YOUR OWN

CUMBERLAND SAUSAGE / SMOKED BACON / BLACK PUDDING
ALL 52p WITH BUILD YOUR OWN

SCRAMBLED / FRIED OR POACHED EGGS
WITH 26p WITH BUILD YOUR OWN

CLASSIC OR SKINNY PORRIDGE
41p

SELECTION OF GRAB AND GO BREAKFAST POTS
ALL FROM 46p

BREAKFAST BAPS
CUMBERLAND SAUSAGE / SMOKED BACON OR FRIED EGG
£1.08 EACH

VEGGIE BREAKFAST WRAP
PORTOBELLO MUSHROOM, GUACAMOLE & EGG (v)
£2.16

BACON BREAKFAST WRAP
SMOKED BACON, GUACAMOLE, SPINACH & EGG
£2.16

SLICE OF WHITE / BROWN / GRANARY / GLUTEN FREE BREAD - 10p
WHITE OR BROWN ROLL - 52p
BAGELS - 52p
JAM , MARMALADE & PRESERVES - 10p

OPENING TIMES 7.00am - 10.30am

For all allergen information
please speak to a member of our team

Allergen check sheet															
Date: JULY 2019	Shift/Service: LUNCH			Notes: THE DINING ROOM											
Product	Cereals containing gluten (wheat, barley, rye, oats, kamut, spelt)	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts (Specify Type)	Celery	Mustard	Sesame Seeds	Sulphites	Lupin	Molluscs	Signed

SCRAMBLED EGGS			X				X								MS
POACHED EGGS	GLUTEN - BARLEY		X									X			MS
FRIED EGGS			X												MS
BACON															MS
SAUSAGE	GLUTEN – WHEAT											X			MS
BLACK PUDDING	GLUTEN – WHEAT & BARLEY														MS
HASH BROWN															MS
MUSHROOM / TOMATO / SPINACH									X						MS
BAKED BEANS															MS
VEGETARIAN SAUSAGE	GLUTEN – WHEAT														MS
VEGETARIAN / MEAT WRAP	GLUTEN – WHEAT		X				X		X	X		X			MS
MILK PORRIDGE	OATS						X								MS
SKINNY PORRIDGE	OATS														MS
BREAD ROLL	GLUTEN –WHEAT, BARLEY & RYE		X		X	X	X	ALL			X	X			MS

Welcome To THE DINING ROOM

SOUPS

PEA & MINT (182kcal) - 41p
MOROCCAN CHICKEN (171kcal) - 82p

VEGETARIAN MAIN

SPINACH, RED PEPPER & GOAT'S CHEESE FILO PIE
WITH BROCCOLI, TOASTED ALMONDS & PEPPER SAUCE
(474kcal) - £2.16

VEGAN MAIN

MISO STICKY AUBERGINE WITH COCONUT RICE, BOK CHOY & SESAME
(453kcal) - £2.16

MAIN EVENT

CHICKEN LEG & CHORIZO WITH BAKED RICE
(831kcal) - £2.68

BEEF RENDANG WITH RICE & BROCCOLI
(ALSO AVAILABLE AS A HALAL)
(999kcal) - £2.68



BAKED COD WITH CHUNKY VEGETABLE RATATOUILLE
(150kcal) - £2.68



SIDES

CARROTS (35cal) - 41p
CHIPS (288kcal) - 52p
HOUSE SALAD (29cal) - 41p

DESSERT

WHITE CHOCOLATE & RASPBERRY BRULEE CHEESECAKE
(480kcal) - 1.34

OPENING TIMES 12.00pm - 3.00pm

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Welcome To **THE DINING ROOM**

THE GRAB & GO

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OPENING TIMES

BREAKFAST

7am – 10.30am

LUNCH

12.00pm – 3.00pm

**SELECTION OF HOT PASTIES
FROM £1.24**

**PREMIUM SANDWICHES
FROM £2.58**

**JACKET POTATO / SWEET POTATO
41P**

**SELECTION OF PROTEIN POTS
46P**

**HOT POT WITH RICE
£1.65**

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THE DINING ROOM

WEEK COMMENCING 12TH OF AUGUST

MONDAY

NIGERIAN CHICKEN WITH JALLOF RICE (HALAL)
PORK KATSU ASIAN SLAW & STEAMED BOK CHOI
ROASTED COD WITH CRUSHED NEW POTATOES
SQUASH & LENTIL RAGU BAKE WITH CREAMED SPINACH
SWEET POTATO SAAG ALOO, CORIANDER RICE (VEGAN)

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TUESDAY

BEEF RENDAND WITH FRIED BROWN RICE (HALAL)
BAKED RICE WITH CHICKEN & CHORIZO
BAKED HAKE WITH VEGETABLE RATTATOUILLE
SPINACH, RED PEPER & GOAT’S CHEESE FILO PIE
STICKY AUBERGINE WITH COCONUT RICE (VEGAN)

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WEDNESDAY

SLOW COOKED SAN FRAN BRISKET BURGER (HALAL)
CHERMOULA ROAST PULLED CHICKEN
SMOKED MACKEREL FISH CAKE
PANEER PASANDA WITH LEMON RICE
VEGAN BIBIM BOWL WITH GLAZED TOFU (VEGAN)

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THURSDAY

CHICKEN CACCIATORE
LAMB ROGAN JOSH WITH BASMATI RICE (HALAL)
MISO & SESAME GLAZED COD
BROWN RICE NASI GORENG
BBQ JACKFRUIT BURGER (VEGAN)

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FRIDAY

GREEN HARA MASASLA CHICKEN WRAP
SHEPHERD’S PIE (HALAL)
FISH & CHIPS
QUINOA & BLACK BEAN BURGER
GINGER & LEMONGRASS MARINATED TOFU (VEGAN)